

GALAXY BINGO HEARTBREAK HILL 10KM - ITALIAN CLUB CHARLO - 2025/05/17

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1301	1338	SIBAHLE	MAQWARA	NEDBANK	M	23	SM	0.31.28	1
2	1315	357	SINAWO	POTI	IKHAMVA	M	23	SM	0.31.57	1
3	1593	948	XOLISA	NDLUMBINI	CHARLO	M	42	40-44M	0.33.27	1
4	1298	2637	SAKHE	MAHOTE	MADIBAZ	M	20	SM	0.33.51	1
5	1363	1354	ANDRE	KETCHEM	NEDBANK	M	41	40-44M	0.34.01	1
6	1334	356	LUYANDA	TSHANGANA	IKHAMVA	M	41	40-44M	0.35.05	1
7	1346	40164	AGCOBILE	JEZILE	MOTHER	M	16	JM	0.35.05	1
8	1285	1482	JEANDRY	DEERLING	NEDBANK	M	32	SM	0.35.41	1
9	1276	2625	Luxolo	Candlovu	MADIBAZ	M	23	SM	0.35.51	1
10	1369	1941	MILA	PASIYA	SIBALEKA	M	45	45-49M	0.36.22	1
11	1309	460	TAKUNDA	MUBARE	CHILLIEP	M	21	SM	0.36.37	1
12	1205	2490	SAZISO	PANGINDAWO	ABSAEP	M	43	40-44M	0.36.59	1
13	1141	40671	ICHUMILE	MACHAKA	SCHOOL	M	16	JM	0.37.48	1
14	1102	40023	REECE	FREEMAN	ACT AC	M	17	JM	0.37.54	1
15	1308	40142	BANELE	MTABA	CHILLIEP	M	18	JM	0.38.46	1
16	1332	40141	LATHITHA	VENA	CHILLIEP	M	16	JM	0.39.15	1
17	1203	400	LEBOHANG	SENTI	IKHAMVA	M	38	35-39M	0.39.27	1
18	1368	1511	APHLYN	TAAI	NEDBANK	M	42	40-44M	0.39.37	1
19	1592	1592	LISAKHILE	KALIPA	TEMP	M	21	SM	0.39.47	0
20	1365	1364	KEVIN	GASEBO	NEDBANK	M	45	45-49M	0.39.57	1
21	1291	378	SIYABONGA	HONNI	IKHAMVA	M	41	40-44M	0.41.07	1
22	1331	1400	KELLY	VAN VLIET	NEDBANK	F	37	35-39F	0.41.07	1
23	1065	1384	LESLEY	KOESEBA	NEDBANK	M	52	50-54M	0.41.45	1
24	1087	1087	JASON	KOLM	TEMP	M	28	SM	0.42.55	0
25	1467	74	TUMELO	MOCHELENYANE	SAPPE	M	42	40-44M	0.43.19	1
26	1599	1599	KANYA	MSHUMPELA	TEMP	M	25	SM	0.43.37	0
27	1330	1404	DARREN	VAN VLIET	NEDBANK	M	41	40-44M	0.44.12	1
28	1472	40166	ZINTLE	XHONTI	MOTHER	F	16	JF	0.44.22	1
29	1243	40086	CHASE	VON WALTSLBEN	ACH	M	16	JM	0.44.40	1
30	1289	2590	Yamkela	Gugwana	MADIBAZ	M	20	SM	0.44.47	1
31	1333	1403	BABALWA	NGCOKO	NEDBANK	F	37	35-39F	0.44.50	1
32	1296	40311	Hamza	Khan	MADIBAZ	M	18	JM	0.45.03	1
33	1336	841	ERICH	VERSFELD	32GI	M	29	SM	0.45.05	1
34	1372	1372	LAISI	MAKWINJA	TEMP	M	24	SM	0.45.34	0
35	1311	2534	FREDAH	NCUBE	MADIBAZ	F	43	40-44F	0.45.43	1
36	1280	1280	GARETH	WOODS	TEMP	M	41	40-44M	0.47.05	0
37	1326	1347	LUVUYO	STEPHEN	NEDBANK	M	55	55-59M	0.47.21	1
38	1139	1072	KYLA	MAARTENS	ACH	F	21	SF	0.47.31	1
39	1366	1451	ELROY	MATTHEWS	NEDBANK	M	55	55-59M	0.47.31	1
40	1356	290	JAN	LE ROUX	MUIRITE	M	52	50-54M	0.47.54	1
41	1242	40076	KYLIE	VERMAAK	ELITEAC	F	18	JF	0.48.18	1
42	1069	1659	HANNES	ELS	MADIBA	M	75	70+M	0.48.24	1
43	1548	1494	TAWFEEQ	VYVER	NEDBANK	M	26	SM	0.48.45	1
44	1321	2634	SIMONE	SCHOONBEE	MADIBAZ	F	24	SF	0.48.51	1
45	1061	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.49.25	1
46	1067	40668	JOHAN	DYER	SCHOOL	M	17	JM	0.49.47	1
47	1529	1529	RODNEY	WITBOOI	TEMP	M	53	50-54M	0.49.47	0
48	1580	1580	YOUSEF	POURRAHIM	TEMP	M	43	40-44M	0.50.02	0
49	1532	1037	CHESTER	BROOKS	XCEL	M	67	65-69M	0.50.03	1
50	1184	2890	WANDISILE	MJALISWA	TRANSNET	M	32	SM	0.50.25	1
51	1130	2528	Brooke	Kruger	MADIBAZ	F	22	SF	0.50.27	1
52	1350	1745	SHAFIEK	RASDIEN	GELVAN	M	53	50-54M	0.50.39	1
53	1194	40670	MIKULE	NEL	SCHOOL	M	17	JM	0.50.58	1
54	1059	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	0.51.03	1
55	1030	832	DEON	CARELSEN	32GI	M	40	40-44M	0.51.12	1
56	1051	1051	ZYDIA	FERREIRA	TEMP	F	58	55-59F	0.51.20	0
57	1320	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	0.51.22	1
58	1360	758	WERNER	DE LANGE	CRUSADE	M	37	35-39M	0.51.31	1
59	1463	344	ANTON	AUGUST	MUIRITE	M	42	40-44M	0.51.32	1

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60	1409	1409	JOHAN	VAN DER SPUY	TEMP	M	27	SM	0.51.34	0
61	1501	1890	CARMEN	NEL	STFRAN	F	32	SF	0.51.52	1
62	1319	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.51.58	1
