

ASPEN 10KM - PORT ELIZABETH - 2024/11/30

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
1	1432	2236	BONGANI	BANDA	MADIBAZ	M	25	SM	0.31.19
2	1126	1836	XOLISA	NDLUMBINI	VUKANI	M	42	40-44M	0.31.42
3	1499	40177	SIYAVUYA	JEYI	MOTHER	M	19	JM	0.31.53
4	1455	1825	KHAYA	GQWETHA	VUKANI	M	39	35-39M	0.32.28
5	1444	1319	MZOLISI	MAKHANDA	NEDBANK	M	42	40-44M	0.33.39
6	1486	513	SIBUSISO	COLEPI	MOTHER	M	19	SM	0.33.55
7	1441	2683	MAIXOLE	NTLOKO	VUKANI	M	34	SM	0.34.33
8	1487	40169	AGCOBILE	JEZILE	MOTHER	M	15	JM	0.34.49
9	1108	1458	GEORGE	NTSHILIZA	BLUEBAY	M	45	45-49M	0.34.55
10	1105	51029	NYASHA	MUKANDI	BODYCON	M	32	SM	0.35.16
11	1481	40005	BULUMKO	MALINGA	NEDBANK	M	17	JM	0.36.22
12	1334	8034	JONATHAN	GOUWS	TEMP	M	24	SM	0.36.24
13	1159	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	0.36.38
14	1529	1793	LEBOHANG	SENTI	VUKANI	M	38	35-39M	0.37.21
15	1507	282	ABDUL	WICOMB	MUIRITE	M	46	45-49M	0.37.29
16	1435	2335	JEMAIN	WILSON	TV	M	36	35-39M	0.37.43
17	1586	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	0.37.54
18	1202	8202	IREM	AYAZ	TEMP	M	34	SM	0.37.56
19	1358	8058	REUBEN	STANDER	TEMP	M	21	SM	0.38.22
20	1168	817	ALISTAIR	KINGWILL	32GI	M	47	45-49M	0.38.25
21	1220	8220	HALIL	GUNES	TEMP	M	27	SM	0.38.41
22	1450	2150	SICELO	MASHABA	MADIBAZ	M	24	SM	0.38.44
23	1365	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	SM	0.38.47
24	1497	60	THANDO	NCIPHA	SAPPE	M	32	SM	0.38.54
25	1589		UNKNOWN		TEMP	M	34	SM	0.39.00
26	1480	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	0.39.27
27	1494	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	0.39.35
28	1287	8287	MARI	VENTER	TEMP	F	20	SF	0.39.37
29	1425	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	0.39.41
30	1394	993	THEMBEKILE	MSIPA	CHARLO	M	50	50-54M	0.39.43
31	1590	8106	LISA	STEVEN	TEMP	F	24	SF	0.39.55
32	1519	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	0.40.09
33	1177	40146	BANELE	MTABA	CHILLIEP	M	17	JM	0.40.38
34	1252	8252	BARAN	NALBANTOGLU	TEMP	M	34	SM	0.40.40
35	1167	2089	SIPHESIHLE	JOJA	SANDFEP	M	26	SM	0.40.48
36	1459	1465	HENRY	CRAUSE	NEDBANK	M	42	40-44M	0.40.49
37	1091	829	WYNAND	DU PREEZ	32GI	M	51	50-54M	0.41.01
38	1290	8290	AHMET KEREM	YILDIZ	TEMP	M	37	35-39M	0.41.07
39	1163	932	DEAN	HOYLE	CHARLO	M	54	50-54M	0.41.09
40	1406	411	SIYABONGA	ZULU	CHILLIEP	M	42	40-44M	0.41.23
41	1124	295	HIELDE	MARAIS	MUIRITE	F	24	SF	0.41.27
42	1389	1330	RUAN	SMALBERGER	NEDBANK	M	34	SM	0.41.30
43	1446	1340	WELCOME	LOLIWE	NEDBANK	M	60	60-64M	0.41.37
44	1198	852	Amy-Lee	Sansom	32GI	F	24	SF	0.42.02
45	1346	8046	LUDWE	PAKADE	TEMP	M	39	35-39M	0.42.03
46	1272	8272	SEYHAN	SELCUK	TEMP	M	23	SM	0.42.16
47	1521	518	ATHINI	MABALA	VUKANI	M	30	SM	0.42.26
48	1482	8123	GRANT	MISKIN	TEMP	F	31	SF	0.42.29
49	1288	8288	NIEL	VENTER	TEMP	M	53	50-54M	0.42.40
50	1326	8026	DANTON	SEPTEMBER	TEMP	M	31	SM	0.42.54
51	1169	839	HESTER	KINGWILL	32GI	F	43	40-44F	0.43.42
52	1442	205	ZUKISANI	NJOKWENI	CSEP	M	35	35-39M	0.43.50
53	1452	1833	SITHA	SIGENU	VUKANI	F	41	40-44F	0.43.54
54	1129	731	GAVIN	ROGERS	CRUSADE	M	60	60-64M	0.43.57
55	1472	2489	THOBELA	NTAMO	DESPATCH	M	39	35-39M	0.44.10
56	1329	8029	JOSHUA	BAYNES	TEMP	M	25	SM	0.44.19
57	1424	1416	CHRISTINE	CLAASEN	NEDBANK	F	60	60-64F	0.44.34
58	1493	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	0.44.42
59	1580	40014	JAMIE-LEE	BESTER	RUN4C	F	16	JF	0.44.49
60	1338	8038	LINDSAY	MAC GEOGHEGAN	TEMP	F	34	SF	0.45.08
61	1137	558	JENE	BANFIELD	RUN4C	F	54	50-54F	0.45.20
62	1457	2166	GRAHAM	TERBLANCHE	MADIBAZ	M	59	55-59M	0.45.22
63	1087	856	THERESA	BUCHNER	32GI	F	39	35-39F	0.45.42

