

BAY RUN WITH DISCOVERY VITALITY 21.1KM - PORT ELIZABETH - 2024/10/05

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1	396	LITHEBE	MENZELELELI	IKHAMVA	M	25	SM	1.05.38	5
2	3	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	1.08.37	5
3	288	2150	SICELO	MASHABA	MADIBAZ	M	24	SM	1.09.16	5
4	2	356	LUYANDA	TSHANGANA	IKHAMVA	M	41	40-44M	1.09.28	5
5	7	1836	XOLISA	NDLUMBINI	VUKANI	M	42	40-44M	1.11.55	5
6	511	2236	BONGANI	BANDA	MADIBAZ	M	24	SM	1.11.56	5
7	569	1825	KHAYA	GQWETHA	VUKANI	M	39	35-39M	1.12.36	5
8	5	358	MZWANELE	MAPHEKULA	IKHAMVA	M	48	45-49M	1.14.29	5
9	6	374	HOPEWELL	JABAVU	IKHAMVA	M	41	40-44M	1.16.00	5
10	246	2695	RICK	SWEMMER	RUN4C	M	20	SM	1.16.12	5
11	45	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	1.16.23	5
12	56	1335	ANELE	MALIZA	NEDBANK	M	46	45-49M	1.17.28	5
13	4	370	DESMOND	ZIBI	IKHAMVA	M	61	60-64M	1.20.09	5
14	575	40031	SIMTHANDILE	GOLIATH	ACT AC	M	16	JM	1.21.10	4
15	458	212	MALAKHIWE	YSTERMAN	CSEP	M	33	SM	1.21.15	4
16	548	1793	LEBOHANG	SENTI	VUKANI	M	38	35-39M	1.21.36	4
17	573	436	Sothembela	Makedama	CHILLIEP	M	26	SM	1.23.15	4
18	422	2683	MAIXOLE	NTLOKO	VUKANI	M	34	SM	1.23.15	4
19	261	2638	JENIEL	ZANA	RUN4C	M	29	SM	1.23.16	4
20	383	6683	REUBEN	STANDER	TEMP	M	21	SM	1.23.47	0
21	285	282	ABDUL	WICOMB	MUIRITE	M	45	45-49M	1.24.38	5
22	457	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	1.25.05	5
23	571	184	SANELE	SAM	CSEP	M	31	SM	1.25.40	3
24	523	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	1.25.51	5
25	28	1503	LUVUYO	DYANI	NEDBANK	M	54	50-54M	1.26.13	5
26	260	2335	JEMAIN	WILSON	VITALITY	M	36	35-39M	1.26.17	3
27	368	1398	MUTEKILE	RASMENI	NEDBANK	M	59	55-59M	1.26.29	5
28	412	5744	TEVAN	LEHMAN	TEMP	M	29	SM	1.26.33	0
29	579	2264	THEMBELANI	MBENENGE	SIBALEKA	M	29	SM	1.26.38	3
30	526	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.26.39	5
31	343	993	THEMBEKILE	MSIPA	CHARLO	M	50	50-54M	1.26.59	5
32	423	1859	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	40	40-44M	1.27.14	4
33	93	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	1.27.28	5
34	134	1834	JAN	NEL	TEMP	M	32	SM	1.28.04	0
35	544	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	1.28.22	5
36	52	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	58	55-59M	1.28.34	5
37	540	2982	BRENDON	JORDAAN	TEMP	M	35	35-39M	1.28.36	0
38	215	814	BIANCA	MEISTRE	32GI	F	39	35-39F	1.28.43	5
39	248	1334	GAVIN	THORNE	NEDBANK	M	43	40-44M	1.28.50	3
40	487	51748	KHANYISO	MGOLOZELWA	ORMAMBA	M	38	35-39M	1.28.59	0
41	275	1395	MICHAEL	MAGSON	NEDBANK	M	48	45-49M	1.29.02	4
42	528	1761	SLULAMI	JACK	TRANSNET	M	49	45-49M	1.29.27	4
43	307	40326	AMOGELANG	SEHLWANA	MADIBAZ	M	20	SM	1.29.42	3
44	388	539	SERGIO	PETERSON	RUN4C	M	46	45-49M	1.29.47	4
