

CAPE ST FRANCIS RESORT CALAMARI 21.1KM - 21 SEPTEMBER 2025										
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2258	1361	ANDILE	MOTWANA	NEDBANK	M	28	SM	1.10.20	5
2	9814		GIFT	CHIGOMARAWA	OXFORD	M	37	35-39M	1.11.35	0
3	2261	1363	THULANI	MDLALO	NEDBANK	M	40	40-44M	1.15.04	5
4	2257	40184	ASONGE	MTHANA	NEDBANK	M	18	JM	1.15.47	5
5	2067	2210	THEMBELANI	MBENENGE	SIBALEKA	M	30	SM	1.17.29	5
6	2265	2265	KYLE	WHITE	TEMP	M	22	SM	1.20.17	0
7	9850	40378	ANTON	AVENATHI	SIBALEKA	M	18	JM	1.22.20	4
8	9848	1622	DARREN	BENECKE	MADIBA	M	33	SM	1.23.35	3
9	2256	1335	ANELE	MALIZA	NEDBANK	M	47	45-49M	1.24.14	5
10	2431	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	1.24.34	5
11	2387	8887	ALEXIA	LOIZOU	TEMP	F	41	40-44F	1.26.43	0
12	2072	1073	CONNOR	MITCHELL	ACH	M	21	SM	1.27.04	3
13	9847	1091	LEIGH	CALLAGHAN	ACH	F	30	SF	1.27.14	5
14	2240	50658	MELIKHAYA	MSIZI	KNYSNA	M	42	40-44M	1.27.28	0
15	2327	1255	ERROL	WHITTAL	ELITEAC	M	50	50-54M	1.27.37	5
16	2001	1211	NOEL	ADAMS	ELITEAC	M	53	50-54M	1.28.25	5
17	9849	267	DQ		SIBALEKA	M	31	SM	1.28.32	0
18	2239	22959	TSOSELETSO	MASHEGO	UNKNOWN	M	44	40-44M	1.29.14	0
19	2055	2435	JACQUES	LEANDER	JBAY	M	41	40-44M	1.29.30	3
20	2078	50659	MARLON	MORTLOCK	KNYSNA	M	51	50-54M	1.30.57	0
21	9778	50039	PETER	JAEHNE	OUTENH	M	60	60-64M	1.31.04	0
22	2037	50074	RENE	HENTSCHEL	MPOX	M	32	SM	1.31.06	0
23	2247	5935	LEA	JACOBS	TEMP	F	33	SF	1.31.11	0
24	2343	40385	DQ		SIBALEKA	M	16	JM	1.32.11	0
25	9839	1431	GIDEON	MENGO	NEDBANK	M	48	45-49M	1.32.41	3
26	9820	40184	ASAKHE	SHAYI	NEDBANK	M	18	JM	1.32.41	2
27	2071	40085	ABBIE	MITCHELL	MADIBAZ	F	18	JF	1.32.53	3
28	9824	1639	VANDRE	NEL	MADIBA	M	40	40-44M	1.32.59	3
29	2304	1642	NICO	SMITH	MADIBA	M	40	40-44M	1.32.59	3
30	9855	9026	PAUL	FREETH	TEMP	M	39	35-39M	1.33.17	0
31	2048	560	FENANDO	KIEWIETS	RUN4C	M	40	40-44M	1.33.23	3
32	2047	2411	JOHNSTON	JUMBA	JBAY	M	51	50-54M	1.34.40	4
33	2073	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	1.34.48	4
34	9826	1213	SEBASTIAN	KLEU	ELITEAC	M	49	45-49M	1.35.10	3
35	9827	1340	WELCOME	LOLIWE	NEDBANK	M	60	60-64M	1.35.13	5
36	2423	8923	BRAD	SAUNDERS	TEMP	M	62	60-64M	1.35.15	0
37	2090	1159	Paul	Rossouw	JBAY	M	27	SM	1.36.18	2
38	2278	2278	NDABAZOVUYO	MANDABA	TEMP	M	19	JM	1.36.54	0
39	2287	2287	CALLUM	MCEWAN	TEMP	M	19	JM	1.36.59	0
40	2122	844	THERESA	BUCHNER	32GI	F	40	40-44F	1.37.44	4
41	2378	8878	JETHRO	JOHNSTON	TEMP	M	24	SM	1.37.45	0
42	2251	2251	MORNE	NEL	TEMP	M	46	45-49M	1.38.04	0
43	2262	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	1.38.27	2
