

GALAXY BINGO HEARTBREAK HILL 21.1KM - ITALIAN CLUB CHARLO - 2026/05/16

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2864	51800	LUVUYO	NGCONGOLO	POWER	M	25	SM	1.06.32	0
2	2767	1361	ANDILE	MOTWANI	NEDBANK	M	29	SM	1.07.01	5
3	2394	2559	APHELELE	NKONYANA	Bestmed	M	28	SM	1.09.18	5
4	2740	1154	GIFT	CHIGOMARAWA	ACH	M	38	35-39M	1.09.38	5
5	2883	3389	SICELO	MASHABA	CHILLIEP	M	25	SM	1.10.00	5
6	2882	3388	TAWANDA	CHIKOTI	CHILLIEP	M	27	SM	1.10.24	5
7	2736	1879	ROSS	BARNARD	HOLLYWOO	M	35	35-39M	1.10.28	5
8	2771	1392	ZOLANI	MABONGO	NEDBANK	M	39	35-39M	1.10.43	5
9	2773	1338	SIBAHLE	MAQWARA	NEDBANK	M	24	SM	1.11.43	5
10	2764	40143	AGCOBILE	JEZILE	MOTHER	M	17	JM	1.12.55	5
11	2079	40401	HLOMLA	NCUMANI	MOTHER	M	18	JM	1.15.29	5
12	2719	2149	XOLISA	NDLUMBINI	TRANSNET	M	43	40-44M	1.16.08	5
13	2770	40003	ASONGE	MTHANA	NEDBANK	M	19	JM	1.16.37	5
14	2769	40005	BULUMKO	MALINGA	NEDBANK	M	19	JM	1.16.59	5
15	753	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	1.17.02	5
16	2582	280	ANELE	KHALIPA	MUIRITE	M	36	35-39M	1.17.07	5
17	2801	1354	ANDRE	KETCHEM	NEDBANK	M	42	40-44M	1.17.32	5
18	2657	1242	GCOBANI	BEKWAPHI	ELITEAC	M	46	45-49M	1.17.46	5
19	758	400	LEBOHANG	SENTI	IKHAMVA	M	39	35-39M	1.18.47	5
20	773	2471	KARABO	NTABANYANE	TEMP	M	33	SM	1.18.49	0
21	2768	1363	THULANI	MDLALO	NEDBANK	M	41	40-44M	1.19.25	5
22	2775	1335	ANELE	MALIZA	NEDBANK	M	48	45-49M	1.19.36	5
23	2378	793	TRAVIS	BENN	32GI	M	30	SM	1.19.38	4
24	2800	1482	JEANDRY	DEERLING	NEDBANK	M	33	SM	1.20.24	4
25	2658	1191	NOEL	ADAMS	ELITEAC	M	53	50-54M	1.20.35	5
26	2744	1152	PATRIDGE	CHIMWENDO	ACH	M	23	SM	1.21.19	4
27	2870	2314	BATHANDWA	MOOI	VUKANI	M	41	40-44M	1.21.21	5
28	2896	2896	LLEWELLYN	BARNARD	TEMP	M	36	35-39M	1.22.20	0
29	712	40171	ANTON	AVENATHI	SIBALEKA	M	18	JM	1.23.34	5
30	2049	2649	Abongile	Mzelem	Bestmed	M	22	SM	1.23.42	3
31	2021	3055	JEMAIN	WILSON	VITALITY	M	38	35-39M	1.24.19	4
32	2001	1400	KELLY	VAN VLIET	NEDBANK	F	38	35-39F	1.24.27	5
33	2812	430	GUGU	BUDAZA	CHILLIEP	M	25	SM	1.24.58	3
34	2842	1091	LEIGH	CALLAGHAN	ACH	F	31	SF	1.25.04	5
35	2621	1406	REFELOE	SOLOMONS	NEDBANK	F	45	45-49F	1.25.29	5
36	2778	3166	Lukhona	Mqombothi	Bestmed	M	20	SM	1.25.30	3
37	2654	1106	Sipesihle	Sofute	ACH	M	29	SM	1.25.46	3
38	2392	2546	Alistar	Makhale	Bestmed	M	17	JM	1.25.48	3
39	2267	9557	SIPHESIHLE	BULOSE	TEAMVIT	M	37	35-39M	1.26.22	0
40	2570	3570	MASIBONGE	RAWUKA	TEMP	M	23	SM	1.26.44	0
41	2064	1255	ERROL	WHITTAL	ELITEAC	M	50	50-54M	1.26.47	5
42	2530	3530	ALEXIA	LOIZOU	TEMP	F	42	40-44F	1.26.49	0
43	2687	1170	AIDAN	TUOHY	EMERIS	M	29	SM	1.27.06	0
44	2616	113	BADROEDEEN	ABRAHAMS	MALABAR	M	39	35-39M	1.27.42	3
45	2389	2524	ABBIE	MITCHELL	Bestmed	F	19	SF	1.27.42	5
46	2590	1871	SAPHO	NKATA	HOLLYWOO	M	48	45-49M	1.27.47	4
47	2127	1847	MHLENGI	MAHLABA	HOLLYWOO	M	34	SM	1.28.17	3
48	2039	282	ABDUL	WICOMB	MUIRITE	M	47	45-49M	1.28.32	4
49	2652	2059	YUSUF	ARENDSE	ACH	M	40	40-44M	1.28.37	3
50	2861	2089	SIPHESIHLE	JOJA	SANDFEP	M	27	SM	1.28.40	3
51	2522	3522	MEYRICK	MURCH	TEMP	M	33	SM	1.29.07	0
52	742	3266	JONGI	MNYATHELI	CHEETAHS	M	31	SM	1.29.09	3
53	2832	2322	XOLANI	NTEYI	VUKANI	M	47	45-49M	1.30.29	4
54	761	1844	SONWABILE	ZOKOZA	HOLLYWOO	M	44	40-44M	1.30.31	3
55	2274	421	VICTOR	NGOBENI	CHILLIEP	M	35	35-39M	1.30.38	3
56	2741	1137	MUTEKILE	RASMENI	ACH	M	61	60-64M	1.30.42	5
57	2287	5607	ZIMBALI	MNCUBE	UNKNOWN	M	30	SM	1.30.44	0
58	2395	2518	BASHEER	ENSAL	Bestmed	M	23	SM	1.30.45	3
59	757	2463	DAVID	VEITCH	TEMP	M	35	35-39M	1.31.07	0
60	2605	1444	PAUL	FREETH	NEDBANK	M	39	35-39M	1.31.13	3
61	2856	2437	CALLUM	MCEWAN	TEMP	M	20	SM	1.31.51	0
62	2379	51375	TRACEY	CAMPBELL	NEDBANK	F	45	45-49F	1.31.56	5
63	2138	1480	AUGUST	ESAU	NEDBANK	M	55	55-59M	1.31.59	5

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
64	2894	1064	GRAHAM	ESHMADE	ACH	M	48	45-49M	1.32.22	3
65	2539	3539	MORNE	NEL	TEMP	M	47	45-49M	1.32.32	0
66	2593	3394	Riaan	Huiskens	ACH	M	32	SM	1.32.41	2
67	2370	1073	CONNOR	MITCHELL	ACH	M	22	SM	1.32.46	2
68	2748	1105	MARK	FRASER	ACH	M	32	SM	1.32.46	2
69	762	762	JAN	NEL	TEMP	M	34	SM	1.32.58	2
70	2520	3520	BRAD	SAUNDERS	TEMP	M	63	60-64M	1.33.10	0
71	2836	2429	EARL	O'REILLY	TEMP	M	52	50-54M	1.33.12	0
72	2809	1424	TAFADZWA	MVUNDURA	NEDBANK	M	39	35-39M	1.33.15	3
73	2835	2427	WARREN	DICKSON	TEMP	M	53	50-54M	1.34.23	0
74	2289	1069	WAYNE	MITCHELL	ACH	M	53	50-54M	1.34.33	4
75	2855	2265	NKOSANA	BUKANI	VUKANI	M	44	40-44M	1.35.04	3
76	2396	2553	BUHLE	HINA	Bestmed	M	20	SM	1.35.43	2
77	2369	388	MICHELLE	HOWES	IKHAMVA	F	57	55-59F	1.35.52	5
78	745	1079	HANSON	SINGAPHI	ACH	M	48	45-49M	1.35.52	3
79	2558	3558	JORDAN	HARRINGTON	TEMP	M	29	SM	1.35.53	0
80	2745	1800	ROMAN	SEPTOE	GELVAN	M	28	SM	1.35.57	2
81	2358	1533	THOBELA	NTAMO	DESPATCH	M	40	40-44M	1.35.58	2
82	2233	2146	SLULAMI	JACK	TRANSNET	M	50	50-54M	1.35.58	3
83	2360	2289	KHANYISO	MASWANA	VUKANI	M	36	35-39M	1.35.59	2
84	2363	546	ANOLD	CHIYAMA	RUN4C	M	40	40-44M	1.36.01	2
85	2248	442	MSINDISI	QALINGE	CHILLIEP	M	31	SM	1.36.01	2
86	2076	425	SIYABONGA	ZULU	CHILLIEP	M	44	40-44M	1.36.01	2
87	2644	419	MKHUSELI	DANISA	CHILLIEP	M	31	SM	1.36.02	2
88	754	2425	TINEKE	RADEMEYER	JBAY	F	32	SF	1.36.04	3
89	2012	1876	SBONISIPHO	MANQELE	HOLLYWOO	M	28	SM	1.36.04	2
90	2601	2349	ASIVE	SWAZI	TEAMVIT	M	28	SM	1.36.18	0
91	2843	1518	INGE	WILLIAMS	NEDBANK	F	36	35-39F	1.36.20	3
92	746	437	SIMBONGILE	MDLETYE	CHILLIEP	M	42	40-44M	1.36.20	2
93	2819	3392	SEAN	ROSS	ACH	M	35	35-39M	1.36.24	2
94	2028	560	FENANDO	KIEWIETS	RUN4C	M	41	40-44M	1.36.42	2
95	2133	1842	ZANDISILE	NGXONONO	HOLLYWOO	M	52	50-54M	1.37.15	3
96	2871	434	LUVUYO	LANDU	CHILLIEP	M	33	SM	1.37.19	2
97	2722	2063	MAWETHU	PLATYI	HOLLYWOO	M	45	45-49M	1.37.20	3
98	2743	2547	TEDDY	PRUSENT	VITALITY	M	38	35-39M	1.37.22	2
99	2300	1038	PHILLIP	DU PLESSIS	XCEL	M	55	55-59M	1.37.27	4
100	2061	2895	SANELE	SAM	CSEP	M	33	SM	1.37.31	2
101	2247	363	MNQWENO	TYOKOLO	IKHAMVA	M	43	40-44M	1.37.35	2
102	2485	3485	PETER	GATANGI	TEMP	M	48	45-49M	1.37.59	0
103	2845	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	36	35-39M	1.38.08	2
104	2698	1852	MVULELI	MAGAWULANA	HOLLYWOO	M	49	45-49M	1.38.11	3
105	2562	3562	WINRAY	CHRISTOFFELS	TEMP	M	28	SM	1.38.27	0
106	2628	855	PAULINE	TUNSTEAD	32GI	F	55	55-59F	1.38.30	5
107	2758	3020	BRAAM	VAN DER SCHYFF	VITALITY	M	53	50-54M	1.38.35	3
108	2285	806	LEON	VOULTSOS	32GI	M	52	50-54M	1.38.44	3
109	2880	2450	LUDWE	PAKADE	TEMP	M	40	40-44M	1.38.47	0
110	2511	3511	GREG	VAN DER MERWE	TEMP	M	19	SM	1.38.48	0
