

LAKE FARM CHARITY RUN 10KM - PORT ELIZABETH - 2025/03/08									
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	1001	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.34.51
2	1379	439	MXOLELENI	TABATA	CHILLIEP	M	22	SM	0.34.53
3	1002	360	NTSIKA	NTAMO	IKHAMVA	M	22	SM	0.36.27
4	1122	1942	GEORGE	NTSHILIZA	BLUEBAY	M	45	45-49M	0.36.54
5	1418	40005	BULUMKO	MALINGA	NEDBANK	M	18	JM	0.36.56
6	1377	437	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	20	SM	0.37.44
7	1422	242	AYABONGA	SAUL	KOWIE	M	22	SM	0.38.19
8	1381	436	Sothembela	Makedama	CHILLIEP	M	27	SM	0.38.19
9	1351	1391	MNCEDI	KHANTI	NEDBANK	M	45	45-49M	0.38.35
10	1417	1417	LIYEMA	MATOLENGWE	TEMP	M	18	JM	0.39.11
11	1385	460	TAKUNDA	MUBARE	CHILLIEP	M	21	SM	0.39.11
12	1382	40142	BANELE	MTABA	CHILLIEP	M	18	JM	0.39.58
13	1254	1254	ICHUMILE	MACHAKA	TEMP	M	16	JM	0.40.41
14	1464	1807	BANATRI	SILILI	TEMP	M	28	SM	0.41.41
15	1378	459	ZIBELE	MASELE	CHILLIEP	M	23	SM	0.41.48
16	1362	3029	SIYANDA	BUTHELEZI	UNKNOWN	M	27	SM	0.42.11
17	1216	1216	JEANRE	OELOFSE	TEMP	M	19	SM	0.42.28
18	1222	1222	ELI	PRITCHARD	TEMP	M	16	JM	0.43.05
19	1471	1330	RUAN	SMALBERGER	NEDBANK	M	35	35-39M	0.43.14
20	1469	1804	REAGAN	ROBINSON	TEMP	M	32	SM	0.43.58
21	1457	1398	MUTEKILE	RASMENI	NEDBANK	M	60	60-64M	0.44.30
22	1426	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	0.44.32
23	1331	897	NKONGELEKO	NGCOSHOLLO	CHARLO	M	33	SM	0.44.36
24	1391	51748	KHANYISO	MGOLOZELWA	ORMAMBA	M	38	35-39M	0.45.21
25	1320	1480	AUGUST	ESAU	NEDBANK	M	54	50-54M	0.45.27
26	1413	545	RUHAN	VAN RENSBURG	RUN4C	M	32	SM	0.45.32
27	1099	1925	MANDLA	AFRICA	BLUEBAY	M	22	SM	0.45.47
28	1107	2480	ALULUTO	MKIVA	ABSAEP	M	18	JM	0.45.56
29	1292	1292	THEMBA	NDAMASE	TEMP	M	19	SM	0.46.10
30	1388	80	LETHOGONOLO	MONAGENG	SAPPE	M	30	SM	0.46.35
31	1261	1261	COLE	ADAMS	TEMP	M	25	SM	0.47.06
32	1401	1105	MARK	FRASER	ACH	M	31	SM	0.47.38
33	1101	2304	QAQAMBA	MATUNDU	VUKANI	F	26	SF	0.48.08
34	1051	2251	BABONKE	DINGA	VUKANI	M	36	35-39M	0.48.37
35	1345	40111	Dylan-John	Steyn	CHARLO	M	16	JM	0.49.16
36	1322	2177	TIAAN	GERBER	CHARLO	M	20	SM	0.50.32
37	1091	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	35	35-39M	0.50.42
38	1483	1037	CHESTER	BROOKS	XCEL	M	67	65-69M	0.50.47
39	1433	2622	THOZAMILE	BOKOLO	MADIBAZ	M	63	60-64M	0.50.52
40	1095	290	JAN	LE ROUX	MUIRITE	M	52	50-54M	0.51.30
41	1432	2325	SIBONGILE	MGQEBE	VUKANI	F	37	35-39F	0.51.51
42	1244	1244	JOHAN	VAN DER SPUY	TEMP	M	27	SM	0.52.02
43	1481	1851	KIAN	TERBLANCHE	TEMP	M	27	SM	0.52.13
44	1021	2571	LAUREN	BOOYSEN	MADIBAZ	F	25	SF	0.52.21
45	1250	1251	JOHAN	DYER	TEMP	M	17	JM	0.52.46
46	1148	1061	DEWALD	STEENKAMP	ACH	M	40	40-44M	0.52.57
47	1498	1780	MONDRE	GALLANT	GELVAN	M	36	35-39M	0.52.58
48	1420	1703	JAIME	ALCOCK	MADIBA	F	22	SF	0.53.01
49	1128	1304	LINDSAY	PETERS	VWAC	M	41	40-44M	0.53.08
50	1046	1230	PHILLIP	DE RIDDER	ELITEAC	M	48	45-49M	0.53.22
51	1093	1661	LISA	KREUSCH	MADIBA	F	38	35-39F	0.53.27
52	1249	1249	RODNEY	WITBOOI	TEMP	M	53	50-54M	0.53.32
53	1225	1225	LEANDRA	ROSSLEE	TEMP	F	40	40-44F	0.53.36
54	1319	854	DERRICK	DUBASE	SPAREC	M	50	50-54M	0.53.40
55	1055	1659	HANNES	ELS	MADIBA	M	75	70+M	0.53.41
56	1137	2799	JEAN-PERI	REDOÑA	ASPEN	M	36	35-39M	0.53.47
57	1221	1221	ARINDA	PRITCHARD	TEMP	F	46	45-49F	0.53.50
