

CAPE ST FRANCIS RESORT CALAMARI RUN - 21.1KM - SATURDAY 22 SEPTEMBER 2024

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2166	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	1.09.49	5
2	2171	1376	GIFT	CHIGOMARAWA	NEDBANK	M	36	35-39M	1.12.41	5
3	2279	50677	RENIER	GROBLER	NEDRCAGN	M	41	40-44M	1.13.53	0
4	2170	1478	RODNEY	PRINS	NEDBANK	M	36	35-39M	1.16.53	5
5	2231	50813	ANDRE	VENTER	UNKNOWN	M	31	SM	1.17.17	0
6	2153	3653	KYLE	WHITE	TEMP	M	21	SM	1.20.33	0
7	2154	50222	NELIUS	SMITH	OUTENH	M	32	SM	1.23.44	0
8	2146	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	1.25.29	5
9	2235	1901	JOSHUA	NTABANYANE	STFRAN	M	32	SM	1.25.39	3
10	2223	50659	MARLIN	MORTLOCK	KNYSNA	M	50	50-54M	1.28.15	0
11	2289	5734	YANDISA	MAHLANYANA	TEMP	M	37	35-39M	1.29.17	0
12	2219	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	1.29.18	4
13	2214	156	STANTON	FREEMAN	ACT AC	M	46	45-49M	1.29.20	4
14	2168	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	1.31.06	3
15	2040	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.31.41	5
16	2200	1600	GRANT	MISKIN	TEMP	M	30	SM	1.32.28	0
17	2183	1583	ROAN	JANSE VAN RENSBURG	TEMP	M	19	JM	1.32.43	0
18	2215	1014	LINDI	GEORGIU	BODYCON	F	44	40-44F	1.32.50	5
19	2194	2194	ANDREW	BIRKETT	TEMP	M	35	35-39M	1.34.11	0
20	2271	2166	GRAHAM	TERBLANCHE	MADIBAZ	M	59	55-59M	1.34.29	5
21	2036	1536	JACQUES	LEANDER	JBAY	M	40	40-44M	1.34.35	3
22	2136	2732	HUGO	VAN ROOYEN	JBAY	M	44	40-44M	1.35.08	3
23	2042	1395	MICHAEL	MAGSON	NEDBANK	M	48	45-49M	1.35.53	3
24	2159	856	THERESA	BUCHNER	32GI	F	39	35-39F	1.36.07	3
25	2169	1431	GIDEON	MENGO	NEDBANK	M	47	45-49M	1.38.17	3
26	2260	5753	ANDRE	DALTON	TEMP	M	63	60-64M	1.38.41	0
27	2090	3490	SHAWN	MELLOR	TEMP	M	35	35-39M	1.39.51	0
28	2177	1577	JANE	BARNARDO	TEMP	F	49	45-49F	1.40.25	0
29	2167	1340	WELCOME	LOLIWE	NEDBANK	M	59	55-59M	1.40.37	3
30	2121	852	Amy-Lee	Sansom	32GI	F	23	SF	1.40.39	2
31	2041	1394	DAVERA	MAGSON	NEDBANK	F	49	45-49F	1.41.10	4
32	2285	1137	NELIA	JACOBS	JBAY	F	45	45-49F	1.42.09	4
33	2032	1729	BRIAN	JONAS	GELVAN	M	63	60-64M	1.42.35	4
34	2026	12167	HUMAN	GILLIOMEE	VITALGN	M	25	SM	1.42.53	0
35	2228	1902	JEN	VALLANCE	STFRAN	F	37	35-39F	1.43.12	2
36	2272	715	BILL	DAVIDS	MADIBAZ	M	54	50-54M	1.43.51	2
37	2236	1283	URAN	LE ROUX	VWAC	M	57	55-59M	1.44.30	3
38	2028	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	1.45.11	2
39	2084	3484	MARINE	KOCK	TEMP	F	26	SF	1.45.17	0
40	2224	2317	KHAKA	NJOZELA	VITALITY	M	38	35-39M	1.45.39	2
41	2013	51489	MICHELLE	CONROY	NEDBOR	F	49	45-49F	1.46.07	0
42	2189	1589	LISA	RETIEF	TEMP	F	22	SF	1.47.47	0