45	465	1022	CHRISTIAAN	JOUBERT	BODYCON	M	50	50-54M	1.29.50	5
46	356	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	1.29.59	3
47	64	1465	HENRY	CRAUSE	NEDBANK	M	41	40-44M	1.30.35	3
48	421	205	ZUKISANI	NJOKWENI	CSEP	M	35	35-39M	1.30.41	3
49	69	5110	HASSAN	NDZAKANA	NEDBOR	M	55	55-59M	1.31.58	0
50	504	1216	WESSEL	WOLMARANS	ELITEAC	M	46	45-49M	1.33.07	3
51	243	1642	NICO	SMITH	MADIBA	M	39	35-39M	1.33.08	3
52	438	1770	KHANGELANI	HALOM	TRANSNET	M	43	40-44M	1.33.09	3
53	41	2089	SIPHESIHLE	JOJA	SANDFEP	M	25	SM	1.33.20	2
54	309	2166	GRAHAM	TERBLANCHE	MADIBAZ	M	59	55-59M	1.33.20	5
55	178	1425	DARRYL	BAGLEY	NEDBANK	M	49	45-49M	1.34.10	3
56	584	3888	VICTOR	NGOBENI	TEMP	M	34	SM	1.34.19	0
57	211	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	SM	1.34.51	2
58	274	1394	DAVERA	MAGSON	NEDBANK	F	49	45-49F	1.34.53	5
59	518	6846	GRANT	MISKIN	TEMP	M	30	SM	1.35.23	0
60	81	731	GAVIN	ROGERS	CRUSADE	M	60	60-64M	1.35.57	5
61	514	3476	NTUTHUKO	DLADLA	SAPEC	M	40	40-44M	1.36.13	0
62	299	2233	FREDAH	NCUBE	MADIBAZ	F	42	40-44F	1.36.14	4
63	316	1815	GUGU	BUDAZA	VUKANI	M	24	SM	1.36.37	2
64	142	1842	NICHOLAS	SMITH	TEMP	M	29	SM	1.36.39	0
65	106	534	MIEKE	WESTRAADT	RUN4C	F	29	SF	1.36.41	3
66	340	938	THOBELO	MFIKILI	CHARLO	M	38	35-39M	1.36.50	2
67	222	1639	VANDRE	NEL	MADIBA	M	39	35-39M	1.36.54	2

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68	9	1347	LUVUYO	STEPHEN	NEDBANK	M	54	50-54M	1.37.28	3
69	326	932	DEAN	HOYLE	CHARLO	M	54	50-54M	1.37.38	3
70	346	1822	MZWANELE	NQOQO	VUKANI	M	47	45-49M	1.37.43	3
71	13	49	PHIL	BRADLEY	SAPPE	M	41	40-44M	1.37.47	2
72	565	1324	LINDEN	NZEZA	NEDBANK	M	40	40-44M	1.37.47	2
73	151	3951	CONOR	BURRISS	TEMP	M	22	SM	1.37.53	0
74	351	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	1.37.58	3
75	210	648	MVULELI	MAGAWULANA	ASPEN	M	47	45-49M	1.38.01	3
76	482	1748	RICHARD	RAMATSASA	GELVAN	M	48	45-49M	1.38.20	3
77	570	259	LINDIKHAYA	NTEYI	TINARHA	M	45	45-49M	1.38.22	3
78	306	2226	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	1.38.25	2
79	551	1435	THOLAKELE	SITELA	NEDBANK	M	35	35-39M	1.38.44	2
80	527	1735	BRUCHANE	WILLIAMS	GELVAN	M	38	35-39M	1.38.59	2
81	375	2085	NOKHOLO	HLEZUPONDO	SANDFEP	F	45	45-49F	1.39.00	5
82	525	1038	PHILLIP	DU PLESSIS	XCEL	M	54	50-54M	1.39.10	3
83	506	1416	CHRISTINE	CLAASEN	NEDBANK	F	60	60-64F	1.39.12	5
84	372	6072	ZANDIE	LE ROUX	TEMP	M	27	SM	1.39.52	0
85	429	23526	CHANTELLE	MOLL	MAVERICK	F	25	SF	1.40.00	0
86	12	1109	LUKE	BINNEMAN	ACH	M	32	SM	1.40.00	2
87	496	2659	MNQWENO	TYOKOLO	CHILLIEP	M	41	40-44M	1.40.11	2
88	290	715	BILL	DAVIDS	MADIBAZ	M	54	50-54M	1.40.16	3
89	160	3860	DEAN	GOW	TEMP	M	41	40-44M	1.40.27	0
90	545	2983	CALEY	TAYLOR	TEMP	F	26	SF	1.40.27	0