111	2121	1770	FABIAN	TRIEGARDT	GELVAN	M	25	SM	1.38.50	2
112	2655	1087	SONWABO	NYANGIWE	ACH	M	58	55-59M	1.38.57	4
113	2603	1151	STEPHAN	JANSEN VAN RENSBURG	ACH	M	40	40-44M	1.39.00	2
114	2643	1772	LYLE	ROCKMAN	GELVAN	M	31	SM	1.39.08	2
115	2884	2451	STEPHEN	BULBRING	TEMP	M	38	35-39M	1.39.21	0
116	2694	1652	HEIN	LODEWYKS	MADIBA	M	43	40-44M	1.39.33	2
117	2180	49	PHIL	BRADLEY	SAPPE	M	43	40-44M	1.39.47	2
118	2353	1209	LIZE-ANN	RADEMEYER	ELITEAC	F	33	SF	1.40.09	2
119	2029	2188	AYABONGA	TSHUNGWANA	TRANSNET	M	32	SM	1.40.16	2
120	744	31	DUNCAN	STEWART	PEAAC	M	54	50-54M	1.40.26	3
121	2365	1425	DARRYL	BAGLEY	NEDBANK	M	50	50-54M	1.40.32	3
122	2195	3032	NICHOLAS	BANGO	VITALITY	M	39	35-39M	1.40.34	2
123	2862	50903	LESIBA	MOLOTO	REALGIJ	M	34	SM	1.40.44	0
124	2052	1647	JUSTIN	LEESON	MADIBA	M	40	40-44M	1.40.53	2
125	783	2472	THANDO	NCIPHA	TEMP	M	34	SM	1.41.03	0
126	2853	1815	PETER	NTSHIKILA	TINARHA	M	63	60-64M	1.41.07	4
127	2283		GWEBALIBANZI	MKHABELA	NOCLUB	M	33	SM	1.41.19	0

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128	2322	1052	CHRISTIAN	DU PREEZ	XCEL	M	56	55-59M	1.41.27	3
129	2277	551	RODGER	GYSMAN	RUN4C	M	52	50-54M	1.41.33	3
130	2183	2122	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	1.41.36	3
131	2742	1639	VANDRE	NEL	MADIBA	M	41	40-44M	1.41.44	2
132	2116	1642	NICO	SMITH	MADIBA	M	40	40-44M	1.41.45	2
133	2717	1216	WESSEL	WOLMARANS	ELITEAC	M	48	45-49M	1.41.45	2
134	781	1622	DARREN	BENECKE	MADIBA	M	34	SM	1.41.45	2
135	2117	2279	SIPHESIHLE	DLWATI	VUKANI	M	35	35-39M	1.41.49	2
136	2696	2902	NDODOMZI	TAKANE	CSEP	M	43	40-44M	1.42.07	2
137	2637	796	REBECCA	JORDAAN	32GI	F	35	35-39F	1.42.07	3
138	2662	852	MARTIN	HARTSLIEF	32GI	M	49	45-49M	1.42.15	2
139	2802	1457	RICHARD	MAZUNGULA	NEDBANK	M	49	45-49M	1.42.24	2
140	2794	2794	KENNETH	COSSA	TEMP	F	21	SF	1.42.33	0
141	2760	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	1.42.33	5
142	2878	2791	STITHIAN	THOMAS	TEAMVIT	M	32	SM	1.42.43	0
143	2599	1127	BRADLEY	MACKENZIE	ACH	M	54	50-54M	1.42.45	2
144	2085	2337	MKONYISELA	MCUBASE	VUKANI	M	39	35-39M	1.42.54	2
145	2548	3548	ANDREW	PORTER	TEMP	M	54	50-54M	1.43.07	0
146	2814	1843	LONWABO	MTSHAKE	HOLLYWOO	M	55	55-59M	1.43.09	3
147	2577	1083	ALAN	TAYLOR	ACH	M	68	65-69M	1.43.21	5
148	2565	3565	DAWID	KEYSER	TEMP	M	47	45-49M	1.43.21	0
149	2308	1062	NICK	CHAPMAN	ACH	M	54	50-54M	1.43.26	2
150	2496	3496	NATALIE	VAN DER VYVER	TEMP	F	27	SF	1.43.39	0
151	2096	4096	PAUL	MARE	TEMP	M	31	SM	1.44.27	0
152	2374	495	DEWALD	VERMEULEN	RUN4C	M	54	50-54M	1.44.28	2
153	2311	1699	BRENDAN	BOSMAN	MADIBA	M	41	40-44M	1.44.40	2
154	2706	1193	HELGE	PRETORIUS	ELITEAC	F	31	SF	1.44.41	2
155	2860	2440	NTSIKELELO	JOJWANA	TEMP	M	46	45-49M	1.45.14	0
156	2779	2566	LUTHANDO	NDZAMBO	Bestmed	M	42	40-44M	1.45.26	2
157	2615	862	JEAN-PERI	REDOÑA	32GI	M	38	35-39M	1.45.30	2
158	2635	193	ABONGILE	NGCAMBU	SAPPE	M	26	SM	1.45.35	2
159	2290	138	NAASIR	LOUIS	MALABAR	M	29	SM	1.45.52	2
160	2613	1779	Gershwin	Booyesen	GELVAN	M	38	35-39M	1.45.54	2
161	2264	532	JUDY	GERBER	RUN4C	F	59	55-59F	1.46.01	5
162	2689	1164	LINDY	KRETMANN	EMERIS	F	49	45-49F	1.46.07	0
163	2891	1238	PIETER	GERBER	ELITEAC	M	51	50-54M	1.46.11	2
164	2027	824	KEVIN	NEFDT	32GI	M	38	35-39M	1.46.13	2
165	2682	1776	ELDRIDGE	JONKERS	GELVAN	M	47	45-49M	1.46.20	2
166	2848	3333	PETER	O'KENNEDY	ACH	M	58	55-59M	1.46.23	2
167	2087	91	DENZIL	KOOPMAN	INFINITY	M	55	55-59M	1.46.35	2
168	2108	1687	RUDI	KRIEL	MADIBA	M	36	35-39M	1.46.40	2
169	2150	2082	SEITSHIRO	MOLEMI	SANDFEP	M	42	40-44M	1.46.55	2
170	2664	1139	RONALD	REEVES	ACH	M	45	45-49M	1.46.59	2
171	2661	1135	DUONETTE	HOROWITZ	ACH	F	42	40-44F	1.47.00	2
172	2781	2542	Masande	Tshutsha	Bestmed	M	30	SM	1.47.08	2
173	2516	3516	NICHOLAS	SMITH	TEMP	M	30	SM	1.47.09	0
174	2158	1055	JEROME	MAY	XCEL	M	59	55-59M	1.47.11	2
175	2348	347	BRUCE	LE GRANGE	MUIRITE	M	33	SM	1.47.14	2
176	2033	2304	QAQAMBA	MATUNDU	VUKANI	F	28	SF	1.47.14	2
177	2362	6693	BRADLEY	GIBBONS	RAC	M	46	45-49M	1.47.17	0
178	2543	3543	GREG	DELL-ROBERTSON	TEMP	M	19	JM	1.47.21	0
179	2818	807	ANTON	DU PREEZ	32GI	M	49	45-49M	1.47.26	2
180	2632	137	AMIR	VENTER	MALABAR	M	45	45-49M	1.47.28	2
181	2609	481	ETHAN	BRUWER	RUN4C	M	19	SM	1.47.32	2
182	2551	3551	KUHLE	JOBELA	TEMP	M	31	SM	1.47.39	0
183	2852	2724	BRANDON	VAN DER WALT	32GI	M	34	SM	1.47.40	2
184	774	25187	MALWANDE	MAGADLA	SABC	M	38	35-39M	1.47.49	0
185	2346	2953	TINASHE	MANDIZVIDZA	HOLLYWOO	M	44	40-44M	1.47.57	2
186	2235	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	41	40-44M	1.47.59	2
187	2791	1799	REENAN	COLEMAN	GELVAN	M	30	SM	1.48.07	2
188	2019	2287	LINDIKHAYA	NTEYI	VUKANI	M	46	45-49M	1.48.08	2
189	2754	1644	JASON	ENSOR	MADIBA	M	47	45-49M	1.48.22	2
190	2279	1412	RAYMOND	WEITZ	NEDBANK	M	71	70+M	1.48.35	5
191	2022	789	KELVIN	SAMUEL	32GI	M	42	40-44M	1.48.37	2

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192	2828	202	WERNER	MEYER	SAPPE	M	52	50-54M	1.48.40	2
193	2499	3499	ROGER	HOOKE	TEMP	M	65	65-69M	1.48.50	0
194	2134	43	BUYISWA	NGXONONO	SAPPE	F	49	45-49F	1.48.53	2
195	2232	3012	MARC	MAHAMBEHLALA	VITALITY	M	34	SM	1.48.55	1
196	2074	53594	LUPHIWO	MDUZANA	STUT	M	40	40-44M	1.48.55	0
197	2228	1538	ADRE	STRYDOM	DESPATCH	F	48	45-49F	1.48.56	2
198	2703	1989	MELISSA	ARGYLE	SOMEAST	F	33	SF	1.48.57	2
199	2470	3470	SOLANDI	VAN ZYL	TEMP	F	35	35-39F	1.49.06	0
200	2535	3535	ILZE	VAN ROOYEN	TEMP	F	37	35-39F	1.49.06	0
201	2431	4431	CETH	ROCKMAN	TEMP	M	34	SM	1.49.11	0
202	2252	1072	KYLA	MAARTENS	ACH	F	22	SF	1.49.16	2
203	2705	552	GEOFFREY	SWARTBOOI	RUN4C	M	50	50-54M	1.49.18	2
204	2865	1584	LINDIE	STANDER	DESPATCH	F	41	40-44F	1.49.21	2
205	2712	2108	BERNICE	NEL	HEATAC	F	38	35-39F	1.49.33	2
206	2541	3541	MARYKE	GEYSER	TEMP	F	28	SF	1.49.52	0
207	2323	1183	SANETTE	RYAN	ELITEAC	F	56	55-59F	1.49.53	4
208	2246	1061	DEWALD	STEENKAMP	ACH	M	41	40-44M	1.50.03	2
209	2782	2411	EUGENE	VAN TONDER	TEMP	M	45	45-49M	1.50.06	0
210	2345	362	CANDICE	RICHARDS	IKHAMVA	F	33	SF	1.50.06	2
211	2777	369	AMANDA	PIETERSE	IKHAMVA	F	48	45-49F	1.50.07	2
212	2651	1114	MILES	HOLLINS	ACH	M	53	50-54M	1.50.09	2
213	2672	564	GAVIN	SILLS	RUN4C	M	53	50-54M	1.50.16	2
214	2571	3571	LINDSEY O-NEILL	CAMPHER	TEMP	M	20	SM	1.50.31	0
215	2820	2416	NEIL	KRUGER	TEMP	M	43	40-44M	1.50.45	0
216	2697	1040	NIGEL	DANIELS	XCEL	M	50	50-54M	1.50.46	2
217	2580	1862	SIMPHIWE	SOCI	HOLLYWOO	M	60	60-64M	1.50.46	2
218	2585	2585	ANTON	DU RANDT	SUNNING	M	42	40-44M	1.50.49	0
