

NMB 1 CITY 10KM - BAYWEST MALL, GQEBERHA - 2025-12-06										
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	3636	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.31.05	1
2	3494	1359	SELWYN	MATTHEWS	NEDRCSWD	M	27	SM	0.31.13	0
3	3443	10326	SIBUSISO	COLEPI	TUT	M	20	SM	0.31.55	0
4	3092	40414	LUKHANYISO	APRIL	Ikhamva	M	18	JM	0.32.19	1
5	3091	40477	OKUHLE	DLOTO	Ikhamva	M	18	JM	0.32.32	1
6	3169	360	NTSIKA	NTAMO	IKHAMVA	M	23	SM	0.34.03	1
7	3109	1499	OYAMA	NTANTISO	NEDBANK	M	21	SM	0.34.28	1
8	3116	242	AYABONGA	SAUL	KOWIE	M	23	SM	0.35.47	1
9	4368	1034	PATRIDGE	CHIMWENDO	ACH	M	23	SM	0.35.59	1
10	3669	1482	JEANDRY	DEERLING	NEDBANK	M	33	SM	0.36.08	1
11	3178	1391	MNCEDI	KHANTI	NEDBANK	M	46	45-49M	0.36.24	1
12	3138	16274	BUNOLO	PLAATJIE	UWC	M	24	SM	0.37.21	0
13	3606	400	LEBOHANG	SENTI	IKHAMVA	M	39	35-39M	0.38.12	1
14	3695		SIYATHEMBA	MBADULI	NEDBANK	M	27	SM	0.39.05	1
15	3594	10894	CLIVE	KASERERA	TEMP	M	17	JM	0.39.16	0
16	3032	3051	SIYABONGA	TUNZI	SAPSTR	M	42	40-44M	0.39.30	0
17	3400	1110	HASSAN	NDZAKANA	NEDBOR	M	56	55-59M	0.40.39	0
18	3641	1511	APHLYN	TAAI	NEDBANK	M	43	40-44M	0.40.59	1
19	3624	3170	JEANRE	OELOFSE	32GI	M	20	JM	0.41.21	1
20	3460	40549	GUERRA	NTULI	SCHOOL	M	17	JM	0.41.24	1
21	3442	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	0.41.24	1
22	3446	1064	GRAHAM	ESHMADE	ACH	M	48	45-49M	0.41.27	1
23	3155	40649	DESNAV	OGRADY	SCHOOL	F	15	JF	0.42.00	1
24	3023	2807	SABELO	MELITAF	CSEP	M	46	45-49M	0.42.48	1
25	3537	40454	THEO	BUIS	NEDBANK	M	17	JM	0.42.51	1
26	1105	809	ERICK	SPIERS	GEORGE	M	62	60-64M	0.43.48	0
27	3496	40003	SIPHIWO	APRIL	NEDBANK	M	15	JM	0.44.14	1
28	3172	545	RUHAN	VAN RENSBURG	RUN4C	M	33	SM	0.44.16	1
29	3177	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	0.44.45	1
30	3562	1083	ALAN	TAYLOR	ACH	M	68	65-69M	0.44.49	1
31	3181	1403	BABALWA	NGCOKO	NEDBANK	F	38	35-39F	0.45.36	1
32	3398	1916	BULELANI	MTSHWANE	SPAR	M	34	SM	0.45.41	0
33	3099	40076	KYLIE	VERMAAK	ELITEAC	F	18	JF	0.45.41	1
34	3239	10939	CLAYTON	KENSLEY	TEMP	M	39	35-39M	0.45.45	0
35	3234	10234	ABRAHAM	BOTHA	TEMP	M	42	40-44M	0.45.48	0
36	3548	10848	PIKO	NOKWE	TEMP	M	24	SM	0.45.52	0
37	3508	10808	JUSTIN	DAMONS	TEMP	M	30	SM	0.45.55	0
38	3093	40569	CARLA	CLOTZ	SCHOOL	F	18	JF	0.46.03	1
39	1224	870	SAKHE	NGQENGELE	NYANDEN	M	45	45-49M	0.46.07	0
40	3156	25058	MIRANDA	LANGATYE	SCHOOL	F	31	SF	0.46.10	1
41	3479	2021	BIANCA	SCHOONBEE	ASPEN	F	22	SF	0.46.10	1
42	3637	10714	DAWID	KEYSER	TEMP	M	47	45-49M	0.46.23	0
43	3626	40469	MIKULE	NEL	GELVAN	M	18	JM	0.46.37	1
44	3336	3336	KIAN	TERBLANCHE	TEMP	M	28	SM	0.46.47	0
45	3041	10041	MUKHETHWA	MBEDZI	TEMP	F	29	SF	0.46.48	0
46	3487	10187	MICAIAH	COLTMAN	TEMP	M	24	SM	0.46.56	0
47	3640	1457	RICHARD	MAZUNGULA	NEDBANK	M	48	45-49M	0.47.10	1
48	3152	40071	CONNOR	BIRD	ELITEAC	M	14	JM	0.47.21	1
49	3634	1451	ELROY	MATTHEWS	NEDBANK	M	56	55-59M	0.47.47	1
50	3607	40200	MASIBULELE	KOYANA	NEDBANK	M	17	JM	0.47.58	1
51	3061	10961	SIYAMVUYELA	MATOTO	TEMP	M	27	SM	0.47.59	0

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52	3497	2325	SIBONGILE	MGQEBA	VUKANI	F	38	35-39F	0.48.39	1
53	3115	1326	ARNO	NEL	NEDBANK	M	47	45-49M	0.48.51	1
54	3615	40563	RUBEN	KEYSER	SCHOOL	M	14	JM	0.48.55	1
55	3036	520	SASKIA	WAIT	RUN4C	F	23	SF	0.48.55	1
56	3459	2042	OLIVER	NEWLAND-NELL	ACH	M	20	JM	0.48.57	1
57	3114	1024	STICKS	STIGLINGH	BODYCON	M	71	70+M	0.48.59	1
58	3603	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	0.49.05	1
59	3674	10718	LINDSAY	DAVIES	TEMP	F	33	SF	0.49.19	0
60	3403	18999	PETER	O'KENNEDY	MAVERICK	M	58	55-59M	0.49.24	0
61	3098	40075	CHLOÉ	VERMAAK	ELITEAC	F	18	JF	0.49.25	1
62	3506	10806	DERVIN	COLLINS	TEMP	M	30	SM	0.50.10	0
63	3622	621	KIRWIN	DE KLERK	ASPEN	M	44	40-44M	0.50.10	1
64	3375	10775	BUKHO	NKWELO	TEMP	M	21	SM	0.50.24	0
65	3073	10973	HEIN	VAN HUYSTEEN	TEMP	M	57	55-59M	0.50.37	0
66	3200	1118	BRUCE	KING	ACH	M	59	55-59M	0.50.54	1
67	3475	1468	JEANETTE	CROSSMAN	NEDBANK	F	64	60-64F	0.51.17	1
68	3225	10225	LUTHO	RATAZA	TEMP	M	15	JM	0.51.20	0
69	3132	2563	SINDISWA	NYAMANDA	SAPSTR	F	42	40-44F	0.51.21	0
70	3088	2067	VUYO	MAKEBA	ALBANY	M	59	55-59M	0.51.35	1
71	3297	10997	LEANDI	VAN TONDER	TEMP	F	14	JF	0.51.47	0
72	2624	10624	STANFORD	NDLOVU	TEMP	M	32	SM	0.51.48	0
73	3665	11236	UMINAM	TSEPANE	TEMP	M	15	JM	0.51.54	0
74	3340	11340	DAVID	LEYLAND	TEMP	M	16	JM	0.52.01	0
75	3399	1921	OWEN	NCUBE	BLUEBAY	M	44	40-44M	0.52.14	1
76	3043	10043	CARMEN	SAMPSON	TEMP	F	36	35-39F	0.52.26	0
77	3549	10849	AVIWE	PAKADE	TEMP	M	40	40-44M	0.52.28	0
78	3595	10895	NATHAN	LE ROUX	TEMP	M	28	SM	0.52.36	0
79	3590	11890	JESSE	WOLVAARD	TEMP	F	25	SF	0.52.36	0