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
64	1162	2201	ETHAN	HOWARD	MADIBAZ	M	20	SM	0.45.52
65	1230	8230	ANDREW	JONAS	TEMP	M	60	60-64M	0.45.55
66	1196	822	ROMMANY	ROGERS	32GI	F	42	40-44F	0.46.03
67	1418	344	ANTON	AUGUST	MUIRITE	M	42	40-44M	0.46.03
68	1194	2747	PHILLIP	PIETERSE	VITALITY	M	51	50-54M	0.46.34
69	1092	1659	HANNES	ELS	MADIBA	M	74	70+M	0.46.36
70	1101	1032	TANIA	KITCHING	BODYCON	F	46	45-49F	0.46.46
71	1427	1370	WERNER	MEYER	NEDBANK	M	51	50-54M	0.46.47
72	1448	148	ABDUL	LILLAH	MALABAR	M	34	SM	0.46.55
73	1331	8031	DAMIAN	CHRISTIAN	TEMP	M	36	35-39M	0.47.05
74	1139	2419	BRENDAN	BOSMAN	MADIBA	M	39	35-39M	0.47.06
75	1298	8298	JONATHAN	MILLSON	TEMP	M	34	SM	0.47.11
76	1370	828	CANDICE	COETZEE	32GI	F	40	40-44F	0.47.13
77	1172	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	34	SM	0.47.28
78	1492	952	CINDY	MARAIS	CHARLO	F	47	45-49F	0.47.30
79	1201	8201	FEVZIYE	AKSOY	TEMP	F	38	35-39F	0.47.37
80	1261	8261	KUMSAL	PINARGOZU	TEMP	F	39	35-39F	0.47.37
81	1453	2380	LYLE	ROCKMAN	GELVAN	M	30	SM	0.47.44
82	1396	177	NICOLA	MONGOMERY	ACT AC	F	38	35-39F	0.47.49
83	1336	8036	ROBYN	HECHTER	TEMP	F	20	SF	0.47.53
84	1440	63	MPUMELELO	MBALI	SAPPE	M	33	SM	0.47.57
85	1035	91	DENZIL	KOOPMAN	INFINITY	M	54	50-54M	0.47.57
86	1574	8118	LAUREN	SMITH	TEMP	F	41	40-44F	0.48.04
87	1431	8142	THEMBINKOSI	STOKWE	TEMP	M	46	45-49M	0.48.07
88	1110	554	PETRUS	RADEMEYER	RUN4C	M	50	50-54M	0.48.11
89	1367	584	BRENDON	SLABBERT	RUN4C	M	53	50-54M	0.48.15
90	1145	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	0.48.19
91	1437	1494	TAWFEEQ	VYVER	NEDBANK	M	26	SM	0.48.24
92	1527	1444	MFUNDISO	LUVALO	NEDBANK	M	55	55-59M	0.48.28
93	1410	2690	MSINDISI	QALINGE	CHILLIEP	M	29	SM	0.48.30
94	1579	137	AMIR	VENTER	MALABAR	M	44	40-44M	0.48.30
95	1426	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	0.48.34
96	1197	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	0.48.37
97	1113	564	GAVIN	SILLS	RUN4C	M	51	50-54M	0.48.46
98	1180	2030	SZASZ	MEEKMA	32GI	F	28	SF	0.48.46
99	1479	2414	SIMCELILE	SITHEMBU	SAPPE	M	33	SM	0.48.52
100	1096	532	JUDY	GERBER	RUN4C	F	58	55-59F	0.48.53
101	1349	8049	DALE	STOCK	TEMP	M	44	40-44M	0.49.23
102	1447	8145	CHRIS	BOTHA	TEMP	M	43	40-44M	0.49.26
103	1075	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	0.49.27
104	1408	8138	ASHTON	FERREIRA	TEMP	M	52	50-54M	0.49.36
105	1156	1775	BONKE	GOYI	VUKANI	M	36	35-39M	0.49.42
106	1475	30372	BONISILE	MAKATI	HAVEN	M	49	45-49M	0.49.42
107	1361	794	KIRSTI	DOLINSCHEK	VITALITY	F	43	40-44F	0.49.43
108	1371	846	JANICE	ISAACS	32GI	F	40	40-44F	0.49.46
109	1555	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-44M	0.49.50
110	1164	983	JOANNE	HOYLE	CHARLO	F	55	55-59F	0.49.54
111	1227	8227	JARRYD	JACOB	TEMP	M	27	SM	0.49.56
112	1036	2255	Brooke	Kruger	MADIBAZ	F	21	SF	0.49.57
113	1082	2355	INGE	WILLIAMSON	VITALITY	F	31	SF	0.50.01
114	1473	51054	DOLLY	NDUDE	BUFFALO	F	52	50-54F	0.50.03
115	1170	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	0.50.10
116	1068	1222	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	0.50.11
117	1508	1216	WESSEL	WOLMARANS	ELITEAC	M	46	45-49M	0.50.12
118	1095	791	CHARL	GERBER	32GI	M	48	45-49M	0.50.15
119	1019	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	0.50.17
120	1417	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-64M	0.50.17
121	1461	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	0.50.19
122	1088	2481	JESSICA	ZEELIE	DESPATCH	F	31	SF	0.50.21
123	1469	8120	TISTA	NTSANGANI	TEMP	M	32	SM	0.50.29
124	1388	2514	Lehlohonolo	Thokoa	ABSAEP	M	44	40-44M	0.50.33
