

SIBALEKA NANI 15KM - SANDF ARMY BASE FOREST HILL - 2025/06/14

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	417	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.48.14	5
2	502	948	XOLISA	NDLUMBINI	CHARLO	M	42	40-44M	0.48.21	5
3	670	1376	GIFT	CHIGOMARAWA	NEDBANK	M	37	35-39M	0.49.04	5
4	713	167	APHELELE	SEPTEMBER	ACT AC	M	20	SM	0.49.36	5
5	250	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.50.34	5
6	668	40413	SEMIHLE	BEDA	IKHAMVA	M	18	JM	0.51.08	5
7	378	358	MZWANELE	MAPHEKULA	IKHAMVA	M	48	45-49M	0.51.09	5
8	298	1392	ZOLANI	MABONGO	NEDBANK	M	38	35-39M	0.52.26	5
9	293	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	0.53.19	5
10	1372	40005	BULUMKO	MALINGA	NEDBANK	M	18	JM	0.53.50	5
11	415	370	DESMOND	ZIBI	IKHAMVA	M	61	60-64M	0.54.14	5
12	516	1931	SIYANDA	PETER	BLUEBAY	M	36	35-39M	0.54.16	5
13	200	1211	NOEL	ADAMS	ELITEAC	M	52	50-54M	0.54.33	5
14	447	2314	BATHANDWA	MOOI	VUKANI	M	40	40-44M	0.55.30	5
15	271	2595	Tanyaradzwa	Kufa	MADIBAZ	M	23	SM	0.56.08	4
16	676	1391	MNCEDI	KHANTI	NEDBANK	M	45	45-49M	0.56.44	5
17	587	53029	SIYANDA	BUTHELEZI	SANDFEP	M	27	SM	0.56.45	4
18	687	986	LLEWELLYN	BARNARD	CHARLO	M	35	35-39M	0.56.46	4
19	387	40023	REECE	FREEMAN	ACT AC	M	17	JM	0.58.30	3
20	698	376	REUBEN	STANDER	IKHAMVA	M	22	SM	0.59.02	3
21	263	2089	SIPHESIHLE	JOJA	SANDFEP	M	26	SM	0.59.08	3
22	669	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.59.09	5
23	594	814	BIANCA	MEISTRE	32GI	F	39	35-39F	0.59.24	5
24	711	950	CHARLES	SEGALO	CHARLO	M	38	35-39M	0.59.30	4
25	290	3010	TUMELO	MOCHELENYANE	SAPPE	M	42	40-44M	0.59.31	4
26	714	1398	MUTEKILE	RASMENI	NEDBANK	M	60	60-64M	0.59.55	5
27	451	1071	DALE	MOULTON	ACH	M	45	45-49M	1.00.03	5
28	686	1400	KELLY	VAN VLIET	NEDBANK	F	37	35-39F	1.00.17	5
29	506	897	NKONGELEKO	NGCOSHOLLO	CHARLO	M	34	SM	1.00.21	3
30	1365	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	1.00.51	5
31	641	1091	LEIGH	CALLAGHAN	ACH	F	30	SF	1.00.52	5
32	538	40282	NICK	SEPTEMBER	ATLANTIC	M	18	JM	1.00.56	3
33	703	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	1.01.36	5
34	15	1480	AUGUST	ESAU	NEDBANK	M	54	50-54M	1.02.12	5
35	388	156	STANTON	FREEMAN	ACT AC	M	47	45-49M	1.02.40	4
36	574	908	KAYLA	VAN RENSBURG	CHARLO	F	31	SF	1.02.50	4
37	539	51312	ANKE	SERFONTEIN	MATIES	F	20	SF	1.02.58	0
38	652	1105	MARK	FRASER	ACH	M	31	SM	1.03.14	3
39	1408	1220	ANDREW	UITHALER	ELITEAC	M	33	SM	1.03.21	3
40	445	40085	ABBIE	MITCHELL	MADIBAZ	F	18	JF	1.03.25	4
41	529	875	MATTHEW	RODGERS	CHARLO	M	23	SM	1.04.11	2
42	458	2458	CALLAN	DEWAR	TEMP	M	28	SM	1.04.14	0
43	308	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	1.04.18	3
44	595	2251	BABONKE	DINGA	VUKANI	M	36	35-39M	1.04.31	3
45	684	844	THERESA	BUCHNER	32GI	F	40	40-44F	1.04.55	5
46	283	2269	KHANYISO	MASWANA	VUKANI	M	35	35-39M	1.05.05	3
47	1409	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-54M	1.05.07	4
48	1390	545	RUHAN	VAN RENSBURG	RUN4C	M	33	SM	1.05.12	2
49	409	1489	ANNEMIE	HOLTZHAUSEN	NEDBANK	F	39	35-39F	1.05.13	4
50	531	955	SIVUYILE	SCHEEPERS	CHARLO	M	32	SM	1.05.14	2
51	544	273	ROBERT	SLABBERT	MUIRITE	M	38	35-39M	1.05.27	2

52	410	388	MICHELLE	HOWES	IKHAMVA	F	56	55-59F	1.05.27	5
53	612	1404	DARREN	VAN VLIET	NEDBANK	M	41	40-44M	1.05.28	3
54	480	2480	LUDWE	PAKADE	TEMP	M	39	35-39M	1.05.30	0
55	487	2487	SIPHESIHLE	SOFUTE	TEMP	M	28	SM	1.05.37	0
56	677	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	1.06.07	2
57	608	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	SM	1.06.13	2
58	1388	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	1.06.13	3
59	596	2514	TEDDY	PRUSENT	MADIBAZ	M	37	35-39M	1.06.20	2
60	155	3855	ABONGILE	NGCAMBU	TEMP	M	26	SM	1.07.21	0
61	497	2497	SHAUN	WHINNEY	TEMP	M	43	40-44M	1.07.23	0
62	369	2119	WANIE	DANIELS	ATLANTIC	M	32	SM	1.07.28	2
63	472	2472	SIYAMCELA	MBELEKANE	TEMP	M	30	SM	1.07.42	0
64	186	3886	KIAN	TERBLANCHE	TEMP	M	28	SM	1.07.52	0
65	439	380	MBOLEKWA	MAYILA	IKHAMVA	M	45	45-49M	1.07.59	3
66	1368	1130	DARYL	NORTH	ACH	M	48	45-49M	1.07.59	3
67	1404	1422	DEON	HOLTZHAUSEN	NEDBANK	M	40	40-44M	1.08.15	2
68	1394	2480	ALULUTO	MKIVA	ABSAEP	M	18	JM	1.08.21	2
69	344	1133	HENKE	ACKERMANN	32GI	M	31	SM	1.08.30	2
70	699	1403	BABALWA	NGCOKO	NEDBANK	F	37	35-39F	1.08.40	3
71	444	938	THOBELO	MFIKILI	CHARLO	M	38	35-39M	1.08.42	2
72	343	1009	JACOB	ABRAHAM	BODYCON	M	58	55-59M	1.08.47	4
73	322	1469	MARGIE	SAUNDERS	NEDBANK	F	71	70+F	1.08.49	5
74	485	2485	SEAN	ROSS	TEMP	M	34	SM	1.08.55	0
75	603	1113	ROGER	TRADER	ACH	M	71	70+M	1.09.00	5
76	329	1061	DEWALD	STEENKAMP	ACH	M	40	40-44M	1.09.09	2
77	354	893	HISHAAN	BHANA	CHARLO	M	28	SM	1.09.10	2
78	367	982	CHARLES	CORBY	CHARLO	M	54	50-54M	1.09.15	3
79	542	604	LUYANDA	SINEKE	ASPEN	M	39	35-39M	1.09.16	2
80	602	855	AYDEN	LABUSCHAGNE	TEMP	M	26	SM	1.09.17	0
81	1379	2534	FREDAH	NCUBE	MADIBAZ	F	43	40-44F	1.09.18	3
82	600	1457	RICHARD	MAZUNGULA	NEDBANK	M	48	45-49M	1.09.41	2
83	636	2241	SONBEZO	NDAMASE	SIBALEKA	M	33	SM	1.10.03	2
84	96	3796	RUDI	SENEKAL	TEMP	M	46	45-49M	1.10.19	0
85	580	806	LEON	VOULTSOS	32GI	M	51	50-54M	1.10.22	3
86	528	821	CANDICE	RICHARDS	32GI	F	32	SF	1.10.36	2
87	701	1052	CHRISTIAN	DU PREEZ	XCEL	M	55	55-59M	1.10.43	3
88	170	3870	YOUSEF	POURRAHIM	TEMP	M	43	40-44M	1.10.43	0
89	233	1228	CLIVE	DE LANGE	ELITEAC	M	53	50-54M	1.10.48	3
90	320	1643	HERMAN	SAAYMAN	NEDBANK	M	40	40-44M	1.10.54	2
91	360	890	SIMPHIWE	BLOU	CHARLO	M	53	50-54M	1.11.02	3
92	561	1770	FABIAN	TRIEGARDT	GELVAN	M	24	SM	1.11.05	2
93	315	281	MONIQUE	RICHARDSON	MUIRITE	F	29	SF	1.11.15	2
94	663	1416	CHRISTINE	CLAASEN	NEDBANK	F	60	60-64F	1.11.16	5
95	637	909	LUYANDA	MNCWANGO	TEMP	M	22	SM	1.11.27	0
96	1401	2088	GEDDES	GALLANT	SANDFEP	M	58	55-59M	1.11.38	3
97	667	1412	RAYMOND	WEITZ	NEDBANK	M	70	70+M	1.11.40	5
98	607	561	CHANTELL	CLOETE	RUN4C	F	39	35-39F	1.11.52	2
99	659	1561	GRANT	RUDMAN	RUN4C	M	47	45-49M	1.11.52	2
100	527	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	1.11.59	2
101	418	796	REBECCA	JORDAAN	32GI	F	34	SF	1.12.04	2
102	269	1687	RUDI	KRIEL	MADIBA	M	35	35-39M	1.12.06	2
103	1378	1042	EUGENE	VAN WYK	XCEL	M	53	50-54M	1.12.09	2
104	321	789	KELVIN	SAMUEL	32GI	M	41	40-44M	1.12.10	2