58	1283	1283	CHRIS	CARTHEW	TEMP	M	54	50-54M	0.53.52
59	1444	347	BRUCE	LE GRANGE	MUIRITE	M	32	SM	0.53.53
60	1398	1681	DEAN	FINLAY	MADIBA	M	58	55-59M	0.53.54
61	1226	1226	WALDIMAR	ROSSLEE	TEMP	M	44	40-44M	0.54.07
62	1045	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	0.54.12
63	1288	2228	NGWANE	SHORTY	SIBALEKA	M	28	SM	0.54.13

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
64	1275	1275	BRAD	SAUNDERS	TEMP	M	62	60-64M	0.54.36
65	1466	91	DENZIL	KOOPMAN	INFINITY	M	54	50-54M	0.54.37
66	1097	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	0.54.52
67	1259	1259	ANDRE	IMMELMAN	TEMP	M	47	45-49M	0.54.53
68	1484	1850	RZ	PLUMBING	TEMP	M	40	40-44M	0.54.57
69	1032	1205	ALISON	BOWKER	ELITEAC	F	36	35-39F	0.55.04
70	1403	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.55.13
71	1468	1346	KALLIE	KLINKENBURG	NEDBANK	M	40	40-44M	0.55.19
72	1339	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	0.55.31
73	1262	1262	BEV	MAC DONALD	TEMP	F	68	65-69F	0.55.31
74	1040	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-64M	0.55.37
75	1115	1921	OWEN	NCUBE	BLUEBAY	M	43	40-44M	0.55.43
76	1134	554	PETRUS	RADEMEYER	RUN4C	M	50	50-54M	0.55.54
77	1408	634	JO-ANNE	FORSON	ASPEN	F	37	35-39F	0.56.01
78	1407	615	KATHERINE	NEL	ASPEN	F	35	35-39F	0.56.01
79	1135	84	PRASHAAN	RAGA	INFINITY	M	26	SM	0.56.32
80	1105	52360	WESLEY	MERRICK	VITAL	M	31	SM	0.56.42
81	1446	1236	STEPHEN	KLUE	ELITEAC	M	66	65-69M	0.56.50
82	1456	1855	YONKE	PAKADE	TEMP	M	26	SM	0.56.51
83	1150	40012	YARDON	SWARTBOOI	RUN4C	M	16	JM	0.57.05
84	1089	40563	Ruben	Keyser	SCHOOL	M	13	JM	0.57.05
85	1009	1043	DAVID	BAINS	XCEL	M	58	55-59M	0.57.22
86	1367	2042	OLIVER	NEWLAND-NELL	ACH	M	19	SM	0.57.38
87	1087	40082	ZANE	Jubber	ELITEAC	F	18	JF	0.57.53
88	1395	2311	SITHA	SIGENU	VUKANI	F	41	40-44F	0.58.01
89	1047	40073	STACEY	DE RIDDER	ELITEAC	F	15	JF	0.58.03
90	1491	40192	JODY	FLEURS	GELVAN	M	16	JM	0.58.04
91	1193	1193	GAVIN	HACK	TEMP	M	65	65-69M	0.58.05
92	1450	2537	IVAN	MOSES	MADIBAZ	M	62	60-64M	0.58.42
93	1117	310	TREVOR	NEL	MUIRITE	M	60	60-64M	0.58.50
94	1287	1287	ETHAN	BRUWER	TEMP	M	18	JM	0.58.53
95	1080	618	KELLY	HOLMES	ASPEN	F	48	45-49F	0.59.08
96	1192	1192	ROBIN	GOOSEN	TEMP	M	36	35-39M	0.59.16
97	1389	1843	BOMKAZI	NTONI	HOLLYWOO	F	37	35-39F	0.59.19
98	1063	2722	MISHALE	FUTCHER	VITALITY	F	29	SF	0.59.20
99	1203	1203	JASON	KOLM	TEMP	M	28	SM	0.59.20
100	1435	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.59.27
101	1289	1289	JACO	LOUW	TEMP	M	37	35-39M	0.59.32
102	1243	1243	MANIE	VAN DER MERWE	TEMP	M	56	55-59M	0.59.43
103	1298	1298	JAREN	WICHT	TEMP	M	23	SM	0.59.50
104	1329	885	HANSEN	LUKA	CHARLO	M	50	50-54M	0.59.51
105	1012	2757	CARLO	BEER	MUIRITE	M	21	SM	1.00.09
106	1104	1427	CHAD	MCLEAN	NEDBANK	M	27	SM	1.00.13
107	1067	1695	CARLA	GILLWALD	MADIBA	F	36	35-39F	1.00.16
108	1224	1224	JOHAN	REDELINGHUYS	TEMP	M	79	70+M	1.00.24
109	1314	967	MIKE	BURGER	CHARLO	M	65	65-69M	1.00.25
110	1349	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	1.00.28
111	1475	1859	STEPHAN	SCHUTTE	TEMP	M	52	50-54M	1.00.35
112	1034	1219	MELANIE	CHRISTIE	ELITEAC	F	40	40-44F	1.00.38
113	1043	804	VALMAINE	DE KLERK	32GI	F	47	45-49F	1.00.47
114	1217	1217	LAURE	PIETERSE	TEMP	M	53	50-54M	1.00.59
115	1031	1610	Petrus	Bothma	DESPATCH	M	43	40-44M	1.00.56
116	1334	2173	Catherine	Paul	CHARLO	F	20	SF	1.00.59
