

CAPE ST FRANCIS RESORT CALAMARI RUN 10KM - 2025/09/21

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1013	40005	BULUMKO	MALINGA	NEDBANK	M	18	JM	0.37.59	1
2	1409	40004	DANIEL	KRUGER	NEDBANK	M	17	JM	0.40.11	1
3	1025	1436	NTSIKELELO	SEBE	NEDBANK	M	43	40-44M	0.41.01	1
4	1371	1371	KOBUS	JOUBERT	TEMP	M	50	50-54M	0.41.11	0
5	1433		JOSH	MOORE	TEMP	F	15	JF	0.44.07	0
6	1255	40570	KARA	FOURIE	SCHOOL	F	18	JF	0.44.28	1
7	1380	9027	JANE	BARNARDO	TEMP	F	50	50-54F	0.45.06	0
8	1386	8911	FRANKI	DACE	TEMP	F	17	JF	0.45.34	0
9	1035	1419	EAMON	OERSON	NEDBANK	M	40	40-44M	0.46.20	1
10	1349	7249	PETER	BOTHA	TEMP	M	38	35-39M	0.47.05	0
11	1383	9035	DEAN	BOTHA	TEMP	M	37	35-39M	0.47.06	0
12	1340	2108	BERNICE	NEL	HEATAC	F	37	35-39F	0.48.04	1
13	1342	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	0.48.04	1
14	1392	51813	LEON	MARAIS	32GISWD	M	39	35-39M	0.48.42	0
15	1354	8214	DQ		TEMP	M	45	45-49M	0.49.42	0
16	1334	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	0.49.59	1
17	1429		DANI	HARCUS	TEMP	F	16	JF	0.50.16	0
18	1400	40077	ILKE	WOLMARANS	ELITEAC	F	18	JF	0.50.47	1
19	1324	2063	CHENEL	STRYDOM	TEMP	F	43	40-44F	0.52.43	0
20	1361	8221	SIENNA	PEENS	TEMP	F	17	JF	0.53.31	0
21	1368	1368	ROLAND	CLACK	TEMP	M	55	55-59M	0.53.40	0
22	1348	7238	MART-MERIE	RAYNEKE	TEMP	F	35	35-39F	0.54.13	0
23	1338	796	REBECCA	JORDAAN	32GI	F	34	SF	0.54.13	1
24	1345	30377	AUBREY	BRINKHUIS	SEEDGE	M	55	55-59M	0.54.26	0
25	1288	2388	SIMON	CUNNEEN	TEMP	M	60	60-64M	0.54.36	0
26	1315	2015	CHELSEY	MCLUCKIE'S	TEMP	F	29	SF	0.54.50	0
27	1347	8497	MORGAN	ACKERMAN	TEMP	F	17	JF	0.55.22	0
28	1351	8211	MELISSA	DOUGLAS-JONES	TEMP	F	36	35-39F	0.55.27	0
29	1375	1375	JOSEPH	VAN DER MERWE	TEMP	F	16	JF	0.55.37	0
30	1381	1515	ATTIE	JOOSTE	NEDBANK	M	46	45-49M	0.55.37	1
31	1293	2393	KYLE	ELSON	TEMP	M	15	JM	0.55.45	0
32	1363	8223	MELISSA	VAN DER ZWAN	TEMP	F	35	35-39F	0.55.52	0
33	1444	9928	JULIAN	ANDERSON	TEMP	M	31	SM	0.56.06	0
34	1416	75	HESTER	DEKKER	SAPPE	F	53	50-54F	0.56.14	1
35	1335	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.56.34	1
36	1299	2399	NATHAN	HEYNS	TEMP	M	15	JM	0.56.45	0
37	1414	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.57.09	1
38	1411	1214	BENITA	GERBER	ELITEAC	F	61	60-64F	0.57.23	1
39	1408	2362	GERRIE	HERMANN	JBAY	M	68	65-69M	0.57.54	1
40	1402	1202	JACQUES	LANGLEY	RUN4C	M	36	35-39M	0.58.00	1
41	1331	8931	AMANDA	VOGEL	TEMP	F	43	40-44F	0.59.00	0
42	1332	8844	ANTON	VOGEL	TEMP	M	50	50-54M	0.59.00	0
43	1384	9031	SALLY	JACKSON	TEMP	F	48	45-49F	0.59.10	0
44	1439	513	ROZETTA	KEMP	RUN4C	F	71	70+F	0.59.15	1
45	1393	9045	MATTHEW	ARGO	TEMP	M	31	SM	0.59.18	0
46	1395	9047	LUKE	MCFARLAND	TEMP	M	31	SM	0.59.19	0
