

GAMTOOS 10KM - PATENSIE - 2025/09/06										
POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1277	357	SINAWO	POTI	IKHAMVA	M	23	SM	0.31.09	1
2	1278	1462	RODNEY	PRINS	NEDBANK	M	36	35-39M	0.33.46	1
3	1083	1999	JENIEL	ZANA	RUN4C	M	30	SM	0.33.58	1
4	1244	374	HOPEWELL	JABAVU	IKHAMVA	M	41	40-44M	0.34.07	1
5	1114	1942	GEORGE	NTSHILIZA	SIBALEKA	M	45	45-49M	0.34.34	1
6	1270	360	NTSIKA	NTAMO	IKHAMVA	M	22	SM	0.35.04	1
7	1259	40671	ICHUMILE	MACHAKA	SCHOOL	M	16	JM	0.35.35	1
8	1207	1242	GCOBANI	BEKWAPHI	ELITEAC	M	46	45-49M	0.35.46	1
9	1118	1931	SIYANDA	PETER	BLUEBAY	M	36	35-39M	0.36.04	1
10	1240	378	SIYABONGA	HONNI	IKHAMVA	M	41	40-44M	0.36.42	1
11	1117	8993	EVAN	BAARTMAN	TEMP	M	16	JM	0.42.28	0
12	1179	1179	NEVAN	SPEELMAN	TEMP	M	17	JM	0.42.29	0
13	1264	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	0.42.40	1
14	1006	7006	LANDRÉ	BOTES	TEMP	M	20	JM	0.43.06	0
15	1343	2640	BASHEER	ENSAL	MADIBAZ	M	22	SM	0.44.00	1
16	1286	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	0.44.10	1
17	1199	8991	RALTEN	WITBOOI	TEMP	M	24	SM	0.44.14	0
18	1080	40076	KYLIE	VERMAAK	ELITEAC	F	18	JF	0.44.25	1
19	1267	40469	MIKULE	NEL	GELVAN	M	18	JM	0.45.48	1
20	1116	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	0.46.46	1
21	1957	7354	ROMEO	BONIN	TEMP	M	27	SM	0.47.38	0
22	1101	40486	SESETHU	MFIKILE	SCHOOL	F	17	JF	0.47.48	1
23	1043	7043	GRANT	HANDLEY	TEMP	M	48	45-49M	0.47.55	0
24	1248	40563	Ruben	Keyser	SCHOOL	M	14	JM	0.48.01	1
25	1150	1150	CHERI	VAN ASWEGEN	TEMP	F	34	SF	0.48.36	0
26	1229	40668	JOHAN	DYER	SCHOOL	M	17	JM	0.48.48	1
27	1187	1212	BURNITA	STRYDOM	RUN4C	F	57	55-59F	0.49.10	1
28	1271	1419	EAMON	OERSON	NEDBANK	M	40	40-44M	0.49.19	1
29	1081	495	DEWALD	VERMEULEN	RUN4C	M	53	50-54M	0.49.52	1
30	1225	40355	Johannes	De Wet	JBAY	M	16	JM	0.50.19	1
31	1115	3094	QAMANI	BAM	TEMP	M	17	JM	0.50.24	0
32	1182	1182	MARCHAEL	ABRAHAMS	TEMP	M	21	SM	0.50.37	0
33	1181	1181	ETHAN	MALGAS	TEMP	M	18	JM	0.51.20	0
34	1228	2926	HILTON	DOUGLAS	JBAY	M	54	50-54M	0.51.32	1
35	1272	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	61	60-64F	0.51.39	1
36	1058	7058	ZIRK	KEMP	TEMP	M	44	40-44M	0.51.51	0
37	1121	1121	MARK	OOSTHUIZEN	TEMP	M	61	60-64M	0.52.39	0
38	1172	8972	ANGELA	ACKERMANN	TEMP	F	46	45-49F	0.52.39	0
39	1200	706	STEPHEN	MCCARTHY	CRUSADE	M	64	60-64M	0.53.04	1
40	1148	1148	ERICH	UNGERER	TEMP	M	30	SM	0.53.55	0
41	1072	7072	CAYDON	MINNIE	TEMP	M	14	JM	0.54.09	0
42	1038	7038	ANTON	FERREIRA	TEMP	M	59	55-59M	0.54.14	0
43	1284	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	65	65-69F	0.54.20	1
44	1214	2395	MARIANA	BORNMAN	JBAY	F	70	70+F	0.54.24	1
