

NMB 1 CITY HALF MARATHON - 2025-12-06

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2002	396	LITHOBE	MENZELELELI	IKHAMVA	M	26	SM	1.07.24	5
2	2001	357	SINAWO	POTI	IKHAMVA	M	23	SM	1.07.25	5
3	2003	1361	ANDILE	MOTWANI	NEDBANK	M	28	SM	1.10.28	5
4	2541	40299	LEON	STOLTZ	BOXER	M	17	JM	1.13.27	0
5	2810	425	GODFREY	STUURMAN	CHILLIEP	M	25	SM	1.15.26	5
6	2563	1942	GEORGE	NTSILIZA	SIBALEKA	M	46	45-49M	1.15.37	5
7	2840	1803	SIZAKELE	DAYIMANI	BATHURST	M	45	45-49M	1.17.11	5
8	2011	40184	ASONGE	MTHANA	NEDBANK	M	18	JM	1.18.11	5
9	2010	1363	THULANI	MDLALO	NEDBANK	M	40	40-44M	1.19.49	5
10	2004	1392	ZOLANI	MABONGO	NEDBANK	M	39	35-39M	1.20.01	5
11	2781		EHTAN	HARRIS	TEMP	M	22	SM	1.20.18	0
12	2020	376	REUBEN	STANDER	IKHAMVA	M	22	SM	1.20.29	4
13	2799	1330	RUAN	SMALBERGER	NEDBANK	M	35	35-39M	1.24.35	4
14	2506	40023	REECE	FREEMAN	ACT AC	M	18	JM	1.24.58	3
15	2127	7321	MOSCOW	SKOSANA	CENTURY	M	45	45-49M	1.25.56	0
16	2755	40671	ICHUMILE	MACHAKA	SCHOOL	M	17	JM	1.26.21	3
17	2291	1288	XOLANI	SOKOTI	NYANDEN	M	48	45-49M	1.26.27	0
18	2788	1091	LEIGH	CALLAGHAN	ACH	F	30	SF	1.26.46	5
19	2829	908	KAYLA	VAN RENSBURG	CHARLO	F	31	SF	1.27.19	5
20	2690	2074	VUSUMZI	MAFU	TEMP	M	43	40-44M	1.27.39	0
21	2009	1398	MUTEKILE	RASMENI	NEDBANK	M	60	60-64M	1.27.48	5
22	2818	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	1.28.02	5
23	2543	1158	ELNE	VAN NIEKERK	JBAY	F	26	SF	1.28.07	5
24	2018	1071	DALE	MOULTON	ACH	M	45	45-49M	1.28.33	4
25	2550	1443	DENYS	WOLMARANS	NEDBANK	M	46	45-49M	1.28.45	4
26	2833	1384	LESLEY	KOESEBA	NEDBANK	M	52	50-54M	1.29.09	5
27	2181	881	SHAUN	ATTENBOROUGH	CHARLO	M	57	55-59M	1.30.23	5
28	2783		THABO	JOZANA	NYANDEN	M	38	35-39M	1.30.25	0
29	2077	40085	ABBIE	MITCHELL	MADIBAZ	F	19	JF	1.30.48	4
30	2088	2640	BASHEER	ENSAL	MADIBAZ	M	22	SM	1.30.51	3
31	2444	878	DANÉ	CRONJE	CHARLO	F	28	SF	1.30.51	4
32	2360	10360	LEA	JACOBS	TEMP	F	33	SF	1.31.04	0
33	2700		SIYA	NONKELELA	TEMP	M	26	SM	1.32.35	0
34	2807	426	ONATHI	STUURMAN	CHILLIEP	M	26	SM	1.33.01	2
35	2245	6601	JEAN	COOPER	PHOB	M	48	45-49M	1.33.11	0
37	2551	2899	APHIWE	SHUDE	TEAMVIT	M	33	SM	1.34.08	0
38	2834	1381	JOHN	DU PREEZ	NEDBANK	M	60	60-64M	1.34.22	5
39	2232	364	Fikile	Mabhula	IKHAMVA	M	43	40-44M	1.34.22	3
40	2206	1902	JEN	VALLANCE	STFRAN	F	38	35-39F	1.34.22	4
41	2825	875	MATTHEW	RODGERS	CHARLO	M	23	SM	1.34.41	2
42	2383	10383	LINDIKAYA	QOGI	TEMP	M	52	50-54M	1.34.51	0
43	2791		NICOLAAS	PRETORIUS	JBAY	M	34	SM	1.34.53	2
44	2504	1153	GERHARD	VERMAAK	JBAY	M	31	SM	1.34.53	2
45	2549	1807	THAMSANQA	MANGI	BATHURST	M	41	40-44M	1.35.16	3
46	2281	26	CHUMA	TONI	QOKOL	M	49	45-49M	1.35.19	0
47	2154	10154	ZANI	ALBERTS	TEMP	F	30	SF	1.35.53	0
48	2513	2529	ETHAN	HOWARD	MADIBAZ	M	21	SM	1.36.26	2
49	2008	1340	WELCOME	LOLIWE	NEDBANK	M	61	60-64M	1.36.32	5
50	2057	1480	AUGUST	ESAU	NEDBANK	M	55	55-59M	1.36.36	4
51	2250	2480	ALULUTO	MKIVA	ABSAEP	M	19	JM	1.36.56	2
52	2294	10294	SEAN	ROSS	TEMP	M	35	35-39M	1.37.00	0
53	2185	976	WARREN	BAARTZES	CHARLO	M	55	55-59M	1.37.50	4
54	2377	10377	NATIA	GOUS	TEMP	F	34	SF	1.38.17	0
55	2005	388	MICHELLE	HOWES	IKHAMVA	F	57	55-59F	1.38.17	5
57	2496	11757	LEHLOHONOLO	NKALAI	TEMP	M	40	40-44M	1.38.35	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
58	2194	10194	JENNY	DU TOIT	TEMP	F	25	SF	1.39.11	0
59	2744	40004	DANIEL	KRUGER	NEDBANK	M	17	JM	1.39.41	2
60	2529	2353	JEAUN-MARI	BREYTENBACH	JBAY	F	35	35-39F	1.40.01	3
61	2789		LATHITHA	GQEBE	UNKNOWN	M	18	JM	1.40.48	0
62	2595	2098	SIYABULELA	GAMNCA	STUT	M	27	SM	1.41.20	0
63	2076	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	1.41.27	3
64	2289	40560	RUBEN	BOUWER	SCHOOL	M	17	JM	1.41.54	2
65	2457	1477	MARIO	PLAATJIES	NEDBANK	M	45	45-49M	1.42.02	2
66	2547	1557	LUZUKO	BUKU	NEDBOR	M	36	35-39M	1.42.05	0
67	2683		CHELSEY	COOKE	TEMP	F	22	SF	1.42.07	0
68	2099	2634	SIMONÉ	SCHOONBEE	MADIBAZ	F	24	SF	1.42.07	2
69	2027	2328	MZWANELE	NQOQO	VUKANI	M	48	45-49M	1.42.13	2
70	2780	1282	SEBASTIAN	HAARHOFF	VWAC	M	48	45-49M	1.43.54	2
71	2561	2311	SITHA	SIGENU	VUKANI	F	42	40-44F	1.43.57	3
72	2753	3196	AVIWE	MAGWANYA	HAVEN	F	36	35-39F	1.43.57	0
73	2006	1404	DARREN	VAN VLIET	NEDBANK	M	42	40-44M	1.44.07	2
74	2186	1209	LIZE	RADEMEYER	ELITEAC	F	32	SF	1.44.08	2
75	2280	1212	BURNITA	STRYDOM	RUN4C	F	57	55-59F	1.44.09	5
76	2741	1193	HELGE	PRETORIUS	ELITEAC	F	31	SF	1.44.12	2
77	2764	1550	JESSICA	ZEELIE	DESPATCH	F	32	SF	1.44.16	2
78	2633	10633	RUDI	SENEKAL	TEMP	M	47	45-49M	1.44.37	0
79	2433	1156	OBAKENG	MAROGOA	TRANSNET	M	39	35-39M	1.44.48	2
80	2766	40455	LUTHOLWETHU	JACK	NEDBANK	M	19	JM	1.44.49	2
81	2286	380	MBOLEKWA	MAYILA	IKHAMVA	M	46	45-49M	1.45.11	2
82	2222	1275	PLAAITJIE	DAMONS	VWAC	M	62	60-64M	1.45.24	3
83	2843	261	PETER	NTSHIKILA	TINARHA	M	63	60-64M	1.45.31	3
84	2664	10664	CJ	STRYDOM	TEMP	M	41	40-44M	1.45.37	0
85	2331	10331	DANIEL	CLOETE	TEMP	M	24	SM	1.45.44	0
86	2365	10365	JASTELLE	HUGO	TEMP	F	32	SF	1.46.10	0
87	2158	10158	FOX	NATASJA	TEMP	F	32	SF	1.46.13	0
88	2711		RIAAAN	HUISKENS	TEMP	M	32	SM	1.46.34	0
89	2510	2108	BERNICE	NEL	HEATAC	F	38	35-39F	1.46.40	2
90	2107	2528	BROOKE	KRUGER	MADIBAZ	F	22	SF	1.46.50	2
91	2379	10379	COENIE	VAN DEN HEEVER	TEMP	M	33	SM	1.46.55	0
92	2584	821	CANDICE	RICHARDS	32GI	F	33	SF	1.46.55	2
93	2638	10638	CONNOR	CRAIG	TEMP	M	20	JM	1.47.04	0
94	2848	10181	NICOLE	MAGER	TEMP	F	43	40-44F	1.47.04	0
95	2485	1476	NOLUKHANYO	MDWAYI	NEDBANK	F	44	40-44F	1.47.04	2
96	2141	103	LINDY	KRETZMANN	VARSIITY	F	49	45-49F	1.47.21	3
97	2039	2799	JEAN-PERI	REDONA	32GI	M	37	35-39M	1.47.23	2
