

COLCHESTER 10KM - NMB LEGACY PROJECT EVENT - COLCHESTER - 2026/01/24											
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	1385	50404	CWENGA	NOSE	PHANTANE	M	25	SM	0.28.45	0	0
2	2	357	SINAWO	POTI	IKHAMVA	M	24	SM	0.30.02	5	25
3	1	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.30.03	5	24
4	1384	80828	SINETHEMBA	JILINGISI	REALGIJ	M	23	SM	0.30.50	0	0
5	6	1499	OYAMA	NTANTISO	NEDBANK	M	21	SM	0.31.04	5	23
6	1444	103	GIFT	CHIGOMARAWA	MPOX	M	38	35-39M	0.31.44	0	0
7	999	3019	SICELO	MASHABA	CHILLIEP	M	25	SM	0.31.55	5	22
8	1425	1425	APHELELE	NKONYANA	TEMP	M	28	SM	0.31.56	0	0
9	1437	1354	ANDRE	KETCHEM	NEDBANK	M	42	40-44M	0.32.00	5	21
10	447	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.32.13	5	20
11	9	358	MZWANELE	MAPHEKULA	IKHAMVA	M	49	45-49M	0.32.34	5	19
12	7	360	NTSIKA	NTAMO	IKHAMVA	M	23	SM	0.32.44	5	18
13	837	40168	ENDINAKO	JOLA	MOTHER	M	17	JM	0.32.45	5	17
14	445	40031	SIMTHANDILE	GOLIATH	ACT AC	M	17	JM	0.32.46	5	0
15	546	439	MXOLELENI	TABATA	ACH	M	22	SM	0.33.00	5	16
16	590	2149	XOLISA	NDLUMBINI	TRANSNET	M	43	40-44M	0.33.19	5	15
17	832	40164	AGCOBILE	JEZILE	MOTHER	M	16	JM	0.33.48	5	14
18	379	1482	JEANDRY	DEERLING	NEDBANK	M	33	SM	0.34.29	5	13
19	3	40413	SEMIHLE	BEDA	IKHAMVA	M	19	SM	0.34.35	5	12
20	10	374	HOPEWELL	JABAVU	IKHAMVA	M	42	40-44M	0.34.39	5	11
21	952	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	0.34.58	5	10
22	821	280	ANELE	KHALIPA	MUIRITE	M	36	35-39M	0.35.13	5	9
23	780	40671	ICHUMILE	MACHAKA	SCHOOL	M	17	JM	0.35.17	5	0
24	211	1211	NOEL	ADAMS	ELITEAC	M	53	50-54M	0.35.21	5	8
25	997	460	TAKUNDA	MUBARE	CHILLIEP	M	22	SM	0.35.28	5	7
26	834	40167	HLOMLA	NCUMANI	MOTHER	M	18	JM	0.35.31	5	6
27	392	1242	GCOBANI	BEKWHAPI	ELITEAC	M	46	45-49M	0.35.35	5	5
28	130	2490	SAZISO	PANGINDAWO	ABSAEP	M	43	40-44M	0.35.38	5	0
29	1000	437	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	21	SM	0.35.43	5	4
30	831	91321	XOLILE	NDINGANE	NEDBANK	M	54	50-54M	0.35.50	5	3
31	244	2965	WANDILE	FUNDE	NEDBANK	M	50	50-54M	0.35.56	5	2
32	268	1388	SIYATHEMBA	MBADULI	MUIRITE	M	27	SM	0.36.10	4	1
33	371	1322	SINETHEMBA	MIRELE	NEDBANK	M	28	SM	0.36.12	4	0
34	699	699	MANDISI	ZAMANI	TEMP	M	33	SM	0.36.18	0	0
35	494	1073	CONNOR	MITCHELL	ACH	M	22	SM	0.36.27	4	0
36	241	40023	REECE	FREEMAN	ACT AC	M	18	JM	0.36.39	4	0
37	382	40201	RIAAZ	DENNIS	NEDBANK	M	17	JM	0.36.53	4	0
38	916	950	CHARLES	SEGALO	CHARLO	M	38	35-39M	0.36.57	5	0
39	381	40454	THEO	BUIS	NEDBANK	M	17	JM	0.37.08	4	0
40	9673	423	SANDISO	NGXISHE	CHILLIEP	M	55	55-59M	0.37.08	5	0
41	743	743	SIHLE	SOFUTE	TEMP	M	29	SM	0.37.29	0	0
42	787	3010	TUMELO	MOCHELENYANE	SAPPE	M	43	40-44M	0.37.30	5	0
43	1448	370	DESMOND	ZIBI	IKHAMVA	M	62	60-64M	0.37.32	5	0
44	5	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.37.38	5	25
45	377	1335	ANELE	MALIZA	NEDBANK	M	47	45-49M	0.37.39	5	0
46	820	217	SAPHO	NKATA	CSEP	M	48	45-49M	0.37.49	5	0
47	1408	817	ALISTAIR	KINGWILL	32GI	M	48	45-49M	0.38.05	5	0
48	383	1511	APHLYN	TAAI	NEDBANK	M	43	40-44M	0.38.09	5	0
49	368	1400	KELLY	VAN VLIET	NEDBANK	F	38	35-39F	0.38.13	5	24
50	178	2690	JEMAIN	WILSON	VITALITY	M	38	35-39M	0.38.21	4	0
51	959	50250	MALWANDE	MBATHA	CHEETHAS	M	32	SM	0.38.23	0	0
52	1436	1488	MELIKHAYA	KEPE	NEDBANK	M	49	45-49M	0.38.32	5	0
53	150	40282	NICK	SEPTEMBER	ATLANTIC	M	19	JM	0.38.34	3	0
54	568	1200	ERROL	WHITTAL	ELITEAC	M	50	50-54M	0.38.40	5	0
55	112	40487	LIQHAWE	MKAYO	ATLANTIC	M	16	JM	0.38.48	3	0
56	1418	2908	ALEXIA	LOIZOU	ASPEN	F	42	40-44F	0.38.48	5	23
57	242	156	STANTON	FREEMAN	ACT AC	M	48	45-49M	0.38.55	5	0
58	287	40324	GIFT	NKOSI	MADIBAZ	F	19	SF	0.38.57	5	22
59	965	60	THANDO	NCIPHA	SAPPE	M	33	SM	0.39.01	3	0
60	576	1444	PAUL	FREETH	NEDBANK	M	39	35-39M	0.39.05	4	0
61	899	931	ANDILE	NYOKA	CHARLO	M	53	50-54M	0.39.05	5	0
62	428	2511	AMANDA	DETSHE	HOLLYWOO	F	21	SF	0.39.06	5	0
63	488	165	SANUSE	MBONENI	HOLLYWOO	M	41	40-44M	0.39.07	4	0

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64	270	814	BIANCA	MEISTRE	32GI	F	40	40-44F	0.39.14	5	21
65	896	993	THEMBEKILE	MSIPA	CHARLO	M	54	50-54M	0.39.18	5	0
66	25	2691	SIPHESIHLE	BULOSE	VITALITY	M	37	35-39M	0.39.22	3	0
67	645	645	JOSHUA	LOUW	32GI	M	17	JM	0.39.24	3	0
68	1419	2904	THOKO	SIPUNGU	ALBANY	M	36	35-39M	0.39.26	3	0
69	856	878	DANE	CRONJE	CHARLO	F	28	SF	0.39.30	5	20
70	529	1398	MUTEKILE	RASMENI	ACH	M	61	60-64M	0.39.30	5	0
71	792	1213	SEBASTIAN	KLEU	MADIBA	M	49	45-49M	0.39.30	5	0
72	1389	3162	IAIN	MAUGHAN-BROWN	MADIBA	M	37	35-39M	0.39.30	3	0
73	540	1642	NICO	SMITH	MADIBA	M	40	40-44M	0.39.30	4	0
961	933	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	0.39.30	5	0
74	512	205	ZUKISANI	NJOKWENI	CSEP	M	36	35-39M	0.39.31	3	0
75	432	2251	BABONKE	DINGA	VUKANI	M	37	35-39M	0.39.32	3	0
76	403	3107	NKOSANA	BUKANI	VUKANI	M	44	40-44M	0.39.33	4	0
77	594	2322	XOLANI	NTEYI	VUKANI	M	47	45-49M	0.39.33	5	0
78	785	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	44	40-44F	0.40.01	5	19
79	76	1168	SLULAMI	JACK	TRANSNET	M	50	50-54M	0.40.25	5	0
80	376	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	59	55-59M	0.40.33	5	0
81	877	919	KELVIN	JOOSTE	CHARLO	M	38	35-39M	0.40.34	3	0
82	343	10546	REEGAN	MEYER	TEMP	M	19	SM	0.40.36	0	0
83	973	1105	MARK	FRASER	ACH	M	32	SM	0.40.37	3	0
84	263	2863	QAWE	MAJIZA	ADVEN	M	38	35-39M	0.40.39	3	0
85	922	908	KAYLA	VAN RENSBURG	CHARLO	F	31	SF	0.40.40	4	18
86	99	1876	SBONISIPHO	MANQELE	HOLLYWOO	M	28	SM	0.40.47	3	0
87	145	210	SANELE	SAM	CSEP	M	33	SM	0.40.52	3	0
88	998	459	ZIBELE	MASELE	CHILLIEP	M	23	SM	0.41.05	3	0
89	615	615	BYRON	COUFMANN	TEMP	M	39	35-39M	0.41.11	0	0
90	907	875	MATTHEW	RODGERS	CHARLO	M	23	SM	0.41.13	3	0
91	493	40085	ABBIE	MITCHELL	MADIBAZ	F	19	SF	0.41.17	4	17
92	958	2696	EDDIE	VACU	VITALITY	M	37	35-39M	0.41.20	3	0
93	986	364	Fikile	Mabhula	IKHAMVA	M	43	40-44M	0.41.45	3	0
94	1428	2514	TEDDY	PRUSENT	MADIBAZ	M	37	35-39M	0.41.52	3	0
95	266	2269	KHANYISO	MASWANA	VUKANI	M	36	35-39M	0.41.59	3	0
96	375	1436	NTSIKELELO	SEBE	NEDBANK	M	43	40-44M	0.42.04	3	0
97	797	6001	SANDILE	NGUNUZA	NEDBANK	M	43	40-44M	0.42.05	3	0
98	380	1316	MORNE	BUIS	NEDBANK	M	33	SM	0.42.07	2	0
99	1412	2640	BASHEER	ENSAL	MADIBAZ	M	23	SM	0.42.07	2	0
100	522	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	0.42.14	4	0
101	154	1293	THEMBINKOSI	STOKWE	VWAC	M	47	45-49M	0.42.22	3	0
102	58	1780	MONDRE	GALLANT	GELVAN	M	37	35-39M	0.42.39	3	0
103	378	1353	MZUKISI	KLAAS	NEDBANK	M	57	55-59M	0.42.44	5	0
104	231	829	WYNAND	DU PREEZ	32GI	M	52	50-54M	0.42.51	4	0
105	1376	2480	ALULUTO	MKIVA	ABSAEP	M	19	SM	0.42.54	2	0
106	132	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	0.42.55	3	0
107	532	2807	MELITAFA	SABELO	CSEP	M	46	45-49M	0.42.57	3	0
108	496	160	JONGI	MNYATHELI	CHEETHAS	M	31	SM	0.42.58	0	0
109	79	3193	ELDRIDGE	JONKERS	GELVAN	M	46	45-49M	0.43.01	3	0
110	303	731	GAVIN	ROGERS	CRUSADE	M	61	60-64M	0.43.02	5	0
111	805	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	0.43.03	2	0
112	721		WARREN	BAARTZES	TEMP	M	55	55-59M	0.43.05	0	0
113	222	561	CHANTELL	CLOETE	RUN4C	F	39	35-39F	0.43.06	4	16
114	88	399	TYRONE	KUNNEKE	IKHAMVA	M	34	SM	0.43.21	2	0
115	78	1729	BRIAN	JONAS	GELVAN	M	64	60-64M	0.43.21	5	0
116	892	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	0.43.29	2	0
117	514	1077	MASIXOLE	NTOMBANA	ACH	M	37	35-39M	0.43.39	2	0
118	782	40469	MIKULE	NEL	GELVAN	M	18	JM	0.43.41	2	0
119	273	2996	MAKHI	MONDILE	ADVEN	M	53	50-54M	0.43.43	3	0
120	372	1404	DARREN	VAN VLIET	NEDBANK	M	42	40-44M	0.43.45	2	0
121	891	952	CINDY	MARAIS	CHARLO	F	48	45-49F	0.43.52	5	14
122	793	1503	LUVUYO	DYANI	NEDBANK	M	55	55-59M	0.43.55	4	0
123	536	1079	HANSON	SINGAPHI	ACH	M	48	45-49M	0.43.57	3	0