91	557	200	MPUMZI	MAPASA	CSEP	M	33	SM	1.40.32	2
92	572	2084	GEDDES	GALLANT	SANDFEP	M	58	55-59M	1.40.42	3
93	198	43	ZOLILE	GWEBANI	SIBALEKA	M	54	50-54M	1.40.45	3
94	219	6765	THULANI	MNGOMEZULU	VITALKZN	M	43	40-44M	1.40.49	0
95	152	1441	MARTIN	JANSEN	NEDBANK	M	56	55-59M	1.40.50	3
96	502	1283	URAN	LE ROUX	VWAC	M	57	55-59M	1.41.02	3
97	476	52540	SIYABONGA	MADWE	ABSA	M	29	SM	1.41.26	0
98	439	560	FENANDO	KIEWIETS	RUN4C	M	39	35-39M	1.41.26	2
99	486	1833	SITHA	SIGENU	VUKANI	F	40	40-44F	1.41.27	3
100	352	875	Matthew	Rodgers	CHARLO	M	22	SM	1.41.27	2
101	230	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-54M	1.41.47	3
102	317	561	DARRYL	CALVERT	CHARLO	M	49	45-49M	1.41.57	2
103	60	1055	JEROME	MAY	XCEL	M	58	55-59M	1.42.02	3
104	185	1722	GURSHEN	DAVIDS	GELVAN	M	37	35-39M	1.42.22	2
105	116	1816	G	DE WEE	TEMP	M	29	SM	1.42.48	0
106	578	640	SAMKELO	SINYONGO	ASPEN	M	43	40-44M	1.42.58	2
107	539	51263	KHANYISA	ZENZILE	CHILLIEB	M	37	35-39M	1.43.04	0
108	173	3673	GUNTHER	PRETORIUS	TEMP	M	27	SM	1.43.09	0
109	223	2317	KHAKA	NJOZELA	VITALITY	M	38	35-39M	1.43.31	2
110	462	1647	JUSTIN	LEESON	MADIBA	M	38	35-39M	1.43.55	2
111	387	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	1.44.06	5
112	324	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	1.44.10	2
113	529	1282	SEBASTIAN	HAARHOFF	VWAC	M	47	45-49M	1.44.13	2
114	353	991	GREGORY	ROSS	CHARLO	M	51	50-54M	1.44.48	2
115	434	21762	PETENI	KUZWAYO	VITALGN	M	42	40-44M	1.44.49	0
116	284	2059	ELBE	STRYDOM	STFRAN	M	52	50-54M	1.45.02	2
117	580	1468	XHANTILOMZI	NTENTEMA	NEDBANK	M	27	SM	1.45.07	2
118	405	1626	GERRIT	FYVER	MADIBA	M	40	40-44M	1.45.18	2
119	416	1775	BONKE	GOYI	VUKANI	M	36	35-39M	1.45.22	2
120	478	2769	LISE	DE VILLIERS	TEMP	F	25	SF	1.45.28	0
121	479	2779	MARCELLE	DE LANGE	TEMP	M	28	SM	1.45.29	0
122	337	952	CINDY	MARAIS	CHARLO	F	47	45-49F	1.45.37	3
123	202	1661	LISA	KREUSCH	MADIBA	F	38	35-39F	1.45.38	2
124	485	1696	ASHWELL	JONAS	GELVAN	M	51	50-54M	1.45.39	2
125	190	733	ALEX	DU TOIT	CRUSADE	M	60	60-64M	1.45.47	3
126	46	104	LINDY	KREZMANN	VARSIITY	F	47	45-49F	1.45.57	3
127	386	1370	WERNER	MEYER	NEDBANK	M	51	50-54M	1.46.24	2
128	99	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	1.46.24	4
129	280	1971	THEMBISILE	MSUTHU	VUKANI	M	45	45-49M	1.46.42	2
130	391	1862	SIMPHIWE	SOCI	HOLLYWOO	M	59	55-59M	1.46.46	2
131	154	3954	BABONKE	DINGA	TEMP	M	36	35-39M	1.47.00	0
132	501	2490	Grant	Rudman	DESPATCH	M	46	45-49M	1.47.04	2
133	110	1571	WERNER	ZEELIE	DESPATCH	M	44	40-44M	1.47.05	2
134	505	290	JAN	LE ROUX	MUIRITE	M	51	50-54M	1.47.29	2
135	300	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-44M	1.47.31	2

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136	466	3930	QAQAMBA	MATUNDU	TEMP	F	26	SF	1.47.32	0