98	2798	2961	MICHA	CRONJE	32GI	F	36	35-39F	1.47.46	2
99	2574	2083	NCEBAKAZI	FILTANE	STUT	F	34	SF	1.48.02	0
100	2586	1662	AMANDA	PIETERSE	MADIBA	F	48	45-49F	1.48.49	2
101	2255	11955	ANDREW	CAMPBELL	TEMP	M	36	35-39M	1.48.59	0
102	2026	1691	PATRICK	MONKS	MADIBA	M	58	55-59M	1.49.08	2
103	2359	10359	SELLO	KHAMPEPE	TEMP	M	24	SM	1.49.09	0
104	2635	10028	RYAN	SMITH	TEMP	M	35	35-39M	1.49.14	0
105	2498	10453	TRISTAN	NAIDOO	TEMP	M	19	JM	1.49.16	0
106	2432	816	MATTHEW	OSBORNE	32GI	M	37	35-39M	1.49.25	2
107	2523	1029	SIYA	SWAPI	BUFFALO	M	46	45-49M	1.49.31	0
108	2793	1862	SIMPHIWE	SOCI	HOLLYWOO	M	60	60-64M	1.49.57	2
109	2035	3001	JUAN	GOOSEN	MUIRITE	M	24	SM	1.50.04	1
110	2580	2748	KWANGA	FUMBA	MERCEDES	M	21	SM	1.50.07	0
111	2819	887	LYNNE	NEUBERT	CHARLO	F	53	50-54F	1.50.08	3
112	2228	926	SIYABONGA	DELIHLAZO	REALGIJ	M	43	40-44M	1.51.05	0
113	2669	10669	JENICE	VAN DER WAT	TEMP	F	23	SF	1.51.10	0

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114	2544	2371	MORNE	OWEN	JBAY	M	52	50-54M	1.51.14	2
115	2564	689	MISH	BROTHERTON	ALBANY	F	32	SF	1.51.31	2
116	2681		ANDRE	ROSTODELLA	TEMP	M	29	SM	1.51.48	0
117	2340	10340	MEGAN	NELSON	TEMP	F	24	SF	1.51.54	0
118	2247	949	WELCOME	BASKITI	CHARLO	M	58	55-59M	1.52.02	2
119	2317	10317	PETER	BOTHA	TEMP	M	39	35-39M	1.52.19	0
120	2599	2031	ANDREW	JONAS	MUIRITE	M	61	60-64M	1.52.27	2
121	2266	11966	ROWAN	PHURAVHATHU	TEMP	M	26	SM	1.52.59	0
122	2484	2395	MARIANA	BORNMAN	JBAY	F	70	70+F	1.53.04	5
123	2784		CHARL	GERBER	32GI	M	49	45-49M	1.53.06	2
124	2187	1867	SIYABONGA	GAZIYA	HOLLYWOO	M	40	40-44M	1.53.10	1
125	2649	10649	REWALLEN	BLAAUW	TEMP	M	49	45-49M	1.53.10	0
126	2456	2752	RISHI	NEERUNJAN	MERCEDES	M	50	50-54M	1.53.12	0
127	2434	2434	NICO	BOSSCHA	TEMP	M	71	70+M	1.53.15	0
128	2671	10671	KYLE	WRIGHT	TEMP	M	16	JM	1.53.27	0
129	2330	10330	CHRIS	BOTHA	TEMP	M	36	35-39M	1.53.30	0
130	2382	10382	ROBERT	BARRON	TEMP	M	45	45-49M	1.53.46	0
131	2699		CHADE'	WIENEKUS	TEMP	F	31	SF	1.54.27	0
132	2696		ANGELIQUE	NIEUWOUDT	TEMP	F	31	SF	1.54.29	0
133	2334	10334	GAIL	KRIGE	TEMP	F	55	55-59F	1.54.34	0
134	2674	10674	TANIA	BESSINGER	TEMP	F	48	45-49F	1.54.40	0
135	2178	2430	SHANTELLE	BIRD	JBAY	F	46	45-49F	1.54.51	2
136	2707		DANIE	PIETERSE	TEMP	M	52	50-54M	1.54.56	0
137	2079	3127	MELANDRIE	GOOSEN	SOMEAST	F	32	SF	1.54.56	1
138	2495	3311	LINDISIPHO	QANGASE	STUT	M	29	SM	1.54.57	0
139	2685		EDUARD	HONIBALL	TEMP	M	58	55-59M	1.54.58	0
140	2090	856	TINASHE	MANDIZVIDZA	SPAREC	M	44	40-44M	1.55.05	1
141	2040	1776	SHAHIED	MAMOOJEE	GELVAN	M	60	60-64M	1.55.15	2
142	2508	24	LUMKO	MQAI	QOKOL	M	35	35-39M	1.55.21	0
143	2748		LINDSAY-O'NEILL	CAMPHER	MADIBAZ	M	19	JM	1.55.28	1
144	2722	10722	BHEKA	MSELEKU	TEMP	M	57	55-59M	1.55.32	0
145	2306	10306	ANTON	VERWY	TEMP	M	51	50-54M	1.55.37	0
146	2762	836	AMY-LEE	SANSOM	32GI	F	25	SF	1.55.39	1
147	2805	1143	HISHAAN	BHANA	CHARLO	M	29	SM	1.55.39	1
148	2579	1408	ERIC	SINGQOTO	NEDBANK	M	49	45-49M	1.55.45	1
149	2124	2392	CHRISTIE	SMITH	JBAY	F	32	SF	1.56.22	1
150	2527	10730	EBEN	BOTHA	TEMP	M	28	SM	1.56.27	0
151	2165	10165	HEINRICH	VOLLGRAAFF	TEMP	M	39	35-39M	1.56.28	0
153	2665	10665	MIA	STRYDOM	TEMP	F	16	JF	1.56.53	0
154	2794	796	REBECCA	JORDAAN	32GI	F	34	SF	1.57.04	1
155	2316	10316	MART-MERIE	BOTHA	TEMP	F	35	35-39F	1.57.04	0
156	2546	1598	LERENZO	FRANCIS	DESPATCH	M	39	35-39M	1.57.08	1
157	2772	693	DARREN	HOWE	TEAMVIT	M	41	40-44M	1.57.17	0
158	2710		BIANCA	VAN SCHALKWYK	TEMP	F	36	35-39F	1.57.18	0
159	2401	1040	NIGEL	DANIELS	XCEL	M	50	50-54M	1.57.27	1
160	2344	10344	TARRYNNE	COX	TEMP	F	27	SF	1.57.30	0
161	2123	968	ANELISA	MAGAMA	REALGIJ	F	38	35-39F	1.57.35	0
162	2684		LINUS	SERFONTEIN	TEMP	M	53	50-54M	1.57.49	0
163	2786	495	DEWALD	VERMEULEN	RUN4C	M	53	50-54M	1.57.52	1
164	2108	1887	DEBRA	CHRISTY	STFRAN	F	61	60-64F	1.58.01	3
165	2672	10672	EMILE	BESSINGER	TEMP	M	53	50-54M	1.58.16	0
166	2644	10644	JESS	BENN	TEMP	F	26	SF	1.58.22	0
167	2430	2209	VELILE	LUSITI	SIBALEKA	M	37	35-39M	1.58.34	1
168	2319	10319	BANDLAKAZI	SWAZI	TEMP	F	31	SF	1.58.41	0
169	2832	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	1.58.41	1
170	2075	10263	DARREN	WHITE	TEMP	M	35	35-39M	1.58.42	0

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171	2356	10356	CAMERON	GILCHRIST	TEMP	M	29	SM	1.58.42	0
172	2322	10322	DANEEL	STRYDOM	TEMP	M	39	35-39M	1.58.43	0
173	2716	10715	DON	CHARLES	NEDBANK	M	76	70+M	1.58.49	2
174	2287	740	DONOVAN	ADAMS	CRUSADE	M	43	40-44M	1.58.53	1
175	2627	10627	RUBEN	MULLER	TEMP	M	23	SM	1.59.05	0
176	2007	410	AMANDA	SHAW	IKHAMVA	F	61	60-64F	1.59.07	3
177	2650	2650	JUAN	BAARD	TEMP	M	21	SM	1.59.14	0
178	2053	40007	ETHAN	BRUWER	RUN4C	M	19	JM	1.59.21	1
179	2591	221	CHWAYITA	MAKREXENI	CHEETHAS	F	41	40-44F	1.59.25	0
180	2014	1088	PERCY	DALTON	ACH	M	77	70+M	1.59.28	2
181	2392	10392	SINETHEMBA	YOTSI	TEMP	M	31	SM	1.59.30	0
182	2397	10397	NADINE	KNEZOVICH	TEMP	F	45	45-49F	1.59.34	0
183	2085	2676	BANDILE	GWAMANDA	VITALITY	M	55	55-59M	1.59.44	1
184	2143	10143	GREG	GUNNER	TEMP	M	43	40-44M	1.59.44	0
185	2369	10369	MEGAN	LONG	TEMP	F	40	40-44F	1.59.48	0
186	2598	111	LUVUYO	JIKA	CHEETHAS	M	28	SM	1.59.52	0
187	2723	10723	CHRISTIE	KAPUTENI	TEMP	F	24	SF	1.59.56	0
188	2697		LAUREN	MCCLEAN	TEMP	F	30	SF	1.59.58	0
189	2824	2161	TYRELL	POLGLASE	CHARLO	M	42	40-44M	2.00.02	1
190	2486	1203	ANNEMIE	DU TOIT	ELITEAC	F	41	40-44F	2.00.07	1
191	2578	2922	ANDRE	ERASMUS	JBAY	M	32	SM	2.00.09	1
192	2668	10668	DANAE	VAN DER BERGH	TEMP	F	26	SF	2.00.10	0
193	2709		STIAN	LE ROUX	TEMP	M	37	35-39M	2.00.10	0