124	401	40560	RUBEN	BOUWER	SCHOOL	M	17	JM	0.44.02	2	0
125	890	898	PATRIC	MAKWENKWE	CHARLO	M	59	55-59M	0.44.09	4	0
126	843	2447	KHUMBULA	MANQANA	YOUTH	M	24	SM	0.44.10	2	0

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127	961	380	MBOLEKWA	MAYILA	IKHAMVA	M	46	45-49M	0.44.13	3	0
128	506	2233	FREDAH	NCUBE	MADIBAZ	F	43	40-44F	0.44.28	4	15
129	395	869	BRAD	BOONZAIR	32GI	M	52	50-54M	0.44.29	3	0
130	468	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	36	35-39M	0.44.30	2	0
131	163	363	MNQWENO	TYOKOLO	IKHAMVA	M	43	40-44M	0.44.32	2	0
132	238	581	HANNO	ENGELBRECHT	RUN4C	M	27	SM	0.44.43	2	0
133	373	1441	MARTIN	JANSEN	NEDBANK	M	57	55-59M	0.44.54	4	0
134	742	742	MORNE	NEL	TEMP	M	47	45-49M	0.45.01	0	0
135	121	2322	MZWANELE	NGOQO	VUKANI	M	48	45-49M	0.45.03	3	0
136	1494	891	DARRYL	CALVERT	CHARLO	M	50	50-54M	0.45.14	3	0
137	564	495	DEWALD	VERMEULEN	RUN4C	M	54	50-54M	0.45.16	3	0
138	86	1687	RUDI	KRIEL	MADIBA	M	36	35-39M	0.45.24	2	0
139	1377	1009	JACOB	ABRAHAM	BODYCON	M	59	55-59M	0.45.24	3	0
140	237	768	WILLIE	ELS	CRUSADE	M	50	50-54M	0.45.30	3	0
141	555	323	CLIVE	VAN RAYNER	MUIRITE	M	58	55-59M	0.45.43	3	0
142	126	1533	THOBELA	NTAMO	DESPATCH	M	40	40-44M	0.45.43	2	0
143	74	40008	JUDE	JACOBS	RUN4C	M	14	JM	0.45.44	2	0
144	778	1114	MILES	HOLLINS	ACH	M	53	50-54M	0.45.44	3	0
145	393	40014	JAMIE-LEE	BESTER	RUN4C	F	17	JF	0.45.45	2	13
146	306	564	GAVIN	SILLS	RUN4C	M	52	50-54M	0.45.46	3	0
147	738	738	CHAD	VAN RENSBURG	TEMP	M	25	SM	0.45.49	0	0
148	737	3336	KIAN	TERBLANCHE	TEMP	M	28	SM	0.45.49	0	0
149	345	10248	WADE	MURISON	TEMP	M	36	35-39M	0.45.53	0	0
150	935	1315	WERNER	MEYER	SAPPE	M	52	50-54M	0.45.54	3	0
151	180	2995	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	0.45.56	3	0
152	644	644	CAMERON	LINDLEY	TEMP	M	28	SM	0.45.57	0	0
153	228	2326	SIPHESIHLE	DLWATI	VUKANI	M	35	35-39M	0.45.57	2	0
154	943	51762	SIMBONGILE	MDLETYE	OMAC	M	41	40-44M	0.45.58	0	0
155	407	1692	DAMIAN	CHRISTIAN	MADIBA	M	37	35-39M	0.45.59	2	0
156	499	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	0.46.01	3	12
157	574	1597	EDVIN	DONLEY	DESPATCH	M	48	45-49M	0.46.04	2	0
158	21	1699	BRENDAN	BOSMAN	MADIBA	M	41	40-44M	0.46.06	2	0
159	543	1212	BURNITA	STRYDOM	RUN4C	F	57	55-59F	0.46.07	5	11
160	405	1683	JERHARD	BURRELL	MADIBA	M	36	35-39M	0.46.08	2	0
161	798	1283	URAN	LE ROUX	VWAC	M	59	55-59M	0.46.10	3	0
162	429	1457	RICHARD	MAZUNGULA	NEDBANK	M	49	45-49M	0.46.10	2	0
163	1445	1494	TAWFEEQ	VYVER	NEDBANK	M	27	SM	0.46.12	2	0
164	105	2304	QAQAMBA	MATUNDU	VUKANI	F	27	SF	0.46.12	2	10
165	374	1451	ELROY	MATTHEWS	NEDBANK	M	56	55-59M	0.46.21	3	0
166	72	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	0.46.25	2	0
167	897	10023	BISHO	NOMBEWU	CHARLO	M	57	55-59M	0.46.26	3	0
168	983	792	JACO	ROOS	32GI	M	37	35-39M	0.46.29	2	0
971	3001	442	MSINDISI	QALINGE	CHILLIEP	M	31	SM	0.46.30	2	0
169	661	661	LINDANI	MTHEMBU	TEMP	M	37	35-39M	0.46.36	0	0
170	9670	1845	MAWETHU	PLATYI	HOLLYWOO	M	45	45-49M	0.46.37	2	0
171	89	576	VERNON	LANDMAN	RUN4C	M	51	50-54M	0.46.38	3	0
172	829	1748	RICHARD	RAMATSASA	GELVAN	M	50	50-54M	0.46.41	2	0
173	736	736	MIKALE	MULLER	TEMP	M	28	SM	0.46.41	0	0
174	919	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-44M	0.46.49	2	0
175	944	518	NIENKE	SCHOLTZ	RUN4C	F	28	SF	0.46.51	2	9
176	1447	706	STEPHEN	MCCARTHY	CRUSADE	M	64	60-64M	0.46.52	4	0
177	1373	1282	SEBASTIAN	HAARHOFF	VWAC	M	48	45-49M	0.46.55	2	0
178	9681	2538	LUTHANDO	NDZAMBO	MADIBAZ	M	42	40-44M	0.46.56	2	0
179	1397	1006	BRUCE	GIE	BODYCON	M	52	50-54M	0.46.59	2	0
180	1396	1835	LUVUYO	LANDU	HOLLYWOO	M	33	SM	0.46.59	2	0
181	1426	1238	PIETER	GERBER	ELITEAC	M	50	50-54M	0.47.00	2	0
182	563	40076	KYLIE	VERMAAK	ELITEAC	F	18	JF	0.47.02	2	8
183	473	2195	TERENCE	LANTZ	ASPEN	M	45	45-49M	0.47.05	2	0
184	139	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	0.47.05	2	7
185	669	669	RIEDAAH	NORDIEN	TEMP	M	38	35-39M	0.47.07	0	0
186	16	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	0.47.11	2	0
187	535	604	LUYANDA	SINEKE	ASPEN	M	39	35-39M	0.47.18	2	0
188	864	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	0.47.19	3	0
189	909	900	JASON	SAUNDERS	CHARLO	M	46	45-49M	0.47.22	2	0

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190	410	40066	KAYLEIGH	COUFMANN	DESPATCH	F	16	JF	0.47.26	2	6
191	369	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	0.47.28	5	5
192	548	2281	VUYILE	TIKWAYO	VUKANI	M	44	40-44M	0.47.29	2	0
193	786	866	WALTER	ZIMBEVA	VITALITY	M	45	45-49M	0.47.31	2	0
194	905	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	0.47.38	2	0
195	509	2108	BERNICE	NEL	HEATAC	F	38	35-39F	0.47.39	2	4
196	533	1975	KELVIN	SAMUEL	32GI	M	42	40-44M	0.47.42	2	0
197	951	341	DELME	REDCLIFFE	MUIRITE	M	42	40-44M	0.47.44	2	0
198	542	1024	STICKS	STIGLINGH	BODYCON	M	71	70+M	0.47.45	5	0
199	81	1621	WILHELM	KILIAN	MADIBA	M	49	45-49M	0.47.46	2	0
200	801	1731	LEONARD	ERASMUS	GELVAN	M	67	65-69M	0.47.47	4	0
201	387	1043	DAVID	BAINS	XCEL	M	59	55-59M	0.47.53	3	0
202	221	1031	CHESTER	BROOKS	XCEL	M	67	65-69M	0.47.59	4	0
203	579	2288	BONKE	GOYI	VUKANI	M	37	35-39M	0.48.00	2	0
204	69	40274	ALEXANDER	HENDRICKS	Atlantic	M	18	JM	0.48.00	2	0
205	174	1412	RAYMOND	WEITZ	NEDBANK	M	55	55-59M	0.48.03	3	0
206	65	40200	OWAMI	GWAMANDA	VWAC	M	21	SM	0.48.05	2	0
207	960	40007	ETHAN	BRUWER	RUN4C	M	19	SM	0.48.08	2	0
208	232	733	ALEX	DU TOIT	CRUSADE	M	61	60-64M	0.48.10	3	0
209	366	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	0.48.16	4	0
210	418	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.48.20	2	0
211	1410	796	ONKE	TSHOTSHO	TEMP	M	39	35-39M	0.48.23	0	0
212	825	1075	GAVIN	SCHONKNECHT	ACH	M	58	55-59M	0.48.23	2	0
213	562	40075	CHLOE	VERMAAK	ELITEAC	F	18	JF	0.48.24	2	3
214	569	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	0.48.25	2	2
215	725	725	ANDREW	PORTER	TEMP	M	54	50-54M	0.48.27	0	0
216	18	3001	JUAN	GOOSEN	MUIRITE	M	24	SM	0.48.37	2	0
217	519	816	MATTHEW	OSBORNE	32GI	M	38	35-39M	0.48.38	2	0
218	791	2311	SITHA	SIGENU	VUKANI	F	42	40-44F	0.48.40	2	1
219	934	1485	KOOS	OLIVIER	NEDBANK	M	68	65-69M	0.48.44	4	0
220	434	1841	DOLLY	NDUDE	HOLLYWOOD	F	53	50-54F	0.48.45	4	0
221	1379	1379	DELAREY	RIBBENS	TEMP	M	38	35-39M	0.48.45	0	0
222	894	938	THOBELA	MFIKILI	CHARLO	M	39	35-39M	0.48.46	2	0
223	714	714	NELSON	VLAKBOK	TEMP	M	61	60-64M	0.48.48	0	0
224	279	122	BAVERSHAN	NAIDOO	MALABAR	M	35	35-39M	0.48.54	2	0
225	224	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	0.48.55	5	0
226	527	554	PETRUS	RADEMEYER	RUN4C	M	51	50-54M	0.48.56	2	0
227	868	877	KURT	GROENER	CHARLO	M	44	40-44M	0.48.57	2	0
228	872	992	CYNTHIA	HEYNS	CHARLO	F	42	40-44F	0.48.59	2	0
229	305	2228	NGWANE	SHORTY	SIBALEKA	M	29	SM	0.49.01	2	0
230	258	2031	ANDREW	JONAS	MUIRITE	M	61	60-64M	0.49.01	3	0
231	720	720	BHEKA	MSELEKU	TEMP	M	57	55-59M	0.49.02	0	0
232	83	1684	MARLON	KOEN	MADIBA	M	38	35-39M	0.49.03	2	0
233	329	11977	SANDILE	DYAKOPU	TEMP	M	30	SM	0.49.04	0	0
234	419	40073	STACEY	DE RIDDER	ELITEAC	F	16	JF	0.49.06	2	0
235	840	2448	MANELISI	MFECANE	YOUTH	M	39	35-39M	0.49.08	2	0
236	417	1229	NATASCIA	DE RIDDER	ELITEAC	F	47	45-49F	0.49.08	3	0
237	635	635	MERVYN	JOHNSON	TEMP	M	52	50-54M	0.49.11	0	0
238	898	911	TANYA	NORRIS	CHARLO	F	41	40-44F	0.49.12	2	0
239	131	1734	DENVER	PETERSEN	GELVAN	M	42	40-44M	0.49.12	2	0
240	414	621	KIRWIN	DE KLERK	ASPEN	M	44	40-44M	0.49.12	2	0
241	966	1113	ROGER	TRADER	ACH	M	72	70+M	0.49.16	5	0
242	696	696	MONGEZI	VOCO	TEMP	M	35	35-39M	0.49.23	0	0
243	788	2306	PHAKAMISA	BALENI	VUKANI	M	35	35-39M	0.49.23	2	0
244	889	946	DiNO	MAGNUS	CHARLO	M	31	SM	0.49.26	1	0
963	351	10189	BRENDAN	PRINSLOO	32GI	M	45	45-49M	0.49.29	2	0
245	874	915	JOEL	HUMAN	CHARLO	M	52	50-54M	0.49.31	2	0
