

Gamtoos 21.1km - Patiensie - 2025/09/06										
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2	396	LITHEBE	MENZELELELI	IKHAMVA	M	26	SM	1.10.57	5
2	1	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	1.10.57	5
3	494	1376	GIFT	CHIGOMARAWA	MPOX	M	37	35-39M	1.12.28	0
4	3	358	MZWANELE	MAPHEKULA	IKHAMVA	M	49	45-49M	1.13.28	5
5	84	280	ANELE	KHALIPA	MUIRITE	M	36	35-39M	1.17.45	5
6	324	2000	RICK	SWEMMER	RUN4C	M	21	SM	1.17.50	5
7	7	40184	ASONGE	MTHANA	NEDBANK	M	18	JM	1.21.23	4
8	476	1503	LUVUYO	DYANI	NEDBANK	M	55	55-59M	1.22.47	5
9	12	1211	NOEL	ADAMS	ELITEAC	M	53	50-54M	1.23.42	5
10	478	8039	KARABO	NTABANYANE	TEMP	M	33	SM	1.24.39	0
11	211	931	ANDILE	NYOKA	CHARLO	M	52	50-54M	1.27.49	5
12	229	1480	AUGUST	ESAU	NEDBANK	M	54	50-54M	1.28.33	5
13	490	2001	JORDAN	FORTUIN	RUN4C	M	20	JM	1.28.37	3
14	5	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	1.30.00	5
15	493	1398	MUTEKILE	RASMENI	NEDBANK	M	60	60-64M	1.30.20	5
16	152	40282	NICK	SEPTEMBER	ATLANTIC	M	18	JM	1.30.40	3
17	481	50244	LINDILE	TOKOTA	NEDBSWD	M	57	55-59M	1.30.49	0
18	209	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	1.31.20	5
19	215	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	1.32.20	3
20	500	2435	JACQUES	LEANDER	JBAY	M	41	40-44M	1.32.28	3
21	11	2855	BADROEDEEN	ABRAHAMS	MALABAR	M	38	35-39M	1.33.31	2
22	81	2411	JOHNSTON	JUMBA	JBAY	M	51	50-54M	1.33.34	4
23	108	40085	ABBIE	MITCHELL	MADIBAZ	F	18	JF	1.33.51	3
24	4	1431	GIDEON	MENGO	NEDBANK	M	48	45-49M	1.34.26	3
25	488	15588	BUYISILE	NGESI	STDBANK	M	56	55-59M	1.35.25	0
26	20	8729	THEMBISO	BLAAUW	TV	M	53	50-54M	1.35.26	0
27	165	989	Brett	Steyn	CHARLO	M	50	50-54M	1.36.09	3
28	206	898	PATRIC	MAKWENKWE	CHARLO	M	59	55-59M	1.36.49	4
29	191	1081	KAITLYN	WOLFF	ACH	F	23	SF	1.37.14	3
30	192	1082	PAUL	WOLFF	ACH	M	57	55-59M	1.37.16	4
31	365	8365	BRAD	SAUNDERS	TEMP	M	62	60-64M	1.37.24	0
32	130	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	1.37.58	3
33	323	8323	LEA	JACOBS	TEMP	F	33	SF	1.38.04	0
34	110	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	1.38.26	3
35	358	8358	LISA	RETIEF	TEMP	F	23	SF	1.40.47	0
36	276	7976	JAMES	SUTTON	TEMP	M	22	SM	1.41.22	0
37	485	1873	BISHO	NOMBEWU	HOLLYWOO	M	59	55-59M	1.41.48	3
38	48	829	WYNAND	DU PREEZ	32GI	M	52	50-54M	1.42.29	2
39	300	7300	VIAN	FERREIRA	TEMP	M	26	SM	1.43.07	0
40	426	8235	CHIRIGA	TADIWA	TEMP	M	21	SM	1.43.11	0
41	207	952	CINDY	MARAIS	CHARLO	F	48	45-49F	1.43.11	3
42	330	8330	DAWID	KEYSER	TEMP	M	46	45-49M	1.43.18	0
43	216	875	MATTHEW	RODGERS	CHARLO	M	23	SM	1.43.21	2
44	482	1213	SEBASTIAN	KLEU	ELITEAC	M	49	45-49M	1.43.28	2
45	76	1441	MARTIN	JANSEN	NEDBANK	M	57	55-59M	1.44.45	3
46	68	1489	ANNEMIE	HOLTZHAUSEN	NEDBANK	F	39	35-39F	1.44.55	2
47	335	8335	KRISTEN	LAWSON	TEMP	F	32	SF	1.45.12	0