80	3642	1360	SITHEMBILE	MPAKO	NEDBANK	M	65	65-69M	0.52.42	1
81	3072	10972	CATHY	VAN HUYSTEEN	TEMP	F	56	55-59F	0.52.47	0
82	3150	3147	KUHLE	MQASHANE	CHILLIEP	F	22	SF	0.52.50	1
83	3604	1236	STEPHEN	KLUE	ELITEAC	M	67	65-69M	0.52.55	1
84	3547	10847	XOLANI	NGCOBO	TEMP	M	47	45-49M	0.53.06	0
85	3118	2571	LAUREN	BOOYSEN	MADIBAZ	F	26	SF	0.53.11	1
86	3186	40104	KATLEGO	LELAKA	VWAC	M	18	JM	0.53.15	1
87	3455	3061	ERIC	MOENG	CSEP	M	54	50-54M	0.53.15	1
88	759	1916	PHAPHAMA	MALUSI	HOLLY	M	40	40-44M	0.53.29	0
89	3165	196	LONWABO	FONGO	CSEP	M	38	35-39M	0.53.33	1
90	3395	170	THANDEKA	MHLANGA	ACT AC	F	35	35-39F	0.53.46	1
91	2388	10388	FEZILE	MAKI	TEMP	M	48	45-49M	0.54.01	0
92	3516	10816	KUHLE	JOBELA	TEMP	M	31	SM	0.54.06	0
93	3601	1494	TAWFEEQ	VYVER	NEDBANK	M	27	SM	0.54.18	1
94	2384	10384	SAMORA	SITHOLE	TEMP	M	28	SM	0.54.23	0
95	3650	375	MARIUS	STANDER	IKHAMVA	M	57	55-59M	0.54.24	1
96	3013	2190	ALAN	BROWNE	32GI	M	33	SM	0.54.27	1
97	3471	11971	GARETH	ANDERSON	TEMP	M	62	60-64M	0.54.53	0
98	3235	10235	ALANA	STIGLINGH	TEMP	F	31	SF	0.54.56	0
99	3037	10037	ALVARO	HENRIQUES	TEMP	M	47	45-49M	0.55.08	0
100	3367	10767	MLUNGISI	KOLOLO	TEMP	M	38	35-39M	0.55.17	0
101	3031	2819	ANNEKE	SMITH	VITALITY	F	45	45-49F	0.55.24	1
102	3246	10246	LINDELWE	MKHIZE	TEMP	M	17	JM	0.55.28	0
103	3295	10995	CLAYTON	GOODWIN	TEMP	M	51	50-54M	0.55.44	0

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104	3609		ROGER	STEELE	TEMP	M	68	65-69M	0.55.47	0
105	3214	10214	RACHEL	GIBSON	TEMP	F	42	40-44F	0.55.50	0
106	3215	10215	DYLAN	WIGHTMAN	TEMP	M	45	45-49M	0.55.50	0
107	3280	10280	RIAN	BUITENDAG	TEMP	M	26	SM	0.55.54	0
108	3502	11000	RICHARD	BARKER	TEMP	M	60	60-64M	0.55.55	0
109	3503	11034	RACHEL	BLANDFORD	TEMP	F	26	SF	0.55.56	0
110	3458	673	GREIG	NEWLAND-NELL	ACH	M	50	50-54M	0.56.02	1
111	3507	10807	KAYLEIGH	COUFMANN	TEMP	F	16	JF	0.56.02	0
112	3210	10210	MZIMHLE	TSHOTHO	TEMP	M	40	40-44M	0.56.05	0
113	3341	11341	HANNAH	LEYLAND	TEMP	F	18	JF	0.56.07	0
114	4635	750	PIETER	ROUX	CRUSADE	M	70	70+M	0.56.12	1
115	3140	1216	BENITA	GERBER	ELITEAC	F	61	60-64F	0.56.14	1
116	3133	1139	ROBERT	SPRUNG	CHARLO	M	27	SM	0.56.17	1
117	3477	1398	DANIEL	STEVENS	NEDRCSWD	M	37	35-39M	0.56.18	0
118	3453	2737	SIPHOKAZI	MANI	TEAMVIT	F	35	35-39F	0.56.18	0
119	3164	2632	PHILIPP	HOELZER	MADIBAZ	M	44	40-44M	0.56.24	1
120	3086	40450	RUBENN	BUCKLEY	SCHOOL	M	14	JM	0.56.29	1
121	3440	951	REON	VAN RENSBURG	CHARLO	M	53	50-54M	0.56.29	1
122	3024	840	BRONWIN	MEYER	32GI	F	53	50-54F	0.56.35	1
123	3258	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	68	65-69M	0.56.38	1
124	3464	1554	HELGARD	POTGIETER	DESPATCH	M	53	50-54M	0.56.46	1
125	3518	10818	PHUMELELE	KWAYIMANI	TEMP	M	43	40-44M	0.56.52	0
126	3318	11318	CHANEY	SMIT	TEMP	F	21	SF	0.56.55	0
127	3524	10824	NICO	LOUW	TEMP	M	21	SM	0.56.55	0
128	3339	11339	JAUN-PIERRE	LATEGAN	TEMP	M	21	SM	0.56.56	0
129	3567	1492	DEON	VYVER	NEDBANK	M	58	55-59M	0.56.59	1
130	3514	10814	EMILY	HAMILTON	TEMP	F	19	JF	0.57.04	0
131	3253	10853	ROHAN	JOHNSON	TEMP	M	32	SM	0.57.06	0
132	3700	1208	CHRISTINE	BIRD	ELITEAC	F	54	50-54F	0.57.10	1
133	3289	10289	RIKA	VERMEULEN	TEMP	F	51	50-54F	0.57.13	0
134	3363	10763	JOSHUA	TOWNSEND	TEMP	M	27	SM	0.57.14	0
135	3647	10862	TEAGAN	PRINSLOO	TEMP	M	14	JM	0.57.18	0
136	3629	40550	ETHAN	ELS	SCHOOL	M	14	JM	0.57.24	1
137	3224	10224	CHAD	AGNEX	TEMP	M	16	JM	0.57.25	0
138	3145	708	JOAN	MARLBOROUGH	CRUSADE	F	71	70+F	0.57.26	1
139	3515	10815	BEANDRA	JANTJIES	TEMP	F	29	SF	0.57.30	0
140	3139	1201	CATHY	ALLERS	ELITEAC	F	63	60-64F	0.57.38	1
141	3017	3076	DEWALD	DEYZEL	JBAY	M	57	55-59M	0.57.41	1
142	3597	10897	OLONA	LUPALULE	TEMP	M	27	SM	0.57.48	0
143	3205	10205	TIAAN	BOUWER	TEMP	M	22	SM	0.57.58	0
144	3161	1714	HANSIE	ELS	MADIBA	M	77	70+M	0.58.01	1
145	3192		ANGELA	FORD	MAVERICK	F	56	55-59F	0.58.08	0
146	3410	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.58.12	1
147	3673	2568	BUSIE	BANS	STUT	F	36	35-39F	0.58.12	0
148	3581	10881	AMY	VILJOEN	TEMP	F	29	SF	0.58.17	0
149	3563	10863	DAMION	STEAD	TEMP	M	19	JM	0.58.17	0
150	3491	10891	GENEVIEVE	STANDER	TEMP	F	39	35-39F	0.58.32	0
151	3162	3206	KAYLA	VERMAAK	MUIRITE	F	23	SF	0.58.34	1
152	3571	10871	JANDRE	VAN TONDER	TEMP	M	32	SM	0.58.35	0
153	3015	804	VALMAINE	DE KLERK	32GI	F	48	45-49F	0.58.41	1
154	3577	10877	GRIZELDA	PIETERSEN	TEMP	F	57	55-59F	0.58.43	0
155	3630	677	JOHANNES	SMUTS	ALBANY	M	33	SM	0.58.51	1

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156	3384	547	MATSEPO	KOYI	RUN4C	F	32	SF	0.58.55	1
157	3285	10285	SARAH	MOKWENA	TEMP	F	25	SF	0.59.07	0
158	3536	10836	KIM	MOCKE	TEMP	F	47	45-49F	0.59.09	0
