

Bioforum Rose Run 2025 - 10km

Results - 10 May 2025

Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
1	00:37:07	259	Neil	Bohme	M	20-39	Free State	PENTAGON PISTOLS AC	P538
2	00:38:40	1767	Kirsti	Bell	F	20-39	Free State	Kovsies	P770
3	00:40:31	326	Oarabile	Tsaoke	M	20-39	Free State	CITY OF ROSES AC	1497
4	00:41:27	1064	Ruan	Bruwer	M	20-39	Free State	PENTAGON PISTOLS AC	P590
5	00:44:02	267	Oletetswe	Masithela	M	20-39	Free State		0 0
6	00:44:02	268	Tebogo	Tlhabatlhaba	M	20-39	Free State		0 0
7	00:44:10	638	Arnold	Vlok	M	40-49	Free State	N/A	
8	00:44:17	417	Ollie	Vorster	M	50-59	Free State	PENTAGON PISTOLS AC	P504
9	00:44:21	1233	Nicholas	Newman	M	40-49	Free State	The running edge	1645
10	00:44:59	867	Moleboheng	Mohapi	F	14-19	Free State	Nedbank by grace	40402
11	00:45:03	1060	Lila	Van Niekerk	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1863
12	00:45:06	1007	Maryna	Swanepoel	F	20-39	Free State	KOVSIES CLUB	741
13	00:45:09	360	Joane	De Bruyn	F	20-39	Free State	KOVSIES CLUB	P748
14	00:45:22	2017				20-39			
15	00:45:56	2015	Marian	Steyn	F	20-39	Free State		
16	00:45:58	731	Mira	Rossouw	F	14-19	Free State	Oranje Meisieskool	J40822
17	00:46:12	1245	Andries	Fourie	M	20-39	Free State	Running Edge	
18	00:46:32	317	Nico	Killian	M	60-69		0 BLOEMFONTEIN MULTISPORT	3191
19	00:46:33	1249	Zack	Botha	M	20-39	Free State		
20	00:46:38	2080	Pieter	Janse Van Vuuren	M	20-39	Free State		0 0
21	00:47:21	388	Leandro	Goncalves	M	20-39	Free State	PENTAGON PISTOLS AC	658
22	00:47:49	321	Handre	Roux	M	20-39	Free State		0 0
23	00:47:54	2040	Lite	Mohlamme	m	20-39		0	0 0
24	00:47:56	1110	Bernard	Pretorius	M	20-39	Free State		0 0
25	00:47:58	365	Marise	Stander	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1584
26	00:48:11	264	Franjo	Hattingh	M	20-39	Free State		0 0
27	00:48:14	1246	Jean-Jacques	Holtzhausen	M	20-39	Free State	Kovsie Sport	822
28	00:48:22	269	Thulani	Tsela	M	40-49		0	0 0
29	00:48:39	2035	Andre	Herholdt	M	14-19	Free State		
30	00:48:40	870	Pieter	Potgieter	M	20-39	Free State	The running edge	1724
31	00:48:40	876	Rikus	Hattingh	M	40-49	Free State	Pentagon Pistols	592

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32	00:48:45	386	Handre	Bubb	M	20-39	Free State	THE RUNNING EDGE AC	J40756
33	00:48:49	751	Shinae	Pateman	F	20-39	Free State	Pentagon Pistols	P2821
34	00:48:49	752	Austin	Stuart	M	20-39	Free State	Pentagon Pistols	P2826
35	00:48:53	279	Unathi	Mahloko	M	14-19	Free State		0 0
36	00:49:18	391	Lena	Van Rooyen	F	40-49	Free State	PENTAGON PISTOLS AC	P584
37	00:49:19	400	Philip	Barnard	M	20-39	Free State		0 0
38	00:50:01	444	Suzca	Nolte	F	20-39	Free State		0 0
39	00:50:03	819	Elmien	Scott	F	40-49	Free State	Energy Lab	2
40	00:50:12	733	Justyn	Palmer	M	20-39	Free State	Pentagon Pistols	P685
41	00:50:15	382	Danelle	Siepkker	F	20-39	North West		0 0
42	00:50:38	418				20-39			
43	00:50:55	257	Sebastiaan	Coetzer	M	14-19	Free State		0 0
44	00:51:14	497	Inge	fourie	F	20-39	0		0 0
45	00:51:36	450	Johannes Hendrik	Campher	M	60-69	Free State	BLOEMFONTEIN STRIDERS	1501
46	00:51:46	727	Kaeli	Armour	F	14-19	Free State	Pentagon pistols	P2730
47	00:51:49	820	Russell	Nugent	M	50-59	Free State	Energy Lab Athletic Co	1
48	00:52:00	375	Jolanda	Van Niekerk	F	40-49	Free State	PENTAGON PISTOLS AC	P2720
49	00:52:07	2064	Anne	Harris	F	20-39	Free State		
50	00:52:08	81	Joshua	Slack	M	20-39	Free State		0 0
51	00:52:13	1069	Nicolaas	Le Roux	M	40-49	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1969
52	00:52:19	1103	Karla	Jonker	F	20-39	Free State		0 0
53	00:52:28	813	CJ	Taljaard	M	20-39	Free State		
54	00:52:31	270	Sakhiwo	Siteto	M	40-49	Free State		0 0
55	00:52:31	1038	Maretha	Meades	F	20-39	Free State	THE RUNNING EDGE AC	P 1621
56	00:52:39	1027	Paul	Meades	M	20-39	Free State	THE RUNNING EDGE AC	P 1495
57	00:53:01	1001	Andre	Van Wyk	M	50-59	Free State	PENTAGON PISTOLS AC	572
58	00:53:01	2076	Elsabe	Myburgh	F	50-59	Free State	THE RUNNING EDGE AC	P1623
59	00:53:02	815	Leana	Esterhuizen	F	50-59	Free State	CUT FS	2413
60	00:53:04	1014	Jo-ann	Olivier	F	20-39	Free State	PENTAGON PISTOLS AC	541
61	00:53:05	1002	Tanya	Van Wyk	F	50-59	Free State	PENTAGON PISTOLS AC	573
62	00:53:05	1079	Almanda	Fouche	F	50-59	Free State	GOUDVELD MULTISPORT CLUB	463