194	2712		WAYNE	MAGNUS	TEMP	M	57	55-59M	2.00.22	0
195	2526	777	STEVEN	GAGIANO	32GI	M	45	45-49M	2.00.32	1
196	2525	830	NATALIE	BOSHOFF	32GI	F	39	35-39F	2.00.33	1
197	2615	10615	MONDRE	GOUWS	TEMP	M	44	40-44M	2.00.33	0
198	2652	10652	TIAAN	GOOSEN	TEMP	M	37	35-39M	2.00.34	0
199	2535	3192	LUVUYO	BANGAZI	IKHAMVA	M	49	45-49M	2.00.51	1
200	2725	2796	BRENDON	DRYDEN	ACH	M	57	55-59M	2.01.09	1
202	2307	10307	JEREMY	DOBBIN	TEMP	M	38	35-39M	2.01.20	0
203	2138	10138	VICTORIA	ROSSOUW	TEMP	F	29	SF	2.01.25	0
204	2620	10620	ERICH	LOUW	TEMP	M	39	35-39M	2.01.27	0
205	2174	10174	KELLY	WILLIAMSON	TEMP	F	19	JF	2.01.48	0
206	2337	10337	RAYHAAN	BOTHA	TEMP	M	23	SM	2.01.49	0
207	2201	3114	MZUVUKILE	BAKADA	PAC	M	40	40-44M	2.01.52	0
208	2473	2950	PHAKAMISA	MATINISI	KOMANI	M	48	45-49M	2.01.57	0
209	2521	2199	SIKHANYISO	NDESI	CSBOR	M	38	35-39M	2.01.57	0
210	2778		LWANDO	SOROWA	CSBOR	M	41	40-44M	2.01.57	0
211	2750	618	KELLY	HOLMES	ASPEN	F	48	45-49F	2.02.02	1
212	2738	2117	SIMON	YOUNG	VITALITY	M	45	45-49M	2.02.03	1
213	2128	803	SIVIWE	MEVENI	REALGIJ	M	39	35-39M	2.02.05	0
214	2837	1291	SISEKO	SOMTSEWU	NYANDEN	M	39	35-39M	2.02.13	0
215	2373	10373	BRIDGET	VAN DEN HEEVER	TEMP	F	51	50-54F	2.02.15	0
216	2400	10400	IGOR	LESKO	TEMP	M	45	45-49M	2.02.15	0
217	2368	10368	DARRYL	LONG	TEMP	M	47	45-49M	2.02.40	0
218	2258	11958	KWANDA	TSHINGANA	TEMP	M	34	SM	2.02.44	0
219	2760	2815	LUTHANDO	NOMTOTO	CSEP	M	39	35-39M	2.02.44	1
220	2688		ROBYNNE	THERON	TEMP	F	29	SF	2.02.52	0
221	2667	10667	DARREN	TAIT	TEMP	M	21	SM	2.02.54	0
222	2455	2776	STERN	GEORGE	MUIRITE	M	20	JM	2.02.54	1
223	2730	800	JONATHAN	MANDELL	32GI	M	61	60-64M	2.02.59	1
224	2687		BERTO	COWLEY	TEMP	M	32	SM	2.03.06	0
225	2350	10350	ANKE	SCHEFFER	TEMP	F	21	SF	2.03.10	0
226	2098	1346	KALLIE	KLINKENBURG	NEDBANK	M	41	40-44M	2.03.19	1
227	2042	1206	NICOLETTE	BLIGNAULT	ELITEAC	F	36	35-39F	2.03.24	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
228	2012	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	2.03.24	1
229	2768	526	NIEKE	EBERSOHN	RUN4C	F	34	SF	2.03.41	1
230	2531	209	MAKHI	BULWANA	TEMP	M	48	45-49M	2.04.01	0
231	2254	11954	JADE	MURRAY	TEMP	F	22	SF	2.04.02	0
232	2363	10363	JENNIFER	KLUE	TEMP	F	18	JF	2.04.03	0
233	2299	10299	NIGEL	BROWN	TEMP	M	47	45-49M	2.04.12	0
234	2387	10387	AMBER	OGDEN	TEMP	F	19	JF	2.04.15	0
235	2503	2523	JOHANN	VAN DER MERWE	MADIBAZ	M	0	JM	2.04.17	1
236	2437	696	CAROLYN	GRANT	ALBANY	F	59	55-59F	2.04.22	2
237	2101	40332	MARCELLE	SCHOONBEE	BLOM AWL	F	19	JF	2.04.24	0
238	2168	10168	IMCE	VAN KERKEN	TEMP	F	20	JF	2.04.24	0
239	2295	10295	JAMES	YORK	TEMP	M	24	SM	2.04.32	0
240	2797		NTLIZIYWANA	GCINIKHAYA	SAPSTR	M	45	45-49M	2.04.36	0
241	2839	2433	MAYO	MAFILIVANA	JBAY	M	32	SM	2.04.50	1
242	2083	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	2.04.52	1
243	2188	10188	GABRIEL	REILLY	TEMP	M	18	JM	2.04.57	0
244	2759	1824	BATANDWA	NGXANGANA	KOMANI	M	37	35-39M	2.05.07	0
245	2256	11956	JODY	TANNER	TEMP	F	22	SF	2.05.12	0
246	2426	10727	TIAAN	VAN EYK	TEMP	M	33	SM	2.05.29	0
248	2663	10663	VILLEEN	SNYMAN	TEMP	F	58	55-59F	2.05.36	0
249	2213	1571	SIZIPHIWE	MZAMO	CHEETHAS	F	30	SF	2.05.45	0
250	2022	2022	ZAahir	JAPPIE	TEMP	M	42	40-44M	2.05.49	0
251	2116	11758	TAURIQ	HENDRICKS	TEMP	M	35	35-39M	2.05.51	0
253	2666	10666	RIAAAN	STRYDOM	TEMP	M	48	45-49M	2.06.07	0
254	2754	1630	JOE	SCHOEMAN	MADIBA	M	45	45-49M	2.06.12	1
255	2177	10177	JACQUI	BESTER	TEMP	F	48	45-49F	2.06.14	0
256	2745	636	ENVER	VOGEL	ASPEN	M	33	SM	2.06.32	1
257	2209	2373	NKULULEKO	MNYANDA	OTHER	M	48	45-49M	2.06.39	0
258	2814	880	DAVID	HOLLIS	CHARLO	M	41	40-44M	2.06.39	1
259	2822	960	ADELE	PHIPPS	CHARLO	F	56	55-59F	2.06.42	1
260	2163	10163	RYNO	LAUBSCHER	TEMP	M	37	35-39M	2.06.57	0
261	2374	10374	AME	MARAIS	TEMP	F	30	SF	2.06.58	0
262	2703		JANIQUE	FOURIE	TEMP	F	39	35-39F	2.06.59	0
263	2125	1208	CHRISTINE	BIRD	ELITEAC	F	54	50-54F	2.06.59	1
264	2469	8941	RENDANI	MAMPHISWANA	WATER	M	39	35-39M	2.07.00	0
265	2556	823	GUGULETHU	NTWENDALA	REALGIJ	F	33	SF	2.07.00	0
266	2393	10393	MELANIE	NELL	TEMP	F	43	40-44F	2.07.03	0
267	2605	10605	ANESCA	ZEHMKE	TEMP	F	45	45-49F	2.07.03	0
268	2338	10338	DONÉ	SLABBERT	TEMP	F	26	SF	2.07.05	0
269	2841	2841	ASIVE	SIMETHU	TEMP	F	26	SF	2.07.07	0
270	2205	11238	MICHAEL	WILSON	TEMP	M	46	45-49M	2.07.23	0
271	2137	10137	JENNIFER	AH CHONG	TEMP	F	57	55-59F	2.07.29	0
272	2326	10326	XOLANI	MOSAMO	TEMP	M	29	SM	2.07.44	0
273	2449	11485	SHIAN	COETZER	TEMP	F	25	SF	2.07.50	0
274	2594	1284	DEAN	BOSMAN	VWAC	M	43	40-44M	2.07.53	1
275	2015	2213	SINETHEMBA	HELA	SIBALEKA	M	37	35-39M	2.08.00	1
276	2162	10162	LOGAN	ROTHMAN	TEMP	F	29	SF	2.08.15	0
277	2795	850	PAIGE	LEE	32GI	F	59	55-59F	2.08.16	1
278	2465	2768	NOMVELISO	BIDLA	SAPPE	F	33	SF	2.08.20	1
279	2329	10329	ASTRID	ROSSOUW	TEMP	F	46	45-49F	2.08.29	0
280	2609	10609	MARINA	KLEINGELD	TEMP	F	44	40-44F	2.08.47	0
281	2176	10176	ARINDA	PRITCHARD	TEMP	F	47	45-49F	2.08.47	0
282	2602	10602	CG	MARAIS	TEMP	M	33	SM	2.08.51	0
283	2470	1982	TRISH	SCHUIN	SOMEAST	F	59	55-59F	2.08.55	1
284	2381	10381	RAMON	BLIGNAULT	TEMP	M	25	SM	2.08.58	0
285	2288	707	MPUMELELO	NGWENYA	CRUSADE	M	35	35-39M	2.09.05	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
286	2047	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	2.09.05	1
287	2600	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	2.09.06	1
288	2220	1363	LONWABO	NQEBELELE	MTHATHA	M	40	40-44M	2.09.07	0
289	2423	2249	SOLOMZI	MQATAZANA	SIBALEKA	M	58	55-59M	2.09.07	1
290	2646	10646	EUGENE	BEZUIDENHOUT	TEMP	M	57	55-59M	2.09.09	0