159	3330	11330	KAMVELIHLE	CEWU	TEMP	M	25	SM	0.59.12	0
160	3628	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.59.42	1
161	3306	11306	ANDRE	SCHOEMAN	TEMP	M	31	SM	0.59.46	0
162	3307	11307	CHANTE	SCHOEMAN	TEMP	F	27	SF	0.59.46	0
163	1174		SINOVUYO	MAROLA	ENGCOBO	F	34	SF	0.59.46	0
164	1254	884	QEQESHWA	MZOLA	ENGCOBO	F	40	40-44F	0.59.47	0
165	3096	1228	CLIVE	DE LANGE	ELITEAC	M	53	50-54M	0.59.56	1
166	3163	1695	CARLA	GILLWALD	MADIBA	F	37	35-39F	0.59.56	1
167	3167	2065	YENZEKILE	MDODANA	NMBAC	F	33	SF	1.00.12	1
168	3605	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.00.12	1
169	3612	10030	SIPHOKAZI	FANA	TEMP	F	35	35-39F	1.00.12	0
170	3492	10892	REMOFILWE	TSHITLHO	TEMP	M	28	SM	1.00.13	0
171	3688	1309	VUYOLWETHU	JUBASE-SIGADLA	CHILLIEB	F	37	35-39F	1.00.13	0
172	3691	1311	ZIZI	ZILWA	CHILLIEB	F	41	40-44F	1.00.14	0
173	3689	2852	SANGE	PILISO	ESKOM	F	40	40-44F	1.00.16	0
174	3151	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	1.00.19	1
175	3493	10893	CHRISTIAN	VANWYK	TEMP	M	19	JM	1.00.21	0
176	3070	10970	LOURENS	TOERIEN	TEMP	M	58	55-59M	1.00.29	0
177	3126	2054	WILLEM	ZIETSMAN	JBAY	M	31	SM	1.00.36	1
178	3678	10641	KIRSTY	BARNES	TEMP	F	37	35-39F	1.00.37	0
179	3639	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	1.00.47	1
180	3432	1141	LAUREN	MCKAY	CHARLO	F	45	45-49F	1.00.52	1
181	3482	10982	THEMBELANI	BEFILE	TEMP	M	33	SM	1.01.09	0
182	3229	10229	SISA	PAZI	TEMP	M	35	35-39M	1.01.09	0
183	3227	10227	ALUNGILE	MKHOSI	TEMP	F	29	SF	1.01.10	0
184	3495	1191	ELIZE	ADAMS	ELITEAC	F	51	50-54F	1.01.19	1
185	3331	11331	JUDI	SMUTS	TEMP	F	38	35-39F	1.01.25	0
186	3616	53057	ONDAMKELA	MPHIKE	SAPSTR	F	25	SF	1.01.31	0
187	3282	10282	SONGEZO	MKUNYANA	TEMP	M	26	SM	1.01.39	0
188	3593	11793	MTHOKOZISI	KHULU	TEMP	M	36	35-39M	1.01.42	0
189	3478	715	APHIWE	FAYINDLALA	MTHATHA	F	40	40-44F	1.01.42	0
190	3578	11377	ALAN	RYAN	TEMP	M	58	55-59M	1.01.46	0
191	3245	10245	KELSEY	ABERSALIE	TEMP	F	26	SF	1.01.51	0
192	3084	40107	MINIQUE	VAN TONDER	DESPATCH	F	19	JF	1.01.51	1
193	3427	892	CHANTEL	HUYGEN	CHARLO	F	40	40-44F	1.02.00	1
194	3457	1520	MZIWOXOLO	NDZIWENI	ADVEN	M	42	40-44M	1.02.13	1
195	3434	905	MICHELE	MOOLMAN	CHARLO	F	40	40-44F	1.02.24	1
196	3485	10185	YOLANDI	STRYDOM	TEMP	F	42	40-44F	1.02.25	0
197	3658	11222	DEWET	GRIEBENAUW	TEMP	M	35	35-39M	1.02.45	0
198	3663	11235	LEONE	JACKSON	TEMP	F	65	65-69F	1.02.45	0
199	3345	11345	LUTHO	GWILI	TEMP	M	30	SM	1.02.56	0
200	3279	10279	LAURELLE	DEYSEL	TEMP	F	51	50-54F	1.02.57	0
201	3348		MARINES	PRETORIUS	TEMP	M	32	SM	1.02.57	0
202	3579	10879	MG	SAAYMAN	TEMP	M	16	JM	1.03.00	0
203	3319	11319	SHANÉ	BEZUIDENHOUT	TEMP	F	16	JF	1.03.02	0
204	3454	10754	TERESA	JOUBERT	TEMP	F	54	50-54F	1.03.06	0
205	3450	2109	JOY	HILL	HEATAC	F	33	SF	1.03.13	1
206	3191	2184	SISANDA	FATA	ASPEN	F	30	SF	1.03.13	1
207	3649	10180	SIMON	SCHOLTZ	TEMP	M	29	SM	1.03.17	0

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208	3405	1557	CARIN	COETZEE	DESPATCH	F	48	45-49F	1.03.18	1
209	3552	11752	MARCO	COETZEE	TEMP	M	49	45-49M	1.03.19	0
210	3083	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	1.03.19	1
211	3463	1587	MARISKA	OLIVIER	DESPATCH	F	38	35-39F	1.03.19	1
212	3033	2036	ANDRE	VAN DER BANK	MUIRITE	M	54	50-54M	1.03.30	1
213	3010	187	DENVER	BARENDSE	CSEP	M	38	35-39M	1.03.37	1
214	3692	1295	SANDISIWE	LINDI	CHILLIEB	F	40	40-44F	1.03.41	0
215	3583	10883	SITHANDILE	SIPILI	TEMP	M	43	40-44M	1.03.46	0
216	3411	409	VERONICA	SMITH	IKHAMVA	F	59	55-59F	1.03.52	1
217	3016	1456	SANET	DE NYSSCHEN	JBAY	F	59	55-59F	1.03.55	1
218	3296	10996	LEANDI	SCHIPPER	TEMP	F	34	SF	1.03.57	0
219	3361	10761	TEVIN	PIENAAR	TEMP	M	33	SM	1.03.59	0
220	3418	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	1.04.14	1
221	3419	1119	TREMAINE	WESSON	ACH	M	65	65-69M	1.04.21	1
222	3146	759	MIKE	BURGER	CRUSADE	M	71	70+M	1.04.24	1
223	3413	2864	PUMLISA	STOTO	BUFFALO	F	37	35-39F	1.04.35	0
224	3420	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	63	60-64M	1.04.39	1
225	3342	11342	PETE	LEYLAND	TEMP	M	47	45-49M	1.04.43	0
226	3662	11233	TANDO	TSEPANE	TEMP	M	23	SM	1.04.49	0
227	3576	10876	KURT	CAMPHER	UNKNOWN	M	48	45-49M	1.04.49	0
228	3320	11320	TIMON	BEZUIDENHOUT	TEMP	M	17	JM	1.04.57	0
229	3060	10960	SARAH	MARX	TEMP	F	32	SF	1.04.59	0
230	3444	289	RENAY	DU PLESSIS	MUIRITE	F	57	55-59F	1.05.01	1
231	3422	882	ARMIN	BRANDLE	CHARLO	M	73	70+M	1.05.03	1
232	2164	10164	SINOTHANDO	TISO	TEMP	F	31	SF	1.05.12	0
233	3447	2794	MZWANELE	FUNDA	MERCEDES	M	43	40-44M	1.05.21	0
234	3451	1246	NATALIE	LIEBENBERG	ELITEAC	F	38	35-39F	1.05.22	1