105	1387	5813	KATE	ROBERTS	TEMP	F	31	SF	1.12.20	0
106	556	1083	ALAN	TAYLOR	ACH	M	68	65-69M	1.12.22	4
107	13	1053	SALWYN	DENNIS	XCEL	M	47	45-49M	1.12.25	2
108	394	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	1.12.28	3
109	333	101	AIDAN	TUOHY	VARSITY	M	28	SM	1.12.40	2
110	396	1238	PIETER	GERBER	ELITEAC	M	50	50-54M	1.12.43	2
111	3	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	1.12.44	2
112	376	768	WILLIE	ELS	CRUSADE	M	49	45-49M	1.12.50	2
113	611	1964	CALVIN	MURIMA	TEMP	M	19	SM	1.12.58	0
114	588	801	ANDRE	IMMELMAN	TEMP	M	48	45-49M	1.13.01	0
115	242	1659	HANNES	ELS	MADIBA	M	75	70+M	1.13.10	5
116	295	122	BAVERSHAN	NAIDOO	MALABAR	M	35	35-39M	1.13.18	2
117	326	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	1.13.24	2
118	181	3881	WALDIMAR	ROSSLEE	TEMP	M	45	45-49M	1.13.37	0
119	197	3897	BENEDICT	WALDNER	TEMP	M	27	SM	1.13.37	0
120	526	1745	SHAFIEK	RASDIEN	GELVAN	M	53	50-54M	1.13.39	2
121	330	1212	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	1.13.39	5
122	89	3789	IAN	MILLS	TEMP	M	31	SM	1.13.44	0
123	265	144	AHMAD	KADER	MALABAR	M	37	35-39M	1.13.48	2
124	524	985	CHRISTOFF	PUREN	CHARLO	M	34	SM	1.13.49	2
125	604	1037	CHESTER	BROOKS	XCEL	M	67	65-69M	1.13.52	4
126	190	3890	AYABONGA	TSHUNGWANA	TEMP	M	31	SM	1.13.55	0
127	240	1277	DENVER	ELLIE	VWAC	M	44	40-44M	1.13.56	2
128	57	1289	Anslon	Hector	VWAC	M	31	SM	1.13.56	2
129	168	3868	ANDREW	PORTER	TEMP	M	53	50-54M	1.13.58	0
130	273	576	VERNON	LANDMAN	RUN4C	M	50	50-54M	1.14.02	2
131	301	541	ULRICH	NIEUWOUDT	RUN4C	M	30	SM	1.14.09	2
132	324	514	MONTE	SCHOLTZ	RUN4C	M	64	60-64M	1.14.25	3
133	1363	91	DENZIL	KOOPMAN	INFINITY	M	54	50-54M	1.14.26	2
134	128	3828	ELDRIDGE	JONKERS	TEMP	M	46	45-49M	1.14.31	0
135	645	2306	PHAKAMISA	BALENI	VUKANI	M	35	35-39M	1.14.31	2
136	467	2467	TRACEY	HUTTON	TEMP	F	37	35-39F	1.14.31	0
137	448	2448	MICHELLE	BARKER	TEMP	F	38	35-39F	1.14.31	0
138	203	1043	DAVID	BAINS	XCEL	M	59	55-59M	1.14.34	2
139	438	1055	JEROME	MAY	XCEL	M	58	55-59M	1.14.40	2
140	349	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	1.14.50	2
141	702	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	1.14.51	2
142	345	881	SHAUN	ATTENBOROUGH	CHARLO	M	56	55-59M	1.14.52	2
143	414	979	MATHEW	JACOBY	CHARLO	M	46	45-49M	1.14.52	2
144	683	902	NICOLE	DAMES	TEMP	F	19	SF	1.14.53	0
145	491	2491	ONKE	TSHOTSHO	TEMP	M	34	SM	1.14.54	0
146	535	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	1.14.55	2
147	440	990	BRETT	MCLAREN	CHARLO	M	39	35-39M	1.14.57	2
148	504	887	LYNNE	NEUBERT	CHARLO	F	52	50-54F	1.15.01	3
149	10	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	1.15.06	4
150	428	1444	MFUNDISO	LUVALO	NEDBANK	M	55	55-59M	1.15.18	2
151	83	3783	GODFREY	KHAMPEPE	TEMP	M	24	SM	1.15.20	0
152	1362	2771	Silimela	Nyikisa	SAPPE	M	42	40-44M	1.15.23	2
153	319	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	1.15.29	5
154	385	51102	JASON	FORSDICK	SUNNING	M	29	SM	1.15.33	0
155	229	40445	Taye	Colesky	CRUSADE	M	17	JM	1.15.45	1
156	198	121	YASEEN	ABRAHAMS	MALABAR	M	53	50-54M	1.15.58	2
157	661	1777	ROLAND	DACE	GELVAN	M	70	70+M	1.16.16	4