45	1242	1531	NEIL	INGRAM	DESPATCH	M	38	35-39M	0.54.36	1
46	1234	40667	JUSTIN	HANCOX	SCHOOL	M	15	JM	0.54.36	1
47	1053	7053	JEAN	JANSEN	TEMP	M	30	SM	0.54.52	0
48	1176	8976	ANDRE	ESTERHUYSE	TEMP	M	40	40-44M	0.54.59	0
49	1028	7028	MANIE	VAN DER MERWE	TEMP	M	56	55-59M	0.55.13	0
50	1281	120	TYRA	ROOZENDAAL	VARSIITY	F	23	SF	0.55.26	1
51	1339	1509	ATTIE	JOOSTE	NEDBANK	M	46	45-49M	0.55.57	1
52	1217	1111	GRAHAM	CHANNON	ACH	M	76	70+M	0.56.07	1
53	1098	1191	ELIZE	ADAMS	ELITEAC	F	50	50-54F	0.56.19	1
54	1032	7032	NIKKI	DU TOIT	TEMP	F	22	SF	0.56.31	0
55	1017	7017	DANIEL	BUTLER	TEMP	M	22	SM	0.56.32	0

56	1211	40377	Renel	Billson	JBAY	F	15	JF	0.56.50	1
57	1039	7039	JOLENE	FERREIRA	TEMP	F	32	SF	0.56.52	0
58	1046	7046	ANNA	HEYDENRYCH	TEMP	F	42	40-44F	0.57.00	0
59	1256	1290	MARTIN	LEWIES	VWAC	M	51	50-54M	0.57.03	1
60	1975	7352	WAYNE	BARTLETT	TEMP	M	65	65-69M	0.57.44	0
61	1261	800	JONATHAN	MANDELL	32GI	M	61	60-64M	0.57.51	1
62	1236	798	JUSTYN	HARRISON	32GI	M	48	45-49M	0.57.52	1
63	1099	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.57.57	1
64	1084	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.57.59	1
65	1184	1184	FRANCKE	WIJNANS	TEMP	F	35	35-39F	0.58.04	0
66	1111	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	67	65-69M	0.58.17	1
67	1273	2678	TRACY	PAGE	VITALITY	F	48	45-49F	0.58.22	1
68	1138	1138	MORNE	SLABBERT	TEMP	M	36	35-39M	0.58.52	0
69	1065	7065	BERNARD	MAREE	TEMP	M	34	SM	0.59.04	0
70	1262	1543	SARETHA	MARAIS	DESPATCH	F	40	40-44F	0.59.20	1
71	1205	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	0.59.23	1
72	1097	1512	DEON	ENGELBRECHT	NEDBANK	M	57	55-59M	0.59.29	1
73	1185	8985	CARA-LU	DU PLESSIS	TEMP	F	36	35-39F	0.59.39	0
74	1070	7070	BRADLEY	MC DOUGALL	TEMP	M	46	45-49M	0.59.43	0
75	1107	1940	JACKI	LYLE	BLUEBAY	F	44	40-44F	0.59.47	1
76	1154	8954	MAURICE	VAN NIEKERK	TEMP	M	43	40-44M	0.59.48	0
77	1213	2350	CHRISTELLE	BLUME	JBAY	F	57	55-59F	0.59.56	1
78	1230	2359	LIEZL	FERREIRA	JBAY	F	42	40-44F	1.00.00	1
79	1143	1143	FERN	SWALES	TEMP	F	54	50-54F	1.00.27	0
80	1226	3076	Dewald	Deyzel	JBAY	M	57	55-59M	1.00.32	1
81	1245	1603	RONNIE	JONKER	DESPATCH	M	55	55-59M	1.00.36	1
82	1235	799	ALLISON	HARRISON	32GI	F	42	40-44F	1.00.43	1
83	1221	849	LUCILLE	COCK	32GI	F	42	40-44F	1.00.43	1
84	1254	850	PAIGE	LEE	32GI	F	59	55-59F	1.00.44	1
85	1218	1219	MELANIE	CHRISTIE	ELITEAC	F	41	40-44F	1.00.58	1
86	1042	7042	FRIKKIE	GRUNDLINGH	TEMP	M	31	SM	1.01.01	0
87	1255	40103	Kieran	Lewies	VWAC	M	15	JM	1.01.30	1
88	1238	2382	Donnay	Hayes	JBAY	F	43	40-44F	1.01.44	1
89	1082	40202	MALIKA	VOS	32GI	F	15	JF	1.01.49	1