235	3572	10872	SASHA	WALLENSTEIN	TEMP	F	32	SF	1.05.22	0
236	3575	10875	JENNIFER	BUCHLER	TEMP	F	64	60-64F	1.05.25	0
237	3557	10857	STEPHNO	PIETERSE	TEMP	M	36	35-39M	1.05.33	0
238	3008	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.05.37	1
239	3194	1563	MAURITZ	GOUWS	DESPATCH	M	38	35-39M	1.05.40	1
240	3586	10886	CHRIS	SLABBERT	TEMP	M	35	35-39M	1.05.41	0
241	3385		MARLENE	MULVEY	TEMP	F	47	45-49F	1.05.47	0
242	3436	902	KRISH	PILLAY	CHARLO	M	64	60-64M	1.05.57	1
243	3554	11754	ANCHERIEN	DU PLESSIS	TEMP	F	60	60-64F	1.06.00	0
244	3349		LEREKO	MOLEFE	TEMP	F	33	SF	1.06.01	0
245	3519	10819	KIJANA	LARSEN	TEMP	F	25	SF	1.06.07	0
246	3584	10884	MACEBO	SIQITI	TEMP	M	36	35-39M	1.06.20	0
247	3232	10232	YOLANDA	NOMATHOLE	TEMP	F	37	35-39F	1.06.23	0
248	3233	10233	LINDANI	MBATHA	TEMP	M	43	40-44M	1.06.24	0
249	3684	3684	UNKOWN		TEMP	M	30	SM	1.06.38	0
250	3012	2921	KENNY	BROWN	JBAY	M	74	70+M	1.06.43	1
251	3370	11370	LIEZE	LE LOUX	TEMP	F	40	40-44F	1.06.47	0
252	3077	10977	WILBUR	WRIGHT	TEMP	M	50	50-54M	1.06.52	0
253	3173		CELESTE	RUDMAN	RUN4C	F	34	SF	1.07.01	1
254	3416	1580	STACEY	TIMMS	DESPATCH	F	35	35-39F	1.07.01	1
255	3249	10849	LUCIO	SASS	TEMP	M	41	40-44M	1.07.04	0
256	3321	11321	NICOLE	KATZ	TEMP	F	39	35-39F	1.07.04	0
257	3638	1104	CATHY	IVES	ACH	F	72	70+F	1.07.06	1
258	3076	10976	LINDIE	WEBSTER	TEMP	F	36	35-39F	1.07.06	0
259	3527	10827	FUNDISWA	MALI	TEMP	F	43	40-44F	1.07.21	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
260	3154	2348	LIESEL	BADENHORST	JBAY	F	51	50-54F	1.07.25	1
261	3058	10958	JOHAN	JOUBERT	TEMP	M	38	35-39M	1.07.32	0
262	3268	14926	NOSIPHIWO	FRANS	GUGS	F	34	SF	1.07.33	0
263	3558	10858	ISABELLA	ROUX	TEMP	F	19	JF	1.07.47	0
264	3195	1933	CHUMA	GQOLA	BLUEBAY	F	30	SF	1.07.51	1
265	3025	2202	VUYISEKA	MHLAHLO	SIBALEKA	F	44	40-44F	1.07.53	1
266	3243	10943	JADE	HENDRICKS	TEMP	F	23	SF	1.08.00	0
267	3401	609	BONGANI	NGCALA	ASPEN	M	34	SM	1.08.04	1
268	3302	11302	CAYDY	JACOBS	TEMP	F	35	35-39F	1.08.07	0
269	3301	11301	TOINETTE	ADAMS	TEMP	F	40	40-44F	1.08.10	0
270	3632	40016	Hannah	Sullivan	RUN4C	F	15	JF	1.08.13	1
271	3351	11351	GRAHAM	BOYD	TEMP	M	70	70+M	1.08.14	0
272	3521	10821	ORAPELENG	LEKOMA	TEMP	F	23	SF	1.08.16	0
273	3614	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.08.17	1
274	3505	10267	LUMEN	CHRISTIAN	TEMP	M	27	SM	1.08.18	0
275	3168	1631	AMANDA	BLIGNAULT	MADIBA	F	66	65-69F	1.08.18	1
276	2559	1352	BOIKETLO	MTAU	CELTIC	F	22	SF	1.08.21	0
277	3303	11303	PHAPHANI	NDEYA	TEMP	M	31	SM	1.08.22	0
278	2215	2076	BONILE	NGCEKE	SANDFEP	F	29	SF	1.08.26	1
279	3599	10899	BRENDA	NEWLAND-NELL	TEMP	F	46	45-49F	1.08.27	0
280	2514	1593	LESEDI	MTAU	DESPATCH	F	24	SF	1.08.27	1
281	3523	10823	ROSE	LOLO	TEMP	F	30	SF	1.08.31	0
282	3005	980	PETRUS	KOOPMAN	CHARLO	M	64	60-64M	1.08.36	1
283	3035	562	JUDITH	NIENABER	RUN4C	F	65	65-69F	1.08.44	1
284	3414	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	1.08.47	1
285	3130	40103	KIERAN	LEWIES	VWAC	M	15	JM	1.08.51	1
286	3212	10212	GALEEMA	LILLAH	TEMP	F	32	SF	1.08.52	0
287	3180	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	1.08.52	1
288	3407	1257	STEPHANIE	SCHEEPERS	VWAC	F	29	SF	1.08.52	1
289	3185	1258	LIZAN	BURKETT	VWAC	F	42	40-44F	1.08.52	1
290	3690	1553	SISANDA	BOOI	NEDBOR	F	39	35-39F	1.09.08	0
291	3687	1668	MANDILAKHE	MILI	ORMAMBA	F	43	40-44F	1.09.08	0
292	3131	1196	LEE	STRYDOM	TEMP	F	18	JF	1.09.14	0
293	3240	10940	CLEO	HELM	TEMP	F	29	SF	1.09.15	0
294	3298	10998	ROSS	FORD	TEMP	M	33	SM	1.09.15	0
295	3408	2782	TUMANI	SIFILE	MERCEDES	M	51	50-54M	1.09.17	0
296	3387		XHOBANI	NTLIZIYWANA	TEMP	M	18	JM	1.09.18	0
297	3412	481	CHRISTO	STEYN	RUN4C	M	57	55-59M	1.09.23	1
298	3242	10942	IRSHAAD	HOOSAIN	TEMP	M	26	SM	1.09.30	0
299	3231	10231	SANDY	JOOSTE	TEMP	F	63	60-64F	1.09.32	0
300	3275	10275	KYM	MANDIZVIDZA	TEMP	F	34	SF	1.09.32	0
301	3347		JULIAN	COSKEY	TEMP	M	58	55-59M	1.09.33	0
302	3176	40440	MATTHEW	HECHTER	ELITEAC	M	14	JM	1.09.34	1
303	3525	10825	FIONA	MAGNUS	TEMP	F	53	50-54F	1.09.35	0
304	3499	705	OCTAVIA	BOSHOF	CRUSADE	F	55	55-59F	1.09.38	1
305	3568	10868	JONIEN	STRYDOM	TEMP	F	17	JF	1.09.39	0
306	3196	1182	ARLENE	HELBERG	ELITEAC	F	62	60-64F	1.09.47	1
307	3686	3615	DE WET	PEENS	TV	M	56	55-59M	1.09.47	0
308	3660	11224	MAWANDE	NGCELWANE	TEMP	M	25	SM	1.09.51	0
309	3425	3425	UNKNOWN		TEMP	M	35	35-39M	1.09.53	0
310	3281	10281	SUSAN	VAN NIEKERK	TEMP	F	59	55-59F	1.10.01	0
311	3171	2801	SHOWNA	PETZER	RUN4C	F	42	40-44F	1.10.06	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
312	3555	11755	TARYN	GESWINT	TEMP	F	25	SF	1.10.07	0
313	3501	10999	LWANDOLWETHU	BANA	TEMP	F	25	SF	1.10.07	0