43	2098	3498	JANINE	PRINS	TEMP	F	45	45-49F	1.48.22	0
44	2197	1597	ALICE	FREEDMAN	TEMP	F	43	40-44F	1.49.07	0
45	2057	6857	HENRICO	BEYERS	TEMP	M	35	35-39M	1.49.14	0
46	2148	1176	JOHANN	BEKKER	JBAY	M	42	40-44M	1.49.31	2
47	2172	5728	ANEL	STRAUSS	TEMP	F	19	JF	1.49.45	0
48	2284	6795	SEAN	ROSS	TEMP	M	33	SM	1.49.56	0
49	2116	3616	ANGUS	SPENCE	TEMP	M	33	SM	1.50.09	0
50	2227	2059	ELBE	STRYDOM	STFRAN	M	52	50-54M	1.50.23	2
51	2196	1596	ELIZABETH	ANDERSON	TEMP	F	43	40-44F	1.50.43	0
52	2056	6856	JAKE	BESTER	TEMP	M	46	45-49M	1.51.18	0
53	2232	2688	JUSTIN	WEBB	ALBANY	M	24	SM	1.51.36	1
54	2030	1456	Paul	Rossouw	JBAY	M	26	SM	1.52.19	1
55	2282	6800	BERNHARD	VAN RENSSSEN	TEMP	M	31	SM	1.52.19	0
56	2103	2108	BERNICE	NEL	HEATAC	F	36	35-39F	1.52.23	2
57	2096	3496	BILLY	NEL	TEMP	M	39	35-39M	1.52.23	0
58	2217	2393	CHELTON	KADONDO	STFRAN	M	34	SM	1.52.32	1
59	2119	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	1.52.48	2
60	2209	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	1.52.55	3
61	2229	50400	MICHELLE	VAN EMMENIS	HPMIDAS	F	49	45-49F	1.53.11	0
62	2060	6860	VICUS	BOSCH	TEMP	M	39	35-39M	1.53.45	0
63	2149	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	1.54.08	2
64	2145	2343	CLAIRE	WHITE	VITALITY	F	44	40-44F	1.54.18	2
65	2300	6793	JANDRI	NELL	TEMP	F	40	40-44F	1.54.58	0
66	2259	2681	ROSS	BENNETT	TEMP	M	31	SM	1.55.12	0
67	2078	552	GEOFFREY	SWARTBOOI	RUN4C	M	48	45-49M	1.55.14	1
68	2085	3485	CATHERINE	LOUW	TEMP	F	38	35-39F	1.55.27	0
69	2218	50428	PRASHAN	KESHAW	ELAC	M	49	45-49M	1.55.41	0
70	2012	51487	KIRSTEN	COLLINS	NEDBOR	F	40	40-44F	1.55.44	0
71	2011	51484	GRANT	COLLINS	NEDBOR	M	45	45-49M	1.55.45	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
72	2025	532	JUDY	GERBER	RUN4C	F	58	55-59F	1.55.57	2
73	2192	1592	CLAIRE	VAN DER NEST	TEMP	F	43	40-44F	1.56.02	0
74	2220	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	1.56.18	1
75	2038	1905	FRANS	LOOTS	STFRAN	M	68	65-69M	1.56.40	2
76	2294	791	JAN	GERBER	32GI	M	48	45-49M	1.56.42	1
77	2044	50862	EUGENE	MARAI	CAPEMS	M	51	50-54M	1.56.43	0
78	2222	1129	MARK	MOMBERG	ACH	M	51	50-54M	1.56.51	1
79	2118	3618	DEWALD	STEENKAMP	TEMP	M	39	35-39M	1.57.01	0
80	2046	1247	LISLE	MATTHEWS	ELITEAC	F	50	50-54F	1.57.27	2
81	2128	8052	DHIRESH	VALLABH	SCOTTAC	M	39	35-39M	1.57.38	0
82	2208	1289	NICK	CHAPMAN	VWAC	M	52	50-54M	1.57.48	1
83	2178	1578	HILTON	CAMERON	TEMP	M	53	50-54M	1.58.25	0
84	2064	6864	OLLIE	CORNISH	TEMP	M	19	JM	1.58.28	0
85	2061	6861	RODNEY	BUTTERS	TEMP	M	62	60-64M	1.58.33	0
86	2130	3630	CHRIS	UNWIN	TEMP	M	50	50-54M	1.58.46	0
87	2073	6873	JOSEFIEN	ENGELBRECHT	TEMP	F	25	SF	1.58.59	0