137	298	2202	WADE	MURISON	MADIBAZ	M	34	SM	1.47.33	2
138	538	288	WARREN	GRIFFITHS	MUIRITE	M	59	55-59M	1.48.02	2
139	314	944	DISEMBA	BLOU	CHARLO	M	66	65-69M	1.48.08	3
140	38	2275	XOLELANI	JAM-JAM	SIBALEKA	M	35	35-39M	1.48.09	2
141	120	1820	ANDREW	JONAS	TEMP	M	60	60-64M	1.48.14	0
142	31	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	1.48.17	2
143	18	1289	NICK	CHAPMAN	VWAC	M	52	50-54M	1.48.20	2
144	29	443	JASON	ENSOR	MADIBA	M	46	45-49M	1.48.24	2
145	576	1809	SIBONGILE	MGQEBA	VUKANI	F	37	35-39F	1.48.51	2
146	468	6667	KEENAN	BURRISS	TEMP	M	25	SM	1.49.00	0
147	430	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	1.49.11	2
148	204	2381	DUSTIN	LALA	GELVAN	M	36	35-39M	1.49.30	2
149	555	3929	ANDREW	CHERRINGTON	TEMP	M	53	50-54M	1.49.32	0
150	209	2575	JUSTIN	LOOTS	JBAY	M	37	35-39M	1.49.33	2
151	480	721	FIONA	FLEUR	CRUSADE	F	39	35-39F	1.49.38	2
152	566	40034	INDIPHILE	MKHOSANA	ACT AC	F	18	JF	1.49.40	2
153	54	11536	MANGA	MAHLALA	MANONI	M	44	40-44M	1.49.42	0
154	182	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	1.49.44	4
155	475	1272	BULELANI	MINI	VWAC	M	33	SM	1.49.56	1
156	188	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	1.49.57	2
157	235	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	1.50.13	3
158	531	1848	PHAPHAMA	GLADILE	HOLLYWOO	M	34	SM	1.51.10	1
159	201	1450	NKHATHALLEN	KHIBA	NEDBANK	F	43	40-44F	1.51.10	2
160	440	2904	ANTHONY	BUHAGIAR	TEMP	M	44	40-44M	1.51.30	0
161	382	6682	MARIUS	STANDER	TEMP	M	56	55-59M	1.51.38	0
162	315	890	SIMPHIWE	BLOU	CHARLO	M	52	50-54M	1.51.42	2
163	271	57	JASON	KIVEDO	SAPPE	M	38	35-39M	1.51.55	1
164	245	50270	SITHEMBISO	SOYAYA	BAYETHE	M	43	40-44M	1.51.56	0
165	11	342	Jonathan	Bakker	MUIRITE	M	33	SM	1.51.57	1
166	236	283	LORENZO	SAMUELS	MUIRITE	M	39	35-39M	1.51.57	1
167	553	344	ANTON	AUGUST	MUIRITE	M	42	40-44M	1.51.58	1
168	392	584	BRENDON	SLABBERT	RUN4C	M	53	50-54M	1.52.04	2
169	88	564	GAVIN	SILLS	RUN4C	M	51	50-54M	1.52.05	2
170	203	2255	Brooke	Kruger	MADIBAZ	F	21	SF	1.52.08	2
171	40	1351	SHARON	JESSOP	NEDBANK	F	54	50-54F	1.52.16	2
172	333	1236	STEPHEN	KLUE	ELITEAC	M	66	65-69M	1.52.17	3
173	308	2193	Abraham	Serote	MADIBAZ	M	49	45-49M	1.52.24	2
174	498	2694	EMILILE	DU PLESSIS	TEMP	M	26	SM	1.52.24	0
175	256	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	1.52.25	3
176	447	51661	FARO	MATEO	ORMAMBA	M	47	45-49M	1.52.29	0
177	408	5739	KURT	WICHT	TEMP	M	28	SM	1.52.37	0
178	327	983	JOANNE	HOYLE	CHARLO	F	55	55-59F	1.52.42	3
179	411	1032	TANIA	KITCHING	BODYCON	F	46	45-49F	1.52.42	2
180	549	1666	Julia	Hofart	MADIBA	F	41	40-44F	1.52.45	2
181	238	2662	MONTE	SCHOLTZ	RUN4C	M	63	60-64M	1.52.47	2
182	534	532	JUDY	GERBER	RUN4C	F	58	55-59F	1.52.48	3