117	1184	1184	DEMI	DA SILVA	TEMP	F	26	SF	1.01.01
118	1041	2656	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	1.01.08
119	1215	1215	DARRYN	NIEMAND	TEMP	M	37	35-39M	1.01.11
120	1440	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	1.01.45
121	1380	426	ONATHI	STUURMAN	CHILLIEP	M	26	SM	1.02.03
122	1296	1296	SIMON	MATEBESE	TEMP	M	61	60-64M	1.02.23
123	1086	40010	Isabella	Jonson	RUN4C	F	16	JF	1.02.25
124	1461	2350	CHRISTELLE	BLUME	JBAY	F	57	55-59F	1.02.26
125	1302	1302	NOEL	VAN WILLING	TEMP	M	58	55-59M	1.02.27
126	1497	1781	RUDI	SWARTS	GELVAN	M	47	45-49M	1.02.31
127	1307	1307	MICHELLE	MEYER	TEMP	F	44	40-44F	1.02.36

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128	1441	1628	NELESH	JAGANATH	MADIBA	M	44	40-44M	1.02.48
129	1260	1260	GREIG	NEWLAND-NELL	TEMP	M	49	45-49M	1.02.48
130	1405	2750	TRENTON	MATTHEWS	NMBAC	M	33	SM	1.02.48
131	1154	1420	GRAEME	TING CHONG	NEDBANK	M	56	55-59M	1.02.49
132	1191	1191	CLAYTON	GOODWIN	TEMP	M	50	50-54M	1.02.57
133	1477	1857	ERIN	BROMLEY-GANS	TEMP	F	37	35-39F	1.03.02
134	1352	1543	SARETHA	MARAIS	DESPATCH	F	39	35-39F	1.03.03
135	1206	1206	DIANA	MARAIS	TEMP	F	67	65-69F	1.03.11
136	1449	2504	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.03.16
137	1194	1194	MICHAEL	HENWICK	TEMP	M	54	50-54M	1.03.18
138	1371	1684	MARLON	KOEN	MADIBA	M	38	35-39M	1.03.18
139	1313	1930	TIM	BRAY	BLUEBAY	M	61	60-64M	1.03.31
140	1399	1693	WENDY	VENTER	MADIBA	F	53	50-54F	1.03.31
141	1132	88	HENRY	PRAHALADH	INFINITY	M	58	55-59M	1.03.39
142	1179	1913	ANDRE	BOTHA	BLUEBAY	M	61	60-64M	1.03.48
143	1306	1306	ARMSTRONG	BANGISO	TEMP	M	21	SM	1.03.50
144	1369	796	REBECCA	JORDAAN	32GI	F	34	SF	1.03.59
145	1085	838	BRIDGET	JANSEN VAN RENSBURG	32GI	F	39	35-39F	1.03.59
146	1443	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.04.04
147	1436	1201	CATHY	ALLERS	ELITEAC	F	63	60-64F	1.04.07
148	1387	1752	ALFRED	DENNIS	GELVAN	M	49	45-49M	1.04.18
149	1133	2797	YAMKELA	QOMIYANA	ASPEN	M	29	SM	1.04.26
150	1208	1208	MVELISO	MATHONTSI	TEMP	M	35	35-39M	1.04.28
151	1384	40143	NOMANDLA	TOLWANA	CHILLIEP	F	17	JF	1.04.31
152	1232	1232	DAMIAN	STAP	TEMP	M	34	SM	1.04.31
153	1268	1268	RONNIE	DOYLE	TEMP	M	59	55-59M	1.04.32
154	1455	2093	AXOLA	PAKADE	ASPEN	M	28	SM	1.04.34
155	1273	1273	JUANITA	BRINK	TEMP	F	46	45-49F	1.04.34
156	1084	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	1.04.37
157	1075	535	GERT	HARMSE	RUN4C	M	58	55-59M	1.04.40
158	1394	2111	GEROME	MINTOOR	ATLANTIC	M	57	55-59M	1.04.44
159	1290	1290	SIPHOKAZI	FANA	TEMP	F	35	35-39F	1.04.52
160	1173	1269	SIMON	LELAKA	VWAC	M	52	50-54M	1.05.06
161	1013	512	ANSIE	BENADE	RUN4C	F	65	65-69F	1.05.07
162	1476	1858	RACHEL	BLANDFORD	TEMP	F	25	SF	1.05.13
163	1238	1238	VICTOR	TRUE	TEMP	M	51	50-54M	1.05.14
164	1082	628	CT	JACOBS	ASPEN	M	41	40-44M	1.05.20
165	1056	1714	HANSIE	ELS	MADIBA	M	77	70+M	1.05.25
166	1146	479	CARMIA	SMUTS	WALMER	F	29	SF	1.05.29
167	1199	1199	ERIN	KILROE	TEMP	F	23	SF	1.05.38
168	1270	1179	ANDRE	BOTHA	TEMP	M	52	50-54M	1.05.40
169	1463	1292	LEANNE	NAIDOO	VWAC	F	51	50-54F	1.05.42
170	1098	352	ZUKO	MALIWA	IKHAMVA	M	47	45-49M	1.05.57
171	1373	1015	ANDREW	RAAFF	BODYCON	M	52	50-54M	1.06.01
172	1231	1231	GREG	SMITH	TEMP	M	40	40-44M	1.06.02
173	1198	1198	MTHOKOZISI	KHULU	TEMP	M	36	35-39M	1.06.07