88	2133	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	1.59.01	2
89	2050	2626	MCEBISI	MZINZI	DPWEC	M	44	40-44M	1.59.08	1
90	2201	1601	KELLY	MASTERTON	TEMP	F	23	SF	1.59.16	0
91	2075	2647	GEANNE	DARKE	STFRAN	F	50	50-54F	1.59.22	2
92	2181	1581	LEA	DE VILLIERS	TEMP	F	19	SF	1.59.25	0
93	2101	51054	DOLLY	NDUDE	BUFFALO	F	52	50-54F	1.59.29	0
94	2002	342	Jonathan	Bakker	MUIRITE	M	33	SM	1.59.32	1
95	2191	1591	SABRINA	STRANSKY	TEMP	F	28	SF	1.59.32	0
96	2018	51811	JOHAN	DEKKER	IRENE	M	52	50-54M	2.00.22	0
97	2132	1150	TANYA	VAN DER WESTHUIZEN	JBAY	F	41	40-44F	2.00.23	1
98	2100	7000	ARINDA	PRITCHARD	TEMP	F	46	45-49F	2.00.47	0
99	2099	1599	ANDREW	PRITCHARD	TEMP	M	55	55-59M	2.00.47	0
100	2129	510	CHRISTINE	VAN DER BERG	JBAY	F	60	60-64F	2.00.49	2
101	2111	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	2.01.02	1
102	2202	1602	SCOTT	BESTER	TEMP	M	24	SM	2.01.09	0
103	2198	2198	UNKNOWN		TEMP	M	34	SM	2.01.30	0
104	2131	2188	JOHANN	VAN DER MERWE	MADIBAZ	M	60	60-64M	2.01.59	1
105	2187	1587	HUDSON	RAATH	TEMP	M	41	40-44M	2.02.24	0
106	2080	6869	JACQUES	NEL	TEMP	M	48	45-49M	2.03.01	0
107	2069	6869	DANIEL	DIEDERICKS	TEMP	M	20	SM	2.03.14	0
108	2293	1533	SHANTELE	BIRD	JBAY	F	45	45-49F	2.04.19	1
109	2156	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	2.04.25	1
110	2009	1887	DEBRA JANE	CHRISTY	STFRAN	F	60	60-64F	2.04.52	2
111	2124	8995	TRISTAN	SLATER	SPRINGS	M	25	SM	2.04.54	0
112	2292	1111	GRAHAM	CHANNON	ACH	M	75	70+M	2.04.59	2
113	2135	3635	HELENA	VAN HUYSSTEEN	TEMP	F	25	SF	2.05.10	0
114	2115	281	MONIQUE	RICHARDSON	MUIRITE	F	29	SF	2.05.10	1
115	2134	3634	FRANCOIS	VAN DER MERWE	TEMP	M	19	JM	2.05.12	0
116	2067	6867	WILMA	DE WAAL	TEMP	F	27	SF	2.05.13	0
117	2179	1579	ESTEE	COCKCROFT	TEMP	F	39	35-39F	2.05.14	0
118	2161	1561	NATALIE	GOEDHALS	TEMP	F	40	40-44F	2.05.15	0
119	2094	3494	FELIX	MUCHIKA	TEMP	M	72	70+M	2.05.16	0
120	2010	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	2.05.21	1
121	2152	3452	LYNNE	WOODS	TEMP	F	43	40-44F	2.05.28	0
122	2137	3637	KIM	VAN ROOYEN	TEMP	F	40	40-44F	2.05.34	0
123	2299	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	2.05.36	1
124	2139	3639	KAREL	VERNOUT	TEMP	M	28	SM	2.06.27	0
125	2054	6854	KATIE	BATCHELOR	TEMP	F	38	35-39F	2.06.29	0
126	2290	1062	SISEKO	HOLLAND	TRANSNET	M	40	40-44M	2.06.38	1
127	2157	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	2.06.42	2
128	2021	1772	ABENA	DLAKAVU	VUKANI	F	37	35-39F	2.06.49	1
129	2221	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	2.07.14	1
130	2112	2480	SHIRLEY	RADEMEYER	ELITEAC	F	28	SF	2.07.26	1
131	2117	2668	ERIC	RUITERS	JBAY	M	49	45-49M	2.08.13	1