48	96	148	ABDUL	LILLAH	MALABAR	M	35	35-39M	1.45.22	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
49	495	2216	ZOLILE	QWEBANI	SIBALEKA	M	55	55-59M	1.45.25	3
50	370	8370	CHRISTOFF	SNYMAN	TEMP	M	31	SM	1.45.33	0
51	51	768	WILLIE	ELS	CRUSADE	M	49	45-49M	1.45.53	2
52	219	955	SIVUYILE	SCHEEPERS	CHARLO	M	32	SM	1.46.00	2
53	45	2189	ANTON	DU PREEZ	32GI	M	49	45-49M	1.46.29	2
54	120	2108	BERNICE	NEL	HEATAC	F	37	35-39F	1.46.55	2
55	391	1893	ELBE	STRYDOM	STFRAN	M	53	50-54M	1.47.04	2
56	146	731	GAVIN	ROGERS	CRUSADE	M	61	60-64M	1.47.51	3
57	69	1422	DEON	HOLTZHAUSEN	NEDBANK	M	40	40-44M	1.48.08	2
58	112	2082	SEITSHIRO	MOLEMI	SANDFEP	M	41	40-44M	1.48.20	2
59	473	3011	BILL	DAVIDS	MADIBAZ	M	55	55-59M	1.48.21	2
60	196	1143	HISHAAN	BHANA	CHARLO	M	29	SM	1.48.22	2
61	483	1561	GRANT	RUDMAN	RUN4C	M	47	45-49M	1.48.33	2
62	77	1762	ASHWELL	JONAS	GELVAN	M	52	50-54M	1.48.49	2
63	577	8040	CHAD	VAN RENSBURG	TEMP	M	25	SM	1.48.51	0
64	409	8041	KIAN	TERBLANCHE	TEMP	M	28	SM	1.48.51	0
65	142	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	1.48.52	2
66	512	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	1.49.03	1
67	164	1061	DEWALD	STEENKAMP	ACH	M	40	40-44M	1.49.08	2
68	138	1209	LIZE-ANN	RADEMEYER	ELITEAC	F	32	SF	1.49.12	2
69	86	1687	RUDI	KRIEL	MADIBA	M	35	35-39M	1.49.18	2
70	333	8333	AYDEN	LABUSCHAGNE	TEMP	M	26	SM	1.50.18	0
71	140	2375	TINEKE	RADEMEYER	JBAY	F	32	SF	1.50.35	2
72	239	888	RAHUL	BHANA	CHARLO	M	22	SM	1.50.36	1
73	186	1412	RAYMOND	WEITZ	NEDBANK	M	70	70+M	1.51.12	4
74	210	887	LYNNE	NEUBERT	CHARLO	F	53	50-54F	1.51.40	3
75	46	733	ALEX	DU TOIT	CRUSADE	M	60	60-64M	1.51.54	2
76	297	7997	JEAN-CLAUDE	DU TOIT	TEMP	M	35	35-39M	1.52.54	0
77	398	3098	DAVID	BOYD	TEMP	M	31	SM	1.54.04	0
78	75	2365	MICHAEL	JANSE VAN RENSBURG	JBAY	M	52	50-54M	1.54.26	2
79	472	40102	Owami	GWAMANDA	VWAC	M	16	JM	1.54.43	1
80	57	532	JUDY	GERBER	RUN4C	F	59	55-59F	1.54.43	3
81	344	8344	BYRON	MINNIE	TEMP	M	16	JM	1.55.10	0
82	231	1681	DEAN	FINLAY	MADIBA	M	59	55-59M	1.55.10	2
83	189	2995	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	1.55.13	2
84	361	8361	GRANT	ROSE	TEMP	M	42	40-44M	1.55.59	0
85	288	8288	CRYSTAL	DE WET	TEMP	F	33	SF	1.56.00	0
86	375	7975	JAMIE-LEE	TROMP	TEMP	F	28	SF	1.56.07	0
87	267	7967	DEWALD	BOTHA	TEMP	M	29	SM	1.56.08	0
88	390	8036	HENRI	VERMAAK	TEMP	M	32	SM	1.56.42	0
89	15	1043	DAVID	BAINS	XCEL	M	59	55-59M	1.56.46	2
90	275	3096	RACHEL	BARRY	TEMP	F	23	SF	1.56.58	0
91	159	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	1.56.59	1
92	290	8042	LINDSAY	STEELE	TEMP	F	32	SF	1.57.14	0
93	235	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	1.57.15	2
94	263	3063	NICHOLAS	BANGO	TEMP	M	38	35-39M	1.57.26	0
95	188	1369	CHRISTINE	WIENAND	NEDBANK	F	46	45-49F	1.57.40	2