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63	00:53:06	484	Jp	Le Roux	M	20-39	Gauteng		0 0
64	00:53:07	738	Megan	Harris	F	20-39	Free State		
65	00:53:08	1098	Karen	Fourie	F	20-39	Free State	GOUDVELD MULTISPORT CLUB	461
66	00:53:16	1084	Suné	Gouws	F	20-39	Free State		0 0
67	00:53:32	302	Francois	Prinsloo	M	50-59	Free State	PENTAGON PISTOLS AC	671
68	00:53:48	392	Dewald	Van Rooyen	M	40-49	Free State	PENTAGON PISTOLS AC	P585
69	00:53:51	1025	Inge	Diffenthal	F	20-39	Free State		0 0
70	00:53:59	1033	Wilco	Steenkamp	M	20-39	Free State		0 0
71	00:54:00	385	Graham	Bubb	M	20-39	Free State	THE RUNNING EDGE AC	1674
72	00:54:01	465	Elizabeth	Pretorius	F	50-59	Free State		0 0
73	00:54:07	352	Roger	Kruger	M	40-49	Free State		0 0
74	00:54:11	2016	Ashley	Moreire	F	20-39	Free State		
75	00:54:12	760	Thimas	Warren	M	20-39	Free State		
76	00:54:22	278	Susan Carine	Van Der Merwe	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1857
77	00:54:42	377	Mariska	Leeuwner	F	20-39	Free State		0 0
78	00:54:43	323	Christoff	Van Der Merwe	M	20-39	Free State		0 0
79	00:54:45	325	Michelle	Pretorius	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1210
80	00:54:50	1115	Aniel	Van Deventer	F	20-39	Free State		0 0
81	00:54:54	372	Flippie	Pretorius	M	50-59	Free State	PENTAGON PISTOLS AC	P600
82	00:54:56	790	Loutjie	Du Toit	M	60-69	Free State		
83	00:55:02	148	Hanri	Smith	M	20-39	Free State		0 0
84	00:55:07	1082	Wynand	Smit	M	20-39	Free State		0 0
85	00:55:09	1023	Carmi	Engelbrecht	F	20-39	Free State	PENTAGON PISTOLS AC	P2820
86	00:55:12	410	Carla	Loots	F	14-19	Free State	PENTAGON PISTOLS AC	J40737
87	00:55:15	466	Lize-marie	Pretorius	F	20-39	Free State		0 0
88	00:55:40	1223	MJ	De Kock	M	20-39	Free State		
89	00:55:44	351	Marnus	Booyens	M	20-39	Free State		0 0
90	00:55:45	311	Marga	Van Aardt	F	20-39	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	P1960
91	00:55:47	353	Neill	Blair	M	20-39	Free State		0 0
92	00:55:50	1045	Coreen	Van Jaarsveld	F	20-39	Free State	THE RUNNING EDGE AC	P1752
93	00:55:58	1238	Liezl	Jansen Van Rensburg	F	50-59	Free State		

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94	00:56:06	2029	Siyabonga	Makhanya	M	20-39	Free State		
95	00:56:08	456	Jopie	Fourie	M	40-49	Free State		0 0
96	00:56:10	1083	Riette	Veldtman	F	20-39	Free State		0 0
97	00:56:14	256	Sabelo	Shezi	M	20-39	Free State		0 0
98	00:56:15	80	Nico	Badenhorst	M	50-59	Free State	THE RUNNING EDGE AC	P1469
99	00:56:15	476	Adri	Du Plessis	F	50-59	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P76
100	00:56:15	1067	Bronwyn	Hall	F	20-39	Free State		0 0
101	00:56:18	818	Orefile	Setshego	M	20-39	Free State	None	None
102	00:56:25	681	Michiel	Voges	M	20-39	Free State		0 0
103	00:56:30	1752	Dawie	Viljoen	M	60-69	Free State		
104	00:56:37	1094	Sylvia	Van Pletsen	F	20-39	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1966
105	00:56:43	422	Schalk	Vorster	M	20-39	Free State	PENTAGON PISTOLS AC	P527
106	00:56:56	759	Nika	Geldenduys	F	20-39	Free State		
107	00:57:17	1066	Jaco	Bronn	M	20-39	Free State	THE RUNNING EDGE AC	P1764
108	00:57:22	383	Anelize	Bubb	F	20-39	Free State	THE RUNNING EDGE AC	1675
109	00:57:22	1048	Eduard Stephen	Lamley	M	50-59	Free State	THE RUNNING EDGE AC	1680
110	00:57:23	1034	Poena	Van Zyl	M	60-69	Free State	THE RUNNING EDGE AC	1750
111	00:57:42	2018	Sebatli	Letsaba	M	20-39	Free State	Titanium	P1844
112	00:57:53	2004	Nicole	Fischer	F	20-39	Free State	Move Multisport	P396
113	00:58:00	1006	Pj	Du Plooy	M	50-59	Free State	THE RUNNING EDGE AC	P1616
114	00:58:03	426	Elandre	Williams	F	20-39	Free State	THE RUNNING EDGE AC	1707
115	00:58:03	855	Ronel	Van Zyl	F	20-39	Free State	Bloemfontein striders	1865
116	00:58:04	36	Tyla	Baker	F	20-39	Free State		0 0
117	00:58:04	427	Johané	Odendaal	F	20-39	Free State	THE RUNNING EDGE AC	P1471
118	00:58:07	376	Johanné	Van Niekerk	F	20-39	Free State		0 0
119	00:58:21	851	Ilze	Kearney	F	60-69	Free State	THE RUNNING EDGE AC	P1472
120	00:58:31	464	Lizanne	Van Der Walt	F	20-39	Free State	PENTAGON PISTOLS AC	P512
121	00:58:35	431	Danika	Janssen	F	20-39	Gauteng		0 0
122	00:58:37	275				20-39			
123	00:58:37	1088	Neels	Van Niekerk	M	60-69	Free State	BLOEMFONTEIN NEDBANK ACHILLE	81
124	00:58:43	1061	Tiaan	Joubert	M	20-39	Gauteng	BLOEMFONTEIN STRIDERS	3010