90	1093	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	1.01.53	1
91	1064	7064	AME	MARAIS	TEMP	F	29	SF	1.02.11	0
92	1009	7009	DONNÉ	BOTHA	TEMP	F	27	SF	1.02.12	0
93	1974	633	DAVID	NEL	ASPEN	M	38	35-39M	1.02.24	1
94	1024	7024	WINDREY	COUTTS	TEMP	M	39	35-39M	1.02.31	0
95	1239	2109	JOY DOMINIQUE	HILL	HEATAC	F	33	SF	1.02.34	1
96	1189	8989	HEINRICH	POTGIETER	TEMP	M	39	35-39M	1.02.38	0
97	1089	892	CHANTEL	HUYGEN	CHARLO	F	40	40-44F	1.02.44	1
98	1263	840	BRONWIN	MEYER	32GI	F	53	50-54F	1.03.10	1
99	1249	2366	SIMONE	KLEYN	JBAY	F	38	35-39F	1.03.22	1
100	1231	2805	CHARL	GERBER	RUN4C	M	61	60-64M	1.03.25	1
101	1134	1134	LUZAAN	SCOTT	TEMP	F	41	40-44F	1.03.41	0
102	1294	2036	ANDRE	VAN DER BANK	MUIRITE	M	53	50-54M	1.04.06	1
103	1287	1074	FRANCOIS	SMIT	ACH	M	65	65-69M	1.04.32	1
104	1078	7078	SEAN	NEL	TEMP	M	40	40-44M	1.04.33	0
105	1275	1094	MARIETJIE	PIETERSEN	ACH	F	68	65-69F	1.04.47	1
106	1144	1144	JENIPHER	TAUNTON	TEMP	F	34	SF	1.04.54	0
107	1203	2348	LIESEL	BADENHORST	JBAY	F	51	50-54F	1.05.02	1
108	1183	1183	ROB	WIJNANS	TEMP	M	47	45-49M	1.05.02	0
109	1060	7060	JD	CILLIE	TEMP	M	28	SM	1.05.03	0
110	1119	1119	JJ	ENGELBRECHT	TEMP	M	36	35-39M	1.05.03	0
111	1056	7056	SELOME	JORDAAN	TEMP	F	43	40-44F	1.05.36	0
112	1015	7015	LISA	BUHR	TEMP	F	48	45-49F	1.05.48	0

113	1048	7048	BERNADETTE	HOLMES	TEMP	F	54	50-54F	1.05.48	0
114	1008	7008	CHARL	BOTHA	TEMP	M	32	SM	1.05.49	0
115	1292	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	1.05.51	1
116	1086	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.05.52	1
117	1216	2921	Kenny	Brown	JBAY	M	74	70+M	1.06.12	1
118	1153	8953	ANDRE	VAN NIEKERK	TEMP	M	54	50-54M	1.06.37	0
119	1147	1147	WADE	TULLEKEN	TEMP	M	24	SM	1.06.51	0
120	1016	7016	CHARMAINE	BURGER	TEMP	F	24	SF	1.07.15	0
121	1289	827	TAMMY	SOUTHBY	32GI	F	51	50-54F	1.07.19	1
122	1198	7351	HANNAH	WOOD	TEMP	F	44	40-44F	1.07.30	0
123	1202	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	62	60-64M	1.07.38	1
124	1169	8969	AIDAN	WOLMARANS	TEMP	F	26	SF	1.07.58	0
125	1186	3033	PACHE	ORANJE	JBAY	F	33	SF	1.08.12	1
126	1027	7027	EVAN	DAVIES	TEMP	M	24	SM	1.08.12	0
127	1212	2175	Rulien	Blignaut	CHARLO	F	24	SF	1.08.12	1
128	1061	7061	NEIL	LATEGAN	TEMP	M	18	JM	1.08.14	0
129	1092	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.08.28	1
130	1120	1120	RENEE	OLIVIER	TEMP	F	57	55-59F	1.08.44	0
131	1068	7068	NADIA	MARITZ	TEMP	F	44	40-44F	1.08.51	0
132	1067	7067	FRANCOIS	MARITZ	TEMP	M	44	40-44M	1.08.55	0
133	1109	8987	MIRIELE	VERMAAK	TEMP	F	39	35-39F	1.08.59	0
134	1192	2410	MARIANA	BOTHA	TEMP	F	39	35-39F	1.09.47	0