125	1516	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	0.50.34
126	1099	2361	VANESSA	JOUBERT	VITALITY	F	46	45-49F	0.50.37
127	1038	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	0.50.40

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
128	1404	721	FIONA	FLEUR	CRUSADE	F	39	35-39F	0.50.40
129	1125	86	WAYNE	MARAIS	INFINITY	M	39	35-39M	0.50.46
130	1515	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.50.53
131	1584	1075	GAVIN	SCHONKNECHT	ACH	M	56	55-59M	0.50.53
132	1556	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	0.50.55
133	1254	8254	SEKELA	NDLAMLA	TEMP	F	32	SF	0.50.56
134	1585	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	0.50.57
135	1466	1203	ANNEMIE	DU TOIT	ELITEAC	F	40	40-44F	0.50.59
136	1040	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	0.51.18
137	1433	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	0.51.39
138	1423	51802	NIKIWE	SIHELE	KOMANI	F	49	45-49F	0.51.54
139	1165	915	JOEL	HUMAN	CHARLO	M	51	50-54M	0.51.55
140	1100	1450	NKHATHALLENG	KHIBA	NEDBANK	F	43	40-44F	0.51.56
141	1271	8271	JANIENE	SCHWARZ	TEMP	F	39	35-39F	0.52.20
142	1128	727	ANGELA	ROGERS	CRUSADE	F	55	55-59F	0.52.22
143	1276	8276	WARREN	TAGG	TEMP	M	48	45-49M	0.52.23
144	1052	2392	CARMEN	JAQUIRE	STFRAN	F	31	SF	0.52.25
145	1311	8011	AYABONGA	TSHUNGWANA	TEMP	M	30	SM	0.52.25
146	1179	2626	MCEBISI	MZINZI	DPWEC	M	44	40-44M	0.52.44
147	1387	800	JONATHAN	MANDELL	32GI	M	60	60-64M	0.52.54
148	1044	1446	MFEZI	MCINGANA	NEDBANK	M	49	45-49M	0.52.56
149	1512	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.53.02
150	1248	8248	SIYABONGA	MTHEMBU	TEMP	M	39	35-39M	0.53.06
151	1581	530	BEYERS	LAMPRECHT	RUN4C	M	56	55-59M	0.53.09
152	1086	1205	ALISON	BOWKER	ELITEAC	F	36	35-39F	0.53.23
153	1462	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	0.53.28
154	1344	8044	RIEDAAH	NORDIEN	TEMP	M	37	35-39M	0.53.42
155	1212	8212	DYLAN	COLEMAN	TEMP	M	28	SM	0.53.44
156	1520	1785	MCEBISI	MPONDO	VUKANI	M	41	40-44M	0.53.48
157	1582	8112	JACO	LOUW	TEMP	M	36	35-39M	0.53.49
158	1090	50356	THANDO	DLELAPHANTSI	OLDSELB	M	32	SM	0.53.57
159	1266	8266	LEANDRA	ROSSLEE	TEMP	F	40	40-44F	0.53.59
160	1195	2650	SANDISILE	QUMZA	VUKANI	M	37	35-39M	0.54.01
161	1495	1290	MARTIN	LEWIES	VWAC	M	50	50-54M	0.54.02
162	1182	1474	MICHELE	MOOLMAN	CHARLO	F	39	35-39F	0.54.08
163	1181	934	JEAN	MEYER	CHARLO	M	45	45-49M	0.54.08
164	1111	750	PIETER	ROUX	CRUSADE	M	69	65-69M	0.54.09
165	1360	8060	VIAN	TEE	TEMP	M	44	40-44M	0.54.10
166	1347	8047	TRISTAN	PARFITT	TEMP	M	20	SM	0.54.23
167	1267	8267	WALDIMAR	ROSSLEE	TEMP	M	44	40-44M	0.54.25
168	1376	2226	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	0.54.27
169	1390	50968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	0.54.29
170	1189	2508	THEMBU	NTSUKUNYANE	ABSAEP	F	45	45-49F	0.54.29
171	1500	1043	DAVID	BAINS	XCEL	M	58	55-59M	0.54.30
172	1517	1567	JACOBUS	WYATT	DESPATCH	M	61	60-64M	0.54.32
173	1526	8147	ELTON	RUZVIDZI	TEMP	M	32	SM	0.54.36
174	1206	8206	HANNAH	BUCKSEY	TEMP	F	27	SF	0.54.36
175	1575	8117	JERHARD	BURRELL	TEMP	M	35	35-39M	0.54.36
176	1460	2155	IVAN	MOSES	MADIBAZ	M	62	60-64M	0.54.41
177	1175	1291	ASHENDA	MAKONIE	VWAC	F	49	45-49F	0.54.52
178	1007	603	Andries	Coetsee	RUN4C	M	39	35-39M	0.54.59
179	1009	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	0.55.09
180	1510	1512	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	0.55.12
181	1224	8224	ALVARO	HENRIQUES	TEMP	M	46	45-49M	0.55.12
182	1149	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	0.55.12
183	1395	6576	PHUNYEZWA	NDEVU	SABC	F	58	55-59F	0.55.13