291	2130	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	2.09.23	1
292	2131	1232	SONIKA	NEL	ELITEAC	F	25	SF	2.09.23	1
293	2129	2357	SYBRAND	KIRSTEN	JBAY	M	56	55-59M	2.09.30	1
294	2769	525	WESSEL	EBERSOHN	RUN4C	M	36	35-39M	2.09.37	1
295	2636	10636	CIANA	DANIELS	TEMP	F	24	SF	2.09.45	0
296	2497	1842	CRAIG	WEST	BED	M	61	60-64M	2.09.52	0
297	2714	830	DAVID	WINGFIELD	SH	M	56	55-59M	2.09.53	0
298	2693		ADELE	VAN DE VENTER	TEMP	F	57	55-59F	2.09.53	0
299	2701		NTOMBAMAZIZ	MATOLE	TEMP	F	44	40-44F	2.09.56	0
300	2597	1116	HEIDI	JANSEN	ACH	F	58	55-59F	2.09.58	1
301	2670	10670	MIKE	WEBB	TEMP	M	66	65-69M	2.10.01	0
302	2691		LYNDA	PAUTZ	TEMP	F	45	45-49F	2.10.06	0
303	2713		COLLEEN	STEVENS	TEMP	F	61	60-64F	2.10.43	0
304	2415	2356	MICHELLE	VAN EMMENIS	JBAY	F	50	50-54F	2.10.49	1
305	2418	2369	JANENE	OOSTHUIZEN	JBAY	F	47	45-49F	2.10.50	1
306	2773	823	JOY	PREGNOLATO	32GI	F	55	55-59F	2.10.51	1
307	2332	10332	PHILA	GCISA	TEMP	F	33	SF	2.10.52	0
308	2290	1850	SIYABONGA	COKILE	HOLLYWOO	M	49	45-49M	2.11.06	1
309	2643	10643	SANDY	KINGWILL	TEMP	F	56	55-59F	2.11.11	0
310	2491	2712	TABZ	MTSHAKAZA	MERCEDES	F	40	40-44F	2.11.16	0
311	2028	1752	ALFRED	DENNIS	GELVAN	M	49	45-49M	2.11.23	1
312	2659		SEAN	LUNNON	TEMP	M	33	SM	2.11.30	0
313	2346	10346	CARL	VAN NIEKERK	TEMP	M	35	35-39M	2.11.30	0
314	2285	1716	LEON	NORTJE	RUNEDGE	M	53	50-54M	2.11.50	0
315	2651	10651	HERMAN	GERS	TEMP	M	34	SM	2.11.55	0
316	2743	622	YVETTE	DE VILLIERS	ASPEN	F	40	40-44F	2.12.11	1
317	2117	2914	NOMANDLA	LUNGUZA	SAPPE	F	49	45-49F	2.12.16	1
318	2314	10314	MICAELA	SCHOLTZ	TEMP	F	30	SF	2.12.26	0
319	2372	10372	THEMBELA	GXAMZA	TEMP	F	35	35-39F	2.12.31	0
320	2728	1675	MARIUS	ZEELIE	MADIBA	M	60	60-64M	2.12.32	1
321	2421	22	MICHELLE	DYER	PEAAC	F	41	40-44F	2.12.36	1
322	2460	36	LANCE	PETERSEN	PEAAC	M	53	50-54M	2.12.36	1
323	2333	10333	JO	TUCKER	TEMP	F	58	55-59F	2.12.37	0
324	2592	208	INGA	GXOLO	CSAVT	F	30	SF	2.12.52	0
325	2583	557	ANELISIWE	DLIKI	NYANDEN	F	32	SF	2.12.53	0
326	2298	10298	KYLE	BAARTMAN	TEMP	M	30	SM	2.13.03	0
327	2144	10144	DEENOLAN	MOODLEY	TEMP	M	29	SM	2.13.23	0
328	2161	10161	TANIA	BELLEW	TEMP	F	40	40-44F	2.13.25	0
329	2777	1693	WENDY	VENTER	MADIBA	F	54	50-54F	2.13.32	1
330	2310	10310	GARRETH	EVANS	TEMP	M	41	40-44M	2.13.33	0
331	2231	200	ABONGILE	NGWABE	CHEETHAS	F	34	SF	2.13.35	0
332	2828	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	2.13.35	1
333	2641	10547	KYLA	NIENABER	TEMP	F	20	JF	2.13.37	0
334	2416	1451	JOHAN	HATTINGH	NEDBANK	M	58	55-59M	2.13.40	1
335	2601	10601	CHANTAL	JACOBS	TEMP	F	42	40-44F	2.13.55	0
336	2804	956	NEELESH	BHANA	CHARLO	M	54	50-54M	2.13.57	1
337	2647	10647	ALBERT	BEZUIDENHOUT-VAN ZYL	TEMP	M	37	35-39M	2.13.58	0
338	2648	10648	DA-NIEL	BEZUIDENHOUT-VAN ZYL	TEMP	M	36	35-39M	2.13.58	0
339	2016	1955	DANIEL	PIETERSE	BLUEBAY	M	63	60-64M	2.14.00	1
340	2464	2666	NTHABISENG	MASALESA	SOCIALD	F	25	SF	2.14.05	0
341	2500	1085	ANDRE	VILJOEN	ACH	M	71	70+M	2.14.16	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
342	2702		VICTORIA	NIENHUIS	TEMP	F	28	SF	2.14.18	0
343	2071	2094	NOZIE	GWILI	ASPEN	F	42	40-44F	2.14.24	1
344	2542	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	2.14.25	1
345	2642	10642	MEGAN-IMAAN	EBRAHIM	TEMP	F	35	35-39F	2.14.32	0
346	2785		YANDISA	GOLDSMITH	temp	F	35	35-39F	2.14.38	0
347	2448	2999	DAVID	MATSHONA	SOCIALD	M	53	50-54M	2.15.04	0
348	2251	11951	HARDY	ESTERHUIZEN	TEMP	M	54	50-54M	2.15.06	0
349	2078	34	NKOSINATHI	MABUNU	QOKOL	M	34	SM	2.15.08	0
350	2172	2499	MOSALE	TLAKA	KOMANI	M	28	SM	2.15.09	0
351	2417	1162	VICTOR	TREU	MUIRITE	M	51	50-54M	2.15.17	1
352	2420	340	ELIZE	NEL	MUIRITE	F	50	50-54F	2.15.17	1
353	2733	3164	MARILEE	SCHOLTZ	TEAMVIT	F	28	SF	2.15.22	0
354	2242	2294	SIDWELL	MATINYANE	VUKANI	M	60	60-64M	2.15.27	1
355	2017	1567	JACOBUS	WYATT	DESPATCH	M	62	60-64M	2.15.30	1
356	2792	2672	JUSTIN	HASTIE	TEAMVIT	M	28	SM	2.15.31	0
357	2623	10623	JONGITHEMBA	MVULA	TEMP	M	44	40-44M	2.15.53	0
358	2847	11249	ELROY	SINGH	TEMP	M	38	35-39M	2.16.14	0
359	2293	10293	SHARON	HERMAANS	TEMP	F	48	45-49F	2.16.14	0
360	2065	3149	CHANEL	VAN DER MERWE	MADIBAZ	F	34	SF	2.16.22	1
361	2737	996	PAULA	PEARCE	CHARLO	F	57	55-59F	2.16.26	1
362	2554	2418	ZANDILE	MNGOMENI	ORMAMBA	F	44	40-44F	2.16.41	0
363	2210	808	LECHELLE	DE VRIES	32GI	F	45	45-49F	2.16.47	1
364	2308	10308	DONNE	BOTHA	TEMP	F	27	SF	2.16.50	0
365	2309	10309	WERNER	VILJOEN	TEMP	M	26	SM	2.16.50	0
366	2398	10398	MONICA	VENTER	TEMP	F	43	40-44F	2.16.57	0
367	2524	785	CHRISTOPHER	MARLIN	32GI	M	49	45-49M	2.16.57	1
368	2033	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55	55-59F	2.16.58	1
369	2102	899	KIRSTEN	FULLER	CHARLO	F	34	SF	2.16.58	1
370	2072	10251	ETIENNE	KOOPMAN	TEMP	M	47	45-49M	2.17.02	0
371	2466	449	KHOLOSA	GUMATANA	TRANSNET	F	50	50-54F	2.17.15	1
372	2097	2688	THOZAMA	MANTLAKA	VITALITY	F	39	35-39F	2.17.19	1
373	2214	1805	VUYEKA	YABO	KOMANI	F	40	40-44F	2.17.29	0
374	2557	2896	BANELE	YAWA	TEAMVIT	M	34	SM	2.17.37	0
375	2192	10192	DANELLE	FOURIE	TEMP	F	19	JF	2.17.40	0
376	2587	1011	KEN	CRAIG	BODYCON	M	50	50-54M	2.18.01	1
377	2173	10173	LIKHONA	MASIKA	TEMP	M	42	40-44M	2.18.02	0
378	2139	10139	JUAN-MARÉ	BASSON	TEMP	F	29	SF	2.18.08	0
379	2246	3158	ANELISA	MBETSHU	CHILLIEP	F	29	SF	2.18.14	1
380	2679	10679	ANGELA	HOOLE	TEMP	F	46	45-49F	2.18.22	0
381	2086	3100	CARMEN	PIETERSE	VITALITY	F	44	40-44F	2.18.22	1
382	2184	10001	ROWAINE	ADAMS	TEMP	M	44	40-44M	2.18.25	0
383	2596	1453	HEINRICH	WENTZEL	NEDBANK	M	40	40-44M	2.18.38	1
