

BAY RUN BY DISCOVERY VITALITY 10KM - PORT ELIZABETH - 2024/10/05

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1344	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	0.29.32	1
2	1345	357	SINAWO	POTI	IKHAMVA	M	22	SM	0.31.33	1
3	2953	439	MXOLELENI	TABATA	CHILLIEP	M	21	SM	0.31.48	1
4	1451	40177	SIYAVUYA	JEYI	MOTHER	M	19	JM	0.32.30	1
5	2952	1437	AVIWE	TOLWANA	CHILLIEP	M	20	SM	0.33.12	1
6	1441	40508	KEANU	WELCH	VARSITY	M	19	JM	0.33.43	1
7	1452	513	SIBUSISO	COLEPI	MOTHER	M	19	SM	0.34.04	1
8	2923	2129	SAKHE	MAHOTE	MADIBAZ	M	20	SM	0.34.40	1
9	1457	40341	ANTON	AVENATHI	SIBALEKA	M	17	JM	0.34.43	1
10	1171	1458	GEORGE	NTSHILIZA	BLUEBAY	M	45	45-49M	0.34.51	1
11	1348	1322	SINETHEMBA	MIRELE	NEDBANK	M	27	SM	0.34.52	1
12	1449	40509	JANCO	LANDMAN	VARSITY	M	15	JM	0.34.52	1
13	2936	1242	GCOBANI	BEKWAPHI	ELITEAC	M	45	45-49M	0.35.01	1
14	1487	1029	NYASHA	MUKANDI	BODYCON	M	32	SM	0.35.14	1
15	1030	40005	BULUMKO	MALINGA	NEDBANK	M	17	JM	0.35.20	1
16	2921	165	PERFECT	MBONENI	ACT AC	M	39	35-39M	0.35.23	1
17	1346	350	NTSIKA	Ntamo	IKHAMVA	M	21	SM	0.35.38	1
18	1269	2167	PHATHUTSHEDZO	TLOU	MADIBAZ	M	23	SM	0.35.40	1
19	1443	40515	CHRISTIANO	BROWN	VARSITY	M	16	JM	0.35.45	1
20	1349	1391	MNCEDI	KHANTI	NEDBANK	M	45	45-49M	0.36.06	1
21	2928	440	ARCHIE	ZAKE	CHILLIEP	M	24	SM	0.36.09	1
22	1277	999	GRAHAM	ESHMADE	CHARLO	M	47	45-49M	0.36.12	1
23	1210	3910	NATHAN	LE ROUX	TEMP	M	27	SM	0.36.40	0
24	2924	174	VIWE	TEKO	ACT AC	M	26	SM	0.37.18	1
25	2929	20136	VUYISANANI	NOMTSHATSHO	CHILLI	M	20	SM	0.37.38	0
26	1298	950	CHARLES	SEGALO	CHARLO	M	37	35-39M	0.37.47	1
27	1179	40386	Brad	Solomon	MADIBA	M	17	JM	0.37.59	1
28	1143	40015	JORDAN	FORTUIN	RUN4C	M	19	JM	0.38.33	1
29	1215	3915	SIYATHEMBA	MBADULI	TEMP	M	25	SM	0.38.42	0
30	1460	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	0.39.16	1
31	1192	1443	DENYS	WOLMARANS	NEDBANK	M	45	45-49M	0.39.30	1
32	1175	40646	Esinaso	Mtuzula	BLUEBAY	M	18	JM	0.39.47	1
33	2905	1477	MARIO	PLAATJIES	NEDBANK	M	43	40-44M	0.39.48	1
34	1462	1353	MZUKISI	KLAAS	NEDBANK	M	55	55-59M	0.40.42	1
35	1347	1436	NTSIKELELO	SEBE	NEDBANK	M	42	40-44M	0.40.57	1
36	1350	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	0.41.07	1
37	2925	1340	WELCOME	LOLIWE	NEDBANK	M	59	55-59M	0.41.46	1
38	2930	60	THANDO	NCIPHA	SAPPE	M	32	SM	0.42.01	1
39	1224	295	HIELDE	MARAIS	MUIRITE	F	24	SF	0.42.15	1
40	1335	3935	JC	ROOS	TEMP	M	34	SM	0.42.25	0
41	1438	301	IAN	PATTERSON	MUIRITE	M	61	60-64M	0.42.38	1
42	2957	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.42.53	1
43	1161	2691	WANDILE	MGENGE	CHILLIEP	M	27	SM	0.43.25	1
44	1424	2921	MJ	BOSHOFF	TEMP	M	25	SM	0.43.40	0
45	1300	989	Brett	Steyn	CHARLO	M	49	45-49M	0.44.01	1
46	1351	2883	RAYNO	KUSTERER	TEMP	M	35	35-39M	0.44.34	0
47	1315	1367	JOHANNES	ARRIES	NEDBANK	M	51	50-54M	0.44.43	1
48	2944	844	NKANGELEKO	NGCOSHOLO	32GI	M	33	SM	0.45.20	1
49	1486	1013	SIYANDISWA	NONKELELA	BODYCON	M	25	SM	0.45.23	1
50	1354	758	WERNER	DE LANGE	CRUSADE	M	36	35-39M	0.45.24	1
51	2907	1729	BRIAN	JONAS	GELVAN	M	63	60-64M	0.45.26	1
52	1028	40014	JAMIE-LEE	BESTER	RUN4C	F	16	JF	0.45.27	1
53	1156	514	KHANYISO	MASWANA	VUKANI	M	34	SM	0.45.28	1
54	2927	40146	BANELE	MTABA	CHILLIEP	M	17	JM	0.45.33	1
55	1140	1659	HANNES	ELS	MADIBA	M	74	70+M	0.45.37	1
56	1369	2559	UNATHI	MELENI	ACT AC	M	29	SM	0.45.48	1
57	1160	1637	CHARL	MEISTRE	MADIBA	M	39	35-39M	0.47.20	1
58	2917	1801	LUNGISA	MKOSI	VUKANI	M	37	35-39M	0.47.57	1
59	1314	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	0.48.17	1
60	1301	40182	Dylan-John	Steyn	CHARLO	M	16	JM	0.48.49	1
61	2931	2931	VALENTINO	MEI	TEMP	M	14	JM	0.48.50	0
62	1286	2666	OBAKENG	MAROGOA	TRANSNET	M	38	35-39M	0.49.13	1
63	2942	1061	CHESTER	BROOKS	XCEL	M	66	65-69M	0.49.31	1