96	371	8371	MEGAN	SNYMAN	TEMP	F	24	SF	1.57.49	0
97	347	8347	SIOBHAN	MOMBERG	TEMP	F	35	35-39F	1.57.57	0

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98	208	990	BRETT	MCLAREN	CHARLO	M	39	35-39M	1.58.06	1
99	194	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	1.58.13	1
100	56	2360	ILSE	FOURIE	JBAY	F	41	40-44F	1.59.04	1
101	198	891	DARRYL	CALVERT	CHARLO	M	50	50-54M	1.59.24	1
102	87	2528	Brooke	Kruger	MADIBAZ	F	22	SF	1.59.50	1
103	195	881	SHAUN	ATTENBOROUGH	CHARLO	M	56	55-59M	2.00.20	1
104	322	8322	RICARDO	JACKSON	TEMP	M	40	40-44M	2.00.20	0
105	117	2602	Doina	Naude	MADIBAZ	F	43	40-44F	2.00.55	1
106	151	518	NIENKE	SCHOLTZ	RUN4C	F	28	SF	2.01.35	1
107	92	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	2.01.36	2
108	363	8363	SEAN	ROSS	TEMP	M	34	SM	2.02.01	0
109	36	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	2.02.21	2
110	149	1975	KELVIN	SAMUEL	32GI	M	42	40-44M	2.02.24	1
111	177	1696	JANET	VAN NIEKERK	MADIBA	F	49	45-49F	2.02.49	1
112	318	8318	JOEL	HOOLE	TEMP	M	16	JM	2.02.53	0
113	346	8346	JOSEPH	MITCHELL	TEMP	M	19	JM	2.03.27	0
114	477	55	SIMCELILE	SITHEMBU	SAPPE	M	34	SM	2.03.30	1
115	241	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	28	SM	2.03.37	1
116	38	1088	PERCY	DALTON	ACH	M	77	70+M	2.04.11	2
117	218	900	JASON	SAUNDERS	CHARLO	M	46	45-49M	2.04.15	1
118	180	847	MADELEEN	VAN ZUYDAM	32GI	F	30	SF	2.04.25	1
119	13	1703	JAIME	ALCOCK	MADIBA	F	23	SF	2.04.27	1
120	67	2383	JOLENE	HEYNS	JBAY	F	33	SF	2.04.30	1
121	248	1785	JADE	FESTUS	GELVAN	M	35	35-39M	2.04.32	1
122	249	673	GREIG	NEWLAND-NELL	ACH	M	50	50-54M	2.04.39	1
123	581	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	44	40-44M	2.04.39	1
124	496	8038	ANDREW	PORTER	TEMP	M	53	50-54M	2.04.40	0
125	123	541	ULRICH	NIEUWOUDT	RUN4C	M	30	SM	2.04.41	1
126	109	1073	CONNOR	MITCHELL	ACH	M	21	SM	2.05.14	1
127	301	8234	MATTEO	HUNZIKER	TEMP	M	111	70+M	2.05.17	0
128	14	2347	ADRIAAN	BADENHORST	JBAY	M	55	55-59M	2.05.34	1
129	261	3061	GARETH	ANDERSON	TEMP	M	62	60-64M	2.06.22	0
130	111	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	2.06.37	1
131	397	3097	ERIKA	GOURLEY	TEMP	F	29	SF	2.06.43	0
132	384	8384	SONNEKE	VAN ROOYEN	TEMP	F	21	SF	2.06.46	0
133	170	2436	ROBERT	TUBB	JBAY	M	40	40-44M	2.06.54	1
134	214	2161	TYRELL	POLGLASE	CHARLO	M	42	40-44M	2.06.57	1
135	41	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	2.07.28	1
136	310	8310	DARREN	GEORGE	TEMP	M	41	40-44M	2.07.28	0
137	378	7978	DANZEL	VAN DER MERWE	TEMP	M	29	SM	2.07.43	0
138	329	8329	KERRI	KEET	TEMP	F	39	35-39F	2.08.28	0
139	340	8340	NATALIE	MELS	TEMP	F	31	SF	2.08.31	0
140	321	8321	CARLA	HUYSAMEN	TEMP	F	29	SF	2.08.33	0
141	265	3065	TANIA	BESSINGER	TEMP	F	48	45-49F	2.08.47	0