314	3421	893	MAGDA	BECKER	CHARLO	F	38	35-39F	1.10.10	1
315	3241	10941	GEMMA	JOHNSON	TEMP	F	23	SF	1.10.13	0
316	3219	10219	BUSISIWE	NCOMANZI	TEMP	F	37	35-39F	1.10.14	0
317	3059	10959	LAILAA	MAN LEE	TEMP	F	33	SF	1.10.14	0
318	3381	2886	NOKWANGUYE	KOBI	OTHER	F	55	55-59F	1.10.24	0
319	2673		NOMFUNDO	KAMTENI	TEMP	F	43	40-44F	1.10.25	0
320	3394	2110	MANTSHADI	MATHIELA	UNITED	F	29	SF	1.10.25	0
321	3011	286	SANET	BLOM	MUIRITE	F	58	55-59F	1.10.27	1
322	3685	2440	BULELA	SIDLOYI	ORMAMBA	F	40	40-44F	1.10.31	0
323	3189		MARINDA	CRONJÉ	ELITEAC	F	60	60-64F	1.10.36	1
324	3376		DEMI-RAE	WILLEMSE	TEMP	F	29	SF	1.10.42	0
325	3287	10887	ZEENAT	LEE	TEMP	F	19	JF	1.10.43	0
326	3550	10850	ANELISA	PEZISA	TEMP	F	29	SF	1.10.43	0
327	3113	566	JANINE	VILJOEN	RUN4C	F	55	55-59F	1.10.45	1
328	3655	11219	SHAWN	VAN EYK	TEMP	M	58	55-59M	1.10.46	0
329	3666	198	RIAN	SMALBERGER	CSEP	M	71	70+M	1.10.47	1
330	3264	3000	DION	MAJODINA	SOCIALD	M	40	40-44M	1.10.47	0
331	3383		NONDLELA	RADEBE	TEMP	F	41	40-44F	1.10.49	0
332	3469	303	SANET	VAN NIEKERK	MUIRITE	F	56	55-59F	1.10.51	1
333	3160	337	CHRISTINE	SNYMAN	MUIRITE	F	69	65-69F	1.10.51	1
334	3372	10772	TERCIA	MARTIN	TEMP	F	42	40-44F	1.10.56	0
335	3125	2697	ROSE	CLARK	TEAMVIT	F	59	55-59F	1.11.00	0
336	3355	11355	ELVANE	GALLANT	TEMP	M	36	35-39M	1.11.00	0
337	3404	1376	QAQAMBA	PAHLWA	MTHATHA	F	31	SF	1.11.08	0
338	3158	1935	XENOPHON	FEIRERRA	BLUEBAY	M	64	60-64M	1.11.20	1
339	3426	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	1.11.20	1
340	3424	2162	ERIKA	FOREMAN	CHARLO	F	55	55-59F	1.11.20	1
341	3429	886	CELEST	JOYCE	CHARLO	F	56	55-59F	1.11.42	1
342	3591	11791	FARREN	JEPHTA	TEMP	F	24	SF	1.11.46	0
343	2404	881	NCEBAKAZI	MATALA	ENGCOBO	F	41	40-44F	1.11.50	0
344	3448	71	TRISTAN	GEORGE	SAPSTR	M	23	SM	1.11.51	0
345	3533	10833	MBALENHLE	MATSHABANE	TEMP	F	28	SF	1.11.55	0
346	3625	3167	NICOLETTE	POTGIETER	RUN4C	F	51	50-54F	1.11.56	1
347	3197	1641	DEBBIE	HILTON	MADIBA	F	53	50-54F	1.12.06	1
348	3417	1634	TANIA	TRUTER	MADIBA	F	53	50-54F	1.12.06	1
349	3364	10764	FAAIK	PANDAY	TEMP	M	49	45-49M	1.12.06	0
350	3633	500	Richard	Sullivan	RUN4C	M	55	55-59M	1.12.06	1
351	3270	748	MELINDA	ROIG-VARELA	CRUSADE	F	55	55-59F	1.12.20	1
352	3668	591	ERICA	ERASMUS	RUN4C	F	56	55-59F	1.12.22	1
353	3276	10276	HANLIE-ANN	JUNIUS	TEMP	F	54	50-54F	1.12.32	0
354	3397	2894	ASANDA	MTONGWANE	CSBOR	F	39	35-39F	1.12.42	0
355	3082	1706	BRUCE	SMITH	MADIBA	M	50	50-54M	1.12.47	1
356	3068	10968	YOLANDE	STANDER	TEMP	F	37	35-39F	1.12.51	0
357	3170	544	JACQULENE	DU TOIT	RUN4C	F	52	50-54F	1.12.51	1
358	3079	10979	ZINHLE	GOVENDER	TEMP	F	35	35-39F	1.12.52	0
359	3327	11327	NONKULULEKO	NDIMANDE	TEMP	F	28	SF	1.12.57	0
360	3699	10847	NOMBULELO	TSEPANE	TEMP	F	40	40-44F	1.13.03	0
361	3356	11356	EL-MAREE	GALLANT	TEMP	F	31	SF	1.13.09	0
362	3054	10954	LILLY	BROWN	TEMP	F	66	65-69F	1.13.12	0
363	3254	10854	SIMAMKELE	KONA	TEMP	M	36	35-39M	1.13.13	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
364	3066	10966	LELETU	QINA	TEMP	F	28	SF	1.13.21	0
365	3128		ZAKIYYA	LAHER	TEMP	F	41	40-44F	1.13.22	0
366	3621	309	YVETTE	BROPHY	MUIRITE	F	56	55-59F	1.13.24	1
367	3312	11312	AYESHA	AHMED	TEMP	F	39	35-39F	1.13.26	0
368	3470	626	VICKI	VAN SCHALKWYK	ASPEN	F	44	40-44F	1.13.29	1
369	3288	10288	GIDION	VAN DER MERWE	TEMP	M	59	55-59M	1.13.36	0
370	3101	40106	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.13.43	1
371	3142	994	BUHLE	KLAAS	REALGIJ	F	26	SF	1.13.48	0
372	2757	1508	NOLUDWE	MGWIGWI	ENGCOBO	F	43	40-44F	1.13.52	0
373	3149	1983	JULITA	PUREN	SOMEAST	M	62	60-64M	1.13.53	1
374	3322	11322	MICHAEL	PUREN	TEMP	M	65	65-69M	1.13.54	0
375	3102	41	TINA	DERBYSHIRE	SAPPE	F	71	70+F	1.13.54	1
376	3262	1210	MICHELLE	BOSHOF	ELITEAC	F	43	40-44F	1.13.57	1
377	3337	11337	LISA	KWONG HING	TEMP	F	42	40-44F	1.14.01	0
378	3129	2950	NICOLENE	ELLIE	VWAC	F	40	40-44F	1.14.08	1
379	3565	11765	JORDAN	HOWARD	TEMP	F	17	JF	1.14.14	0
380	3474	197	AUBREY	LE ROUX	CSEP	M	72	70+M	1.14.15	1
381	3613	98	AMANDA	WOLMARANS	INFINITY	F	67	65-69F	1.14.19	1
382	3046	10946	BONANI	NQOBO	TEMP	M	46	45-49M	1.14.20	0
383	3435	2782	SANDRIKA	FOURIE	INFINITY	F	28	SF	1.14.25	1
384	3218	10218	RUAN	MULLER	TEMP	M	36	35-39M	1.14.26	0
385	3334	11334	BRENT	BARTLETT	TEMP	M	61	60-64M	1.14.27	0
386	3294	10994	NOZUKO	PUTINI	TEMP	F	33	SF	1.14.36	0
387	3476	813	NONDUMISO	SAMBU	REALGIJ	F	38	35-39F	1.14.39	0
388	3589	10889	LUZUKO	SOLILO	TEMP	M	43	40-44M	1.14.42	0
389	3237	10937	ANNELINE	POTGIETER	TEMP	F	50	50-54F	1.14.45	0
390	3511	10811	KAYLA	GESWINT	TEMP	F	27	SF	1.14.50	0
391	3546	10846	ADELE	NEL	TEMP	F	52	50-54F	1.14.56	0