64	1447	813	SANDRA	LOCHNER	32GI	F	38	35-39F	0.49.32	1
65	1207	3907	CAMERON	KNOETZE	TEMP	M	17	JM	0.49.38	0
66	1267	2161	SIMONE	SCHOONBEE	MADIBAZ	F	23	SF	0.49.44	1
67	2943	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-64M	0.49.44	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
68	1138	1230	PHILLIP	DE RIDDER	ELITEAC	M	48	45-49M	0.49.47	1
69	1364	3664	DALE	STOCK	TEMP	M	44	40-44M	0.49.48	0
70	1159	1476	NOLIKHANYO	MDWAYI	NEDBANK	F	43	40-44F	0.50.04	1
71	1202	3902	LINDY	GAISER	TEMP	F	39	35-39F	0.50.06	0
72	1353	812	LEANIE	STRYDOM	32GI	F	38	35-39F	0.50.12	1
73	1157	1321	CHAD	MCLEAN	NEDBANK	M	26	SM	0.50.23	1
74	2906	199	JOSEPH	BAIN	CSEP	M	64	60-64M	0.50.29	1
75	1293	985	CHRISTOFF	PUREN	CHARLO	M	34	SM	0.50.46	1
76	1432	1452	EDDIE	EADES	NEDBANK	M	75	70+M	0.50.56	1
77	1203	3903	JOSHUA	GERNETZKY	TEMP	M	37	35-39M	0.50.59	0
78	1180	1222	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	0.51.00	1
79	1137	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	0.51.04	1
80	1173	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	60	60-64F	0.51.18	1
81	1150	1621	WILHELM	KILIAN	MADIBA	M	48	45-49M	0.51.23	1
82	1074	3774	DANIEL	DIEDERICKS	TEMP	M	20	SM	0.51.38	0
83	1429	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-64M	0.51.58	1
84	1428	1871	LUBABALO	SOMNGESI	TEMP	M	29	SM	0.52.06	0
85	1164	1963	OWEN	NCUBE	BLUEBAY	M	43	40-44M	0.52.08	1
86	1153	2675	BRUCE	LE GRANGE	MUIRITE	M	32	SM	0.52.18	1
87	1370	1238	PIETER	GERBER	ELITEAC	M	49	45-49M	0.52.20	1
88	1494	3617	PHILIP	HENDERSON	TEMP	M	25	SM	0.52.21	0
89	1131	1205	ALISON	BOWKER	ELITEAC	F	36	35-39F	0.52.32	1
90	1362	3662	LUTHO	MHLABA	TEMP	M	15	JM	0.52.32	0
91	1027	530	BEYERS	LAMPRECHT	RUN4C	M	56	55-59M	0.52.36	1
92	1296	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.52.41	1
93	1054	40506	RONAN	VAN DER VAART	VARSITY	M	19	JM	0.52.53	1
94	2940	40067	ISIPHILE	TAMBO	ACT AC	F	16	JF	0.53.02	1
95	1425	9925	JARED	HEYNS	TEMP	M	18	JM	0.53.08	0
96	1382	5740	JEREMY	SCOTT	TEMP	M	53	50-54M	0.53.12	0
97	1187	40430	KYLIE	VERMAAK	ELITEAC	F	17	JF	0.53.15	1
98	1158	1448	THELMA	MCOPELO	NEDBANK	F	42	40-44F	0.53.17	1
99	1302	1560	PIETER	STRYDOM	DESPATCH	M	63	60-64M	0.53.27	1
100	1398	2970	GAVIN	SCHONKNECHT	TEMP	M	56	55-59M	0.53.28	0
101	1186	40431	CHLOE	VERMAAK	ELITEAC	F	17	JF	0.53.30	1
102	1343	3943	JESSE-LYNN	WOLVAARD	TEMP	F	24	SF	0.53.34	0
103	1185	2556	Gideon	Van Zyl	RUN4C	M	42	40-44M	0.53.44	1
104	1310	2532	Jeniffer	Buchler	ABSAEP	F	63	60-64F	0.53.54	1
105	1065	3765	EMILIO	CAMPBELL	TEMP	M	33	SM	0.54.00	0
106	2915	1323	VUSUMZI	SIMAKUHLE	NEDBANK	M	59	55-59M	0.54.13	1
107	2941	75	HESTER	DEKKER	SAPPE	F	52	50-54F	0.54.14	1
108	1256	1001	AMANDA	SHAW	BODYCON	F	59	55-59F	0.54.23	1
109	1130	1208	CHRISTINE	BIRD	ELITEAC	F	53	50-54F	0.54.29	1
110	1070	3770	DYLAN	COLEMAN	TEMP	M	28	SM	0.54.46	0
111	1024	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	0.54.50	1
112	1352	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	0.54.52	1
113	1223	618	KELLY	HOLMES	ASPEN	F	47	45-49F	0.55.01	1
114	1253	6653	RIAAAN	STRYDOM	TEMP	M	47	45-49M	0.55.04	0
115	1283	885	HANSEN	LUKA	CHARLO	M	49	45-49M	0.55.11	1
116	1402	2967	LOUISE	KNIGHT	TEMP	F	57	55-59F	0.55.13	0
117	1287	5592	TEDDY	MOTUMI	DISVIT	M	39	35-39M	0.55.20	0
118	1125	3825	RAYNARD	VENTER	TEMP	M	15	JM	0.55.40	0
119	1376	2361	VANESSA	JOUBERT	VITALITY	F	46	45-49F	0.55.48	1
120	1072	3772	ANNEMI	DE VILLIERS	TEMP	F	17	JF	0.55.53	0
121	1050	1532	DUNCAN	STEENKAMP	MADIBA	M	26	SM	0.55.54	1
122	1209	3909	MUSTATA	LAGARDIEN	TEMP	M	31	SM	0.55.55	0
123	1229	6629	MELISSA	ARGYLE	TEMP	F	31	SF	0.56.02	0
124	1276	1512	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	0.56.27	1
125	1217	1689	SILKE	BOTHA	MADIBA	F	27	SF	0.56.27	1