219	2209	104	PRASHAAN	RAGA	INFINITY	M	27	SM	1.50.58	1
220	2735	1673	KAREN	BARNARD	MADIBA	F	36	35-39F	1.51.04	2
221	2756	1300	VERNON	NAIDOO	VWAC	M	57	55-59M	1.51.13	2
222			ARTHUR	WILLIAMS	RUN4C	M	63	60-64M	1.51.19	2
223	2377	1944	MUSA	SENTI	BLUEBAY	M	33	SM	1.51.24	1
224	2685	2464	ATALIA	BEUKES	JBAY	F	42	40-44F	1.51.26	2
225	2173	1748	RICHARD	RAMATSASA	GELVAN	M	50	50-54M	1.51.33	2
226	2018	1734	DENVER	PETERSEN	GELVAN	M	42	40-44M	1.51.33	1
227	2056	792	JACO	ROOS	32GI	M	37	35-39M	1.51.46	1
228	2723	866	MICHA	CRONJE	32GI	F	36	35-39F	1.51.47	2
229	2294	52176	SANNAH	MPUKULA	FANCOURT	F	52	50-54F	1.51.48	0
230	2368	3304	KAYA	MFONO	VITALITY	M	51	50-54M	1.52.09	2
231	2747	664	LUYANDA	SINEKE	ASPEN	M	40	40-44M	1.52.11	1
232	2638	1498	CHRIS	BOTHA	NEDBANK	M	45	45-49M	1.52.12	2
233	2266	1481	ROCHENDA	ASHWORTH	NEDBANK	F	29	SF	1.52.12	2
234	2007	3025	CHESLIN	PLAATJIES	VITALITY	M	40	40-44M	1.52.15	1
235	2297	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	1.52.18	2
236	2387	1954	LEONARD	CONRADIE	BLUEBAY	M	72	70+M	1.52.18	3
237	2834	2426	DANIEL	TRASK	TEMP	M	28	SM	1.52.27	0
238	2729	1476	NOLUKHANYO	MDWAYI	NEDBANK	F	45	45-49F	1.52.28	2
239	2546	3546	JOEL	HOOLE	TEMP	M	17	JM	1.52.32	0
240	2216	670	MEGAN	NELSON	ASPEN	F	25	SF	1.52.38	2
241	2118	107	FERAAN	GEORGE	MALABAR	M	40	40-44M	1.52.45	1
242	2191	3168	Hamza	Khan	Bestmed	M	19	SM	1.52.49	1
243	2035	2266	KHAYA	GQWETHA	VUKANI	M	40	40-44M	1.52.51	1
244	2036	3396	BOMKAZI	NTONI	ACH	F	38	35-39F	1.52.51	2
245	2527	3527	DANZEL	VAN DER MERWE	TEMP	M	30	SM	1.53.01	0
246	2829	2419	JASTELLE	HUGO	TEMP	F	33	SF	1.53.12	0
247	2112	2418	MARIANA	BORNMAN	JBAY	F	71	70+F	1.53.13	5
248	2537	3537	LYNN-HAY	FREWEN	TEMP	F	40	40-44F	1.53.22	0
249	2492	3492	ROBYN	POTGIETER	TEMP	F	38	35-39F	1.53.22	0
250	2618	660	JOHN	NELSON	ASPEN	M	52	50-54M	1.53.25	2
251	2251	2360	ADRIAAN	BADENHORST	JBAY	M	55	55-59M	1.53.27	2
252	2310	3011	ONKE	TSHOTSHO	VITALITY	M	39	35-39M	1.53.37	1
253	2866	1569	NEEVRA	BELLINGAN	DESPATCH	F	39	35-39F	1.53.38	2
254	2867	2446	JESSICA	ZEELIE	TEMP	F	33	SF	1.53.38	0
255	2573	1360	SITHEMBILE	MPAKO	NEDBANK	M	65	65-69M	1.53.41	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	2578	1485	KOOS	OLIVIER	NEDBANK	M	68	65-69M	1.53.46	2
257	2563	3563	SANDILE	DYAKOPU	TEMP	M	30	SM	1.53.46	0
258	2584	52	DARIUS	SWIEGELAAR	SAPPE	M	31	SM	1.53.46	1
259	2047	1751	SAMIER	ABRAHAMS	GELVAN	M	55	55-59M	1.53.52	2
260	2679	1721	LIZETTE	OLIVER	GELVAN	F	39	35-39F	1.54.10	2
261	2260	1750	BASIL	STEVENS	GELVAN	M	54	50-54M	1.54.13	2
262	756	2464	EMILE	VAN NIEKERK	TEMP	M	34	SM	1.54.16	0
263	2309	1597	EDVIN	DONLEY	DESPATCH	M	48	45-49M	1.54.20	1
264	2342	3078	SAMORA	SITOLE	VITALITY	M	29	SM	1.54.21	1
265	772	1590	ANNEKE	MOORE	DESPATCH	F	42	40-44F	1.54.21	2
266	2013	3006	SANDILE	NDLOVU	VITALITY	M	42	40-44M	1.54.22	1
267	2385	410	AMANDA	SHAW	IKHAMVA	F	61	60-64F	1.54.30	4
268	2831	2311	SITHA	SIGENU	VUKANI	F	42	40-44F	1.54.34	2
269	2174	50989	ANELISA	MAGAMA	REALGIJ	F	39	35-39F	1.54.34	0
270	2892	2790	THANDUXOLO	MAFENUKA	TEAMVIT	M	29	SM	1.54.43	0
271	2450	4450	JASON	WILSON	TEMP	M	46	45-49M	1.55.04	0
272	2550	3550	CHASE	VON WALTSLEBEN	TEMP	M	17	JM	1.55.05	0
273	2105	1205	ALISON	BOWKER	ELITEAC	F	38	35-39F	1.55.06	2
274	747	2133	DESMOND	MVUNDLELA	TRANSNET	M	45	45-49M	1.55.12	1
275	2586	2586	ROBYN	CASTLE	SUNNING	F	38	35-39F	1.55.13	0
276	2626	830	NATALIE	BOSHOFF	32GI	F	39	35-39F	1.55.14	2
277	2627	777	STEVEN	GAGIANO	32GI	M	45	45-49M	1.55.14	1
278	2380	2027	MISH	BROTHERTON	ALBANY	F	33	SF	1.55.24	1
279	2699	3123	AYANDA	DAKANA	VITALITY	M	42	40-44M	1.55.27	1
280	2388	1470	PAT	THOMSON	NEDBANK	F	66	65-69F	1.55.28	5
281	2795	2795	ZUKILE	MBASANE	TEMP	M	44	40-44M	1.55.51	0
282	2256	2140	SISEKO	HOLLAND	TRANSNET	M	42	40-44M	1.55.52	1
283	2223	3092	LEKELA	NKONKI	VITALITY	M	54	50-54M	1.55.55	1
284	2592	1145	JOANNE	HOYLE	ACH	F	57	55-59F	1.55.56	2
285	737	1676	ANTHONY	BUTTON	MADIBA	M	64	60-64M	1.56.09	2
286	2361	1633	ENRICO	ELS	MADIBA	M	47	45-49M	1.56.10	1
287	2222	1351	SHARON	JESSOP	NEDBANK	F	56	55-59F	1.56.10	2
288	713	2209	VELILE	LUSITI	SIBALEKA	M	37	35-39M	1.56.13	1
289	2876	3106	ANDISWA	JELE	VITALITY	F	36	35-39F	1.56.18	1
290	2169	1075	GAVIN	SCHONKNECHT	ACH	M	58	55-59M	1.56.18	2
291	2789	2343	TARIE	ESTHER	BESTMED	F	33	SF	1.56.19	1
292	2830	847	MADELEEN	VAN ZUYDAM	32GI	F	30	SF	1.56.26	1
293	2131	3050	TENIELLE	DE ANDRADE	VITALITY	F	41	40-44F	1.56.37	2
294	2471	3471	MARCO	SPRONG	TEMP	M	20	SM	1.56.38	0
295	2384	2978	DZEVU	GILBERT	CHILLIEP	M	50	50-54M	1.56.40	1
296	2006	2112	ALLISTER	ARENDS	ATLANTIC	M	41	40-44M	1.56.40	1
297	2885	3073	BANDLAKAZI	SWAZI	VITALITY	F	32	SF	1.56.40	1
298	2607	121	YASEEN	ABRAHAMS	MALABAR	M	54	50-54M	1.56.42	1
299	2212	1856	NTOMBENTSHA	NAZO	HOLLYWOO	F	42	40-44F	1.56.42	2
300	2498	3498	SCOTT	NADER	TEMP	M	18	JM	1.56.45	0
301	2044	3040	TANYA	BENTLEY	VITALITY	F	33	SF	1.56.46	1
302	2357	2726	PAUL	JOHNSON	BODYCON	M	58	55-59M	1.56.56	2
303	2332	3028	SUSAN	SCOTT	VITALITY	F	61	60-64F	1.57.00	3
304	2650	1070	ANCHE	HOLLINS	ACH	F	44	40-44F	1.57.02	2
305	2317	1811	VUYO	GROOTBOOM	TINARHA	M	48	45-49M	1.57.03	1
306	2149	1784	WINSLOW	GROENER	GELVAN	M	49	45-49M	1.57.12	1
307	2840	835	Liebe	Venter	32GI	F	24	SF	1.57.13	1
308	2822	669	TERENCE	LANTZ	ASPEN	M	46	45-49M	1.57.14	1
309	2261	122	BAVERSHAN	NAIDOO	MALABAR	M	36	35-39M	1.57.28	1
310	743	1042	EUGENE	VAN WYK	XCEL	M	54	50-54M	1.57.33	1
311	2239	462	Ntombizine	Makaula	CHILLIEP	F	39	35-39F	1.57.34	1
312	2823	53152	MBULELO	KELLY	DEPTLA	M	46	45-49M	1.57.34	0
313	2608	2817	SINETHEMBA	MAGUTYWA	ABSAEP	M	43	40-44M	1.57.40	1
314	2566	3566	MARCO	WILLIAMS	TEMP	M	32	SM	1.58.04	0
315	2503	3503	BRANDON	HUME	TEMP	M	31	SM	1.58.04	0
316	2591	1764	VERNON	NEWFELDT	GELVAN	M	60	60-64M	1.58.05	2
317	2201	2602	DOINA	NAUDE	Bestmed	F	44	40-44F	1.58.10	1
318	2104	2201	NOCAWE	MDAZUKA	SIBALEKA	F	42	40-44F	1.58.13	1
319	2371	619	DOZ	PHILLIPS	RUN4C	F	53	50-54F	1.58.16	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
320	2465	3465	JOSEPH	MITCHELL	TEMP	M	20	SM	1.58.23	0
321	2328	3312	SOLOMON	TEMBENI	VWAC	M	32	SM	1.58.27	1
322	2331	1683	JERHARD	BURRELL	MADIBA	M	37	35-39M	1.58.29	1
323	2849	834	ASHTON	JACOBS	32GI	F	29	SF	1.58.38	1
324	2733	524	FREDERIK	VAN DER WESTHUIZEN	RUN4C	M	32	SM	1.58.40	1
325	2491	3491	RASAKE	PULE	TEMP	M	23	SM	1.58.42	0
326	2813	1867	SIYABONGA	GAZIYA	HOLLYWOO	M	41	40-44M	1.58.43	1
327	2793	2793	ZOLA	NGWEKAZI	TEMP	M	53	50-54M	1.58.45	0