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
125	00:58:50	784	Koena	Mogale	M	20-39	Free State	None	None
126	00:58:53	430	Suzanne	Vlok	F	20-39	0	0	0
127	00:58:53	753	Inacia	Maguire	F	20-39	Free State	The Running Edge	1760
128	00:58:53	754	Graham	Maguire	M	20-39	Free State	The Running Edge	1761
129	00:58:57	496	Riaan	van wyk	M	20-39	0	0	0
130	00:58:58	850				20-39			
131	00:59:02	447	Anne-marie	Bothma	F	20-39	Maseru	0	0
132	00:59:03	371	Mariana	Lombard	F	20-39	Free State	PENTAGON PISTOLS AC	P2818
133	00:59:14	684				20-39			
134	00:59:15	737	Henrique	Weet Nie	M	20-39	Free State		
135	00:59:23	755	Johan	Bothma	M	50-59	Free State		
136	00:59:24	305	Dina	Bornman	F	40-49	Free State	BLOEMFONTEIN STRIDERS	1680
137	00:59:24	1105	Nadia	Lombaard	F	20-39	Free State	BETHLEHEM MARATHON CLUB	P2894
138	00:59:28	757	Ane	Vd Watt	F	20-39	Free State	Striders	P3739
139	00:59:30	715	Charles	Alexander	M	50-59	Free State	No	No
140	00:59:36	459	Riana	Fourie	F	40-49	Free State	BLOEMFONTEIN NEDBANK ACHILLES	P68
141	00:59:36	461				20-39			
142	00:59:38	437	Herschell	Coetzee	M	40-49	Free State	0	0
143	00:59:41	1037	Quinton	Kaplan	M	20-39	Free State	0	0
144	00:59:42	458	Attela	Grobbelaar	F	50-59	Free State	THE RUNNING EDGE AC	1739
145	00:59:42	723	Ervin	Erasmus	M	20-39	Free State	Bloemfontein striders	1855
146	00:59:48	1116	Koos	Van Heerden	M	20-39	Free State	THE RUNNING EDGE AC	P1665
147	00:59:49	416	Retha	Nel	F	20-39	Free State	0	0
148	01:00:01	848	Seun Prince	Marapo	M	20-39	Free State	SOUTH AFRICAN POLICE SERVICE	P1019
149	01:00:07	640	Komenthren (Tykes)	Govender	M	50-59	Free State	Bloemfontein Achilles	56
150	01:00:12	1076	Catelen	Briedenhann	F	20-39	Free State	0	0
151	01:00:20	1055	Lenita	Fourie	F	20-39	Free State	0	0
152	01:00:23	315	Montsheng	Ntlele	F	40-49	Free State	0	0
153	01:00:23	1056	Reece	Van Staden	M	20-39	0	0	0
154	01:00:28	1059	Diaan	Neethling	M	20-39	Free State	PENTAGON PISTOLS AC	609
155	01:00:31	364	Nadia	Mccrindle	F	20-39	Free State	0	0

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156	01:00:32	443	Liesel	Botha	M	20-39	Free State		0 0
157	01:00:39	366	Hamman	Kriel	M	20-39	Free State	BLOEMFONTEIN STRIDERS	P1875
158	01:00:41	266	Yolande	Figueira	F	20-39	Free State		0 0
159	01:00:53	490	Edmon	Garzouzie	M	40-49	Free State	PENTAGON PISTOLS AC	578
160	01:00:56	1051	Lianca	Uys	F	20-39	Free State	BLOEMFONTEIN STRIDERS	1208
161	01:00:57	1003	Lehlohonolo Blessing	Molai	M	40-49	0		0 0
162	01:01:00	1065	Bradley	Dire	M	20-39	Free State		0 0
163	01:01:03	454	M	Du Toit	F	20-39	Free State		0 0
164	01:01:03	1010	Sonja	Kruger	F	40-49	0		0 0
165	01:01:03	1012	Andries	Kruger	M	50-59	Free State	PENTAGON PISTOLS AC	P649
166	01:01:10	1024	Hele	Engelbrecht	F	20-39	Free State	PENTAGON PISTOLS AC	P2725
167	01:01:18	1078	Sonnica	Wagner	M	20-39	Northern Cape		0 0
168	01:01:19	494	Marizel	Scheepers	M	20-39	Free State	PENTAGON PISTOLS AC	P640
169	01:01:30	482	Lucky	Lukhele	M	40-49	Free State	Centre City Tituniams	P2498
170	01:01:33	500				20-39			
171	01:01:34	849	Christine	Visser	F	50-59	Free State		0 0
172	01:01:52	1230	Mosieleng	Matsheka	M	20-39	Free State		
173	01:01:54	2078	Annelize	Smith	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1857
174	01:01:54	2079	Jaco	Smith	M	20-39	Free State	BLOEMFONTEIN STRIDERS	P1856
175	01:01:55	1247	Handré	Van Staden	M	20-39	Free State	N/A	N/A
176	01:02:02	354	Rochelle	Kruger	F	50-59	Free State		0 0
177	01:02:02	363	Daleen	Van Der Berg	F	20-39	Free State	PENTAGON PISTOLS AC	2718
178	01:02:04	462	Helene	Schlebusch	F	40-49	Free State		0 0
179	01:02:05	276	Antoinette	Schutte	F	20-39	Free State	THE RUNNING EDGE AC	P1656
180	01:02:07	384	Elandi	Bubb	F	20-39	Free State	THE RUNNING EDGE AC	J40452
181	01:02:15	1753	Deleon	Bernardu	M	20-39	Free State	Bloemfontein Striders	1858
182	01:02:17	1008	Eduan	Van Der Westhuizen	M	14-19	Free State		0 0
183	01:02:19	313	Bonny	Molale	F	40-49	North West	FS HEALTH AC	2142
184	01:02:19	1090	Penny	Van Jaarsveld	F	20-39	Free State		0 0
185	01:02:20	1089	Carlize	De Bruyn	F	20-39	Free State		0 0
186	01:02:23	896				20-39			