126	1373	1643	HERMAN	SAAYMAN	MADIBA	M	40	40-44M	0.56.29	1
127	2913	4000	JASON	WELLS	TEMP	M	32	SM	0.56.39	0
128	1012	765	LESLIE	FERREIRA	CRUSADE	M	29	SM	0.56.39	1
129	1378	5736	SOLANDI	VAN ZYL	TEMP	F	33	SF	0.56.40	0
130	1479	3603	WILLIE	ELS	TEMP	M	48	45-49M	0.56.51	0
131	1231	6631	EUGENE	BEZUIDENHOUT	TEMP	M	56	55-59M	0.56.56	0
132	1498	535	GERT	HARMSE	RUN4C	M	58	55-59M	0.56.56	1
133	1306	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	0.56.59	1
134	1151	595	MARISKA	KRUGER	RUN4C	F	46	45-49F	0.57.00	1
135	1087	3787	BRENDAN	JENNINGS	TEMP	M	42	40-44M	0.57.02	0

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136	1184	2700	CHARLOTTE	VAN WYK	RUN4C	F	42	40-44F	0.57.16	1
137	1198	3898	CARLI	BOTMA-KLEU	TEMP	F	40	40-44F	0.57.17	0
138	1013	529	ANDRE	FOURIE	RUN4C	M	77	70+M	0.57.22	1
139	1415	2409	TENNILLE	VAN JAARVELDT	TEMP	F	38	35-39F	0.57.23	0
140	1068	3768	ADOLF	COETZEE	TEMP	M	46	45-49M	0.57.28	0
141	1254	6654	GERARD	SUTTON	TEMP	M	54	50-54M	0.57.33	0
142	1295	4	SHANE	SAUNDERS	RUN4C	M	57	55-59M	0.57.43	1
143	2912	2912	SHELLEY	WELLS	TEMP	F	19	JF	0.57.48	0
144	2904	3998	SIMON	SCHOLTZ	TEMP	M	28	SM	0.57.54	0
145	1393	5746	WESLEY	MAGUIRE	TEMP	M	34	SM	0.57.57	0
146	1455	2127	BERNARD	PETERSEN	MADIBAZ	M	59	55-59M	0.58.03	1
147	1381	5738	SIYABONGA	MAJEKE	TEMP	M	43	40-44M	0.58.03	0
148	1168	1636	LISTIA	NEL	MADIBA	F	49	45-49F	0.58.04	1
149	1454	2281	HADIGAH	FULANI	SIBALEKA	F	21	SF	0.58.07	1
150	1133	1939	RUDY	BUYS	BLUEBAY	M	47	45-49M	0.58.14	1
151	1139	40187	STACEY	DE RIDDER	ELITEAC	F	15	JF	0.58.17	1
152	1379	5737	MANUTELA	THRUNHER	TEMP	F	59	55-59F	0.58.17	0
153	2951	1202	JACQUES	LANGLEY	ELITEAC	M	35	35-39M	0.58.19	1
154	1082	3782	BENICE	HARRIS	TEMP	F	44	40-44F	0.58.25	0
155	2945	801	BIANCA	LEONARD	32GI	F	35	35-39F	0.58.27	1
156	1205	3905	ALVARO	HENRIQUES	TEMP	M	46	45-49M	0.58.28	0
157	1018	2652	CARY	HASTIE	VITALITY	M	61	60-64M	0.58.30	1
158	1100	3800	YAMKELA	NTSHONGWANA	TEMP	M	30	SM	0.58.35	0
159	2938	1836	SHIRLEY	OGDEN	TEMP	F	44	40-44F	0.58.44	0
160	1459	1576	MARCELLE	VAN LOGGERENBERG	DESPATCH	M	57	55-59M	0.59.00	1
161	1213	3913	JACO	LOUW	TEMP	M	36	35-39M	0.59.04	0
162	1410	2846	FABIAN	SMITH	TEMP	M	41	40-44M	0.59.15	0
163	1239	6639	NIKKI	CLOETE	TEMP	F	31	SF	0.59.22	0
164	1268	2178	STEVEN	THOMAS	MADIBAZ	M	58	55-59M	0.59.28	1
165	1132	1268	ALBERT	BRAND	VWAC	M	42	40-44M	0.59.36	1
166	1023	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	0.59.44	1
167	1311	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	0.59.45	1
168	1303	977	VINCENT	SWART	CHARLO	M	51	50-54M	0.59.52	1
169	1232	6632	SHANE	BEZUIDENHOUT	TEMP	F	15	JF	0.59.53	0
170	1196	3896	KAYLA	ATKINSON	TEMP	F	24	SF	1.00.01	0
171	1338	3938	CORNÄ©	SLABBERT	TEMP	M	24	SM	1.00.02	0
172	1092	3792	KELVIN	MEYER	TEMP	M	42	40-44M	1.00.03	0
173	1405	1585	GEORGE	BOTES	DESPATCH	M	50	50-54M	1.00.17	1
174	1336	3936	CARMEN	SAMPSON	TEMP	F	34	SF	1.00.17	0
175	1147	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	1.00.19	1
176	1037	2026	NOSIPHIWO	MZANYWA	ASPEN	F	35	35-39F	1.00.23	1
177	1321	3751	RODWELL	PETERSEN	TEMP	M	35	35-39M	1.00.24	0
178	1251	6651	MLULEKI	RALA	TEMP	M	45	45-49M	1.00.33	0
179	1109	3809	TASHRIQ	SHARMAR	TEMP	M	36	35-39M	1.00.36	0
180	1029	3344	NEVILLE	LINDAY	VITALGN	M	46	45-49M	1.00.39	0
181	1635	6435	FAREED	CHOTHIA	TEMP	M	54	50-54M	1.00.43	0
182	1032	40318	TSHEGOFATSO	MATHUSANE	MADIBAZ	F	19	JF	1.00.48	1
183	2950	2149	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.01.05	1
184	1384	727	ANGELA	ROGERS	CRUSADE	F	55	55-59F	1.01.29	1
185	2903	1849	KRUGER	KRUGER	TEMP	M	49	45-49M	1.01.35	0
186	1388	333	DERICK	BIRCH	MUIRITE	M	69	65-69M	1.01.40	1
187	1470	1859	IAN	MOSTERT	TEMP	M	53	50-54M	1.01.53	0
188	1358	1818	ANDILE	BOVUNGANA	VUKANI	M	57	55-59M	1.02.03	1