174	1048	808	LECHELLE	DE VRIES	32GI	F	44	40-44F	1.06.09
175	1419	1576	MARCELLE	VAN LOGGERENBERG	DESPATCH	M	58	55-59M	1.06.12
176	1066	1548	TYLO	GERBER	DESPATCH	F	19	SF	1.06.12
177	1027	1914	SUZETTE	BOTHA	BLUEBAY	F	58	55-59F	1.06.16
178	1297	1297	ETIENNE	KOOPMAN	TEMP	M	46	45-49M	1.06.18
179	1018	1208	CHRISTINE	BIRD	ELITEAC	F	53	50-54F	1.06.21
180	1201	1201	ALIZMA	KIRSTEN	TEMP	F	33	SF	1.06.34
181	1496	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	1.06.34
182	1423	1191	ELIZE	ADAMS	ELITEAC	F	50	50-54F	1.06.35
183	1229	1229	JEAN	SEZOE	TEMP	M	30	SM	1.06.36
184	1174	1174	CONRAD	BAASDEN	TEMP	M	59	55-59M	1.06.49
185	1346	895	GIANNI	TISTELLI	CHARLO	M	53	50-54M	1.06.53
186	1374	874	LYNNE	VAN WYK	CHARLO	F	41	40-44F	1.06.53
187	1155	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.07.00
188	1255	1255	CHUMA	POBANA	TEMP	M	34	SM	1.07.01
189	1448	322	ROGER	REDCLIFFE	MUIRITE	M	34	SM	1.07.05
190	1106	2266	NDILEKA	MGCUWE	VUKANI	F	46	45-49F	1.07.09
191	1409	2737	SIPHOKAZI	MANI	VITALITY	F	35	35-39F	1.07.09

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192	1079	2146	SIKHUMBUZO	HLOPHE	TRANSNET	M	38	35-39M	1.07.09
193	1123	1248	EULIDA	OEOFSE	ELITEAC	F	51	50-54F	1.07.09
194	1233	1233	NICOLA	STAP	TEMP	F	31	SF	1.07.10
195	1211	1211	MARYNA	MEYER	TEMP	F	53	50-54F	1.07.12
196	1210	1210	ANDREW	MEYER	TEMP	M	51	50-54M	1.07.12
197	1325	892	CHANTEL	HUYGEN	CHARLO	F	39	35-39F	1.07.21
198	1431	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.07.32
199	1195	1195	CHANTE	JOSEPH	TEMP	F	31	SF	1.07.36
200	1315	904	MARI	CALITZ	CHARLO	F	64	60-64F	1.07.45
201	1354	717	TANYA	JANSEN VAN VUUREN	CRUSADE	F	56	55-59F	1.07.49
202	1119	2527	SANDISO	NGWENYA	MADIBAZ	F	31	SF	1.07.56
203	1499	1782	THEODORE	SCHMITT	GELVAN	M	46	45-49M	1.07.57
204	1438	521	TEGAN	COETZEE	RUN4C	F	36	35-39F	1.08.04
205	1114	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	1.08.08
206	1376	573	BRITTANY	CILLIERS	RUN4C	F	32	SF	1.08.09
207	1454	631	MAURITZ	BESSINGER	ASPEN	M	44	40-44M	1.08.10
208	1424	77	LOUIS	SWIEGELAAR	SAPPE	M	58	55-59M	1.08.26
209	1100	8789	CHARNE	MARAIS	TV	F	34	SF	1.08.31
210	1035	339	ILSE	CLAASSENS	MUIRITE	F	25	SF	1.08.32
211	1073	2094	NOZIE	GWILI	ASPEN	F	41	40-44F	1.08.32
212	1024	2352	Rina	Botes	JBAY	F	54	50-54F	1.08.34
213	1266	1266	ZUKILE	MBASANE	TEMP	M	43	40-44M	1.08.35
214	1248	1248	KATELYN	WIJTENBURG	TEMP	F	22	SF	1.08.42
215	1247	1247	MELISSA	VAN WYK	TEMP	F	32	SF	1.08.43
216	1028	1915	TAMSYN	BOTHA	BLUEBAY	F	29	SF	1.08.43
217	1482	646	LUTHO	NOMBEMBE	ASPEN	M	31	SM	1.08.44
218	1030	1611	Magdalena	Bothma	DESPATCH	F	43	40-44F	1.08.56
219	1425	361	JULIUS	SHOGOLE	IKHAMVA	M	72	70+M	1.09.09
220	1437	1202	JACQUES	LANGLEY	ELITEAC	M	36	35-39M	1.09.13
221	1038	1557	CARIN	COETZEE	DESPATCH	F	48	45-49F	1.09.20
222	1124	1587	MARISKA	OLIVIER	DESPATCH	F	37	35-39F	1.09.22
223	1059	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.09.23
224	1478	1856	DANELLE	KOTZE	TEMP	F	29	SF	1.09.25
225	1359	1380	BANDILE	CUNTU	NEDBANK	M	60	60-64M	1.09.26
226	1057	1632	JOS	ELS	MADIBA	F	72	70+F	1.09.28
227	1363	1109	JENNI	STROBOS	ACH	F	41	40-44F	1.09.37
228	1356	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.09.46
229	1185	1185	DEBBIE	DU PLESSIS	TEMP	F	60	60-64F	1.09.48
230	1180	1180	JANELLE	BRITS	TEMP	F	29	SF	1.09.48