183	112	1812	RODNEY	BUTTERS	TEMP	M	62	60-64M	1.52.55	0
184	312	1814	REON	VAN RENSBURG	CHARLO	M	52	50-54M	1.52.55	2
185	279	1803	ABELANG	MOSWEU	VUKANI	M	39	35-39M	1.52.57	1
186	567	148	ABDUL	LILLAH	MALABAR	M	34	SM	1.53.04	1
187	319	1088	PERCY	DALTON	ACH	M	76	70+M	1.53.08	3
188	138	1838	ARINDA	PRITCHARD	TEMP	F	46	45-49F	1.53.12	0
189	270	619	BRETT	HOLMES	ASPEN	M	50	50-54M	1.53.15	2
190	415	2362	SHANE	ANNANDALE	VITALITY	M	41	40-44M	1.53.28	1
191	461	2954	LUDWE	PAKADE	TEMP	M	39	35-39M	1.53.30	0
192	542	632	SELLO	MANGANYI	ASPEN	M	41	40-44M	1.53.35	1
193	107	2355	INGE	WILLIAMSON	VITALITY	F	31	SF	1.53.35	2
194	441	2646	LUVUYO	BANGAZI	IKHAMVA	M	48	45-49M	1.53.37	1
195	443	2931	JACO	DE VILLIERS	TEMP	M	43	40-44M	1.54.00	0
196	291	2210	TARIE	ESTHER	MADIBAZ	F	25	SF	1.54.11	1
197	397	5754	ANDRE	IMMELMAN	TEMP	M	47	45-49M	1.54.17	0
198	217	2359	KATLEGO	MOCWALEDI	VITALITY	M	36	35-39M	1.54.49	1
199	37	2592	Anslon	Hector	VWAC	M	30	SM	1.54.51	1
200	370	6070	ELAINE	GLENDINNING	TEMP	F	28	SF	1.54.59	0
201	433	1586	MAUDY	BOTES	DESPATCH	F	42	40-44F	1.54.59	2
202	494	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	1.55.05	1
203	78	50011	ALAN	ROBB	GCH	M	70	70+M	1.55.18	0

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204	451	659	LUYANDA	SINEKE	ASPEN	M	38	35-39M	1.55.21	1
205	558	1356	JEROME	MAY	NEDBANK	M	58	55-59M	1.55.23	2
206	581	2269	SINETHEMBA	NGABASE	SIBALEKA	M	21	SM	1.55.25	1
207	568	106	THEMBALETHU	MANA	VARSITY	M	48	45-49M	1.55.26	1
208	168	3868	IAN	MILLS	TEMP	M	31	SM	1.55.45	0
209	364	905	JANET	VAN NIEKERK	CHARLO	F	48	45-49F	1.55.46	2
210	296	2609	SAMALESU	MAYONDE	MADIBAZ	M	39	35-39M	1.55.50	1
211	224	8204	MAXWELL	NTABANKULU	CHILLI	M	41	40-44M	1.55.53	0
212	220	1854	NTOMBENTSHA	NAZO	HOLLYWOO	F	40	40-44F	1.55.53	2
213	516	652	ISRAEL	MPUKULA	ASPEN	M	47	45-49M	1.55.56	1
214	257	653	CRAIG	WARD	ASPEN	M	47	45-49M	1.55.59	1
215	325	992	CYNTHIA	HEYNS	CHARLO	F	40	40-44F	1.56.10	2
216	355	900	JASON	SAUNDERS	CHARLO	M	45	45-49M	1.56.17	1
217	341	964	JUSTIN	MOGRIDGE	CHARLO	M	36	35-39M	1.56.36	1
218	141	1841	PRAISE	SIBUYI	TEMP	M	21	SM	1.56.38	0
219	153	3953	DUMISANI	DILIMA	TEMP	M	41	40-44M	1.56.42	0
220	456	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	1.56.46	2
221	564	1776	SIPHOKAZI	MANI	VUKANI	F	34	SF	1.56.57	1
222	519	1062	SISEKO	HOLLAND	TRANSNET	M	40	40-44M	1.57.02	1
223	181	603	Andries	Coetsee	RUN4C	M	39	35-39M	1.57.15	1
224	27	1609	WILLEMEN	DU RANDT	DESPATCH	F	50	50-54F	1.57.16	2
225	130	1830	MELISSA	MIENIE	TEMP	F	27	SF	1.57.18	0
226	53	50968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	1.57.23	0
227	365	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	1.57.29	2
228	176	6076	DYLAN	VERMAAK	TEMP	M	27	SM	1.57.56	0
