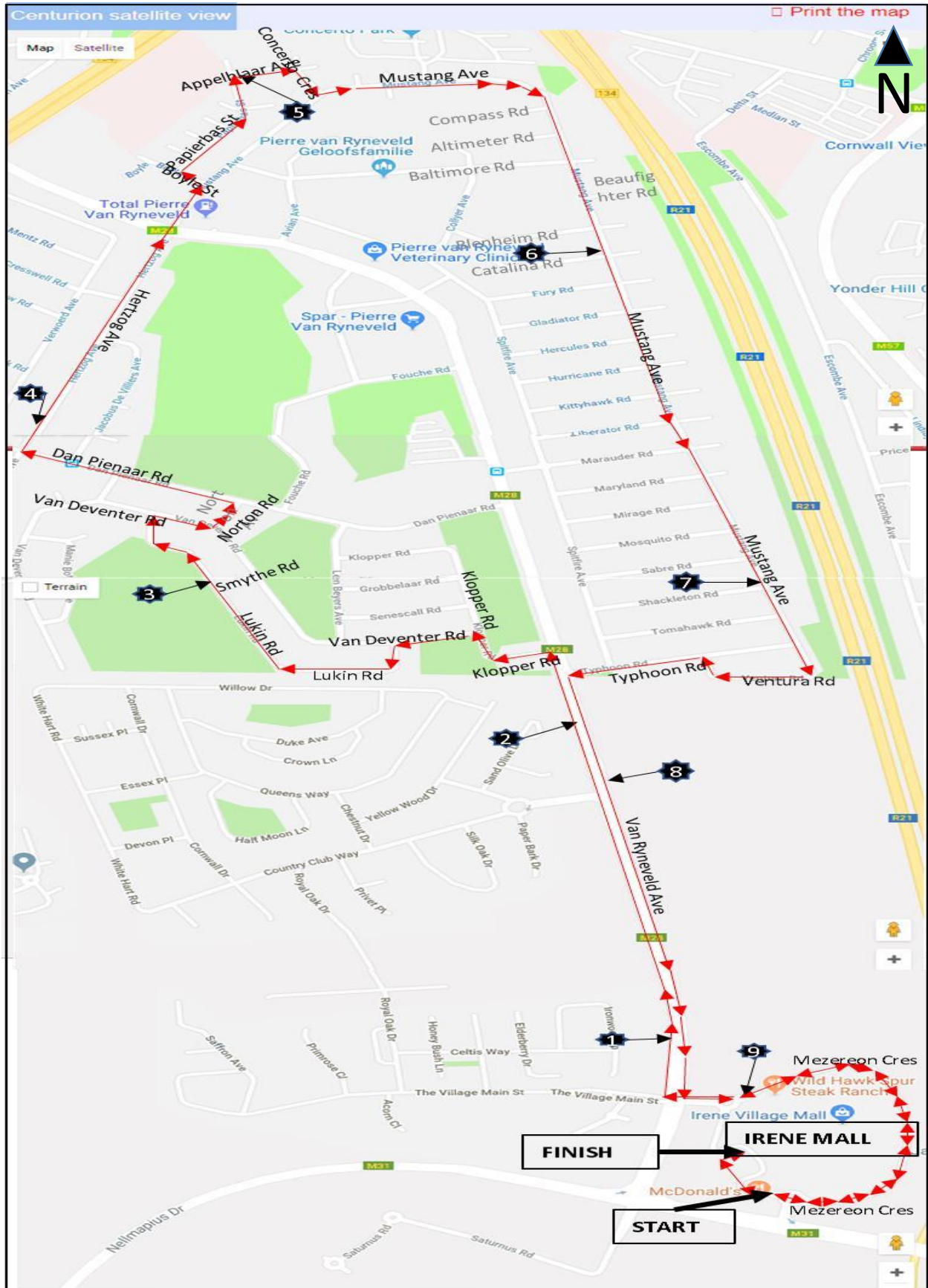


THE MOOO'SE RACE 10 KM ROAD RACE: ROUTE MAP AND KM MARKERS



ROUTE DESCRIPTION AND KILOMETER MARKERS

Km Markers	Route Description
Start	<p>The Start is on the South side of the Irene Mall in Mezereon Cres (service road). The direction of the Start is towards the East.</p> <p>The start line is in the middle (highest point) of the pedestrian crossing/speed bump (zebra lines) between MacDonalds and the Irene Mall parking area.</p> <p>The Start Point is 30 cm from the pavement on the North side of the zebra crossing. It is in the middle, (highest point) of the speed bump. The Start Point is a white painted circle ± 150mm in diameter, with a steel nail and 25 mm steel washer nailed into the centre and painted on the first zebra stripe on the speed bump.</p> <p>The Start Point is 1,2m from gate post/steel construction on the North side (Mall side) of the road. It is 12,1m before (West) the centre of the island splitting the incoming and outgoing traffic at the traffic circle. It is 14,1 m before a road traffic sign, cautioning to yield to pedestrians and speed bumps, on the MacDonald's or opposite side of the road (See Fig 2).</p>
Route Detail	<p>From the start line proceed left around the traffic circle and exit at the first exit. Proceed onto the service road (Mezereon Cres) and circle in an East-North-West direction around the Mall towards Van Ryneveld Ave traffic light. Shortest route up to Pierre van Ryneveld. Do not turn into the new developments at the second and third traffic circles on the northern side of the Irene Mall but proceed through the circle.</p>
	<p>From the service road, Mezereon Cres, runners cross into the Pierre van Ryneveld intersection and turn right into Van Ryneveld (Northern direction). Run on the left side of road.</p>
1 km	<p>In Van Ryneveld Ave, just past the traffic light, 30,30m past the yellow fire hydrant on the left-hand side of the road 19m before the road narrows to lane traffic sign.</p>
2 km	<p>In Van Ryneveld Ave, 6,5m before a road traffic sign on the left side of the road, warning of a traffic circle ahead and $\pm 24,5$m before the nearest corner of a bus stop shelter on the right side, opposite side of the road. Opposite 11,70m from unnumbered lamp post</p>
	<p>Follow Van Ryneveld Ave past Typhoon Rd and turn left into Klopper Rd.</p>
	<p>Follow Klopper Rd and turn left into Van Deventer Rd (first road).</p>
	<p>Follow Van Deventer and turn left into Lukin Rd (first road).</p>
	<p>Follow Lukin Rd crossing Smythe Rd.</p>
3 km	<p>In Lukin Rd, on the right side, $\pm 25,90$m past Smythe Rd, and 13,8m before electric pole 15.</p>
	<p>Follow Lukin Rd to Van Deventer Rd and turn right into Van Deventer Rd.</p>
	<p>Turn left into Norton Rd (first road).</p>
	<p>Turn left into Dan Pienaar (first road).</p>
	<p>Follow Dan Pienaar crossing Faulds Ave and Jacobus De Villiers Ave to the traffic circle corner Hertzog Ave and turn right into Hertzog Ave. Runners cross Hertzog Ave at the traffic circle and then keep to left hand side of the road.</p>
4 km	<p>In Hertzog Ave, ± 280 m from Dan Pienaar Rd in front of house 59. It is 6m to the house 59 post box, 41,30m before electric pole No 31.</p>

	Follow Hertzog Ave crossing Creswell Rd and Van Ryneveld Ave (major and congested traffic intersection). Hertzog Ave now becomes Mustang Ave. Turn left in Boyle St (first road after crossing Van Ryneveld Ave).