142	343	8343	MICHELLE	MEYER	TEMP	F	45	45-49F	2.08.53	0
143	213	889	PETER	POHLMANN	CHARLO	M	62	60-64M	2.08.55	1
144	292	8436	JUSTIN	TAPFUMANEYI	TEMP	M	62	60-64M	2.09.01	0
145	579	270	Abu Bakar	Khadroui	GELVAN	M	24	SM	2.09.13	1
146	273	8273	DARRYN	CAMPBELL	TEMP	M	41	40-44M	2.09.21	0

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147	88	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	2.09.32	1
148	389	8389	ANTON	VERWEY	TEMP	M	50	50-54M	2.09.35	0
149	18	3001	JUAN	GOOSEN	MUIRITE	M	24	SM	2.09.35	1
150	113	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	2.09.35	1
151	448	1597	EDVIN	DONLEY	DESPATCH	M	48	45-49M	2.09.37	1
152	299	7999	DANIEL	EMSLIE	TEMP	M	21	SM	2.09.43	0
153	124	1910	NOLUBABALO	NOFEMELE	JBAY	F	38	35-39F	2.09.57	1
154	147	2428	CHANEL	ROOD	JBAY	M	40	40-44M	2.10.10	1
155	139	1196	SHIRLEY	RADEMEYER	ELITEAC	F	29	SF	2.10.11	1
156	328	8328	VANESSA	JOUBERT	TEMP	F	47	45-49F	2.10.17	0
157	217	991	GREGORY	ROSS	CHARLO	M	52	50-54M	2.10.20	1
158	204	992	CYNTHIA	HEYNS	CHARLO	F	41	40-44F	2.10.20	1
159	499	1356	JEROME	MAY	NEDBANK	M	58	55-59M	2.10.35	1
160	30	505	ANDRIES	COETSEE	RUN4C	M	39	35-39M	2.11.07	1
161	350	8350	QUON	MUNRO	TEMP	M	28	SM	2.11.13	0
162	334	8334	KRISLIE	LATEGAN	TEMP	F	48	45-49F	2.11.54	0
163	372	8372	ROBIN	STEYN	TEMP	M	54	50-54M	2.12.21	0
164	27	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	2.12.50	1
165	243	12	MARIKE	VAN DER KOLF	PEAAC	F	34	SF	2.13.06	1
166	388	243	MART-MARIE	BOTHA	TEMP	F	34	SF	2.13.06	0
167	242	796	REBECCA	JORDAAN	32GI	F	34	SF	2.13.07	1
168	349	8349	SAMANTHA	MUKHEIBIR	TEMP	F	47	45-49F	2.13.20	0
169	34	3047	ROBERT	COLESKY	CRUSADE	M	62	60-64M	2.13.42	1
170	33	3045	Kyle	Colesky	CRUSADE	M	20	JM	2.13.42	1
171	62	1547	MADELEINE	GREYLING	DESPATCH	F	54	50-54F	2.13.46	1
172	174	2396	TANYA	VAN DER WESTHUIZEN	JBAY	F	42	40-44F	2.13.46	1
173	226	75	HESTER	DEKKER	SAPPE	F	53	50-54F	2.13.50	1
174	293	7993	RYAN	DODS	TEMP	M	31	SM	2.14.07	0
175	345	8345	GREGORY	MITCHELL	TEMP	M	44	40-44M	2.14.11	0
176	240	1630	JOE	SCHOEMAN	MADIBA	M	45	45-49M	2.14.15	1
177	492	1124	ELIZABETH	PRINS	ACH	F	56	55-59F	2.14.28	1
178	199	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	2.14.31	1
179	205	966	KEANO	HITZEROTH	CHARLO	M	25	SM	2.14.59	1
180	197	967	MIKE	BURGER	CHARLO	M	66	65-69M	2.15.00	1
181	274	7974	ALAN	RYAN	TEMP	M	58	55-59M	2.15.04	0
182	223	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	2.15.23	1
183	342	8342	MARYNA	MEYER	TEMP	F	54	50-54F	2.15.58	0
184	382	8384	MARLIZE	VAN NIEKERK	TEMP	F	47	45-49F	2.16.13	0
185	150	514	MONTE	SCHOLTZ	RUN4C	M	64	60-64M	2.16.51	1
186	173	284	ESTELLE	VAN DER MERWE	MUIRITE	F	59	55-59F	2.17.00	1
187	89	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	2.17.23	1