231	1186	1186	JAN	DU PLESSIS	TEMP	M	63	60-64M	1.09.48
232	1364	1063	Crystal	van Heerden	ACH	F	30	SF	1.09.51
233	1069	1945	Janine	Gray	BLUEBAY	F	47	45-49F	1.10.07
234	1393	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	39	35-39F	1.10.22
235	1485	1758	BRAMWELL	FLEURS	GELVAN	M	46	45-49M	1.10.25
236	1488	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.10.26
237	1188	1188	JANA	FOURIE	TEMP	F	24	SF	1.10.33
238	1326	1104	CATHY	IVES	ACH	F	71	70+F	1.10.40
239	1120	503	FAKAZILE	NKOMIYAHLABA	RUN4C	F	37	35-39F	1.10.41
240	1065	302	LUCINDA	GERBER	MUIRITE	F	49	45-49F	1.10.41
241	1253	1253	TYRA	JACK	TEMP	F	25	SF	1.10.50
242	1317	947	GANIEF	DAVIDS	CHARLO	M	58	55-59M	1.10.51
243	1428	328	MADRE	WELMANS	MUIRITE	F	56	55-59F	1.11.06
244	1131	18552	LIZELLE	POTGIETER	MAVERICK	F	34	SF	1.11.06
245	1293	1293	GARETH	HUDD	TEMP	M	34	SM	1.11.11
246	1042	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.11.12
247	1019	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.11.12
248	1007	491	YOLANDE	ARCHER	RUN4C	F	46	45-49F	1.11.26
249	1118	707	MPUMELELO	NGWENYA	CRUSADE	M	35	35-39M	1.11.27
250	1308	1308	RODWELL	PETERSEN	TEMP	M	36	35-39M	1.11.29
251	1190	1190	JUDY	GOMES	TEMP	F	48	45-49F	1.11.30
252	1183	1183	BRAD	COCHRANE	TEMP	M	52	50-54M	1.11.30
253	1078	2275	THABISA	HLAM	VUKANI	F	38	35-39F	1.11.34
254	1333	2172	LEE	PAGE	CHARLO	F	41	40-44F	1.11.37
255	1228	1228	NADIA	SERFONTEIN	TEMP	F	49	45-49F	1.11.43

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
256	1116	754	CELESTIN	NDHLOVU	CRUSADE	M	52	50-54M	1.11.43
257	1083	2095	RICHTER	JACOBS	ASPEN	M	38	35-39M	1.11.49
258	1353	738	SAM	DU TOIT	CRUSADE	F	55	55-59F	1.11.54
259	1023	279	VERONICA	BOSHOFF	MUIRITE	F	64	60-64F	1.11.56
260	1252	1252	JUDE	FRANCIS	TEMP	M	51	50-54M	1.11.57
261	1251	1251	ADELLE	FRANCIS	TEMP	F	50	50-54F	1.11.57
262	1372	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	33	SF	1.12.05
263	1291	1291	PACHE	ORANJE	TEMP	F	33	SF	1.12.08
264	1178	1178	KATIE	BERTRAND	TEMP	F	27	SF	1.12.13
265	1200	1200	SHANNON	KILROE	TEMP	F	26	SF	1.12.16
266	1301	1278	MANDY	VAN DER MERWE	VWAC	F	54	50-54F	1.12.28
267	1309	1309	ISSABELLE	TALJAARD	TEMP	F	27	SF	1.12.29
268	1310	1310	ELIZABETH	VAN DER MERWE	TEMP	F	26	SF	1.12.30
269	1341	1541	MONIQUE	JORDAAN	DESPATCH	F	33	SF	1.12.31
270	1177	1177	ZUKILE	BALANI	TEMP	M	37	35-39M	1.12.33
271	1312	933	SANET	BEZUIDENHOUT	CHARLO	F	36	35-39F	1.12.34
272	1219	1219	LARA	PRAGNELL	TEMP	F	33	SF	1.12.40
273	1473	1860	MEEKA	BLOM	TEMP	F	20	SF	1.12.41
274	1311	1103	LIZ	AUSTIN	ACH	F	66	65-69F	1.12.48
275	1386	1753	ROXANNE	MULLER	GELVAN	F	40	40-44F	1.12.50
276	1480	1853	SHOWNA	PETZER	TEMP	F	41	40-44F	1.12.52
277	1068	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.12.53
278	1033	725	Wendy	Bululu	CRUSADE	F	42	40-44F	1.12.58
279	1170	2682	MARK	WEYER	VITALITY	M	60	60-64M	1.13.05
280	1126	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.13.06
281	1036	506	CHRISNA	COETSEE	RUN4C	F	39	35-39F	1.13.07
282	1295	1295	CHRISTOPHER	NYODI	TEMP	M	66	65-69M	1.13.22
283	1375	565	RONEL	DE TARNOWSKY	RUN4C	F	44	40-44F	1.13.27
284	1479	1854	HYMIE	YSPEERT	TEMP	M	31	SM	1.13.32
285	1470	198	RIAAAN	SMALBERGER	CSEP	M	70	70+M	1.13.38
286	1304	1304	OCTAVIAN	PETERSEN	TEMP	M	40	40-44M	1.13.52
287	1092	1382	CHARMELL	KOOPMAN	NEDBANK	F	45	45-49F	1.13.59