328	2716	2450	TANYA	VAN DER WESTHUIZEN	JBAY	F	42	40-44F	1.58.52	1
329	2660	344	ANTON	AUGUST	MUIRITE	M	43	40-44M	1.58.57	1
330	2821	2417	XOLANI	NGCOBO	TEMP	M	48	45-49M	1.58.59	0
331	2622	1203	ANNEMIE	DU TOIT	ELITEAC	F	41	40-44F	1.59.00	1
332	2282	52945	CWENGA	MAQINA	TEAMVIT	M	36	35-39M	1.59.04	0
333	2063	2261	MDUMISENI	DELIWE	VUKANI	M	41	40-44M	1.59.18	1
334	2776	2502	LINCOLN	JANSEN	Bestmed	M	36	35-39M	1.59.25	1
335	771	2695	VUSIKAYA	MANCAPA	MOTHER	M	60	60-64M	1.59.28	1
336	2302	595	MARISKA	KRUGER	RUN4C	F	48	45-49F	1.59.31	2
337	2237	587	KIRSTI	KUHN	RUN4C	F	37	35-39F	1.59.41	1
338	2572	1336	DON	CHARLES	NEDBANK	M	77	70+M	1.59.44	2
339	2197	20864	LEHLOHONOLO SAN	MNTUNDINI	TEAMVIT	M	45	45-49M	1.59.57	0
340	2653	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	42	40-44F	1.59.58	1
341	2512	3512	JUSTIN	WEBB	TEMP	M	25	SM	2.00.03	0
342	2494	3494	LUISA	MALAVE VINK	TEMP	F	35	35-39F	2.00.07	0
343	2560	3560	SANJAY	SIVAKUMAR	TEMP	M	16	JM	2.00.13	0
344	2050	2607	IVAN	MOSES	Bestmed	M	64	60-64M	2.00.14	2
345	2676	3284	ELAINE	WELSH	ACH	F	57	55-59F	2.00.15	2
346	2531	3531	ALEXANDER	SHEMYATIKHIN	TEMP	M	54	50-54M	2.00.21	0
347	2824	1055	JEROME	MAY	XCEL	M	59	55-59M	2.00.29	1
348	2688	1173	KELLY	TITUS	EMERIS	F	22	SF	2.00.32	0
349	2162	2284	MZWANELE	NQOQO	VUKANI	M	48	45-49M	2.00.35	1
350	2160	2277	Thembela	Gxamza	VUKANI	F	36	35-39F	2.00.35	1
351	2574	1777	ROLAND	DACE	GELVAN	M	71	70+M	2.00.37	2
352	2552	3552	MEGAN	SNYMAN	TEMP	F	25	SF	2.00.42	0
353	2846	2434	REGHARDT	STRAUSS	TEMP	M	38	35-39M	2.01.08	0
354	2082	1609	WILLEMIEN	DU RANDT	DESPATCH	F	51	50-54F	2.01.17	2
355	2490	3490	MONIQUE	LUDICK	TEMP	F	32	SF	2.01.22	0
356	2718	3291	BRENTON	VON WALTSLEBEN	ACH	M	48	45-49M	2.01.33	1
357	2343	515	Leruchka	Van Huyssteen	RUN4C	F	31	SF	2.01.51	1
358	2847	2435	RYAN	BLACK	TEMP	M	39	35-39M	2.01.53	0
359	2841	2432	THERA	BOTHA	TEMP	F	27	SF	2.01.54	0
360	2642	1096	Danielle	de Jager	ACH	F	28	SF	2.01.54	1
361	2493	3493	GIDEON	COERTZEN	TEMP	M	26	SM	2.01.59	0
362	2838	2431	JENICE	VAN DER WALT	TEMP	F	23	SF	2.02.01	0
363	2807	2413	MICHAEL	LOUW	TEMP	M	22	SM	2.02.13	0
364	2738	1125	BRENDON	DRYDEN	ACH	M	58	55-59M	2.02.22	1
365	2423	4423	DEBORAH	FULLER	TEMP	F	27	SF	2.02.25	0
366	2273	3077	VANESSA	JOUBERT	VITALITY	F	47	45-49F	2.02.47	1
367	2594	1801	SHANE	WEIDEMAN	GELVAN	M	53	50-54M	2.02.51	1
368	2659	4086	JUAN-PIERRE	BARKHUIZEN	VUIL	M	34	SM	2.02.53	0
369	2833	2286	BONKE	GOYI	VUKANI	M	38	35-39M	2.02.59	1
370	2106	127	MUSTAFA	LAGARDIEN	MALABAR	M	33	SM	2.03.02	1
371	2749	457	VUYO	TSHIKI	CHILLIEP	M	37	35-39M	2.03.06	1
372	2042	1635	DORIS	GERBER	MADIBA	F	55	55-59F	2.03.09	2
373	2312	1698	MEGAN	BOSMAN	MADIBA	F	39	35-39F	2.03.11	1
374	2713	1053	SALWYN	DENNIS	XCEL	M	48	45-49M	2.03.11	1
375	2797	2797	BIANCA	VAN SCHALKWYK	TEMP	F	36	35-39F	2.03.13	0
376	2355	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	2.03.14	1
377	2669	1133	GREIG	NEWLAND-NELL	ACH	M	50	50-54M	2.03.17	1
378	2670	1134	OLIVER	NEWLAND-NELL	ACH	M	20	SM	2.03.17	1
379	2364	2195	LUYANDA	NCWADI	TRANSNET	M	44	40-44M	2.03.19	1
380	2320	1224	SHAUN	NEL	ELITEAC	M	51	50-54M	2.03.37	1
381	2349	1245	JOSEPH	GUNN	ELITEAC	M	52	50-54M	2.03.37	1
382	2211	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	2.03.41	1
383	2751	3099	MARCEL	ABRAHAMS	VITALITY	M	34	SM	2.03.49	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
384	2555	3555	SARETHA	MARAIS	TEMP	F	41	40-44F	2.03.51	0
385	2674	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	2.03.54	1
386	2262	144	AHMAD	KADER	MALABAR	M	38	35-39M	2.04.00	1
387	2732	9999	TAURIQ	HENDRICKS	NOCLUB	M	35	35-39M	2.04.02	0
388	2604	3035	SIYABONGA	COKILE	VITALITY	M	49	45-49M	2.04.02	1
389	2243	2019	MZAMO	MATAKANE	ALBANY	M	43	40-44M	2.04.08	1
390	2249		CHAD	DURRHEIM	TEMP	M	33	SM	2.04.15	0
391	2858	1149	CANDICE	PITSILADI	ACH	F	47	45-49F	2.04.19	1
392	2218	2383	MORNE	OWEN	JBAY	M	53	50-54M	2.04.20	1
393	2596	1192	HEINZ	CONRAD	ELITEAC	M	47	45-49M	2.04.27	1
394	2376	468	PHILA	GCISA	CHILLIEP	F	33	SF	2.04.28	1
395	2200	2410	JANENE	OOSTHUIZEN	JBAY	F	47	45-49F	2.04.31	1
396	2227	1946	MICHAEL	SMITH	BLUEBAY	M	53	50-54M	2.04.32	1
397	2519	3519	ADELE	VAN DE VENTER	TEMP	F	57	55-59F	2.04.36	0
398	2827	662	Zenita	Durrheim	ASPEN	F	47	45-49F	2.04.41	1
399	2292	730	SUNE	DIEDERICKS	CRUSADE	F	55	55-59F	2.04.51	2
400	2182	570	JENNY	AH CHONG	RUN4C	F	58	55-59F	2.05.03	2
401	2837	2430	KYLLE	STOCK	TEMP	M	23	SM	2.05.07	0
402	2303	741	MAGGIE	LLOYD	CRUSADE	F	62	60-64F	2.05.11	2
403	759	672	NOZIE	GWILI	ASPEN	F	42	40-44F	2.05.13	1
404	2129	40019	JODY	FLEURS	GELVAN	M	18	JM	2.05.19	1
405	2340	3285	SANDISILE	QUMZA	VITALITY	M	38	35-39M	2.05.29	1
406	2752	641	JACQUES	KEIRSGIETER	ASPEN	M	37	35-39M	2.05.36	1
407	2663	1066	TIAAN	VAN EYK	ACH	M	33	SM	2.05.45	1
408	2199	2169	ZUKISA	MENE	TRANSNET	M	42	40-44M	2.05.55	1
409	2178	1753	ROXANNE	MULLER	GELVAN	F	41	40-44F	2.05.55	1
410	2683	12	MARIKE	VAN DER KOLF	PEAAC	F	34	SF	2.06.00	1
411	2684	11	THOMAS	VAN DER KOLF	PEAAC	M	36	35-39M	2.06.00	1
412	2165	634	JO-ANNE	FORSON	ASPEN	F	38	35-39F	2.06.01	1
413	2338	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	2.06.04	2
414	2869	2447	RYAN	SMITH	TEMP	M	36	35-39M	2.06.14	0
415	2479	3479	LOUISE	KNIGHT	TEMP	F	59	55-59F	2.06.16	0
416	2755	653	CRAIG	WARD	ASPEN	M	49	45-49M	2.06.23	1
417	2467	3467	ANLÉ	FERREIRA	TEMP	F	27	SF	2.06.31	0
418	2031	2324	NDILEKA	MGCUWE	VUKANI	F	48	45-49F	2.06.35	1
419	2456	4456	EVAN	DAVIES	TEMP	M	25	SM	2.07.03	0
420	2792	2792	STIAN	LE ROUX	TEMP	M	38	35-39M	2.07.19	0
421	2857	1150	PETER	PITSILADI	ACH	M	48	45-49M	2.07.25	1
422	2806	2412	MARIO	LOCKEM	TEMP	M	42	40-44M	2.07.33	0
423	2640	3072	YOLANDA	DUGMORE	VITALITY	F	53	50-54F	2.07.37	1
424	2859	2439	SIYABONGA	MAJEKE	TEMP	M	45	45-49M	2.07.42	0
425	2746	2975	AYANDA	BOTILE	CHILLIEP	M	39	35-39M	2.07.47	1
426	2437	4437	BRIDGET	VAN DEN HEEVER	TEMP	F	51	50-54F	2.07.48	0
427	2808	2414	ALVADO	ARENDSE	TEMP	M	52	50-54M	2.07.50	0
428	2419	4419	DEDREI	MOOLMAN	TEMP	F	49	45-49F	2.07.54	0
429	2416	4416	ADEL	KLEYNHANS	TEMP	F	47	45-49F	2.07.54	0
430	2872	2739	CLAUDI	KRUGER	BODYCON	F	43	40-44F	2.07.55	1
431	2873	745	KATHLEEN	FLANAGAN	CRUSADE	F	40	40-44F	2.07.55	1
432	2257	2957	DEVRON	HOFFMAN	SAPPE	M	38	35-39M	2.07.57	1
433	2372	57	JASON	KIVEDO	SAPPE	M	40	40-44M	2.08.13	1
434	2647	795	MICHALA	VERMAAK	32GI	F	30	SF	2.08.15	1
435	2321	1232	SONIKA	NEL	ELITEAC	F	26	SF	2.08.16	1
436	2459	511	ELRINDA	WANNENBURG	RUN4C	F	45	45-49F	2.08.23	1