384	2269	11969	REBECCA	WARD	TEMP	F	23	SF	2.18.38	0
385	2248	2382	JOHAN	ROSSOUW	JBAY	M	57	55-59M	2.18.41	1
386	2479	1147	GERMAINE	LEE	GELVAN	M	40	40-44M	2.18.47	1
387	2678	10678	CHANTEL	JONKER	TEMP	F	41	40-44F	2.18.49	0
388	2612	10612	LANDI	VAN ROOYEN	TEMP	F	36	35-39F	2.18.49	0
389	2029	11242	GRANT	KARIUKI	TEMP	M	30	SM	2.18.51	0
390	2509	1751	WENDY	MQAI	NEDBOR	F	34	SF	2.18.51	0
391	2352	10352	JACKIE	GROBLER	TEMP	F	50	50-54F	2.18.53	0
392	2349	10349	BELINDA	HUNTER	TEMP	F	53	50-54F	2.18.54	0
393	2836	797	PHILASANDE	NDAMASE	MTHATHA	F	36	35-39F	2.18.54	0
394	2092	1911	MATHONGO	MAKHIWANE	BLUEBAY	M	50	50-54M	2.18.57	1
395	2367	10367	ZETHU	CITI	TEMP	F	28	SF	2.19.00	0
396	2413	281	NOMBUYISELO	TSHAKA	OXFORD	F	42	40-44F	2.19.00	0
397	2234	1397	ABDUL	GOOSEIN	TEAMVIT	M	38	35-39M	2.19.18	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
398	2475	684	CECILE	VAN SCHALKWYK	ALBANY	F	34	SF	2.19.18	1
399	2271	2333	ALIZWA	BOVUNGANA	VUKANI	M	25	SM	2.19.21	1
400	2845	2332	ANDILE	BOVUNGANA	VUKANI	M	58	55-59M	2.19.23	1
401	2115	246	CYNTHIA	TOERIEN	KOWIE	F	61	60-64F	2.19.25	1
402	2519	2665	BOINGOTLO	MADONSELA	SOCIALD	F	32	SF	2.19.35	0
403	2150	10150	AIMEE	NEWMAN	TEMP	F	31	SF	2.19.37	0
404	2211	414	AYANDA	POTGIETER	CHILLIEP	F	31	SF	2.19.38	1
405	2225	43	BUYISWA	NGXONONO	SAPPE	F	48	45-49F	2.19.39	1
406	2235	1603	RONNIE	JONKER	DESPATCH	M	55	55-59M	2.19.52	1
407	2639	10639	MARITZA	CRAIG	TEMP	F	49	45-49F	2.19.53	0
408	2677	10677	ARNO	EBERSOHN	TEMP	M	33	SM	2.20.03	0
409	2850	10268	MELANIE	HERMAN	TEMP	F	42	40-44F	2.20.11	0
410	2180	29	ANSA	VON HAGEN	PEAAC	F	53	50-54F	2.20.18	1
411	2568	1439	MARISSA	BLACK	NEDBANK	F	47	45-49F	2.20.18	1
412	2735	28	ANNEMARIE	MATTHEUS	PEAAC	F	53	50-54F	2.20.19	1
413	2264	11964	JENNA	WALTERS	TEMP	F	25	SF	2.20.20	0
414	2626	10626	SIYANDA	MLISA	TEMP	F	35	35-39F	2.20.27	0
415	2284	1818	GERALD	BLOEM	RHODESU	M	65	65-69M	2.20.38	1
416	2507	2679	NELISIWE	SOWAZI	MERCEDES	F	31	SF	2.20.40	0
417	2581	2201	BABALWA	FUMBA	CSBOR	F	31	SF	2.20.48	0
418	2680	10680	WARREN	HOOLE	TEMP	M	48	45-49M	2.20.57	0
419	2428	2968	THEMBA	RATAZA	KOMANI	M	56	55-59M	2.21.10	0
420	2212	1246	VUYO	STOTO	CHILLIEB	F	36	35-39F	2.21.13	0
421	2036	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	2.21.14	1
422	2790	2388	ANRI	PRETORIUS	JBAY	F	31	SF	2.21.20	1
423	2198	10198	TREVLYN	HOYLE	TEMP	F	50	50-54F	2.21.20	0
424	2279	1923	ZANELE	PAPA	HOLLY	F	49	45-49F	2.21.23	0
425	2502	1856	UNATI	MBONISWA	HOLLYWOO	F	43	40-44F	2.21.23	1
426	2219	1579	JHANINEN	BOSHOF	DESPATCH	F	59	55-59F	2.21.28	1
427	2478	184	MAKAZIWE	TENYANE	CHEETHAS	M	50	50-54M	2.21.34	0
428	2720	10720	MAIGHON	PETERSEN	TEMP	F	24	SF	2.21.39	0
430	2471	216	SIPS	NGUDLE	CHEETHAS	F	38	35-39F	2.21.55	0
431	2347	10347	MATTHEW	PEARCE	TEMP	M	26	SM	2.21.58	0
432	2771	512	ANSIE	BENADE	RUN4C	F	66	65-69F	2.22.03	1
433	2747	637	MARK	GODDARD	ASPEN	M	29	SM	2.22.06	1
434	2746	615	KATHERINE	NEL	ASPEN	F	36	35-39F	2.22.06	1
435	2230	221	JASON	BROWN	KOWIE	M	51	50-54M	2.22.12	1
436	2453	18552	LIZELLE	POTGIETER	MAVERICK	F	35	35-39F	2.22.13	0
437	2315	10315	MARIE	QUINN	TEMP	F	42	40-44F	2.22.13	0
438	2676	10676	YONELA	DIMANE	TEMP	F	25	SF	2.22.20	0
439	2207	2111	GEROME	MINTOOR	ATLANTIC	M	58	55-59M	2.22.25	1
440	2572	3072	VUYOKAZI	JADEZWENI	SAPSTR	F	40	40-44F	2.22.26	0
441	2610	10610	GUGULETHU	NDWABU	TEMP	M	39	35-39M	2.22.42	0
442	2846	712	BUSEKA	MGEDU	MTHATHA	F	41	40-44F	2.22.44	0
443	2808	894	TONY	CLARKE	CHARLO	M	65	65-69M	2.22.49	1
444	2093	1484	BONISWA	ZONDANI	CHEETHAS	F	42	40-44F	2.22.53	0
445	2518	2812	NTHABISENG	MASHEGO	ASPEN	F	32	SF	2.22.59	1
446	2106	2907	MOMELEZI	CONJWA	ASPEN	M	30	SM	2.22.59	1
447	2109	413	MBALI	QUBEKA	CHILLIEP	F	28	SF	2.23.03	1
448	2461	2111	PHILASANDE	TUNZANA	SAPSTR	F	40	40-44F	2.23.05	0
449	2800		SYLVAN	BLIGNAUT	MADIBAZ	M	66	65-69M	2.23.08	1
450	2692		RIAAAN	NEL	TEMP	M	44	40-44M	2.23.09	0
451	2263	11963	LUNGISA	JOKO	TEMP	M	34	SM	2.23.09	0
452	2362	10362	FELICIA	MAPAILA	TEMP	F	24	SF	2.23.11	0
453	2390	10390	LIKHONA	NQUNQA	TEMP	F	29	SF	2.23.11	0
454	2689	1402	SIVE	MATYOBENI	BCMAC	F	39	35-39F	2.23.13	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
455	2410	859	BUSISWA	RANI	NYANDEN	F	40	40-44F	2.23.15	0
456	2727	10727	LEIGH-ANN	SMIT	TEMP	F	27	SF	2.23.16	0
457	2698		SARAH	HAWKES	TEMP	F	27	SF	2.23.16	0
458	2774	2699	ADEL	VAN RENSBURG	TEAMVIT	F	47	45-49F	2.23.20	0
459	2576	427	SIASANGA	MYATAZA	BALEKANI	F	40	40-44F	2.23.26	0
460	2442	1026	PRINCESS	SONANZE	BUFFALO	F	44	40-44F	2.23.45	0
461	2067	2296	KAYA	MLENZE	VUKANI	M	44	40-44M	2.23.49	1
462	2261	11961	LOTTA	MJEKULA	TEMP	F	43	40-44F	2.24.02	0
463	2562	1710	JM	JANSE VAN RENSBURG	MADIBA	M	38	35-39M	2.24.05	1
464	2512	1839	THEMBAKAZI	KHAKHANE	TITANIUM	F	48	45-49F	2.24.07	0
465	2608	10608	MAMORETLO	VANDA	TEMP	F	30	SF	2.24.12	0
466	2441	1958	MELISSA	VAN WYK	BLUEBAY	F	33	SF	2.24.28	1
467	2260	11960	ROBYN	FEHRSEN	TEMP	F	43	40-44F	2.24.42	0
468	2351	10351	CANDICE	DUNCAN	TEMP	F	46	45-49F	2.24.42	0
469	2779	3173	LUTHO	NOMBEMBE	ASPEN	M	32	SM	2.24.46	1
470	2742	40192	JODY	FLEURS	GELVAN	M	17	JM	2.25.11	1
471	2048	1629	ARINDA	VAN DER LINDE	MADIBA	F	36	35-39F	2.25.26	1
472	2089	10746	THANDO	KULA	TEMP	M	33	SM	2.25.28	0
473	2489	13569	ZINTLE	SOMFELE	UNKNOWN	F	32	SF	2.25.37	0
474	2569	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	2.25.41	1
475	2159	2422	ALICHIA	VAN ZYL	JBAY	F	43	40-44F	2.25.41	1
476	2480	10751	ECKARD	GERBER	TEMP	M	43	40-44M	2.25.43	0
477	2348	10348	KAYLA	MARX	TEMP	F	29	SF	2.25.46	0