288	1110	2698	NTOMBIZINE	MTANDA	VITALITY	F	48	45-49F	1.14.11
289	1279	1852	JENNIFER	MICHAU	TEMP	F	58	55-59F	1.14.13
290	1467	1805	ANDREA	HAYWARD	TEMP	F	56	55-59F	1.14.13
291	1327	886	CELEST	JOYCE	CHARLO	F	56	55-59F	1.14.15
292	1350	927	ANTON	VAN WYK	CHARLO	M	57	55-59M	1.14.15
293	1465	1806	OWEN	RUPPELT	TEMP	M	41	40-44M	1.14.17
294	1167	782	LISA	WATKINS-BAKER	32GI	F	50	50-54F	1.14.21
295	1168	781	RICHARD	WATKINS-BAKER	32GI	M	57	55-59M	1.14.21
296	1214	1214	CARIEN	NIEMAND	TEMP	F	32	SF	1.14.28
297	1406	2324	MKONYISELA	MCUBASE	VUKANI	M	38	35-39M	1.14.29
298	1269	1269	NELILE	GCABASHE	TEMP	F	27	SF	1.14.34
299	1064	276	CHRISTIAAN	GERBER	MUIRITE	M	49	45-49M	1.14.35
300	1494	429	OBAKHE	NTSHUKUMBANA	CHILLIEP	F	26	SF	1.14.41
301	1166	550	LIEZEL	WAIT	RUN4C	F	51	50-54F	1.14.45
302	1442	475	KAREN	VAN DEVENTER	WALMER	F	36	35-39F	1.14.56
303	1411	51373	MAMOYA	MOKOENA	MALUTI	F	52	50-54F	1.14.59
304	1169	749	CHANDRE	WEST	CRUSADE	F	49	45-49F	1.15.03
305	1263	1263	STEVE	MAC DONALD	TEMP	M	72	70+M	1.15.05
306	1121	504	MALIBONGWE	NKOMIYAHLABA	RUN4C	M	40	40-44M	1.15.15
307	1447	645	KHULISO	NEPHALAMA	ASPEN	M	34	SM	1.15.18
308	1343	2136	NOMATHAMSANGA	SOPHAZI	TRANSNET	F	49	45-49F	1.15.19
309	1414	1266	DAVID	CHENGWE	VWAC	M	47	45-49M	1.15.20
310	1163	496	ZANE	VAN DER WESTHUIZEN	RUN4C	F	25	SF	1.15.22
311	1130	497	SAMANTHA	PORTER	RUN4C	F	31	SF	1.15.22
312	1303	1303	MOMELEZI	COMJWA	TEMP	M	29	SM	1.15.28
313	1392	394	THEMBISILE	VETSHEZA	IKHAMVA	F	45	45-49F	1.15.40
314	1282	1282	LONWABO	DANIELS	TEMP	M	50	50-54M	1.15.48
315	1125	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.15.55
316	1220	1220	RIAAAN	PRETORIUS	TEMP	M	38	35-39M	1.15.55
317	1267	1267	ZUKISANE	MTILI	TEMP	M	36	35-39M	1.15.58
318	1300	1300	RENMARE	NEL	TEMP	F	30	SF	1.16.00
319	1299	1299	CHRISTO	ZEELIE	TEMP	M	29	SM	1.16.02

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
320	1209	1209	RYAN	MCCARTHY	TEMP	M	27	SM	1.16.04
321	1096	588	RENIER	LIEBENBERG	RUN4C	M	42	40-44M	1.16.10
322	1141	1257	STEPHANIE	SCHEEPERS	VWAC	F	28	SF	1.16.21
323	1010	1256	NAOMI	BAKKER	VWAC	F	47	45-49F	1.16.22
324	1404	2333	ALIZWA	BOVUNGANA	VUKANI	M	24	SM	1.16.23
325	1165	303	SANET	VAN NIEKERK	MUIRITE	F	56	55-59F	1.16.24
326	1227	1227	ROMY	SAPIRE	TEMP	F	25	SF	1.16.27
327	1008	509	LIZE	AUSTIN	RUN4C	F	28	SF	1.16.27
328	1439	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	1.16.34
329	1316	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.16.34
330	1271	1271	VUYOKAZI	DUBE	TEMP	F	48	45-49F	1.16.40
331	1022	601	RIANA	BOSHOF	ASPEN	F	42	40-44F	1.16.41
332	1323	2165	DION	GRIESEL	CHARLO	M	57	55-59M	1.16.42
333	1324	2164	SHARON	GRIESEL	CHARLO	F	53	50-54F	1.16.43
334	1139	1694	JAHN	ROUX	MADIBA	M	38	35-39M	1.16.44
335	1462	570	PIETER	GERBER	RUN4C	M	66	65-69M	1.16.49
336	1053	289	RENAY	DU PLESSIS	MUIRITE	F	56	55-59F	1.16.50
337	1472	1862	MICHELLE	BLOM	TEMP	F	47	45-49F	1.16.52
338	1474	1861	LISA	RANDALL	TEMP	F	44	40-44F	1.16.52
339	1074	536	ELIZMA	HARMSE	RUN4C	F	64	60-64F	1.17.05
340	1147	466	LYNETTE	SMUTS	WALMER	F	58	55-59F	1.17.18
341	1265	1265	MELANIE	FRANCIS	TEMP	F	49	45-49F	1.17.18
342	1495	1843	RAE	WIPLINGER	TEMP	F	41	40-44F	1.17.20
343	1207	1207	TERCIA	MARTIN	TEMP	F	41	40-44F	1.17.21
344	1196	1196	WINDRE	KAMMIES	TEMP	M	52	50-54M	1.17.38