63	1267	1267	ANE	HEINE	TEMP	F	34	SF	0.52.09	0
64	1522	1522	DEVAN	BOSCH	TEMP	M	29	SM	0.52.14	0
65	1594	885	TEVIN	PRINSLOO	TEMP	M	30	SM	0.52.17	0
66	1564	1564	MANDY	BIRD	TEMP	F	47	45-49F	0.52.17	0
67	1107	1695	CARLA	GILLWALD	MADIBA	F	36	35-39F	0.52.29	1
68	1216	1643	HERMAN	SAAYMAN	NEDBANK	M	40	40-44M	0.52.29	1
69	1129	40563	Ruben	Keyser	SCHOOL	M	13	JM	0.52.51	1
70	1019	40071	CONNOR	BIRD	ELITEAC	M	14	JM	0.52.52	1
71	1525	1525	BENEDICT	WALDNER	TEMP	M	27	SM	0.52.55	0
72	1354	1354	DEAN	HASCH	TEMP	M	20	SM	0.53.00	0
73	1241	40075	CHLOE	VERMAAK	ELITEAC	F	18	JF	0.53.01	1
74	1500	1500	HEINZ	HASCH	TEMP	M	49	45-49M	0.53.11	0
75	1509	1703	JAIME	ALCOCK	MADIBA	F	22	SF	0.53.15	1
76	1062	40073	STACEY	DE RIDDER	ELITEAC	F	15	JF	0.53.16	1
77	1112	40667	JUSTIN	HANCOX	SCHOOL	M	14	JM	0.53.20	1
78	1335	40313	LINDSEY-O'NEILL	CAMPHER	MADIBAZ	M	18	JM	0.53.21	1
79	1068	40550	ETHAN	ELS	SCHOOL	M	13	JM	0.53.23	1
80	1373	1373	CHARLENE	MAZEBY	TEMP	F	45	45-49F	0.53.27	0
81	1370	1370	QUINTON	KRUGER	TEMP	M	31	SM	0.53.29	0
82	1143	800	JONATHAN	MANDELL	32GI	M	60	60-64M	0.53.37	1
83	1351	2050	BILLY BOY	KIETAS	VWAC	M	50	50-54M	0.53.37	1
84	1009	1043	DAVID	BAINS	XCEL	M	59	55-59M	0.53.43	1
85	1327	1560	PIETER	STRYDOM	DESPATCH	M	63	60-64M	0.53.43	1
86	1115	2672	JUSTIN	HASTIE	VITALITY	M	28	SM	0.53.44	1
87	1284	884	CHRISTIE	KAPUTENI	TEMP	M	24	SM	0.53.56	0
88	1577	997	BRANDON	HUME	TEMP	M	30	SM	0.53.56	0
89	1304	40316	Naledi	Mbenyana	MADIBAZ	F	19	JF	0.54.00	1
90	1523		UNKNOWN		TEMP	M	39	35-39M	0.54.02	0
91	1135	850	PAIGE	LEE	32GI	F	59	55-59F	0.54.07	1
92	1442	2704	YOLANDA	DUGMORE	VITALITY	F	52	50-54F	0.54.13	1
93	1054	1057	JARED	DE DONCKER	XCEL	M	24	SM	0.54.37	1
94	1134	2195	TERENCE	LANTZ	ASPEN	M	45	45-49M	0.54.37	1
95	1515	40332	MARCELLE	SCHOONBEE	BLOM AWL	F	18	JF	0.54.46	0
96	1464	1118	BRUCE	KING	ACH	M	58	55-59M	0.55.02	1
97	1105	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.55.29	1
98	1099	1099	NHLANHLA	MAZIBUKO	TEMP	M	30	SM	0.55.30	0
99	1114	2671	CARY	HASTIE	VITALITY	M	61	60-64M	0.55.45	1
100	1003	1003	MELISSA	ARGYLE	TEMP	F	32	SF	0.55.45	0
101	1358	1921	OWEN	NCUBE	BLUEBAY	M	44	40-44M	0.55.47	1
102	1565	1565	SHADON	MINTOOR	TEMP	M	19	JM	0.55.50	0
103	1266	1266	REBECCA	GATANGI	TEMP	F	45	45-49F	0.55.51	0
104	1355	1355	REGARDT	STRYDOM	TEMP	M	44	40-44M	0.55.52	0
105	1007	1007	KYLE	BAARTMAN	TEMP	M	30	SM	0.55.56	0
106	1353	1296	NOEL	MCMASTER	VWAC	M	59	55-59M	0.56.05	1
107	1499	1499	DYLAN	COLEMAN	TEMP	M	29	SM	0.56.12	0
108	1362	1362	GEORGE	NEL	TEMP	M	21	SM	0.56.21	0
109	1211	1120	Lyle	Reynolds	ACH	M	47	45-49M	0.56.23	1
110	1514		UNKNOWN		TEMP	M	39	35-39M	0.56.41	0
111	1595	1595	RICHARD	BARKER	TEMP	M	59	55-59M	0.56.41	0
112	1445	851	THANDO	FRANS	SPAREC	M	47	45-49M	0.56.47	1
113	1347	556	ARTHUR	WILLIAMS	RUN4C	M	62	60-64M	0.56.51	1
114	1081	1081	KUHLE	JOBELA	TEMP	M	30	SM	0.57.12	0
115	1550	1550	MEGAN	BOSCH	TEMP	F	26	SF	0.57.28	0
116	1202	1551	WERNER	OLIVIER	DESPATCH	M	41	40-44M	0.57.31	1
117	1024	2350	CHRISTELLE	BLUME	JBAY	F	57	55-59F	0.57.50	1
118	1022	794	ROBYN	BIRD	32GI	F	53	50-54F	0.57.53	1
119	1337	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	0.57.55	1

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120	1575	1575	LAURE	PIETERSE	TEMP	M	54	50-54M	0.58.02	0
121	1342	526	NIEKE	EBERSOHN	RUN4C	F	33	SF	0.58.05	1
122	1163	1163	CAMREN	RANIA	TEMP	M	28	SM	0.58.07	0
123	1012	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	0.58.13	1
124	1344	525	WESSEL	EBERSOHN	RUN4C	M	35	35-39M	0.58.16	1
125	1171	1171	HEINRICH	STAPELBERG	TEMP	M	32	SM	0.58.17	0
126	1513	1513	JASON	HENNING	TEMP	M	46	45-49M	0.58.18	0
127	1596	919	ADRIAAN	BEZUIDENHOUT	TEMP	M	40	40-44M	0.58.20	0