132	2147	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	2.08.48	1
133	2019	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	2.08.48	1
134	2270	6576	PHUNYEZWA	NDEVU	SABC	F	58	55-59F	2.09.40	0
135	2001	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	2.09.47	1
136	2288	5733	FRANCOIS	ALBERTS	TEMP	M	56	55-59M	2.09.56	0
137	2089	3489	CHRISTOPHER	MCWILLIAMS	TEMP	M	29	SM	2.10.24	0
138	2031	992	CYNTHIA	HEYNS	CHARLO	F	40	40-44F	2.11.04	1
139	2186	1586	SABELO	NKOMO	TEMP	M	21	SM	2.11.56	0
140	2045	1237	HERMAN	MATTHEWS	ELITEAC	M	49	45-49M	2.12.00	1
141	2086	3486	KERRY	LOUW	TEMP	F	41	40-44F	2.12.02	0
142	2150	1149	CHRISTELLE	BLUME	JBAY	F	56	55-59F	2.14.15	1
143	2016	1148	Jan	de Jager	JBAY	M	65	65-69M	2.16.27	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
144	2126	3626	KIM	STRYDOM	TEMP	F	41	40-44F	2.16.32	0
145	2184	1584	ALPESH	JEEWA	TEMP	M	32	SM	2.16.55	0
146	2091	3491	JUSTIN	MILNE	TEMP	M	44	40-44M	2.17.06	0
147	2107	1153	JANENE	OOSTHUIZEN	JBAY	F	45	45-49F	2.17.25	1
148	2188	1588	JONATHAN	RAUCH	TEMP	M	27	SM	2.17.28	0
149	2076	51421	KAREN	BUCHNER	JQ	F	62	60-64F	2.17.31	0
150	2114	3614	FRANCES	SOLOMON	TEMP	F	39	35-39F	2.19.01	0
151	2070	6870	HANDREY	DU PLESSIS	TEMP	M	46	45-49M	2.19.01	0
152	2138	3638	KATE	VENTER	TEMP	F	41	40-44F	2.19.40	0
153	2163	1563	SIAN	HARDING	TEMP	F	42	40-44F	2.20.13	0
154	2165	455	JODI	PIENAAR	WALMER	M	30	SM	2.20.38	1
155	2113	3613	FABIAN	SMITH	TEMP	M	41	40-44M	2.21.00	0
156	2216	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	2.21.07	1
157	2143	3643	HEATHER	WHITE	TEMP	F	42	40-44F	2.21.22	0
158	2003	9903	UNATHI	BEKU	PHOBIAN	F	31	SF	2.21.27	0
159	2140	3640	ANEL	VISSER	TEMP	F	26	SF	2.21.43	0
160	2234	1143	AMANDA	WILSON	JBAY	F	54	50-54F	2.21.44	1
161	2097	3497	JUANNE	PRETORIUS	TEMP	F	32	SF	2.22.08	0
162	2226	2352	ASANDA	SASANTI	VITALITY	F	34	SF	2.22.09	1
163	2144	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	2.22.48	1
164	2106	1248	EULIDA	OELOFSE	ELITEAC	F	51	50-54F	2.22.59	1
165	2213	1139	LIEZL	FERREIRA	JBAY	F	41	40-44F	2.22.59	1
166	2286	2230	MLULEKI	GQOBOSE	MADIBAZ	M	55	55-59M	2.23.22	1
167	2055	6855	SARAH	BELCHER	TEMP	F	42	40-44F	2.23.58	0
168	2164	1564	ANNE	HIRSCH	TEMP	F	40	40-44F	2.23.59	0
169	2151	17611	SHERWYN	ROUSSOUW	WATER	M	45	45-49M	2.24.06	0
170	2108	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-44F	2.24.20	1
171	2212	1883	FRANCISCA	DU TOIT	STFRAN	F	59	55-59F	2.24.41	1
172	2158	3658	CARLA	GEDDES	TEMP	F	39	35-39F	2.25.05	0
173	2296	2795	ANSA	VON HAGEN	TEMP	F	52	50-54F	2.25.41	0
174	2088	3488	ANNEMARIE	MATTHEUS	TEMP	F	52	50-54F	2.25.42	0