135	1005	7005	JENNA	BIDDULPH	TEMP	F	20	SF	1.10.05	0
136	1018	7018	LUKE	BUTLER	TEMP	M	25	SM	1.10.06	0
137	1299	40107	MINIQUE	VAN TONDER	DESPATCH	F	19	JF	1.10.09	1
138	1173	1173	ANDIE	WELGEMOED	TEMP	F	25	SF	1.10.19	0
139	1174	8974	KARLIEN	STRYDOM	TEMP	F	28	SF	1.10.22	0
141	1040	7040	JILLIAN	GREEN	TEMP	F	43	40-44F	1.10.41	0
142	1167	8967	LIESEL	WILLIAMS	TEMP	F	39	35-39F	1.10.42	0
143	1251	40106	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.10.52	1
144	1282	1791	ISABELLA	ROUX	VARSIITY	F	19	JF	1.10.55	1
145	1137	1137	LIZMA	SLABBERT	TEMP	F	27	SF	1.10.55	0
146	1062	7062	MSINDISI	MHLONGO	TEMP	F	27	SF	1.11.10	0
147	1122	1122	IMRAAN	PARUK	TEMP	M	46	45-49M	1.11.18	0
148	1170	8970	WILBUR	WRIGHT	TEMP	M	49	45-49M	1.11.26	0
149	1012	7012	JANELLE	BRITS	TEMP	F	30	SF	1.11.37	0
150	1013	7013	WALDO	BRITS	TEMP	M	36	35-39M	1.11.37	0
151	1059	7059	SUSANNA	KRUGER	TEMP	F	39	35-39F	1.11.48	0
152	1103	2042	OLIVER	NEWLAND-NELL	ACH	M	20	JM	1.12.13	1
153	1175	8975	BRENDA	NEWLAND-NELL	TEMP	F	46	45-49F	1.12.32	0
154	1164	8964	BIANCA	WELGEMOED	TEMP	F	47	45-49F	1.12.38	0
155	1190	8990	SIOBHIAN	DU TOIT	TEMP	F	35	35-39F	1.13.04	0
156	1087	2164	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.13.28	1
157	1088	2165	DION	GRIESEL	CHARLO	M	57	55-59M	1.13.29	1
158	1045	7045	ROXANNE	HECHTER	TEMP	F	40	40-44F	1.13.33	0
159	1029	7029	RENE	DU PLESSIS	TEMP	F	42	40-44F	1.13.34	0
160	1030	7030	SHELDON	DU PLESSIS	TEMP	M	50	50-54M	1.13.37	0
161	1224	744	KAREN	CUNNINGHAM	CRUSADE	F	63	60-64F	1.13.58	1
162	1276	2373	NADIA	PETERSEN	JBAY	F	68	65-69F	1.14.11	1
163	1077	7077	RENMARE	NEL	TEMP	F	30	SF	1.14.24	0
164	1171	8971	CHRISTO	ZEELIE	TEMP	M	30	SM	1.14.25	0
165	1094	41	TINA	DERBYSHIRE	SAPPE	F	71	70+F	1.14.28	1
166	1188	8988	FRANSA	STRESO	TEMP	F	31	SF	1.14.32	0
167	1004	7004	JUANITA	BELLINGAN	TEMP	F	32	SF	1.14.35	0
168	1127	1127	JEAN	ROUX	TEMP	M	54	50-54M	1.15.11	0
169	1128	1128	TALITA	ROUX	TEMP	F	50	50-54F	1.15.11	0
170	1036	7036	KARISMA	ERASMUS	TEMP	F	30	SF	1.15.19	0

171	1227	3056	CHANDRE	DOUGLAS	JBAY	F	48	45-49F	1.15.26	1
172	1247	2416	KOBA	JOUBERT	JBAY	F	60	60-64F	1.15.26	1
173	1035	7035	IZAK	ERASMUS	TEMP	M	31	SM	1.15.29	0
174	1066	7066	HELOUISE	MAREE	TEMP	F	33	SF	1.16.04	0
175	1155	8955	CHRISTELLE	VAN SCHALKWYK	TEMP	F	40	40-44F	1.16.04	0
176	1197	1197	LETICIA	POTGIETER	TEMP	F	61	60-64F	1.16.04	0
177	1288	1706	BRUCE	SMITH	MADIBA	M	50	50-54M	1.16.08	1
178	1296	3105	PIA	VAN DER HOEK	CRUSADE	F	40	40-44F	1.16.17	1
179	1033	7033	ANTONIO	EDINBERRY	TEMP	M	50	50-54M	1.16.20	0
180	1340	1542	CELESTE	OOSTHUIZEN	RUN4C	F	34	SF	1.16.46	1