158	1364	40077	ILKE	WOLMARANS	ELITEAC	F	17	JF	1.16.16	2
159	372	40072	JADEN	DE RIDDER	ELITEAC	M	19	JM	1.16.16	1
160	597	858	MZUKISI	MATINGWA	TEMP	M	38	35-39M	1.16.17	0
161	138	3838	BUCHULE	MAGQUNTULA	TEMP	M	24	SM	1.16.18	0
162	510	911	TANYA	NORRIS	CHARLO	F	40	40-44F	1.16.22	2
163	503	310	TREVOR	NEL	MUIRITE	M	60	60-64M	1.16.34	2
164	348	2955	JOSEPH	BAIN	CSEP	M	65	65-69M	1.16.34	3
165	614	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	44	40-44M	1.16.41	2
166	1366	917	KRISTEN	LAWSON	TEMP	F	32	SF	1.16.56	0
167	1370	916	LINDSAY	MAC GEOGHEGAN	TEMP	F	35	35-39F	1.16.56	0
168	194	3894	JOHAN	VAN DER SPUY	TEMP	M	27	SM	1.17.03	0
169	1416	698	CHARLIZE	SWANEPOEL	ALBANY	F	21	SF	1.17.04	2
170	459	2459	CHANEL	DEWAR	TEMP	F	31	SF	1.17.07	0
171	446	11933	NKULULEKO	MOLOSI	SUNSHSC	M	46	45-49M	1.17.28	0
172	530	991	GREGORY	ROSS	CHARLO	M	51	50-54M	1.17.31	2
173	69	2108	BERNICE	NEL	HEATAC	F	37	35-39F	1.17.32	2
174	505	2042	OLIVER	NEWLAND-NELL	ACH	M	19	SM	1.17.35	1
175	552	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	1.17.47	2
176	622	904	FUNEKA	BEFILI	TEMP	M	33	SM	1.17.56	0
177	383	745	KATHLEEN	FLANAGAN	CRUSADE	F	39	35-39F	1.18.12	2
178	582	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	1.18.12	2
179	532	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	1.18.16	5
180	710	148	ABDUL	LILLAH	MALABAR	M	35	35-39M	1.18.18	1
181	106	3806	MELISSA	ARGYLE	TEMP	F	32	SF	1.18.51	0
182	62	1139	ROBERT	SPRUNG	CHARLO	M	27	SM	1.18.53	1
183	22	2947	FERAAN	GEORGE	MALABAR	M	39	35-39M	1.18.56	1
184	633	907	JOHN	EDWARDS	TEMP	M	58	55-59M	1.19.04	0
185	1373	918	SILIZIWE	JAKO	TEMP	M	27	SM	1.19.10	0
186	21	682	JUANITA	FULLER	ALBANY	F	48	45-49F	1.19.11	2
187	1376	1346	KALLIE	KLINKENBURG	NEDBANK	M	41	40-44M	1.19.14	1
188	276	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	1.19.17	4
189	693	721	FIONA	FLEUR	CRUSADE	F	40	40-44F	1.19.17	2
190	368	1088	PERCY	DALTON	ACH	M	76	70+M	1.19.24	3
191	175	3875	CAMREN	RANIA	TEMP	M	28	SM	1.19.32	0
192	416	1351	SHARON	JESSOP	NEDBANK	F	55	55-59F	1.19.33	3
193	228	3047	ROBERT	COLESKY	CRUSADE	M	61	60-64M	1.19.33	2
194	55	792	JACO	ROOS	32GI	M	37	35-39M	1.19.34	1
195	205	1285	WANDA	BANJWA	VWAC	M	38	35-39M	1.19.40	1
196	654	449	SIZIBUIE	DIBELA	CHILLIEP	F	38	35-39F	1.19.42	2
197	274	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	1.19.52	2
198	340	2995	RODNEY	WITBOOI	ATLANTIC	M	53	50-54M	1.19.53	2
199	399	3001	JUAN	GOOSEN	MUIRITE	M	23	SM	1.20.00	1
200	14	1609	WILLEMEN	DU RANDT	DESPATCH	F	50	50-54F	1.20.01	2
201	407	992	CYNTHIA	HEYNS	CHARLO	F	41	40-44F	1.20.12	2
202	1410	130	IGHSAAN	ISAACS	MALABAR	M	60	60-64M	1.20.13	2
203	589	862	BRANDON	HUME	TEMP	M	30	SM	1.20.20	0
204	149	3849	FERLANDO	MKIVA	TEMP	M	32	SM	1.20.22	0
205	606	1031	IVO	MEYER	BODYCON	M	50	50-54M	1.20.23	2
206	576	951	REON	VAN RENSBURG	CHARLO	M	53	50-54M	1.20.41	1
207	473	2564	TARIE	ESTHER	MADIBAZ	F	25	SF	1.20.50	1
208	1398	1921	OWEN	NCUBE	BLUEBAY	M	44	40-44M	1.20.53	1
209	1369	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	28	SM	1.21.04	1
210	325	518	NIENKE	SCHOLTZ	RUN4C	F	28	SF	1.21.07	1

211	708	40192	JODY	FLEURS	GELVAN	M	17	JM	1.21.16	1
212	1391	1749	CRAIG	ADAMS	GELVAN	M	47	45-49M	1.21.16	1
213	463	2463	KIRK	HELLIKER	TEMP	M	69	65-69M	1.21.19	0
214	461	2461	VINCENT	GAMBU	TEMP	M	39	35-39M	1.21.19	0
215	630	1586	MAUDY	BOTES	DESPATCH	F	43	40-44F	1.21.20	2
216	9	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	1.21.21	2
217	628	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	1.21.21	2
218	674	915	KEPPIE	VAN ROOYEN	TEMP	M	36	35-39M	1.21.22	0
219	111	3811	GERHARDT	BURGER	TEMP	M	32	SM	1.21.45	0
220	121	3821	ALEX	FLEMMING	TEMP	F	33	SF	1.21.48	0
221	578	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	1.21.51	2
222	161	3861	AVIWE	PAKADE	TEMP	M	39	35-39M	1.21.53	0
223	104	3804	SHANE	ANNANDALE	TEMP	M	41	40-44M	1.21.56	0
224	152	3852	SAMANTHA	MUKHEIBIR	TEMP	F	47	45-49F	1.21.56	0
225	679	1683	JERHARD	BURRELL	MADIBA	M	36	35-39M	1.21.58	1
226	397	1695	CARLA	GILLWALD	MADIBA	F	36	35-39F	1.22.00	1
227	629	1585	GEORGE	BOTES	DESPATCH	M	51	50-54M	1.22.00	1
228	496	2496	GILLIAN	WEBSTER	TEMP	F	57	55-59F	1.22.01	0
229	64	859	MICHELLE	MEYER	TEMP	F	45	45-49F	1.22.07	0
230	373	40073	STACEY	DE RIDDER	ELITEAC	F	15	JF	1.22.11	1
231	195	3895	BIANCA	VAN SCHALKWYK	TEMP	F	35	35-39F	1.22.12	0
232	127	3827	TYRA	JACK	TEMP	F	25	SF	1.22.16	0
233	34	50968	ANELISA	MAGAMA	REALGIJ	F	38	35-39F	1.22.21	0
234	579	495	DEWALD	VERMEULEN	RUN4C	M	53	50-54M	1.22.23	1
235	182	3882	LETSIRI	SAMUEL	TEMP	M	34	SM	1.22.24	0
236	285	1837	XOLA	MBATSHA	HOLLYWOO	M	45	45-49M	1.22.24	1
237	423	127	MUSTAFA	LAGARDIEN	MALABAR	M	32	SM	1.22.34	1
238	381	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	1.22.45	1
239	199	2051	LUQMAAN	ADAMS	MALABAR	M	53	50-54M	1.22.47	1
240	262	3031	FAIQ	JAPPIE	MALABAR	M	52	50-54M	1.22.55	1
241	678	1684	MARLON	KOEN	MADIBA	M	38	35-39M	1.22.59	1
242	303	1332	THANDIWE	NKWANDLA	NEDBANK	F	60	60-64F	1.23.04	3
243	236	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	1.23.15	1
244	232	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	1.23.15	1
245	509	1846	Simo	Nkanyuza	HOLLYWOO	M	38	35-39M	1.23.31	1
246	540	410	AMANDA	SHAW	IKHAMVA	F	60	60-64F	1.23.31	2
247	313	391	MLULEKI	RALA	IKHAMVA	M	45	45-49M	1.23.31	1
248	382	1785	JADE	FESTUS	GELVAN	M	35	35-39M	1.23.32	1
249	332	732	MANUELA	THURNHER	CRUSADE	F	59	55-59F	1.23.32	2
250	592	860	ANDREW	HART	TEMP	M	56	55-59M	1.23.32	0
251	518	1734	DENVER	PETERSEN	GELVAN	M	41	40-44M	1.23.33	1
252	53	350	MARIUS	ROACH	MUIRITE	M	31	SM	1.23.33	1
253	1395	2463	Luthando	Yibe	ABSAEP	M	44	40-44M	1.23.33	1
254	697	2537	IVAN	MOSES	MADIBAZ	M	63	60-64M	1.23.33	2
255	599	1726	BERNARD-BENJAMI	LODEWYK	GELVAN	M	54	50-54M	1.23.34	1
256	316	2778	Marlize	Robinson	MUIRITE	F	31	SF	1.23.34	1
257	103	3803	IAN	AGNEW	TEMP	M	53	50-54M	1.23.34	0
258	48	2964	CHESLIN	PLAATJIES	VITALITY	M	39	35-39M	1.23.34	1
259	35	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39M	1.23.34	1
260	632	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	42	40-44M	1.23.35	1
261	78	3778	ALLISTER	ARENDS	TEMP	M	40	40-44M	1.23.35	0
262	575	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	1.23.36	2
263	356	888	Rahul	Bhana	CHARLO	M	21	SM	1.23.36	1