44	2338	8938	RUAN	BARNARD	TEMP	M	32	SM	1.38.43	0
45	9813	9044	ESTEE	COCKCROFT	TEMP	F	40	40-44F	1.38.46	0
46	9856	9043	MICHELLE	BRINK	TEMP	F	31	SF	1.39.26	0
47	2419	8919	LISA	RETIEF	TEMP	F	23	SF	1.39.29	0
48	9857	9034	JAKE	PHILLIPS	TEMP	M	32	SM	1.39.56	0
49	2314	1902	JEN	VALLANCE	STFRAN	F	38	35-39F	1.39.57	3
50	2005	1985	HANNES	BEKKER	SOMEAST	M	43	40-44M	1.40.46	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
51	2195	1842	ZANDISILE	NGXONONO	HOLLYWOO	M	51	50-54M	1.43.02	2
52	9825	1283	URAN	LE ROUX	VWAC	M	58	55-59M	1.43.03	3
53	9865		UNKNOWN	WAS 9803	TEMP	F	47	45-49F	1.43.08	0
54	9866		UNKNOWN	WAS 9801	TEMP	F	47	45-49F	1.43.13	0
55	2349	8849	HEINRICH	CROUSE	TEMP	M	39	35-39M	1.43.36	0
56	9776	2082	SEITSHIRO	MOLEMI	SANDFEP	M	41	40-44M	1.44.00	2
57	9842	2189	ANTON	DU PREEZ	32GI	M	49	45-49M	1.44.13	2
58	2063	51786	STEPHANIE	MARAIS	32GISWD	F	38	35-39F	1.44.28	0
59	9817	1061	DEWALD	STEENKAMP	ACH	M	40	40-44M	1.44.31	2
60	2253	8041	KIAN	TERBLANCHE	TEMP	M	28	SM	1.44.32	0
61	9858	9036	KURT	SCHMELZER	TEMP	M	35	35-39M	1.44.48	0
62	9818	3001	JUAN	GOOSEN	MUIRITE	M	24	SM	1.45.41	2
63	9773	9029	MICHAEL	SUTHERLAND	TEMP	M	41	40-44M	1.46.15	0
64	2075	52091	SIYABULELA	MKISWA	STUT	M	41	40-44M	1.46.18	0
65	2369	1212	BURNITA	STRYDOM	RUN4C	F	57	55-59F	1.46.47	5
66	2203	2375	TINEKE	RADEMEYER	JBAY	F	32	SF	1.47.08	2
67	2149	791	CHARL	GERBER	32GI	M	49	45-49M	1.47.18	2
68	2095	51576	CARMEN	SCHAEFER	NEDBOR	F	46	45-49F	1.47.38	0
69	9774	9030	LINDSAY	MAC GEOGHEGAN	TEMP	F	35	35-39F	1.48.04	0
70	9772	9028	KRISTEN	LAWSON	TEMP	F	32	SF	1.48.04	0
71	2276	2276	CRAIG	DICKSON	TEMP	M	59	55-59M	1.48.24	0
72	2082	1890	CARMEN	NEL	STFRAN	F	32	SF	1.48.25	2
73	9779	9033	MARC	MOIR	TEMP	M	29	SM	1.48.39	0
74	2425	8925	JACQUES	SCHAFER	TEMP	M	43	40-44M	1.48.55	0
75	2033	532	JUDY	GERBER	RUN4C	F	59	55-59F	1.49.02	4
76	9853	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	1.49.37	1
77	2417	8917	JANINE	PRINS	TEMP	F	46	45-49F	1.49.42	0
78	2023	2381	NATALIE	COMBRINCK	JBAY	F	34	SF	1.50.07	2
79	2269	3109	QUENTIN	THIOLLET	JBAY	M	29	SM	1.50.07	1
80	2241	2241	ANGUS	ARGYLE	TEMP	M	34	SM	1.50.31	0
81	9831	967	MIKE	BURGER	CHARLO	M	66	65-69M	1.50.49	3
82	2053	576	VERNON	LANDMAN	RUN4C	M	50	50-54M	1.51.10	2
83	2244	2244	NATALIE	BILLSON	TEMP	F	28	SF	1.51.22	0
84	2275	835	Liebe	Venter	32GI	F	23	SF	1.51.41	2
85	9859	9809	DERECK	WILBERT	TEMP	M	27	SM	1.51.42	0
86	2003	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	1.51.59	1
87	2414	8914	HOLLY	PRICE	TEMP	F	19	JF	1.52.31	0