184	1341	8041	THEMBELANI	MDUNGE	TEMP	M	38	35-39M	0.55.14
185	1348	8048	JACO	ROOS	TEMP	M	36	35-39M	0.55.16
186	1041	2326	MATHONGO	MAKHIWANE	BLUEBAY	M	49	45-49M	0.55.18
187	1024	799	ALLISON	HARRISON	32GI	F	41	40-44F	0.55.21
188	1025	798	JUSTYN	HARRISON	32GI	M	47	45-49M	0.55.22
189	1465	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	0.55.25
190	1104	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	0.55.29
191	1155	1424	SAM	ERASMUS	NEDBANK	M	67	65-69M	0.55.29

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192	1306	8006	HOLLY	PRICE	TEMP	F	19	JF	0.55.35
193	1368	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	0.55.37
194	1069	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	0.55.39
195	1401	657	AXOLA	PAKADE	ASPEN	M	28	SM	0.55.47
196	1251	8251	SCOTT	NADER	TEMP	F	17	JF	0.55.49
197	1324	8024	SHIRLEY	OGDEN	TEMP	F	44	40-44F	0.55.50
198	1587	8108	LAURE	PIETERSE	TEMP	M	53	50-54M	0.55.50
199	1369	8101	SISEKO	MKUMLA	TEMP	M	40	40-44M	0.55.57
200	1184	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	0.55.57
201	1012	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	0.56.12
202	1509	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	0.56.16
203	1010	858	VALMAINE	DE KLERK	32GI	F	47	45-49F	0.56.20
204	1076	2700	CHARLOTTE	VAN WYK	RUN4C	F	42	40-44F	0.56.25
205	1436	1492	DEON	VYVER	NEDBANK	M	57	55-59M	0.56.28
206	1477	535	GERT	HARMSE	RUN4C	M	58	55-59M	0.56.39
207	1127	7499	ULRICH	NIEUWOUDT	RUN4C	M	29	SM	0.56.43
208	1378	352	ZUKO	MALIWA	IKHAMVA	M	47	45-49M	0.56.57
209	1332	8032	SIYA	COKILE	TEMP	M	48	45-49M	0.56.58
210	1409	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	0.57.00
211	1160	524348	MARK	HEADBUSH	CCJHB	M	80	70+M	0.57.01
212	1060	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	67	65-69M	0.57.08
213	1074	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	60	60-64F	0.57.14
214	1098	723	ALETTA	JOUBERT	CRUSADE	F	63	60-64F	0.57.14
215	1468	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	0.57.16
216	1085	1588	JACQUES	BOTHA	DESPATCH	M	50	50-54M	0.57.17
217	1140	2418	MEGAN	BOSMAN	MADIBA	F	38	35-39F	0.57.24
218	1023	449	KHOLOSA	GUMATANA	TRANSNET	F	49	45-49F	0.57.29
219	1256	8256	DARRYN	NIEMAND	TEMP	M	37	35-39M	0.57.38
220	1109	1248	EULIDA	OELOFSE	ELITEAC	F	51	50-54F	0.57.42
221	1153	1257	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	0.57.49
222	1073	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	0.57.50
223	1183	445	AKHONA	MOSIANE	CHILLIEP	F	37	35-39F	0.58.22
224	1237	8237	ANDILE	MAMA	TEMP	M	39	35-39M	0.58.39
225	1144	1557	CARIN	COETZEE	DESPATCH	F	47	45-49F	0.58.39
226	1143	693	NOMFUSI	CESHEMBA	VUKANI	F	42	40-44F	0.58.41
227	1293	8293	LUNGILE	ZINTO	TEMP	M	37	35-39M	0.58.44
228	1434	2111	GEROME	MINTOOR	ATLANTIC	M	57	55-59M	0.58.52
229	1011	808	LECHELLE	DE VRIES	32GI	F	44	40-44F	0.58.52
230	1004	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	0.58.54
231	1514	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	0.58.55
232	1511	1403	JOHAN	FERREIRA	RUN4C	M	63	60-64M	0.58.58
233	1001	2639	ANSIE	BENADE	RUN4C	F	65	65-69F	0.58.59
234	1192	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-44F	0.59.06
235	1354	8054	ANEL	VISSER	TEMP	F	26	SF	0.59.10
236	1134	2612	ELRINDA	WANNENBURG	RUN4C	F	43	40-44F	0.59.16
237	1123	85	CARINA	MARAIS	INFINITY	F	32	SF	0.59.18
238	1234	8234	MALON	KOEN	TEMP	M	37	35-39M	0.59.25
239	1142	832	DEON	CARELSEN	32GI	M	40	40-44M	0.59.26
240	1377	8103	ACHMAT	FRANCIS	TEMP	M	47	45-49M	0.59.26
241	1384	850	PAIGE	LEE	32GI	F	58	55-59F	0.59.30
242	1386	801	BIANCA	LEONARD	32GI	F	35	35-39F	0.59.30