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187	01:02:24	1022	Karien	Van Niekerk	F	50-59	Free State		0 0
188	01:02:27	346	Rohané	Venter	F	20-39	Free State		0 0
189	01:02:29	1113	Sunette	Swart	F	50-59	Western Cape	TEAM VITALITY CLUB WC	7912
190	01:02:48	273				20-39			
191	01:02:48	367	Maryke	Kritzinger	F	40-49	Free State	PENTAGON PISTOLS AC	P2711
192	01:02:52	471	Ben(prok)	Van Der Merwe	M	50-59	Free State		0 0
193	01:03:15	452	Cor	Cronje	M	40-49	Free State	BLOEMFONTEIN STRIDERS	P 1202
194	01:03:15	814	Erik	Van Driel	M	50-59	Free State		
195	01:03:15	1058	Kraai	Millicent	M	40-49	Free State		0 0
196	01:03:19	407	Brumay	Barnard	F	20-39	Free State	THE RUNNING EDGE AC	P2757
197	01:03:20	389	Jillian	Dixon	F	14-19	Free State	PENTAGON PISTOLS AC	J40283
198	01:03:21	409	Frans	De Jongh	M	20-39	Free State		0 0
199	01:03:23	146	Michelle	Steven	F	50-59	Free State	None	None
200	01:03:27	433	Angelique	Wilken	F	20-39	Free State	THE RUNNING EDGE AC	P1711
201	01:03:27	785	Jumandie	Zietsman	F	20-39	Free State	None	None
202	01:03:40	1074	Neo	Nonoise	F	20-39	0	0 0	0 0
203	01:03:51	423	Julie	Du Toit	F	20-39	Free State	BLOEMFONTEIN MULTISPORT	P1884
204	01:03:56	424	Bianca	Lombard	F	20-39	0	0 0	0 0
205	01:03:59	470	Leanne	Collie	F	50-59	Free State		0 0
206	01:04:07	274				20-39			
207	01:04:08	741	Tinashe	Hafe	M	20-39	Free State		
208	01:04:09	428	Karla	Marais	F	20-39	Free State		0 0
209	01:04:17	457	Joané	Griesel	F	20-39	Free State		0 0
210	01:04:18	1015	Arno	Pietersen	M	20-39	Free State	PENTAGON PISTOLS AC	670
211	01:04:19	414	Simon Mzonjane	Sekoko	M	50-59	Free State		0 0
212	01:04:20	1243	Molebogeng	Malebo	F	20-39	Free State		
213	01:04:25	425	Nkosana	Stuurman	M	40-49	Free State		0 0
214	01:04:34	82	Stephan	Slinger	M	20-39	Free State		0 0
215	01:04:35	128	Charlene	De Villiers	F	50-59	Eastern Cape	QUEENSTOWN HARRIERS	1847
216	01:04:37	2	Leticia	Maartens	F	60-69	Free State	THE RUNNING EDGE AC	P1659
217	01:04:47	421	Pakiso	Dijane	M	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	3139

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218	01:04:48	1091	Thato	Nthunya	M	40-49	Free State	PENTAGON PISTOLS AC	P575
219	01:05:11	374	Kelebogile	Moholo	M	20-39	Free State		0 0
220	01:05:19	485	Catherine	Grobler	F	20-39	Free State		0 0
221	01:05:19	1054	Duma Tseliso	Khutsoane	M	50-59	Free State		0 0
222	01:05:34	469	Lizanne	Boshoff	F	20-39	Free State		0 0
223	01:05:35	356	Maryke	Strydom	F	40-49	Free State	PENTAGON PISTOLS AC	P533
224	01:05:37	357	Willem	Strydom	M	40-49	Free State	PENTAGON PISTOLS AC	P532
225	01:05:43	402	Masabata	Shologu	F	20-39	Free State		0 0
226	01:05:44	789	Kelebogile	Kagisho	F	20-39	Free State	CCTAC	P1933
227	01:05:45	1077	Karen	Marais	F	20-39	Free State	BLOEMFONTEIN MULTISPORT	1894
228	01:06:00	910	Lynette	Mulder	F	40-49	Free State	Pvt	
229	01:06:08	432	René	De Lange	F	20-39	Northern Cape		0 0
230	01:06:08	682	Ilane	Van Wyk	F	20-39	0		0 0
231	01:06:20	310	Tersia	Viljoen	F	40-49	Free State	THE RUNNING EDGE AC	P1467
232	01:06:21	1241	Ernie	Luyt	M	50-59	Free State	Pentagon pistols	576
233	01:06:22	481	Mariza	Keyser	F	20-39	Free State		0 0
234	01:06:27	1227	Andries	Spangenberg	M	60-69	Free State	Pentagon Pistols	P540
235	01:06:43	2019	Lilian	Alexander	F	20-39	Free State	Pentagon Pistols	P669
236	01:06:50	680	Johan	Wasserman	M	50-59	Free State	THE RUNNING EDGE AC	P 1756
237	01:06:51	359	Lizette	Viviers	F	20-39	Free State		0 0
238	01:06:52	361	Marile	Eckard	F	20-39	Free State		0 0
239	01:06:52	362	Johan	Bekker	M	20-39	Free State	BLOEMFONTEIN STRIDERS	1867
240	01:06:52	1081	Zi-mari	Shaw	F	20-39	Free State		0 0
241	01:06:55	1093	Thea	Hansen	F	40-49	Free State	BLOEMFONTEIN STRIDERS	2475
242	01:06:56	1036	Liandre	Engelbrecht	F	20-39	Free State	THE RUNNING EDGE AC	P1632
243	01:06:56	1092	Lize-mari	Oosthuizen	F	20-39	Free State	THE RUNNING EDGE AC	P2755
244	01:06:57	1053				20-39			
245	01:06:59	749	Charnine	Pretorius	F	20-39	Free State		
246	01:07:00	748	Kobus	Nienaber	M	60-69	Free State		
247	01:07:22	263	Cheryl	Jordaan	F	20-39	Free State		0 0
248	01:07:32	413	Alma	Louw	F	40-49	0		0 0