175	2022	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	2.25.43	1
176	2051	1851	ROBERT	BERRINGTON	TEMP	M	39	35-39M	2.26.14	0
177	2093	3493	TAMMY	MOOLMAN	TEMP	F	34	SF	2.26.35	0
178	2160	1560	IAIN	GEDDES	TEMP	M	42	40-44M	2.27.02	0
179	2102	3602	ANDREW	ROBERTS	TEMP	M	40	40-44M	2.27.07	0
180	2104	861	FAKAZILE	NKOMIYHLABA	RUN4C	F	37	35-39F	2.27.45	1
181	2083	3483	KELLY	KINGWILL	TEMP	F	25	SF	2.28.07	0
182	2005	298	SANET	BOUCHER	MUIRITE	F	44	40-44F	2.28.14	1
183	2283	1054	DELANI	THUSI	TRANSNET	M	41	40-44M	2.29.18	1
184	2095	3495	SAVANA	NADLER	TEMP	F	26	SF	2.29.47	0
185	2006	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	2.29.51	1
186	2074	6874	LAUREN	FERRANT	TEMP	F	22	SF	2.30.11	0
187	2123	3623	AMY	STRYDOM	TEMP	F	23	SF	2.30.11	0
188	2142	3642	ANRI	VORSTER	TEMP	F	37	35-39F	2.30.24	0
189	2077	810	TRENTON	MATTHEWS	NMBMUN	M	33	SM	2.31.59	1
190	2291	1102	KEN	BARWOOD	ACH	M	69	65-69M	2.32.35	1
191	2182	1582	NIKKI	GERRARD	TEMP	F	52	50-54F	2.33.06	0
192	2039	10419	VICTORIA	LYNCH	PIR	F	28	SF	2.33.06	0
193	2190	1590	MEGAN	SPRIGGS	TEMP	F	23	SF	2.33.19	0
194	2120	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	2.34.15	1
195	2242	2594	MICHELLE	HARDY-BERRINGTON	VWAC	F	39	35-39F	2.35.08	1
196	2081	3481	BARBARA	HOEK	TEMP	F	42	40-44F	2.35.12	0
197	2233	1119	TREMAINE	WESSON	ACH	M	64	60-64M	2.35.33	1
198	2082	3482	JOANNE	HUGHES	TEMP	F	38	35-39F	2.36.31	0
199	2230	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	2.37.16	1
200	2185	1585	BRETT	KOLESKY	TEMP	M	24	SM	2.37.21	0
201	2033	641	JACQUES	KEIRSGIETER	ASPEN	M	36	35-39M	2.40.29	1
202	2210	1610	KRYNAUW	GREEF	TEMP	M	20	SM	2.41.57	0
203	2243	6093	DIRK	LUCAS	TEMP	M	71	70+M	2.42.03	0
204	2043	1134	ERNST	MARAIS	JBAY	M	75	70+M	2.42.49	1
205	2109	600	ANDRE	PIENAAR	RUN4C	M	61	60-64M	2.45.06	1
206	2063	6863	DOUGLAS	CORNISH	TEMP	M	52	50-54M	2.46.28	0
207	2180	1580	LIJU	DANIELKUTTY	TEMP	M	24	SM	2.49.20	0
208	2211	1791	NOZUKO	DLAMBA	VUKANI	F	47	45-49F	2.49.53	1
209	2066	6866	JADE	DE GOEDE	TEMP	M	31	SM	2.50.27	0
210	2065	6865	MEL-MARIE	DE BEER	TEMP	F	26	SF	2.50.27	0
211	2062	6862	SANDRA	BUTTERS	TEMP	F	59	55-59F	2.52.16	0
212	2027	1287	BANDILE	GWAMANDA	VITALITY	M	54	50-54M	2.58.05	1
213	2014	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	3.03.54	1
214	2280	5793	MARTIN	POTGIETER	TEMP	M	45	45-49M	3.04.33	0
215	2297	6796	LUARD	ELSTADT	TEMP	M	20	SM	3.04.34	0

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216	2193	6193	TIAAN	BLACK	TEMP	F	20	SF	3.04.34	0
217	2004	42	CRAIG	BESTER	ACH	M	47	45-49M	3.06.21	1
218	2053	6853	BASIL	BARRY	TEMP	M	77	70+M	3.11.56	0