47	1309	2009	WERNER	KEYSER	TEMP	M	26	SM	0.59.45	0
48	1258	3076	Dewald	Deyzel	JBAY	M	57	55-59M	1.00.03	1
49	1037	2255	JANE	VINCENT	TEMP	F	51	50-54F	1.00.21	0
50	1353	8213	MANDELLE	GERBER	TEMP	F	44	40-44F	1.01.26	0

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51	1377	1377	DANIELLE	VENTER	TEMP	F	26	SF	1.01.28	0
52	1435	9924	LAURA	WALL	TEMP	F	45	45-49F	1.01.32	0
53	1372	1372	DEHAN	KUKKUK	TEMP	M	26	SM	1.01.47	0
54	1325	2064	JENIPHER	TAUNTON	TEMP	F	34	SF	1.01.53	0
55	1403	361	JULIUS	SHOGOLE	IKHAMVA	M	72	70+M	1.01.57	1
56	1382	1208	CHRISTINE	BIRD	ELITEAC	F	54	50-54F	1.01.58	1
57	1336	1996	JOHANN	ELS	JBAY	M	51	50-54M	1.02.00	1
58	1369	1369	LIESL	GOUWS	TEMP	F	37	35-39F	1.02.10	0
59	1379	13408	RUSSELL	WORTHINGTON	CAPEMS	M	62	60-64M	1.02.10	0
60	1370	1370	MICHAEL	JONES	TEMP	M	37	35-39M	1.02.11	0
61	1423		ZONJA	RAS	TEMP	F	62	60-64F	1.02.23	0
62	1401	1636	LISTIA	NEL	MADIBA	F	50	50-54F	1.02.28	1
63	1300	2400	ARISTA	LANDMAN	TEMP	F	42	40-44F	1.02.31	0
64	1385	7260	SEAN	JACKSON	TEMP	M	49	45-49M	1.03.08	0
65	1274	2036	ANDRE	VAN DER BANK	MUIRITE	M	54	50-54M	1.03.08	1
66	1356	8216	OWEN	KINGWILL	TEMP	M	66	65-69M	1.03.24	0
67	1434	9923	DANE	SHAW	TEMP	M	41	40-44M	1.03.33	0
68	1312	2012	ERIKA	MARAIS	TEMP	F	48	45-49F	1.03.48	0
69	1405	8869	JADE	MAGSON	TEMP	F	26	SF	1.03.49	0
70	1406	9900	CHAD	MAGSON	TEMP	M	22	SM	1.03.49	0
71	1413		SAMANTHA	WESSELS	TEMP	F	38	35-39F	1.03.56	0
72	1298	2398	SIAN	HARDING	TEMP	F	43	40-44F	1.04.01	0
73	1320	3081	BRIDGET	NEL	TEMP	F	37	35-39F	1.04.01	0
74	1261	2805	CHARL	GERBER	RUN4C	M	61	60-64M	1.04.19	1
75	1421		HEIDI	WAGENER	TEMP	F	34	SF	1.05.00	0
76	1358	8218	JUSTIN	KRIGE	TEMP	M	54	50-54M	1.05.03	0
77	1357	8217	LANA	KRIGE	TEMP	F	53	50-54F	1.05.04	0
78	1337	2109	JOY DOMINIQUE	HILL	HEATAC	F	33	SF	1.05.20	1
79	1366	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	1.05.21	1
80	1355	8215	SELOME	JORDAAN	TEMP	F	43	40-44F	1.05.44	0
81	1262	2382	Donnay	Hayes	JBAY	F	43	40-44F	1.05.52	1
82	1292	2392	GLEN	ELSON	TEMP	M	47	45-49M	1.05.52	0
83	1419		NADIA	SWART	TEMP	F	38	35-39F	1.06.04	0
84	1390	9042	ROGER	SAINT	TEMP	M	43	40-44M	1.06.06	0
85	1310	2010	ARNO	LAMPRECHT	TEMP	M	29	SM	1.06.12	0
86	1376	1376	GUSTAV	VAN DER MERWE	TEMP	M	19	JM	1.06.16	0
87	1036	2048	AIDAN	WOLMARANS	TEMP	F	26	SF	1.06.43	0
88	1269	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.06.54	1
89	1445	1237	HERMAN	MATTHEWS	ELITEAC	M	50	50-54M	1.07.04	1
90	1447	1247	LISLE	MATTHEWS	ELITEAC	F	51	50-54F	1.07.05	1
91	1436		KERRY	PATTINSON	TEMP	F	27	SF	1.08.15	0
92	1323	2062	LYNETTE	STANDER	TEMP	F	57	55-59F	1.08.22	0
93	1254	2921	Kenny	Brown	JBAY	M	74	70+M	1.08.38	1
94	1387	9037	TAYLIA	MORETON	TEMP	F	24	SF	1.08.45	0