246	23	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	0.49.36	2	0
247	531	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	0.49.39	5	0
248	572	2463	LUTHANDO	YIBE	CHILLIEP	M	44	40-44M	0.49.40	2	0
249	52	721	FIONA	FLEUR	CRUSADE	F	40	40-44F	0.49.42	2	0
250	9666	1360	SITHEMBILE	MPAKO	NEDBANK	M	65	65-69M	0.49.48	3	0
251	901	925	AVIWE	PAKADE	CHARLO	M	40	40-44M	0.49.48	2	0
252	656	656	ATHI.THE.LION	MKANGELWA	TEMP	M	35	35-39M	0.49.48	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
253	246	249	STERN	GEORGE	MUIRITE	M	20	SM	0.49.53	1	0
254	438	131	STEPHAN	ELS	CHARLO	M	47	45-49M	0.49.57	2	0
255	30	40287	JOSE	CASE	Atlantic	M	17	JM	0.50.05	1	0
256	980	410	AMANDA	SHAW	IKHAMVA	F	61	60-64F	0.50.05	5	0
257	259	144	AHMAD	KADER	MALABAR	M	37	35-39M	0.50.07	1	0
258	851	1019	EMILE	BESSINGER	CHARLO	M	53	50-54M	0.50.21	2	0
259	485	1775	CLARENCE	MANUEL	GELVAN	M	31	SM	0.50.21	1	0
260	225	2961	MICHA	CRONJE	32GI	F	36	35-39F	0.50.22	2	0
261	299	2799	JEAN-PERI	REDONA	32GI	M	37	35-39M	0.50.23	1	0
262	848	949	WELCOME	BASKITI	CHARLO	M	58	55-59M	0.50.28	2	0
263	930	876	GEORGE	WINSHOP	CHARLO	M	60	60-64M	0.50.31	2	0
264	56	1598	LERENZO	FRANCIS	DESPATCH	M	39	35-39M	0.50.35	1	0
265	90	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	0.50.37	3	0
266	884	1008	DARRYL	LONG	CHARLO	M	46	45-49M	0.50.39	2	0
267	906	957	PIERRE	RENSHAW	CHARLO	M	53	50-54M	0.50.45	2	0
268	9672	3002	WESLEY	MERRICK	VITALITY	M	32	SM	0.50.46	1	0
269	920	961	LARA	VAN HEERDEN	CHARLO	F	50	50-54F	0.50.46	3	0
270	9678	220	MKHANYISI	DHINGWE	CSEP	M	34	SM	0.50.46	1	0
271	675	675	UNATHI	POSELANI	TEMP	M	42	40-44M	0.50.47	0	0
272	845	954	LOUISE	AXON	CHARLO	F	47	45-49F	0.50.47	2	0
273	976	1263	KAHN	LANGFORD	VWAC	M	47	45-49M	0.50.55	2	0
274	486	1055	JEROME	MAY	XCEL	M	59	55-59M	0.50.57	2	0
275	850	1018	TANIA	BESSINGER	CHARLO	F	48	45-49F	0.50.58	2	0
276	942	1093	MARC	RIEDER	ACH	M	51	50-54M	0.51.01	2	0
277	582	1832	GODFREY	JACOBS	HOLLYWOO	M	42	40-44M	0.51.02	1	0
278	466	1118	BRUCE	KING	ACH	M	59	55-59M	0.51.03	2	0
279	249	532	JUDY	GERBER	RUN4C	F	59	55-59F	0.51.10	3	0
280	1407	839	HESTER	KINGWILL	32GI	F	44	40-44F	0.51.11	2	0
281	1372	1372	ALECIA	LE ROUX	TEMP	F	28	SF	0.51.11	0	0
282	298	84	PRASHAAN	RAGA	INFINITY	M	27	SM	0.51.14	1	0
283	9667	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	61	60-64F	0.51.15	5	0
284	165	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	0.51.16	1	0
285	698	698	SINETHEMBA	YOTSI	TEMP	M	31	SM	0.51.20	0	0
286	11	1703	JAIME	ALCOCK	MADIBA	F	23	SF	0.51.23	2	0
287	810	1236	STEPHEN	KLUE	ELITEAC	M	67	65-69M	0.51.23	2	0
288	1432	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	45	45-49M	0.51.29	2	0
289	940	1219	MELANIE	CHRISTIE	ELITEAC	F	41	40-44F	0.51.29	2	0
290	491	2302	ANELE	MESANI	VUKANI	M	45	45-49M	0.51.29	2	0
291	515	1843	BOMKAZI	NTONI	ACH	F	38	35-39F	0.51.34	2	0
292	164	1493	ALUNGILE	TYWAKU	CHEETHAS	F	33	SF	0.51.37	0	0
293	655	655	JOSEPH	MITCHELL	TEMP	M	20	SM	0.51.39	0	0
294	125	1332	THANDI	NKWANDLA	NEDBANK	F	60	60-64F	0.51.42	5	0
295	724	724	WESLEY	SHERMAN	TEMP	M	33	SM	0.51.43	0	0
296	813	327	ELWIN	WOODS	MUIRITE	M	62	60-64M	0.51.43	2	0
297	970	2032	CARLI	NEL	MUIRITE	F	32	SF	0.51.44	2	0
298	1435	2692	ANDISWA	JELE	VITALITY	F	36	35-39F	0.51.45	2	0
299	779	1070	ANCHE	HOLLINS	ACH	F	44	40-44F	0.51.45	2	0
300	501	1875	THOBELA	MTANGA	HOLLYWOO	M	39	35-39M	0.51.46	1	0
301	487	1837	XOLA	MBATSHA	HOLLYWOO	M	45	45-49M	0.51.47	1	0
302	75	2964	LONWABO	JAHO	KOMANI	M	36	35-39M	0.51.50	0	0
303	217	830	NATALIE	BOSHOF	32GI	F	39	35-39F	0.51.51	2	0
304	245	777	STEVEN	GAGIANO	32GI	M	45	45-49M	0.51.51	1	0
305	304	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	65	65-69F	0.51.53	5	0
306	776	2704	YOLANDA	DUGMORE	VITALITY	F	53	50-54F	0.51.57	2	0
307	171	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	0.52.04	2	0
308	599	40522	JAYDON	STOMAN	SCHOOL	M	15	JM	0.52.13	1	0
309	685	685	SAMORA	SITHOLE	TEMP	M	28	SM	0.52.20	0	0
310	9675	1772	LYLE	ROCKMAN	GELVAN	M	31	SM	0.52.23	1	0
311	391	485	WANDISILE	BATAYI	RUN4C	M	30	SM	0.52.24	1	0
312	846	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	0.52.30	2	0
313	688	688	DALE	STOCK	TEMP	M	46	45-49M	0.52.40	0	0
314	469	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	42	40-44F	0.52.45	2	0
315	1398	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	43	40-44M	0.52.46	1	0
316	296	2268	SANDISILE	QUMZA	VUKANI	M	38	35-39M	0.52.57	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
317	324	1525	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	0.52.58	2	0
318	914	1017	JOE	SCHOEMAN	CHARLO	M	45	45-49M	0.53.03	1	0
319	367	42	SAM	ERASMUS	SAPPE	M	68	65-69M	0.53.08	2	0
320	885	1009	MEGAN	LONG	CHARLO	F	40	40-44F	0.53.08	2	0
321	484	800	JONATHAN	MANDELL	32GI	M	61	60-64M	0.53.12	2	0
322	697	697	JOSHUA	WALDUCK	TEMP	M	28	SM	0.53.16	0	0
323	435	1194	EDMUND	DRAKE	ELITEAC	M	35	35-39M	0.53.19	1	0
324	550	40203	RIEDAH	VAN AARDE	GELVAN	M	17	JM	0.53.21	1	0
325	1446	1492	DEON	VYVER	NEDBANK	M	59	55-59M	0.53.25	2	0
326	781	40667	JUSTIN	HANCOX	SCHOOL	M	15	JM	0.53.25	1	0
327	1499	2239	NOMBINI BRILLIA	GXUMISA	SIBALEKA	F	41	40-44F	0.53.29	2	0
328	210	9542	DE WET	GRIEBENAUW	TEMP	M	35	35-39M	0.53.32	0	0
329	589	2677	BRENDA	MUKOMBE	VITALITY	F	38	35-39F	0.53.32	1	0
330	631	631	ALVARO	HENRIQUES	TEMP	M	47	45-49M	0.53.33	0	0
331	939	1192	HEINZ	CONRAD	ELITEAC	M	47	45-49M	0.53.37	1	0
332	722		NATALIE	JONAS	TEMP	F	55	55-59F	0.53.38	0	0
333	692	692	MZIMHLE	TSHOTHO	TEMP	M	40	40-44M	0.53.38	0	0
334	44	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	0.53.46	1	0
335	881	937	KIJANA	LARSEN	CHARLO	F	25	SF	0.53.48	1	0
336	104	3145	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	0.53.49	1	0
337	134	2964	CHESLIN	PLAATJIES	VITALITY	M	40	40-44M	0.53.50	1	0
338	593	1134	OLIVER	NEWLAND-NELL	ACH	M	20	SM	0.53.50	1	0
339	592	1133	GREIG	NEWLAND NELL	ACH	M	50	50-54M	0.53.50	1	0
340	47	201	VUYISILE	DELIWE	CSEP	M	50	50-54M	0.53.52	1	0
341	110	1838	PHATHULUVO	MGULI	HOLLYWOO	M	41	40-44M	0.53.54	1	0
342	490	319	KERNEELS	MEINTJIES	MUIRITE	M	66	65-69M	0.53.55	2	0
343	511	1232	SONIKA	NEL	ELITEAC	F	25	SF	0.54.01	1	0
344	677	677	TEVIN	PRINSLOO	TEMP	M	31	SM	0.54.01	0	0
345	1440	10611	SISEKO	MKUMLA	TEMP	M	41	40-44M	0.54.04	0	0
346	565	40521	HENDRE	VIVIERS	MADIBA	M	16	JM	0.54.04	1	0
347	479	741	MAGGIE	LLOYD	CRUSADE	F	62	60-64F	0.54.12	3	0
348	992	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	0.54.14	1	0
349	456	714	JM	JANSE VAN RENSBURG	CRUSADE	M	38	35-39M	0.54.15	1	0
350	140	350	MARIUS	ROACH	MUIRITE	M	32	SM	0.54.19	1	0
351	908	991	GREGORY	ROSS	CHARLO	M	52	50-54M	0.54.22	1	0
352	87	595	MARISKA	KRUGER	RUN4C	F	48	45-49F	0.54.24	2	0
353	223	3152	MARTIN	CLOETE	RUN4C	M	47	45-49M	0.54.28	1	0
354	570	1567	JACOBUS	WYATT	DESPATCH	M	62	60-64M	0.54.28	2	0
355	437	1609	WILLEMEN	DU RANDT	DESPATCH	F	51	50-54F	0.54.34	2	0
356	1411	797	AMEER	ENSAL	TEMP	M	50	50-54M	0.54.34	0	0
357	937	10715	DON	CHARLES	NEDBANK	M	76	70+M	0.54.36	2	0
358	170	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	0.54.39	2	0
359	458	3040	NICOLE	JOHNSON	GELVAN	F	28	SF	0.54.39	1	0
360	300	11	ALAN	ROBB	GCH	M	72	70+M	0.54.40	0	0
361	1450	1374	LUYOLO	DYUBHELE	NEDBANK	M	32	SM	0.54.42	1	0
362	274	2537	IVAN	MOSES	MADIBAZ	M	66	65-69M	0.54.43	2	0
363	9683	707	MPUMELELO	NGWENYA	CRUSADE	M	36	35-39M	0.54.46	1	0
364	641	641	JENNIFER	KLUE	TEMP	F	18	JF	0.54.47	0	0
365	27	1013	SEAN	BUTLER	BODYCON	M	32	SM	0.54.48	1	0
366	643	643	NICOLE	LE ROUX	TEMP	F	25	SF	0.54.49	0	0
367	111	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	0.54.52	1	0
368	638	638	JANE	KEMP	TEMP	F	49	45-49F	0.54.55	0	0