437	735	837	LISKA	MULLER	32GI	F	43	40-44F	2.08.42	1
438	2397	2347	CAMERON	MATEBENI	BESTMED	M	29	SM	2.08.42	1
439	2141	750	PIETER	ROUX	CRUSADE	M	71	70+M	2.08.56	1
440	2354	718	DEENOLAN	MOODLEY	CRUSADE	M	29	SM	2.08.56	1
441	2043	1267	ANAND	NAIDOO	VWAC	M	56	55-59M	2.08.57	1
442	2242	1285	WANDA	BANJWA	VWAC	M	39	35-39M	2.08.58	1
443	2561	3561	XOLISILE	NOMDATYA	TEMP	M	45	45-49M	2.09.22	0
444	2554	3554	PAKISO	MOEKETSI	TEMP	M	45	45-49M	2.09.22	0
445	2194	684	AXOLA	PAKADE	ASPEN	M	29	SM	2.09.23	1
446	2889	2453	SIMANKELE	NTANTA	TEMP	M	27	SM	2.09.23	0
447	2305	391	MLULEKI	RALA	IKHAMVA	M	46	45-49M	2.09.23	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
448	2299	1846	Simo	Nkanyuza	HOLLYWOO	M	39	35-39M	2.09.23	1
449	2600	1483	IAN	AGNEW	NEDBANK	M	54	50-54M	2.09.23	1
450	2715	424	Luthando	Yibe	CHILLIEP	M	45	45-49M	2.09.25	1
451	2547	3547	WARREN	HOOLE	TEMP	M	49	45-49M	2.09.32	0
452	2874	66	ANITA	VISAGIE	SAPPE	F	48	45-49F	2.09.33	1
453	2898	3272	MSAWENKOSI	TSHIBILIKA	CHEETAHS	M	43	40-44M	2.09.33	0
454	2619	1552	THERESA	OOSTHUIZEN	DESPATCH	F	55	55-59F	2.09.35	1
455	2487	3487	TRISTAN	PUTTERGILL	TEMP	M	27	SM	2.09.35	0
456	2507	3507	SIYABONGA	MTHEMBU	TEMP	M	40	40-44M	2.09.39	0
457	2514	3514	LYNDA	PAUTZ	TEMP	F	45	45-49F	2.09.43	0
458	2293	825	JOY	PREGNOLATO	32GI	F	55	55-59F	2.09.54	1
459	2155	2745	BRUCE	GIE	BODYCON	M	52	50-54M	2.10.10	1
460	2113	1228	CLIVE	DE LANGE	ELITEAC	M	54	50-54M	2.10.18	1
461	2759	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	2.10.28	1
462	2175	1332	THANDI	NKWANDLA	NEDBANK	F	61	60-64F	2.10.31	1
463	748	261	NKOSIYEDWA	MABASO	MUIRITE	M	46	45-49M	2.10.44	1
464	2327	1911	MATHONGO	MAKHIWANE	BLUEBAY	M	50	50-54M	2.10.45	1
465	2024	3061	ASANDA	SASANTI	TEAMVIT	F	36	35-39F	2.10.45	0
466	2505	3505	CHRISTIE	KAPUTENI	TEMP	M	25	SM	2.10.52	0
467	2504	3504	BUHLE	SIZIBA	TEMP	M	26	SM	2.11.02	0
468	2333	622	YVETTE	DE VILLIERS	ASPEN	F	40	40-44F	2.11.04	1
469	2409	4409	DOREEN	HOLMES	TEMP	F	42	40-44F	2.11.06	0
470	2811	377	NOBUNTU	MPONGWANA	IKHAMVA	F	46	45-49F	2.11.07	1
471	2045	3007	CARLY	LOUW	VITALITY	F	44	40-44F	2.11.07	1
472	2186	426	NOSITA	NQWATA	CHILLIEP	F	43	40-44F	2.11.07	1
473	2887	3075	LWAZI	ZWELIBANZI	VITALITY	M	36	35-39M	2.11.08	1
474	2796	2796	ZUKISANI	MTILI	TEMP	M	38	35-39M	2.11.08	0
475	2540	3540	KYLE	HUGO	TEMP	M	27	SM	2.11.11	0
476	2123	189	OMPHILE	TSOMOKO	SAPPE	M	35	35-39M	2.11.18	1
477	2271	1291	ASHENDA	MAKONIE	VWAC	F	50	50-54F	2.11.25	1
478	2668	1592	BENNIE	THYSSE	DESPATCH	M	68	65-69M	2.11.28	1
479	2176	707	MPUMELELO	NGWENYA	CRUSADE	M	36	35-39M	2.11.28	1
480	2464	3464	VUKILE	MNYANDE	TEMP	M	33	SM	2.11.30	0
481	2275	578	MARLENE	MULVEY	RUN4C	F	47	45-49F	2.11.33	1
482	2291	458	SISANDA	GOLOMBA	CHILLIEP	F	28	SF	2.11.39	1
483	2710	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	2.11.43	1
484	2517	3517	ERNEST	O' CONNELL	TEMP	M	43	40-44M	2.11.48	0
485	2386	409	VERONICA	SMITH	IKHAMVA	F	59	55-59F	2.11.51	1
486	2157	633	DAVID	NEL	ASPEN	M	38	35-39M	2.11.52	1
487	2057	3016	CARY	HASTIE	VITALITY	M	62	60-64M	2.11.57	1
488	2037	625	YOLANDA	SIDWABA	ASPEN	F	35	35-39F	2.12.04	1
489	2610	1837	XOLA	MBATSHA	HOLLYWOO	M	46	45-49M	2.12.04	1
490	2549	3549	MARYNA	MEYER	TEMP	F	55	55-59F	2.12.08	0
491	2695	1621	WILHELM	KILIAN	MADIBA	M	50	50-54M	2.12.08	1
492	711	2459	JOSEPH	STOW	TEMP	M	20	SM	2.12.12	0
493	2844	3102	MAKHASANE	MAMOTHETI	VITALITY	F	41	40-44F	2.12.12	1
494	2602	3086	BRENDAN	JENNINGS	VITALITY	M	44	40-44M	2.12.19	1
495	2455	4455	MTHOKOZISI	KHULU	TEMP	M	37	35-39M	2.12.21	0
496	2510	3510	JULIA	FOOT	TEMP	F	30	SF	2.12.30	0
497	2724	2267	BULELANI	LENGOASA	VUKANI	M	54	50-54M	2.12.30	1
498	2083	1594	ADEL	JANSE VAN RENSBURG	DESPATCH	F	56	55-59F	2.12.30	1
499	2851	2436	TUMELO	TANYANE	TEMP	M	31	SM	2.12.40	0
500	2508	3508	BABALWA	MADIKIZELA	TEMP	F	26	SF	2.12.40	0
501	2686	119	GALEEMA	LILLAH	MALABAR	F	33	SF	2.12.49	1
502	786	2473	COLIN	BECKER	TEMP	M	35	35-39M	2.12.52	0
503	2731	50738	MIHLALI	SONDLO	MTHATHA	M	25	SM	2.12.58	0
504	2714	2238	ANZA	GELEBE	SIBALEKA	F	32	SF	2.13.00	1
505	2469	3469	MICHAEL	WEBB	TEMP	M	66	65-69M	2.13.05	0
506	2073	3008	THOZAMA	MANTLAKA	VITALITY	F	39	35-39F	2.13.14	1
507	2708	75	HESTER	DEKKER	SAPPE	F	54	50-54F	2.13.17	1
508	2620	2620	LUTHO	MPHAHLELE	TEMP	M	27	SM	2.13.17	0
509	2463	3463	MICHELLE	DAMES	TEMP	F	51	50-54F	2.13.21	0
510	2693	2981	SISANDA	NOGALAWE	CHILLIEP	F	28	SF	2.13.36	1
511	2634	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	2.13.37	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
512	2526	3526	JENNIFER	KLUE	TEMP	F	18	JF	2.13.42	0
513	2460	3460	KRISTEN	VAN ROOYEN	TEMP	F	23	SF	2.13.55	0
514	2090	4090	MICHAEL	COERTZEN	TEMP	M	24	SM	2.13.56	0
515	2010	350	MARIUS	ROACH	MUIRITE	M	32	SM	2.14.01	1
516	2231	1429	RIKA	TERBLANCHE	NEDBANK	F	49	45-49F	2.14.03	1
517	2721	1445	NOYISE	LUVALO	NEDBANK	F	46	45-49F	2.14.05	1
518	2606	139	WARDAH	KAFAAR	MALABAR	F	46	45-49F	2.14.05	1
519	2524	3524	TARYN	LINDHORST	TEMP	F	37	35-39F	2.14.09	0
520	2525	3525	HUGH	OXENHAM	TEMP	M	44	40-44M	2.14.09	0
521	2665	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	2.14.11	1
522	2219	2375	ELSABE	OWEN	JBAY	F	50	50-54F	2.14.29	1
523	2411	4411	ILZEMARI	BEYERS	TEMP	F	26	SF	2.14.31	0
524	2532	3532	SVEN	MAHIEU	TEMP	M	52	50-54M	2.14.41	0
525	2636	1959	XOLANI	TEYISE	BLUEBAY	M	44	40-44M	2.14.42	1
526	2203	1263	KAHN	LANGFORD	VWAC	M	47	45-49M	2.14.44	1
527	2483	3483	BRESLER	SWANEPOEL	TEMP	M	33	SM	2.14.46	0
528	2458	4458	CLAUDIA	KRIEL	TEMP	F	40	40-44F	2.15.05	0
529	2034	842	KELLY	ROSE	32GI	F	47	45-49F	2.15.10	1
530	2854	2285	LUVUYO	SIWUNDLA	VUKANI	M	45	45-49M	2.15.19	1
531	2078	2291	ASANDA	MTSHIKWANA	VUKANI	F	44	40-44F	2.15.21	1
532	2400	2673	INA	VAN RENSBURG	Bestmed	F	52	50-54F	2.15.21	1
533	2422	4422	AIDEN	PARFITT	TEMP	M	19	JM	2.15.32	0
534	2367	1671	WARREN	TAGG	MADIBA	M	50	50-54M	2.15.33	1
535	2270	6529	RODNEY	BUTTERS	EASYEQ	M	64	60-64M	2.15.49	0
536	2875	639	DHIRESH	VALLABH	ASPEN	M	41	40-44M	2.15.52	1
537	2707	1284	DEAN	BOSMAN	VWAC	M	44	40-44M	2.15.58	1
538	2446	4446	MORGAN	VAN DER MERWE	TEMP	M	29	SM	2.16.00	0
539	2417	4417	MARLEEN	JEPPE	TEMP	F	51	50-54F	2.16.00	0
540	2319	1868	TUMELO	LEHASA	HOLLYWOO	M	38	35-39M	2.16.05	1
541	2612	85	CHRIS	VAN RENSBURG	SAPPE	M	52	50-54M	2.16.05	1
542	2545	3545	ANGELA	HOOLE	TEMP	F	47	45-49F	2.16.30	0
543	770	1297	THANDEKILE	GAXAMBA	VWAC	M	55	55-59M	2.16.33	1
544	2502	3502	SENAMILE	MHLABA	TEMP	F	21	SF	2.16.47	0
545	2481	3481	SHAHIED	LOUIS	TEMP	M	58	55-59M	2.17.25	0