264	1399	3052	ROMAN	SEPTOE	GELVAN	M	27	SM	1.23.37	1
265	688	1192	HEINZ	CONRAD	ELITEAC	M	46	45-49M	1.23.39	1
266	653	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	35	35-39M	1.23.46	1
267	350	485	WANDILE	BATAYI	RUN4C	M	29	SM	1.23.49	1
268	270	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	1.23.55	1
269	364	967	MIKE	BURGER	CHARLO	M	66	65-69M	1.23.59	2
270	441	1296	NOEL	MCMASTER	VWAC	M	59	55-59M	1.24.03	1
271	8	505	ANDRIES	COETSEE	RUN4C	M	39	35-39M	1.24.06	1
272	327	583	CHRISTELLE	SLABBERT	RUN4C	F	53	50-54F	1.24.11	2
273	481	2481	LAURE	PIETERSE	TEMP	M	49	45-49M	1.24.18	0
274	393	1635	DORIS	GERBER	MADIBA	F	54	50-54F	1.24.21	2
275	1412	851	THANDO	FRANS	SPAREC	M	47	45-49M	1.24.26	1
276	264	723	ALETTA	JOUBERT	CRUSADE	F	63	60-64F	1.24.31	2
277	501	2170	Matthew	Muller	CHARLO	M	23	SM	1.24.33	1
278	469	2469	ABU BAKAR	KHADROUI	TEMP	M	23	SM	1.24.37	0
279	246	2903	KYLA	FULLARTON	ALBANY	F	22	SF	1.24.39	1
280	215	1913	ANDRE	BOTHA	BLUEBAY	M	61	60-64M	1.24.50	1
281	337	519	CHARLOTTE	VAN WYK	RUN4C	F	43	40-44F	1.24.50	1
282	425	40285	NATHAN	LOTTERING	ATLANTIC	M	19	JM	1.24.58	1
283	1618		DISQUALIFIED	TOO YOUNG	TEMP	M	14	JM	1.24.58	0
284	117	3817	MARK	EBERHARDT	TEMP	M	26	SM	1.24.59	0
285	560	895	GIANNI	TISTELLI	CHARLO	M	54	50-54M	1.25.00	1
286	213	1208	CHRISTINE	BIRD	ELITEAC	F	54	50-54F	1.25.10	2
287	1386	2302	ANELE	MESANI	VUKANI	M	45	45-49M	1.25.13	1
288	126	3826	WARREN	HOOLE	TEMP	M	48	45-49M	1.25.15	0
289	176	3876	GABRIEL ARTHUR	REILLY	TEMP	M	17	JM	1.25.16	0
290	567	284	ESTELLE	VAN DER MERWE	MUIRITE	F	59	55-59F	1.25.27	2
291	221	1219	MELANIE	CHRISTIE	ELITEAC	F	40	40-44F	1.25.32	1
292	623	623	HENK	HAYWARD	TEMP	M	31	SM	1.25.33	0
293	650	912	SIYABONGA	MAJEKE	TEMP	M	44	40-44M	1.25.47	0
294	471	2619	MTETELELI	BIKO	MADIBAZ	M	33	SM	1.25.49	1
295	206	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	1.25.53	2
296	254	535	GERT	HARMSE	RUN4C	M	59	55-59M	1.25.53	1
297	462	2462	DARREN	GEORGE	TEMP	M	41	40-44M	1.26.18	0
298	331	170	THANDEKA	MHLANGA	ACT AC	F	35	35-39F	1.26.19	1
299	355	956	NEELESH	BHANA	CHARLO	M	54	50-54M	1.26.26	1
300	310	88	HENRY	PRAHALADH	INFINITY	M	58	55-59M	1.26.26	1
301	489	2489	HEINRICH	STAPELBERG	TEMP	M	32	SM	1.26.29	0
302	245	765	LESLIE	FERREIRA	CRUSADE	M	29	SM	1.26.32	1
303	566	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	1.26.34	1
304	107	3807	NICHOLAS	BANGO	TEMP	M	38	35-39M	1.26.38	0
305	288	480	KELVIN	MEYER	WALMER	M	42	40-44M	1.26.39	1
306	1375	1191	ELIZE	ADAMS	ELITEAC	F	50	50-54F	1.26.51	1
307	700	2530	ALVADO	ARENDSE	MADIBAZ	M	51	50-54M	1.26.53	1
308	696	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	1.26.55	1
309	401	1547	MADELEINE	GREYLING	DESPATCH	F	54	50-54F	1.26.56	1
310	162	3862	CASEY	PAUTZ	TEMP	F	16	JF	1.26.57	0
311	163	3863	LYNDA	PAUTZ	TEMP	F	44	40-44F	1.26.58	0
312	666	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	1.27.01	1
313	476	2476	MIKALE	MULLER	TEMP	M	27	SM	1.27.04	0
314	358	970	MALCOLM	BLANDY	CHARLO	M	43	40-44M	1.27.06	1
315	347	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	1.27.07	1
316	129	3829	WARDAH	KAFAAR	TEMP	F	45	45-49F	1.27.09	0

317	454	2454	KURT	BRITZ	TEMP	M	49	45-49M	1.27.10	0
318	465	2465	MAHESH	HOOKA	TEMP	M	52	50-54M	1.27.10	0
319	318	750	PIETER	ROUX	CRUSADE	M	70	70+M	1.27.13	1
320	389	1780	MONDRE	GALLANT	GELVAN	M	37	35-39M	1.27.15	1
321	466	2466	ANTON	HUTTON	TEMP	M	39	35-39M	1.27.17	0
322	386	136	ABDURRAHMAAN	FREDERICKS	MALABAR	M	45	45-49M	1.27.21	1
323	486	2486	LEILA	SAMPSON	TEMP	F	36	35-39F	1.27.25	0
324	550	1700	EMILE	SONNEKUS	MADIBA	M	44	40-44M	1.27.29	1
325	377	1512	DEON	ENGELBRECHT	NEDBANK	M	57	55-59M	1.27.29	1
326	517	2547	BERNARD	PETERSEN	MADIBAZ	M	59	55-59M	1.27.35	1
327	412	892	CHANTEL	HUYGEN	CHARLO	F	40	40-44F	1.27.44	1
328	545	930	IMKE	SMIT	CHARLO	F	36	35-39F	1.27.58	1
329	395	959	JOHAN	GERBER	CHARLO	M	46	45-49M	1.28.09	1
330	311	823	JOY	PREGNOLATO	32GI	F	54	50-54F	1.28.14	1
331	430	708	JOAN	MARLBOROUGH	CRUSADE	F	70	70+F	1.28.16	3
332	123	3823	MELANIE	HERMAN	TEMP	F	41	40-44F	1.28.19	0
333	398	1716	DERICK	GOLIATH	GELVAN	M	61	60-64M	1.28.19	1
334	514	2093	AXOLA	PAKADE	ASPEN	M	28	SM	1.28.24	1
335	261	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55	55-59F	1.28.24	1
336	573	2525	INA	VAN RENSBURG	MADIBAZ	F	52	50-54F	1.28.29	1
337	374	291	LE-ANNE	DU PREEZ	MUIRITE	F	53	50-54F	1.28.32	1
338	541	314	LEIGH	SHEPHERD	MUIRITE	M	64	60-64M	1.28.33	1
339	237	1195	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	1.28.34	1
340	568	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-44M	1.28.34	1
341	153	3853	S'BUSISO	MVELASE	TEMP	M	38	35-39M	1.28.37	0
342	1380	5458	ADRIAAN	BEZUIDENHOUT	TEMP	M	40	40-44M	1.28.50	0
343	649	1124	LIZ	PRINS	ACH	F	55	55-59F	1.28.52	1
344	74	511	ELRINDA	WANNENBURG	RUN4C	F	44	40-44F	1.28.54	1
345	380	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	1.28.55	1
346	157	3857	DARRYN	NIEMAND	TEMP	M	38	35-39M	1.28.58	0
347	249	348	LIEZEL	GOUSSARD	MUIRITE	F	42	40-44F	1.29.10	1
348	619	984	BELINDA	BAIN	CHARLO	F	63	60-64F	1.29.16	1
349	577	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	1.29.16	1
350	507	51257	ZOLA	NGWEVELA	CHILLIEB	M	42	40-44M	1.29.21	0
351	241	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	1.29.24	1
352	620	2345	NOMFUSI	CESHEMBA	VUKANI	F	43	40-44F	1.29.31	1
353	118	3818	NUREEN	EBRAHIM	TEMP	F	22	SF	1.29.33	0
354	37	10491	SESETHU	MHLANA	BENNOR	M	32	SM	1.29.40	0
355	644	1102	KEN	BARWOOD	ACH	M	70	70+M	1.29.47	1
356	617	1868	TUMELO	LEHASA	HOLLYWOO	M	37	35-39M	1.29.49	1
357	304	1759	LYDIA	OLIVER	GELVAN	F	57	55-59F	1.29.50	1
358	559	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.29.52	1
359	1405	1439	MARISSA	BLACK	NEDBANK	F	46	45-49F	1.30.07	1
360	1403	1402	RENE	HATTINGH	NEDBANK	F	47	45-49F	1.30.07	1
361	7	339	ILSE	CLAASSENS	MUIRITE	F	25	SF	1.30.13	1
362	1383	2991	LEONARD	GROVES	GELVAN	M	61	60-64M	1.30.18	1
363	705	571	Justine-Lee	Du Plooy	RUN4C	F	22	SF	1.30.28	1
364	256	2109	JOY DOMINIQUE	HILL	HEATAC	F	33	SF	1.30.28	1
365	673	914	RYNO	LAUBSCHER	TEMP	M	37	35-39M	1.30.31	0
366	67	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	1.30.36	1
367	664	900	MICHELLE	DAMES	TEMP	F	50	50-54F	1.30.37	0
368	420	2127	MECAYLA	KOCK	ATLANTIC	F	21	SF	1.30.40	1
369	449	2449	KIRSTY	BARNES	TEMP	F	36	35-39F	1.30.45	0