243	1356	8056	BRIAN	GREEFF	TEMP	M	27	SM	0.59.30
244	1583	8109	FADEELAH	DAVIDS	TEMP	F	40	40-44F	0.59.30
245	1307	8007	NICOLE	PRICE	TEMP	F	42	40-44F	0.59.31
246	1264	8264	MLULEKI	RALA	TEMP	M	45	45-49M	0.59.33
247	1420	1868	TUMELO	LEHASA	HOLLYWOO	M	37	35-39M	0.59.36
248	1114	563	LINDA	SILLS	RUN4C	F	42	40-44F	0.59.42
249	1588	2736	SKHUMBLEZO	MZOBOHE	VUKANI	M	51	50-54M	0.59.45
250	1456	412	NOSITO	NQWATA	CHILLIEP	F	42	40-44F	0.59.52
251	1071	1648	KEITH	VALENTINE	MADIBA	M	33	SM	1.00.00
252	1421	1829	LUVUYO	MERILE	TEMP	M	39	35-39M	1.00.06
253	1362	1846	Simo	Nkanyuza	HOLLYWOO	M	37	35-39M	1.00.10
254	1223	8223	CHRISTINE	HARRIS	TEMP	F	23	SF	1.00.14
255	1262	8262	SETH	POTE	TEMP	M	35	35-39M	1.00.15

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
256	1485	8131	SIYAMUKELA	MAGWAZA	TEMP	M	26	SM	1.00.23
257	1320	8020	SANDILE	MNGOMEZULU	TEMP	M	25	SM	1.00.24
258	1029	1546	SIKHUMBUZO	HLOPHE	TRANSNET	M	38	35-39M	1.00.26
259	1454	450	NICOLE	SCHOEMAN	TRANSNET	F	27	SF	1.00.28
260	1054	861	FAKAZILE	NKOMIYAHLABA	RUN4C	F	37	35-39F	1.00.30
261	1032	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	1.00.38
262	1398	1759	ZUKISA	MBOTO	TRANSNET	M	41	40-44M	1.00.47
263	1039	2149	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.00.48
264	1449	50110	YASIF	SHIEK	VARSITY	M	33	SM	1.00.58
265	1305	8005	LIZELLE	POTGIETER	TEMP	F	34	SF	1.01.01
266	1297	8297	MICHELLE	MEYER	TEMP	F	44	40-44F	1.01.01
267	1505	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	1.01.02
268	1335	8035	THABO	HEADBUSH	TEMP	M	54	50-54M	1.01.04
269	1161	12287	PALESH	HEADBUSH	CCJHB	F	46	45-49F	1.01.04
270	1077	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	1.01.17
271	1430	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	1.01.25
272	1313	8013	MONGEZI	VOCO	TEMP	M	34	SM	1.01.42
273	1319	8019	TARYN	KOOPMAN	TEMP	F	30	SF	1.01.47
274	1136	984	BELINDA	BAIN	CHARLO	F	62	60-64F	1.02.15
275	1166	967	CHANTAL	HUYGEN	CHARLO	F	39	35-39F	1.02.19
276	1350	8050	HELEN	STOCK	TEMP	F	47	45-49F	1.02.26
277	1353	8053	FERDI	VILJOEN	TEMP	M	58	55-59M	1.02.28
278	1154	2704	JACKIE	ELOFF	RUN4C	F	52	50-54F	1.02.41
279	1503	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.02.48
280	1241	8241	MICHAEL	MATAVIRE	TEMP	M	28	SM	1.03.01
281	1513	505	XHANTI	MANTSHIYO	ABSAEP	M	57	55-59M	1.03.03
282	1084	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	1.03.04
283	1490	2594	MICHELLE	HARDY-BERRINGTON	VWAC	F	39	35-39F	1.03.05
284	1147	947	GANIEF	DAVIDS	CHARLO	M	58	55-59M	1.03.37
285	1467	40320	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	1.03.53
286	1141	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	1.04.00
287	1577	8113	ABRAHAMS	EBRAHIM	TEMP	M	59	55-59M	1.04.03
288	1382	8105	PATRICK	SEKHABI	TEMP	M	46	45-49M	1.04.06
289	1028	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	1.04.17
290	1385	840	BRONWIN	MEYER	32GI	F	52	50-54F	1.04.17
291	1333	8033	SISANDA	FATA	TEMP	F	29	SF	1.04.19
292	1364	884	SHAMEMMA	SOLOMON	CHARLO	F	44	40-44F	1.04.20
293	1116	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	1.04.23
294	1286	8286	MONIQUE	VAN NIEKERK	TEMP	F	26	SF	1.04.24
295	1120	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	1.04.24
296	1392	1611	Magdalena	Bothma	DESPATCH	F	43	40-44F	1.04.24
297	1310	8010	JENNI	STROBOS	TEMP	F	41	40-44F	1.04.24
298	1474	8122	KAY-LEE	MARX	TEMP	F	28	SF	1.04.26
299	1253	8253	SIVIWE	NANGU	TEMP	M	41	40-44M	1.04.37
300	1489	1791	NOZUKO	DLAMBA	VUKANI	F	47	45-49F	1.04.48
301	1112	848	WAYNE	SCHOLTZ	32GI	M	44	40-44M	1.04.50
302	1381	796	REBECCA	JORDAAN	32GI	F	33	SF	1.04.50