369	637	637	ERIK	KEMP	TEMP	M	49	45-49M	0.54.55	0	0
370	817	1716	DERICK	GOLIATH	GELVAN	M	62	60-64M	0.54.58	1	0
371	941	3593	LIKHO	SIKUTSHWA	PINE	F	35	35-39F	0.55.01	0	0
372	173	1085	ANDRE	VILJOEN	ACH	M	71	70+M	0.55.01	2	0
373	670	670	KUDAKWASHE	NYAMUTSAMBIRA	TEMP	M	35	35-39M	0.55.02	0	0
374	596	1554	HELGARD	POTGIETER	DESPATCH	M	53	50-54M	0.55.06	1	0
375	315	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	0.55.07	2	0
376	1371	2226	THUSO	MKONTWANA	SIBALEKA	M	39	35-39M	0.55.09	1	0
377	1414	2796	BRENDON	DRYDEN	ACH	M	57	55-59M	0.55.12	1	0
378	777	1106	ERROL	BLACK	ACH	M	75	70+M	0.55.18	2	0
379	561	519	CHARLOTTE	VAN WYK	RUN4C	F	43	40-44F	0.55.31	1	0
380	254	1547	MADELEINE	GREYLING	DESPATCH	F	54	50-54F	0.55.31	2	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
381	747	747	TIMOTHY	KOORTS	TEMP	M	20	SM	0.55.34	0	0
382	302	727	ANGELA	ROGERS	CRUSADE	F	56	55-59F	0.55.36	2	0
383	423	75	HESTER	DEKKER	SAPPE	F	53	50-54F	0.55.37	2	0
384	732	732	AKHONA	GAZI	TEMP	M	40	40-44M	0.55.42	0	0
385	873	1001	KEANO	HITZEROTH	CHARLO	M	25	SM	0.55.44	1	0
386	740	740	BONGANI	MKETSHANE	TEMP	M	38	35-39M	0.55.49	0	0
387	218	1588	JACQUES	BOTHA	DESPATCH	M	51	50-54M	0.55.51	1	0
388	342	9802	MARYNA	MEYER	TEMP	F	54	50-54F	0.55.52	0	0
389	946	3161	SIVUYILE	TSHINGI	ASPEN	M	41	40-44M	0.55.52	1	0
390	341	9803	ANDREW	MEYER	TEMP	M	52	50-54M	0.55.52	0	0
391	814	1088	PERCY	DALTON	ACH	M	77	70+M	0.55.56	2	0
392	35	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	0.55.57	1	0
393	989	525	WESSEL	EBERSOHN	RUN4C	M	36	35-39M	0.55.59	1	0
394	498	607	LOUIS	MOOLMAN	RUN4C	M	33	SM	0.55.59	1	0
395	632	632	ANNA	HEYDENRYCH	TEMP	F	42	40-44F	0.56.05	0	0
396	424	75	MICHAEL	DEKKER	SAPPE	M	53	50-54M	0.56.10	1	0
397	463	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	0.56.11	2	0
398	142	750	PIETER	ROUX	CRUSADE	M	70	70+M	0.56.11	2	0
399	799	717	TANYA	JANSEN VAN VUUREN	CRUSADE	F	57	55-59F	0.56.12	2	0
400	97	1291	ASHENDA	MAKONIE	VWAC	F	50	50-54F	0.56.25	1	0
401	926	983	PETER	VENTER	CHARLO	M	45	45-49M	0.56.26	1	0
402	1378	1410	DANIELLE	KOTZE	NEDBANK	F	30	SF	0.56.30	1	0
403	77	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55	55-59F	0.56.32	2	0
404	847	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.56.33	2	0
405	811	1201	CATHY	ALLERS	ELITEAC	F	64	60-64F	0.56.38	2	0
406	349	11965	LYNDA	PAUTZ	TEMP	F	45	45-49F	0.56.39	0	0
407	451	535	GERT	HARMSE	RUN4C	M	59	55-59M	0.56.42	1	0
408	790	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.56.45	1	0
409	189	11982	DEON	KAYSER	TEMP	M	55	55-59M	0.56.47	0	0
410	583	270	ABU	KHADROUI	GELVAN	M	24	SM	0.57.00	1	0
411	272	484	MARYKA	MEYER	RUN4C	F	30	SF	0.57.04	1	0
412	271	483	MARISA	MEYER	RUN4C	F	30	SF	0.57.04	1	0
413	968	1926	SIPHOKAZI	BACELA	BLUEBAY	F	33	SF	0.57.04	1	0
414	945	3160	WANDILE	TSHINGI	ASPEN	M	39	35-39M	0.57.05	1	0
415	591	700	KATHERINE	NEL	ASPEN	F	36	35-39F	0.57.05	1	0
416	985	637	MARK	GODDARD	ASPEN	M	29	SM	0.57.06	1	0
417	647	647	SVEN	MAHIEU	TEMP	M	52	50-54M	0.57.08	0	0
418	386	3099	MARCEL	ABRAHAMS	VITALITY	M	34	SM	0.57.11	1	0
419	67	40305	KEISHA	HARKER	Atlantic	F	14	JF	0.57.13	1	0
420	545	71	GEORGE	TRISTAN	SAPPE	M	23	SM	0.57.17	1	0
421	739	739	MAWETHU	MAZOMBA	TEMP	M	33	SM	0.57.20	0	0
422	45	1228	CLIVE	DE LANGE	ELITEAC	M	53	50-54M	0.57.20	1	0
423	483	170	NAKHANE	MALULEKA	ACT AC	F	35	35-39F	0.57.21	1	0
424	226	804	VALMAINE	DE KLERK	32GI	F	48	45-49F	0.57.23	1	0
425	412	1595	CLARISKA	DE BEER	DESPATCH	F	35	35-39F	0.57.29	1	0
426	492	840	BRONWIN	MEYER	32GI	F	53	50-54F	0.57.32	1	0
427	948	106	THEMBALETHU	MANA	VARSITY	M	49	45-49M	0.57.35	1	0
428	409	1557	CARIN	COETZEE	DESPATCH	F	49	45-49F	0.57.37	1	0
429	707		LOGAN	ROTHMAN	TEMP	F	29	SF	0.57.41	0	0
430	240	2782	SANDRIKA	FOURIE	INFINITY	F	28	SF	0.57.45	1	0
431	794	1403	BABALWA	NGCOKO	NEDBANK	F	38	35-39F	0.57.46	1	0
432	963	1868	TUMELO	LEHASA	HOLLYWOO	M	38	35-39M	0.57.47	1	0
433	611	611	TIAAN	BOUWER	TEMP	M	22	SM	0.57.47	0	0
434	665	665	DUMA	MZILENI	TEMP	M	47	45-49M	0.57.50	0	0
435	293	247	STEPHNO	PIETERSE	MUIRITE	M	37	35-39M	0.57.50	1	0
436	806	77	LOUIS	SWIEGELAAR	SAPPE	M	59	55-59M	0.57.51	1	0
437	860	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	0.57.54	1	0
438	502	1142	SAMANTHA	MUKHEIBIR	ACH	F	47	45-49F	0.57.55	1	0
439	709		LUVUYO	SIWUNDLA	TEMP	M	46	45-49M	0.57.57	0	0
440	715	715	SHARON	HERMAANS	TEMP	F	48	45-49F	0.57.58	0	0
441	440	851	THANDO	FRANS	IKHAMVA	M	47	45-49M	0.58.02	1	0
442	690	690	SOLOMON	TEMBE	TEMP	M	32	SM	0.58.05	0	0
443	807	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	0.58.06	1	0
444	921	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	0.58.07	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
445	693	693	MATTHEW	VAN JAARSVELDT	TEMP	M	40	40-44M	0.58.10	0	0
446	214	1246	TANIA	BELLEW	ELITEAC	F	40	40-44F	0.58.13	1	0
447	201	9797	ISHAAQ	PHILLIPS	TEMP	M	28	SM	0.58.14	0	0
448	510	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	0.58.15	1	0
449	629	629	MADELEIN	HAYWARD	TEMP	F	50	50-54F	0.58.16	0	0
450	633	633	CARLA	HUYSAMEN	TEMP	F	30	SF	0.58.16	0	0
451	870	1021	VUYOKAZI	HARRISON	CHARLO	F	36	35-39F	0.58.16	1	0
452	1386	1386	MICHELLE	REED	TEMP	F	40	40-44F	0.58.17	0	0
453	603	603	KIRSTY	BARNES	TEMP	F	37	35-39F	0.58.18	0	0
454	312	1162	VICTOR	TREU	MUIRITE	M	52	50-54M	0.58.24	1	0
455	215	512	ANSIE	BENADE	RUN4C	F	66	65-69F	0.58.24	2	0
456	1423	798	LAURE	PIETERSE	TEMP	M	54	50-54M	0.58.25	0	0
457	216	2201	SYLVAN	BLIGNAUT	MADIBAZ	M	66	65-69M	0.58.28	1	0
458	586	635	NATALIE	MARAIS	ASPEN	F	37	35-39F	0.58.29	1	0
459	972	1777	ROLAND	DACE	GELVAN	M	71	70+M	0.58.32	1	0
460	322	1534	FRANCOIS	WIUM	DESPATCH	M	43	40-44M	0.58.33	1	0
461	925	982	KIM	VENTER	CHARLO	F	41	40-44F	0.58.36	1	0
462	975	409	VERONICA	SMITH	IKHAMVA	F	59	55-59F	0.58.41	1	0
463	673	673	CASEY	PAUTZ	TEMP	F	17	JF	0.58.42	0	0
464	36	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	0.58.47	1	0
465	480	516	RUAN	LUNDT	RUN4C	M	38	35-39M	0.58.47	1	0
466	426	610	DELANO	BASSON	RUN4C	M	51	50-54M	0.58.52	1	0
467	402	221	JASON	BROWN	KOWIE	M	51	50-54M	0.58.54	1	0
468	316	40107	MINIQUE	VAN TONDER	DESPATCH	F	19	SF	0.58.54	1	0
469	127	2563	SINDISWA	NYAMANDA	SAPSTR	F	42	40-44F	0.58.56	0	0
470	108	16331	LIZEKA	MENZIWA	HOLLYWOO	F	38	35-39F	0.58.57	1	0
471	208	3669	ANDRE	VAN HUYSSTEEN	TEMP	M	25	SM	0.58.57	0	0
472	571	1568	TALANA	WYATT-LOMBARD	DESPATCH	F	34	SF	0.58.58	1	0
473	902	996	PAULA	PEARCE	CHARLO	F	57	55-59F	0.59.01	1	0
474	175	1453	HEINRICH	WENTZEL	NEDBANK	M	40	40-44M	0.59.04	1	0
475	137	88	MAHENDRA	PRAHALADH	INFINITY	M	58	55-59M	0.59.05	1	0
476	307	563	LINDA	SILLS	RUN4C	F	43	40-44F	0.59.05	1	0
477	471	530	BEYERS	LAMPRECHT	RUN4C	M	57	55-59M	0.59.05	1	0
478	950	322	ROGER	REDCLIFFE	MUIRITE	M	34	SM	0.59.06	1	0
479	613	613	DEWANDRE'	CASSELS	TEMP	M	43	40-44M	0.59.07	0	0
480	977	1264	LAVINIA	PIETERSE	VWAC	F	51	50-54F	0.59.07	1	0
481	893	934	JEAN	MEYER	CHARLO	M	46	45-49M	0.59.08	1	0
482	895	905	MICHELE	MOOLMAN	CHARLO	F	41	40-44F	0.59.09	1	0
483	489	2065	YENZKILE	MDODANA	NMBAC	F	33	SF	0.59.11	1	0
484	614	614	ZETHU	CITI	TEMP	F	28	SF	0.59.12	0	0
485	251	1695	CARLA	GILLWALD	MADIBA	F	37	35-39F	0.59.12	1	0
486	620	620	MICHAEL	DUDLEY	TEMP	M	31	SM	0.59.13	0	0
487	710		ZIYANDA	SKEYI	TEMP	F	42	40-44F	0.59.16	0	0
488	454	40440	MATTHEW	HECHTER	ELITEAC	M	15	JM	0.59.16	1	0
489	28	6529	RODNEY	BUTTERS	EASYEQ	M	63	60-64M	0.59.19	0	0
490	809	708	JOAN	MARLBOROUGH	CRUSADE	F	71	70+F	0.59.20	2	0
491	314	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	0.59.20	1	0
492	729	729	MAGSON	VAN DER MERWE	TEMP	M	28	SM	0.59.22	0	0
493	598	827	TAMMY	SOUTHBY	32GI	F	51	50-54F	0.59.25	1	0