370	1420	140	WAJDIE	SOLOMON	MALABAR	M	60	60-64M	1.30.46	1
371	211	512	ANSIE	BENADE	RUN4C	F	65	65-69F	1.30.48	2
372	436	28	ANNEMARIE	MATTHEUS	PEAAC	F	52	50-54F	1.30.51	1
373	115	3815	MICHAEL	DAWSON	TEMP	M	29	SM	1.30.51	0
374	120	3820	GARETH	ELS	TEMP	M	30	SM	1.30.52	0
375	513	2172	LEE	PAGE	CHARLO	F	42	40-44F	1.30.56	1
376	547	913	SHARON	SMUTS	CHARLO	F	59	55-59F	1.31.04	1
377	515	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.31.05	1
378	346	946	DONOVAN	AUSTIN	CHARLO	M	45	45-49M	1.31.05	1
379	338	83	LORRAINE	VAN VUUREN	INFINITY	F	48	45-49F	1.31.06	1
380	166	3866	CHRIS	PIETERSE	TEMP	M	51	50-54M	1.31.08	0
381	621	2660	ASANDA	SASANTI	VITALITY	F	35	35-39F	1.31.09	1
382	267	513	ROZETTA	KEMP	RUN4C	F	71	70+F	1.31.18	2
383	695	854	LINCOLN	JANSEN	TEMP	M	35	35-39M	1.31.25	0
384	110	3810	WALDO	BRITS	TEMP	M	36	35-39M	1.31.25	0
385	281	2953	THEMBELA	MANYA	NMBAC	F	41	40-44F	1.31.30	1
386	116	3816	NONKE	DOYI	TEMP	M	39	35-39M	1.31.32	0
387	1397	377	NOBUNTU	MPONGWANA	IKHAMVA	F	45	45-49F	1.31.34	1
388	495	2495	MIKE	WEBB	TEMP	M	65	65-69M	1.31.40	0
389	500	2500	HEIDI	JANSEN	TEMP	F	58	55-59F	1.31.40	0
390	2	2912	HEIN	BADENHORST	SAPPE	M	55	55-59M	1.31.42	1
391	470	2470	MONIQUE	LUDICK	TEMP	F	31	SF	1.31.48	0
392	289	2075	AMANDA	MKHOHLWA	SANDFEP	F	33	SF	1.32.01	1
393	85	3785	MARC	MAHAMBEHLALA	TEMP	M	34	SM	1.32.01	0
394	339	1119	TREMAINE	WESSON	ACH	M	64	60-64M	1.32.02	1
395	631	906	MEGAN	SPRIGGS	TEMP	F	24	SF	1.32.07	0
396	1385	2895	MOLEBOGENG	OLIPHANT	VITALITY	F	50	50-54F	1.32.13	1
397	1371	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	1.32.20	1
398	109	3809	JANELLE	BRITS	TEMP	M	30	SM	1.32.26	0
399	132	3832	ALIZMA	KIRSTEN	TEMP	F	33	SF	1.32.26	0
400	230	3046	Yolanda	Colesky	CRUSADE	F	53	50-54F	1.32.30	1
401	426	728	PAUL	LUBBE	CRUSADE	M	63	60-64M	1.32.36	1
402	615	2334	SKHUMBLEZO	MZOBOHE	VUKANI	M	52	50-54M	1.32.39	1
403	131	3831	BRITTANY	KELLY	TEMP	F	26	SF	1.32.43	0
404	144	3844	HEATHER	MCINTOSH	TEMP	F	38	35-39F	1.33.01	0
405	137	3837	WADE	LOTTER	TEMP	M	35	35-39M	1.33.02	0
406	238	737	JOHNNY	DU PREEZ	CRUSADE	M	56	55-59M	1.33.03	1
407	335	736	Sandra	Van Aswegen	CRUSADE	F	48	45-49F	1.33.04	1
408	572	2699	ADEL	VAN RENSBURG	VITALITY	F	47	45-49F	1.33.04	1
409	125	3825	ANGELA	HOOLE	TEMP	F	46	45-49F	1.33.24	0
410	49	18552	LIZELLE	POTGIETER	MAVERICK	F	35	35-39F	1.33.25	0
411	672	1955	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	1.33.26	1
412	234	808	LECHELLE	DE VRIES	32GI	F	45	45-49F	1.33.33	1
413	1402	705	OCTAVIA	BOSHOF	CRUSADE	F	55	55-59F	1.33.39	1
414	1419	6160	JENN	SEADY	TEMP	F	52	50-54F	1.33.43	0
415	130	3830	KHETHELO	KASE	TEMP	M	35	35-39M	1.33.45	0
416	361	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.33.52	1
417	610	853	LIANDÈ	JOHN	TEMP	F	34	SF	1.33.53	0
418	605	2504	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.33.57	1
419	219	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	1.34.09	1
420	222	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.34.23	1
421	626	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.34.30	1
422	201	491	YOLANDE	ARCHER	RUN4C	F	46	45-49F	1.34.33	1

423	252	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.34.35	1
424	216	1914	SUZETTE	BOTHA	BLUEBAY	F	59	55-59F	1.34.43	1
425	498	2498	LIEZL	WINDVOGEL	TEMP	F	47	45-49F	1.34.51	0
426	26	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.34.58	0
427	172	3872	TIM	PRAGNELL	TEMP	M	34	SM	1.35.01	0
428	171	3871	LARA	PRAGNELL	TEMP	F	34	SF	1.35.01	0
429	609	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.35.13	1
430	555	1781	RUDI	SWARTS	GELVAN	M	47	45-49M	1.35.18	1
431	709	1758	BRAMWELL	FLEURS	GELVAN	M	46	45-49M	1.35.18	1
432	533	1782	THEODORE	SCHMIDT	GELVAN	M	46	45-49M	1.35.19	1
433	525	112	SBULELE	QASHA	VARSIITY	M	23	SM	1.35.26	1
434	482	2482	MZWETHU	PLAATJIE	TEMP	M	50	50-54M	1.35.26	0
435	119	3819	NATALIE	ELLIOTT	TEMP	F	55	55-59F	1.35.38	0
436	558	2580	STEVEN	THOMAS	MADIBAZ	M	59	55-59M	1.35.38	1
437	647	1708	JOHAN	PRETORIUS	MADIBA	M	50	50-54M	1.35.43	1
438	307	2121	ABRAHAM	PATRICK	ATLANTIC	M	62	60-64M	1.35.57	1
439	665	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.36.14	1
440	634	2782	SANDRIKA	FOURIE	INFINITY	F	27	SF	1.36.30	1
441	23	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	1.36.42	1
442	192	3892	CHANEL	VAN DER MERWE	TEMP	F	33	SF	1.36.54	0
443	694	851	CHRISTOPHER	HECHTER	TEMP	M	23	SM	1.37.03	0
444	1396	5234	KUHLE	MQASHANE	TEMP	F	21	SF	1.37.07	0
445	366	2313	ANDISWA	CINGO	VUKANI	F	39	35-39F	1.37.07	1
446	651	2324	MKONYISELA	MCUBASE	VUKANI	M	38	35-39M	1.37.07	1
447	648	2064	NOMTHA	QUNTA	NMBAC	F	39	35-39F	1.37.08	1
448	570	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	44	40-44F	1.37.12	1
449	640	910	KELLY	ROSE	TEMP	F	46	45-49F	1.37.24	0
450	456	2456	DEWANDRE	CASSELS	TEMP	M	42	40-44M	1.37.26	0
451	564	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.37.28	1
452	287	1141	LAUREN	MCKAY	CHARLO	F	44	40-44F	1.37.38	1
453	275	1142	JOLENE	LERM	CHARLO	F	41	40-44F	1.37.38	1
454	141	3841	BULELANI	MATENJWA	TEMP	M	43	40-44M	1.37.41	0
455	148	3848	BHEKI	MKHWANAZI	TEMP	M	38	35-39M	1.37.43	0
456	655	414	AYANDA	POTGIETER	CHILLIEP	F	30	SF	1.37.43	1
457	353	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.37.43	1
458	492	2492	CHENE	TUCK	TEMP	F	39	35-39F	1.37.44	0
459	457	2457	JESSICA	DEAN	TEMP	F	32	SF	1.37.44	0
460	406	1407	BUKEKA	HELA	NEDBANK	F	52	50-54F	1.37.51	1
461	87	3787	SIYAVUYA	MARWANQA	TEMP	M	27	SM	1.37.54	0
462	704	1320	COLBEN	NGCUPE	NEDBANK	M	62	60-64M	1.38.02	1
463	682	1548	TYLO	GERBER	DESPATCH	F	19	SF	1.38.07	1
464	75	328	MADRE	WELMANS	MUIRITE	F	56	55-59F	1.38.19	1
465	185	3885	ISABELLE	TALJAARD	TEMP	F	27	SF	1.38.22	0
466	193	3893	ELIZABETH	VAN DER MERWE	TEMP	F	26	SF	1.38.23	0
467	1361	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.38.25	1
468	598	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	40	40-44F	1.38.29	1
469	214	1646	THANDO	BIXA	MADIBA	M	45	45-49M	1.38.31	1
470	1367	2746	NOSIZWE	CEKISO	NMBAC	F	37	35-39F	1.38.34	1
471	583	2187	DEBBIE	WINTERMEYER	32GI	F	47	45-49F	1.38.36	1
472	114	3814	SUSAN	CHAMBERLAIN	TEMP	F	29	SF	1.38.39	0
473	135	3835	CHRISTINE	LEE	TEMP	F	32	SF	1.38.39	0
474	493	2493	MIHLALI	TYUSHA-SISILANA	TEMP	M	32	SM	1.38.45	0
475	422	980	PETRUS	KOOPMAN	CHARLO	M	64	60-64M	1.38.45	1