128	1558	1558	GRAHAM	MUNTON	TEMP	M	63	60-64M	0.58.30	0
129	1451	804	VALMAINE	DE KLERK	32GI	F	47	45-49F	0.58.34	1
130	1490	1490	GERRIT	MEYER	TEMP	M	38	35-39M	0.58.34	0
131	1447	629	AKHONA	MOSIANE	ASPEN	F	38	35-39F	0.58.36	1
132	1039	1557	CARIN	COETZEE	DESPATCH	F	48	45-49F	0.58.36	1
133	1004	1201	CATHY	ALLERS	ELITEAC	F	63	60-64F	0.58.37	1
134	1181	483	MARISA	MEYER	RUN4C	F	30	SF	0.58.38	1
135	1182	484	Maryka	Meyer	RUN4C	F	30	SF	0.58.38	1
136	1492	485	WANDILE	BATAYI	RUN4C	M	29	SM	0.58.41	1
137	1075	1075	DUNCAN	HAYES	TEMP	M	29	SM	0.58.42	0
138	1206	2964	CHESLIN	PLAATJIES	VITALITY	M	39	35-39M	0.58.43	1
139	1208	40216	TALIA	PRAHALADH	INFINITY	F	14	JF	0.58.49	1
140	1349	660	MPUMELELO	NDLUMBINI	MOTHER	M	53	50-54M	0.58.52	1
141	1341	1191	ELIZE	ADAMS	ELITEAC	F	50	50-54F	0.58.57	1
142	1507	1507	MARC	MAHAMBEHLALA	TEMP	M	33	SM	0.58.58	0
143	1557	535	GERT	HARMSE	RUN4C	M	58	55-59M	0.59.02	1
144	1278	2650	Khanyisa	Carolus	MADIBAZ	M	18	JM	0.59.07	1
145	1563	1563	SCOTT	BRICKNELL	TEMP	M	41	40-44M	0.59.14	0
146	1462	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	0.59.16	1
147	1157	1157	JONÉ	PIENAAR	TEMP	F	38	35-39F	0.59.32	0
148	1084	1084	MELITA	KATAKUZINOS	TEMP	F	23	SF	0.59.43	0
149	1021	1021	ERIN	BROMLEY-GANS	TEMP	F	37	35-39F	0.59.45	0
150	1269	1269	DANIELLE	LUDEN	TEMP	F	40	40-44F	0.59.46	0
151	1475	1955	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	0.59.51	1
152	1449	1675	MARIUS	ZEELIE	MADIBA	M	60	60-64M	0.59.51	1
153	1228	40012	YARDON	SWARTBOOI	RUN4C	M	16	JM	1.00.03	1
154	1302	708	JOAN	MARLBOROUGH	CRUSADE	F	70	70+F	1.00.05	1
155	1343	1343	ARNO	EBERSOHN	TEMP	M	33	SM	1.00.07	0
156	1174	85	CARINA	MARAIS	INFINITY	F	32	SF	1.00.20	1
157	1587	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.00.27	1
158	1265	1265	MARK	EBERHARDT	TEMP	M	26	SM	1.00.29	0
159	1528	1528	REBECCA	WARD	TEMP	F	23	SF	1.00.29	0
160	1297	2641	MARLON	KOOPMAN	MADIBAZ	M	45	45-49M	1.00.30	1
161	1274	1274	MARELIZE	MEYER	TEMP	F	26	SF	1.00.37	0
162	1123	1123	SIFUNDO	MTHEMBU	TEMP	M	32	SM	1.00.39	0
163	1562	1562	DANZEL	VAN DER MERWE	TEMP	M	29	SM	1.00.45	0
164	1521	1521	SYDNEY	FORLEE	TEMP	M	48	45-49M	1.00.45	0
165	1149	1149	CONRAY	NORTJE	TEMP	M	25	SM	1.00.49	0
166	1043	1043	CAROL	DE VILLIERS	TEMP	F	69	65-69F	1.00.52	0
167	1011	1011	SHANNA-LEE	BESTER	TEMP	F	28	SF	1.00.52	0
168	1002	1002	JENNIFER	AH CHONG	TEMP	F	57	55-59F	1.01.09	0
169	1207	18552	LIZELLE	POTGIETER	MAVERICK	F	34	SF	1.01.10	0
170	1466	88	HENRY	PRAHALADH	INFINITY	M	58	55-59M	1.01.19	1
171	1441	840	BRONWIN	MEYER	32GI	F	52	50-54F	1.01.24	1
172	1251	735	LIBBY	WILKE	CRUSADE	F	51	50-54F	1.01.31	1
173	1122	1122	KUHLE	MQASHANE	TEMP	F	21	SF	1.01.37	0
174	1231	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	1.01.37	1
175	1103	703	LEE	GANDER	CRUSADE	M	68	65-69M	1.01.42	1
176	1312	2547	BERNARD	PETERSEN	MADIBAZ	M	59	55-59M	1.01.57	1
177	1014	512	ANSIE	BENADE	RUN4C	F	65	65-69F	1.01.57	1
178	1473		UNKNOWN		TEMP	M	39	35-39M	1.02.06	0
179	1486	1486	MAMORETLO	VANDA	TEMP	F	30	SF	1.02.11	0

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180	1096	1096	DISNEY	MASHANGOANE	TEMP	F	27	SF	1.02.11	0
181	1257	778	ELAINE	GLENDINNING	32GI	F	29	SF	1.02.29	1
182	1576	1576	NUREEN	EBRAHIM	TEMP	F	22	SF	1.02.39	0
183	1549	1549	SUNETTE	WILLIAMS	TEMP	F	52	50-54F	1.02.40	0
184	1444	2289	XOLELWA	MOLAPO	VUKANI	F	35	35-39F	1.02.40	1
185	1506	1506	SIYAVUYA	MARWANQA	TEMP	M	27	SM	1.03.00	0
186	1244	2043	LEIGH-ANN	VON WALTSLEBEN	ACH	F	44	40-44F	1.03.00	1
187	1498	1498	HANNAH	BUCKSEY	TEMP	M	30	SM	1.03.01	0
188	1277	1277	EARL	PIERS	TEMP	M	33	SM	1.03.02	0
189	1359	1566	RUAN	WELGEMOED	DESPATCH	M	30	SM	1.03.02	1
190	1371	717	TANYA	JANSEN VAN VUUREN	CRUSADE	F	56	55-59F	1.03.05	1