88	9835	3011	BILL	DAVIDS	MADIBAZ	M	55	55-59M	1.52.45	2
89	2449	1043	DAVID	BAINS	XCEL	M	59	55-59M	1.52.47	2
90	2374	8874	BRANDON	HUME	TEMP	M	31	SM	1.53.33	0
91	2002	2347	ADRIAAN	BADENHORST	JBAY	M	55	55-59M	1.53.54	2
92	2328	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	1.54.00	2
93	2403	8903	AARON	MYBURGH	TEMP	M	35	35-39M	1.54.10	0
94	2421	8921	SEAN	ROSS	TEMP	M	34	SM	1.54.31	0
95	2206	700	JUSTIN	WEBB	ALBANY	M	25	SM	1.54.58	1
96	2336	8936	MELISSA	ARGYLE	TEMP	F	32	SF	1.55.28	0
97	2238	50862	EUGENE	MARAIS	CAPEMS	M	52	50-54M	1.55.42	0
98	2427	8927	WESLEY	SHERMAN	TEMP	M	33	SM	1.55.47	0
99	9836	2413	TINA	OLCKERS	JBAY	F	46	45-49F	1.56.07	2
100	2303	2392	CHRISTIE	SMITH	JBAY	F	31	SF	1.56.23	1

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101	2396	8896	JACOBUS LOUIS	MOOLMAN	TEMP	M	33	SM	1.56.48	0
102	2447	2047	MICHALA	VERMAAK	TEMP	F	29	SF	1.56.50	0
103	2083	231	MIKE	NUNAN	KOWIE	M	71	70+M	1.56.54	2
104	9861	9810	JOE	WORTMANN	TEMP	M	25	SM	1.56.58	0
105	2382	8882	KELLY	KINGWILL	TEMP	F	34	SF	1.57.01	0
106	2416	8916	NICOLE	PRICE	TEMP	F	43	40-44F	1.57.02	0
107	2389	8889	ADAM	MACKENZIE	TEMP	M	42	40-44M	1.57.02	0
108	2097	1982	TRISH	SCHUIN	SOMEAST	F	59	55-59F	1.57.07	2
109	2426	8926	DANNI	SHAW	TEMP	F	40	40-44F	1.57.24	0
110	2245	2245	JEAN-CLAUDE	DU TOIT	TEMP	M	35	35-39M	1.57.32	0
111	2125	1088	PERCY	DALTON	ACH	M	77	70+M	1.57.50	2
112	2380	8880	SHELTON	KADONDO	TEMP	M	35	35-39M	1.58.41	0
113	2013	2353	JEAN-MARI	BREYTENBACH	JBAY	F	35	35-39F	1.59.04	1
114	2039	2383	JOLENE	HEYNS	JBAY	F	33	SF	1.59.59	1
115	2038	992	CYNTHIA	HEYNS	CHARLO	F	41	40-44F	2.00.06	1
116	2434	2034	JONATHAN CRAIG	TOOZE	TEMP	M	30	SM	2.00.28	0
117	2060	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	2.00.31	1
118	9812	775	KIM	DRINKWATER	32GI	F	49	45-49F	2.00.31	1
119	2370	8870	MELISSA	HIGH	TEMP	F	41	40-44F	2.00.34	0
120	2273	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	2.00.35	1
121	2277	2277	TYRA	JACK	TEMP	F	26	SF	2.00.39	0
122	2295	2295	LIZA	MULLER	TEMP	F	46	45-49F	2.00.55	0
123	2054	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	2.01.14	2
124	2059	1905	FRANS	LOOTS	STFRAN	M	69	65-69M	2.01.49	2
125	9862	9807	TIMOTHY	SIMPSON	TEMP	M	31	SM	2.02.24	0
126	2084	2369	JANENE	OOSTHUIZEN	JBAY	F	46	45-49F	2.02.25	1
127	2412	8912	MAIGHON	PETERSEN	TEMP	F	24	SF	2.02.33	0
128	2008	2430	SHANTELE	BIRD	JBAY	F	46	45-49F	2.02.38	1
129	2406	8906	CLAIRE	NAGEL	TEMP	F	61	60-64F	2.02.38	0
130	2339	8939	SUNÉ	BEKKER	TEMP	F	30	SF	2.02.58	0