546	2475	3475	ANGELA	ACKERMANN	TEMP	F	47	45-49F	2.17.25	0
547	2241	50911	SHARON	HERMAANS	MTHATHA	F	48	45-49F	2.17.54	0
548	2403	4403	MARY-ANNE	STOTT	TEMP	F	48	45-49F	2.17.55	0
549	2440	4440	YOLANDI	STRYDOM	TEMP	F	43	40-44F	2.18.06	0
550	2439	4439	CJ	STRYDOM	TEMP	M	42	40-44M	2.18.06	0
551	2787	2505	SIPHOKAZI	TILI	Bestmed	F	46	45-49F	2.18.20	1
552	2542	3542	KIRSTY	BARNES	TEMP	F	37	35-39F	2.18.22	0
553	2454	4454	COURTNEY	DURRHEIM	TEMP	F	32	SF	2.18.29	0
554	2280	632	MOMELEZI	COMJWA	ASPEN	M	30	SM	2.18.47	1
555	2518	3518	JEAN-RAY	RABE	TEMP	M	27	SM	2.18.47	0
556	2597	3282	THUTHUKA	SONGELWA	VITALITY	F	47	45-49F	2.19.02	1
557	2410	4410	GARRETH	HOLMES	TEMP	M	44	40-44M	2.19.07	0
558	2425	4425	ASTRID	ROSSOUW	TEMP	F	47	45-49F	2.19.18	0
559	2474	3474	WIAN	SMUTS	TEMP	M	23	SM	2.19.48	0
560	2181	50036	NOSICELO	BIYANA	QOKOL	F	49	45-49F	2.19.52	0
561	2220	512	ANSIE	BENADE	RUN4C	F	66	65-69F	2.19.59	1
562	2011	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	2.20.07	1
563	2255	1603	RONNIE	JONKER	DESPATCH	M	56	55-59M	2.20.07	1
564	2753	3128	SIBAHLE	JEBESE	VITALITY	F	34	SF	2.20.07	1
565	750	2462	THEO	HALGREEN	TEMP	M	56	55-59M	2.20.10	0
566	2484	3484	ROESTOFF	GEYSER	TEMP	M	38	35-39M	2.20.10	0
567	767	767	ISRAEL	MPUKULA	TEMP	M	49	45-49M	2.20.12	0
568	749	2008	TRACEY-LYNNE	HERMAN	WALMER	F	54	50-54F	2.20.14	1
569	2443	4443	JESSICA	LOMBARD	TEMP	F	30	SF	2.20.15	0
570	2617	2065	Qhawe	Tshayingwe	HOLLYWOO	M	26	SM	2.20.21	1
571	2648	665	NTHABISENG	MASHEGO	ASPEN	F	33	SF	2.20.21	1
572	2711	1553	MINIQUE	VAN TONDER	DESPATCH	F	19	SF	2.20.24	1
573	2208	50504	KAREN	WATSON	BUFF	F	57	55-59F	2.20.30	0
574	2815	52135	NGENISWA	SIDLOYI	WATER	F	33	SF	2.20.50	0
575	2306	2480	DEBBIE	DU PLESSIS	JBAY	F	61	60-64F	2.21.00	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
576	2147	1373	LYNDON	BAGLEY	NEDBANK	M	57	55-59M	2.21.03	1
577	2667	513	ROZETTA	KEMP	RUN4C	F	72	70+F	2.21.08	1
578	2402	4402	MELISSA	BODENSTEIN	TEMP	F	46	45-49F	2.21.16	0
579	2234	1143	THERESA	LILLIS	ACH	F	69	65-69F	2.21.40	1
580	2341	459	NCUMISA	MBANDE	CHILLIEP	F	37	35-39F	2.21.47	1
581	2059	412	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	2.21.47	1
582	2172	1366	NATALIE	DIL	NEDBANK	F	56	55-59F	2.21.47	1
583	2307	2475	JAN	DU PLESSIS	JBAY	M	64	60-64M	2.22.04	1
584	2202	2603	JOHANN	VAN DER MERWE	Bestmed	M	62	60-64M	2.22.15	1
585	2673	563	LINDA	SILLS	RUN4C	F	44	40-44F	2.22.29	1
586	2413	4413	MATT	CAMPBELL	TEMP	M	21	SM	2.22.34	0
587	2204	1264	LAVINIA	PIETERSE	VWAC	F	51	50-54F	2.22.35	1
588	2115	1215	PIERRE	BELLEW	ELITEAC	M	36	35-39M	2.22.38	1
589	2025	3060	MARILEE	SCHOLTZ	VITALITY	F	29	SF	2.22.49	1
590	2629	1601	ANIZE	GERBER	DESPATCH	F	53	50-54F	2.22.53	1
591	2240	1271	LEZELL	HARRIS	VWAC	F	52	50-54F	2.22.54	1
592	2630	1548	TYLO	GERBER	DESPATCH	F	20	SF	2.22.54	1
593	2069	210	LANA	DICKASON	KOWIE	F	50	50-54F	2.23.05	1
594	2407	3126	SISA	ZAZA	VITALITY	M	32	SM	2.23.31	1
595	2110	298	SANET	BOUCHER	MUIRITE	F	46	45-49F	2.23.37	1
596	2146	86	LORRAINE	VAN VUUREN	INFINITY	F	49	45-49F	2.24.00	1
597	2559	3559	MARELIZE	OPPERMAN	TEMP	F	36	35-39F	2.24.16	0
598	2700	50924	KHANYISA	NOGWINA	REALGIJ	F	38	35-39F	2.24.27	0
599	2533	3533	XOLA	KUSE	TEMP	M	39	35-39M	2.24.28	0
600	738	1617	CHARMAINE	BUTTON	MADIBA	F	62	60-64F	2.24.31	1
601	2702	236	CYNTHIA	TOERIEN	KOWIE	F	61	60-64F	2.24.32	1
602	2020	1739	SHAHIED	MAMOOJEE	GELVAN	M	60	60-64M	2.24.39	1
603	2888	2452	CHUMA	ZWANE	TEMP	M	42	40-44M	2.24.44	0
604	2890	3379	SIPHESIHLE	NOMATYELI	CHILLIEP	M	36	35-39M	2.24.44	1
605	2438	4438	ISHAAQ	PHILLIPS	TEMP	M	28	SM	2.24.52	0
606	2576	1814	RONALD	NDIZA	TINARHA	M	66	65-69M	2.24.52	1
607	2426	4426	DEWANDRE'	CASSELS	TEMP	M	43	40-44M	2.24.54	0
608	2278	2534	CHANEL	VAN DER MERWE	Bestmed	F	34	SF	2.24.58	1
609	2680	1092	NIKKI	MOSS	ACH	F	45	45-49F	2.25.05	1
610	2536	3536	NIKKI	DRYDEN	TEMP	F	55	55-59F	2.25.05	0
611	2427	4427	CHANELLE	BARNARD	TEMP	F	25	SF	2.25.13	0
612	2428	4428	ULRICH	BARNARD	TEMP	M	27	SM	2.25.14	0
613	2783	2567	MLULEKI	GQOBOSE	Bestmed	M	56	55-59M	2.25.15	1
614	2281	2954	SIVENATI	RASI	HOLLYWOO	M	30	SM	2.25.22	1
615	2137	3038	MELISSA	SWANEPOEL	VITALITY	F	37	35-39F	2.25.23	1
616	2645	1689	SILKE	BOTHA	MADIBA	F	29	SF	2.25.24	1
617	2649	1648	KEITH	VALENTINE	MADIBA	M	35	35-39M	2.25.25	1
618	2863	1713	CHARL	DE LANGE	MADIBA	M	41	40-44M	2.25.27	1
619	2335	3273	MIHLALI	TYUSHA-SISILANA	CHEETAHS	F	33	SF	2.25.38	0
620	2895	52895	BONGANI	PITOI	NOCLUB	M	51	50-54M	2.25.48	0
621	2166	2300	ANDILE	BOVUNGANA	VUKANI	M	59	55-59M	2.25.50	1
622	2030	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	2.25.56	1
623	2097	4097	ANJA	MYBURGH	TEMP	F	48	45-49F	2.26.13	0
624	2401	4401	ANNE	DE SWARDT	TEMP	F	57	55-59F	2.26.13	0
625	2666	774	ANNELIE	WILSON	CRUSADE	F	46	45-49F	2.26.18	1
626	2224	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	2.26.26	1
627	2500	3500	JAYDE	O'HALLORAN	TEMP	F	21	SF	2.26.46	0
628	2476	3476	LUCHULUMANCO	GONTSHI	TEMP	M	28	SM	2.26.51	0
629	2284	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	2.26.56	1
630	2639	1937	AMANDA	PRIDEAUX	BLUEBAY	F	50	50-54F	2.26.57	1
631	2088	2395	PACHE	ORANJE	JBAY	F	34	SF	2.26.59	1
632	2132	541	ULRICH	NIEUWOUDT	RUN4C	M	31	SM	2.27.04	1
633	2497	3497	JASON	NADER	TEMP	M	47	45-49M	2.27.24	0
634	2420	4420	GARTH	PARFITT	TEMP	M	52	50-54M	2.27.24	0
635	2189	1773	LYDIA	OLIVER	GELVAN	F	58	55-59F	2.27.34	1
636	2701	508	SIYANDA	NGCELWANE	RUN4C	F	28	SF	2.27.37	1
637	2142	498	TAMMY	NEVELING	RUN4C	F	33	SF	2.27.37	1
638	2339	492	NTOKOZO	NGUBANE	RUN4C	F	31	SF	2.27.38	1
639	2170	3068	NTOMBIZINE	MTANDA	VITALITY	F	49	45-49F	2.27.39	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
640	2095	4095	AMY	JORDAAN	TEMP	F	33	SF	2.27.58	0
641	2318	725	WENDY	BULULU	CRUSADE	F	43	40-44F	2.27.58	1
642	2761	42	SAM	ERASMUS	SAPPE	M	68	65-69M	2.28.04	1
643	2583	77	LOUIS	SWIEGELAAR	SAPPE	M	60	60-64M	2.28.05	1
644	2272	818	Leanne	Kriek	32GI	F	38	35-39F	2.28.09	1
645	2177	808	LECHELLE	DE VRIES	32GI	F	45	45-49F	2.28.09	1
646	768	802	LAURIKA	VON ALLEMANN	32GI	F	43	40-44F	2.28.20	1
647	769	2469	KRISTIN	SUTHERLAND	TEMP	F	42	40-44F	2.28.21	0
648	2128	2470	AVKE	VAN NIEKERK	TEMP	F	26	SF	2.28.21	0
649	2120	136	ABDURRAHMAAN	FREDERICKS	MALABAR	M	46	45-49M	2.28.23	1
650	2144	1670	BUSISIWE	LESORO	MADIBA	F	55	55-59F	2.28.25	1
651	2089	4089	MICHELLE	BLOM	TEMP	F	48	45-49F	2.28.28	0
652	2098	4098	LISA	RANDALL	TEMP	F	46	45-49F	2.28.28	0
653	2448	4448	CHANE	VAN DER MESCHT	TEMP	F	25	SF	2.28.29	0