392	3517	10817	ELIZMA	KOLESKY	TEMP	F	44	40-44F	1.14.56	0
393	3309	11309	ZOLISWA	MKUMBUZI	TEMP	F	31	SF	1.15.00	0
394	3143	601	RIANA	BOSHOF	ASPEN	F	42	40-44F	1.15.01	1
395	3560	11760	JEREMY	HARRY	TEMP	M	43	40-44M	1.15.10	0
396	3034	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.15.11	1
397	3127		ZAID	EBRAHIM	TEMP	M	15	JM	1.15.16	0
398	3063	10963	FELICIA	MULDER	TEMP	F	48	45-49F	1.15.16	0
399	3266	2393	PETRO	STEELKAMP	JBAY	F	59	55-59F	1.15.30	1
400	3675	1155	JAMES	WILSON	ASPEN	M	58	55-59M	1.15.35	1
401	3217	10217	ALLISON	JANTJIES	TEMP	F	27	SF	1.15.37	0
402	3509	10809	LEIGH	DANIELL	TEMP	F	20	JF	1.15.39	0
403	3556	10856	SHERILEE	PIETERSE	TEMP	F	36	35-39F	1.15.39	0
404	3358	11358	CHELSEA	CAMERON	TEMP	F	28	SF	1.15.44	0
405	3314	11314	BULUMKO	FUTSHANE	TEMP	M	47	45-49M	1.15.50	0
406	3468	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	1.15.51	1
407	3324	11324	SIYANDA	NGCELWANE	TEMP	F	27	SF	1.15.58	0
408	3050	10950	GAIL	AGNEW	TEMP	F	51	50-54F	1.16.03	0
409	3199	1423	SIMONE	JORDAAN	MUIRITE	F	45	45-49F	1.16.14	1
410	3053	10953	SHASMEEN	BOTHA	TEMP	F	15	JF	1.16.16	0
411	3284	10284	ZENANDE	SANGONI	TEMP	F	32	SF	1.16.23	0
412	3222	10222	ANE	STRAUSS	TEMP	F	33	SF	1.16.26	0
413	3661	11225	LINDINKOSI	HASHE	TEMP	M	43	40-44M	1.16.41	0
414	3221	10221	STACEY	DANIELS	TEMP	F	35	35-39F	1.16.43	0
415	3466	488	CHERYL	CUPIDO	RUN4C	F	56	55-59F	1.16.49	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
416	3247	489	PRISCILLA	LAZARO	RUN4C	F	61	60-64F	1.16.49	1
417	3598	10898	ANDRIES	MASEKO	TEMP	M	36	35-39M	1.16.53	0
418	3653	11217	JESS	LISTON	TEMP	F	32	SF	1.17.02	0
419	3100	1098	ZANDILE	DUDE	BUFFALO	F	44	40-44F	1.17.06	0
420	3631	2223	NTOMBOXOLO	PONASE	SIBALEKA	F	37	35-39F	1.17.19	1
421	3179	2556	SANDISWA	MASWANA	MADIBAZ	F	44	40-44F	1.17.29	1
422	3252	10852	NELETHU	BEKEBU	TEMP	F	41	40-44F	1.17.29	0
423	3311	11311	ZOLA	QOTOYI	TEMP	M	43	40-44M	1.17.31	0
424	3698	35	PALESA	HLOPE	QOKOL	F	27	SF	1.17.32	0
425	3585	10885	THEMBEKILE	SITHEBE	TEMP	F	38	35-39F	1.17.38	0
426	3323	11323	RANDALL	CUNNINGHAM	TEMP	M	64	60-64M	1.17.42	0
427	3020	1239	YOLANDE	KNOETZE	ELITEAC	F	58	55-59F	1.17.48	1
428	3026	1197	NOREEN	NELSON	ELITEAC	F	60	60-64F	1.17.48	1
429	3353	11353	CARLA	FOURIE	TEMP	F	30	SF	1.17.49	0
430	3592	11792	AMANDA	KEARNEY	TEMP	F	49	45-49F	1.17.49	0
431	3045	10945	MCGREGOR	MSAKATYA	TEMP	M	41	40-44M	1.17.50	0
432	3187	438	LILITHA	CEMBI	CHILLIEP	F	33	SF	1.17.50	1
433	3406	2648	SHAUN	RAMROOP	MADIBAZ	M	58	55-59M	1.17.57	1
434	3538	10838	PHELELA	MONA	TEMP	F	28	SF	1.17.57	0
435	3134	2852	NQOBILE-NOBS	QUPE	HOLLYWOO	F	55	55-59F	1.18.02	1
436	3283	10283	TAMARA	KRIGE	TEMP	F	23	SF	1.18.03	0
437	3299	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.18.04	1
438	3094	276	CHRISTIAN	GERBER	MUIRITE	M	50	50-54M	1.18.06	1
439	3423	871	RICHARD	DE ANDRADE	CHARLO	M	65	65-69M	1.18.11	1
440	3402	638	BRENDA	NTWASA	ASPEN	F	47	45-49F	1.18.14	1
441	3030	1541	MONIQUE	SENEKAL	DESPATCH	F	34	SF	1.18.20	1
442	3388	11788	GIZELLE	BOTHA	TEMP	F	23	SF	1.18.21	0
443	3097	2377	SISANDA	SOJOLA	UNKNOWN	F	38	35-39F	1.18.23	0
444	3256	2268	TANDEKA	XOXOSHE	CSBOR	F	40	40-44F	1.18.27	0
445	3018	2364	VICTOR	HUGO	JBAY	M	66	65-69M	1.18.31	1
446	3627	1352	VOLENTI	MEYER	NEDBANK	F	48	45-49F	1.18.39	1
447	3006	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.18.42	1
448	3159	311	NICKY	VAN NIEKERK	MUIRITE	F	71	70+F	1.18.43	1
449	3437	901	EUSENTHA	PILLAY	CHARLO	F	60	60-64F	1.18.43	1
450	3183	1099	CRAIG	BESTER	ACH	M	48	45-49M	1.18.44	1
451	3304	11304	PUMELELA	BOYANA	TEMP	F	33	SF	1.18.54	0
452	3104	2888	NOMANCUBE	MLONYENI	UNKNOWN	F	53	50-54F	1.19.00	0
453	3009	464	SHARON	POTGIETER	WALMER	F	61	60-64F	1.19.02	1
454	3174	1204	YOLANDA	DEYSEL	ELITEAC	F	50	50-54F	1.19.05	1
455	3433	2172	LEE	PAGE	CHARLO	F	42	40-44F	1.19.05	1
456	3112	1217	MAGGIE	MULLER	ELITEAC	F	70	70+F	1.19.05	1
457	3350		MELANIE	COETZEE	TEMP	F	42	40-44F	1.19.06	0
458	3343	11343	ZANELE	ZOKUFA	TEMP	F	27	SF	1.19.12	0
459	3677	9851	NOLUSINDISO	DUNJANA	TEMP	F	35	35-39F	1.19.12	0
460	3610	11810	THABELANI	BOPI	TEMP	F	30	SF	1.19.13	0
461	3484	11784	FREDERICK	HECHTER	TEMP	M	48	45-49M	1.19.13	0
462	3019	1545	RUAN	JONKER	DESPATCH	M	26	SM	1.19.17	1
463	3002	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.19.17	1
464	3069	10969	AVIWE	TEKO	TEMP	F	27	SF	1.19.26	0
465	3467	1241	MARLENE	TERBLANCE	ELITEAC	F	75	70+F	1.19.34	1
466	3263	11870	SIYAMTHANDA	NGECE	UNKNOWN	F	33	SF	1.20.00	0
467	3108	2136	NOMATHAMSANQA	SOPHAZI	TRANSNET	F	50	50-54F	1.20.10	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
468	3564	10864	ANDRE	STRUMPHER	TEMP	M	42	40-44M	1.20.10	0