191	1104	2742	GODFREY	GELDERBLOEM	NMBAC	M	56	55-59M	1.03.06	1
192	1572	1572	MYRNA	LARES	TEMP	F	38	35-39F	1.03.07	0
193	1195	707	MPUMELELO	NGWENYA	CRUSADE	M	35	35-39M	1.03.14	1
194	1408	1408	LIEZL	VAN DER SCHYFF	TEMP	F	33	SF	1.03.16	0
195	1201	1587	MARISKA	OLIVIER	DESPATCH	F	37	35-39F	1.03.21	1
196	1138	2914	NOMANDLA	LUNGUZA	SAPPE	F	49	45-49F	1.03.28	1
197	1328	837	LUCELLE	THERON	32GI	F	32	SF	1.03.28	1
198	1245	726	KEITH	VOSLOO	CRUSADE	M	62	60-64M	1.03.37	1
199	1079	1079	JOLENE	JANSEN	TEMP	F	39	35-39F	1.03.38	0
200	1117	1117	JENNY	MICHAU	TEMP	F	58	55-59F	1.03.43	0
201	1053	1380	BANDILE	CUNTU	NEDBANK	M	60	60-64M	1.03.47	1
202	1288	3013	Umar	Gangat	MADIBAZ	M	20	SM	1.03.48	1
203	1073	1073	LUTHO	GWILI	TEMP	M	29	SM	1.03.54	0
204	1318	502	SHANE	SAUNDERS	RUN4C	M	57	55-59M	1.04.03	1
205	1072	2061	MALCOLM	FIGG	NMBAC	M	67	65-69M	1.04.06	1
206	1589	1589	KIERAN	LEWIES	TEMP	M	15	JM	1.04.18	0
207	1438	3	KEVIN	BENADE	PEAAC	M	56	55-59M	1.04.18	1
208	1517	1517	AMY	BUHAGIAR	TEMP	F	16	JF	1.04.19	0
209	1495	1495	TRISTAN	ABDOLL	TEMP	M	27	SM	1.04.26	0
210	1413	1413	MICHELLE	VAN ZYL	TEMP	F	31	SF	1.04.27	0
211	1095	1095	KAYLA	MARX	TEMP	F	28	SF	1.04.28	0
212	1119	2109	JOY DOMINIQUE	HILL	HEATAC	F	33	SF	1.04.29	1
213	1487	1487	DANIELLE	VENTER	TEMP	F	26	SF	1.04.29	0
214	1088	1088	DEHAN	KUKKUK	TEMP	M	25	SM	1.04.29	0
215	1518	1518	DEBORAH	BUHAGIAR	TEMP	F	45	45-49F	1.04.32	0
216	1179	1179	BENJAMIN	THERON	TEMP	M	30	SM	1.04.55	0
217	1571	1571	MICHELLE	BENN	TEMP	F	42	40-44F	1.04.57	0
218	1527	1527	KYLIE	WARD	TEMP	F	27	SF	1.05.00	0
219	1246	781	RICHARD	WATKINS-BAKER	32GI	M	57	55-59M	1.05.07	1
220	1170	1170	CARYN	SMITH	TEMP	F	26	SF	1.05.15	0
221	1080	1080	REBECCA	JAPHET	TEMP	F	24	SF	1.05.15	0
222	1226	481	CHRISTO	STEYN	RUN4C	M	57	55-59M	1.05.23	1
223	1263	409	VERONICA	SMITH	IKHAMVA	F	58	55-59F	1.05.24	1
224	1374	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	33	SF	1.05.30	1
225	1029	1029	KAMVELIHLE	CEWU	TEMP	M	24	SM	1.05.44	0
226	1111	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.05.46	1
227	1047	1047	TARRYN	ELS	TEMP	F	28	SF	1.05.53	0
228	1234	1680	JANI	VALENTINE	MADIBA	F	31	SF	1.05.59	1
229	1005	491	YOLANDE	ARCHER	RUN4C	F	46	45-49F	1.06.03	1
230	1090	1090	THERESA	LILLIS	TEMP	F	68	65-69F	1.06.12	0
231	1367	2382	Donnay	Hayes	JBAY	F	42	40-44F	1.06.18	1
232	1218	1045	YUSUF	SAMUELS	XCEL	M	66	65-69M	1.06.19	1
233	1233	1874	MBULELO	TSHIKILA	HOLLYWOO	M	51	50-54M	1.06.20	1
234	1209	2064	NOMTHA	QUNTA	NMBAC	F	39	35-39F	1.06.33	1
235	1271	1271	NOMSABA	MCAKO	TEMP	F	49	45-49F	1.06.34	0
236	1153	1153	SISA	PAZI	TEMP	M	34	SM	1.06.35	0
237	1121	1121	ALUNGILE	MKOSI	TEMP	F	29	SF	1.06.35	0
238	1504	1504	BUHLE	SIZIBA	TEMP	M	25	SM	1.06.38	0
239	1213	2778	Marlize	Robinson	MUIRITE	F	29	SF	1.06.42	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
240	1292	1104	CATHY	IVES	ACH	F	72	70+F	1.06.48	1
241	1176	2812	MTHABISENG	MASHEGO	ASPEN	F	32	SF	1.06.49	1
242	1036	1036	MEGAN	CROSSMAN	TEMP	F	25	SF	1.06.50	0
243	1361	1713	GISELA	BUDLER	MADIBA	F	36	35-39F	1.06.54	1
244	1225	1711	DUNCAN	STEENKAMP	MADIBA	M	26	SM	1.06.56	1
245	1108	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.06.59	0
246	1089	1089	THANDO	KULA	TEMP	F	33	SF	1.06.59	0
247	1268	1268	BRITTANY	KELLY	TEMP	F	26	SF	1.07.06	0
248	1151	1151	JAYDE	O'HALLORAN	TEMP	F	20	SF	1.07.09	0
249	1516	1516	TAMRYN	TRUTER	TEMP	F	29	SF	1.07.10	0
250	1456	1223	NDUMISO	NTSHANGASE	ELITEAC	M	33	SM	1.07.13	1
251	1531	197	AUBREY	LE ROUX	CSEP	M	72	70+M	1.07.19	1
252	1215	1694	JAHN	ROUX	MADIBA	M	38	35-39M	1.07.19	1
253	1597	1597	JASON	WILLIAMS	TEMP	M	41	40-44M	1.07.21	0
254	1188	166	Phumelele	Mtshali	ACT AC	F	37	35-39F	1.07.22	1