494	955	1565	BONITA	WEITSZ	DESPATCH	F	53	50-54F	0.59.27	1	0
495	248	1635	DORIS	GERBER	MADIBA	F	55	55-59F	0.59.27	1	0
496	1424	2971	MCEBISI	MZINZI	DPWEC	M	45	45-49M	0.59.30	1	0
497	1374	2019	MVULELI	MALAHLA	HOLLYWOO	M	52	50-54M	0.59.33	1	0
498	129	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	0.59.33	1	0
499	162	1177	OMPHILE	TSOMOKO	ALIWAL	M	35	35-39M	0.59.35	0	0
500	984	2127	MECAYLA	KOCK	ATLANTIC	F	22	SF	0.59.36	1	0
501	587	859	KAYLEE	MARX	32GI	F	29	SF	0.59.36	1	0
502	904	994	TYRELL	POLGLASE	CHARLO	M	42	40-44M	0.59.37	1	0
503	206	7848	REMOFILWE	TSHITLHO	TEMP	M	28	SM	0.59.38	0	0
504	32	2345	NOMFUSI	CESHEMBA	VUKANI	F	43	40-44F	0.59.48	1	0
505	460	1603	RONNIE	JONKER	DESPATCH	M	56	55-59M	0.59.51	1	0
506	399	1284	DEAN	BOSMAN	VWAC	M	43	40-44M	0.59.51	1	0
507	628	628	GRACE-LYN	HAYWARD	TEMP	F	24	SF	0.59.54	0	0
508	48	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	0.59.55	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
509	37	285	VANESSA	COETZEE	MUIRITE	F	49	45-49F	0.59.56	1	0
510	285	2659	KHAKA	NJOZELA	VITALITY	M	39	35-39M	0.59.56	1	0
511	659	659	MOHAMMED	MOOSAGIE	TEMP	M	20	SM	1.00.03	0	0
512	680	680	KELLY	ROSE	TEMP	F	47	45-49F	1.00.03	0	0
513	528	286	LEE-ANN	RAGAVAL-PASQUALLIE	OXFORD	F	45	45-49F	1.00.05	0	0
514	181	3016	ROWAYNE	ADAMS	TEMP	M	45	45-49M	1.00.05	0	0
515	996	40143	NOMANDLA	TOLWANA	CHILLIEP	F	18	JF	1.00.06	1	0
516	80	513	ROZETTA	KEMP	RUN4C	F	72	70+F	1.00.08	2	0
517	50	82	LETA	DOS SANTOS	INFINITY	F	61	60-64F	1.00.10	1	0
518	54	529	ANDRE	FOURIE	RUN4C	M	78	70+M	1.00.14	1	0
519	863	959	JOHAN	GERBER	CHARLO	M	46	45-49M	1.00.15	1	0
520	876	1005	JOLENE	JANSEN	CHARLO	F	39	35-39F	1.00.15	1	0
521	15	128	DAWOOD	BABOO	MALABAR	M	38	35-39M	1.00.26	1	0
522	187	3021	LEONE	JACKSON	TEMP	F	65	65-69F	1.00.28	0	0
523	1415	799	CARYNNE	DRYDEN	TEMP	F	51	50-54F	1.00.29	0	0
524	350	10196	ROWAN	PHURAVHATHU	TEMP	M	26	SM	1.00.31	0	0
525	33	783	JARED	CHARLTON	32GI	M	35	35-39M	1.00.31	1	0
526	347	11968	RIAAAN	NEL	TEMP	M	44	40-44M	1.00.37	0	0
527	1417	2324	MKONYISELA	MCUBASE	VUKANI	M	39	35-39M	1.00.49	1	0
528	1441	1441	ELISE	ADAMS	TEMP	F	50	50-54F	1.00.58	0	0
529	313	1629	ARINDA	VAN DER LINDE	MADIBA	F	36	35-39F	1.00.59	1	0
530	578	2593	MLULEKI	GQOBOSE	MADIBAZ	M	56	55-59M	1.01.00	1	0
531	691	691	PHINDIWE	TIKWAYO	TEMP	F	42	40-44F	1.01.04	0	0
532	317	726	KEITH	VOSLOO	CRUSADE	M	62	60-64M	1.01.08	1	0
533	745	745	MITIYO	SANDILE	TEMP	M	50	50-54M	1.01.09	0	0
534	264	1776	SHAHIED	MAMOOJEE	GELVAN	M	60	60-64M	1.01.09	1	0
535	247	2805	CHARL	GERBER	RUN4C	M	0	JM	1.01.09	1	0
536	101	3044	SIYAVUYA	MARWANQA	VITALITY	M	27	SM	1.01.13	1	0
537	444	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	1.01.14	1	0
538	584	274	ELVIDA	KLUE	MUIRITE	F	57	55-59F	1.01.15	1	0
539	595	2121	ABRAHAM	PATRICK	ATLANTIC	M	62	60-64M	1.01.17	1	0
540	283	340	ELIZE	NEL	MUIRITE	F	50	50-54F	1.01.18	1	0
541	39	2907	MOMELEZI	CONJWA	ASPEN	M	30	SM	1.01.20	1	0
542	681	681	ASTRID	ROSSOUW	TEMP	F	47	45-49F	1.01.21	0	0
543	194	11456	LIKHONA	MASIKA	TEMP	M	43	40-44M	1.01.22	0	0
544	147	1782	THEODORE	SCHMIDT	GELVAN	M	47	45-49M	1.01.23	1	0
545	26	725	WENDY	BULULU	CRUSADE	F	42	40-44F	1.01.33	1	0
546	495	3211	GREGORY	MITCHELL	VITALITY	M	45	45-49M	1.01.33	1	0
547	420	606	DAVID	DE TARNOWSKY	RUN4C	M	51	50-54M	1.01.36	1	0
548	534	2751	JEREMY	SCOTT	VWAC	M	54	50-54M	1.01.40	1	0
549	711		ZINHLE	THWALA-ZULU	TEMP	F	43	40-44F	1.01.48	0	0
550	331	10520	JOHAN	JOUBERT	TEMP	M	38	35-39M	1.01.50	0	0
551	262	2504	WAYNE	MAC GEAR	MADIBAZ	M	62	60-64M	1.01.51	1	0
552	929	1011	CORNE	VOSLOO	CHARLO	M	46	45-49M	1.01.53	1	0
553	654	654	CLAIRE	MITCHELL	TEMP	F	17	JF	1.01.58	0	0
554	624	624	LOUISE	FERGUSON	TEMP	F	46	45-49F	1.02.01	0	0
555	24	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.02.02	1	0
556	978	1271	LEZELL	HARRIS	VWAC	F	52	50-54F	1.02.06	1	0
557	713		SONETTE	WAGENAAR	TEMP	F	55	55-59F	1.02.07	0	0
558	917	913	SHARON	SMUTS	CHARLO	F	59	55-59F	1.02.09	1	0
559	871	973	LISA	HEN-BOISEN	CHARLO	F	52	50-54F	1.02.13	1	0
560	22	298	SANET	BOUCHER	MUIRITE	F	46	45-49F	1.02.16	1	0
561	662	662	NOMBULELO	MTYUPU	TEMP	F	51	50-54F	1.02.17	0	0
562	205	7825	SINOTHANDO	TISO	TEMP	F	31	SF	1.02.18	0	0
563	390	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	1.02.19	1	0
564	674	674	MATTHEW	PEARCE	TEMP	M	26	SM	1.02.21	0	0
565	1420	3031	FAIQ	JAPPIE	MALABAR	M	53	50-54M	1.02.25	1	0
566	398	705	OCTAVIA	BOSHOFF	CRUSADE	F	56	55-59F	1.02.27	1	0
567	179	2183	ANAM	WITBOOI	ASPEN	F	30	SF	1.02.30	1	0
568	291	12488	PATRICIA	PHAKA	VITALITY	F	42	40-44F	1.02.31	1	0
569	9674	166	PHUMELELE	MTSHALI	ACT AC	F	38	35-39F	1.02.35	1	0
570	657	657	MOLOKO	MONYEMANGENE	TEMP	M	33	SM	1.02.35	0	0
571	852	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.02.38	1	0
572	723	723	CRAIG	POTE	TEMP	M	32	SM	1.02.39	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
573	567	328	MADRE	WELMANS	MUIRITE	F	57	55-59F	1.02.42	1	0
574	708		KHULILE	SIQITI	TEMP	M	39	35-39M	1.02.43	0	0
575	553	1063	CRYSTAL	VAN HEERDEN	ACH	F	31	SF	1.02.44	1	0
576	1390	1928	THABO	HEADBUSH	BLUEBAY	M	55	55-59M	1.02.46	1	0
577	789	1542	CELESTE	OOSTHUIZEN	RUN4C	F	34	SF	1.02.50	1	0
578	504	853	NANDIPHA	MYELEYELE	VITALITY	F	38	35-39F	1.02.56	1	0
579	617	617	JUNAID	DE VILLIERS	TEMP	M	27	SM	1.02.59	0	0
580	475	850	PAIGE	LEE	32GI	F	59	55-59F	1.03.06	1	0
581	995	811	TREVLYN	HOYLE	32GI	F	50	50-54F	1.03.06	1	0
582	700		SIYAMTEMBA	BOMVU	TEMP	M	33	SM	1.03.10	0	0
583	875	892	CHANTEL	HUYGEN	CHARLO	F	40	40-44F	1.03.11	1	0
584	844	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	63	60-64M	1.03.12	1	0
585	166	2036	ANDRE	VAN DER BANK	MUIRITE	M	54	50-54M	1.03.14	1	0
586	284	492	NTOKOZO	NGUBANE	RUN4C	F	31	SF	1.03.20	1	0
587	1496	1269	ZAKHELE	LELAKA	VWAC	M	52	50-54M	1.03.26	1	0
588	539	1627	NATASHA	SMITH	MADIBA	F	39	35-39F	1.03.27	1	0
589	524	1094	MARIETJIE	PIETERSEN	ACH	F	69	65-69F	1.03.29	1	0
590	538	1074	FRANCOIS	SMIT	ACH	M	66	65-69M	1.03.29	1	0
591	229	1610	BRENDON	DONOGHUE	DESPATCH	M	37	35-39M	1.03.35	1	0
592	704		SISANDA	MANXOYI	TEMP	M	14	JM	1.03.37	0	0
593	585	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	39	35-39M	1.03.37	1	0
594	421	565	RONEL	DE TARNOWSKY	RUN4C	F	45	45-49F	1.03.55	1	0
595	988	2647	SIMTHANDILE	MABHULA	MADIBAZ	F	38	35-39F	1.03.58	1	0
596	520	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	44	40-44F	1.03.59	1	0
597	880	2168	BUYELWA	KOBOKANA	CHARLO	F	60	60-64F	1.04.00	1	0
598	311	2709	ANNALIE	STRYDOM	MUIRITE	F	62	60-64F	1.04.03	1	0
599	663	663	MARLENE	MULVEY	TEMP	F	47	45-49F	1.04.04	0	0
600	826	47	ANDREW	MOSES	SAPPE	M	52	50-54M	1.04.08	1	0
601	623	623	GERARD	EMMANUEL	TEMP	M	48	45-49M	1.04.10	0	0
602	290	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.04.10	1	0
603	453	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.04.12	1	0
604	230	268	ZANDER	DU PLESSIS	MUIRITE	M	20	SM	1.04.13	1	0
605	348	11967	XOLISILE	NOMDATYA	TEMP	M	44	40-44M	1.04.18	0	0
606	653	653	PHUMLANI	MDITSHWA	TEMP	M	35	35-39M	1.04.20	0	0
607	668	1773	ROBIN	NOMDOE	VITAL	M	38	35-39M	1.04.21	0	0
608	667	667	MBULELO	NOFEMELA	TEMP	M	37	35-39M	1.04.22	0	0
609	282	1286	SHANDRY	NAZER	VWAC	F	37	35-39F	1.04.25	1	0
610	236	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	1.04.25	1	0
611	157	5413	ALTHEA	SWARTZ	SANLAMC	F	41	40-44F	1.04.27	0	0
612	581	864	KAYLEIGH	HILL	32GI	F	24	SF	1.04.27	1	0
613	461	1545	RUAN	JONKER	DESPATCH	M	26	SM	1.04.32	1	0
614	517	1551	WERNER	OLIVIER	DESPATCH	M	41	40-44M	1.04.32	1	0
615	1409	795	NOBUNTU	MCUNUKELWA	TEMP	F	36	35-39F	1.04.35	0	0
616	1393	24348	MARK	HEADBUSH	CCJHB	M	81	70+M	1.04.43	0	0
617	1392	25925	PALESA	HEADBUSH	CCJHB	F	47	45-49F	1.04.44	0	0