469	3325	11325	LORRAINE	MOTSWENYANE	TEMP	F	40	40-44F	1.20.14	0
470	3157	543	NIEKIE	OOSTHUIZEN	RUN4C	F	55	55-59F	1.20.20	1
471	3333	11333	SIPHE	TSIBANI	TEMP	F	30	SF	1.20.21	0
472	3095	2373	NADIA	PIETERSEN	JBAY	F	68	65-69F	1.20.24	1
473	3300	1956	SONJA	OLIVIER	BLUEBAY	F	58	55-59F	1.20.24	1
474	3135	776	GESINA	ERASMUS	32GI	F	44	40-44F	1.20.35	1
475	3378		SINOVUYO	MBONDA	TEMP	M	38	35-39M	1.20.37	0
476	3291	10291	SIPHOKAZI	TOTO	TEMP	F	33	SF	1.20.51	0
477	3409	15485	LEVENA	SIMS-GEORGE	BELLVILL	F	56	55-59F	1.21.02	0
478	3326	11326	SINOTHANDO	JANUARY	TEMP	F	19	JF	1.21.13	0
479	3694	11075	DEIDRE	VAN EYK	TEMP	F	56	55-59F	1.21.16	0
480	3529	10829	ZIZIPHO	MAMBA	TEMP	F	29	SF	1.21.20	0
481	3543	10843	SIPHOSETHU	MXATULE	TEMP	F	33	SF	1.21.20	0
482	3544	10844	LENE	VOLSCHENK	TEMP	F	29	SF	1.21.33	0
483	3682	10729	LUNGA	MINYAYO	TEMP	M	41	40-44M	1.21.40	0
484	3588	10888	SOHAIL	SOHAIL	TEMP	M	26	SM	1.21.43	0
485	3504	10264	NOSIPHO	BLANDILE	TEMP	F	41	40-44F	1.22.01	0
486	3193		SESIBULELE	GIGI	HOLLYWOO	F	29	SF	1.22.15	1
487	3441	1434	DIANNE	HARTZENBERG	NEDBANK	F	67	65-69F	1.22.22	1
488	3574	10874	AMANDA	YONKE	TEMP	F	31	SF	1.22.27	0
489	3465	2181	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.22.30	1
490	3248	10848	LINDOKUHLE	MPEQEKA	TEMP	F	23	SF	1.22.30	0
491	3456	1517	BUSI	NDZIWENI	ADVEN	F	35	35-39F	1.22.31	1
492	3528	10828	YVONNE	MALINDI	TEMP	F	35	35-39F	1.22.33	0
493	3106	1474	NTOMBI	APRIL	NEDBANK	F	55	55-59F	1.22.34	1
494	3278	10878	TAYLOR	AUSTIN	TEMP	F	17	JF	1.22.36	0
495	3207	10207	KIRSTY	REILLY	TEMP	F	43	40-44F	1.22.37	0
496	3541	10841	LUHLUMELO	MVA	TEMP	F	28	SF	1.22.44	0
497	3137	207	PUMLA	JANGE	CSEP	F	49	45-49F	1.22.45	1
498	3064	10964	AXOLISIWE	NDEVU	TEMP	F	34	SF	1.22.45	0
499	3039	10039	KAYCE	MOORE	TEMP	F	28	SF	1.22.50	0
500	3141	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	1.22.57	1
501	3184	1302	PORTIA	LELAKA	VWAC	F	48	45-49F	1.23.11	1
502	3236	10236	AMANDA	YOUNG	TEMP	F	50	50-54F	1.23.11	0
503	3570	10870	ZINHLE	THWALA-ZULU	TEMP	F	43	40-44F	1.23.37	0
504	3107	1572	SIPHOKAZI	MLUMISO	NEDBOR	F	45	45-49F	1.23.38	0
505	3366	11366	PAMELLA	NYAMANDA	TEMP	F	38	35-39F	1.23.38	0
506	3040	10040	SARAH	MOORE	TEMP	F	59	55-59F	1.23.55	0
507	3619	1119	MICHELLE	LAWSON	TEMP	F	67	65-69F	1.23.57	0
508	3380		GIOVANNA	LELLIS	TEMP	F	23	SF	1.24.07	0
509	3315	11315	NOXOLO	NKONE	TEMP	F	32	SF	1.24.20	0
510	3028	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.24.21	1
511	3522	10822	NTSOAKI	LIBAZISO	TEMP	F	41	40-44F	1.24.22	0
512	3038	10038	CLEO	JORDAAN	TEMP	F	40	40-44F	1.24.23	0
513	3074	10973	DRIES	VERHOEF	TEMP	M	77	70+M	1.24.24	0
514	3175	2800	NOSIBULELO	SIBANGA	CSEP	F	42	40-44F	1.24.35	1
515	3257	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.24.36	1
516	3223	10223	GERHARD	GROENEWALD	TEMP	M	59	55-59M	1.24.36	0
517	3539	10839	NOMAHLUBI	MRUBATA	TEMP	F	33	SF	1.24.46	0
518	4380	4380	NOLOYISO	SISUSA	TEMP	F	34	SF	1.24.51	0
519	3022	767	GILLIAN	MCAINSH	CRUSADE	F	65	65-69F	1.25.01	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
520	3206	10206	CHRISTO	BOUWER	TEMP	M	62	60-64M	1.25.06	0
521	3596	10896	SICELO	LUMKWANA	TEMP	M	64	60-64M	1.25.22	0
522	3513	10813	NOMTHA	HADI	TEMP	F	41	40-44F	1.25.23	0
523	3449	1953	DAVID	GOLIATH	TRANSNET	M	56	55-59M	1.25.27	1
524	3481	11781	SINDI	NGCAYISA	TEMP	F	34	SF	1.25.41	0
525	3354	11354	ZIZO	LUWACA	TEMP	F	37	35-39F	1.25.42	0
526	3338	11338	MICHELLE	BEUKES	TEMP	F	52	50-54F	1.25.49	0
527	3029	336	ARNOLD	RAS	MUIRITE	M	63	60-64M	1.25.50	1
528	3119	3042	LUNGISWA	DONDI	JUSTICE	F	41	40-44F	1.25.53	0
529	3085	1697	CHANTAL	BUCKLEY	MADIBA	F	32	SF	1.25.53	1
530	3618	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.25.53	1
531	3316	11316	SIYAHLUMA	NKONE	TEMP	F	16	JF	1.25.57	0
532	3368	10768	EMELDA	BUKU	TEMP	F	33	SF	1.26.05	0
533	3371	10771	FEZIWE	SALAZE	TEMP	F	37	35-39F	1.26.11	0
534	3520	10820	EUFEMIA	LE ROUX	TEMP	F	38	35-39F	1.26.21	0
535	3600	10900	SIBA	NJENA	TEMP	F	33	SF	1.26.32	0
536	3081	2030	MICHELLE	MORTIMER	ACH	F	45	45-49F	1.26.35	1
537	3305	11305	SINETEMBA	BOYANA	TEMP	F	36	35-39F	1.26.37	0
538	3480	10980	SISONKE	DUMALISILE	TEMP	F	37	35-39F	1.26.42	0
539	3386		AMANDA	NTLIZIYWANA	TEMP	F	42	40-44F	1.26.44	0
540	3328	11328	XOLELWA	MAHOLA	TEMP	F	42	40-44F	1.26.46	0
541	3286	10286	AMANDA	NGAMLANA	TEMP	F	42	40-44F	1.26.52	0
542	3602	712	NDILEKA	THOMPSON	CRUSADE	F	48	45-49F	1.26.53	1
543	3369	11369	LINDA	TEYISE	TEMP	F	62	60-64F	1.26.55	0
544	4178	326	NEIL	GROBLER	MUIRITE	M	65	65-69M	1.27.18	1
545	3573	10873	TUMEKA	XENTSA	TEMP	F	42	40-44F	1.27.22	0
546	3208	10208	RAZAANAH	JAPPIE	TEMP	F	32	SF	1.27.40	0