131	2351	8851	KYLE	DE VILLIERS	TEMP	M	25	SM	2.03.03	0
132	2074	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	2.03.07	1
133	9823		TSHIDISO	ZULU	TEMP	M	34	SM	2.03.12	0
134	2355	8855	BRITTANY	DUSTAN	TEMP	F	26	SF	2.03.31	0
135	9863	9020	CHARLES	SIMPSON	TEMP	M	26	SM	2.04.19	0
136	2410	8910	LETA	OLIVIER	TEMP	F	35	35-39F	2.04.25	0
137	9771	510	GIDEON	VAN ZYL	RUN4C	M	43	40-44M	2.04.36	1
138	2315	2377	CHRISTINE	VAN DER BERG	JBAY	F	61	60-64F	2.05.12	2
139	9838		CARLA	HUYSAMEN	TEMP	F	29	SF	2.05.15	0
140	2028	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	2.05.26	1
141	2263	1219	MELANIE	CHRISTIE	ELITEAC	F	41	40-44F	2.05.43	1
142	2026	2704	YOLANDA	DUGMORE	VITALITY	F	52	50-54F	2.05.52	1
143	2081	6576	PHUNYEZWA	NDEVU	SABC	F	59	55-59F	2.06.06	0
144	2100	625	YOLANDA	SIDWABA	ASPEN	F	34	SF	2.06.07	1
145	2173	1006	BRUCE	GIE	BODYCON	M	52	50-54M	2.06.16	1
146	2274	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	28	SM	2.06.36	1
147	2204	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	2.06.36	1
148	9821	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	2.06.46	1
149	2342	8942	DEON	BOSHOFF	TEMP	M	65	65-69M	2.06.52	0
150	2022	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	2.06.54	1

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151	9816		CHRISTIAAN	MARAIS	TEMP	M	42	40-44M	2.07.08	0
152	9841	1623	SUSAN	ALCOCK	MADIBA	F	59	55-59F	2.07.09	1
153	9854	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	2.07.16	1
154	2395	8895	ANNALENE	MOOLMAN	TEMP	F	64	60-64F	2.07.22	0
155	2099	1291	ASHENDA	MAKONIE	VWAC	F	49	45-49F	2.07.34	1
156	2346	8846	CHANEL	BURGER	TEMP	F	24	SF	2.07.46	0
157	9777	2426	SUSAN	MEYER	JBAY	F	64	60-64F	2.08.04	1
158	9833	9901	LEANNE	VAN DER MERWE	TEMP	F	33	SF	2.08.17	0
159	2061	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39M	2.08.27	1
160	2085	2370	ELSABE	OWEN	JBAY	F	49	45-49F	2.08.38	1
161	2086	2371	MORNE	OWEN	JBAY	M	52	50-54M	2.08.38	1
162	2096	2096	ADEL	SCHLEBUSCH	JBAY	F	56	55-59F	2.08.39	1
163	2436	2036	LIZELLE	VAN DER MERWE	TEMP	F	44	40-44F	2.09.00	0
164	2317	2396	TANYA	VAN DER WESTHUIZEN	JBAY	F	42	40-44F	2.09.02	1
165	2029	2360	ILSE	FOURIE	JBAY	F	41	40-44F	2.09.02	1
166	2051	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	2.09.22	1
167	2042	51326	JOHANNES	JANSE VAN RENSBURG	NEDBSWD	M	43	40-44M	2.09.28	0
168	9829	1124	LIZ	PRINS	ACH	F	56	55-59F	2.09.57	1
169	2250	2250	IDELETTE	NEL	TEMP	F	27	SF	2.10.04	0
170	9780	9032	JOSEPH	GUNN	TEMP	M	51	50-54M	2.10.20	0