188	90	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	42	40-44M	2.17.23	1
189	125	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	2.17.24	1
190	498	1564	LEON	WEITSZ	DESPATCH	M	51	50-54M	2.17.26	1
191	23	1588	JACQUES	BOTHA	DESPATCH	M	51	50-54M	2.17.28	1
192	395	3095	GERARD	SUTTON	TEMP	M	55	55-59M	2.17.36	0
193	337	8337	SAMUEL	LOPPNOW	TEMP	M	24	SM	2.17.56	0
194	85	2357	SYBRAND	KIRSTEN	JBAY	M	56	55-59M	2.18.05	1
195	114	2642	TANITH	MORETON	MADIBAZ	F	20	SF	2.18.24	1

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196	316	8316	SHAUN	HOEKSTRA	TEMP	M	25	SM	2.18.24	0
197	83	513	ROZETTA	KEMP	RUN4C	F	71	70+F	2.18.25	1
198	40	2355	MARISKA	de Wet	JBAY	F	42	40-44F	2.18.31	1
199	244	11	THOMAS	VAN DER KOLF	PEAAC	M	35	35-39M	2.18.41	1
200	145	727	ANGELA	ROGERS	CRUSADE	F	56	55-59F	2.19.00	1
201	224	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	2.19.00	1
202	171	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	2.19.00	1
203	49	2785	Zenita	Durrheim	ASPEN	F	46	45-49F	2.19.01	1
204	93	2195	TERENCE	LANTZ	ASPEN	M	45	45-49M	2.19.02	1
205	356	8356	CHRIS	PIETERSE	TEMP	M	51	50-54M	2.19.10	0
206	66	25925	PALESA	HEADBUSH	CCJHB	F	47	45-49F	2.19.13	0
207	65	24408	MARK	HEADBUSH	CCJHB	M	80	70+M	2.19.14	0
208	126	2370	ELSABE	OWEN	JBAY	F	49	45-49F	2.19.31	1
209	127	2371	MORNE	OWEN	JBAY	M	52	50-54M	2.19.31	1
210	266	3066	WALDO	BOSHOFF	TEMP	M	36	35-39M	2.19.34	0
211	181	1085	ANDRE	VILJOEN	ACH	M	70	70+M	2.19.35	1
212	283	8283	MARYNA	DE BRUYN	TEMP	F	33	SF	2.19.36	0
213	578	2413	OSWARD	DZINAMARIRA	TEMP	M	48	45-49M	2.19.39	0
214	487	1592	BENNIE	THYSSE	DESPATCH	M	68	65-69M	2.20.07	1
215	320	8320	BEVERLEY	HUTTON	TEMP	F	42	40-44F	2.20.33	0
216	281	8281	PADDY	CLOETE	TEMP	F	53	50-54F	2.20.42	0
217	168	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	2.21.06	1
218	580	2321	LUVUYO	SIWUNDLA	VUKANI	M	45	45-49M	2.21.21	1
219	178	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	2.21.22	1
220	72	628	CT	JACOBS	ASPEN	M	41	40-44M	2.22.05	1
221	121	615	KATHERINE	NEL	ASPEN	F	35	35-39F	2.22.05	1
222	55	634	JO-ANNE	FORSON	ASPEN	F	37	35-39F	2.22.05	1
223	61	637	MARK	GODDARD	ASPEN	M	29	SM	2.22.06	1
224	291	8500	AMEER	ENSAL	TEMP	M	50	50-54M	2.22.36	0
225	105	1920	NOZBELE	MBETHE	BLUEBAY	F	50	50-54F	2.22.59	1
226	264	3064	EMILE	BESSINGER	TEMP	M	53	50-54M	2.23.12	0
227	272	3072	RODNEY	BUTTERS	TEMP	M	63	60-64M	2.24.07	0
228	230	1693	WENDY	VENTER	MADIBA	F	53	50-54F	2.24.11	1
229	183	810	CORRINE	VOS	32GI	F	45	45-49F	2.24.26	1
230	269	8269	SHIRLEY	BOWKER	TEMP	F	50	50-54F	2.24.31	0
231	331	8331	CLAUDIA	KRIEL	TEMP	F	39	35-39F	2.25.29	0
232	360	8360	JUAN	ROJAS	TEMP	M	34	SM	2.25.30	0
233	202	959	JOHAN	GERBER	CHARLO	M	46	45-49M	2.25.55	1
234	386	7986	CHAGNE	VENUTI	TEMP	F	31	SF	2.25.56	0