189	1003	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	1.02.05	1
190	1317	3837	LYNNE	VAN WYK	TEMP	F	40	40-44F	1.02.08	0
191	1108	3808	RIAAN	ROSSOUW	TEMP	M	52	50-54M	1.02.11	0
192	1190	2612	ELRINDA	WANNENBURG	RUN4C	F	43	40-44F	1.02.15	1
193	1061	3761	MICHAEL	BOTHA	TEMP	M	46	45-49M	1.02.23	0
194	1178	1045	YUSUF	SAMUELS	XCEL	M	65	65-69M	1.02.34	1
195	1051	2323	CHRISTO	STEYN	VITALITY	M	56	55-59M	1.02.40	1
196	1461	361	JULIUS	SHOGOLE	IKHAMVA	M	71	70+M	1.02.45	1
197	1409	1627	NATASHA	SMITH	MADIBA	F	38	35-39F	1.02.50	1
198	1059	3759	COLIN	BENADIE	TEMP	M	56	55-59M	1.02.54	0
199	1421	296	LIZ	JENKERSON	MUIRITE	F	77	70+F	1.02.57	1
200	1366	3666	CAROL	STRAUSS	TEMP	F	46	45-49F	1.02.58	0
201	1004	2639	ANSIE	BENADE	RUN4C	F	65	65-69F	1.02.58	1
202	1123	3823	GIZELLE	VENTER	TEMP	F	15	JF	1.03.01	0
203	1076	3776	FEZIWE	FOSTER	TEMP	F	36	35-39F	1.03.03	0

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204	1307	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	1.03.08	1
205	1170	861	FAKAZILE	NKOMIYAHLABA	RUN4C	F	37	35-39F	1.03.13	1
206	1236	6636	SUZETTE	BOTHA	TEMP	F	58	55-59F	1.03.18	0
207	1237	6637	TAMSYN	BOTHA	TEMP	F	29	SF	1.03.19	0
208	1043	88	HENRY	PRAHALADH	INFINITY	M	57	55-59M	1.03.20	1
209	1365	3665	HELEN	STOCK	TEMP	F	47	45-49F	1.03.25	0
210	1439	328	MADRE	WELMANS	MUIRITE	F	55	55-59F	1.03.25	1
211	2933	1613	ZIRK	HAEFELE	DESPATCH	M	47	45-49M	1.03.30	1
212	1145	2363	ABDUL	GOOSEIN	VITALITY	M	36	35-39M	1.03.30	1
213	1021	2079	NEIL	INGRAM	DESPATCH	M	37	35-39M	1.03.33	1
214	2919	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	1.03.36	1
215	1141	1632	JOS	ELS	MADIBA	F	72	70+F	1.03.39	1
216	1304	895	GIANNI	TISTELLI	CHARLO	M	53	50-54M	1.03.39	1
217	1445	6932	MEEKA	BLOM	TEMP	F	19	JF	1.03.40	0
218	1155	85	CARINA	MARAIS	INFINITY	F	32	SF	1.03.45	1
219	1245	6645	MATTHEW	KEELEY	TEMP	M	39	35-39M	1.03.47	0
220	1419	2890	LAUREN	BEKKER	TEMP	F	33	SF	1.03.48	0
221	1244	6644	BIANCA	KEELEY	TEMP	F	28	SF	1.03.48	0
222	1238	6638	DIANE	BRETT	TEMP	F	46	45-49F	1.04.06	0
223	1355	2670	ERIN	MUKHEIBIR	TEMP	F	26	SF	1.04.19	0
224	1356	2437	SAMANTHA	MUKHEIBIR	TEMP	F	46	45-49F	1.04.19	0
225	2920	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	1.04.21	1
226	1113	3813	BOITSHOKO	STOCK	TEMP	M	31	SM	1.04.21	0
227	1274	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	1.04.23	1
228	1420	2889	ANDREA	KUSTERER	TEMP	F	36	35-39F	1.04.28	0
229	1423	40188	Lauren	Gerber	ELITEAC	F	17	JF	1.04.43	1
230	1095	3795	HERMAN	MOSS	TEMP	M	42	40-44M	1.04.53	0
231	1083	3783	JUSTIN	HASTIE	TEMP	M	27	SM	1.05.03	0
232	1299	884	SHAMEMMA	SOLOMON	CHARLO	F	43	40-44F	1.05.08	1
233	1045	322	ROGER	REDCLIFFE	MUIRITE	M	33	SM	1.05.09	1
234	1430	2932	KEVIN	GARDNER	TEMP	M	44	40-44M	1.05.09	0
235	1489	1930	TIM	BRAY	BLUEBAY	M	61	60-64M	1.05.10	1
236	1176	2742	MARIUS	ROACH	MUIRITE	M	31	SM	1.05.11	1
237	1167	1677	LUETTE	NEL	MADIBA	F	46	45-49F	1.05.21	1
238	1011	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.05.33	1
239	1189	726	KEITH	VOSLOO	CRUSADE	M	61	60-64M	1.05.47	1
240	1488	2799	SIYABULELA	MHLALUKA	TEMP	M	55	55-59M	1.05.50	0
241	1407	40596	STEFANI	LAMBRECHTS	DESPATCH	F	14	JF	1.05.50	1
242	1406	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	1.05.50	1
243	1490	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	33	SF	1.05.51	1
244	1122	3822	CHANELLE	VENTER	TEMP	F	15	JF	1.05.57	0
245	1450	1415	ERROL	ROSSOUW	SIBALEKA	M	74	70+M	1.06.10	1
246	1289	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.06.11	1
247	1126	3826	MARK	WEYER	TEMP	M	59	55-59M	1.06.15	0
248	1129	1577	MELISSA	BERG	DESPATCH	F	54	50-54F	1.06.16	1
249	1120	3820	LIZ	VAN AS	TEMP	F	53	50-54F	1.06.33	0
250	1413	150	ZAHEER	SOOMAR	MALABAR	M	53	50-54M	1.06.46	1