229	193	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	1.58.22	1
230	367	891	GEORGE	WINSHIP	CHARLO	M	58	55-59M	1.58.22	1
231	395	6695	LOUISE	AXON	TEMP	F	46	45-49F	1.58.23	0
232	263	2645	Gershwin	Booyesen	GELVAN	M	37	35-39M	1.58.24	1
233	354	1301	DESTIN	SAUER	VWAC	M	43	40-44M	1.58.25	1
234	472	1277	DENVER	ELLIE	VWAC	M	44	40-44M	1.58.25	1
235	530	1734	DENVER	PETERSEN	GELVAN	M	41	40-44M	1.58.26	1
236	363	961	LARA	VAN HEERDEN	CHARLO	F	48	45-49F	1.58.26	2
237	172	3672	SETH	POTE	TEMP	M	34	SM	1.58.27	0
238	323	877	KURT	GROENER	CHARLO	M	43	40-44M	1.58.27	1
239	432	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	40	40-44F	1.58.30	1
240	342	888	DENVER	MOODLEY	CHARLO	M	43	40-44M	1.58.34	1
241	72	1373	MATTHEW	OSBORNE	NEDBANK	M	36	35-39M	1.58.42	1
242	17	1111	GRAHAM	CHANNON	ACH	M	75	70+M	1.58.59	2
243	16	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	1.59.02	2
244	145	1845	AYABONGA	TSHUNGWANA	TEMP	M	30	SM	1.59.10	0
245	229	1132	MORNE	OWEN	JBAY	M	51	50-54M	1.59.14	1
246	195	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	1.59.24	3
247	47	587	KIRSTI	KUHN	RUN4C	F	36	35-39F	1.59.36	1
248	19	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	1.59.39	2
249	189	291	LE-ANNE	DU PREEZ	MUIRITE	F	52	50-54F	1.59.40	2
250	459	1925	WALTER	ZIMBEVA	SPAREC	M	44	40-44M	1.59.59	1
251	68	6576	PHUNYEZWA	NDEVU	SABC	F	58	55-59F	1.59.59	0
252	244	1454	WENDY	SORENSEN	NEDBANK	F	49	45-49F	2.00.18	1
253	63	170	THANDEKA	MHLANGA	ACT AC	F	34	SF	2.00.23	1
254	57	2425	MOEGAMAT	MAMOOJEE	GELVAN	M	58	55-59M	2.00.30	1
255	140	1840	DENVER	SEARLE	TEMP	M	42	40-44M	2.00.34	0
256	76	2480	SHIRLEY	RADEMEYER	ELITEAC	F	28	SF	2.00.39	1
257	135	2703	ULRICH	NIEUWOUDT	RUN4C	M	29	SM	2.00.43	1
258	96	2514	Lehlohonolo	Thokoa	ABSAEP	M	43	40-44M	2.00.51	1
259	410	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	2.00.54	1
260	597	637	MARK	GODDARD	ASPEN	M	28	SM	2.00.54	1
261	277	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	2.00.54	1
262	251	8052	DHIRESH	VALLABH	SCOTTAC	M	39	35-39M	2.00.54	0
263	87	625	YOLANDA	SIDWABA	ASPEN	F	33	SF	2.00.54	1
264	206	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	2.00.56	1
265	149	3949	JAMES	BOSHOFF	TEMP	M	42	40-44M	2.01.05	0
266	373	6073	CHELSEA	MEINTJES	TEMP	F	27	SF	2.01.12	0
267	254	50400	MICHELLE	VAN EMMENIS	HPMIDAS	F	49	45-49F	2.01.12	0
268	253	1150	TANYA	VAN DER WESTHUIZEN	JBAY	F	41	40-44F	2.01.12	1
269	227	1153	JANENE	OOSTHUIZEN	JBAY	F	45	45-49F	2.01.13	1
270	442	2874	LAUREN	DE VILLIERS	TEMP	F	39	35-39F	2.01.19	0
271	71	1552	THERESA	OOSTHUIZEN	DESPATCH	F	53	50-54F	2.01.36	2

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	104	1588	JACQUES	BOTHA	DESPATCH	M	50	50-54M	2.01.38	1