235	475	361	JULIUS	SHOGOLE	IKHAMVA	M	72	70+M	2.25.58	1
236	245	1006	BRUCE	GIE	BODYCON	M	52	50-54M	2.26.30	1
237	161	2819	ANNEKE	SMITH	VITALITY	F	45	45-49F	2.26.38	1
238	43	2337	DEBBIE	DU PLESSIS	JBAY	F	60	60-64F	2.26.43	1
239	367	8367	ADELE	SLABBERT	TEMP	F	54	50-54F	2.26.51	0
240	486	737	JOHNNY	DU PREEZ	CRUSADE	M	56	55-59M	2.27.12	1
241	35	3046	Yolanda	Colesky	CRUSADE	F	53	50-54F	2.27.13	1
242	80	723	ALETTA	JOUBERT	CRUSADE	F	63	60-64F	2.27.13	1
243	491	736	Sandra	Van Aswegen	CRUSADE	F	48	45-49F	2.27.13	1
244	227	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	2.27.22	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
245	574	77	LOUIS	SWIEGELAAR	SAPPE	M	59	55-59M	2.27.24	1
246	135	823	JOY	PREGNOLATO	32GI	F	54	50-54F	2.27.37	1
247	298	7998	HAYLEY	EDWARDS	TEMP	F	58	55-59F	2.27.37	0
248	377	7977	ADELE	VAN DE VENTER	TEMP	F	57	55-59F	2.27.38	0
249	44	2336	JAN	DU PLESSIS	JBAY	M	63	60-64M	2.28.13	1
250	341	8341	ANDREW	MEYER	TEMP	M	51	50-54M	2.28.21	0
251	484	8037	MARTIN	PRETORIUS	TEMP	M	29	SM	2.28.27	0
252	277	8277	ESTÉ	CARSTENS	TEMP	F	26	SF	2.28.27	0
253	278	8278	GARY	CARSTENS	TEMP	M	33	SM	2.28.27	0
254	284	8284	JADE	DE GOEDE	TEMP	M	32	SM	2.28.28	0
255	118	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	2.28.47	1
256	182	771	LAURIKA	VON ALLEMANN	32GI	F	42	40-44F	2.28.51	1
257	200	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	2.29.00	1
258	282	8282	LARA	DE BRUIJN	TEMP	F	24	SF	2.29.22	0
259	385	7985	HANRU	VAN VREDEN	TEMP	M	23	SM	2.29.22	0
260	338	8338	DEDRE	MARAIS	TEMP	F	34	SF	2.29.37	0
261	253	417	PETER	MSIZA	CHILLIEP	M	52	50-54M	2.29.49	1
262	313	8313	BRENDA	GREYBE	TEMP	F	57	55-59F	2.30.02	0
263	279	8279	ANINE	CLAASEN	TEMP	F	53	50-54F	2.30.03	0
264	19	512	ANSIE	BENADE	RUN4C	F	66	65-69F	2.30.06	1
265	106	1296	NOEL	MCMASTER	VWAC	M	59	55-59M	2.30.45	1
266	294	7994	SHELLEY	DONALDSON	TEMP	F	49	45-49F	2.31.13	0
267	326	8326	JOSHUA	JANSEN	TEMP	M	19	JM	2.31.55	0
268	25	50727	JUANITA	BRINK	KIMBH	F	47	45-49F	2.31.56	0
269	50	769	MEGAN	ELS	CRUSADE	F	40	40-44F	2.31.56	1
270	176	1063	Crystal	van Heerden	ACH	F	31	SF	2.32.07	1
271	302	8302	JUANIQUE	FOURIE	TEMP	F	33	SF	2.32.08	0
272	143	350	MARIUS	ROACH	MUIRITE	M	32	SM	2.32.36	1
273	212	996	PAULA	PEARCE	CHARLO	F	57	55-59F	2.32.44	1
274	332	8332	CHRISTIAAN	KRÜGER	TEMP	M	50	50-54M	2.33.00	0
275	251	1102	KEN	BARWOOD	ACH	M	70	70+M	2.33.04	1
276	489	1119	TREMAINE	WESSON	ACH	M	65	65-69M	2.33.05	1
277	380	7980	STEFANY	VAN DER WESTHUIZEN	TEMP	F	59	55-59F	2.34.05	0
278	53	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	2.34.08	1
279	348	8348	JULIUS	MOTSHOPHI	TEMP	M	63	60-64M	2.34.09	0
280	319	8319	BELINDA	HUNTER	TEMP	F	52	50-54F	2.34.48	0
281	351	8351	CHAD	NEL	TEMP	M	34	SM	2.34.52	0