303	1478	1478	GERALD	MALES	TEMP	M	56	55-59M	1.04.55
304	1250	8250	JASON	NADER	TEMP	M	46	45-49M	1.04.59
305	1186	753	PLACXEDES	NDHLOVU	CRUSADE	F	50	50-54F	1.05.14
306	1022	1387	ALTA-MARI	GREBE	NEDBANK	F	43	40-44F	1.05.25
307	1016	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.05.25
308	1476	1476	WAYNE	CHERRY	TEMP	M	52	50-54M	1.05.32
309	1383	512	GARFIELD	TSATSANE	SIBALEKA	M	58	55-59M	1.05.35
310	1504	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	1.05.36
311	1528	1445	NOYISE	LUVALO	NEDBANK	F	45	45-49F	1.05.38
312	1021	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.05.48
313	1059	88	HENRY	PRAHALADH	INFINITY	M	57	55-59M	1.05.55
314	1232	8232	ALEXANDRA	KING	TEMP	M	21	SM	1.06.02
315	1063	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	1.06.09
316	1066	1310	PHUMLA	SIBALI	VWAC	F	45	45-49F	1.06.10
317	1471	1471	ERIN	KILROE	TEMP	F	22	SF	1.06.10
318	1399	8114	DAWOOD	BABOO	TEMP	M	37	35-39M	1.06.16
319	1200	1776	SIPHOKAZI	MANI	VUKANI	F	34	SF	1.06.24

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
320	1122	1794	NOMLINDO	MAKUBALO	VUKANI	F	50	50-54F	1.06.24
321	1173	1382	CHARMELL	KOOPMAN	NEDBANK	F	44	40-44F	1.06.43
322	1003	1689	SILKE	BOTHA	MADIBA	F	27	SF	1.06.54
323	1176	2595	Thabelo	Masia	VWAC	F	34	SF	1.06.58
324	1260	8260	JESS	PETERS	TEMP	F	23	SF	1.06.59
325	1340	8040	KUHLE	MAYAPI	TEMP	F	36	35-39F	1.07.00
326	1275	8275	SHANNON	SMITH	TEMP	F	28	SF	1.07.07
327	1062	748	MELINDA	ROIG	CRUSADE	F	54	50-54F	1.07.08
328	1330	8030	JUANDRE	BAYNES	TEMP	M	25	SM	1.07.09
329	1317	8017	JACQUES	MINNIE	TEMP	M	25	SM	1.07.09
330	1015	572	SHANTE	DU PLESSIS	RUN4C	F	32	SF	1.07.11
331	1219	8219	ANGUS	GESWINT	TEMP	M	36	35-39M	1.07.20
332	1314	8014	MARK	WEYER	TEMP	M	59	55-59M	1.07.23
333	1321	8021	IBANATHI	MPANGALALA	TEMP	M	33	SM	1.07.40
334	1464	1333	MBULELO	SOBIKWA	NEDBANK	M	70	70+M	1.07.42
335	1323	8023	ALFRED	NONGAYIYANA	TEMP	M	29	SM	1.07.55
336	1014	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.07.56
337	1226	8226	GEOFFREY	HOPPNER	TEMP	M	46	45-49M	1.08.04
338	1008	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	1.08.08
339	1439	8143	MICHELLE	BLOM	TEMP	F	47	45-49F	1.08.13
340	1438	8144	LISA	RANDALL	TEMP	F	44	40-44F	1.08.13
341	1244	8244	NOKWANDA	MBATHA	TEMP	F	38	35-39F	1.08.25
342	1255	8255	FEZEKA	NGOBESE	TEMP	F	35	35-39F	1.08.26
343	1027	709	BABALWA	HENA	SIBALEKA	F	47	45-49F	1.08.28
344	1312	8012	MELISSA	VAN WYK	TEMP	F	32	SF	1.08.30
345	1089	2330	ANIRLE	DE MEYER	VITALITY	F	27	SF	1.08.31
346	1158	536	ELIZMA	HARMSE	RUN4C	F	63	60-64F	1.08.36
347	1502	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.08.39
348	1273	8273	SIHLE	SIDU	TEMP	F	27	SF	1.08.47
349	1576	8116	ROXANNE	MULLER	TEMP	F	40	40-44F	1.08.47
350	1020	570	PIETER	GERBER	RUN4C	M	66	65-69M	1.08.54
351	1429	1603	RONNIE	JONKER	DESPATCH	M	54	50-54M	1.09.02
352	1107	862	MALIBONGWE	NKOMIYAHLABA	RUN4C	M	40	40-44M	1.09.14
353	1402	40188	Lauren	Gerber	ELITEAC	F	17	JF	1.09.17
354	1190	1587	MARISKA	OLIVIER	DESPATCH	F	37	35-39F	1.09.25
355	1428	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	1.09.25
356	1102	1239	YOLANDE	KNOETZE	ELITEAC	F	57	55-59F	1.09.28
357	1292	8292	BIANCA	ZEELIE	TEMP	F	25	SF	1.09.38
358	1118	434	NQABISA	BENYA	CHILLIEP	F	43	40-44F	1.09.47
359	1419	8128	THULANI	NDWANDWE	TEMP	M	34	SM	1.09.55
360	1157	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.10.11
361	1094	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	1.10.14
362	1339	8039	WILHELMINA	MANELI	TEMP	F	34	SF	1.10.15
363	1422	8130	SIMPHIWE	MERILE	TEMP	M	30	SM	1.10.25