	Turn Right in Papierbas St, pass Crab Pl, Etosha Pl, Grysbok Pl and Malati/Piano Pl. Turn right into Appelblaar Ave.
5 km	In Appelblaar, ± 17,80m before Pole 3 and 2,40m after pole 8.
	Follow Appelblaar Ave and turn right in Concerto Cres and then turn left into Mustang Ave.
	Follow Mustang Rd and cross the following streets: <ul style="list-style-type: none"> • Sorrel Place • Coly Place/Polka Place • Concerto Cres • Compass Rd • Altimeter Rd • Baltimore Rd. • Beaufighter Rd. • Blenheim Rd.
6 km	In Mustang Ave between Blenheim and Catalina Ave on the right side of the road. It is ± 14,50m past the Blenheim/Mustang Street name sign and 7,2m before pole 32.
	Follow Mustang Rd and cross the following streets: <ul style="list-style-type: none"> • Catalina Rd. • Fury Rd. • Gladiator Rd. • Hercules Rd. • Hurricane Rd. • Kittyhawk Rd. • Liberator Rd. • Marauder Rd. • Maryland Rd. • Mirage Rd. • Mosquito Rd. • Sabre Rd.
7 km	Between Sabre and Shackleton Rd, next to house No 20. It is 8,10m past pole 8 and 7,80m to a house no 20 electricity box on the right side of the road.
	Follow Mustang Rd and cross the following streets: <ul style="list-style-type: none"> • Shackleton Rd. • Tomahawk Rd. • Typhoon Rd.
	Turn right into Ventura Rd
	Turn left into Typhoon Rd (first road) and cross Spitfire Rd and proceed to the intersection with Van Ryneveld Ave.
Split: At ± 7,7 km	When the athletes approach Van Ryneveld Ave, 10km runners turn left
	into Van Ryneveld (South towards Irene Mall) and run on the left side of the road and 21,1 km runners cross the intersection and turn right (North) into Van Ryneveld, running on the left side of the road towards Klopper Rd.

	The 10 km runners turn left into van Ryneveld Ave (southerly direction) and keep to the left-hand side of the road, until the traffic light at the Main Entrance to the Irene Mall.
8 km	In Van Ryneveld Ave and stay on the left side of the road. It is 3,2m past electric pole 94 (faintly numbered on yellow sticker $\pm 2,5$ m above ground level) and 37,9m from an unnumbered pole on the left side of road. These poles are the third and second last poles on the left side before an intersection to enter Irene Farm Village Estate and the right-hand turn-off is into Country Club Way.
	Follow Van Ryneveld Ave. At the first traffic light (crossing with "The Village Main St"), turn left into Mezereon Cres (service road) through the first traffic circle (second exit)
9 km	In Mezereon Cres, $\pm 3,3$ m past the triangle traffic island on the left side, and 7,10m from the road joining from the North (currently not used) traffic sign post depicting a traffic circle ahead.
	Turn left at traffic light into Village Main Rd and keep left into Mezereon Crescent. Take the second exit (straight) of the circle and continue along Mezereon Cres left around the mall. At the next traffic circle enter the circle from the left side of road and proceed straight along Mezereon Crescent. Pass MacDonalds and KFC then follow along Mezereon Crescent.
Finish	Follow the (service road) turning in a generally northerly direction until the first open motor gate on the right-hand side in the security fence ± 40 m before the Western Main Entrance to the Irene Mall and ± 150 m past the Start Line. Turn right at this motor gate, passing through the gate and proceed into the parking. Proceed straight $\pm 15,5$ m to the finish line, which is 27,24m before the corner of this road segment of the parking area.