171	2393	8893	BRADLEY	MC DOUGALL	TEMP	M	46	45-49M	2.10.22	0
172	2411	8911	MARIHET	OOSTHUIZEN	TEMP	F	56	55-59F	2.10.24	0
173	2268	2424	JAN-HENDRI	SMIT	JBAY	M	37	35-39M	2.10.35	1
174	2353	8853	MIKYLA	DU PLESSIS	TEMP	F	22	SF	2.10.42	0
175	2017	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	2.10.54	1
176	2264	526	NIEKE	EBERSOHN	RUN4C	F	33	SF	2.10.55	1
177	9840		GERACO	PAULE	TEMP	M	24	SM	2.11.00	0
178	2058	1290	MARTIN	LEWIES	VWAC	M	51	50-54M	2.11.06	1
179	2354	8854	JEAN-MARI	DU PREEZ	TEMP	F	28	SF	2.11.08	0
180	2443	2043	SALWAH	VAN RHEEDE	TEMP	F	35	35-39F	2.11.09	0
181	2019	903	KESVAL	CHETTY	CHARLO	M	61	60-64M	2.11.10	1
182	2044	2022	JOLENE	JANSEN	CHARLO	F	39	35-39F	2.11.18	1
183	2176	1296	NOEL	MCMASTER	VWAC	M	59	55-59M	2.11.36	1
184	2056	1269	SIMON	LELAKA	VWAC	M	52	50-54M	2.11.50	1
185	9837	2294	SIDWELL	MATINYANE	VUKANI	M	60	60-64M	2.12.24	1
186	2006	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	2.12.31	1
187	2237	3133	MEGAN	CLOETE	32GI	F	28	SF	2.12.57	1
188	2394	8894	CHANTELLE	MEYER	TEMP	F	34	SF	2.13.23	0
189	2388	8888	KATHRYN	LUCK	TEMP	F	42	40-44F	2.13.50	0
190	2089	1853	KANGELANI	RHANGAYI	HOLLYWOO	M	50	50-54M	2.13.54	1
191	9864	1566	RUAN	WELGEMOED	DESPATCH	M	31	SM	2.13.58	1
192	2344	8944	ERIN	BROMLEY-GANS	TEMP	F	38	35-39F	2.14.00	0
193	2446	2046	KATE	VENTER	TEMP	F	42	40-44F	2.14.01	0
194	2433	2033	JAMES	SUTTON	TEMP	M	22	SM	2.14.34	0
195	2347	8847	JESSICA	CLARKE	TEMP	F	20	SF	2.14.34	0
196	2450	1439	MARISSA	BLACK	NEDBANK	F	47	45-49F	2.14.39	1
197	2174	1402	RENE	HATTINGH	NEDBANK	F	47	45-49F	2.14.39	1
198	2313	3116	MTHOBELI	TULUMANI	STFRAN	M	32	SM	2.15.06	1
199	2432	2032	GERARD	SUTTON	TEMP	M	55	55-59M	2.15.19	0
200	2397	8897	KARLA	MOOLMAN	TEMP	F	33	SF	2.15.23	0

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201	2357	8857	LIAM	FOUCHE	TEMP	M	23	SM	2.16.08	0
202	2415	8915	NICHOLAS	PRICE	TEMP	M	47	45-49M	2.16.53	0
203	2076	2642	TANITH	MORETON	MADIBAZ	F	20	SF	2.17.16	1
204	2372	8872	SHAUN	HOEKSTRA	TEMP	M	25	SM	2.17.16	0
205	2246	2246	BRAD	DUBBELMAN	TEMP	M	40	40-44M	2.18.03	0
206	2359	8859	ROBYN	FURSTENBURG	TEMP	F	31	SF	2.18.05	0
207	2390	8890	ANDILE	MANZI	TEMP	M	41	40-44M	2.18.19	0
208	2404	8904	ROBYN	MYBURGH	TEMP	F	64	60-64F	2.18.19	0
209	2383	8883	SANDY	KINGWILL	TEMP	F	56	55-59F	2.18.25	0
210	2087	996	PAULA	PEARCE	CHARLO	F	57	55-59F	2.18.34	1
211	2334	8934	CANDICE	AMBLER	TEMP	F	39	35-39F	2.18.40	0
212	2402	8902	LISKA	MULLER	TEMP	F	42	40-44F	2.18.41	0
213	2360	8860	HERMAN	GERS	TEMP	M	33	SM	2.18.48	0
214	2424	8924	SOPHIE	SAUNDERS	TEMP	F	25	SF	2.18.54	0