476	257	2275	THABISA	HLAM	VUKANI	F	39	35-39F	1.38.54	1
477	363	759	MIKE	BURGER	CRUSADE	M	71	70+M	1.39.01	1
478	243	1632	JOS	ELS	MADIBA	F	73	70+F	1.39.03	1
479	548	884	SHAMEMMA	SOLOMON	CHARLO	F	44	40-44F	1.39.05	1
480	691	852	KEVIN	GARDNER	TEMP	M	45	45-49M	1.39.05	0
481	302	503	FAKAZILE	NKOMIYAHLABA	RUN4C	F	38	35-39F	1.39.12	1
482	223	725	Wendy	Bululu	CRUSADE	F	42	40-44F	1.39.41	1
483	202	128	DAWOOD	BABOO	MALABAR	M	38	35-39M	1.39.45	1
484	601	857	ROBERT	BERRINGTON	TEMP	M	40	40-44M	1.39.47	0
485	512	3033	PACHE	ORANJE	JBAY	F	33	SF	1.40.00	1
486	296	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	1.40.03	1
487	639	1060	COREEN	LEANDER	XCEL	F	51	50-54F	1.40.18	1
488	291	2642	TANITH	MORETON	MADIBAZ	F	20	SF	1.40.18	1
489	124	3824	SHAUN	HOEKSTRA	TEMP	M	25	SM	1.40.19	0
490	224	2049	KYLE	CLEMENCE	ASPEN	M	26	SM	1.40.27	1
491	70	2036	ANDRE	VAN DER BANK	MUIRITE	M	53	50-54M	1.40.32	1
492	680	1601	ANIZE	GERBER	DESPATCH	F	52	50-54F	1.40.33	1
493	522	902	KRISH	PILLAY	CHARLO	M	63	60-64M	1.40.33	1
494	593	1587	MARISKA	OLIVIER	DESPATCH	F	37	35-39F	1.40.33	1
495	681	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	1.40.33	1
496	231	108	CHLOE	CRITCHLOW	VARSIITY	F	20	SF	1.40.35	1
497	81	3781	KAYLEIGH	HILL	TEMP	F	23	SF	1.40.35	0
498	591	861	JENNIFER	MICHAU	TEMP	F	58	55-59F	1.40.42	0
499	657	51295	SANDISIWE	LINDI	CHILLIEB	F	40	40-44F	1.40.43	0
500	1381	1725	PEARL	DAMONS	GELVAN	F	61	60-64F	1.40.44	1
501	549	1701	ADRI	SONNEKUS	MADIBA	F	39	35-39F	1.40.48	1
502	305	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.41.03	1
503	429	1445	NOYISE	LUVALO	NEDBANK	F	45	45-49F	1.41.09	1
504	511	365	TISTA	NTSANGANI	IKHAMVA	M	32	SM	1.41.20	1
505	80	3780	KWEZI	FLEPISI	TEMP	M	32	SM	1.41.20	0
506	165	3865	CARMEN	PIETERSE	TEMP	F	44	40-44F	1.41.21	0
507	546	409	VERONICA	SMITH	IKHAMVA	F	58	55-59F	1.41.21	1
508	84	3784	XOLISA	LOKWE	TEMP	M	33	SM	1.41.21	0
509	122	3822	JUANIQUE	FOURIE	TEMP	F	32	SF	1.41.21	0
510	452	2452	JENNA	BIDDULPH	TEMP	F	20	SF	1.41.22	0
511	519	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-44F	1.41.22	1
512	151	3851	JULIUS	MOTSHOPHI	TEMP	M	63	60-64M	1.41.23	0
513	563	457	VUYO	TSHIKI	CHILLIEP	M	36	35-39M	1.41.23	1
514	1384	1713	GISELA	BUDLER	MADIBA	F	37	35-39F	1.41.24	1
515	490	2490	DEVON	TEUBES	TEMP	M	24	SM	1.41.24	0
516	212	434	NQABISA	BENYA	CHILLIEP	F	44	40-44F	1.41.25	1
517	375	769	MEGAN	ELS	CRUSADE	F	40	40-44F	1.41.32	1
518	411	764	SJANI	HUMAN	CRUSADE	F	55	55-59F	1.41.32	1
519	581	3008	ANNELIE	WILSON	CRUSADE	F	45	45-49F	1.41.34	1
520	483	2483	TENEILLE	PRATT	TEMP	F	29	SF	1.41.45	0
521	590	863	MAIGHON	PETERSEN	TEMP	F	23	SF	1.41.46	0
522	309	18863	TEMBA	PEZISA	CSCG	M	58	55-59M	1.42.26	0
523	77	2183	ANAM	WITBOOI	ASPEN	F	30	SF	1.42.27	1
524	328	150	ZAHEER	SOOMAR	MALABAR	M	54	50-54M	1.42.28	1
525	1377	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.42.30	1
526	300	1307	FIKISWA	NGONYAMA	VWAC	F	41	40-44F	1.42.35	1
527	408	966	KEANO	HITZEROTH	CHARLO	M	24	SM	1.42.39	1
528	585	2468	SIYABULELA	ZWENI	ABSAEP	M	38	35-39M	1.42.42	1