255	1551	1551	CHANEL	VAN DER MERWE	TEMP	F	33	SF	1.07.23	0
256	1273	1103	LIZ	AUSTIN	ACH	F	66	65-69F	1.07.27	1
257	1070	1632	JOS	ELS	MADIBA	F	73	70+F	1.07.30	1
258	1431	1431	IMRAN	PARKUR	TEMP	M	46	45-49M	1.07.39	0
259	1584	456	BULELANI	WITI	CHILLIEP	F	29	SF	1.07.50	1
260	1076	1076	KAYLEIGH	HILL	TEMP	F	23	SF	1.07.54	0
261	1345	827	TAMMY	SOUTHBY	32GI	F	51	50-54F	1.08.02	1
262	1586	1708	JOHAN	PRETORIUS	MADIBA	M	50	50-54M	1.08.17	1
263	1252	40444	CALEB	WINTERMEYER	32GI	M	14	JM	1.08.21	1
264	1253	2187	DEBBIE	WINTERMEYER	32GI	F	47	45-49F	1.08.21	1
265	1261	2892	NIKILITHA	MSHUMPELA	TRANSNET	M	28	SM	1.08.24	1
266	1446	863	NANDIPA	MYELEYELE	SPAREC	F	37	35-39F	1.08.28	1
267	1133	1202	JACQUES	LANGLEY	ELITEAC	M	36	35-39M	1.08.37	1
268	1023	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.08.44	1
269	1120	1120	BHEKI	MKHWANAZI	TEMP	M	38	35-39M	1.08.52	0
270	1452	2698	NTOMBIZINE	MTANDA	VITALITY	F	48	45-49F	1.08.53	1
271	1248	2682	MARK	WEYER	VITALITY	M	60	60-64M	1.08.53	1
272	1124	1641	DEBBIE	HILTON	MADIBA	F	53	50-54F	1.08.56	1
273	1074	1074	TAMMY	HARGREAVES	TEMP	F	47	45-49F	1.09.07	0
274	1566	1566	MASASA	MBANGENI	TEMP	F	38	35-39F	1.09.13	0
275	1578	1578	ZUNAID	MOOSAJEE	TEMP	M	54	50-54M	1.09.34	0
276	1468	150	ZAHEER	SOOMAR	MALABAR	M	54	50-54M	1.09.34	1
277	1048	1048	ELSA	FERREIRA	TEMP	F	31	SF	1.09.35	0
278	1125	1603	RONNIE	JONKER	DESPATCH	M	55	55-59M	1.09.36	1
279	1126	1545	RUAN	JONKER	DESPATCH	M	25	SM	1.09.36	1
280	1146	1146	SIMTANDILE	MVELO	TEMP	F	27	SF	1.09.42	0
281	1600	87	TILLY	CROSBIE	INFINITY	F	57	55-59F	1.09.44	1
282	1573	1573	URSULA	BARNARD	TEMP	F	53	50-54F	1.09.46	0
283	1055	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.09.47	1
284	1033	2049	KYLE	CLEMENCE	ASPEN	M	26	SM	1.09.54	1
285	1159	1159	NIKITHA	PILLAY	TEMP	F	25	SF	1.09.55	0
286	1381	1758	BRAMWELL	FLEURS	GELVAN	M	46	45-49M	1.10.22	1
287	1094	1094	BUSISIWE	MAPASA-DUBE	TEMP	F	42	40-44F	1.10.31	0
288	1042	1042	MARIZA	DE BEER	TEMP	F	29	SF	1.10.36	0
289	1041	1041	MARCO	DE BEER	TEMP	M	30	SM	1.10.36	0
290	1222	20	SIMORE	SLABBERT	PEAAC	F	30	SF	1.10.41	1
291	1497	1497	SIYAMTEMBA	BOMVU	TEMP	M	33	SM	1.10.48	0
292	1250	2465	OZELLE	WIEHAHN	ABSAEP	F	51	50-54F	1.10.49	1
293	1173	1173	CAROLINA	STRAUSS	TEMP	F	46	45-49F	1.10.49	0
294	57	2287	MSUTUKAZI	NDIMBA	VUKANI	F	45	45-49F	1.10.51	1
295	1512	1512	CLAIRE	POWELL	TEMP	F	39	35-39F	1.11.09	0
296	1496	2132	THANDO	NCATSHUKELWA	TRANSNET	M	44	40-44M	1.11.09	1
297	1555	1555	ROBBIE	LAW	TEMP	M	26	SM	1.11.09	0
298	524	2579	TSHEGOFATSO	MATHUSANE	MADIBAZ	F	20	SF	1.11.11	1
299	1077	1077	LEONE	JACKSON	TEMP	F	65	65-69F	1.11.29	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
300	1025	279	VERONICA	BOSHOFF	MUIRITE	F	64	60-64F	1.11.36	1
301	1132	2680	ALYCIA	LANGLEY	VITALITY	F	31	SF	1.11.37	1
302	1511	1511	FREDERICK	LOUW	TEMP	F	50	50-54F	1.11.45	0
303	1165	1165	KELLY	ROSE	TEMP	F	46	45-49F	1.11.46	0
304	1583	51853	VANESSA	JOUBERT	TEMP	F	46	45-49F	1.11.46	0
305	1553	1553	FRANCOIS	VAN LOGGERENBERG	TEMP	M	42	40-44M	1.11.59	0
306	1227	553	TYRESE	SWARTBOOI	RUN4C	M	21	SM	1.12.04	1
307	1140	2308	THOBEKA	MABUSELA	VUKANI	F	63	60-64F	1.12.19	1
308	1437	2076	BONILE	NGCEKE	SANDFEP	F	31	SF	1.12.21	1
309	1378	1378	NIKITA	PILLAY	TEMP	F	25	SF	1.12.33	0
310	1401	1401	SINOTHANDO	TISO	TEMP	F	30	SF	1.12.42	0
311	1156	1156	STASI	PEREIRA	TEMP	F	18	JF	1.12.46	0
312	1407	1407	LUKE	VAN DEN BERG	TEMP	M	17	JM	1.12.46	0
313	1189	617	JESSICA	MURPHY	ASPEN	F	34	SF	1.12.54	1
314	1028	1258	LIZAAAN	BURKETT	VWAC	F	41	40-44F	1.12.58	1
315	1010	1256	NAOMI	BAKKER	VWAC	F	47	45-49F	1.12.58	1
316	1469	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	1.13.17	1
317	1162	1162	NONDLELA	RADEBE	TEMP	F	40	40-44F	1.13.23	0