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
249	01:07:36	277	Gert	Griessel	M	20-39	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P 894
250	01:07:40	1031	Bernard	Burger	M	40-49	Free State		0 0
251	01:07:40	1032	Daleen	Burger	F	50-59	Free State		0 0
252	01:07:43	1000	Melinda	Du Plooy	F	50-59	Free State	THE RUNNING EDGE AC	P1617
253	01:07:44	271	Phumeza	Tsela	F	20-39	Free State		0 0
254	01:07:45	306	Deline	Ebing	F	50-59	Northern Cape	TEEMANENG RUNNING CLUB	347
255	01:07:47	304	Lorraine	Mc Anda	F	40-49	Free State	THE RUNNING EDGE AC	P1666
256	01:07:47	307	Donita	Van Der Merwe	F	20-39	Free State	THE RUNNING EDGE AC	1731
257	01:07:47	786	Riaan	Van Jaarsveld	M	60-69	Free State	The Running Edge	1686
258	01:07:47	2022	Madelein	Coleman	F	40-49	Free State	The running edge	1732
259	01:07:48	1234	Onyinye	Evbuomwan	F	20-39	Free State		
260	01:07:49	348	Zwelithini	Ngamlana	M	40-49	Free State		
261	01:07:50	787	Anthea	Van Jaarsveld	F	50-59	Free State	The Running Edge	1714
262	01:07:52	328	Martie	Bloem	F	40-49	Free State	PENTAGON PISTOLS AC	580
263	01:08:05	1030	Amy	Venter	F	20-39	Free State	THE RUNNING EDGE AC	P2752
264	01:08:07	1029	Anton	Venter	M	40-49	Free State	THE RUNNING EDGE AC	P2751
265	01:08:14	408	Sorine	Swanepoel	F	50-59	Free State	PENTAGON PISTOLS AC	P624
266	01:08:14	872	Henriette	Van Graan	F	20-39	Free State	Goudveld Multisport	P417
267	01:08:17	853	Sadhna	Singh	F	20-39	Free State		0 0
268	01:08:39	394	Kagisho	Gailele	F	40-49	Free State	ALL ATHLETES UNITED	P2455
269	01:08:39	1042	Azar	Debbo	M	20-39	Free State		0 0
270	01:08:41	1086	Elzette	Moolman	F	20-39	Free State	PENTAGON PISTOLS AC	587
271	01:08:43	1085	Wynand	Moolman	M	20-39	Free State	PENTAGON PISTOLS AC	588
272	01:08:56	406	Hloni	Motsepe	F	40-49	Free State		0 0
273	01:09:09	440	Justin	Pieterse	M	40-49	Free State	QUEENSBURGH HARRIERS	P3825
274	01:09:10	854	Beynon	Abrahams	M	40-49	Western Cape		0 0
275	01:09:10	945	Mosele	Wesi	F	20-39	Free State	ALL ATHLETES UNITED	2104
276	01:09:20	2122	Nolene	Blair	F	40-49	Free State	Vaal Central Water	
277	01:09:34	1049	Yannike	Neethling	F	20-39	Free State	PENTAGON PISTOLS AC	608
278	01:09:35	396	Tshepiso	Motolo	F	20-39	Free State	CENTRE CITY TITANIUMS ATHLETIC	2519
279	01:09:35	2075	Koos	Myburgh	M	50-59	Free State	THE RUNNING EDGE AC	P1623

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
280	01:09:45	415				20-39			
281	01:09:50	1018	Charlene	Kleynhans	F	20-39	Free State		0 0
282	01:10:01	258	Elize	Lombard	F	60-69	Free State	BLOEMFONTEIN STRIDERS	1549
283	01:10:01	1020	Cherilee	Hartzenberg	F	20-39	Free State		0 0
284	01:10:04	475	Charmaine	De Villiers	F	50-59	Free State	CENTRE CITY TITANIUMS ATHLETIC	1927
285	01:10:06	319	Dottie	Fourie	F	50-59	Free State	BLOEMFONTEIN MULTISPORT	P3195
286	01:10:12	489	Edward	Bredenkamp	M	20-39	Free State	BLOEMFONTEIN STRIDERS	2575
287	01:10:13	261	Paul	Malan	M	20-39	Free State	PENTAGON PISTOLS AC	552
288	01:10:20	434	Cindy	Snyman	F	50-59	Free State		0 0
289	01:10:21	2032	Johan	Coetzee	M	20-39	Free State		
290	01:10:49	467	Adrienne	Hattingh	F	20-39	Free State		0 0
291	01:10:56	1070	Geraldine	Spangenberg	F	20-39	Free State	PENTAGON PISTOLS AC	P687
292	01:11:01	1107	Lerato	Moloi	M	20-39	Free State		0 0
293	01:11:08	487	Boingotlo	Madonsela	M	20-39	Free State	SOCIAL DEVELOPMENT AC	P2665
294	01:11:12	1068	Marietjie	Britz	F	50-59	Free State		0 0
295	01:11:18	2038	Masetlhora	Mahike	F	50-59	Free State	All Athletes United	2117
296	01:11:35	722				20-39			
297	01:11:45	381	Jaco	Buys	M	60-69	Free State	PENTAGON PISTOLS AC	FS546
298	01:11:56	1028	Kathy	De Wit	F	60-69	Free State		0 0
299	01:11:56	1052	Rone	Muller	F	40-49	Free State	THE RUNNING EDGE AC	P1622
300	01:12:01	1009	Kobus	Bezuidenhoudt	M	20-39	Free State	THE RUNNING EDGE AC	P1712
301	01:12:10	1072				20-39			
302	01:12:11	1071	Careen	Botha	F	20-39	Free State		0 0
303	01:12:20	639	Christine	Els	F	50-59	0	HARMONY STRIDERS FS	952
304	01:12:30	318	Heide-louise	Malan	F	50-59	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	3197
305	01:12:31	2123	Atalia	Brink	F	20-39	Free State	Pentagon Pistols	
306	01:12:51	1097				20-39			
307	01:12:56	401	Nomsa	Matli	F	20-39	Free State		0 0
308	01:12:56	2077	Miemie	Kleingeld	F	60-69	Gauteng	BLOEMFONTEIN NEDBANK ACHILLE	ASA91
309	01:12:57	327	Bd	Van Der Vyver	M	20-39	Free State		0 0
310	01:12:57	474	Anita	Wessels	F	50-59	Free State		0 0