95	1280	1958	MELISSA	VAN WYK	BLUEBAY	F	32	SF	1.08.46	1
96	1422		JESS	SCHOLTZ	TEMP	F	25	SF	1.08.53	0
97	1291	2391	AYRTON	EASTOE	TEMP	M	31	SM	1.09.07	0
98	1322	2061	ASHLEIGH	SAMUELS	TEMP	F	30	SF	1.09.15	0
99	1306	2006	NARANDRA	JEEWA	TEMP	M	67	65-69M	1.09.15	0
100	1344	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.09.24	1

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101	1279	40107	MINIQUE	VAN TONDER	DESPATCH	F	19	JF	1.09.25	1
102	1374	1374	ELROY	SINGH	TEMP	M	38	35-39M	1.09.47	0
103	1330	2541	SUSANNA	VISSER	TEMP	F	58	55-59F	1.11.05	0
104	1301	2001	JANE	HILLOCK	TEMP	F	29	SF	1.11.09	0
105	1281	2381	MAHMOOD	AREND	TEMP	M	26	SM	1.11.17	0
106	1410		CHRISTO	GERBER	TEMP	M	63	60-64M	1.11.31	0
107	1329	2447	WERNER	VILJOEN	TEMP	M	26	SM	1.11.32	0
108	1284	2384	DONNE	BOTHA	TEMP	F	27	SF	1.11.36	0
109	1378	1378	MICHAELLA	WORTMANN	TEMP	F	25	SF	1.11.44	0
110	1364	8224	SUSAN	VAN NIEKERK	TEMP	F	59	55-59F	1.12.30	0
111	1441	1441	BIANCA	MOIR	TEMP	F	30	SF	1.12.36	0
112	1346	8889	NICOLE	KETTLES	JQ	F	63	60-64F	1.12.56	0
113	1343	1472	ALTON	THOMAS	NEDBANK	M	50	50-54M	1.12.58	1
114	1270	2373	NADIA	PETERSEN	JBAY	F	69	65-69F	1.13.32	1
115	1327	2066	MORGAN	VAN DER MESCHT	TEMP	F	15	JF	1.13.39	0
116	1308	2008	ALEX	JOUBERT	TEMP	M	16	JM	1.13.39	0
117	1313	2013	HELEN	MCDUGALL	TEMP	F	55	55-59F	1.13.44	0
118	1396		LETITIA	POTGIETER	TEMP	F	64	60-64F	1.14.12	0
119	1394	9046	JENNA	MITCHELL	TEMP	F	26	SF	1.16.13	0
120	1290	2390	FRIEDA	DU PREEZ	TEMP	F	34	SF	1.16.24	0
121	1418	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.16.25	1
122	1259	529	ANDRE	FOURIE	RUN4C	M	78	70+M	1.16.25	1
123	1307	2007	CLEO	JORDAAN	TEMP	F	40	40-44F	1.17.06	0
124	1443	9927	GABRIELLA	NORSHIB	TEMP	F	26	SF	1.17.09	0
125	1252	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.17.34	1
126	1333	8845	KENDRA	WILLOWS	TEMP	F	25	SF	1.17.45	0
127	1282	2382	LUKE	BIRRELL	TEMP	M	26	SM	1.17.48	0
128	1314	2014	JACQUES	LE ROUX	TEMP	M	50	50-54M	1.18.26	0
129	1328	2438	KIRSTEN	VILJOEN	TEMP	F	17	JF	1.18.33	0
130	1319	2419	ISABELLA	OBRAY	TEMP	F	18	JF	1.18.44	0
131	1431	2196	SELBY	THABETHE	SIBALEKA	M	51	50-54M	1.18.54	1
132	1271	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.20.00	1
133	1264	2364	VICTOR	HUGO	JBAY	M	65	65-69M	1.20.24	1
134	1275	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.21.37	1
135	1362	8222	LIZANNE	RAUTENBACH	TEMP	F	42	40-44F	1.21.53	0
136	1352	8212	NADIA	DU PREEZ	TEMP	F	40	40-44F	1.22.23	0
137	1350	8210	SANDRA	BUTTERS	TEMP	F	60	60-64F	1.22.43	0
138	1321	2421	ELMARIE	RUST	TEMP	F	56	55-59F	1.23.21	0
139	1359	8219	KERRY	MAGNUS	TEMP	F	46	45-49F	1.24.46	0
140	1263	2363	JEFFREY	HOLLOWAY	JBAY	M	66	65-69M	1.24.48	1