318	1219	2033	SHANNON	SEPTEMBER	MUIRITE	F	31	SF	1.13.25	1
319	1232	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.13.27	1
320	1110	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.13.27	1
321	1505	1505	MAKSHAM	SOUNDAVAJAN	TEMP	M	31	SM	1.13.39	0
322	1561	1561	LUCINDA	VAN DER MERWE	TEMP	F	31	SF	1.13.47	0
323	1168	1168	MACKENZIE	SALT	TEMP	F	16	JF	1.13.53	0
324	1340	2333	ALIZWA	BOVUNGANA	VUKANI	M	24	SM	1.14.00	1
325	1100	1100	ROBYN	MCLEAN	TEMP	F	35	35-39F	1.14.12	0
326	1552	1552	DEON	WEWEGE	TEMP	M	50	50-54M	1.14.26	0
327	1199	2147	ABONGILE	NQEZO	TRANSNET	F	35	35-39F	1.14.40	1
328	1255	2373	NADIA	PETERSEN	JBAY	F	68	65-69F	1.14.49	1
329	1377	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.14.55	1
330	1056	1602	LIEZL	DE KOCK	DESPATCH	F	49	45-49F	1.15.05	1
331	1037	1037	LONWABO	DANIELS	TEMP	M	50	50-54M	1.15.08	0
332	1057	1057	MELANIE	FRANCIS	TEMP	F	49	45-49F	1.15.13	0
333	1520	1520	JUANIQUE	FOURIE	TEMP	F	32	SF	1.15.32	0
334	1032	1606	FANIE	CLAASSEN	DESPATCH	M	67	65-69M	1.15.34	1
335	1412	1412	SUSAN	VAN NIEKERK	TEMP	F	58	55-59F	1.15.37	0
336	1494	790	HEIDRIN	GERBER	32GI	F	55	55-59F	1.15.51	1
337	1015	1015	ZUNÉ	BOTHA	TEMP	F	28	SF	1.16.08	0
338	1006	1926	SIPHOKAZI	BACELA	BLUEBAY	F	32	SF	1.16.14	1
339	1471	1690	ZELDA	STRYDOM	MADIBA	F	43	40-44F	1.16.17	1
340	1411	1411	MONIQUE	VAN LOGGERENBERG	TEMP	F	26	SF	1.16.19	0
341	1410	1410	JANUS	VAN LOGGERENBERG	TEMP	M	34	SM	1.16.19	0
342	1264	1264	JORDAN	BLEWETT	TEMP	M	25	SM	1.16.25	0
343	1591	1591	CARYNNE	DRYDEN	TEMP	F	50	50-54F	1.16.34	0
344	1585	2796	BRENDON	DRYDEN	ACH	M	57	55-59M	1.16.34	1
345	1217	2814	ALISTAIR	SALT	32GI	M	50	50-54M	1.16.36	1
346	1160	1160	AMRI	PRETORIUS	TEMP	F	27	SF	1.16.38	0
347	1402	1402	MOSALE	TLAKA	TEMP	F	28	SF	1.16.45	0
348	1590	536	ELIZMA	HARMSE	RUN4C	F	64	60-64F	1.16.56	1
349	1045	1045	DEL-RIO	DU PLESSIS	TEMP	F	64	60-64F	1.17.00	0
350	1375	1306	GAVIN	KLINK	VWAC	M	52	50-54M	1.17.03	1
351	1093	1093	FIONA	MAGNUS	TEMP	F	53	50-54F	1.17.09	0
352	1166	1166	TALITA	ROUX	TEMP	F	50	50-54F	1.17.10	0
353	1118	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.17.21	1
354	1082	1082	NAYDENE	JOSEPHUS	TEMP	F	32	SF	1.17.27	0
355	1530	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	1.17.33	1
356	1127	714	KARIEN	JOUBERT	CRUSADE	F	37	35-39F	1.17.34	1
357	1455	1233	KATLEGO	KGAJE	ELITEAC	F	30	SF	1.17.40	1
358	1554	1554	GIDION	VAN DER MERWE	TEMP	M	59	55-59M	1.17.41	0
359	1097	1097	LIRIKEN	MATTHEWS	TEMP	F	31	SF	1.17.45	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
360	1060	1060	CHARL	GERBER	TEMP	M	61	60-64M	1.17.45	0
361	1282	1282	EZILE	MDIKWA	TEMP	F	28	SF	1.18.11	0
362	1281	1281	ZOLILE	ZAMISA	TEMP	M	32	SM	1.18.32	0
363	1031	438	Lilitha	Cembi	CHILLIEP	F	33	SF	1.18.33	1
364	1524	1524	WILHELM	VOSLOO	TEMP	M	57	55-59M	1.18.36	0
365	1235	2700	MITESH	VALLABH	VITALITY	M	49	45-49M	1.18.40	1
366	1224	2393	PETRO	STEENKAMP	JBAY	F	58	55-59F	1.18.45	1
367	1567	1567	NONKE	DAYI	TEMP	M	42	40-44M	1.18.49	0
368	1239	1386	JOHLI	VAN EEDEN	NEDBANK	F	56	55-59F	1.19.09	1
369	1450	544	JACQULENE	DU TOIT	RUN4C	F	52	50-54F	1.19.11	1
370	1380	1746	ARDEN	GROOTBOOM	GELVAN	F	44	40-44F	1.19.16	1
371	1249	2683	TERSIA	WEYER	VITALITY	F	57	55-59F	1.19.31	1
372	1519	1519	MICHELLE	VLOK	TEMP	F	35	35-39F	1.19.44	0
373	1186	2709	CHARLOTTE	MOTHILALL	VITALITY	F	42	40-44F	1.19.49	1
374	1106	532	JUDY	GERBER	RUN4C	F	58	55-59F	1.20.15	1
375	1364	1375	BARRY	NELSON	NEDBANK	M	73	70+M	1.20.15	1
376	1383	1383	SIYABULELA	STUNGU	TEMP	M	48	45-49M	1.20.23	0
377	1237	2400	GERHARD	VAN DER WESTHUIZEN	JBAY	M	50	50-54M	1.20.34	1
378	1229	1241	MARLENE	TERBLANCHE	ELITEAC	F	75	70+F	1.20.42	1