529	371	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.42.47	1
530	537	1541	MONIQUE	SENEKAL	DESPATCH	F	33	SF	1.42.52	1
531	1411	863	NANDIPA	MYELEYELE	VITALITY	F	37	35-39F	1.43.03	1
532	453	2453	MICHELLE	BLOM	TEMP	F	47	45-49F	1.43.09	0
533	484	2484	LISA	RANDALL	TEMP	F	45	45-49F	1.43.09	0
534	1407	2731	LWAZI	ZWELIBANZI	VITALITY	M	35	35-39M	1.43.12	1
535	36	2368	ERNST	MARAIS	JBAY	M	76	70+M	1.43.16	1
536	266	131	SHUKRY	KAFAAR	MALABAR	M	39	35-39M	1.43.19	1
537	16	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.43.20	1
538	464	2464	SHARON	HERMAANS	TEMP	F	48	45-49F	1.43.23	0
539	362	924	GRAHAM	BROOM	CHARLO	M	54	50-54M	1.43.24	1
540	359	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.43.24	1
541	156	3856	CARIEN	NIEMAND	TEMP	F	32	SF	1.43.51	0
542	660	1542	CELESTE	RUDMAN	RUN4C	F	34	SF	1.44.00	1
543	82	3782	HANLIE	JUNIUS	TEMP	F	53	50-54F	1.44.01	0
544	392	971	DEIDRE	GERBER	CHARLO	F	53	50-54F	1.44.04	1
545	1374	562	JUDITH	NIENABER	RUN4C	F	65	65-69F	1.44.11	1
546	259	628	CT	JACOBS	ASPEN	M	41	40-44M	1.44.11	1
547	260	654	SIMONE	JACOBS	ASPEN	F	40	40-44F	1.44.12	1
548	187	3887	MEGAN	THATCHER	TEMP	F	23	SF	1.44.40	0
549	692	3038	CAMILA	ISMAIL	MALABAR	F	59	55-59F	1.44.46	1
550	317	748	MELINDA	ROIG	CRUSADE	F	55	55-59F	1.44.52	1
551	239	544	JACQULENE	DU TOIT	RUN4C	F	52	50-54F	1.45.00	1
552	1413	1295	XOLANI	MGIJIMA	VWAC	M	42	40-44M	1.45.06	1
553	627	1472	ALTON	THOMAS	NEDBANK	M	50	50-54M	1.45.08	1
554	108	3808	JASMIN	BOTHA	TEMP	F	22	SF	1.45.12	0
555	624	2461	FUNDISWA	ANTONY	ABSAEP	F	52	50-54F	1.45.15	1
556	1406	5051	AMEER	ENSAL	TEMP	M	49	45-49M	1.45.21	0
557	42	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	1.45.21	1
558	139	3839	BUSISIWE	MAPASA-DUBE	TEMP	F	42	40-44F	1.45.30	0
559	341	456	BULELANI	WITI	CHILLIEP	F	29	SF	1.45.34	1
560	38	1092	NIKKI	MOSS	ACH	F	44	40-44F	1.45.41	1
561	188	3888	SEAN	THOMPSON	TEMP	M	35	35-39M	1.45.48	0
562	40	617	JESSICA	MURPHY	ASPEN	F	34	SF	1.45.49	1
563	635	51822	NOLUBABALO	MTSHAKAZI	KOMANI	F	45	45-49F	1.46.06	0
564	352	1099	CRAIG	BESTER	ACH	M	48	45-49M	1.46.08	1
565	134	3834	MATTHEW	LANGSON	TEMP	M	27	SM	1.46.26	0
566	158	3858	YOLANDA	NOMATHOLE	TEMP	F	36	35-39F	1.46.31	0
567	207	490	WANDA	BARNARD	RUN4C	F	50	50-54F	1.46.37	1
568	54	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	1.46.39	1
569	248	2805	CHARL	GERBER	RUN4C	M	61	60-64M	1.46.44	1
570	76	129	MUHAMMAD	WHITE	MALABAR	M	38	35-39M	1.46.49	1
571	432	2688	THOZAMA	MANTLAKA	VITALITY	F	39	35-39F	1.47.18	1
572	279	2270	NOMLINDO	MAKUBALO	VUKANI	F	50	50-54F	1.47.42	1
573	534	935	BRENTON	SCHNETLER	CHARLO	M	50	50-54M	1.47.46	1
574	625	905	HUMAIRAH	SMITH	TEMP	F	30	SF	1.48.01	0
575	391	15638	NELILE	GCABASHE	UNKNOWN	F	27	SF	1.48.06	0
576	638	908	TEMLAKAZI	SALAYI	TEMP	F	28	SF	1.48.11	0
577	145	3845	ROBYN	MCLEAN	TEMP	F	35	35-39F	1.48.14	0
578	204	1256	NAOMI	BAKKER	VWAC	F	47	45-49F	1.48.17	1
579	323	1257	STEPHANIE	SCHEEPERS	VWAC	F	28	SF	1.48.18	1
580	662	41	TINA	DERBYSHIRE	SAPPE	F	70	70+F	1.48.24	1
581	404	2164	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.48.49	1

582	403	2165	DION	GRIESEL	CHARLO	M	57	55-59M	1.48.52	1
583	178	3878	KARL	ROHROFF	TEMP	M	37	35-39M	1.48.52	0
584	173	3873	AMRI	PRETORIUS	TEMP	F	27	SF	1.49.06	0
585	174	3874	GUNTHER	PRETORIUS	TEMP	M	28	SM	1.49.06	0
586	656	1856	Unathi	Mboniswa	HOLLYWOO	F	43	40-44F	1.49.13	1
587	1382	50188	NOLITHA	TSHENTU	CHEETAHS	F	45	45-49F	1.49.13	0
588	133	3833	MONIQUE	KUNNEKE	TEMP	M	29	SM	1.49.21	0
589	468	2468	WINDRE	KAMMIES	TEMP	M	52	50-54M	1.49.21	0
590	154	3854	RIAAN	NEL	TEMP	M	43	40-44M	1.49.24	0
591	217	1915	TAMSYN	BOTHA	BLUEBAY	F	29	SF	1.49.33	1
592	218	1916	TYRA-LEIGH	BOTHA	BLUEBAY	F	21	SF	1.49.37	1
593	98	3798	SINOTHANDO	TISO	TEMP	F	30	SF	1.49.46	0
594	277	2308	THOBEKA	MABUSELA	VUKANI	F	63	60-64F	1.50.10	1
595	12	1927	ANIRLE	DE MEYER	BLUEBAY	F	27	SF	1.50.15	1
596	196	3896	MELISSA	VAN WYK	TEMP	F	32	SF	1.50.19	0
597	29	15071	JADE	HOGGONS	RUNZONE	F	36	35-39F	1.50.25	0
598	1393	5439	SIHLE	QWEMESHA	TEMP	F	31	SF	1.50.30	0
599	1400	5817	MELANIE	FRANCIS	TEMP	F	49	45-49F	1.51.16	0
600	60	2486	SIMANGELE	SKOSANA	ABSAEP	F	44	40-44F	1.52.03	1
601	671	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.52.09	1
602	19	529	ANDRE	FOURIE	RUN4C	M	78	70+M	1.52.10	1
603	253	536	ELIZMA	HARMSE	RUN4C	F	64	60-64F	1.52.11	1
604	46	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.52.54	1
605	521	901	EUSENTHA	PILLAY	CHARLO	F	59	55-59F	1.52.55	1
606	1417	6347	LUVO	NDIMA	TEMP	M	51	50-54M	1.53.01	0
607	553	40016	Hannah	Sullivan	RUN4C	F	15	JF	1.53.32	1
608	143	3843	MASASA	MBANGENI	TEMP	F	38	35-39F	1.53.50	0
609	707	2318	NOZUKO	DLAMBA	VUKANI	F	48	45-49F	1.53.56	1
610	18	64	DAVID	FORTEIN	SAPPE	M	60	60-64M	1.54.06	1
611	61	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	1.54.37	1
612	1414	5418	NKAWENKOSI	TSHIBILIKA	TEMP	M	42	40-44M	1.54.41	0
613	220	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.54.43	1
614	30	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.54.47	1
615	405	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	1.54.49	1
616	384	2162	ERIKA	FOREMAN	CHARLO	F	54	50-54F	1.54.50	1
617	167	3867	NIKITHA	PILLAY	TEMP	F	25	SF	1.54.59	0
618	435	2277	BULELWA	MASOKA	VUKANI	F	45	45-49F	1.55.06	1
619	689	50362	SIPHESIHLE	JOBO	MADIBAZ	M	31	SM	1.55.19	1
620	565	974	CLAIRE	TUSTIN	CHARLO	F	48	45-49F	1.55.23	1
621	1415	2018	LINDA	HEWANA	VITALITY	M	34	SM	1.55.42	1
622	272	2657	ROXANE	LABUSCHAGNE	VITALITY	F	38	35-39F	1.55.54	1
623	554	500	Richard	Sullivan	RUN4C	M	55	55-59M	1.56.03	1
624	379	591	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.56.05	1
625	63	2927	SIMON	STRIMLING	ATLANTIC	M	63	60-64M	1.56.06	1
626	690	2263	BONGEKA	FUZILE	VUKANI	F	39	35-39F	1.56.31	1
627	86	3786	NODUMO	MALINGE	TEMP	M	30	SM	1.56.50	0
628	33	1761	JASON	LE ROUX	GELVAN	M	29	SM	1.57.12	1
629	685	50345	ROBERT	BUTTON	OLDSELB	M	66	65-69M	1.57.15	0
630	499	2499	LEESLE	WYNFORD	TEMP	F	52	50-54F	1.57.34	0
631	508	1651	SANET	NIIT	MADIBA	F	56	55-59F	1.57.48	1
632	402	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.57.48	1
633	226	1655	ANITA	COETZER	MADIBA	F	52	50-54F	1.57.49	1
634	460	2460	SUNIL	GAJJAR	TEMP	M	60	60-64M	1.58.07	0