654	2611	51708	TABO	NOMBUTUMA	ORMAMBA	M	46	45-49M	2.28.40	0
655	2826	2418	MANDLA	BOOI	TEMP	M	35	35-39M	2.28.40	0
656	2877	2305	MKOKELI	MALGHAS	VUKANI	M	44	40-44M	2.28.43	1
657	2462	3462	SHAMEEMA	HENDRICKS	TEMP	F	45	45-49F	2.28.43	0
658	2886	51571	WENDY	PANTSHWA	NEDBOR	F	35	35-39F	2.28.43	0
659	2167	2301	ALIZWA	BOVUNGANA	VUKANI	M	25	SM	2.28.43	1
660	2032	1269	ZAKHELE	LELAKA	VWAC	M	53	50-54M	2.28.43	1
661	2495	3495	RISHAAD	BALLIM	TEMP	M	35	35-39M	2.28.43	0
662	2691	151	Phumelele	Mtshali	ACT AC	F	38	35-39F	2.28.48	1
663	2839	2288	WONGA	MFULA	VUKANI	M	54	50-54M	2.28.49	1
664	2739	2233	VUYELWA	FUNANI	SIBALEKA	F	54	50-54F	2.29.11	1
665	2100	4100	ANDILE	ZONDI	TEMP	F	31	SF	2.29.15	0
666	2062	2262	AYANDA	DELIWE	VUKANI	F	43	40-44F	2.29.17	1
667	2143	15	EMMERENCHIA	SLABBERT	PEAAC	F	53	50-54F	2.29.25	1
668	2263	3071	Grace	Mpete	VITALITY	F	45	45-49F	2.29.40	1
669	2359	494	Shaferon	Johannes	RUN4C	F	43	40-44F	2.29.44	1
670	2265	475	CHARL	GERBER	RUN4C	M	62	60-64M	2.30.12	1
671	741	2971	VUYOKAZI	DUBE	CHILLIEP	F	49	45-49F	2.30.25	1
672	2125	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	44	40-44F	2.30.29	1
673	2153	1252	AMANDA	HECHTER	ELITEAC	F	45	45-49F	2.30.30	1
674	2523	3523	SIMTHANDILE	ZICI	TEMP	F	34	SF	2.30.31	0
675	2790	2661	Zimasa	Mncanca	Bestmed	F	30	SF	2.30.32	1
676	2805	3332	ANDREW	HOLLELY	32GI	M	49	45-49M	2.31.05	1
677	2414	4414	NADIA	HOSKIN	TEMP	F	40	40-44F	2.31.19	0
678	2145	861	Marion	Abernerthy	32GI	F	31	SF	2.31.41	1
679	2538	3538	SINIKELO	TSHAKA	TEMP	M	21	SM	2.31.46	0
680	2253	3083	SITHANDILE	SIPILI	VITALITY	M	44	40-44M	2.32.05	1
681	2124	3003	ADEL	VAN RENSBURG	VITALITY	F	48	45-49F	2.32.06	1
682	2168	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	2.33.23	1
683	2452	4452	DONNE	BOTHA	TEMP	F	28	SF	2.33.27	0
684	2453	4453	WERNER	VILJOEN	TEMP	M	26	SM	2.33.27	0
685	2690	117	LAILAA	MAN LEE	MALABAR	F	34	SF	2.33.27	1
686	2236	1725	PEARL	DAMONS	GELVAN	F	62	60-64F	2.33.32	1
687	2017	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	2.33.41	1
688	2356	583	CHRISTELLE	SLABBERT	RUN4C	F	54	50-54F	2.33.42	1
689	2421	4421	TRISTAN	PARFITT	TEMP	M	22	SM	2.33.59	0
690	2250	302	LUCINDA	GERBER	MUIRITE	F	51	50-54F	2.34.18	1
691	2513	3513	ROXANNE	HECHTER	TEMP	F	41	40-44F	2.34.29	0
692	2447	4447	CAITLYN	VENTER	TEMP	F	24	SF	2.34.45	0
693	2477	3477	MARYKE	GERBER	TEMP	F	39	35-39F	2.34.57	0
694	2005	100	LYNETTE	CRAUSE	INFINITY	F	66	65-69F	2.35.14	1
695	715	2217	ASANDA	MSARO	SIBALEKA	F	40	40-44F	2.35.17	1
696	2214	573	BRITTANY	CILLIERS	RUN4C	F	33	SF	2.35.22	1
697	2185	453	NJONGO	COKOTHO	CHILLIEP	M	38	35-39M	2.35.40	1
698	2553	3553	QHAMA	DUMEZWENI	TEMP	M	30	SM	2.35.40	0
699	2727	2394	JHANINEN	BOSHOF	JBAY	F	60	60-64F	2.35.53	1
700	2188	1763	LIONEL	TERBLANCHE	GELVAN	M	50	50-54M	2.36.24	1
701	2187	1728	LELACHE	TERBLANCHE	GELVAN	F	42	40-44F	2.36.24	1
702	2521	3521	LOPPSY	SITHO	TEMP	F	37	35-39F	2.36.58	0
703	2207	759	MIKE	BURGER	CRUSADE	M	72	70+M	2.37.03	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
704	2432	4432	ILANA	GOUWS	TEMP	F	45	45-49F	2.37.07	0
705	2238	2816	Xhanti	Mantshiyo	ABSAEP	M	58	55-59M	2.37.25	1
706	2077	128	DAWOOD	BABOO	MALABAR	M	39	35-39M	2.37.59	1
707	2119	2466	KOBA	JOUBERT	JBAY	F	61	60-64F	2.38.01	1
708	2258	2493	SHANNON	CHAMBERLAIN	JBAY	F	60	60-64F	2.38.02	1
709	2625	3119	SEBODA	SEMATA	VITALITY	M	45	45-49M	2.38.18	1
710	2817	2328	BONGEKA	FUZILE	VUKANI	F	40	40-44F	2.38.25	1
711	2015	1274	GAYLE	SAAYMAN	VWAC	F	38	35-39F	2.39.01	1
712	2217	131	SHUKRY	KAFAAR	MALABAR	M	40	40-44M	2.39.03	1
713	2488	3488	MPHO	MNTUWAPI	TEMP	F	25	SF	2.39.04	0
714	2804	507	JOHAN	FERREIRA	RUN4C	M	64	60-64M	2.39.28	1
715	2245	5478	NDU	DLAMINI	RAF	M	42	40-44M	2.39.36	0
716	2041	2269	BULELWA	MASOKA	VUKANI	F	46	45-49F	2.39.45	1
717	2482	3482	ROSE	LOLO	TEMP	F	31	SF	2.40.52	0
718	2230	529	ANDRE	FOURIE	RUN4C	M	79	70+M	2.40.59	1
719	2054	2208	GARFIELD	TSATSANE	SIBALEKA	M	60	60-64M	2.41.08	1
720	755	705	OCTAVIA	BOSHOFF	CRUSADE	F	56	55-59F	2.41.13	1
721	2347	602	OZELLE	WIEHAHN	RUN4C	F	52	50-54F	2.41.23	1
722	2466	3466	CLAIRE	MITCHELL	TEMP	F	18	JF	2.41.26	0
723	2893	2455	KONRAD	HOEKSTRA	TEMP	M	58	55-59M	2.41.34	0
724	784	3105	ANDISWA	JAFTA	VITALITY	F	34	SF	2.41.36	1
725	2641	536	ELIZMA	HARMSE	RUN4C	F	65	65-69F	2.42.19	1
726	2383	50270	JODY	PASQUALLIE	MPOX	M	42	40-44M	2.42.21	0
727	2215	98	AMANDA	WOLMARANS	INFINITY	F	67	65-69F	2.42.22	1
728	2298	41	TINA	DERBYSHIRE	SAPPE	F	71	70+F	2.42.41	1
729	2581	2092	ZAFIKA	NYONGO	SANDFEP	F	46	45-49F	2.43.02	1
730	2107	1386	JOHLI	VAN EEDEN	NEDBANK	F	57	55-59F	2.43.08	1
731	2897	1262	MZOVELE	DLAMINI	VWAC	M	41	40-44M	2.43.24	1
732	2179	1761	JASON	LE ROUX	GELVAN	M	30	SM	2.43.27	1
733	2081	3074	BANDILE	GWAMANDA	VITALITY	M	56	55-59M	2.43.33	1
734	2445	4445	CHARMAINE	BURGER	TEMP	F	25	SF	2.44.35	0
735	2544	3544	ALWYN	SINGLETON	TEMP	M	37	35-39M	2.45.07	0
736	2221	770	WINSLOW	BOUWER	CRUSADE	M	42	40-44M	2.45.38	1
737	2515	3515	RIAAN	NEL	TEMP	M	44	40-44M	2.45.44	0
738	2350	102	BIANCA	RADEMEYER	INFINITY	F	27	SF	2.45.49	1
739	2086	1421	ANNELINE	RAUTENBACH	NEDBANK	F	58	55-59F	2.45.50	1
740	2304	1572	NANDIPHA	NAIDOO	DESPATCH	F	47	45-49F	2.45.52	1
741	2720	2307	VUYOKAZI	NGALO	VUKANI	F	44	40-44F	2.46.27	1
742	2286	1829	THEMBEKILE	SITHEBE	HOLLYWOO	F	38	35-39F	2.46.29	1
743	2810	50716	SANELISIWE	FUNANI	MTHATHA	M	42	40-44M	2.46.33	0
744	2681	2268	THOBEKA	MABUSELA	VUKANI	F	64	60-64F	2.46.45	1
745	2016	1310	PHUMLA	SIBALI	VWAC	F	47	45-49F	2.47.09	1
746	2210	3260	NOMFUNDO	NDLAZI	CHEETAHS	F	44	40-44F	2.48.19	0
747	2094	4094	ROHAN	JOHNSON	TEMP	M	33	SM	2.48.19	0
748	2671	2199	PHILISA	MANIMANI	SIBALEKA	F	32	SF	2.48.48	1
749	2326	1935	XENOPHON	FEIRRERA	BLUEBAY	M	64	60-64M	2.49.50	1
750	2704	234	MARIETJIE	ROBB	KOWIE	F	69	65-69F	2.49.56	1
751	2066	1272	JEREMY	SCOTT	VWAC	M	54	50-54M	2.50.01	1
752	2193	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	2.50.02	1
753	2646	2237	LIBAZISO	NTSOAKI	SIBALEKA	F	42	40-44F	2.50.02	1
754	2825	1311	SIVIWE	NKAYI	VWAC	M	33	SM	2.50.02	1
755	2757	1098	SIZINZO	KAMA	ACH	M	74	70+M	2.50.03	1
756	2534	3534	COURTNEY	DURRHEIM	TEMP	M	21	SM	2.50.35	0
757	2225	2569	VEONNA	GOLIATH	Bestmed	F	53	50-54F	2.50.46	1
758	2786	2556	SANDISWA	MASWANA	Bestmed	F	45	45-49F	2.51.42	1
759	2071	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	2.51.42	1
760	2190	18863	TEMBA	PEZISA	CSCG	M	59	55-59M	2.53.09	0
761	2404	4404	SIYAMTEMBA	BOMVU	TEMP	M	34	SM	2.53.44	0