379	1306	2852	NQOBILE	QUPE	HOLLYWOOD	F	55	55-59F	1.20.43	1
380	1035	1035	VERNA	CLAASSEN	TEMP	F	62	60-64F	1.20.46	0
381	1152	1152	MICHELLE	O'HALLORAN	TEMP	F	50	50-54F	1.20.57	0
382	1459	1761	JASON	LE ROUX	GELVAN	M	29	SM	1.21.20	1
383	1339	2473	CLARISSA	BENDER	ABSAEP	F	52	50-54F	1.21.24	1
384	1453	2199	PHILISA	MANI-MANI	SIBALEKA	F	31	SF	1.21.35	1
385	1574	1574	ANTOINETTE	LEVER	TEMP	F	31	SF	1.21.38	0
386	1316	2575	Chuma	Qakala	MADIBAZ	F	25	SF	1.21.41	1
387	1017	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	67	65-69F	1.21.46	1
388	1458	1117	GRAHAM	NELL	ACH	M	74	70+M	1.21.49	1
389	1493	638	BUSISIWE	NZO	TEMP	F	49	45-49F	1.21.55	0
390	1049	1468	JEANETTE	CROSSMAN	NEDBANK	F	63	60-64F	1.22.15	1
391	1254	50249	NOLUYOLO	ZILWA	CHEETAH	F	44	40-44F	1.22.27	0
392	1178	767	GILLIAN	MCAINSH	CRUSADE	F	65	65-69F	1.22.40	1
393	1137	747	GLYNNE	LLOYD	CRUSADE	M	66	65-69M	1.22.40	1
394	1018	2768	NOMVELISO	BIDLA	SAPPE	F	32	SF	1.22.40	1
395	1404	1404	NELA	TSENGWA	TEMP	F	29	SF	1.22.58	0
396	1172	1172	JULIA	STEWART	TEMP	F	52	50-54F	1.23.06	0
397	1052	1052	CINDY	FERREY	TEMP	F	59	55-59F	1.23.06	0
398	1197	50290	AYANDA	NOMOYI	UNKNOWN	F	46	45-49F	1.23.11	0
399	1185	527	Kamohelo	Mota	RUN4C	F	31	SF	1.23.20	1
400	1379	1651	SANET	NIIT	MADIBA	F	56	55-59F	1.23.21	1
401	1040	1655	ANITA	COETZER	MADIBA	F	51	50-54F	1.23.22	1
402	1113	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.23.26	1
403	1050	1050	MEIRING	FERREIRA	TEMP	M	60	60-64M	1.23.39	0
404	1474	463	JO-ANNE	MUIR	WALMER	F	55	55-59F	1.23.40	1
405	1348	464	SHARON	POTGIETER	WALMER	F	60	60-64F	1.23.41	1
406	1286	2655	SINETHEMBA	DLAMINI	MADIBAZ	F	27	SF	1.23.49	1
407	1598	1598	YONELA	BUTA	TEMP	M	36	35-39M	1.23.59	0
408	1142	1390	VUYISEKA	MAKALIMA	NEDBANK	F	40	40-44F	1.24.35	1
409	1448	2240	Avuyonke	Klaas	SIBALEKA	F	36	35-39F	1.24.52	1
410	1260	2891	OTHEMBELA	MBOMBO	TRANSNET	F	27	SF	1.24.53	1
411	1588	1588	SIPHOKAZI	NGQUNQUMBA	TEMP	F	43	40-44F	1.25.04	0
412	1457	2651	VUYOKAZI	BONGELA	MADIBAZ	F	46	45-49F	1.25.11	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
413	1091	1091	BENEDNA	MAASDORP	TEMP	F	51	50-54F	1.25.14	0
414	1027	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.25.15	1
415	1357	61	ABEGAIL	TEYISE	SAPPE	F	52	50-54F	1.25.32	1
416	1180	2954	VUYOLWETHU	METULA	MOTHER	F	43	40-44F	1.25.53	1
417	1128	642	ESTINE	KEIRSGIETER	ASPEN	F	37	35-39F	1.26.01	1
418	1376	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.26.06	1
419	1190	2775	URITIAH	MYBURGH	MUIRITE	F	48	45-49F	1.26.08	1
420	1063	81	JOSE	DOS SANTOS	INFINITY	M	60	60-64M	1.26.14	1
421	1001	1001	GAIL	AGNEW	TEMP	F	50	50-54F	1.26.24	0
422	1465	1471	SHIRLEEN	CLARKE	NEDBANK	F	62	60-64F	1.26.37	1
423	1272	1272	BABALWA	MDODANA	TEMP	F	36	35-39F	1.26.37	0
424	1230	94	DENISE	TERBLANCHE	INFINITY	F	77	70+F	1.26.50	1
425	1488	1488	ELNE	VOSLOO	TEMP	F	23	SF	1.27.14	0
426	1556	1556	MEREDITH	LAW	TEMP	F	24	SF	1.27.14	0
427	1085	1085	NOMAVA	KHWETANI	TEMP	F	36	35-39F	1.27.33	0
428	1325	1122	BOB	STEDMAN	ACH	M	75	70+M	1.27.35	1
429	1210	336	ARNOLD	RAS	MUIRITE	M	63	60-64M	1.27.35	1
430	1098	1098	SISIPHO	MAYO	TEMP	F	27	SF	1.27.49	0
431	1192	1433	ANDRE	NEL	NEDBANK	M	58	55-59M	1.27.53	1
432	1406	1406	ALUNGILE	TYWAKU	TEMP	F	32	SF	1.28.00	0
433	1116	93	STEPHANIE	HAY	INFINITY	F	69	65-69F	1.28.01	1
434	1403	1403	KEITUMETSE	TSEBE	TEMP	F	21	SF	1.28.22	0
435	1508	1508	SEROLE	LENGOASA	TEMP	F	50	50-54F	1.28.24	0
436	1275	1275	NONTUTHUZELO	NGXONONO- DOUSE	TEMP	F	56	55-59F	1.28.51	0
437	1204	1231	HELENE	OPPEL	ELITEAC	F	75	70+F	1.28.52	1
438	1454	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	1.28.53	1
439	1071	1089	HELEN	ERLANK	ACH	F	43	40-44F	1.29.06	1
440	1256	586	LISA	BEDFORD	RUN4C	F	50	50-54F	1.29.36	1