364	1407	8126	SINASE	KOMANI	TEMP	F	27	SF	1.10.32
365	1240	8240	BUSISIWE	MAPASA-DUBE	TEMP	F	41	40-44F	1.10.45
366	1496	1604	HENRY	HULME	DESPATCH	M	59	55-59M	1.10.46
367	1235	8235	JANIE	LOTTERING	TEMP	F	34	SF	1.10.50
368	1289	8289	ANAM	WITBOOI	TEMP	F	29	SF	1.10.52
369	1151	2710	TINA	DERBYSHIRE	SAPPE	F	70	70+F	1.11.04
370	1413	2280	SELBY	THABETHE	SIBALEKA	M	51	50-54M	1.11.10
371	1207	8207	CHARMAINE	BURGER	TEMP	F	23	SF	1.11.17
372	1229	8229	AADIEL	JASSEN	TEMP	M	51	50-54M	1.11.38
373	1133	1035	SHANNON	SEPTEMBER	MUIRITE	F	31	SF	1.11.41
374	1366	544	JACQULENE	DU TOIT	RUN4C	F	51	50-54F	1.12.05
375	1119	2711	DANEILLE	HARRY	MADIBAZ	F	39	35-39F	1.12.08
376	1103	980	PETRUS	KOOPMAN	CHARLO	M	63	60-64M	1.12.10
377	1057	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	1.12.11
378	1117	1593	NAOMI	BAKKER	DESPATCH	F	47	45-49F	1.12.31
379	1130	2491	STEPHANIE	SCHEEPERS	DESPATCH	F	28	SF	1.12.32
380	1318	8018	NAYOLENE	JOSEPHUS	TEMP	F	31	SF	1.12.36
381	1451	1800	CWAYITA	MAPEKULA	VUKANI	F	41	40-44F	1.13.23
382	1303	8003	HAZEL	NYALUNGA	TEMP	F	25	SF	1.13.26
383	1403	64	DAVID	FORTEIN	SAPPE	M	59	55-59M	1.13.32

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
384	1239	8239	NTLAKWE	MAPAMPOLE	TEMP	F	31	SF	1.13.52
385	1280	8280	TSHEPO	TOMPANE	TEMP	M	28	SM	1.13.52
386	1315	8015	TERSIA	WEYER	TEMP	F	56	55-59F	1.14.02
387	1357	8057	VATHISWA	MADIKANE-DYANTYI	TEMP	F	38	35-39F	1.14.12
388	1400	8115	MOHAMED	AHMED	TEMP	M	39	35-39M	1.14.18
389	1372	1635	DORIS	GERBER	MADIBA	F	54	50-54F	1.14.30
390	1115	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.14.30
391	1337	8037	SAMANTHA	MABUNDA	TEMP	F	26	SF	1.14.55
392	1491	1375	BARRY	NELSON	NEDBANK	M	73	70+M	1.15.19
393	1458	1231	HELENE	OPPEL	ELITEAC	F	74	70+F	1.15.24
394	1006	1606	FANIE	CLAASSEN	DESPATCH	M	67	65-69M	1.15.33
395	1304	8004	MPUMELELO	PILISANI	TEMP	M	55	55-59M	1.15.47
396	1228	8228	RICHTER	JACOBS	TEMP	M	37	35-39M	1.16.14
397	1301	8001	NOREEN	NELSON	TEMP	F	59	55-59F	1.16.27
398	1281	8281	CLAIRE	TUSTIN-PARKER	TEMP	F	47	45-49F	1.16.28
399	1359	8059	SIMON	STRIMLING	TEMP	M	62	60-64M	1.16.58
400	1351	8051	VUYO	TSHIKI	TEMP	M	36	35-39M	1.17.01
401	1484	8124	MOMELEZI	COMJWA	TEMP	M	29	SM	1.17.31
402	1391	2598	ABONGILE	NQEZO	TRANSNET	F	35	35-39F	1.17.56
403	1295	8295	SIMONE	JACOBS	TEMP	F	39	35-39F	1.18.03
404	1294	8294	CORNELIUS	JACOBS	TEMP	M	40	40-44M	1.18.04
405	1037	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.18.09
406	1093	2554	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.18.11
407	1047	1541	NOCAWE	MDAZUKA	SIBALEKA	F	40	40-44F	1.18.12
408	1557	8146	NOMBULELO	MOOI	TEMP	F	38	35-39F	1.18.17
409	1355	8055	SPENCER	YON	TEMP	M	35	35-39M	1.18.18
410	1328	8028	GRANT	WYLDE	TEMP	M	47	45-49M	1.18.28
411	1203	203	EMMANUELINE	BOA-AMPONSEM	TEMP	F	28	SF	1.18.33
412	1204	8204	SUSAN	BEZUIDENHOUT	TEMP	F	67	65-69F	1.18.39
413	1285	8285	REBECCA	VAN HEERDEN	TEMP	F	24	SF	1.18.41
414	1046	1805	MKONYISELA	MCUBASE	VUKANI	M	38	35-39M	1.18.47
415	1042	2563	PHAKAMA	MATATA	RUN4C	F	33	SF	1.18.52
416	1483	1740	JANICE	JONES	GELVAN	F	48	45-49F	1.18.56
417	1013	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	1.19.22
418	1284	8284	SHAWN	VAN EYK	TEMP	M	57	55-59M	1.19.24
419	1300	8300	RAKGWADI	MORITI	TEMP	M	35	35-39M	1.19.25
420	1034	2607	Algene	Koeberg	MADIBAZ	F	41	40-44F	1.19.57
421	1352	8052	CRYSTAL	VAN HEERDEN	TEMP	F	30	SF	1.20.00
422	1470	2476	ARLENE	HELBERG	ELITEAC	F	61	60-64F	1.20.38
423	1345	8045	HLUBIKAZI	NQADINI	TEMP	F	35	35-39F	1.20.40
424	1283	8283	DEIDRE	VAN EYK	TEMP	F	55	55-59F	1.20.40
425	1026	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.20.41