273	23	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	2.01.43	1
274	283	341	DELME	REDCLIFFE	MUIRITE	M	40	40-44M	2.02.01	1
275	400	6100	KIM	VAN ROOYEN	TEMP	F	40	40-44F	2.02.02	0
276	404	6754	CATHERINE	LOUW	TEMP	F	38	35-39F	2.02.02	0
277	156	3756	YOLANDA	DUGMORE	TEMP	F	51	50-54F	2.02.09	0
278	82	750	PIETER	ROUX	CRUSADE	M	69	65-69M	2.02.11	2
279	297	2155	IVAN	MOSES	MADIBAZ	M	62	60-64M	2.02.15	1
280	561	1565	BONITA	WEITZS	DESPATCH	F	52	50-54F	2.02.22	2
281	492	1018	IVO	MEYER	BODYCON	M	49	45-49M	2.02.57	1
282	418	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	2.03.01	1
283	205	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	2.03.19	1
284	384	6684	ADELE	VAN DE VENTER	TEMP	F	56	55-59F	2.03.22	0
285	174	6074	ROBYN	STEYN	TEMP	F	52	50-54F	2.03.22	0
286	111	6511	JACO	BARNARD	TEMP	M	42	40-44M	2.03.24	0
287	208	741	MARGARET	LLOYD	CRUSADE	F	60	60-64F	2.03.28	2
288	158	3858	MICHELLE	ELFICK	TEMP	F	53	50-54F	2.03.31	0
289	371	6071	PAUL	GLENDINNING	TEMP	M	29	SM	2.03.42	0
290	86	2372	SUSAN	SCOTT	VITALITY	F	60	60-64F	2.03.48	2
291	150	3950	SABRINA	BOSHOFF	TEMP	F	42	40-44F	2.04.00	0
292	127	1827	SIKHUMBUZO	MANXOYI	TEMP	M	37	35-39M	2.04.09	0
293	147	1847	MIKE	WEBB	TEMP	M	64	60-64M	2.04.17	0
294	241	2313	ZANDILE	SIYATA	VITALITY	F	45	45-49F	2.04.19	1
295	22	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	2.04.27	1
296	177	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	2.04.38	2
297	490	1868	MANDILAKHE	MTUSHE	TEMP	M	32	SM	2.04.51	0
298	503	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	2.04.52	1
299	171	3671	RIEDAAH	NORDIEN	TEMP	M	37	35-39M	2.04.53	0
300	427	1876	NTOMBAMAZIZI	MATOLE	HOLLYWOO	F	43	40-44F	2.05.05	1
301	389	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	2.05.16	1
302	393	1567	JACOBUS	WYATT	DESPATCH	M	61	60-64M	2.05.17	1
303	276	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	2.05.20	1
304	231	1309	GERALD	PIETERSEN	VWAC	M	44	40-44M	2.05.20	1
305	563	1332	THANDIWE	NKWANDLA	NEDBANK	F	59	55-59F	2.05.20	2
306	491	1474	MICHELE	MOOLMAN	NEDBANK	F	39	35-39F	2.05.22	1
307	510	1555	LYDIA	POTGIETER	DESPATCH	F	49	45-49F	2.05.28	1
308	91	2069	DARREL	SLAMBEE	MUIRITE	M	39	35-39M	2.05.29	1
309	436	1074	BRENDON	DRYDEN	ACH	M	56	55-59M	2.05.34	1
310	293	2189	MOMELEZI	KULA	MADIBAZ	M	46	45-49M	2.05.39	1
311	200	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	2.05.40	1
312	509	1554	HELGARD	POTGIETER	DESPATCH	M	52	50-54M	2.05.41	1
313	338	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	2.06.16	1
314	282	455	JODI	PIENAAR	WALMER	M	30	SM	2.06.23	1
315	574	516	SIDWELL	MATINYANE	VUKANI	M	59	55-59M	2.06.24	1
316	402	123	SIHAAM	ALLISON	MALABAR	F	39	35-39F	2.06.24	1