618	867	1007	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.04.49	1	0
619	866	1006	DION	GRIESEL	CHARLO	M	58	55-59M	1.04.50	1	0
620	828	1407	BUKEKA	HELA	NEDBANK	F	53	50-54F	1.04.51	1	0
621	213	187	DENVER	BARENDSE	CSEP	M	38	35-39M	1.04.52	1	0
622	630	630	SUZETTE	HAYWARD	TEMP	F	22	SF	1.04.53	0	0
623	257	145	FADIELA	JOHNSON	MALABAR	F	61	60-64F	1.04.57	1	0
624	503	636	SIMTANDILE	MVELO	ASPEN	F	28	SF	1.04.57	1	0
625	119	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	1.05.01	1	0
626	472	655	BEATA	LANGSON	ASPEN	F	25	SF	1.05.02	1	0
627	505	1267	ANAND	NAIDOO	VWAC	M	56	55-59M	1.05.04	1	0
628	9682	2662	ADELE	LE ROUX	VITALITY	F	49	45-49F	1.05.05	1	0
629	923	927	ANTON	VAN WYK	CHARLO	M	58	55-59M	1.05.05	1	0
630	849	893	MAGDA	BECKER	CHARLO	F	38	35-39F	1.05.07	1	0
631	853	924	GRAHAM	BROOM	CHARLO	M	55	55-59M	1.05.08	1	0
632	741	2239	TEMLAKAZI	SALAYI	SIBALEKA	F	28	SF	1.05.10	1	0
633	746	746	THEMBINKOSI	NTLABATI	TEMP	M	39	35-39M	1.05.15	0	0
634	161	1742	DES	TITUS	GELVAN	F	60	60-64F	1.05.25	1	0
635	321	1119	TREMAINE	WESSON	ACH	M	65	65-69M	1.05.27	1	0
636	427	41	CHRISTIAAN	LEMLEY	TEMP	M	71	70+M	1.05.27	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
637	353	10166	SITHANDILE	SIPILI	TEMP	M	43	40-44M	1.05.34	0	0
638	808	759	MIKE	BURGER	CRUSADE	M	72	70+M	1.05.36	1	0
639	541	1701	ADRI	SONNEKUS	MADIBA	F	39	35-39F	1.05.37	1	0
640	822	748	MELINDA	ROIG	CRUSADE	F	56	55-59F	1.05.39	1	0
641	51	507	JOHAN	FERREIRA	RUN4C	M	64	60-64M	1.05.57	1	0
642	957	2465	OZELLE	WIEHAHN	RUN4C	F	52	50-54F	1.05.58	1	0
643	148	935	BRENTON	SCHNETLER	CHARLO	M	51	50-54M	1.06.00	1	0
644	234	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	1.06.11	1	0
645	557	85	CHRIS	VAN RENSBURG	SAPPE	M	52	50-54M	1.06.12	1	0
646	252	2252	TEMLAKAZI	GOQWANA	VUKANI	F	37	35-39F	1.06.14	1	0
647	619	619	JOSHUA	DU RANDT	TEMP	M	16	JM	1.06.14	0	0
648	900	1002	LEE	PAGE	CHARLO	F	42	40-44F	1.06.16	1	0
649	878	886	CELEST	JOYCE	CHARLO	F	57	55-59F	1.06.19	1	0
650	436	289	RENAY	DU PLESSIS	MUIRITE	F	57	55-59F	1.06.19	1	0
651	144	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	1.06.25	1	0
652	151	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	1.06.25	1	0
653	1443	2111	GEROME	MINTOOR	ATLANTIC	M	58	55-59M	1.06.31	1	0
654	773	4005	ANTOINETTE	GREEFF	CRUSADE	F	41	40-44F	1.06.32	1	0
655	1416	1725	PEARL	DAMONS	GELVAN	F	62	60-64F	1.06.34	1	0
656	195	11457	ROSE	LOLO	TEMP	F	31	SF	1.06.35	0	0
657	938	452	VUYOKAZI	NONCEMBU	CHILLIEP	F	53	50-54F	1.06.39	1	0
658	1430	2636	PATRICK	SEKHABI	MADIBAZ	M	47	45-49M	1.06.48	1	0
659	106	2535	SAMSU	MAYONDE	MADIBAZ	M	41	40-44M	1.06.55	1	0
660	879	969	GARY	KELLEHER	CHARLO	M	68	65-69M	1.06.55	1	0
661	431	247	LANA	DICKASON	KOWIE	F	49	45-49F	1.06.58	1	0
662	286	503	FAKAZILE	NKOMIYAHLABA	RUN4C	F	38	35-39F	1.07.04	1	0
663	93	40285	NATHAN	LOTTERING	ATLANTIC	M	20	SM	1.07.06	1	0
664	19	286	SANET	BLOM	MUIRITE	F	58	55-59F	1.07.08	1	0
665	678	678	SIHLE	QWEMESHA	TEMP	F	31	SF	1.07.13	0	0
666	918	917	VICKY	TSOUKNIDAS	CHARLO	F	48	45-49F	1.07.14	1	0
667	803	2468	SIYABULELA	ZWENI	ABSAEP	M	38	35-39M	1.07.16	1	0
668	605	605	NOLWAZI	BILA	TEMP	F	26	SF	1.07.23	0	0
669	449	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	40	40-44F	1.07.27	1	0
670	149	1608	LUZANNE	SCHOEMAN	DESPATCH	F	36	35-39F	1.07.29	1	0
671	815	1103	LIZ	AUSTIN	ACH	F	67	65-69F	1.07.31	1	0
672	62	14493	VICTORIA	GOODALL	CCJHB	F	44	40-44F	1.07.34	0	0
673	477	588	RENIER	LIEBENBERG	RUN4C	M	43	40-44M	1.07.40	1	0
674	500	1092	NIKKI	MOSS	ACH	F	45	45-49F	1.07.44	1	0
675	327	9397	JENNIFER	BUCHLER	TEMP	F	64	60-64F	1.07.45	0	0
676	450	536	ELIZMA	HARMSE	RUN4C	F	65	65-69F	1.07.48	1	0
677	1433	4921	MPUMELELO	SEBANYONI	TEMP	M	36	35-39M	1.07.53	0	0
678	804	48	COLLEEN	MOSES	SAPPE	F	50	50-54F	1.08.02	1	0
679	190	11221	INECE	KAYSER	TEMP	F	57	55-59F	1.08.04	0	0
680	196	9658	BONITA	MOORE	TEMP	F	56	55-59F	1.08.08	0	0
681	936	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.08.12	1	0
682	13	491	YOLANDE	ARCHER	RUN4C	F	47	45-49F	1.08.19	1	0
683	85	980	PETRUS	KOOPMAN	CHARLO	M	65	65-69M	1.08.29	1	0
684	425	40001	ZANTE	DEKKER	SAPPE	F	18	JF	1.08.33	1	0
685	227	2186	ADRIAN	DE WAAL	32GI	M	61	60-64M	1.08.35	1	0
686	413	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.08.37	1	0
687	394	1631	AMANDA	BLIGNAULT	MADIBA	F	66	65-69F	1.08.38	1	0
688	40	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.08.38	1	0
689	255	1641	DEBBIE	HILTON	MADIBA	F	53	50-54F	1.08.40	1	0
690	182	10631	TRACY	ADAMS	TEMP	F	42	40-44F	1.08.47	0	0
691	962	573	BRITTANY	CILLIERS	RUN4C	F	32	SF	1.08.55	1	0
692	275	2489	NOLUBABALO	MTSHAKAZI	KOMANI	F	46	45-49F	1.09.02	0	0
693	310	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	1.09.03	1	0
694	359	10694	DANZEL	VAN DER MERWE	TEMP	M	29	SM	1.09.04	0	0
695	1387	3122	DAVID	CHENGWE	VWAC	M	48	45-49M	1.09.06	1	0
696	702		LUKE	CAMERON	TEMP	M	30	SM	1.09.08	0	0
697	701		CHELSEA	CAMERON	TEMP	F	28	SF	1.09.08	0	0
698	580	2508	DANEILLE	HARRY	MADIBAZ	F	40	40-44F	1.09.15	1	0
699	1449	735	ANASTACIA	ROSSOUW	TEMP	F	45	45-49F	1.09.16	0	0
700	123	562	JUDITH	NIENABER	RUN4C	F	66	65-69F	1.09.21	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
701	233	544	JACQUELENE	DU TOIT	RUN4C	F	53	50-54F	1.09.26	1	0
702	209	9570	CHRISTINE	VREY	TEMP	F	53	50-54F	1.09.30	0	0
703	990	40444	CALEB	WINTERMEYER	32GI	M	15	JM	1.09.38	1	0
704	987	2187	DEBBIE	WINTERMEYER	32GI	F	47	45-49F	1.09.38	1	0
705	812	1104	CATHY	IVES	ACH	F	72	70+F	1.09.39	1	0
706	1382	2202	VUYISEKA	MHLAHO	SIBALEKA	F	44	40-44F	1.09.40	1	0
707	1431	2208	GARFIELD	TSATSANE	SIBALEKA	M	60	60-64M	1.09.42	1	0
708	9679	2217	ASANDA	MSARO	SIBALEKA	F	39	35-39F	1.09.43	1	0
709	470	40106	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.09.48	1	0
710	64	2676	BANDILE	GWAMANDA	VITALITY	M	55	55-59M	1.09.49	1	0
711	118	1737	LYNDLE	NAIDOO	GELVAN	F	34	SF	1.09.50	1	0
712	98	2270	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	1.09.53	1	0
713	476	1670	BUSISIWE	LESORO	MADIBA	F	54	50-54F	1.09.54	1	0
714	276	751	NICHOLAS	MULLINS	CRUSADE	M	69	65-69M	1.09.55	1	0
715	92	1761	JASON	LE ROUX	GELVAN	M	30	SM	1.10.01	1	0
716	256	3038	CAMILA	ISMAIL	MALABAR	F	59	55-59F	1.10.06	1	0
717	554	303	SANET>	VAN NIEKERK	MUIRITE	F	56	55-59F	1.10.10	1	0
718	967	547	MATSEPO	VIWE KOYI	RUN4C	F	32	SF	1.10.12	1	0
719	556	253	MICHAL	VAN RAYNER	MUIRITE	F	22	SF	1.10.14	1	0
720	932	67	THANDISWA	COSA	SAPPE	F	49	45-49F	1.10.17	1	0
721	328	11980	SUSAN	CHAMBERLAIN	TEMP	F	30	SF	1.10.18	0	0
722	526	557	CHARLENE	RADEMEYER	RUN4C	F	44	40-44F	1.10.34	1	0
723	281	143	ZAHEERA	NANABHAY	MALABAR	F	44	40-44F	1.10.45	1	0
724	1427	40074	LAUREN	GERBER	ELITEAC	F	18	JF	1.10.46	1	0
725	618	618	JORDAN	DU RANDT	TEMP	M	16	JM	1.10.47	0	0
726	31	2746	NOSIZWE	CEKISO	NMBAC	F	38	35-39F	1.10.50	1	0
727	726	726	NOMFUNKEO	MLUMISO	TEMP	F	31	SF	1.10.50	0	0
728	518	1464	DAVID	OREILLY	NEDBANK	M	78	70+M	1.10.56	1	0
729	982	2018	LINDA	HEWANA	VITALITY	M	35	35-39M	1.11.01	1	0
730	551	720	PIA	VAN DER HOEK	CRUSADE	F	41	40-44F	1.11.01	1	0
731	652	652	MIHLALI	MCETYWA	TEMP	M	28	SM	1.11.02	0	0
732	689	689	HELEN	STOCK	TEMP	F	48	45-49F	1.11.05	0	0
733	523	616	PETRA	PIENAAR	RUN4C	F	61	60-64F	1.11.06	1	0
734	865	971	DEIDRE	GERBER	CHARLO	F	54	50-54F	1.11.08	1	0
735	269	2201	NOCWE	MDAZUKA	SIBALEKA	F	42	40-44F	1.11.11	1	0
736	184	3018	MELANIE	DEYSEL	TEMP	F	42	40-44F	1.11.16	0	0
737	516	1587	MARISKA	OLIVIER	DESPATCH	F	38	35-39F	1.11.16	1	0
738	360	10705	LUCINDA	VAN DER MERWE	TEMP	F	32	SF	1.11.20	0	0
739	455	1604	HENRY	HULME	DESPATCH	M	60	60-64M	1.11.22	1	0
740	993	583	CHRISTELLE	SLABBERT	RUN4C	F	54	50-54F	1.11.27	1	0
741	128	590	LIANI	SLABBERT	RUN4C	F	26	SF	1.11.27	1	0
