



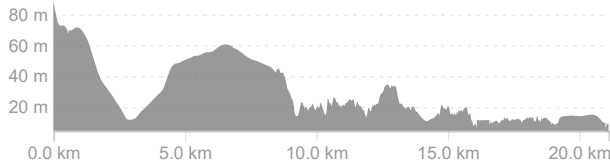
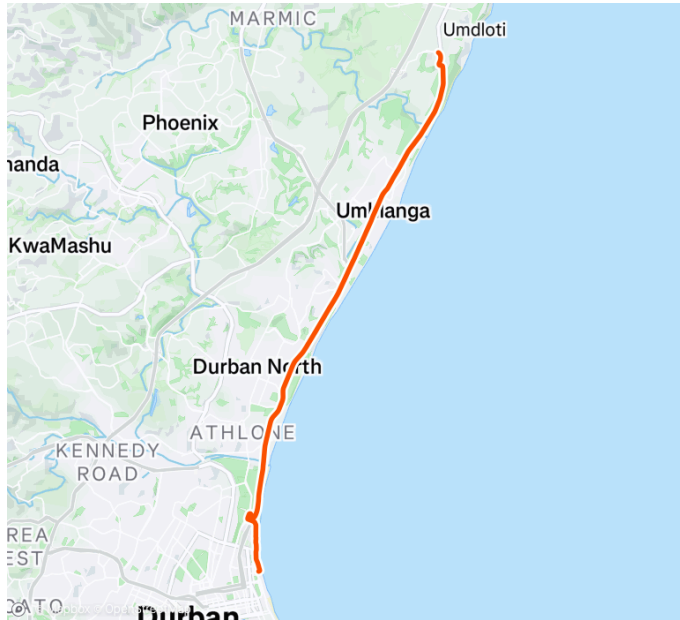
Balwin Sport Dolphin Coast 21km 2025

<https://www.strava.com/routes/3172907297883904824>

21.1 km
Distance

142 m
Elevation Gain

2:15:48
Est. Moving Time



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws.

DIRECTION	DISTANCE
Proceed onto Sibaya Drive	0.0 km
Proceed onto Sibaya Drive	0.4 km
Proceed onto Sibaya Drive	0.5 km
Continue on M4	0.5 km

DIRECTION	DISTANCE
Continue on Leo Boyd Highway	0.6 km
Proceed onto Leo Boyd Highway	0.6 km
Proceed onto Leo Boyd Highway	4.3 km
Proceed onto M4 - Ruth First Highway	13.8 km
Proceed onto M4 - Ruth First Highway	14.1 km
Proceed onto M4 - Ruth First Highway	14.3 km
Proceed onto M4 - Ruth First Highway	16.1 km
Proceed onto M4 - Ruth First Highway	16.3 km
Continue on M4 bridge cycle path	16.5 km
Proceed onto Isaiah Ntshangase Road	18.5 km
Proceed onto off-road waypoint. No data available	18.7 km
Proceed onto off-road waypoint. No data available	18.7 km
Left onto Masabalala Yengwa Avenue	18.8 km
Proceed onto Durban Promenade	19.0 km
Proceed onto Durban Promenade	19.0 km
Proceed onto Durban Promenade	19.2 km
Proceed onto Durban Promenade	19.4 km
Proceed onto Durban Promenade	20.1 km
Proceed onto Durban Promenade	20.5 km
Arrive at Finish	21.1 km