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
311	01:12:59	324	Lee-ann	Pretorius	F	20-39	Free State		0 0
312	01:13:15	347	Lerato	Ngamlana	F	40-49	Free State	Bloemfontein striders	1503
313	01:13:19	411	Lieb	Loots	M	20-39	Free State	PENTAGON PISTOLS AC	563
314	01:13:26	262	Chanel	Vorster	F	20-39	Free State		0 0
315	01:13:27	126	Francis	Venter	F	60-69	Free State	THE RUNNING EDGE AC	1700
316	01:13:31	1050	Ndileka	Tyu	F	40-49	Northern Cape	TEEMANENG RUNNING CLUB	598
317	01:13:35	1452	Samkele	Tshabalala	M	20-39	Free State	Center City Titaniums AC	2515
318	01:13:46	152	Galaletsang	Mokhelenyane	F	20-39	Free State	Centre City Titaniums AC	2487
319	01:14:26	113	Anne-marie	Beckley	F	40-49	Free State		0 0
320	01:14:37	98	Grant	Beukes	M	20-39	Free State		0 0
321	01:14:41	142	Madri	Van Greuning	F	20-39	Free State	TEAM VITALITY CLUB EP	P2661
322	01:14:49	1248	Abigail	Opperman	F	20-39	Free State		
323	01:15:03	355	Kolisang	Khakhau	M	40-49	Free State	CITY OF ROSES AC	P2160
324	01:15:05	446	Ontiretse	Modungwa	M	40-49	Free State		0 0
325	01:15:07	1063	Natasha	Van Tonder	F	20-39	Free State		0 0
326	01:15:12	448	Karen	Buschow	F	50-59	Free State	PENTAGON PISTOLS AC	2825
327	01:15:42	119	Anke	Van Der Merwe	F	20-39	Free State	THE RUNNING EDGE AC	P1486
328	01:15:42	316	Corne	Killian	F	50-59	Free State	BLOEMFONTEIN MULTISPORT	3194
329	01:15:42	404	Tebogo	Motsepe	M	40-49	Free State		0 0
330	01:15:55	1236	Arthur	Mackay	M	50-59	Free State	Centre City Titaniums AC	2535
331	01:16:14	1221	Tsietsi	Simon	M	50-59	Free State		
332	01:16:26	1043	Pulane	Mojanaga	M	20-39	Free State	CENTRE CITY TITANIUMS ATHLETIC	P1778
333	01:16:42	150	Itumeleng	Ruwana	M	20-39	Free State		0 0
334	01:16:46	1026				20-39			
335	01:16:47	460	Quinette	O'Neill	F	20-39	Free State		0 0
336	01:16:47	1062	Nora	Fröhlich	M	20-39	Free State		0 0
337	01:16:55	1013	Dewald	Swart	M	20-39	Free State		0 0
338	01:17:10	2065	Boitumelo	Mojatau	F	40-49	Free State	VC athletics club	P3201
339	01:17:14	314	Laurence	Bischof	M	40-49	North West		0 0
340	01:17:31	1041	Lucindi	Debbo	F	40-49	Free State		0 0
341	01:17:34	1087	Jadine	Williams	F	40-49	Free State		0 0

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
342	01:17:35	272	Anri	Smith	F	20-39	Free State	THE RUNNING EDGE AC	1649
343	01:18:28	320	Theresa	Jacobs	F	50-59	Free State	BLOEMFONTEIN MULTISPORT	P3196
344	01:18:35	762	Zelia	Rodrigues	F	60-69	Free State		
345	01:18:37	1096	Yvette	Pretorius	F	60-69	Free State	PENTAGON PISTOLS AC	508
346	01:18:41	1095	Dp	Pretorius	M	60-69	Free State	PENTAGON PISTOLS AC	509
347	01:18:43	724	Willemina	Smuts	F	70+	Free State		P 601
348	01:18:47	761	Fatima	Rodrigues	F	50-59	Free State		
349	01:19:35	1057	Nomvula Ntombizodwa	Makhubo	F	20-39	Free State		0 0
350	01:19:40	1242	Matlali	Malebo	F	40-49	Free State	All Athletes United	2465
351	01:19:41	412	Herman	Louw	M	40-49	Free State		0 0
352	01:20:01	436	Meloni	Senosky	M	20-39	Free State		0 0
353	01:20:02	734	Rina	Nel	F	50-59	Free State	HARMONY STRIDERS FS	980
354	01:20:03	439	Elzobia	Steenkamp	F	20-39	Free State		0 0
355	01:20:06	735	Yvonne	Visagie	F	60-69	Free State	HARMONY STRIDERS FS	997
356	01:20:17	668	Mokalobe	Mpolokeng	M	20-39	0		0 0
357	01:20:18	1019	Nthabiseng	Manjiya	F	40-49	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1979
358	01:20:36	1114	Moeketsi	Thekiso	M	50-59	Free State		0 0
359	01:21:07	492	Marli	Van Den Berg	F	40-49	Free State	BLOEMFONTEIN STRIDERS	P1878
360	01:21:10	493	Elzette	Scott	F	20-39	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P885
361	01:21:24	1073	Karabo	Mokone	F	20-39	0		0 0
362	01:21:25	1075	Zoleka	Dikana	F	20-39	Free State		0 0
363	01:22:21	495	Marene	Bekker	F	20-39	Free State		0 0
364	01:22:21	2034	Dineo	Matlakala	F	40-49	Free State	Pamoja	P366
365	01:22:40	1250	Mamkie	Mokati	F	40-49	Free State	N/A	
366	01:22:45	312	Motshidisi	Ayandaaa	M	20-39	Free State		0 0
367	01:23:00	1017	Ansie	Ninnemann	F	20-39	Free State	THE RUNNING EDGE AC	P1713
368	01:23:10	1497	Bongiwe	Tshabalala	F	40-49	Free State	Center City Titaniums AC	1784
369	01:23:24	605	Nomfundo	Mchabasa	F	40-49	Free State	MANGAUNG MM AC	1187
370	01:23:29	736	Phumzile	Mdluli	F	20-39	Free State	Center City Titaniums	2551
371	01:23:31	468	Monya	De Lange	F	50-59	Free State		0 0
372	01:23:37	438	Leoneda	Andrews	F	40-49	Free State		0 0