215	9811	525	WESSEL	EBERSOHN	RUN4C	M	36	35-39M	2.19.00	1
216	2318	515	Leruchka	Van Huyssteen	RUN4C	F	31	SF	2.19.16	1
217	2319	487	RIAAN	VAN HUYSTEEN	RUN4C	M	31	SM	2.19.16	1
218	2014	50727	JUANITA	BRINK	KIMBH	F	47	45-49F	2.19.34	0
219	2032	1635	DORIS	GERBER	MADIBA	F	54	50-54F	2.19.35	1
220	2439	2039	ANEL	VAN NIEKERK	TEMP	F	32	SF	2.19.55	0
221	2408	8908	AIMEE	NEWMAN	TEMP	F	31	SF	2.19.59	0
222	2366	8866	MARC	HANEKOM	TEMP	M	47	45-49M	2.20.59	0
223	2398	8898	JULIUS	MOTSHOPHI	TEMP	M	63	60-64M	2.21.11	0
224	2064	28	ANNEMARIE	MATTHEUS	PEAAC	F	53	50-54F	2.21.22	1
225	2365	8865	JOHAN	HAMMAN	TEMP	M	49	45-49M	2.21.33	0
226	9830	1102	KEN	BARWOOD	ACH	M	70	70+M	2.21.48	1
227	9786	9041	KELLY	SAINT	TEMP	F	43	40-44F	2.22.32	0
228	2341	8941	CAROLINE	BOSHOF	TEMP	F	60	60-64F	2.22.56	0
229	2321	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	2.23.08	1
230	2323	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	2.23.08	1
231	2381	8881	KELLY	KINGWILL	TEMP	F	26	SF	2.23.15	0
232	2069	2662	ADELE	LE ROUX	VITALITY	F	49	45-49F	2.23.19	1
233	2435	2035	ADELE	VAN DE VENTER	TEMP	F	57	55-59F	2.23.20	0
234	2330	50830	DAVID	WINGFIELD	SH	M	56	55-59M	2.23.20	0
235	9846	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	2.24.09	1
236	2430	8930	TONY	SOUTHERN	TEMP	M	52	50-54M	2.24.42	0
237	2010	763	CORNE	BOOYENS	CRUSADE	M	23	SM	2.24.44	1
238	9808	9808	LANDI	VAN ROOYEN	TEMP	F	36	35-39F	2.24.45	0
239	2175	2467	Xhanti	Mantshiyo	ABSAEP	M	58	55-59M	2.25.01	1
240	9834	966	KEANO	HITZEROTH	CHARLO	M	25	SM	2.25.26	1
241	9832	889	PETER	POHLMANN	CHARLO	M	62	60-64M	2.25.27	1
242	2027	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	2.25.39	1
243	2413	8913	JUANNE	PRETORIUS	TEMP	F	33	SF	2.25.46	0
244	2418	8918	DEEJEE	PUTTER	TEMP	M	31	SM	2.25.46	0
245	2384	8884	ETIENNE	KOOPMAN	TEMP	M	47	45-49M	2.25.50	0
246	2322	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	2.26.25	1
247	2046	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	2.26.26	1
248	9828		GARRETH	EVANS	TEMP	M	41	40-44M	2.26.36	0
249	2049	2357	SYBRAND	KIRSTEN	JBAY	M	56	55-59M	2.26.36	1
250	2091	1160	Johan	Rossouw	JBAY	M	57	55-59M	2.26.39	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
251	2207	1119	TREMAINE	WESSON	ACH	M	65	65-69M	2.26.41	1
252	2266	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	2.27.03	1
253	2392	8892	KAYLEE	MARX	TEMP	F	29	SF	2.27.15	0
254	2030	1889	MARK	FOWLER	STFRAN	M	59	55-59M	2.27.59	1
255	9815	959	JOHAN	GERBER	CHARLO	M	46	45-49M	2.28.05	1