181	1243	1532	SIMONDA	INGRAM	DESPATCH	F	39	35-39F	1.16.46	1
182	1104	1306	GAVIN	KLINK	VWAC	M	52	50-54M	1.16.49	1
183	1156	8956	DEAN	VAN SCHALKWYK	TEMP	M	14	JM	1.16.56	0
184	1007	7007	AMY	BOTHA	TEMP	F	18	JF	1.16.57	0
185	1010	7010	MICHAELA	BOTHA	TEMP	F	20	JF	1.16.57	0
186	1085	923	EVA	CHETTY	CHARLO	F	57	55-59F	1.17.16	1
187	1149	1149	CAREL	VAN ASWEGEN	TEMP	M	37	35-39M	1.17.20	0
188	1102	669	Mohamed	Khadroui	GELVAN	M	27	SM	1.17.30	1
189	1054	7054	CAYLIN	JOOSTE	TEMP	F	24	SF	1.17.32	0
190	1022	7022	AMY	COETZEE	TEMP	F	19	JF	1.17.34	0
191	1162	8962	HERMAN	VOSLOO	TEMP	M	57	55-59M	1.17.42	0
192	1096	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	1.17.43	1
193	1208	316	Marie	Best	MUIRITE	F	63	60-64F	1.17.44	1
194	1014	7014	LILLY	BROWN	TEMP	F	66	65-69F	1.17.45	0
195	1233	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.17.46	1
196	1295	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.17.49	1
197	1168	8968	WILLIAM	WILLIAMS	TEMP	M	65	65-69M	1.17.50	0
198	1241	2364	VICTOR	HUGO	JBAY	M	65	65-69M	1.17.52	1
199	1209	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.17.55	1
200	1055	7055	CLEO	JORDAAN	TEMP	F	39	35-39F	1.17.55	0
201	1071	7071	ANGELIQUE	MINNIE	TEMP	F	48	45-49F	1.17.56	0
202	1253	52054	MERVYN	LEE	EDGE	M	70	70+M	1.17.57	0
203	1025	7025	BIANCA	CROUS	TEMP	F	21	SF	1.17.57	0
204	1023	7023	MIRANDA	COGGER	TEMP	F	48	45-49F	1.18.07	0
205	1125	1125	ROB	PRIDEAUX	TEMP	M	57	55-59M	1.18.08	0
206	1246	1423	SIMONE	JORDAAN	MUIRITE	F	45	45-49F	1.18.09	1
207	1166	8966	WELMA	WIEHAHN	TEMP	F	59	55-59F	1.18.23	0
208	1095	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.19.17	1
209	1191	3128	HASEENA	PETERSEN	TEMP	F	48	45-49F	1.19.25	0
210	1130	1130	VUYISILE	SAMBOKWE	TEMP	M	54	50-54M	1.19.26	0
211	1108	2400	GERHARD	VAN DER WESTHUIZEN	JBAY	M	50	50-54M	1.19.46	1
212	1057	7057	BEN	JOUBERT	TEMP	M	60	60-64M	1.19.58	0
213	1037	7037	CHRIS	FENWICK	TEMP	M	72	70+M	1.19.58	0
214	1003	7003	ELANORE	BEHRENS	TEMP	F	55	55-59F	1.20.02	0
215	1110	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.20.48	1
216	1112	464	SHARON	POTGIETER	WALMER	F	60	60-64F	1.20.54	1
217	1158	8958	CAITLYN	VENTER	TEMP	F	24	SF	1.21.34	0
218	1293	51493	ALUNGILE	TYWAKU	CHEETAH	F	33	SF	1.22.10	0
219	1257	747	GLYNNE	LLOYD	CRUSADE	M	66	65-69M	1.22.49	1
220	1136	1136	ANINE	SLABBERT	TEMP	F	16	JF	1.23.03	0
221	1165	8965	ROMEO	WHITEBOOI	TEMP	M	53	50-54M	1.23.10	0
222	1100	1117	GRAHAM	NELL	ACH	M	74	70+M	1.23.13	1
223	1260	1100	JODI	MALAN	ACH	F	40	40-44F	1.23.42	1
224	1237	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.23.47	1
225	1106	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	1.23.49	1