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
373	01:23:58	2069	Kekaetswe	Rampana	M	40-49	Free State		0 0
374	01:24:14	368	Benito	Williams	M	50-59	Free State	PENTAGON PISTOLS AC	544
375	01:24:14	2037	Phillip	Alexander	M	50-59	Free State	Pentagon pistols	545
376	01:24:38	2002	Segametsi	Morogong	F	40-49	Free State		
377	01:24:39	1099	Lazola	Qulu	M	20-39	Eastern Cape		0 0
378	01:24:45	834	Noxolo	Khumalo	F	20-39	Free State		
379	01:25:37	2067	Ailene	Van Zyl	F	20-39	Free State		
380	01:25:38	2068	Katia	De Jesus	F	20-39	Free State	Bloemfontein striders	P1525
381	01:25:57	1039	Andile	Marogoa	M	20-39		0	0 0
382	01:25:59	2072	Fumane	Manama	F	40-49	Free State	SOUTH AFRICAN POLICE SERVICE	P218
383	01:26:07	1040	Nina	Marogoa	M	20-39	Free State		0 0
384	01:26:27	403	Katie	Yazbek	F	40-49	Free State		0 0
385	01:26:36	405	Merridy	Wilson-strydom	F	20-39	Free State		0 0
386	01:27:07	2033	Siphesihle	Maloyi	F	20-39	Free State	N/A	
387	01:27:17	2027	Manthatisi	Khelerwa	F	20-39	Free State		
388	01:27:25	961	Thando	Mohlamme	f	20-39		0	0 0
389	01:27:26	308	Janine	Pretorius	F	40-49	Free State		0 0
390	01:27:28	309	Retha	Bekker	F	50-59	Free State		0 0
391	01:27:45	322	Zakithi	Shange	F	40-49	Northern Cape	ABSA AC AFS	P2341
392	01:27:45	478	Henrietta	Smith	F	50-59	Free State		0 0
393	01:27:48	1224	Mzwandile	Myeko	M	50-59	Free State		
394	01:27:50	479	Chantelle	Olivier	F	20-39		0	0 0
395	01:27:55	419	Ester	Le Roux	F	40-49	Free State		0 0
396	01:27:57	480	Otsile	Ngwasheng	F	20-39	Free State		0 0
397	01:28:16	791	Jennifer	Bogacwi	F	20-39	Free State	CCTAC	2539
398	01:28:28	868	Neo Lapie	Lapie	F	40-49	Free State	Mangaung Athletics Club	1168
399	01:28:37	358	Makeletso	January	F	50-59	Free State	SOCIAL DEVELOPMENT AC	2738
400	01:28:52	395	Buxx	Leruele	M	40-49	Free State	ALL ATHLETES UNITED	2454
401	01:28:52	1016	Sibongile	Mongane	F	20-39	Free State	ALL ATHLETES UNITE	2453
402	01:29:02	397	Juliah	Kambule	F	20-39	Free State	CITY OF ROSES AC	P2158
403	01:29:05	716	Lineo	Sehlabaka	F	50-59	Free State	City of Roses	2154

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
404	01:29:08	717	Aileen	Mothupi	F	40-49	Free State		
405	01:29:23	711	Rethabile	Rahebe	F	40-49	Free State	MANGAUNG Athletic	P1180
406	01:29:41	420	Boitumelo	Dijane	F	40-49	Free State		0 0
407	01:29:42	380	Mamore	Likhi	F	40-49	Free State		0 0
408	01:30:05	498	Magda	Van Tonder	F	20-39	Free State		0 0
409	01:30:07	369	Pezisa	Ludidi	F	40-49	Free State		0 0
410	01:30:08	486	Angelique	Pieterse	F	20-39	Free State		0 0
411	01:30:27	2073	Moleboheng	Matsoaboli	F	20-39	Free State		
412	01:31:07	1046	Reitumetse Charlott	Mokhachane	F	20-39	Free State		0 0
413	01:31:24	2074	Siphiwe	Ngobese	M	50-59	Free State		0 0
414	01:31:49	2070	Kekeletso	Ntsala	F	60-69	Free State		
415	01:33:51	1047	Karliem	Lamley	F	50-59	Free State	THE RUNNING EDGE AC	1679
416	01:34:48	2039	Cline	Fouche	F	20-39	Free State		
417	01:34:51	928	Nicole	Strydom	F	20-39	Free State	Centre City Titaniums AC	P2517
418	01:35:13	255	Takobe	Tlale	F	20-39	Free State		0 0
419	01:35:15	852	Mookho Sylvia	Tsuaeli	M	40-49	Free State	ATHLETICS FREE STATE CLUB	P2318
420	01:36:54	131	Coceka	Ntlokwana	F	50-59	Free State	MANGAUNG MM AC	3157
421	01:36:55	1106	Loquitur	Maka	F	20-39	Free State	MANGAUNG MM AC	P1172
422	01:37:05	1218	Nono	Diseko	F	60-69	Free State	Pamoja	123
423	01:37:57	2036	Karabo	Maputla	F	20-39	Free State		
424	01:38:34	1226	Alice	Cata	F	50-59	Free State		
425	01:38:40	1004	Lerato	Molai	F	40-49	Free State		0 0
426	01:39:12	488	Susan	Coetzee	F	20-39	Free State	PENTAGON PISTOLS AC	P682
427	01:39:45	370	Busi	Matube	F	40-49	Free State		0 0
428	01:39:48	1225	Nosisa	Catha	F	40-49	Free State		
429	01:39:48	2071	Thabo	Taba	M	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	1786
430	01:43:18	429	Mary	Lepheane	M	20-39	Free State		0 0
431	01:49:25	472	Pieter	Roux	M	70+	Free State	PENTAGON PISTOLS AC	P 603
432	01:49:25	473	Lisma	Liebenberg	F	50-59	0		0 0
433	01:53:08	1100	Bo	Mthethwa	F	20-39	Free State		0 0
434	02:36:10	518				20-39			