256	2399	8899	FELIX	MUCHIKA	TEMP	M	73	70+M	2.28.50	0
257	2004	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	2.29.02	1
258	2016	2751	JEREMY	SCOTT	VWAC	M	54	50-54M	2.29.02	1
259	9844	9908	CHRISTIAAN	STROEBEL	TEMP	M	43	40-44M	2.29.08	0
260	2007	794	ROBYN	BIRD	32GI	F	53	50-54F	2.29.13	1
261	9843	707	MPUMELELO	NGWENYA	CRUSADE	M	35	35-39M	2.29.36	1
262	2080	48	COLLEEN	MOSES	SAPPE	F	50	50-54F	2.30.27	1
263	2045	1545	RUAN	JONKER	DESPATCH	M	26	SM	2.30.57	1
264	2050	1382	CHARMELL	KOOPMAN	NEDBANK	F	45	45-49F	2.31.07	1
265	9851	1759	LYDIA	OLIVER	GELVAN	F	57	55-59F	2.31.22	1
266	2385	8885	LILY	KRIGE	TEMP	F	17	JF	2.31.45	0
267	2350	8850	LIJU	DANIELKUTTY	TEMP	M	25	SM	2.32.06	0
268	2407	8907	DAKOTA	NEALE-SHUTTE	TEMP	F	23	SF	2.32.15	0
269	2305	15539	EMILIENNE	STAUD	ATC	F	42	40-44F	2.32.17	0
270	2340	8940	KATE	BERTRAND	TEMP	F	28	SF	2.32.25	0
271	2331	2429	JODI	WOLF	JBAY	F	33	SF	2.32.31	1
272	2021	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	2.32.39	1
273	2205	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	31	SF	2.32.39	1
274	2011	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	2.32.39	1
275	2377	8877	ALPESH	JEEWA	TEMP	M	33	SM	2.32.47	0
276	2373	8873	GARETH	HUBBARD	TEMP	M	42	40-44M	2.32.48	0
277	2332	8932	SHAN	ABERNETHY	TEMP	M	56	55-59M	2.32.59	0
278	2345	8945	HANNAH	BUCKSEY	TEMP	F	28	SF	2.33.11	0
279	2348	8848	DANÉ	COETZER	TEMP	F	23	SF	2.33.18	0
280	2437	2037	LISA	VAN DEVENTER	TEMP	F	25	SF	2.33.25	0
281	2199	43	BUYISWA	NGXONONO	SAPPE	F	48	45-49F	2.33.38	1
282	2018	6529	RODNEY	BUTTERS	BORN	M	63	60-64M	2.33.47	0
283	9785	9039	MARILEE	SCHOLTZ	VITALITY	F	28	SF	2.34.03	1
284	2356	8856	CAILYN	ELLIS	TEMP	F	24	SF	2.35.31	0
285	2057	1142	JOLENE	LERM	CHARLO	F	42	40-44F	2.35.53	1
286	2320	50891	YOLANDE	VAN ROOYEN	CAPEMS	F	57	55-59F	2.35.53	0
287	2068	1141	LAUREN	MCKAY	CHARLO	F	44	40-44F	2.35.53	1
288	2326	50892	DIANNE	WEATHERALL	CAPEMS	F	51	50-54F	2.35.54	0
289	9805	9805	ZANIEL	RICHARDS	TEMP	M	36	35-39M	2.36.21	0
290	2409	8909	MARTINE	ODENDAL	TEMP	F	23	SF	2.37.10	0
291	2400	8900	BENSON	MUDIWA	TEMP	M	37	35-39M	2.37.20	0
292	9782	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	40	40-44F	2.38.11	1
293	2371	8871	KAYLEIGH	HILL	TEMP	F	24	SF	2.38.42	0
294	2040	15071	JADE	HOGGONS	RUNZONE	F	36	35-39F	2.39.05	0
295	2043	3004	Elsa	Jansen	JBAY	F	38	35-39F	2.39.29	1
296	2062	2368	ERNST	MARAIS	JBAY	M	76	70+M	2.39.39	1
297	2442	2042	CHRIS	VAN RENSBURG	TEMP	M	52	50-54M	2.40.17	0
298	2077	2026	RAKGWADI	MORITI	CRUSADE	M	36	35-39M	2.40.22	1