635	28	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.58.23	1
636	312	2181	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.58.45	1
637	370	968	DENISE	DARLOW	CHARLO	F	56	55-59F	1.59.00	1
638	419	969	GARY	KELLEHER	CHARLO	M	67	65-69M	1.59.01	1
639	523	889	PETER	POHLMANN	CHARLO	M	61	60-64M	1.59.02	1
640	47	2373	NADIA	PETERSEN	JBAY	F	68	65-69F	1.59.20	1
641	95	3795	TSHEPANG	SELA	TEMP	F	24	SF	1.59.38	0
642	51	2852	NQOBILE	QUPE	HOLLYWOO	F	55	55-59F	1.59.55	1
643	712	1399	KHAYA	MTI	NEDBANK	M	45	45-49M	2.00.12	1
644	268	1239	YOLANDE	KNOETZE	ELITEAC	F	57	55-59F	2.00.13	1
645	299	1197	NOREEN	NELSON	ELITEAC	F	60	60-64F	2.00.14	1
646	92	3792	SESETHU	MTOTYWA	TEMP	F	30	SF	2.01.03	0
647	479	2479	SIPHOSETHU	MXATULE	TEMP	F	32	SF	2.01.09	0
648	184	3884	SUMAYA	SOOMAR	TEMP	F	46	45-49F	2.01.13	0
649	431	2179	DOROTHY	MALULEKA	CHARLO	F	47	45-49F	2.01.19	1
650	68	2700	MITESH	VALLABH	VITALITY	M	49	45-49M	2.01.35	1
651	235	2186	Adrian	de Waal	32GI	M	60	60-64M	2.01.45	1
652	357	2768	NOMVELISO	BIDLA	SAPPE	F	32	SF	2.02.45	1
653	421	2518	ALGENE	KOEBERG	MADIBAZ	F	42	40-44F	2.02.47	1
654	50	413	MBALI	QUBEKA	CHILLIEP	F	27	SF	2.02.47	1
655	658	913	SIMAMKELE	SIAMBE	TEMP	F	30	SF	2.03.37	0
656	244	2999	DANIEL	FERREIRA	RUN4C	M	66	65-69M	2.03.51	1
657	20	528	HELEN	FOURIE	RUN4C	F	55	55-59F	2.03.51	1
658	39	2709	CHARLOTTE	MOTHILALL	VITALITY	F	42	40-44F	2.04.34	1
659	150	3850	NONTANDO	MNGATIWA	TEMP	F	42	40-44F	2.04.46	0
660	24	570	PIETER	GERBER	RUN4C	M	66	65-69M	2.04.50	1
661	27	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	2.05.21	1
662	41	2775	URITIAH	MYBURGH	MUIRITE	F	48	45-49F	2.05.35	1
663	520	585	JEANETTE	PIENAAR	RUN4C	F	77	70+F	2.06.30	1
664	434	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	2.06.37	1
665	427	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	2.07.21	1
666	342	1640	CHERYL	WITTE	MADIBA	F	63	60-64F	2.07.23	1
667	571	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	2.07.35	1
668	5	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	67	65-69F	2.07.36	1
669	306	294	KARMEL	PAGE	MUIRITE	F	34	SF	2.07.43	1
670	1	3032	ZAKIYYAH	AJAM	MALABAR	F	37	35-39F	2.08.12	1
671	1392	5447	LUMKA	DINGAAN	TEMP	F	41	40-44F	2.08.15	0
672	450	527	Kamohelo	Mota	RUN4C	F	31	SF	2.08.17	1
673	101	3801	RACHEL	WILLIAMS	TEMP	F	32	SF	2.08.21	0
674	72	1189	MYRNA	VAN EYK	ELITEAC	F	47	45-49F	2.08.21	1
675	258	720	CLEO	JACOBS	CRUSADE	F	23	SF	2.09.23	1
676	247	703	LEE	GANDER	CRUSADE	M	68	65-69M	2.09.26	1
677	294	2509	LERATO	MUZAH	MADIBAZ	F	39	35-39F	2.09.42	1
678	675	2864	NOBULUMKO	MAKEDAMA	ADVEN	F	49	45-49F	2.09.46	1
679	71	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	2.09.58	1
680	284	722	YOLISWA	MATWA	CRUSADE	F	42	40-44F	2.10.19	1
681	584	441	NOZUKO	YEYE	CHILLIEP	F	53	50-54F	2.11.03	1
682	113	3813	MISHKA	BUTTRESS	TEMP	M	29	SM	2.11.09	0
683	52	336	ARNOLD	RAS	MUIRITE	M	63	60-64M	2.11.09	1
684	390	998	ROBERT	GALLOWAY	CHARLO	M	74	70+M	2.11.17	1
685	1418	1270	LEIGH	KLINK	VWAC	F	43	40-44F	2.11.27	1
686	208	2153	THULISA	BATYI	TRANSNET	F	43	40-44F	2.11.28	1
687	191	3891	ALUNGILE	TYWAKU	TEMP	F	32	SF	2.14.21	0

688	643	1122	BOB	STEDMAN	ACH	M	75	70+M	2.14.26	1
689	102	3802	GAIL	AGNEW	TEMP	F	50	50-54F	2.14.33	0
690	97	3797	LIEZEL	SOOKDIN	TEMP	F	49	45-49F	2.15.04	0
691	100	3800	SIMON	WATKINS	TEMP	M	32	SM	2.15.42	0
692	159	3859	HLUBIKAZI	NQADINI	TEMP	F	36	35-39F	2.16.19	0
693	536	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	2.16.20	1
694	351	1097	CINDI	BESTER	ACH	F	45	45-49F	2.17.39	1
695	189	3889	FRANCOIS	TIMOTHEUS	TEMP	M	47	45-49M	2.19.45	0
696	177	3877	KIRSTY	REILLY	TEMP	F	43	40-44F	2.21.48	0
697	642	1766	GODFREY	KARIEM	GELVAN	M	84	70+M	2.22.40	1
698	179	3879	TATUM	ROHROFF	TEMP	F	35	35-39F	2.22.58	0
699	336	1658	SAMANTHA	VAN DRIEL	MADIBA	F	33	SF	2.23.43	1
700	164	3864	MOTUBATSE	PETE	TEMP	F	32	SF	2.24.11	0
701	140	3840	NOMVUZO	MASWANA	TEMP	F	41	40-44F	2.24.18	0
702	477	2477	SIYOLISE	MVA	TEMP	M	29	SM	2.24.31	0
703	400	1679	KENNETH	GREYLING	MADIBA	M	65	65-69M	2.24.34	1
704	475	2475	SEKELA	MKUMBUZI	TEMP	F	41	40-44F	2.24.35	0

HELPERS RUN

H1	801	40378	ANTON	AVENATHI	SIBALEKA	M	18	JM	0.51.00	5
H2	802	40379	Sinawo	April	SIBALEKA	M	15	JM	0.57.00	4
H3	803	2221	SIPHOSETHU	MAVATHA	SIBALEKA	F	28	SF	1.07.00	3
H4	804	2220	XOLELANI	JAM-JAM	SIBALEKA	M	36	35-39M	1.07.12	2
H5	805	2216	ZOLILE	QWEBANI	SIBALEKA	M	54	50-54M	1.07.12	3
H6	806	1282	SEBASTIAN	HAARHOFF	VWAC	M	48	45-49M	1.11.25	2
H7	807	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	1.18.49	2
H8	808	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	1.19.01	2
H9	809	2215	HADIGAH	FULANI	SIBALEKA	F	22	SF	1.23.15	1
H10	810	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	1.24.09	2
H11	811	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	1.24.09	1
H12	812	42	SAM	ERASMUS	SAPPE	M	67	65-69M	1.27.49	1
H13	813	75	HESTER	DEKKER	SAPPE	F	53	50-54F	1.29.45	1
H14	814	470	JODI	PIENAAR	WALMER	M	31	SM	1.29.45	1
H15	815	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	1.29.45	1
H16	816	2090	WELLINGTON	TSHINGANE	SANDFEP	M	54	50-54M	1.34.55	1
H17	817	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	1.34.55	1
H18	818	2202	VUYISEKA	MHLAHLO	SIBALEKA	F	43	40-44F	1.48.10	1
H19	819	2208	GARFIELD	TSATSANE	SIBALEKA	M	59	55-59M	2.11.01	1
H20	820	2201	NOCWE	MDAZUKA	SIBALEKA	F	41	40-44F	2.11.05	1
H21	821	2218	BABALWA	HENA	SIBALEKA	F	48	45-49F	2.11.05	1
H22	822	2196	SELBY	THABETHE	SIBALEKA	M	51	50-54M	2.12.11	1
H23	823	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	2.14.47	1
H24	824	995	BERNADETTE	LOOK	CHARLO	F	45	45-49F	2.18.35	1
H25	825	871	RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	2.22.01	1

DISQUALIFIED

	45	2076	DISQUALIFIED		SANDFEP	F	31	SF		0
	112	3812	DISQUALIFIED		TEMP	F	26	SF		0
	255		DISQUALIFIED		ELITEAC	M	14	JM		0
	488	2488	DISQUALIFIED		TEMP	M	37	35-39M		0
	543	2904	DISQUALIFIED		ALBANY	M	35	35-39M		0
	557	174	DISQUALIFIED		ACT AC	M	27	SM		0
	618	40522	DISQUALIFIED		SCHOOL	M	14	JM		0
	706	2333	DISQUALIFIED		VUKANI	M	24	SM		0