742	560	626	VICKI	VAN SCHALKWYK	ASPEN	F	44	40-44F	1.11.28	1	0
743	686	686	SINENCEBA	SOGEXE	TEMP	F	21	SF	1.11.39	0	0
744	203	7817	ANE	STRAUSS	TEMP	F	33	SF	1.11.40	0	0
745	120	1307	FIKISWA	NGONYAMA	VWAC	F	42	40-44F	1.11.46	1	0
746	824	566	JANINE	VILJOEN	RUN4C	F	55	55-59F	1.11.47	1	0
747	664	664	WILLY-DEAN	MYBURGH	TEMP	M	30	SM	1.11.49	0	0
748	339	9805	CHRISTINE	LEE	TEMP	F	32	SF	1.11.49	0	0
749	336	8760	ZAKIYYA	LAHER	TEMP	F	41	40-44F	1.11.53	0	0
750	338	8148	WILFREF	LAWSON	TEMP	M	73	70+M	1.11.56	0	0
751	981	2287	MSUTUKAZI	NDIMBA	VUKANI	F	46	45-49F	1.12.09	1	0
752	167	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.12.13	1	0
753	671	671	LIZELLE	OOSTHUIZEN	TEMP	F	48	45-49F	1.12.20	0	0
754	34	1606	FANIE	CLAASSEN	DESPATCH	M	68	65-69M	1.12.20	1	0
755	292	263	SHERILEE	PIETERSE	MUIRITE	F	36	35-39F	1.12.33	1	0
756	679	679	LISA	RANDALL	TEMP	F	45	45-49F	1.12.34	0	0
757	606	606	MICHELLE	BLOM	TEMP	F	48	45-49F	1.12.34	0	0
758	416	1927	ANIRLE	DE MEYER	BLUEBAY	F	28	SF	1.12.36	1	0
759	235	2844	AYABULELA	DUBE	VITALITY	M	33	SM	1.12.41	1	0
760	730	730	ZIPHOZIHLE	CEZA	TEMP	M	34	SM	1.12.41	0	0
761	356	10149	YOLANDE	STANDER	TEMP	F	37	35-39F	1.12.46	0	0
762	332	8772	LEEANN	JOUBERT	TEMP	F	35	35-39F	1.12.47	0	0
763	176	129	MUHAMMAD	WHITE	MALABAR	M	39	35-39M	1.13.02	1	0
764	858	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.13.05	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
765	102	2556	SANDISWA	MASWANA	MADIBAZ	F	45	45-49F	1.13.07	1	0
766	547	2600	ROCHELLE	THORNE	MADIBAZ	F	55	55-59F	1.13.08	1	0
767	9668	1305	CASEY	ISAACS	VWAC	F	47	45-49F	1.13.13	1	0
768	202	7811	INEZ	SLATER	TEMP	F	41	40-44F	1.13.13	0	0
769	683	683	SIPHOKAZI	SEYISI	TEMP	F	31	SF	1.13.16	0	0
770	636	636	HANLIE-ANN	JUNIUS	TEMP	F	54	50-54F	1.13.18	0	0
771	388	1924	SHELAINE	BARENDSE-SCHOLTZ	BLUEBAY	F	40	40-44F	1.13.19	1	0
772	672	672	JODY	PASQUALLIE	TEMP	M	42	40-44M	1.13.22	0	0
773	53	64	DAVID	FORTEIN	SAPPE	M	60	60-64M	1.13.27	1	0
774	716	716	VUSI	XAYIMPI	TEMP	M	59	55-59M	1.13.28	0	0
775	949	1207	CHARL	GRIESSEL	ELITEAC	M	62	60-64M	1.13.32	1	0
776	947	2136	NOMATHAMSANGA	SOPHAZI	TRANSNET	F	50	50-54F	1.13.37	1	0
777	648	648	BUSISIWE	MAPASA-DUBE	TEMP	F	43	40-44F	1.13.39	0	0
778	63	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	51	50-54F	1.13.44	1	0
779	830	1634	TANIA	TRUTER	MADIBA	F	53	50-54F	1.13.44	1	0
780	857	968	DENISE	DARLOW	CHARLO	F	57	55-59F	1.13.54	1	0
781	903	889	PETER	POHLMANN	CHARLO	M	62	60-64M	1.13.55	1	0
782	308	3232	CHRISTO	STEYN	CITYC	M	57	55-59M	1.14.07	0	0
783	1429	1143	THERESA	LILLIS	ACH	F	69	65-69F	1.14.07	1	0
784	219	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.14.13	1	0
785	462	264	SIMONÉ	JORDAAN	MUIRITE	F	45	45-49F	1.14.17	1	0
786	459	232	ROB	JOINER	KOWIE	M	78	70+M	1.15.12	1	0
787	1422	458	THOKOZANI	MTIMKULU	CHILLIEP	F	29	SF	1.15.14	1	0
788	357	10140	MOSALE	TLAKA	TEMP	F	28	SF	1.15.22	0	0
789	239	591	ERICA	ERASMUS	RUN4C	F	56	55-59F	1.15.24	1	0
790	609	609	SHASMEEN	BOTHA	TEMP	F	16	JF	1.15.26	0	0
791	183	3017	MIRANDA	COGGER	TEMP	F	48	45-49F	1.15.28	0	0
792	558	469	DANIE	VAN RENSBURG	WALMER	M	63	60-64M	1.15.28	1	0
793	971	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	31	SF	1.15.39	1	0
962	5004		MEGAN	BLOM	MUIRITE	F	32	SF	1.15.39	1	0
794	60	1953	DAVID	GOLIATH	TRANSNET	M	56	55-59M	1.15.42	1	0
795	1394	792	LESELI	HEADBUSH	TEMP	F	20	SF	1.15.42	0	0
796	521	600	ANDRE	PIENAAR	RUN4C	M	63	60-64M	1.15.45	1	0
797	9680	2218	BABALWA	HENA	SIBALEKA	F	49	45-49F	1.15.49	1	0
798	442	1601	ANIZE	GERBER	DESPATCH	F	52	50-54F	1.15.57	1	0
799	706		THERESA	NCUBE	TEMP	F	35	35-39F	1.15.58	0	0
800	250	1548	TYLO	GERBER	DESPATCH	F	20	SF	1.15.58	1	0
801	172	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	1.15.58	1	0
802	443	276	CHRISTIAAN	GERBER	MUIRITE	M	50	50-54M	1.16.00	1	0
803	17	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	1.16.01	1	0
804	146	1257	STEPHANIE	SCHEEPERS	VWAC	F	29	SF	1.16.01	1	0
805	337	9844	MICHELLE	LAWSON	TEMP	F	67	65-69F	1.16.09	0	0
806	1421	2948	OKUHLE	BANA	VWAC	F	38	35-39F	1.16.25	1	0
807	748	748	BABALO	BALENI	TEMP	M	29	SM	1.16.26	0	0
808	309	300	ANDRE	STRUMPHER	MUIRITE	M	43	40-44M	1.16.36	1	0
809	964	311	NICKI	VAN NIEKERK	MUIRITE	F	71	70+F	1.16.38	1	0
810	602	602	ROLANDAWPO	BAREIRA	TEMP	F	53	50-54F	1.16.39	0	0
811	800	1743	THOMAS	PLAATJIES	GELVAN	M	48	45-49M	1.16.49	1	0
812	354	10160	THEMBEKILE	SITHEBE	TEMP	F	38	35-39F	1.16.57	0	0
813	537	2035	DARREL	SLAMBEE	MUIRITE	M	40	40-44M	1.17.05	1	0
814	712		MIKAIL	VAN HUYSSTEEN	TEMP	M	23	SM	1.17.05	0	0
815	666	666	NATALIE	NELL	TEMP	F	37	35-39F	1.17.07	0	0
816	133	2779	CHARNE	PIETERSEN	MUIRITE	F	33	SF	1.17.13	1	0
817	1406	1306	GAVIN	KLINK	VWAC	M	53	50-54M	1.17.30	1	0
818	651	651	NQOBILE	MAYEZA	TEMP	F	26	SF	1.17.32	0	0
819	604	604	NOMHLE	BHALA	TEMP	F	27	SF	1.17.32	0	0
820	610	610	AYANDA	BOTILE	TEMP	M	39	35-39M	1.17.36	0	0
821	660	660	THEMBELA	MPUSHE	TEMP	F	42	40-44F	1.17.37	0	0
822	705		MACDUFF	MASHALA	TEMP	M	42	40-44M	1.17.48	0	0
823	1442	10015	NADEERA	PIETERSEN	TV	F	34	SF	1.17.51	0	0
824	433	1791	NOZUKO	DLAMBA	VUKANI	F	48	45-49F	1.17.53	1	0
825	333	2023	AMANDA	KEARNEY	TEMP	F	49	45-49F	1.18.05	0	0
826	507	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	1.18.11	1	0
827	859	871	RICARDO	DE ANDRADE	CHARLO	M	65	65-69M	1.18.14	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
828	744	744	ZIMASA	DLULA	TEMP	F	48	45-49F	1.18.16	0	0
829	9671	2652	MIHLALI	MBANGENI	MADIBAZ	F	26	SF	1.18.37	1	0
830	639	639	KATLEGO	KGAJE	TEMP	F	31	SF	1.18.37	0	0
831	301	233	MARIETJIE	ROBB	KOWIE	F	69	65-69F	1.18.38	1	0
832	439	776	GESINA	ERASMUS	32GI	F	44	40-44F	1.18.40	1	0
833	682	682	JENN	SEADY	TEMP	F	53	50-54F	1.18.40	0	0
834	474	489	PRISCILLA	LAZARO	RUN4C	F	61	60-64F	1.18.44	1	0
835	411	488	CHERYL	CUPIDO	RUN4C	F	56	55-59F	1.18.44	1	0
836	1391	791	LESIELO	HEADBUSH	TEMP	F	19	SF	1.18.48	0	0
837	816	474	HELMUT	TERBLANS	WALMER	M	60	60-64M	1.18.50	1	0
838	650	650	REMOABETSWE	MATHOBELA	TEMP	F	31	SF	1.18.57	0	0
839	802	1740	JANICE	JONES	GELVAN	F	49	45-49F	1.19.06	1	0
840	676	676	MEKAYLA	POTGIETER	TEMP	F	26	SF	1.19.10	0	0
841	155	3165	NOMAZIBUKO	STOUT	RUN4C	F	42	40-44F	1.19.13	1	0
842	465	669	MOHAMED	KHADRAOUI	GELVAN	M	28	SM	1.19.19	1	0
843	70	70	ABONGILE	HINTSA	ASPEN	F	28	SF	1.19.36	1	0
844	627	627	LIFA	HATTO	TEMP	M	33	SM	1.19.43	0	0
845	854	967	MIKE	BURGER	CHARLO	M	66	65-69M	1.19.57	1	0
846	297	2181	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.20.07	1	0
847	415	2335	TASNEEM	DE MAINE	GELVAN	F	36	35-39F	1.20.10	1	0
848	73	3000	FERDY	JACOBS	RUN4C	M	51	50-54M	1.20.18	1	0
849	882	1013	ANTIONETTE	LEVER	CHARLO	F	31	SF	1.20.30	1	0
850	199	9739	NOXOLO	NKONE	TEMP	F	32	SF	1.20.31	0	0
851	200	9763	SIYAHLUMA	NKONE	TEMP	F	16	JF	1.20.39	0	0
852	330	11451	GERHARD	GROENEWALD	TEMP	M	60	60-64M	1.20.39	0	0
853	642	642	THANDO	KULA	TEMP	F	33	SF	1.20.41	0	0
854	323	2969	LEANNE	WIUM	DESPATCH	F	41	40-44F	1.20.41	1	0
855	55	528	HELEN	FOURIE	RUN4C	F	56	55-59F	1.20.49	1	0
856	733	733	SISA	ZAZA	TEMP	M	32	SM	1.21.05	0	0
857	152	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	1.21.13	1	0
858	734	734	LIBAZISO	NTSOAKI	TEMP	F	42	40-44F	1.21.17	0	0
859	1400	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.21.18	1	0
860	156	2927	SIMON	STRIMLING	ATLANTIC	M	64	60-64M	1.21.30	1	0
861	467	2518	ALGENE	KOEBERG	MADIBAZ	F	43	40-44F	1.21.45	1	0
862	61	2635	VEONNA	GOLIATH	MADIBAZ	F	53	50-54F	1.21.58	1	0
863	452	1434	DIANNE	HARTZENBERG	MUIRITE	F	67	65-69F	1.21.59	1	0
864	103	598	PHAKAMA	MATATA	RUN4C	F	34	SF	1.22.00	1	0
865	482	1100	JODI	MALAN	ACH	F	40	40-44F	1.22.02	1	0
866	573	1655	ANITA	COETZER	MADIBA	F	52	50-54F	1.22.35	1	0