478	2402	328	MADRE	WELMANS	MUIRITE	F	56	55-59F	2.25.59	1
479	2407	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	2.26.00	1
480	2385	10385	GENINA	HOOD	TEMP	F	37	35-39F	2.26.10	0
481	2729	1617	CHARMAINE	BUTTON	MADIBA	F	61	60-64F	2.26.11	1
482	2142	10142	ISHAAQ	PHILLIPS	TEMP	M	28	SM	2.26.13	0
483	2640	10640	PHUMLANI	MDITSHWA	TEMP	M	35	35-39M	2.26.16	0
484	2474	3581	VINCENT	MAKHUVHA	KYALAMI	M	66	65-69M	2.26.20	0
485	2111	529	ANDRE	FOURIE	RUN4C	M	78	70+M	2.26.29	1
486	2366	10366	LELANIE	VAN DER MERWE	TEMP	F	35	35-39F	2.26.32	0
487	2013	77	LOUIS	SWIEGELAAR	SAPPE	M	59	55-59M	2.26.36	1
488	2607	10607	AIMEE	POHLMANN	TEMP	F	27	SF	2.26.38	0
489	2389	447	JABU	NGUBANE	CHILLIEP	M	55	55-59M	2.26.38	1
490	2629	10629	BRENNAN	HONSBEIN	TEMP	M	37	35-39M	2.26.39	0
491	2147	10147	GARRETH	HOLMES	TEMP	M	43	40-44M	2.26.41	0
492	2121	1009	VUYISA	MJIKELISO	BUFFALO	M	45	45-49M	2.26.42	0
493	2257	11957	JARED	CHARLTON	TEMP	M	35	35-39M	2.26.53	0
494	2575	2006	STEPHEN	MOLETE	SOCIALD	M	47	45-49M	2.26.55	0
495	2570	1708	JOHAN	PRETORIUS	MADIBA	M	51	50-54M	2.27.08	1
496	2203	2805	CHARL	GERBER	RUN4C	M	61	60-64M	2.27.08	1
497	2655	10655	JADE	MAGSON	TEMP	F	26	SF	2.27.09	0
498	2653	10653	KRISTIN	KEETON	TEMP	F	27	SF	2.27.10	0
499	2169	10169	DANIEL	DE JESUS	TEMP	M	33	SM	2.27.28	0
500	2425	1437	NOLUNDI	BREAKFAST	BCMAC	F	40	40-44F	2.27.31	0
501	2686		NONI	CHIKWARI	TEMP	F	32	SF	2.27.31	0
502	2704		CASEY	PAUTZ	TEMP	F	17	JF	2.27.56	0
503	2074	294	MCDONALD	MDHLULI	OXFORD	M	39	35-39M	2.27.57	0
504	2105	2502	WENDY	CAMERON	MADIBAZ	F	48	45-49F	2.27.58	1
505	2740	1758	BRAMWELL	FLEURS	GELVAN	M	47	45-49M	2.28.07	1
506	2658	10658	SIGCINE	MBIXANE	TEMP	M	40	40-44M	2.28.12	0
507	2734	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	2.28.13	1
508	2239	2698	NTOMBIZINE	MTANDA	VITALITY	F	49	45-49F	2.28.15	1
509	2806	924	GRAHAM	BROOM	CHARLO	M	55	55-59M	2.28.23	1
510	2558	1396	ONGEZWA	NTLATI	NEDBANK	F	31	SF	2.28.23	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
511	2292	1271	JABU	GAULA	CHILLIEB	M	43	40-44M	2.28.23	0
512	2353	10353	SUSANN	CHAPMAN	TEMP	F	50	50-54F	2.28.33	0
513	2054	491	YOLANDE	ARCHER	RUN4C	F	47	45-49F	2.28.35	1
514	2406	1380	BANDILE	CUNTU	NEDBANK	M	61	60-64M	2.28.39	1
515	2422	725	WENDY	BULULU	CRUSADE	F	42	40-44F	2.28.49	1
516	2763	1959	XOLANI	TEYISE	BLUEBAY	M	44	40-44M	2.28.49	1
517	2031	2508	DANEILLE	HARRY	MADIBAZ	F	40	40-44F	2.28.56	1
519	2813	2164	SHARON	GRIESEL	CHARLO	F	54	50-54F	2.28.59	1
520	2399	10399	CHRIS	VAN RENSBURG	TEMP	M	52	50-54M	2.29.00	0
521	2812	2165	DION	GRIESEL	CHARLO	M	58	55-59M	2.29.00	1
522	2613	10613	KYLIE	BILLER	TEMP	F	25	SF	2.29.05	0
523	2472	2047	SAMBESO	TSHAKA	OXFORD	F	28	SF	2.29.05	0
524	2660	10660	MTUTUZELI	BODO	TEMP	M	55	55-59M	2.29.08	0
525	2019	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	2.29.17	1
526	2094	1196	SINDISWA	TONGA	CHEETHAS	F	42	40-44F	2.29.35	0
527	2830	3214	CORNE	VOSLOO	CHARLO	M	46	45-49M	2.29.40	1
528	2427	2724	NANJI	TSHAKUMANE	MERCEDES	F	47	45-49F	2.29.52	0
529	2761	2469	TAMSANQA	PONGOLO	KOMANI	M	54	50-54M	2.30.13	0
530	2341	10341	NOBUNTU	MCUNUKELWA	TEMP	F	36	35-39F	2.30.31	0
531	2134	10134	ALTHEA	SWARTZ	TEMP	F	41	40-44F	2.31.11	0
532	2370	10370	BEATA	LANGSON	TEMP	F	25	SF	2.31.14	0
533	2751	3142	NONKE	MABIZELA	VITALITY	M	42	40-44M	2.31.19	1
534	2682		ROXANNE	HECHTER	TEMP	F	40	40-44F	2.31.20	0
535	2044	2465	OZELLE	WIEHAHN	ABSAEP	F	52	50-54F	2.31.21	1
536	2297	10297	LOYISO	QEBEYI	TEMP	F	43	40-44F	2.31.27	0
537	2064	3044	SIYAVUYA	MARWANQA	VITALITY	M	27	SM	2.31.52	1
538	2731	323	CLIVE	VAN RAYNER	MUIRITE	M	58	55-59M	2.31.53	1
539	2732	2929	MICHAL	VAN RAYNER	MUIRITE	F	22	SF	2.31.53	1
540	2803	2803	TEMLAKAZI	SALAYI	TEMP	F	28	SF	2.32.13	0
541	2454	2758	ZANDER	DU PLESSIS	MUIRITE	M	20	JM	2.32.19	1
542	2724	10724	ANZA	GELEBE	TEMP	F	31	SF	2.32.22	0
543	2087	997	UNATHI	NTSHONGWANA	VUSELELA	F	34	SF	2.32.23	0
544	2204	279	VERONICA	BOSHOF	MUIRITE	F	64	60-64F	2.32.38	1
545	2459	1610	NTSWAKI	MOFULA	ORMAMBA	F	36	35-39F	2.32.39	0
546	2532	2738	SIMPHIWE	KOTTA	MERCEDES	M	52	50-54M	2.32.39	0
547	2195	10195	DONE	JANTJIES	TEMP	F	40	40-44F	2.32.44	0
548	2767	2720	ANDISA	MQHATU	VITALITY	F	45	45-49F	2.32.45	1
549	2312	10312	SIMTANDILE	MVELO	TEMP	F	28	SF	2.32.59	0
550	2493	1608	LUZANNE	SCHOEMAN	DESPATCH	F	36	35-39F	2.33.01	1
551	2179	10179	SIFUNDO	MTHEMBU	TEMP	M	33	SM	2.33.11	0
552	2838	1189	YANGA	MATWA	CHEETAH	F	30	SF	2.33.13	0
553	2589	2479	SINETHEMBA	MAGUTYWA	ABSAEP	M	43	40-44M	2.33.14	1
554	2320	10320	JANÉ	VAN DER HOFF	TEMP	F	23	SF	2.33.14	0
555	2443	1071	MAJOLA	ZUKISWA	BUFFALO	F	45	45-49F	2.33.24	0
556	2277	1407	BUKEKA	HELA	NEDBANK	F	52	50-54F	2.33.46	1
557	2118	1279	ZIKHONA	MAHLAZA	CHILLIEB	F	39	35-39F	2.34.07	0
558	2055	2270	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	2.34.30	1
559	2429	1147	ZIYANDA	MDWAYI	TRANSNET	F	46	45-49F	2.35.02	1
560	2765	654	SIMONE	JACOBS	ASPEN	F	40	40-44F	2.35.15	1
561	2588	1811	UZUSIPHE	MAKALIMA	KOMANI	F	36	35-39F	2.35.19	0
562	2796		AYANDA	SKWEBU	OVERTAKE	M	44	40-44M	2.35.33	0
563	2571	923	EVA	CHETTY	CHARLO	F	57	55-59F	2.35.36	1
564	2153	10153	LAURA	SILVA	TEMP	F	27	SF	2.36.01	0
565	2182	2069	ERIC	PHONGOLO	NMBAC	M	68	65-69M	2.36.28	1
566	2328	10328	LINE	VAN AS	TEMP	F	40	40-44F	2.36.42	0
567	2274	11974	CHANTAL	KILIAN	TEMP	F	50	50-54F	2.36.42	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
568	2756	1249	ZOLEKA	MAZWI	CHILLIEB	F	46	45-49F	2.37.01	0
569	2112	913	FEZ	NTOBONGWANA	REALGIJ	M	60	60-64M	2.37.01	0