141	1297	2397	TANYA	HANEKOM	TEMP	F	40	40-44F	1.24.50	0
142	1428		PORTIA	LELAKA	TEMP	F	48	45-49F	1.25.20	0
143	1260	528	HELEN	FOURIE	RUN4C	F	55	55-59F	1.25.35	1
144	1273	51493	ALUNGILE	TYWAKU	CHEETAH	F	33	SF	1.27.02	0
145	1442	9926	SCHRIKA	TERBLANCHE	TEMP	F	38	35-39F	1.27.05	0
146	1367	2925	SESETHU	MTOTYWA	JBAY	F	30	SF	1.27.12	1
147	1365	8225	AMANDA	YOUNG	TEMP	F	50	50-54F	1.27.42	0
148	1253	1524	Michelle	Brits	32GI	F	31	SF	1.27.42	1
149	1289	2389	ANN	DU PREEZ	TEMP	F	60	60-64F	1.27.49	0
150	1407	2172	LEE	PAGE	CHARLO	F	42	40-44F	1.28.41	1

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151	1417	40001	ZANTE	DEKKER	SAPPE	F	18	JF	1.28.41	1
152	1415	70	BIANCA	SWARTS	SAPPE	F	22	SF	1.28.49	1
153	1341	53	KEZIA	PRINSLOO	SAPPE	F	41	40-44F	1.28.51	1
154	1404	1122	BOB	STEDMAN	ACH	M	76	70+M	1.30.42	1
155	1267	995	BERNADETTE	LOOCK	CHARLO	F	46	45-49F	1.31.05	1
156	1256	923	EVA	CHETTY	CHARLO	F	57	55-59F	1.31.06	1
157	1285	2385	LILLY	BROWN	TEMP	F	66	65-69F	1.31.17	0
158	1373	1373	MICHELLE	MINNAAR	TEMP	F	37	35-39F	1.31.30	0
159	1432		ERICA	ELLSI	TEMP	F	55	55-59F	1.31.49	0
160	1412		ALMA	HUYSAMEN	TEMP	F	63	60-64F	1.31.59	0
161	1268	427	MPHO	NEMUKULA	JBAY	F	39	35-39F	1.32.11	1
162	1446	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.32.51	1
163	1305	2005	ERIC CHARL	JANSEN	TEMP	M	40	40-44M	1.33.19	0
164	1278	2400	GERHARD	VAN DER WESTHUIZEN	JBAY	M	50	50-54M	1.33.19	1
165	1265	2116	LYNN	LANDMAN	SAPPE	M	55	55-59M	1.34.09	1
166	1311	2011	CHRISNA	LANDMAN	TEMP	F	52	50-54F	1.34.12	0
167	1272	3104	Carmien	Rossouw	JBAY	F	31	SF	1.34.24	1
168	1360	8220	LINDOKUHLE	MADO	TEMP	F	32	SF	1.36.02	0
169	1399	3110	Isabel	Deats	JBAY	F	63	60-64F	1.36.53	1
170	1295	2839	LUCILLE	GERRY	TEMP	F	55	55-59F	1.38.00	0
171	1388	9040	PEARTON	ANTOINETTE	TEMP	F	63	60-64F	1.38.01	0
172	9860	9048	MARGARET	SYLVESTER	TEMP	F	61	60-64F	1.38.09	0
173	1398	1099	CRAIG	BESTER	ACH	M	48	45-49M	1.38.47	1
174	1397	1097	CINDI	BESTER	ACH	F	45	45-49F	1.38.55	1
175	1251	1570	ERIKA	BARNARD	DESPATCH	F	56	55-59F	1.39.41	1
176	1391	1906	TANYA	LOOTS	STFRAN	F	59	55-59F	1.40.11	0
177	1283	2383	PIETA	BOOYENS	TEMP	M	61	60-64M	1.42.12	0
178	1426		BERNHARDT	NIKSCH	TEMP	M	57	55-59M	1.43.40	0
179	1427		KAREN	NIKSCH	TEMP	F	57	55-59F	1.43.41	0
180	1339	1650	PIERRE	KNOESEN	MADIBA	M	71	70+M	1.45.11	0
181	1304	2019	JACQUELINE	JACOBS	TEMP	F	59	55-59F	1.45.15	0
182	1440	8867	ANNA MARIE	HAY	TEMP	F	61	60-64F	1.45.15	0
183	1430		DANIE	FERREIRA	TEMP	M	43	40-44M	1.48.18	0
184	1424	1679	KENNETH	GREYLING	MADIBA	M	65	65-69M	1.48.19	0
185	1425		DAPHNE	BOTHA	TEMP	F	47	45-49F	1.57.06	0
186	1438		CHRISANTA	SCHEEPERS	TEMP	F	48	45-49F	2.18.15	0
187	1437		STEPHAN	SCHEEPERS	TEMP	F	52	50-54F	2.18.15	0