426	1279	8279	MOSALE	TLAKA	TEMP	F	27	SF	1.20.58
427	1208	8208	NICOLENE	BURGER	TEMP	F	51	50-54F	1.21.17
428	1257	8257	RENEE	OLIVIER	TEMP	F	56	55-59F	1.21.17
429	1573	5078	MALESIBA	MABE	TV	F	36	35-39F	1.21.26
430	1342	8042	NIKKI	MOSS	TEMP	F	44	40-44F	1.21.26
431	1150	40001	ZANTE	DEKKER	SAPPE	F	17	JF	1.21.34
432	1148	75	HESTER	DEKKER	SAPPE	F	52	50-54F	1.21.34
433	1106	2022	LERATO	MUZAH	MALABAR	F	38	35-39F	1.21.42
434	1416	8127	BULELANI	MARA	TEMP	M	40	40-44M	1.21.42
435	1058	452	SHARON	POTGIETER	WALMER	F	60	60-64F	1.21.59
436	1017	529	ANDRE	FOURIE	RUN4C	M	77	70+M	1.22.13
437	1193	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.22.13
438	1146	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	1.22.35
439	1217	8217	JANEL	FOUCHE	TEMP	F	27	SF	1.23.20
440	1325	8025	NATHAN	SAULS	TEMP	M	25	SM	1.23.27
441	1061	53	KEZIA	PRINSLOO	SAPPE	F	40	40-44F	1.24.08
442	1097	720	CLEO	JACOBS	CRUSADE	F	23	SF	1.25.00
443	1210	8210	VERNA	CLAASSEN	TEMP	F	62	60-64F	1.25.08
444	1121	2021	TARRYN	JONAS	MALABAR	F	39	35-39F	1.25.09
445	1308	8008	PATUXOLO	QWANE	TEMP	M	26	SM	1.25.24
446	1083	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	1.25.28
447	1043	722	YOLISWA	MATWA	CRUSADE	F	41	40-44F	1.25.35

POS	RNO	LIC	NAME	SURNAME	CLUBCODE	SEX	AGE	CAT	HMS
448	1065	81	JOSE	DOS SANTOS	INFINITY	M	59	55-59M	1.25.38
449	1397	8111	NONGAMSO	MASAKA	TEMP	F	40	40-44F	1.26.08
450	1545	8119	THANDOKAZI	MTINI	TEMP	F	30	SF	1.26.41
451	1322	8022	NTOMBIZODWA	NGWEVELA	TEMP	F	30	SF	1.26.41
452	1018	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.27.31
453	1246	8246	CHARLOTTE	MOTHILALL	TEMP	F	42	40-44F	1.27.57
454	1199	2604	MARCOLENE	SAUNDERS	MADIBAZ	F	40	40-44F	1.28.17
455	1270	8270	MACKENZIE	SALT	TEMP	F	16	JF	1.28.48
456	1249	8249	SINESIPHO	MTIKI	TEMP	F	31	SF	1.29.08
457	1070	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.30.22
458	1299	8299	AMANDLA	MONA	TEMP	M	27	SM	1.30.51
459	1309	8009	MAYRA	SMITH	TEMP	F	30	SF	1.30.52
460	1302	8002	MPHO	NEMUKULA	TEMP	F	39	35-39F	1.31.13
461	1282	8282	ALUNGILE	TYWAKU	TEMP	F	32	SF	1.31.16
462	1259	8259	JUDITH	PARFITT	TEMP	F	48	45-49F	1.32.24
463	1258	8258	GARTH	PARFITT	TEMP	M	50	50-54M	1.32.25
464	1174	910	RAE	LUCKMAN	CHARLO	F	54	50-54F	1.34.44
465	1506	962	MILE	VERMAAK	CHARLO	F	57	55-59F	1.34.46
466	1263	8263	NIKIWE	PURITY	TEMP	F	26	SF	1.36.52
467	1463	1703	GODFREY	KARIEM	GELVAN	M	84	70+M	1.37.07
468	1445	1095	MOF	BOTHA	ACH	M	69	65-69M	1.38.34
469	1245	8245	SOTHINI	MKOSANA	TEMP	F	30	SF	1.39.22
470	1518	8149	NANDIPHA	TYHALI	TEMP	F	27	SF	1.39.40
471	1343	8043	SIYOLISE	MVA	TEMP	F	29	SF	1.39.58
ELPERS RUN									
H01	8001	1247	LISLE	MATTHEWS	ELITE A C	F	50	50-54F	0.52.11
H02	8002	1237	HERMAN	MATTHEWS	ELITE A C	M	50	50-54M	0.56.15
H03	8003	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	0.56.51
H04	8004	618	KELLY	HOLMES	ASPEN	F	47	45-49F	0.56.51
H05	8005	633	DAVID	NEL	ASPEN	M	37	35-39M	0.57.28
H06	8006	40385	JARNO	NEL	ASPEN	M	14	JM	0.57.29
H07	8007	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	0.57.31
H08	8008	625	YOLANDA	SIDWABA	ASPEN	F	33	SF	0.57.33
H09	8009	615	KATHERINE	NEL	ASPEN	F	F	35-39F	1.02.36
H10	8010	455	JODI	PIENAAR	WALMER	M	30	SM	1.02.37
H11	8011	631	LWAZI	MDUNYA	ASPEN	M	38	35-39M	1.06.13
H12	8012	648	MVULELI	MAGAWULANA	ASPEN	M	48	45-49M	1.06.20
H13	8013	627	VICKI	VAN SCHALKWYK	ASPEN	F	43	40-44F	1.06.23
H14	8014	643	XOLISWA	SIYOKO	ASPEN	F	30	SF	1.07.45
H15	8015	645	KHULISO	NEPHALAMA	ASPEN	M	34	SM	1.08.54
H16	8016	623	MARIO	NEL	ASPEN	M	47	45-49M	1.09.18
H17	8017	2717	JESSICA	MURPHY	ASPEN	F	34	SF	1.12.13