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
435	02:44:23	519				20-39			
436	02:49:32	517				20-39			
437	02:52:16	769				20-39			
438	03:10:36	2050				20-39			
439	03:13:13	685				20-39			
440	03:20:49	2089				20-39			
441		260	Refilwe	Setloboko	F	20-39	Free State	None	None
442		265	Kamohelo	Tau	M	20-39	Free State	CENTRE CITY TITANIUMS ATHLETIC	1826
443		329	Chenelle	Roux	F	20-39	Free State		0 0
444		349	Izak	De Bruyn	M	20-39	Free State		0 0
445		350	Michelle	De Bruyn	F	20-39	Free State		0 0
446		373	Louwrinda	Van Niekerk	F	40-49	Free State	PENTAGON PISTOLS AC	2814
447		378	Hettie	Bester	F	20-39	Free State	PENTAGON PISTOLS AC	P579
448		379	Lelanie	Meyer	F	50-59	Free State		0 0
449		387	Katleho	Rantsonyane	F	20-39	Free State		0 0
450		390	Trudie	Dixon	F	20-39	Free State	PENTAGON PISTOLS AC	P636
451		393	Wayne	Beelders	M	50-59	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P43
452		398	Kaeli	Armour	F	14-19	Free State	PENTAGON PISTOLS AC	P2731
453		399	Nieve Joy	Armour	F	14-19	Free State	PENTAGON PISTOLS AC	P2731
454		435	Brieta	Pienaar	F	20-39	Free State		0 0
455		441	Anna	Blom	F	20-39	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1958
456		442	Vuyisile	Bokwa	M	20-39	Free State		0 0
457		445	Zenebe	Hewitt	F	20-39	Free State	THE RUNNING EDGE AC	1682
458		449	Johannes	Buthlezi	M	20-39	Western Cape		0 0
459		451	Anilia	Boshoff	F	50-59	Free State	PENTAGON PISTOLS AC	501
460		453	Zaunita	Davids	F	20-39	Free State		0 0
461		455	Adri	Erasmus	F	20-39	Free State		0 0
462		463	Jan Hendrik	Van Der Walt	M	40-49	Free State	PENTAGON PISTOLS AC	P513
463		477	Kgadi	Moruka	F	40-49	Free State	SAPS HRD AC	P103
464		483	Chireze	Barnard	F	20-39	Free State	PENTAGON PISTOLS AC	P630
465		491	Jacobus	Kotze	M	40-49	Free State		0 0

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
466		499	Rozanne	Loots	F	40-49	Free State		0 0
467		534				20-39			
468		535				20-39			
469		536				20-39			
470		537				20-39			
471		542				20-39			
472		674				20-39			
473		675				20-39			
474		676				20-39			
475		677				20-39			
476		678				20-39			
477		683	Llewellyn	Venter	M	14-19	Free State	BLOEMFONTEIN NEDBANK ACHILLE	J40286
478		718	JH	Combrink	M	40-49	Free State	Bloemfontein Striders	
479		721				20-39			
480		856	H.E	Mosiana	M	60-69	Free State		
481		1005	Nasty	Kwatala	M	50-59	Free State		0 0
482		1021	Teddi	Tokwe	F	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	1925
483		1035	Nicole	Le Roux	F	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	P1807
484		1044	Lumka	Siyoko	F	20-39	Free State		0 0
485		1080	Geno	Van Niekerk	M	20-39	Free State		0 0
486		1101	Tony	Horn	M	60-69	Free State	THE RUNNING EDGE AC	P1631
487		1102	Simone	Jandrell	F	20-39	Free State		0 0
488		1104	Lelanie	Jordaan	F	14-19	Free State		0 0
489		1108	Karabelo	Mpeko	F	20-39	Free State	PAMOJA ATHLETICS CLUB	P373
490		1109	Carine	Naude	F	40-49	Free State		0 0
491		1111	Linge	Steenkamp	F	20-39	Free State		0 0
492		1112	Brenda	Swart	F	50-59	Northern Cape	KHUMANI ATHLETICS CLUB	P418
493		1201				20-39			
494		1202				20-39			
495		1203				20-39			
496		1204				20-39			

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
497		1205				20-39			
498		1206				20-39			
499		1207				20-39			
500		1208				20-39			
501		1209				20-39			
502		1210				20-39			
503		1211				20-39			
504		1212				20-39			
505		1213				20-39			
506		1214				20-39			
507		1217	Sello	Moletsane	M	50-59	Free State	All Athletes United	2088
508		1219	Tian	Pretorius	M	20-39	Free State	None	None
509		1220	Daniel	Demas	M	20-39	Free State		
510		1222	Mia	Wessels	F	20-39	Free State		
511		1228	Delvin	Jansen	M	20-39	Free State	Centre City Titaniums AC	P1923
512		1229	Mhlaempi	Nzapheza	M	40-49	Free State	Centre City Titaniums AC	1922
513		1231	Keneilwe	Lesejane	F	20-39	North West		
514		1232	Sweetness	Ncamane	F	20-39	Free State	By Grace Nedbank Club	P2681
515		1235	Chika	Orji	F	40-49	Free State		
516		1237	Mamiki	Ganathi	F	20-39	Free State		
517		1239	Julia	Olivier	F	50-59	Free State		
518		1240	Karen	Luyt	F	50-59	Free State	Pentagon piatols	575
519		1244	Nomzamo	Mzobe	F	20-39	Free State		
520		2026	Bongmusa	Sokhulu	M	50-59	Free State	None	