251	1221	2558	Shanell	Greyling	RUN4C	F	21	SF	1.06.52	1
252	1124	3824	CAMERON	KITCHING	TEMP	M	39	35-39M	1.06.52	0
253	1053	292	CHANTELL	VAN BAALEN	MUIRITE	F	48	45-49F	1.06.58	1
254	1403	2349	WALTER	STRONACH	VITALITY	M	34	SM	1.07.08	1
255	1442	2488	RUAN	JONKER	DESPATCH	M	25	SM	1.07.21	1
256	1465	1465	KAYLEE	M,ARX	TEMP	F	25	SF	1.07.21	0
257	1466	3453	PATRICK	SEKHABI	TEMP	M	46	45-49M	1.07.23	0
258	1252	6652	CARMIA	SMUTS	TEMP	F	28	SF	1.07.27	0
259	1103	3803	MAIGHON	PETERSEN	TEMP	F	23	SF	1.07.27	0
260	1235	2250	PHILIPP	HOELZER	MADIBAZ	M	40	40-44M	1.07.33	1
261	1258	458	LYNETTE	SMUTS	WALMER	F	58	55-59F	1.07.50	1
262	1305	918	HANNAH	TRUTER	CHARLO	F	32	SF	1.07.51	1
263	1039	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.07.56	1
264	1214	3914	KUHLE	MAYAPI	TEMP	F	36	35-39F	1.07.58	0
265	1375	5755	JENNY	VAN DER WALT	TEMP	F	42	40-44F	1.08.08	0
266	1181	1023	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.08.13	1
267	2918	1558	HANNEKE	STRYDOM	DESPATCH	F	40	40-44F	1.08.16	1
268	1177	748	MELINDA	ROIG	CRUSADE	F	54	50-54F	1.08.23	1
269	1197	3897	SHELAINÉ	BARENDSE-SCHOLTZ	TEMP	F	38	35-39F	1.08.36	0
270	1038	1407	BUKEKA	HELA	NEDBANK	F	51	50-54F	1.08.40	1
271	1260	1629	ARINDA	VAN DER LINDE	MADIBA	F	35	35-39F	1.08.40	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	1020	318	KAREN	HUME	MUIRITE	F	45	45-49F	1.08.44	1
273	1069	3769	MIRANDA	COGGER	TEMP	F	47	45-49F	1.08.51	0
274	1263	2183	PHATHEKA	MOKGWETSI	MADIBAZ	F	32	SF	1.09.08	1
275	1363	3663	MPUMELELO	PILISANI	TEMP	M	55	55-59M	1.09.13	0
276	2914	1286	SHANDRY	NAZER	VWAC	F	35	35-39F	1.09.17	1
277	2934	1306	GAVIN	KLINK	VWAC	M	51	50-54M	1.09.17	1
278	1204	3904	TARNIA	GERNETZKY	TEMP	F	37	35-39F	1.09.27	0
279	1015	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.09.33	0
280	1446	6847	MICHELLE	BLOM	TEMP	F	47	45-49F	1.09.38	0
281	1448	6974	LISA	RANDALL	TEMP	F	44	40-44F	1.09.38	0
282	1359	1816	ALIZWA	BOVUNGANA	VUKANI	M	24	SM	1.09.38	1
283	1474	645	KHULISO	NEPHALAMA	ASPEN	M	34	SM	1.09.52	1
284	1391	334	MADELEINE	OTTO	MUIRITE	F	64	60-64F	1.09.54	1
285	1001	2555	Lize	Austin	RUN4C	F	28	SF	1.10.05	1
286	1019	2473	Megan	Els	ELITEAC	F	39	35-39F	1.10.05	1
287	1273	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.10.10	1
288	1440	6669	JADE	WATKINS	TEMP	F	33	SF	1.10.10	0
289	1182	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.10.11	1
290	1339	3939	SHANNON	SMITH	TEMP	F	28	SF	1.10.18	0
291	1433	6668	KELLY	ROSE	TEMP	F	46	45-49F	1.10.25	0
292	1079	3779	ROESTOFF	GEYSER	TEMP	M	37	35-39M	1.10.29	0
293	1058	3758	ISABELLE	ARNDT	TEMP	F	16	JF	1.10.38	0
294	1154	1940	JACKI	LYLE	BLUEBAY	F	44	40-44F	1.10.40	1
295	1208	3908	COURTNEY	KOCKJEU	TEMP	F	26	SF	1.10.40	0
296	1057	3757	ELOISE	ARNDT	TEMP	F	43	40-44F	1.10.45	0
297	1243	6643	SHANTE	GROENEWALD	TEMP	F	32	SF	1.10.48	0
298	1468	6880	ASHRAF	ABRAHAMS	TEMP	M	52	50-54M	1.10.53	0
299	1292	909	THURAYA	PILLAY	CHARLO	F	22	SF	1.10.55	1
300	1464	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.11.03	1
301	1342	3942	KIMBERLEY	WELSH	TEMP	F	26	SF	1.11.04	0
302	1290	1172	NADIA	PETERSEN	JBAY	F	68	65-69F	1.11.05	1
303	1271	624	BANDLAKAZI	CABA	ASPEN	F	37	35-39F	1.11.05	1
304	1483	1246	ELLIE	BEHRENS	TEMP	F	54	50-54F	1.11.10	0
305	1456	567	RIAN	VILJOEN	RUN4C	M	56	55-59M	1.11.10	1
306	1281	886	CELEST	JOYCE	CHARLO	F	55	55-59F	1.11.12	1
307	1191	40384	MADISON	WARD	ASPEN	F	14	JF	1.11.13	1
308	1142	713	DENISE	FERREIRA	CRUSADE	F	62	60-64F	1.11.14	1
309	1312	566	JANINE	VILJOEN	RUN4C	F	54	50-54F	1.11.15	1
310	1357	2670	KAREN	STUTHARD	VITALITY	F	51	50-54F	1.11.17	1
311	2911	670	MARIUS	FERREIRA	TEMP	M	56	55-59M	1.11.24	0
312	1234	2711	DANEILLE	HARRY	MADIBAZ	F	39	35-39F	1.11.28	1
313	1163	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	1.11.33	1