345	1204	1204	MONIQUE	KUNNEKE	TEMP	F	29	SF	1.17.38
346	1487	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.17.40
347	1368	2508	DANEILLE	HARRY	MADIBAZ	F	39	35-39F	1.17.52
348	1218	1218	NIKITHA	PILLAY	TEMP	F	25	SF	1.17.52
349	1144	20	SIMORE	SLABBERT	PEAAC	F	30	SF	1.18.01
350	1143	15	EMMERENCHIA	SLABBERT	PEAAC	F	52	50-54F	1.18.02
351	1493	1849	SIPHIWO	YONKE	TEMP	M	44	40-44M	1.18.03
352	1060	713	DENISE	FERREIRA	CRUSADE	F	63	60-64F	1.18.09
353	1094	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.18.15
354	1037	517	GERT	COETSEE	RUN4C	M	39	35-39M	1.18.20
355	1011	490	WANDA	BARNARD	RUN4C	F	50	50-54F	1.18.21
356	1489	40001	ZANTE	DEKKER	SAPPE	F	18	JF	1.18.25
357	1490	75	HESTER	DEKKER	SAPPE	F	53	50-54F	1.18.25
358	1044	1602	LIEZL	DE KOCK	DESPATCH	F	49	45-49F	1.18.26
359	1160	2036	ANDRE	VAN DER BANK	MUIRITE	M	53	50-54M	1.18.41
360	1054	544	JACQUELENE	DU TOIT	RUN4C	F	52	50-54F	1.18.53
361	1145	1706	BRUCE	SMITH	MADIBA	M	49	45-49M	1.19.10
362	1077	1182	ARLENE	HELBERG	ELITEAC	F	61	60-64F	1.19.12
363	1328	920	LOCHI	LOCHNER	CHARLO	M	77	70+M	1.19.45
364	1415	345	GARY	HENDRICKS	MUIRITE	M	57	55-59M	1.19.46
365	1245	1245	JANUS	VAN LOGGERENBERG	TEMP	M	34	SM	1.19.47
366	1361	97	INA	MEAKER	INFINITY	F	63	60-64F	1.19.51
367	1182	1182	LARISSA	CASTELYN	TEMP	F	35	35-39F	1.20.01
368	1050	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	1.20.32
369	1281	1281	CWAYITA	MAPEKULA	VUKANI	F	41	40-44F	1.20.39
370	1421	770	WINSLOW	BOUWER	CRUSADE	M	40	40-44M	1.21.15
371	1157	2039	AZOLA	TYBOSCH	MUIRITE	F	46	45-49F	1.21.30
372	1029	1916	TYRA-LEIGH	BOTHA	BLUEBAY	F	21	SF	1.21.37
373	1335	462	Johannes	Rautenbach	WALMER	M	26	SM	1.21.44
374	1020	286	SANET	BLOM	MUIRITE	F	57	55-59F	1.21.47
375	1445	2040	MALIZA	JOOSTE	MUIRITE	F	30	SF	1.21.56
376	1242	1242	LUCINDA	VAN DER MERWE	TEMP	F	31	SF	1.21.59
377	1241	1241	DANZEL	VAN DER MERWE	TEMP	M	28	SM	1.22.00
378	1176	1926	SIPHOKAZI	BACELA	BLUEBAY	F	32	SF	1.22.18
379	1276	1276	THERESA	NCUBE	TEMP	F	34	SF	1.22.19
380	1205	1205	MEREDITH	LAW	TEMP	F	24	SF	1.22.22
381	1111	1217	MAGGIE	MULLER	ELITEAC	F	69	65-69F	1.22.25
382	1127	294	KARMEL	PAGE	MUIRITE	F	34	SF	1.22.45
383	1402	648	MPHAKS	MZAMO	ASPEN	M	41	40-44M	1.22.54

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
384	1108	527	Kamohelo	Mota	RUN4C	F	31	SF	1.22.54
385	1427	1427	UNKNOWN		RUN4C	F	35	35-39F	1.22.55
386	1429	1231	HELENE	OPPEL	ELITEAC	F	75	70+F	1.23.05
387	1158	2700	MITESH	VALLABH	VITALITY	M	49	45-49M	1.23.14
388	1397	2181	BIANCA	RADEMEYER	INFINITY	F	25	SF	1.23.24
389	1370	591	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.23.32
390	1230	1230	SIMANGELE	SKOSANA	TEMP	F	44	40-44F	1.23.38
391	1072	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.23.39
392	1156	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.23.39
393	1088	642	ESTINE	KEIRSGIETER	ASPEN	F	37	35-39F	1.23.58
394	1240	1240	CLAIRE	TUSTIN	TEMP	F	47	45-49F	1.24.14
395	1274	1274	LEFRONCIA	BERRY	TEMP	F	42	40-44F	1.24.16
396	1016	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	67	65-69F	1.24.48
397	1357	2264	ASANDA	MTSHIKWANA	VUKANI	F	42	40-44F	1.24.50
398	1347	922	REFILWE	TSATSIMPE	CHARLO	F	28	SF	1.25.08
399	1396	744	KAREN	CUNNINGHAM	CRUSADE	F	62	60-64F	1.25.09
400	1430	1241	MARLENE	TERBLANCHE	ELITEAC	F	75	70+F	1.25.13