299	2311	2600	ROCHELLE	THORNE	MADIBAZ	F	55	55-59F	2.40.59	1
300	2440	2040	HELEN	VAN NIEKERK	TEMP	F	45	45-49F	2.43.01	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
301	2009	795	Pamela	Black	32GI	F	52	50-54F	2.43.01	1
302	2249	2249	MARC	MARSHALL	TEMP	M	36	35-39M	2.43.10	0
303	2298	2298	SIVIWE	NKAYI	TEMP	M	33	SM	2.43.17	0
304	2428	8928	DON	SIDDALL	TEMP	M	41	40-44M	2.43.18	0
305	2358	8858	KYLE	FREESTONE	TEMP	M	36	35-39M	2.43.18	0
306	2281	2281	MARIZA	MARSHALL	TEMP	F	35	35-39F	2.43.18	0
307	2307	2419	Petrus	Steenkamp	JBAY	M	63	60-64M	2.43.21	1
308	2306	2420	Karen	Steenkamp	JBAY	F	58	55-59F	2.43.22	1
309	9784	9038	LIEZL	JOUBERT	TEMP	F	30	SF	2.44.25	0
310	9775	1884	SAMANTHA	CANTER	STFRAN	F	55	55-59F	2.45.37	1
311	2252	2252	MARINDA	POTGIETER	TEMP	F	47	45-49F	2.45.59	0
312	2254	2254	KOOS	VAN WYK	TEMP	M	52	50-54M	2.46.00	0
313	2405	8905	SAVANA	NADLER	TEMP	F	27	SF	2.46.04	0
314	2316	1629	ARINDA	VAN DER LINDE	MADIBA	F	35	35-39F	2.46.37	1
315	2024	2212	ZIMKITHA	DAYI-SIBANGELE	SIBALEKA	F	40	40-44F	2.46.50	1
316	2368	8868	JACQUELINE	HAY	TEMP	F	60	60-64F	2.47.11	0
317	2094	1895	WARWICK	SAUER	STFRAN	M	62	60-64M	2.48.25	1
318	2093	1894	JACQUI	SAUER	STFRAN	F	53	50-54F	2.48.27	1
319	2302	287	YOLANDI	SMALBERGER	MUIRITE	F	45	45-49F	2.49.34	1
320	9819	2032	CARLIE	NEL	MUIRITE	F	31	SF	2.49.34	1
321	2308	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	2.49.49	1
322	2031	1891	PAULA	FOWLER	STFRAN	F	57	55-59F	2.50.15	1
323	9787	2374	LETTIE	RACHMAN	JBAY	F	58	55-59F	2.51.06	1
324	2098	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	2.53.52	1
325	2092	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	2.53.53	1
326	2015	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	2.53.54	1
327	2035	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	2.55.51	1
328	2312	1634	TANIA	TRUTER	MADIBA	F	53	50-54F	2.55.51	1
329	2301	2486	SIMANGELE	SKOSANA	ABSAEP	F	45	45-49F	2.55.52	1
330	2070	2201	NOCawe	MDAZUKA	SIBALEKA	F	41	40-44F	2.58.00	1
331	9845	9909	AJAANI	NAVIEDE	TEMP	M	19	JM	3.05.13	0
332	2248	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	3.06.37	1
333	2386	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	3.06.37	1
334	2325	1186	JOHANI	VERMEULEN	ELITEAC	F	48	45-49F	3.14.15	1
335	2012	1190	CRAIG	BRADLEY	ELITEAC	M	43	40-44M	3.14.15	1
336	9822	9049	JUAN	DE WELZIM	TEMP	F	63	60-64F	3.25.27	0
337	2445	2045	JULIAN	VAN TONDER	TEMP	M	54	50-54M	3.25.28	0
338	2036	2676	BANDILE	GWAMANDA	VITALITY	M	55	55-59M	3.26.55	1