282	119	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	2.35.22	1
283	22	2352	Rina	Botes	JBAY	F	55	55-59F	2.36.11	1
284	99	728	PAUL	LUBBE	CRUSADE	M	63	60-64M	2.36.24	1
285	246	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	44	40-44F	2.36.51	1
286	497	1565	BONITA	WEITSZ	DESPATCH	F	53	50-54F	2.37.08	1
287	59	1548	TYLO	GERBER	DESPATCH	F	19	JF	2.37.09	1
288	179	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	2.37.09	1
289	58	1601	ANIZE	GERBER	DESPATCH	F	52	50-54F	2.37.09	1
290	79	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	2.37.10	1
291	133	1554	HELGARD	POTGIETER	DESPATCH	M	53	50-54M	2.37.10	1
292	134	1555	LYDIA	POTGIETER	DESPATCH	F	50	50-54F	2.37.10	1
293	47	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	2.37.11	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
294	399	3099	ASTRID	ROSSOUW	TEMP	F	46	45-49F	2.37.15	0
295	357	8357	MEKAYLA	POTGIETER	TEMP	F	26	SF	2.37.22	0
296	317	8317	ANGELA	HOOLE	TEMP	F	46	45-49F	2.37.33	0
297	220	913	SHARON	SMUTS	CHARLO	F	59	55-59F	2.38.27	1
298	393	3093	RICHARD	VON WILDEMAN	TEMP	M	42	40-44M	2.40.51	0
299	144	1368	ZHULDYZ	ROBERTS	NEDBANK	F	39	35-39F	2.40.55	1
300	295	7995	MARTINIQUE	DU PLESSIS	TEMP	F	35	35-39F	2.41.52	0
301	376	7976	HELEEN	VAN AARDT	TEMP	F	41	40-44F	2.42.04	0
302	132	3100	CARMEN	PIETERSE	VITALITY	F	44	40-44F	2.42.04	1
303	172	1629	ARINDA	VAN DER LINDE	MADIBA	F	35	35-39F	2.42.16	1
304	362	8362	KELLY	ROSE	TEMP	F	46	45-49F	2.42.30	0
305	64	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	40	40-44F	2.43.16	1
306	262	3062	JENNIFER	AH CHONG	TEMP	F	57	55-59F	2.43.41	0
307	37	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	2.43.42	1
308	97	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	2.43.42	1
309	312	8312	ANTOINETTE	GREEFF	TEMP	F	40	40-44F	2.43.42	0
310	70	3038	CAMILA	ISMAIL	MALABAR	F	59	55-59F	2.43.45	1
311	394	8394	CHRISTINE	VREY	TEMP	F	53	50-54F	2.43.57	0
312	102	2368	ERNST	MARAIS	JBAY	M	76	70+M	2.44.12	1
313	314	8314	JACKIE	HAY	TEMP	F	60	60-64F	2.44.19	0
314	228	470	JODI	PIENAAR	WALMER	M	31	SM	2.44.48	1
315	116	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	2.45.36	1
316	131	18863	TEMBA	PEZISA	CSCG	M	59	55-59M	2.45.50	0
317	400	3100	ANNABELLE	HIFT	TEMP	F	27	SF	2.45.50	0
318	315	8315	THOMAS	HILMER	TEMP	M	66	65-69M	2.46.19	0
319	115	2026	RAKGWADI	MORITI	CRUSADE	M	36	35-39M	2.47.46	1
320	339	8339	KAYLEE	MARX	TEMP	F	29	SF	2.48.39	0
321	78	1545	RUAN	JONKER	DESPATCH	M	26	SM	2.48.40	1
322	309	8309	ILZE	GELDENHUYS	TEMP	F	45	45-49F	2.49.55	0
323	325	8325	SUZAAN	JANSE VAN VUUREN	TEMP	F	25	SF	2.49.56	0
324	379	7979	LUCINDA	VAN DER MERWE	TEMP	F	31	SF	2.50.40	0
325	438	2275	THABISA	HLAM	VUKANI	F	39	35-39F	2.51.03	1