441	1439	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.30.06	1
442	1238	1658	SAMANTHA	VAN DRIEL	MADIBA	F	33	SF	1.30.09	1
443	1491	1720	NOLEEN	NORRIS	GELVAN	F	68	65-69F	1.30.15	1
444	1092	1092	NOLUVO	MADIKIZELA	TEMP	F	29	SF	1.30.17	0
445	1440	2789	BUSISIWE	DYANTYI	TRANSNET	F	36	35-39F	1.31.37	1
446	1405	1405	NTOMBEBHONGO	TSOTSA	TEMP	F	25	SF	1.32.03	0
447	1503	1503	PAVANA	PILLAY	TEMP	F	25	SF	1.32.08	0
448	1086	1086	NOMPUMELELO	KLEINBOOI	TEMP	F	31	SF	1.32.08	0
449	1212	2047	MELISA	ROBERTS	ACH	F	43	40-44F	1.32.48	1
450	1016	1097	CINDI	BESTER	ACH	F	44	40-44F	1.32.48	1
451	1221	50177	PHILISWA	SITELA	CHEETAHS	F	35	35-39F	1.33.17	0
452	1154	1154	COLLEEN	PEREIRA	TEMP	F	58	55-59F	1.33.28	0
453	1155	1155	MARIO	PEREIRA	TEMP	M	59	55-59M	1.33.43	0
454	1581	1581	MATTHEW	PORTER	TEMP	M	23	SM	1.33.47	0
455	1034	1034	REBONE	CHALE	TEMP	F	31	SF	1.35.11	0
456	1287	1727	ACHMAT	ELLIE	GELVAN	M	65	65-69M	1.36.05	1
457	1443	1766	GODFREY	KARIEM	GELVAN	M	84	70+M	1.37.29	1
458	1058	1058	PHUMZA	GALADA	TEMP	F	44	40-44F	1.38.25	0
459	1270	1270	SOTEMBELA	MANQOYI	TEMP	M	25	SM	1.38.36	0
460	1489	1489	STELLA	VOSLOO	TEMP	F	55	55-59F	1.38.37	0
461	1570	1570	LUNGISA	NTSHENGULANA	TEMP	F	52	50-54F	1.39.09	0
462	684	684	LULAMA	JORDAAN	TEMP	F	52	50-54F	1.39.35	0
463	1187	50172	SIXOLISIWE	MQUQU	ACT AC	F	30	SF	1.39.49	1
464	1279	1279	FRANCOIS	TIMOTHEUS	TEMP	M	47	45-49M	1.40.52	0
465	1109	1679	KENNETH	GREYLING	MADIBA	M	65	65-69M	1.41.25	1
466	1510	1510	MILANI	JIJANA	TEMP	F	18	JF	1.42.22	0
467	1559	1559	MERYLL	VAN DER MERWE	TEMP	F	61	60-64F	1.42.50	0
468	1220	2998	KELSEY	SHEPHERD	MUIRITE	F	37	35-39F	1.44.39	1
469	1145	1145	JANE	MURCOTT	TEMP	F	70	70+F	1.45.25	0
470	1294	559	SILVIA	JONCK	RUN4C	F	64	60-64F	1.46.56	1
471	1259	589	CLAUDIUS	MARAIS	RUN4C	M	61	60-64M	1.49.24	1
472	1317	2783	VAL	SANDOW	INFINITY	F	79	70+F	1.50.26	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
HELPERS RUN										
H1			AYANDA	SOXUZA	ADVENT	F	38	35-39F	0.59.51	1
H2			CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	1.00.21	1
H3			CATHERINE	PAUL	CHARLO	F	20	SF	1.01.58	1
H4			LUTHANDO	KAPOYI	ADVENT	M	46	45-49M	1.03.11	1
H5			LARA	VAN HEERDEN	CHARLO	F	49	45-49F	1.05.05	1
H6			LISA	HEN-BOISEN	CHARLO	F	51	50-54F	1.05.15	1
H7			MATTHEW	MULLER	CHARLO	M	23	SM	1.06.08	1
H8			LINLEY	BRUINTJIES	NEWTON	F	38	35-39F	1.06.14	1
H9			TREVOR	VAN RENSBURG	CHARLO	M	72	70-74M	1.06.39	1
H10			PAULA	PEARCE	CHARLO	F	56	55-59F	1.07.31	1
H11			ANDREW	HIGGS	CHARLO	M	53	50-54M	1.07.38	1
H12			LEE	PAGE	CHARLO	F	41	40-44F	1.08.47	1
H13			VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.11.04	1
H14			CHANTEL	HUYGEN	CHARLO	F	40	40-44F	1.12.24	1
H15			SUNET	HARRIS	CHARLO	F	52	50-54F	1.19.38	1
H16			ERIKA	FOREMAN	CHARLO	F	54	50-54F	1.19.38	1
H17			BHEKUYISE	MAKEDAMA	ADVENT	M	52	50-54M	1.21.09	1
H18			CLAIRE	TUSTIN-PARKER	CHARLO	F	47	45-49F	1.21.09	1
H19			EUSENTHA	PILLAY	CHARLO	F	59	55-59F	1.24.00	1
H20			KESVAL	CHETTY	CHARLO	M	60	60-64M	1.24.00	1
H21			EVA	CHETTY	CHARLO	F	56	55-59F	1.24.00	1
H22			BERNADETTE	LOOCK	CHARLO	F	45	45-49F	1.24.00	1
H23			MARI	CALITZ	CHARLO	F	64	60-64F	1.27.08	1
H24			LOCHI	LOCHNER	CHARLO	M	77	75-79M	1.27.08	1
H25			NOREEN	HUMAN	CHARLO	F	48	45-49F	1.29.09	1
H26			NOBULUMKO	MAKEDAMA	ADVENT	F	49	45-49F	1.30.31	1
H27			CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.31.15	1
H28			DINA	SCHUTTE	CHARLO	F	59	55-59F	1.33.00	1
H29			RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	1.34.00	1
H30			ALTHEA	BRUINTJIES	NEWTON	F	26	SF	1.34.13	1
H31			NOBUNTU	NXUMALO	ADVENT	F	44	40-44F	1.38.31	1
H32			MILE	VERMAAK	CHARLO	F	58	55-59F	1.38.59	1
H33			CONRAD	VENTER	CHARLO	M	33	SM	1.38.59	1