401	1286	1286	CLAIRE	CUMMINGS	TEMP	F	22	SF	1.25.13
402	1416	1740	JANICE	JONES	GELVAN	F	48	45-49F	1.25.21
403	1492	1746	ARDEN	GROOTBOOM	GELVAN	F	43	40-44F	1.25.22
404	1390	1089	HELEN	ERLANK	ACH	F	43	40-44F	1.25.36
405	1358	1117	GRAHAM	NELL	ACH	M	73	70+M	1.25.36
406	1138	1709	MARYNA	ROUSSEAU	MADIBA	F	48	45-49F	1.25.41
407	1076	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.25.45
408	1451	1099	CRAIG	BESTER	ACH	M	47	45-49M	1.26.43
409	1237	1237	MOSALE	TLAKA	TEMP	F	27	SF	1.26.54
410	1284	1284	KAREEN	IMRIE	TEMP	F	66	65-69F	1.26.56
411	1285	1285	DUNCAN	YATEL	TEMP	M	22	SM	1.27.00
412	1212	1212	SESETHU	MTOTYWA	TEMP	F	29	SF	1.27.10
413	1103	767	GILLIAN	MCAINSH	CRUSADE	F	65	65-69F	1.27.20
414	1355	1869	NWABISA	DUKADA	HOLLYWOO	F	52	50-54F	1.27.29
415	1348	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	1.27.39
416	1175	1175	JOHANN	BAASDEN	TEMP	M	61	60-64M	1.28.03
417	1112	2775	URITIAH	MYBURGH	MUIRITE	F	48	45-49F	1.28.04
418	1171	2683	TERSIA	WEYER	VITALITY	F	57	55-59F	1.28.04
419	1500	1842	AMUKELANI	VALOYI	TEMP	F	29	SF	1.28.04
420	1026	1963	MIRANDA	BOTHA	SOMEAST	F	54	50-54F	1.28.42
421	1049	1962	Riana	De Waal	SOMEAST	F	51	50-54F	1.28.43
422	1081	720	CLEO	JACOBS	CRUSADE	F	23	SF	1.28.45
423	1161	2037	BELINDA	VAN DER BANK	MUIRITE	F	56	55-59F	1.29.06
424	1058	743	MARY-LOU	EMSLIE	CRUSADE	F	61	60-64F	1.29.10
425	1264	1264	BERNADETTE	PIETERSEN	TEMP	F	58	55-59F	1.29.14
426	1294	1294	KHOLISA	PAPU	TEMP	F	37	35-39F	1.29.17
427	1136	336	ARNOLD	RAS	MUIRITE	M	63	60-64M	1.29.18
428	1109	2709	CHARLOTTE	MOTHILALL	VITALITY	F	42	40-44F	1.29.45
429	1172	441	NOZUKO	YEYE	CHILLIEP	F	53	50-54F	1.29.52
430	1336	2176	CHENEL	ROBEY	CHARLO	F	46	45-49F	1.30.00
431	1365	12153	ZUKISWA	TSHUME	SABC	F	51	50-54F	1.30.15
432	1344	1122	BOB	STEDMAN	ACH	M	75	70+M	1.30.26
433	1004	420	NOLUBABALO	NGQOBA	CHILLIEP	F	32	SF	1.30.52
434	1280	1280	THANDOKAZI	MTINI	TEMP	F	30	SF	1.31.08
435	1410	1399	KHAYA	MTI	NEDBANK	M	45	45-49M	1.31.09
436	1332	1839	ZANDILE	NOFUMA	HOLLYWOO	F	38	35-39F	1.31.38
437	1164	1189	MYRNA	VAN EYK	ELITEAC	F	47	45-49F	1.31.49
438	1153	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.32.49
439	1338	935	BRENTON	SCHNETLER	CHARLO	M	50	50-54M	1.33.07
440	1257	1257	GIDION	VAN DER MERWE	TEMP	M	59	55-59M	1.34.04
441	1090	1270	LEIGH	KLINK	VWAC	F	42	40-44F	1.34.22
442	1202	1202	BABALWA	KLAAS	TEMP	F	39	35-39F	1.34.31
443	1189	1189	VUYOKAZI	GEGE	TEMP	F	49	45-49F	1.36.49
444	1453	1766	GODFREY	KARIEM	GELVAN	M	84	70+M	1.37.10
445	1014	2473	CLARISSA	BENDER	ABSAEP	F	52	50-54F	1.37.17
446	1140	2507	MARCOLENE	SAUNDERS	MADIBAZ	F	40	40-44F	1.38.29
447	1102	722	YOLISWA	MATWA	CRUSADE	F	42	40-44F	1.38.37

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
448	1236	1236	FRANCOIS	TIMOTHEUS	TEMP	M	47	45-49M	1.39.20
449	1366	2004	SINOVUYO	KATIYA	NMBAC	F	38	35-39F	1.40.05
450	1452	1097	CINDI	BESTER	ACH	F	44	40-44F	1.41.34
451	1235	1235	AMANDA	TIBGO	TEMP	F	45	45-49F	1.41.35
452	1340	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.43.07
453	1071	1679	KENNETH	GREYLING	MADIBA	M	65	65-69M	1.43.10
454	1181	1181	NDULELA	CANCA	TEMP	F	43	40-44F	1.48.42
455	1258	1258	MERYLL	VAN DER MERWE	TEMP	F	61	60-64F	1.50.07
456	1256	1256	JENNI-LYNN	ROBERTSON	TEMP	F	52	50-54F	1.50.07
457	1434	2693	KIM-LIN	JONES	VITALITY	F	32	SF	2.03.21