326	222	974	CLAIRE	TUSTIN	CHARLO	F	48	45-49F	2.51.38	1
327	203	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	2.56.26	1
328	201	2162	ERIKA	FOREMAN	CHARLO	F	55	55-59F	2.56.27	1
329	184	550	LIEZEL	WAIT	RUN4C	F	52	50-54F	2.56.46	1
330	82	131	SHUKRY	KAFAAR	MALABAR	M	39	35-39M	2.57.36	1
331	225	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	2.57.56	1
332	148	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	2.58.48	1
333	24	1556	RIAANA	BOUWER	DESPATCH	F	49	45-49F	2.58.49	1
334	155	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	2.58.49	1
335	26	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	2.58.49	1
336	221	884	SHAMEMMA	SOLOMON	CHARLO	F	44	40-44F	2.59.21	1
337	308	8308	KEVIN	GARDNER	TEMP	M	45	45-49M	2.59.24	0
338	238	1289	ANSLON	HECTOR	VWAC	M	31	SM	2.59.53	1
339	32	1655	ANITA	COETZER	MADIBA	F	52	50-54F	2.59.57	1
340	252	1266	DAVID	CHENGWE	VWAC	M	47	45-49M	3.00.39	1
341	71	720	CLEO	JACOBS	CRUSADE	F	23	SF	3.01.58	1
342	98	17673	RICHARD	LOMAX	RUNZONE	M	71	70+M	3.01.59	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
343	54	721	FIONA	FLEUR	CRUSADE	F	40	40-44F	3.02.00	1
344	73	765	LESLIE	FERREIRA	CRUSADE	M	30	SM	3.02.01	1
345	17	1924	SHELAINA	BARENDSE-SCHOLTZ	BLUEBAY	F	39	35-39F	3.02.40	1
346	359	8359	SASHKEA	ROBSON	TEMP	F	21	SF	3.03.34	0
347	107	2201	NOCWE	MDAZUKA	SIBALEKA	F	41	40-44F	3.04.54	1
348	156	2212	ZIMKITHA	DAYI-SIBANGELE	SIBALEKA	F	39	35-39F	3.04.54	1
349	52	591	ERICA	ERASMUS	RUN4C	F	55	55-59F	3.08.05	1
350	137	51234	ZANNE	PRINSLOO	NEDBSWD	F	48	45-49F	3.09.01	0
351	141	2648	SHAUN	RAMROOP	MADIBAZ	M	58	55-59M	3.10.25	1
352	268	7968	MEKALYA	BOUWER	TEMP	F	22	SF	3.12.37	0
353	160	287	YOLANDI	SMALBERGER	MUIRITE	F	45	45-49F	3.12.53	1
354	166	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	3.12.54	1
355	29	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	3.12.57	1
356	169	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	31	SF	3.12.58	1
357	31	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	3.13.02	1
358	128	294	KARMEL	PAGE	MUIRITE	F	34	SF	3.13.02	1
359	474	2032	CARLIE	NEL	MUIRITE	F	31	SF	3.13.05	1
360	21	286	SANET	BLOM	MUIRITE	F	58	55-59F	3.13.06	1
361	16	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	3.13.08	1
362	247	1399	KHAYA	MTI	NEDBANK	M	46	45-49M	3.15.12	1
363	190	1640	CHERYL	WITTE	MADIBA	F	63	60-64F	3.15.51	1
364	163	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	3.16.57	1
365	158	2486	SIMANGELE	SKOSANA	ABSAEP	F	45	45-49F	3.16.59	1
366	250	1270	LEIGH	KLINK	VWAC	F	43	40-44F	3.17.21	1
367	175	1189	MYRNA	VAN EYK	ELITEAC	F	47	45-49F	3.21.13	1
368	63	2676	BANDILE	GWAMANDA	VITALITY	M	55	55-59M	3.24.40	1
369	233	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	3.28.51	1