226	1019	7019	MICHAELA	BUTT	TEMP	F	25	SF	1.23.57	0
227	1279	494	KIM	PUTMAN	RUN4C	F	58	55-59F	1.25.09	1

228	1031	7031	NADIA	DU PREEZ	TEMP	F	40	40-44F	1.25.11	0
229	1126	1126	LIZANNE	RAUTENBACH	TEMP	F	42	40-44F	1.25.11	0
230	1266	2665	ERIN	MORTON	VITALITY	F	30	SF	1.25.19	1
231	1268	427	MPHO	NEMUKULA	JBAY	F	39	35-39F	1.25.25	1
232	1049	7049	SHANICE	HUMAN	TEMP	F	32	SF	1.25.46	0
233	1105	1122	BOB	STEDMAN	ACH	M	76	70+M	1.25.47	1
234	1274	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.25.48	1
235	1159	8959	DRIES	VERHOEF	TEMP	M	77	70+M	1.26.01	0
236	1113	7001	JENNA	FOURIE	TEMP	F	21	SF	1.26.03	0
237	1139	1139	CHANEL	SMAILES	TEMP	F	52	50-54F	1.26.42	0
238	1210	3035	RENE	BILLSON	JBAY	F	47	45-49F	1.26.50	1
239	1219	1606	FANIE	CLAASSEN	DESPATCH	M	67	65-69M	1.27.32	1
240	1020	7020	VERNA	CLAASSEN	TEMP	F	62	60-64F	1.27.33	0
241	1337	7356	VUYISEKA	MKHETHO	TEMP	F	31	SF	1.28.01	0
242	1145	1145	ELISE	TUBB	TEMP	F	65	65-69F	1.29.13	0
243	1047	7047	RUBY	HOLDSTOCK	TEMP	F	54	50-54F	1.29.16	0
244	1051	7051	ALNA	HUYSAMEN	TEMP	F	63	60-64F	1.29.22	0
245	1161	8961	ELNE	VOSLOO	TEMP	F	23	SF	1.29.28	0
246	1141	1141	BERNADETTE	STEMMET	TEMP	F	40	40-44F	1.29.51	0
247	1142	1142	TERENCE	STEMMET	TEMP	M	39	35-39M	1.29.53	0
248	1146	1146	WILLIAM	TUBB	TEMP	M	68	65-69M	1.30.10	0
249	1222	1707	ANDRE	COETZER	MADIBA	M	54	50-54M	1.30.10	1
250	1063	7063	YOLANDA	MAJOVA	TEMP	F	31	SF	1.30.16	0
251	1090	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	1.30.54	1
252	1074	7074	TIAAN	MULLER	TEMP	M	33	SM	1.31.27	0
253	1073	7073	CARLA	MULLER	TEMP	F	33	SF	1.31.28	0
254	1050	7050	TAMRYN	HUMAN	TEMP	F	30	SF	1.31.40	0
255	1201	3032	ZAKIYYAH	AJAM	MALABAR	F	37	35-39F	1.32.48	1
256	1091	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.34.28	1
257	1250	980	PETRUS	KOOPMAN	CHARLO	M	64	60-64M	1.34.28	1
258	1206	586	LISA	BEDFORD	RUN4C	F	50	50-54F	1.34.36	1
259	1152	8952	MERYLL	VAN DER MERWE	TEMP	F	61	60-64F	1.35.47	0
260	1163	8963	STELLA	VOSLOO	TEMP	F	55	55-59F	1.36.46	0
261	1290	2393	PETRO	STEENKAMP	JBAY	F	59	55-59F	1.37.04	1
262	1001	326	NEIL	GROBLER	MUIRITE	M	65	65-69M	1.37.26	1
263	1044	7044	ANA	HAY	TEMP	F	61	60-64F	1.41.55	0
264	1338	7357	MALERATO	MAHOB	TEMP	F	29	SF	1.46.03	0
265	1052	7052	JACQUELINE	JACOBS	TEMP	F	59	55-59F	1.46.12	0
266	1129	1129	ELMARIE	RUST	TEMP	F	56	55-59F	1.46.12	0
267	1341	745	KATHLEEN	FLANAGAN	CRUSADE	F	39	35-39F	1.49.38	0
268	1215	705	OCTAVIA	BOSHOF	CRUSADE	F	55	55-59F	1.49.38	0
269	1223	40445	Taye	Colesky	CRUSADE	M	17	JM	1.49.39	0
270	1232	1679	KENNETH	GREYLING	MADIBA	M	65	65-69M	2.07.35	0