570	2202	2054	MERVYN	LEE	EDGE	M	71	70+M	2.37.18	0
571	2617	10617	JÉAN-CLAUDE	DEERLING	TEMP	M	31	SM	2.37.27	0
572	2080	471	ZANETHEMBA	QASHANI	STUT	M	33	SM	2.37.36	0
573	2775	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	44	40-44F	2.37.41	1
574	2717	10717	XOLISA	COLANI	TEMP	F	28	SF	2.37.59	0
575	2637	10637	THUTHUZELA	MAPOMA	TEMP	F	31	SF	2.37.59	0
576	2603	10603	AMY	BUHAGIAR	TEMP	F	17	JF	2.38.01	0
577	2604	10604	DEBORAH	BUHAGIAR	TEMP	F	46	45-49F	2.38.02	0
578	2229	38	GARETH	BARBOUR	OXFORD	M	48	45-49M	2.38.05	0
579	2826	1464	DAVID	O'REILLY	NEDBANK	M	78	70+M	2.38.07	1
580	2849	10182	ELINE	BOA-AMPONSEM	TEMP	F	29	SF	2.38.29	0
581	2538	2607	ASINDISIWE	NAMATHELA-NTELEZA	MERCEDES	F	32	SF	2.38.32	0
582	2661	10661	BUHLE	NTSALAZE	TEMP	M	32	SM	2.38.51	0
583	2183	2759	ZONWABELE	TSAWU	MUIRITE	M	61	60-64M	2.39.07	1
584	2721	10721	SIYAMTEMBA	BOMVU	TEMP	M	33	SM	2.39.24	0
585	2809	968	DENISE	DARLOW	CHARLO	F	57	55-59F	2.39.33	1
586	2815	969	GARY	KELLEHER	CHARLO	M	68	65-69M	2.39.33	1
587	2823	889	PETER	POHLMANN	CHARLO	M	62	60-64M	2.39.34	1
588	2301	10301	AYANDA	DELIWE	TEMP	F	42	40-44F	2.39.40	0
589	2345	10345	PHUMLANI	SHAZI	TEMP	M	41	40-44M	2.40.08	0
590	2032	2600	ROCHELLE	THORNE	MADIBAZ	F	55	55-59F	2.40.10	1
591	2283	600	ANDRE	PIENAAR	RUN4C	M	63	60-64M	2.40.23	1
592	2321	10321	BIANCA	STRYDOM	TEMP	F	39	35-39F	2.40.37	0
593	2394	10394	ASHTON	JACKSON	TEMP	M	26	SM	2.40.38	0
594	2555	2468	MZIKAZI	KASOLO	KOMANI	F	33	SF	2.40.49	0
595	2408	18863	TEMBA	PEZISA	CSCG	M	59	55-59M	2.41.11	0
596	2318	10318	SANDISWA	JAVU	TEMP	F	36	35-39F	2.41.13	0
597	2276	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	2.41.16	1
598	2817	2179	DOROTHY	MALULEKA	CHARLO	F	48	45-49F	2.41.28	1
599	2450	3464	BULELWA	KHIYAKHIYA	HOLLY	F	43	40-44F	2.42.14	0
600	2278	2469	LIANE	PETZER	RUN4C	F	56	55-59F	2.42.25	1
601	2376		UNKNOWN		TEMP	F	35	35-39F	2.42.27	0
602	2782	1924	SHELAINE	BARENDSE-SCHOLTZ	BLUEBAY	F	40	40-44F	2.42.38	1
603	2223	1781	RUDI	SWARTS	GELVAN	M	48	45-49M	2.42.46	1
604	2051	188	NOLITHA	TSHENTU	CHEETAH	F	45	45-49F	2.42.53	0
605	2614	10614	LISA	RANDALL	TEMP	F	45	45-49F	2.43.35	0
606	2396	10396	MICHELLE	BLOM	TEMP	F	48	45-49F	2.43.35	0
607	2468	1295	MANDY	VAN DER MERWE	VWAC	F	55	55-59F	2.43.38	1
608	2038	2547	BERNARD	PETERSEN	MADIBAZ	M	60	60-64M	2.43.45	1
609	2253	11953	LUCINDA	VAN DER MERWE	TEMP	F	32	SF	2.43.46	0
610	2252	11952	DANZEL	VAN DER MERWE	TEMP	M	29	SM	2.43.47	0
611	2200	10200	TAYLA	SPELLER	TEMP	F	28	SF	2.43.51	0
612	2706		NEALY	LOMBAARD	TEMP	F	26	SF	2.44.00	0
613	2820	953	PHUMELELA	NTUNGWA	CHARLO	F	39	35-39F	2.44.00	1
614	2577	1387	ALTA-MARI	GREBE	NEDBANK	F	44	40-44F	2.44.12	1
615	2218	1000	OKO	TAFENI	VUSELELA	F	32	SF	2.44.29	0
616	2302	10302	BIANCA	ZEELIE	TEMP	F	26	SF	2.44.37	0
617	2618	10618	CHUMISA	SKOSANA	TEMP	F	33	SF	2.44.59	0
618	2313	10313	TASMIN	SCHOULTZ	TEMP	F	33	SF	2.44.59	0
619	2827	974	CLAIRE	TUSTIN	CHARLO	F	48	45-49F	2.45.01	1
620	2043	1305	CASEY	ISAACS	VWAC	F	47	45-49F	2.45.08	1
621	2355	10355	JACKIE	HAY	TEMP	F	60	60-64F	2.45.11	0
622	2073	288	LUCRECIA	MDHLULI	OXFORD	F	35	35-39F	2.45.31	0
623	2136	10136	ANASTASIA	ROSSOUW	TEMP	F	44	40-44F	2.45.40	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
624	2438	3197	ZWELI	BOMELA	ALLSTARS	M	60	60-64M	2.45.58	0
625	2082	15	EMMERENCHIA	SLABBERT	PEAAC	F	53	50-54F	2.46.05	1
626	2324	10324	DYLANN	CHAPMAN	TEMP	M	24	SM	2.46.09	0
627	2342	10342	PUMEZA	NGOQO	TEMP	F	44	40-44F	2.46.19	0
628	2634	10634	MSIMELELO	MPAMA	TEMP	M	30	SM	2.46.19	0
629	2191	10191	ALIZWA	SAWULA	TEMP	F	26	SF	2.46.19	0
630	2303	10303	NADIA	KRIEL	TEMP	F	28	SF	2.46.21	0
631	2155	10155	ASHWIN	DOWNES	TEMP	M	27	SM	2.46.28	0
632	2061	2186	ADRIAN	DE WAAL	32GI	M	61	60-64M	2.46.28	1
633	2494	2670	KAREN	STUTHARD	VITALITY	F	52	50-54F	2.46.48	1
634	2545	1296	NOLUDWE	MKUZANGWE	CHILLIEB	F	42	40-44F	2.46.53	0
635	2126	249	HUGH	PARKER	KOWIE	M	73	70+M	2.47.26	1
636	2095	2212	ZIMKITHA	DAYI SIBANGELA	SIBALEKA	F	40	40-44F	2.47.36	1
637	2476	1433	ANDRÉ	NEL	NEDBANK	M	59	55-59M	2.47.39	1
638	2296	11201	SHAKEERA	GEORGE	TEMP	F	38	35-39F	2.47.54	0
639	2391	10391	ASHWELL	ISAACS	TEMP	M	41	40-44M	2.47.54	0
640	2719	10719	HANNAH	BUCKSEY	TEMP	F	28	SF	2.47.54	0
641	2056	129	MUHAMMAD	WHITE	MALABAR	M	38	35-39M	2.47.55	1
642	2241	3088	GLORIA	NONTSHOKWENI	SAPSGN	F	45	45-49F	2.48.24	0
643	2171	10171	LEEANN	JOUBERT	TEMP	F	35	35-39F	2.48.27	0
644	2451	1396	ASANDA	SKWEBU	KHULANI	F	39	35-39F	2.48.30	0
645	2424	2948	OKUHLE	BANA	VWAC	F	38	35-39F	2.48.33	1
646	2170	10170	THERESA	NCUBE	TEMP	F	35	35-39F	2.48.33	0
647	2371	10371	CLAIRE	MITCHELL	TEMP	F	17	JF	2.48.35	0
648	2505	2260	NODUMO	MALINGE	SIBALEKA	F	31	SF	2.48.39	1
649	2378	10378	JERION	BAARTMAN	TEMP	M	29	SM	2.48.50	0
650	2537	2789	PUMELLA	MBADLANYANA	MERCEDES	F	35	35-39F	2.49.04	0
651	2462	2124	ZANDILE	MAGABELA	SAPSTR	F	40	40-44F	2.49.08	0
652	2081	294	KARMEL	PAGE	MUIRITE	F	34	SF	2.49.12	1
653	2025	64	DAVID	FORTEIN	SAPPE	M	60	60-64M	2.49.15	1
654	2193	10193	MADELEIN	DE VRIES	TEMP	F	27	SF	2.49.24	0
655	2657	10657	RACHEL	MANEFELDT	TEMP	F	22	SF	2.49.24	0
656	2339	10339	HUMAIRAA	SMITH	TEMP	F	31	SF	2.49.26	0
657	2481	344	SIPHOKAZI	MTAMBO	BWEST	F	31	SF	2.49.33	0
658	2606	10606	LI-ANNE	LANDMAN	TEMP	F	45	45-49F	2.49.36	0
659	2662	10662	TALITA	ROUX	TEMP	F	50	50-54F	2.49.48	0
660	2133	10133	INECE	KAYSER	TEMP	F	57	55-59F	2.50.01	0
661	2548	2653	YOLANDA	NOKO	MERCEDES	F	42	40-44F	2.50.16	0
662	2249	3122	DAVID	CHENGWE	VWAC	M	47	45-49M	2.50.27	1