314	1085	3785	ANNEME	JACOBS	TEMP	F	33	SF	1.11.41	0
315	1040	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	1.11.43	1
316	1499	536	ELIZMA	HARMSE	RUN4C	F	63	60-64F	1.11.54	1
317	1417	2908	AMY	BUHAGIAR	TEMP	F	15	JF	1.11.54	0
318	1026	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.11.54	1
319	1067	3767	SIFIKILE	MFAXA	TEMP	F	32	SF	1.11.57	0
320	1230	6630	CLEVAN	BARENDSE	TEMP	M	32	SM	1.11.59	0
321	1144	2601	CHRISTIAAN	GERBER	MUIRITE	M	49	45-49M	1.12.01	1
322	1149	1603	RONNIE	JONKER	DESPATCH	M	54	50-54M	1.12.24	1
323	1372	6749	DEBBIE	WINTERMEYER	TEMP	F	46	45-49F	1.12.46	0
324	1080	3780	HAYLEY	GIURICICH	TEMP	F	47	45-49F	1.12.47	0
325	1371	2276	CALEB	WINTERMEYER	TEMP	M	14	JM	1.12.47	0
326	1261	776	CHANDRE	WEST	CRUSADE	F	48	45-49F	1.12.51	1
327	1380	756	MICHAEL	DEAN	CRUSADE	M	71	70+M	1.12.51	1
328	1437	2960	SHAVONNE	VAN STADEN	TEMP	F	42	40-44F	1.12.51	0
329	1255	6655	CHUMA	ZWANE	TEMP	M	41	40-44M	1.12.56	0
330	1249	6649	SIPHESIHLE	NOMATYELI	TEMP	M	34	SM	1.12.57	0
331	1104	3804	CHELSEA	PIKE	TEMP	F	25	SF	1.13.03	0
332	1098	3798	ATHENKOSI	NDLOVU	TEMP	M	32	SM	1.13.07	0
333	1226	1231	HELENE	OPPEL	ELITEAC	F	74	70+F	1.13.13	1
334	2926	2748	THANDISWA	COSA	TEMP	F	47	45-49F	1.13.15	0
335	1127	3827	TERSIA	WEYER	TEMP	F	56	55-59F	1.13.27	0
336	1216	3916	KGADI	MONARENG	TEMP	F	20	SF	1.13.44	0
337	1194	3894	MOGAMAD	ABDOLLATIEF	TEMP	M	51	50-54M	1.14.03	0
338	1078	3778	ABDURRAHMAAN	FREDERICKS	TEMP	M	44	40-44M	1.14.03	0
339	1073	3773	QHAMANI	DELI	TEMP	M	24	SM	1.14.04	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
340	1219	2710	TINA	DERBYSHIRE	SAPEC	F	70	70+F	1.14.05	0
341	1476	5505	BONESISWE	ZONDANI	CHEETAH	F	40	40-44F	1.14.13	0
342	1084	3784	NICOLAS	HUTHLOFF	TEMP	M	46	45-49M	1.14.20	0
343	1010	572	SHANTE	DU PLESSIS	RUN4C	F	32	SF	1.14.23	1
344	2932	3884	ASHLEY	MATEO	TEMP	F	24	SF	1.14.25	0
345	1169	623	MARIO	NEL	ASPEN	M	47	45-49M	1.14.26	1
346	1395	2969	CHRISTINE	WALE	TEMP	F	43	40-44F	1.14.28	0
347	1316	3836	VUYO	TSHIKI	TEMP	M	36	35-39M	1.14.29	0
348	2922	3882	ANKE	NEFDT	TEMP	F	29	SF	1.14.29	0
349	1094	3794	CARONESSA	MOSS	TEMP	F	42	40-44F	1.14.34	0
350	2902	1375	BARRY	NELSON	NEDBANK	M	73	70+M	1.14.38	1
351	1128	3828	BIANCA	ZEELIE	TEMP	F	25	SF	1.14.42	0
352	1228	315	SIMONE	POTGIETER	MUIRITE	F	46	45-49F	1.14.45	1
353	1495	3492	ELROY	SINGH	TEMP	M	37	35-39M	1.14.46	0
354	1136	1655	ANITA	COETZER	MADIBA	F	51	50-54F	1.14.48	1
355	1374	1630	SANET	NIIT	MADIBA	F	56	55-59F	1.14.49	1
356	1112	3812	DANAC	STEENKAMP	TEMP	F	25	SF	1.14.49	0
357	1264	2249	VINCENT	NAIR	MADIBAZ	M	61	60-64M	1.14.53	1
358	1325	3835	RONEZ	MUNNICK	TEMP	F	48	45-49F	1.15.03	0
359	1227	600	ANDRE	PIENAAR	RUN4C	M	61	60-64M	1.15.18	1
360	1135	1606	FANIE	CLAASSEN	DESPATCH	M	66	65-69M	1.15.19	1
361	1257	1008	VERONICA	SMITH	BODYCON	F	58	55-59F	1.15.31	1
362	1408	2847	CARYNNE	DRYDEN	TEMP	F	50	50-54F	1.15.31	0
363	1093	3793	NAMHLA	MFECANE	TEMP	F	38	35-39F	1.15.39	0
364	1017	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	49	45-49F	1.15.40	1
365	1090	3790	THUTHUZELA	MAPOMA	TEMP	F	30	SF	1.15.46	0
366	1250	6650	YOLLANDA	NTAME	TEMP	F	29	SF	1.15.47	0
367	1414	2770	SUMAYA	SOOMAR	TEMP	F	45	45-49F	1.16.09	0
368	1285	928	ALLISTER	MARRAN	CHARLO	M	48	45-49M	1.16.23	1
369	1046	2491	STEPHANIE	SCHEEPERS	DESPATCH	F	27	SF	1.16.30	1
370	1002	1593	NAOMI	BAKKER	DESPATCH	F	47	45-49F	1.16.31	1
371	1262	2607	Algene	Koeberg	MADIBAZ	F	41	40-44F	1.16.50	1
372	2916	1305	CASEY	ISAACS	VWAC	F	46	45-49F	1.16.52	1
373	1165	2815	FREDERIK	NEL	JBAY	M	44	40-44M	1.17.34	1
374	1270	316	Marie	Best	MUIRITE	F	62	60-64F	1.17.48	1
375	1174	1033	KARMEL	PAGE	MUIRITE	F	33	SF	1.17.48	1
376	1088	3788	MEREDITH	LAW	TEMP	F	23	SF	1.17.53	0
377	1416	2501	KHAYA	MTI	ABSAEP	M	45	45-49M	1.18.01	1