867	588	2531	ZIMASA	MNCANCA	MADIBAZ	F	30	SF	1.23.10	1	0
868	478	747	GLYNNE	LLOYD	CRUSADE	M	67	65-69M	1.23.21	1	0
869	784	1117	GRAHAM	NELL	ACH	M	74	70+M	1.23.41	1	0
870	1367	793	ZIMASA	MALETSHEZA	TEMP	F	32	SF	1.23.53	0	0
871	41	761	NTOKOZO	DAMBUZA	CRUSADE	F	47	45-49F	1.24.10	1	0
872	116	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.24.16	1	0
873	136	464	SHARON	POTGIETER	WALMER	F	61	60-64F	1.24.22	1	0
874	658	658	KAYCE	MOORE	TEMP	F	29	SF	1.24.27	0	0
875	326	7034	MONYA	ACKERMAN	TEMP	F	26	SF	1.24.33	0	0
876	422	72	HERMAN	DEKKER	SAPPE	M	81	70+M	1.25.00	1	0
877	928	1012	CINDY	VOSLOO	CHARLO	F	43	40-44F	1.25.12	1	0
878	749	749	MICHELLE	BEUKES	TEMP	F	52	50-54F	1.25.22	0	0
879	1413	1413	SIYAMTANDA	MBAYEKA	TEMP	F	27	SF	1.25.47	0	0
880	525	2852	NQOBILE-NOBS	QUPE	HOLLYWOO	F	55	55-59F	1.25.55	1	0
881	855	904	MARI	CALITZ	CHARLO	F	65	65-69F	1.25.56	1	0
882	862	998	ROBERT	GALLOWAY	CHARLO	M	74	70+M	1.26.16	1	0
883	887	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	1.26.19	1	0
884	931	987	SHANTE	WRIGHT	CHARLO	F	26	SF	1.26.19	1	0
885	991	2196	SELBY	THABETHE	SIBALEKA	M	52	50-54M	1.26.40	1	0
886	625	625	NOMAWONGA	FOSTER	TEMP	F	54	50-54F	1.26.55	0	0
887	59	767	GILLIAN	MCAINSH	CRUSADE	F	66	65-69F	1.27.01	1	0
888	143	336	ARNOLD	RAS	MUIRITE	M	64	60-64M	1.27.04	1	0
889	552	1189	MYRNA	VAN EYK	ELITEAC	F	47	45-49F	1.27.04	1	0
890	718	718	KOUWE	KAHLA	TEMP	F	55	55-59F	1.27.10	0	0
891	913	1016	JOSHUA	SCHNETLER	CHARLO	M	251	JM	1.27.15	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
892	404	709	ESTELLE	BURGER	CRUSADE	F	68	65-69F	1.27.22	1	0
893	107	2891	OTHEMBELA	MBOMBO	TRANSNET	F	27	SF	1.27.40	1	0
894	819	712	NDILEKA	THOMPSON	CRUSADE	F	48	45-49F	1.27.47	1	0
895	294	1343	BERENICE	SMITH	NEDBANK	F	61	60-64F	1.27.49	1	0
896	400	1550	ELRIKA	BOTHA	DESPATCH	F	27	SF	1.27.58	1	0
897	68	93	STEPHANIE	HAY	INFINITY	F	70	70+F	1.28.15	1	0
898	220	1524	MICHELLE	BRITS	32GI	F	31	SF	1.28.30	1	0
899	717	717	RIAAAN	THOMAS	TEMP	M	46	45-49M	1.28.30	0	0
900	363	10632	AMANDA	YOUNG	TEMP	F	50	50-54F	1.28.30	0	0
901	396	7732	NOMBUZO	BOOYSEN	TEMP	F	40	40-44F	1.28.44	0	0
902	719	719	PHIWE	MSIZI	TEMP	F	31	SF	1.28.44	0	0
903	430	604	SIMONÉ	DEYSEL	RUN4C	F	34	SF	1.28.45	1	0
904	634	634	DOMINIQUE	JACKSON	TEMP	F	23	SF	1.28.56	0	0
905	622	622	ALICIA	ELS	TEMP	F	47	45-49F	1.28.57	0	0
906	197	9698	LAYOLA	NDZAMBO	TEMP	F	33	SF	1.29.01	0	0
907	646	646	HLONIPHILE	LUTHULI	TEMP	F	36	35-39F	1.29.16	0	0
908	406	1760	MARISA	CALISTE	GELVAN	F	40	40-44F	1.29.17	1	0
909	544	1747	RAZAANAH	STRYDOM	GELVAN	F	52	50-54F	1.29.17	1	0
910	362	10656	TUMEKA	XENTSA	TEMP	F	42	40-44F	1.29.26	0	0
911	994	1471	SHIRLEEN	CLARKE	NEDBANK	F	63	60-64F	1.29.39	1	0
912	695	695	NADIA	VAN WYK	TEMP	F	49	45-49F	1.29.56	0	0
913	340	9804	PAULIEN	LOUW	TEMP	F	52	50-54F	1.30.21	0	0
914	883	920	LOCHI	LOCHNER	CHARLO	M	78	70+M	1.30.27	1	0
915	731	731	BONGANI	MOYIKWA	TEMP	M	52	50-54M	1.30.30	0	0
916	728	728	LUSEKA	VACU	TEMP	F	35	35-39F	1.30.40	0	0
917	649	649	DUMISANI	MASWANA	TEMP	M	42	40-44M	1.30.51	0	0
918	727	727	ONELE	DYONASE	TEMP	F	32	SF	1.30.53	0	0
919	334	8771	BABALWA	KLAAS	TEMP	F	40	40-44F	1.30.54	0	0
920	608	608	THANTASWA	BONGA-JANTJIES	TEMP	F	38	35-39F	1.31.23	0	0
921	278	2775	URITIAH	MYBURGH	MUIRITE	F	49	45-49F	1.31.43	1	0
922	280	2280	PHINDILE	NAMA	VUKANI	F	53	50-54F	1.31.49	1	0
923	29	3070	NDULELA	CANCA	VWAC	F	44	40-44F	1.32.10	1	0
924	346	11972	DELANIE	NAUDE	TEMP	F	51	50-54F	1.32.10	0	0
925	979	1302	PORTIA	LELAKA	VWAC	F	48	45-49F	1.32.28	1	0
926	924	916	SHARON	VAN ZYL	CHARLO	F	47	45-49F	1.32.56	1	0
927	597	1766	GODFREY	KARIEM	GELVAN	M	85	70+M	1.32.57	1	0
928	621	621	SISONKE	DUMALISILSE	TEMP	F	37	35-39F	1.33.25	0	0
929	358	10380	AMANDA	TONGO	TEMP	F	46	45-49F	1.33.34	0	0
930	198	9734	UNATHI	NGQUNGE	TEMP	F	38	35-39F	1.33.48	0	0
931	915	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.34.01	1	0
932	927	972	CONRAD	VENTER	CHARLO	M	34	SM	1.34.02	1	0
933	886	995	BERNADETE	LOOCK	CHARLO	F	46	45-49F	1.34.08	1	0
934	288	2771	SILIMELA	NYIKISA	SAPPE	M	43	40-44M	1.34.17	1	0
935	204	7818	FRANCOIS	TIMOTHEUS	TEMP	M	48	45-49M	1.34.24	0	0
936	953	2993	ORGIA	NELL	MUIRITE	F	82	70+F	1.34.29	1	0
937	261	244	LYNN	LANDMAN	MUIRITE	M	56	55-59M	1.34.59	1	0
938	260	243	CHRISNA	LANDMAN	MUIRITE	F	52	50-54F	1.34.59	1	0
939	912	936	MARGOT	SCHNETLER	CHARLO	F	48	45-49F	1.35.08	1	0
940	355	10152	ZINZI	SOMANA	TEMP	F	34	SF	1.36.05	0	0
941	684	684	SONIA	SHARE	TEMP	F	59	55-59F	1.36.15	0	0
942	84	3121	XABISO	KONA	VITALITY	F	30	SF	1.36.24	1	0
943	344	10446	NAMAWABO	MSIZI	TEMP	F	64	60-64F	1.36.39	0	0
944	188	11450	LULAMA	JORDAAN	TEMP	F	53	50-54F	1.36.42	0	0
945	389	1570	ERIKA	BARNARD	DESPATCH	F	57	55-59F	1.37.44	1	0
946	20	279	VERONICA	BOSHOFF	MUIRITE	F	64	60-64F	1.37.44	1	0
947	861	1003	ERIKA	FOREMAN	CHARLO	F	55	55-59F	1.39.45	1	0
948	869	1004	SUNET	HARRIS	CHARLO	F	52	50-54F	1.39.45	1	0
949	549	2654	NOLUTHANDO	TONI	MADIBAZ	F	55	55-59F	1.42.20	0	0
950	566	275	JONEL	VORSTER	MUIRITE	F	36	35-39F	1.43.03	0	0
951	1434	1434	RAYMEE	KOCK	TEMP	M	44	40-44M	1.43.10	0	0
952	335	8763	SAMANTHA	KOCK	TEMP	F	44	40-44F	1.43.11	0	0
953	9677	218	YAMKELA	NOMVETE	CSEP	F	31	SF	1.45.36	0	0
PERS RUN											
H1	3002	4051	BOIKANYO	MAKABOLANE	CHILLI	M	40	40-44M	0.46.30	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
H2	3003	3003	SIMAMKELE	MALOTE	CHILLIEP	M	18	JM	0.46.48	2	0
H3	3004	1944	MUSA	SENTI	BLUEBAY	M	33	SM	0.46.48	2	0
H4	3005	416	OLWETHU	BOMVANA	CHILLIEP	F	39	35-39F	0.48.40	2	0
H5	3006	411	SIYABONGA	ZULU	CHILLIEP	M	44	40-44M	0.50.26	2	0
H6	3007	1857	MKHUSELI	DANISA	HOLLYWOOD	M	31	SM	0.50.26	1	0
H7	3008	1921	OWEN	NCUBE	BLUEBAY	M	44	40-44M	0.53.09	1	0
H8	3009	1925	MANDLA	AFRICA	BLUEBAY	M	23	SM	0.54.31	1	0
H9	3010	421	VICTOR	NGOBENI	CHILLIEP	M	35	35-39M	0.54.31	1	0
H10	3011	1943	LUYANDA	NGESI	BLUEBAY	M	33	SM	0.54.49	1	0
H11	3012	435	NKOSINATHI	CLAY	CHILLIEP	M	61	60-64M	0.56.26	1	0
H12	3013	417	PETER	MSIZA	CHILLIEP	M	52	50-54M	0.56.26	1	0
H13	3014	1247	LISLE	MATTHEWS	ELITEAC	F	51	50-54F	0.56.46	1	0
H14	3015	3017	UNATHI	POSELANI	CHILLIEP	M	42	40-44M	0.58.41	1	0
H15	3016	415	SONTO	HORN	CHILLIEP	F	46	45-49F	0.59.01	1	0
H16	3017	443	LUVUYO	CAMAGU	CHILLIEP	M	35	35-39M	0.59.01	1	0
H17	3018	432	MVELELI	MBANDE	CHILLIEP	M	39	35-39M	1.03.22	1	0
H18	3019	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.03.23	1	0
H19	3020	3146	Loyiso	Mabetshe	CHILLIEP	M	36	35-39M	1.04.02	1	0
H20	3022	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	1.04.09	1	0
H21	3023	1959	XOLANI	TEYISE	BLUEBAY	M	44	40-44M	1.04.13	1	0
H22	3024	1950	Nicole	GRAY	BLUEBAY	F	24	SF	1.04.18	1	0
H23	3025	3163	Ntombizine	Makaula	CHILLIEP	F	39	35-39F	1.05.05	1	0
H24	3026	2026	RAKGWADI	MORITI	CRUSADE	M	36	35-39M	1.05.28	1	0
H25	3027	424	NOMPUMEZO	MAXENGANA	CHILLIEP	F	36	35-39F	1.07.18	1	0
H26	3028	412	NOSITA	NQWATA	CHILLIEP	F	43	40-44F	1.07.18	1	0
H27	3029	660	MPUMELELO	NDLUMBINI	MOTHER	M	53	50-54M	1.07.18	1	0
H28	3030	3158	ANELISA	MBETSHU	CHILLIEP	F	30	SF	1.08.36	1	0
H29	3031	413	MBALI	QUBEKA	CHILLIEP	F	28	SF	1.09.04	1	0
H30	3032	457	VUYO	TSHIKI	CHILLIEP	M	37	35-39M	1.12.41	1	0
H31	3033	468	PHILA	GCISA	CHILLIEP	F	33	SF	1.13.06	1	0
H32	3034	1945	Janine	Gray	BLUEBAY	F	48	45-49F	1.14.36	1	0
H33	3035	1935	XENOPHON	FEIRRERA	BLUEBAY	M	64	60-64M	1.14.36	1	0
H34	3036	420	NOLUBABALO	NGQOBA	CHILLIEP	F	33	SF	1.19.25	1	0
H35	3037	1956	SONJA	OLIVIER	BLUEBAY	F	58	55-59F	1.20.50	1	0
H36	3038	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.20.50	1	0
H37	3039	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	1.22.35	1	0
H38	3040	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.22.35	1	0