547	3003	761	NTOKOZO	DAMBUZA	CRUSADE	F	46	45-49F	1.27.40	1
548	3310	11310	AGNES	KGANYAGO	TEMP	F	35	35-39F	1.27.48	0
549	3209	10209	KYRIA	GERBER	TEMP	F	32	SF	1.27.52	0
550	3357	11357	AMY	VAN ASWEGEN	TEMP	F	28	SF	1.28.03	0
551	3652	11216	HENRIK	VAN ASWEGEN	TEMP	M	33	SM	1.28.03	0
552	3489	11489	ALICIA	ELS	TEMP	F	46	45-49F	1.28.10	0
553	3693	10752	OVAYO	BELESİ	TEMP	F	21	SF	1.28.11	0
554	3473	2717	NOMBULELO	TEMBANI	MERCEDES	F	38	35-39F	1.28.18	0
555	3362	11362	KHANGELA	XUBA	TEMP	F	51	50-54F	1.28.18	0
556	3198		AKHONA	JIKWANA	REALGIJ	F	39	35-39F	1.28.20	0
557	3048	10948	VUYOKAZI	GEGE	TEMP	F	50	50-54F	1.28.21	0
558	3226	10226	MONIQUE	MORRIS	TEMP	F	25	SF	1.28.24	0
559	3052	10952	TARYN	BEATON	TEMP	F	44	40-44F	1.28.33	0
560	3643	441	NOZUKO	YEYE	CHILLIEP	F	53	50-54F	1.28.38	1
561	3415	94	DENISE	TERBLANCHE	INFINITY	F	78	70+F	1.28.41	1
562	3259	10859	MERYLL	VAN DER MERWE	TEMP	F	61	60-64F	1.28.49	0
563	3498	1343	BERENICE	SMITH	NEDBANK	F	60	60-64F	1.28.56	1
564	3561	11761	FAADIA	HENDRICKS	TEMP	F	61	60-64F	1.29.02	0
565	3057	10957	AMMAARAH	HENDRICKS	TEMP	F	34	SF	1.29.03	0
566	3620	613	ASHRAF	ACKERDIEN	ASPEN	M	52	50-54M	1.29.04	1
567	3047	10947	NADIA	VAN WYK	TEMP	F	49	45-49F	1.29.16	0
568	3075	10975	NKOSINATHI	VETFUTI	TEMP	M	42	40-44M	1.29.21	0
569	3472	916	SHARON	VAN ZYL	CHARLO	F	49	45-49F	1.29.42	1
570	3431	942	EDITH	MAC GEAR	CHARLO	F	58	55-59F	1.29.51	1
571	3648	10981	ANTOINETTE	MASHEGO	TEMP	F	32	SF	1.29.57	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
572	3250	11250	LUSEKA	BANTWINI-VACU	TEMP	F	35	35-39F	1.30.10	0
573	3430	995	BERNADETTE	LOOCK	CHARLO	F	46	45-49F	1.31.14	1
574	3007	1642	HOMBA	MHLAWULI	ORMAMBA	F	51	50-54F	1.31.14	0
575	3123	12153	ZUKISWA	TSHUME	SABC	F	52	50-54F	1.31.14	0
576	3293	10993	NADINE	HARTWELL	TEMP	F	59	55-59F	1.31.16	0
577	3228	10228	REBONE	CHALE	TEMP	F	31	SF	1.31.16	0
578	3269	722	YOLISWA	MATWA	CRUSADE	F	42	40-44F	1.31.35	1
579	3651	10270	CHRISTA	CHAPMAN	TEMP	F	60	60-64F	1.31.38	0
580	3261	10861	JANE	MURCOTT	TEMP	F	70	70+F	1.31.53	0
581	3055	10955	ISABEL	DEATS	TEMP	F	64	60-64F	1.31.54	0
582	3004	213	ZOVUYO	JOKOZELA	CHEETHAS	F	43	40-44F	1.32.09	0
583	3344	11344	SAMANTHA	MATLABE	TEMP	F	25	SF	1.32.37	0
584	3535	10835	SOMILA	MNTALO	TEMP	F	34	SF	1.32.37	0
585	3439	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.32.48	1
586	3274	10274	MOTUBATSE	PETE	TEMP	F	33	SF	1.32.55	0
587	3021	1906	TANYA	LOOTS	STFRAN	F	59	55-59F	1.33.03	1
588	3379		ASANDA	VOS	TEMP	M	39	35-39M	1.33.28	0
589	3445	1089	HELEN	ERLANK	ACH	F	43	40-44F	1.33.43	1
590	3078	10978	NOSIPHO	POSELANI	TEMP	F	39	35-39F	1.33.47	0
591	3056	10956	NICCI	DUPLESSIS	TEMP	F	49	45-49F	1.34.09	0
592	3071	10971	MELANIE	VAN APPEL	TEMP	F	50	50-54F	1.34.09	0
593	3027	427	MPHO	NEMUKULA	JBAY	F	40	40-44F	1.34.11	1
594	3534	10834	CHWAYITA	MATSHOBA	TEMP	F	34	SF	1.34.33	0
595	3238	10938	ASANDA	LWANA	TEMP	F	43	40-44F	1.34.41	0
596	3608	11208	NOKUKHANYA	SOZWE	TEMP	F	40	40-44F	1.34.42	0
597	3166	206	TANDAZWA	MNIKA	CSEP	F	39	35-39F	1.35.20	1
598	3611	1766	GODFREY	KARIEM	GELVAN	M	85	70+M	1.36.08	1
599	3680	2507	MARCOLENE	SAUNDERS	MADIBAZ	F	41	40-44F	1.36.13	1
600	3542	10842	SIYOLISE	MVA	TEMP	F	30	SF	1.37.05	0
601	3182	11756	THUTHUZA	MQUQU	TEMP	F	30	SF	1.37.12	0
602	3352	11352	TERESA	JANSEN	TEMP	F	30	SF	1.38.24	0
603	3044	10044	ERIC	JANSEN	TEMP	M	40	40-44M	1.38.25	0
604	3559	11759	DAVID	HARRISON	TEMP	M	51	50-54M	1.38.54	0
605	3500	929	ANUSHA	NAIDU	CHARLO	F	58	55-59F	1.38.54	1
606	3272	10272	NKOSAZANA	NYEBE	TEMP	F	39	35-39F	1.39.11	0
607	3346		HANNELIE	DOUBELL	TEMP	F	47	45-49F	1.39.31	0
608	3438	936	MARGOT	SCHNETLER	CHARLO	F	48	45-49F	1.39.31	1
609	3566	11766	HLONELA	JACOBS	TEMP	F	27	SF	1.40.17	0
610	3679	2509	LERATO	MUZAHA	MADIBAZ	F	39	35-39F	1.40.35	1
611	3255	10855	ZINZI	SOMANA	TEMP	F	34	SF	1.40.51	0
612	3329	11329	TANYA	NYANDORO	TEMP	F	35	35-39F	1.43.22	0
613	3696	174	THANDOKAZI	QHANTSI	CHEETHAS	F	34	SF	1.44.44	0
614	3260	10860	CAROL	DE VILLIERS	TEMP	F	70	70+F	1.53.32	0
615	1240	11240	TAMSANGA	HEWU	TEMP	M	62	60-64M	03.00.4	0
616	3122	3084	UNATHI	COLA	SAPSTR	F	41	40-44F	00.00.0	0
HELPERS										
H1	4001	1565	BONITA	WEITSZ	DESPATCH	F	53	50-54F	0.57.59	1
H2	4002	726	KEITH	VOSLOO	CRUSADE	M	62	60-64M	0.59.32	1
H3	4003	554	PETRUS	RADEMEYER	RUN4C	M	51	50-54M	1.09.30	1
H4	4004	2208	GARFIELD	TSATSANE	SIBALEKA	M	59	55-59M	1.10.28	1
H5	4005	4005	ANTOINETTE	GREEFF	TEMP	F	41	40-44F	1.13.05	0
H6	4006	3031	FAIQ	JAPPIE	MALABAR	M	53	50-54M	1.15.07	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H7	4007	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	1.25.51	1