378	1333	3933	PUMEZA	NGOQO	TEMP	F	43	40-44F	1.18.06	0
379	1056	550	LIEZEL	WAIT	RUN4C	F	51	50-54F	1.18.06	1
380	1397	5748	ROXANNE	CANTERBURY	TEMP	F	33	SF	1.18.09	0
381	1246	6646	SAMANTHA	MABUNDA	TEMP	F	25	SF	1.19.02	0
382	1036	453	JO-ANNE	MUIR	WALMER	F	55	55-59F	1.19.14	1
383	1042	452	SHARON	POTGIETER	WALMER	F	60	60-64F	1.19.14	1
384	1427	5927	SILINDILE	MALANGENI	TEMP	F	34	SF	1.19.25	0
385	1471	2320	CAROL	VAN DEN BERGH	TEMP	F	45	45-49F	1.19.44	0
386	1111	3811	SHIRLEY	SMIT	TEMP	F	53	50-54F	1.19.46	0
387	1279	971	DEIDRE	GERBER	CHARLO	F	53	50-54F	1.20.10	1
388	1041	2503	LIANE	PETZER	ABSAEP	F	55	55-59F	1.20.12	1
389	1007	286	SANET	BLOM	MUIRITE	F	57	55-59F	1.20.18	1
390	1389	311	NICKI	VAN NIEKERK	MUIRITE	F	70	70+F	1.20.18	1
391	1475	2598	ABONGILE	NQEZO	TRANSNET	F	35	35-39F	1.20.19	1
392	1025	980	PETRUS	KOOPMAN	CHARLO	M	63	60-64M	1.20.19	1
393	1240	6640	NOELINE	DE RIDDER	TEMP	F	60	60-64F	1.20.21	0
394	1086	3786	BEANDRA	JANTJIES	TEMP	F	28	SF	1.20.22	0
395	1066	3766	LUMEN	CHRISTIAN	TEMP	M	26	SM	1.20.23	0
396	1035	1541	NOCAWE	MDAZUKA	SIBALEKA	F	40	40-44F	1.20.38	1
397	1146	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	1.20.40	1
398	1114	3814	SIMON	STRIMLING	TEMP	M	62	60-64M	1.20.58	0
399	1199	3899	VERNA	CLAASSEN	TEMP	F	61	60-64F	1.21.10	0
400	1434	2231	CHENEL	ROBEY	MADIBAZ	F	45	45-49F	1.21.15	1
401	1436	312	LISA-MARIE	PATTERSON	MUIRITE	F	53	50-54F	1.21.28	1
402	1116	3816	MOSALE	TLAKA	TEMP	F	27	SF	1.21.33	0
403	1034	520	NOMVUYO	MCINGANA	SIBALEKA	F	43	40-44F	1.21.54	1
404	1183	1170	GERHARD	VAN DER WESTHUIZEN	JBAY	M	49	45-49M	1.22.05	1
405	1014	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.22.06	1
406	1458	3764	BULELWA	BULELWA	TEMP	F	30	SF	1.22.14	0
407	1367	2959	VUYISEKA	MAKALIMA	TEMP	F	40	40-44F	1.22.33	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
408	1319	3749	KENNY	JARDINE	TEMP	M	58	55-59M	1.22.39	0
409	1368	2445	THERESA	NCUBE	TEMP	F	33	SF	1.22.46	0
410	1431	1431	LUCINDA	DANIELS	TEMP	F	43	40-44F	1.22.50	0
411	1162	2022	LERATO	MUZAH	MALABAR	F	38	35-39F	1.23.00	1
412	1097	3797	MUHULISENI	MUKHANINGA	TEMP	F	27	SF	1.23.06	0
413	1105	3805	DEREK	PULLEN	TEMP	M	46	45-49M	1.23.17	0
414	1110	3810	CHANEL	SMAILES	TEMP	F	51	50-54F	1.23.17	0
415	1392	53	KEZIA	PRINSLOO	SAPPE	F	40	40-44F	1.23.23	1
416	1485	2767	ZANDILE	MONI	TEMP	F	32	SF	1.23.27	0
417	1453	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	1.23.30	1
418	1341	3941	MATTHYS	VAN EMMENIS	TEMP	M	64	60-64M	1.23.31	0
419	1318	3838	MICHELLE	BOSHOF	TEMP	F	42	40-44F	1.23.35	0
420	1496	6895	MICHELLE	MINNAAR	TEMP	F	36	35-39F	1.23.37	0
421	2946	2946	UNKNOWN		TEMP	F	29	SF	1.23.46	0
422	1396	5745	NICOLE	NEL	TEMP	F	39	35-39F	1.23.52	0
423	1394	5747	JUDIET	PIENAAR	TEMP	F	38	35-39F	1.23.52	0
424	1218	40001	ZANTE	DEKKER	SAPPE	F	17	JF	1.23.58	1
425	1259	70	BIANCA	SWARTS	SAPPE	F	21	SF	1.23.59	1
426	1463	6978	MAGGIE	MULLER	TEMP	F	69	65-69F	1.24.02	0
427	1048	2371	ODWA	SONQISHE	VITALITY	F	35	35-39F	1.24.08	1
428	1200	3900	YONELA	DIMANE	TEMP	F	24	SF	1.24.16	0
429	1337	3937	AMRI	SCHLEBUSCH	TEMP	F	27	SF	1.24.28	0
430	1480	2455	TARIKA	ELS	TEMP	F	18	JF	1.24.29	0
431	1481	6860	JOCELYN	THOMAS	TEMP	F	18	JF	1.24.29	0
432	2947	2947	UNKNOWN		TEMP	F	29	SF	1.24.31	0
433	1469	2380	MELUMZI	MTSHAYI	TEMP	M	43	40-44M	1.24.33	0
434	1484	2528	PAMELA	CETYWAYO	ABSAEP	F	39	35-39F	1.24.35	1
435	1418	2809	TANIA	MDYOGOLO	TEMP	F	41	40-44F	1.24.38	0
436	1195	3895	ZAKIYYAH	AJAM	TEMP	F	36	35-39F	1.25.05	0
437	1077	3777	JANEL	FOUCHE	TEMP	F	27	SF	1.25.20	0
438	1477	1477	CORNELIUS	JACOBS	TEMP	M	40	40-44M	1.25.30	0
439	1212	3912	ROB	LIBBRECHT	TEMP	M	56	55-59M	1.25.30	0
440	1377	5735	RICHTER	JACOBS	TEMP	M	37	35-39M	1.25.31	0
441	1211	3911	DIANE	LIBBRECHT	TEMP	F	49	45-49F	1.25.31	0