762	2288	2538	SHAUN	RAMROOP	Bestmed	M	59	55-59M	2.54.05	1
763	2198	2806	NOLUBABALO	SOHABA	ABSAEP	F	37	35-39F	2.54.17	1
764	2816	2415	KOLIWE	KAHLU	TEMP	F	55	55-59F	2.54.18	0
765	2136	4136	ANDREW	FOX	TEMP	M	29	SM	2.55.07	0
766	2135	4135	MELISSA	PADDOCK	TEMP	F	30	SF	2.55.08	0
767	2329	2174	LANDEKA	DLAMINI	TRANSNET	F	33	SF	2.55.19	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
768	2072	455	BUSISIWE	DYANTYI	CHILLIEP	F	37	35-39F	2.56.08	1
769	2678	2250	NODUMO	MALINGE	SIBALEKA	F	31	SF	2.57.01	1
770	2725	2330	NOTOZOLA	JAM JAM	VUKANI	F	44	40-44F	2.57.08	1
771	2785	2528	PAMELA	MASEKO	Bestmed	F	59	55-59F	2.58.01	1
772	2480	3480	BUSISIWE	RAMOKOLO	TEMP	F	49	45-49F	2.58.45	0
773	2529	3529	MAWETHU	SIDLAYI	TEMP	M	33	SM	2.59.00	0
774	2737	50910	TSHOLOFELO	MOKOLOPO	MTHATHA	F	44	40-44F	2.59.01	0
775	2122	1646	Monya	Ackerman	MADIBA	F	26	SF	3.00.15	1
776	2730	1759	Tasneem	De Maine	GELVAN	F	36	35-39F	3.00.27	1
777	2229	528	HELEN	FOURIE	RUN4C	F	56	55-59F	3.00.32	1
778	2408	4408	DILLUN	HOLMES	TEMP	M	24	SM	3.01.16	0
779	2269	1307	FIKISWA	NGONYAMA	VWAC	F	42	40-44F	3.02.44	1
780	2330	2809	SIMANGELE	SKOSANA	ABSAEP	F	45	45-49F	3.03.47	1
781	2798	2798	MASIXOLE	MATINISE	TEMP	M	44	40-44M	3.06.40	0
782	2171	1740	JANICE	JONES	GELVAN	F	50	50-54F	3.07.08	1
783	2103	1743	THOMAS	PLAATJIES	GELVAN	M	49	45-49M	3.08.25	1
784	2301	2196	SELBY	THABETHE	SIBALEKA	M	52	50-54M	3.08.25	1
785	2478	3478	QUINTON	SNYMAN	TEMP	M	48	45-49M	3.08.53	0
786	2206	394	THEMBISILE	VETSHEZA	IKHAMVA	F	46	45-49F	3.09.45	1
787	2159	1189	MYRNA	VAN EYK	ELITEAC	F	48	45-49F	3.10.08	1
788	736	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	70	70+M	3.10.57	1
789	2415	4415	PHIWE	MSIZI	TEMP	F	31	SF	3.11.05	0
790	2677	276	CHRISTIAN	GERBER	MUIRITE	M	51	50-54M	3.13.06	1
791	2008	285	VANESSA	COETZEE	MUIRITE	F	49	45-49F	3.13.07	1
792	2014	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	3.13.08	1
793	2569	3569	ANEL	KILIAN	TEMP	F	29	SF	3.13.39	0
794	2784	2523	NOLUTHANDO	TONI	Bestmed	F	56	55-59F	3.14.47	1
795	2568	3568	KARLIEN	STRYDOM	TEMP	F	29	SF	3.14.48	0
796	2451	4451	TANIA	BROWN	TEMP	F	62	60-64F	3.18.25	0
797	2444	4444	AQAMILE	XUNDU	TEMP	F	21	SF	3.24.40	0
798	2472	3472	SAVANNAH	NEWLAND-NELL	TEMP	F	28	SF	3.29.08	0
799	2473	3473	MARIO	LEE-CHING	TEMP	M	40	40-44M	3.29.08	0
800	2799	2799	NAMAWABO	MSIZI	TEMP	F	65	65-69F	3.30.48	0
HELPERS RUN										
H1	2901	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	1.30.43	5
H2	2902	931	ANDILE	NYOKA	CHARLO	M	53	50-54M	1.31.49	5
H3	2903	950	CHARLES	SEGALO	CHARLO	M	39	35-39M	1.32.16	3
H4	2904	952	CINDY	MARAIS	CHARLO	F	48	45-49F	1.39.02	5
H5	2905	1026	CHRISTOFF	SNYMAN	CHARLO	M	31	SM	1.39.10	2
H6	2907	908	KAYLA	VAN RENSBURG	CHARLO	F	32	SF	1.43.11	2
H7	2908	545	RUHAN	VAN RENSBURG	RUN4C	M	34	SM	1.43.24	2
H8	2909	989	BRETT	STEYN	CHARLO	M	51	50-54M	1.45.11	2
H9	2910	955	SIVUYILE	SCHEEPERS	CHARLO	M	33	SM	1.46.16	2
H10	2911	970	MALCOLM	BLANDY	CHARLO	M	44	40-44M	1.48.03	2
H11	2912	948	DINO	MAGNUS	CHARLO	M	31	SM	1.49.04	1
H12	2913	938	THOBELO	MFIKILI	CHARLO	M	39	35-39M	1.50.10	1
H13	2914	890	SIMPHIWE	BLOU	CHARLO	M	54	50-54M	1.51.38	2
H14	2915	919	KELVIN	JOOSTE	CHARLO	M	39	35-39M	1.53.42	1
H15	2916	991	GREGORY	ROSS	CHARLO	M	52	50-54M	1.54.50	2
H16	2917	1018	TANIA	BESSINGER	CHARLO	F	48	45-49F	1.55.47	2
H17	2918	949	WELCOME	BASKITI	CHARLO	M	58	55-59M	1.55.49	2
H18	2919	911	TANYA	NORRIS	CHARLO	F	41	40-44F	1.57.17	2
H19	2920	891	DARRYL	CALVERT	CHARLO	M	50	50-54M	1.57.18	1
H20	2921	992	CYNTHIA	HEYNS	CHARLO	F	42	40-44F	1.57.27	2
H21	2922	1019	EMILE	BESSINGER	CHARLO	M	54	50-54M	1.58.20	1
H22	2923	1009	MEGAN	LONG	CHARLO	F	41	40-44F	1.59.17	1
H23	2924	999	THOMAS	MARAIS	CHARLO	M	39	35-39M	1.59.19	1
H24	2925	887	LYNNE	NEUBERT	CHARLO	F	53	50-54F	1.59.34	2
H25	2926	1008	Darryl	Long	CHARLO	M	48	45-49M	1.59.40	1
H26	2927	881	SHAUN	ATTENBOROUGH	CHARLO	M	57	55-59M	1.59.46	1
H27	2928	960	ADELE	PHIPPS	CHARLO	F	57	55-59F	2.01.47	2
H28	2929	983	PETER	VENTER	CHARLO	M	45	45-49M	2.05.23	1
H29	2930	957	PIERRE	RENSHAW	CHARLO	M	52	50-54M	2.07.48	1
H30	2931	944	DISEMBA	BLOU	CHARLO	M	67	65-69M	2.07.50	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H31	2932	222	JOHN	COX	KOWIE	M	70	70+M	2.07.53	1
H32	2933	914	ETIENNE	GERBER	CHARLO	M	56	55-59M	2.08.06	1
H33	2934	954	LOUISE	AXON	CHARLO	F	47	45-49F	2.08.45	1
H34	2935	1024	LAUREN	MCKAY	CHARLO	F	45	45-49F	2.08.58	1
H35	2936	921	RYAN	VAN DER MESCHT	CHARLO	M	45	45-49M	2.09.30	1
H36	2937	937	KIJANA	LARSEN	CHARLO	F	25	SF	2.09.30	1
H37	2938	915	JOEL	HUMAN	CHARLO	M	53	50-54M	2.11.26	1
H38	2939	883	LINDI	VAN TONDER	CHARLO	F	48	45-49F	2.13.06	1
H39	2940	978	CHRISTOPHER	AYERST	CHARLO	M	59	55-59M	2.16.51	1
H40	2942	956	NEELESH	BHANA	CHARLO	M	55	55-59M	2.18.44	1
H41	2943	893	MAGDA	BECKER	CHARLO	F	38	35-39F	2.21.12	1
H42	2944	1715	BARRY JOHN	SHARP	MADIBA	M	43	40-44M	2.21.12	1
H43	2945	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	2.22.06	1
H44	2946	1034	BUYELWA	KOBOKANA	CHARLO	F	61	60-64F	2.23.04	1
H45	2947	700	KATHERINE	NEL	ASPEN	F	36	35-39F	2.24.33	1
H46	2948	637	MARK	GODDARD	ASPEN	M	29	SM	2.24.35	1
H47	2949	876	GEORGE	WINSHIP	CHARLO	M	60	60-64M	2.24.38	1
H48	2950	935	BRENTON	SCHNETLER	CHARLO	M	51	50-54M	2.25.15	1
H49	2951	1011	CORNE	VOSLOO	CHARLO	M	46	45-49M	2.25.34	1
H50	2952	997	NOLUVUYOLWETHU	QOKWENI	CHARLO	F	44	40-44F	2.26.59	1
H51	2953	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	2.28.13	1
H52	2954	905	MICHELE	MOOLMAN	CHARLO	F	41	40-44F	2.29.43	1
H53	2955	1623	SUSAN	ALCOCK	MADIBA	F	60	60-64F	2.29.45	1
H54	2956	879	DAVID	MASTERTON	CHARLO	M	55	55-59M	2.30.00	1
H55	2957	913	SHARON	SMUTS	CHARLO	F	60	60-64F	2.31.10	1
H56	2958	50345	ROBERT	BUTTON	OLDSELB	M	67	65-69M	2.36.28	0
H57	2959	947	GANIEF	DAVIDS	CHARLO	M	60	60-64M	2.43.15	1
H58	2960	775	RAKGWADI	MORITI	CRUSADE	M	36	35-39M	2.48.42	1
H59	2961	2961	THUTHUZELA	MAPOMA	TEMP	F	31	SF	2.49.05	0
H60	2962	2212	ZIMKITHA	DAYI-SIBANGELE	SIBALEKA	F	40	40-44F	2.54.45	1
H61	2963	64	DAVID	FORTEIN	SAPPE	M	61	60-64M	2.55.20	1
H62	2964	1286	SHANDRY	NAZER	VWAC	F	37	35-39F	3.02.12	1
H63	2965	1270	LEIGH	KLINK	VWAC	F	44	40-44F	3.02.12	1
H64	2966	969	GARY	KELLEHER	CHARLO	M	68	65-69M	3.02.55	1
H65	2967	968	DENISE	DARLOW	CHARLO	F	57	55-59F	3.02.55	1
H66	2968	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	57	55-59F	3.13.11	1
H67	2969	928	ALLISTER	MARRAN	CHARLO	M	50	50-54M	3.16.16	1
H68	2970	910	RAE	LUCKMAN	CHARLO	F	56	55-59F	3.24.48	1