663	2463	3393	NOLUVO	NTLAMA	SCENERY	F	40	40-44F	2.50.37	0
664	2439	925	VUTLHARHI	NGOBENI	THEMBA	F	39	35-39F	2.50.44	0
665	2199	10199	CHLOE	GROENEWALD	TEMP	F	26	SF	2.50.51	0
666	2540	1627	NOLUTHANDO	FUMAZELE	ORMAMBA	F	46	45-49F	2.50.54	0
667	2021	67	THANDISWA	COSA	SAPPE	F	49	45-49F	2.51.07	1
668	2565	2626	SINOVUYO	MJIKELWA	MERCEDES	F	31	SF	2.51.19	0
669	2715	10715	SIMAMKELE	SIXIMBA	TEMP	F	31	SF	2.52.15	0
670	2262	1932	NTHATO	HEADBUSH	BLUEBAY	M	24	SM	2.53.03	1
671	2515	1223	KHULULWA	BUTSHINGI	KINGS	F	36	35-39F	2.53.36	0
672	2375	10375	NICOLE	NEL	TEMP	F	40	40-44F	2.53.45	0
673	2046	10376	TRACEY	ADAMS	TEMP	F	41	40-44F	2.53.45	0
674	2120	2335	TASNEEM	DE MAINE	GELVAN	F	35	35-39F	2.54.01	1
675	2060	598	PHAKAMA	MATATA	RUN4C	F	34	SF	2.54.03	1
676	2237	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	2.54.06	1
677	2273	11973	SIYABONGA	TSHAKA	TEMP	M	42	40-44M	2.54.10	0
678	2811	971	DEIDRE	GERBER	CHARLO	F	54	50-54F	2.54.13	1
679	2403	1869	NWABISA	DUKADA	HOLLYWOO	F	53	50-54F	2.54.16	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
680	2739	1746	ARDEN	GROOTBOOM	GELVAN	F	44	40-44F	2.54.41	1
681	2842	368	NWABISA	MSUTHWANA	IKHAMVA	F	45	45-49F	2.55.09	1
682	2621	10621	BUSISIWE	NJOMBA	TEMP	F	31	SF	2.55.40	0
683	2560	2304	KUSELWA	MAJALI	ADVBOR	F	52	50-54F	2.55.55	0
684	2440	2651	VUYO	BONGELA	MADIBAZ	F	46	45-49F	2.56.05	1
685	2405	2776	INNOCENTIA	LEKAU	SOCIALD	F	36	35-39F	2.56.49	0
686	2534	1399	NATASHA	MVALO	KHULANI	F	36	35-39F	2.56.54	0
687	2628	10628	PHUMLA	PAMLA	TEMP	F	37	35-39F	2.57.02	0
688	2414	2670	KOMKAZE	MATSELISO	SOCIALD	F	51	50-54F	2.57.37	0
689	2386	10386	TALITHA	SILO	TEMP	F	31	SF	2.57.45	0
690	2243	3050	ASANDA	NASE	SAPSTR	F	41	40-44F	2.58.14	0
691	2446	100	SEKIWE	MANDLA	CHEETHAS	F	57	55-59F	2.58.22	0
692	2622	10622	THEMBELA	MPUSHE	TEMP	F	42	40-44F	2.58.25	0
693	2492	1539	MIHLALI	MBANGENI	MADIBAZ	F	26	SF	2.58.29	1
694	2625	10625	NOLUSINDISO	LAMBATHA	TEMP	F	40	40-44F	2.59.51	0
695	2110	528	HELEN	FOURIE	RUN4C	F	55	55-59F	2.59.56	1
696	2477	1437	ELMARIE	NEL	NEDBANK	F	50	50-54F	3.00.18	1
697	2059	1743	THOMAS	PLAATJIES	GELVAN	M	48	45-49M	3.01.05	1
698	2217	420	NOLUBABALO	NGQOBA	CHILLIEP	F	33	SF	3.01.53	1
699	2566	2762	ONGEZWA	GOVUZELA	MERCEDES	F	36	35-39F	3.02.16	0
700	2501	572	SHANTE	DU PLESSIS	RUN4C	F	33	SF	3.03.06	1
701	2244	2583	CHARLOTTE	YOYO	SAPSTR	F	41	40-44F	3.03.23	0
702	2227	2790	BUSISIWE	DYANTYI	TRANSNET	F	37	35-39F	3.03.50	1
703	2270	11970	ANELISA	POKWANA	TEMP	F	32	SF	3.04.34	0
704	2831	3213	CINDY	VOSLOO	CHARLO	F	43	40-44F	3.04.51	1
705	2096	133	NOMVUZO	MGWAQO	CHEETHAS	F	43	40-44F	3.05.18	0
706	2151	10151	REBECCA	WILLIAMS	TEMP	F	26	SF	3.05.37	0
707	2336	10336	LITHEMBA	MTONGANE	TEMP	F	20	JF	3.05.37	0
708	2068	1100	JODI	MALAN	ACH	F	40	40-44F	3.05.54	1
709	2224	11322	AYABULELA	SINGQOTO	KHAYELIT	F	39	35-39F	3.06.13	0
710	2630	10630	BABALWA	DIKO	TEMP	F	42	40-44F	3.06.41	0
711	2749		NOKULUNGA	NGWEKAZI	TEMP	F	46	45-49F	3.07.18	0
712	2445	1563	LIVE	NCAMANI	CHEETHAS	F	32	SF	3.07.33	0
713	2409	3049	NONTUTHUZELO	NGXONONO-DOUSE	SAPPE	F	56	55-59F	3.08.03	1
714	2582	2881	TWICE	MGIJIMA	OTHER	F	54	50-54F	3.08.05	0
715	2037	2927	SIMON	STRIMLING	ATLANTIC	M	63	60-64M	3.08.54	1
716	2533	1806	NOLUKHOLO	TAHO	KOMANI	F	45	45-49F	3.10.29	0
717	2357	10357	ANTOINETTE	LEVER	TEMP	F	31	SF	3.10.35	0
718	2275		BABALWA	TYOBEKA	BUFFALO	F	40	40-44F	3.11.27	0
719	2233	89	SICHUMILE	DUMALISILE	CHEETHAS	F	29	SF	3.13.05	0
720	2236	1209	ZETHU	NXALASE	CHEETHAS	F	39	35-39F	3.13.16	0
721	2585	67	ZONGEZILE	MAKREXENI	CHEETHAS	M	45	45-49M	3.13.16	0
722	2412	2925	SESETHU	MTOTYWA	JBAY	F	30	SF	3.13.23	1
723	2091	2486	SIMANGELE	SKOSANA	ABSAEP	F	45	45-49F	3.13.23	1
724	2358	10358	ELRIKA	BOTHA	TEMP	F	27	SF	3.13.45	0
725	2146	10146	DOREEN	HOLMES	TEMP	F	41	40-44F	3.15.02	0
726	2145	10145	DILLUN	HOLMES	TEMP	M	23	SM	3.15.02	0
727	2573	2977	LISEBO	LEKHOLKOE	SOCIALD	F	37	35-39F	3.16.18	0
728	2114	570	PIETER	GERBER	RUN4C	M	67	65-69M	3.16.29	1
729	2536	2010	MODIEHI	MASOETSA	SOCIALD	F	45	45-49F	3.16.48	0
730	2616	10616	THANDIWE	MPANGEVA	TEMP	F	31	SF	3.17.51	0
731	2113	1270	LEIGH	KLINK	VWAC	F	43	40-44F	3.18.02	1
732	2590	2009	PUSELETSO	MAROB	SOCIALD	F	37	35-39F	3.18.52	0
733	2327	10327	SIMONÉ	DEYSEL	TEMP	F	34	SF	3.19.14	0
734	2483	988	HLUBIKAZI	MHLANA	VUSELELA	F	38	35-39F	3.19.43	0
735	2458	1415	NKADIMENG	MZAMO	NEDBANK	F	43	40-44F	3.20.23	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
736	2300	10300	DAVRIN	FORLEE	TEMP	M	24	SM	3.22.03	0
737	2175	10175	CARLEEN	TOBIAS	TEMP	F	31	SF	3.22.05	0
738	2156	10156	SPHIWOKUHLE	BLOKO	TEMP	F	32	SF	3.22.08	0
739	2305	10305	CHUMA	NDIMENI	TEMP	F	40	40-44F	3.22.23	0
740	2282	1214	PUMEZA	GADU	CHEETHAS	F	46	45-49F	3.23.40	0
741	2034	1740	JANICE	JONES	GELVAN	F	49	45-49F	3.27.34	1
742	2259	11959	VUYISEKA	QOMFO	TEMP	F	34	SF	3.28.26	0
743	2050	1760	MARISA	CALISTE	GELVAN	F	40	40-44F	3.28.28	1
744	2157	10157	RELEBOHILE	MOSALLA	TEMP	F	28	SF	3.28.39	0
745	2197	10197	MPOLOKENG	MOHAPI	SOCIALD	F	49	45-49F	3.30.31	0
746	2069	11281	NANDI	MGINQI	KHAYELIT	F	44	40-44F	3.33.24	0
747	2511	1160	LIKHANG	LENKA	MANGAU	M	67	65-69M	3.56.22	0
HELPERS RUN										
H1	2901	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	1.50.44	2
H2	2902	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	1.50.44	3
H3	2903	731	GAVIN	ROGERS	CRUSADE	M	61	60-64M	1.55.40	2
H4	2904	2295	ZOLANI	MQOQI	VUKANI	M	48	45-49M	2.22.32	1
H5	2905	145	FADIELA	JOHNSON	MALABAR	F	61	60-64F	2.27.26	1
H6	2906	143	ZAHEERA	NANABHAY	MALABAR	F	44	40-44F	2.46.22	1