442	1383	5741	RAKGWADI	MORITI	TEMP	M	35	35-39M	1.25.47	0
443	1119	3819	AMUKELANI	VALOYI	TEMP	F	29	SF	1.25.58	0
444	2939	647	RETASHA	GODDARD	ASPEN	F	31	SF	1.26.02	1
445	1148	2021	TARRYN	JONAS	MALABAR	F	39	35-39F	1.26.03	1
446	1241	6641	SIPHOKAZI	DOKWANA	TEMP	F	29	SF	1.26.03	0
447	1478	6748	SIMONE	JACOBS	TEMP	F	39	35-39F	1.26.05	0
448	1008	642	ESTINE	BOSCH	ASPEN	F	37	35-39F	1.26.14	1
449	1099	3799	ANATHI	NJOKWENI	TEMP	F	38	35-39F	1.26.18	0
450	1497	3487	AGNES	KGANYAGO	TEMP	F	34	SF	1.26.19	0
451	1390	1471	SHIRLEEN	CLARKE	NEDBANK	F	62	60-64F	1.26.20	1
452	1435	770	WINSLOW	BOUWER	CRUSADE	M	40	40-44M	1.26.24	1
453	1385	81	JOSE	DOS SANTOS	INFINITY	M	59	55-59M	1.26.39	1
454	1278	998	ROBERT	GALLOWAY	CHARLO	M	73	70+M	1.26.53	1
455	1062	3762	SAMANTHA	BOWERS	TEMP	F	55	55-59F	1.26.57	0
456	1115	3815	LAVERNE	THOM	TEMP	F	46	45-49F	1.27.08	0
457	1500	2933	NONGAMSO	MASAKA	TEMP	F	40	40-44F	1.27.12	0
458	1400	2972	DEIDRE	VAN EYK	TEMP	F	55	55-59F	1.27.33	0
459	1222	2476	ARLENE	HELBERG	ELITEAC	F	61	60-64F	1.27.33	1
460	1172	1851	SIPHOSETHU	NYATI	HOLLYWOO	F	40	40-44F	1.27.37	1
461	2909	2190	Fundiswa	Kula	MADIBAZ	F	45	45-49F	1.27.38	1
462	2935	3885	LEIGH	KLINK	TEMP	F	42	40-44F	1.27.50	0
463	1266	2604	MARCOLENE	SAUNDERS	MADIBAZ	F	39	35-39F	1.27.54	1
464	1052	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.28.17	1
465	1284	942	EDITH	MAC GEAR	CHARLO	F	56	55-59F	1.28.44	1
466	1387	5743	CHRISTINE	MCCLELAND	TEMP	F	39	35-39F	1.28.54	0
467	1386	9386	TRACEY	ADAMS	TEMP	F	40	40-44F	1.28.54	0
468	1044	605	KIM	PUTMAN	RUN4C	F	57	55-59F	1.29.04	1
469	2908	586	LISA	BEDFORD	RUN4C	F	49	45-49F	1.29.11	1
470	1096	3796	CHARLOTTE	MOTHILALL	TEMP	F	41	40-44F	1.29.42	0
471	2901	2901	CAROL	COOPER	TEMP	F	56	55-59F	1.29.44	0
472	1444	1720	NOLEEN	NORRIS	GELVAN	F	67	65-69F	1.30.03	1
473	1340	394	ZUKHANYE	STAMPER	TEMP	F	20	SF	1.30.20	0
474	1201	3901	ALBERT	DU PLESSIS	TEMP	M	33	SM	1.30.26	0
475	1106	3806	AMANDA	PULLEN	TEMP	F	55	55-59F	1.30.54	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
476	2937	1703	GODFREY	KARIEM	GELVAN	M	83	70+M	1.31.19	1
477	2954	2854	SIYAM	AMOD	TEMP	F	42	40-44F	1.31.36	0
478	2949	2841	AQEEL	JASSEN	TEMP	M	20	SM	1.31.36	0
479	2955	2955	ANEECO	PERIN	TEMP	F	41	40-44F	1.31.37	0
480	2948	3944	RANA	AJAM	TEMP	F	20	SF	1.31.37	0
481	1399	2375	SEROLE	LENGOASA	VITALITY	F	50	50-54F	1.31.42	1
482	1308	987	SHANTE	WRIGHT	CHARLO	F	25	SF	1.32.58	1
483	1332	3932	THANDOKAZI	MTINI	TEMP	F	30	SF	1.33.02	0
484	1361	3461	MICHELE	FELIX	TEMP	F	45	45-49F	1.33.07	0
485	1472	2319	CHANTAL	FISHER	TEMP	F	45	45-49F	1.33.32	0
486	1473	2452	JESMEAN	PLAATJIES	TEMP	F	36	35-39F	1.33.32	0
487	1005	1276	Mzukisi	Benelwa	VITALITY	M	52	50-54M	1.34.09	1
488	1297	939	DINA	SCHUTTE	CHARLO	F	58	55-59F	1.34.46	1
489	2910	671	HANNELIE	FERREIRA	TEMP	F	49	45-49F	1.34.46	0
490	1291	907	PAVANA	PILLAY	CHARLO	F	24	SF	1.34.58	1
491	1009	1095	MOF	BOTHA	ACH	M	68	65-69M	1.35.50	1
492	1101	3801	MURRAY	OSBORN	TEMP	M	38	35-39M	1.36.00	0
493	1313	3833	NOLUVO	MADIKIZELA	TEMP	F	29	SF	1.36.04	0
494	1482	1228	PRAVIN	MANGROO	TEMP	M	59	55-59M	1.36.51	0
495	1089	3789	CLEMENT	LE ROUX	TEMP	M	37	35-39M	1.37.07	0
496	1492	2797	TRACY	SYPHUS	TEMP	F	61	60-64F	1.37.22	0
497	1493	4942	TERRY	SYPHUS	TEMP	M	53	50-54M	1.37.22	0
498	1242	6642	PHUMZA	GALADA	TEMP	F	44	40-44F	1.37.23	0
499	1288	929	ANUSHA	NAIDU	CHARLO	F	57	55-59F	1.37.46	1
500	1193	51301	MBALI	ZUMA	DEPTRA	F	42	40-44F	1.38.57	0
501	1360	50180	PHILISWA	SITELA	CHEETAH	F	35	35-39F	1.41.39	0
502	1031	304	FOZA	MARTIN	MUIRITE	F	64	60-64F	1.43.38	0
503	1016	1679	KENNETH	GREYLING	MADIBA	M	64	60-64M	1.46.44	0
504	1334	3934	MATTHEW	PORTER	TEMP	M	23	SM	1.51.21	0
505	1075	3775	AMANDA	DLAMBEWU	TEMP	F	33	SF	1.52.38	0