317	225	2508	THEMBU	NTSUKUNYANE	ABSAEP	F	45	45-49F	2.06.49	1
318	265	2232	ALVADO	ARENDSE	MADIBAZ	M	50	50-54M	2.06.51	1
319	164	3864	JABULANI	MALULEKE	TEMP	M	37	35-39M	2.06.54	0
320	413	3753	ARMAND	VAN JAARVELD	RANDH	M	30	SM	2.06.57	0
321	414	3760	ASHLEY	VAN JAARVELD	RANDH	F	30	SF	2.06.58	0
322	473	2433	THEMBELA	MANYA	NMBAC	F	40	40-44F	2.07.02	1
323	537	2188	JOHANN	VAN DER MERWE	MADIBAZ	M	60	60-64M	2.07.07	1
324	66	445	AKHONA	MOSIANE	CHILLIEP	F	37	35-39F	2.07.21	1
325	339	934	JEAN	MEYER	CHARLO	M	45	45-49M	2.07.22	1
326	328	915	JOEL	HUMAN	CHARLO	M	51	50-54M	2.07.27	1
327	286	2234	MTETELELI	BIKO	MADIBAZ	M	33	SM	2.07.32	1
328	61	1446	MFEZI	MCINGANA	NEDBANK	M	49	45-49M	2.07.53	1
329	541	5541	XOLISA	MHULUHULU	TEMP	M	46	45-49M	2.08.01	0
330	556	2230	MLULEKI	GQOBOSE	MADIBAZ	M	55	55-59M	2.08.01	1
331	577	1297	THANDEKILE	GAXAMBA	VWAC	M	53	50-54M	2.08.01	1
332	232	859	JOY	PREGNOLATO	32GI	F	54	50-54F	2.08.22	1
333	379	6079	JACO	ROOS	TEMP	M	36	35-39M	2.08.30	0
334	454	2909	MICHA	CRONJE	TEMP	F	34	SF	2.08.46	0
335	320	622	YVETTE	DE VILLIERS	ASPEN	F	39	35-39F	2.09.13	1
336	155	3755	WILNA	DRURY	TEMP	F	59	55-59F	2.09.17	0
337	51	728	PAUL	LUBBE	CRUSADE	M	62	60-64M	2.09.21	1
338	199	1612	ARUSHKE	HAEFELE	DESPATCH	F	44	40-44F	2.09.34	1
339	513	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	2.09.40	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
340	394	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	2.09.40	1
341	401	2067	ROBIN	NOMDOE	GELVAN	M	37	35-39M	2.09.45	1
342	237	2352	ASANDA	SASANTI	VITALITY	F	34	SF	2.09.46	1
343	114	6634	VICTOR	CHABANGU	TEMP	M	31	SM	2.09.52	0
344	450	1868	TUMELO	LEHASA	HOLLYWOOD	M	36	35-39M	2.10.00	1
345	157	3857	DANIEL	DUTTON	TEMP	M	27	SM	2.10.02	0
346	360	930	IMKE	SMIT	CHARLO	F	35	35-39F	2.10.05	1
347	228	1133	ELSABE	OWEN	JBAY	F	48	45-49F	2.10.09	1
348	419	6753	CRAIG	CANTERBURY	TEMP	M	34	SM	2.10.14	0
349	102	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	2.10.51	1
350	417	693	NOMFUSI	CESHEMBA	VUKANI	F	42	40-44F	2.11.13	1
351	10	1457	RICHARD	MAZUNGULA	NEDBANK	M	47	45-49M	2.11.15	1
352	115	6635	WARREN	CURRIE	TEMP	M	36	35-39M	2.11.15	0
353	26	1212	EDMUND	DRAKE	ELITEAC	M	34	SM	2.11.28	1
354	583	3887	PAKISO	MOEKETSI	TEMP	M	43	40-44M	2.11.37	0
355	75	2173	Carmen	Pollock	MADIBAZ	F	20	SF	2.11.42	1
356	98	11	THOMAS	VAN DER KOLF	PEAAC	M	34	SM	2.11.58	1
357	449	31	HENNIE	VAN DER KOLF	PEAAC	M	66	65-69M	2.11.58	1
358	32	51339	ADRIAN	FRANSCH	VITALGN	M	47	45-49M	2.12.17	0
359	196	1635	DORIS	GERBER	MADIBA	F	53	50-54F	2.12.47	1
360	101	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	60	60-64F	2.12.47	1
361	467	1053	SALWYN	DENNIS	XCEL	M	46	45-49M	2.12.56	1
362	83	2006	ABULELE	ROZANA	MADIBAZ	M	28	SM	2.12.57	1
363	89	563	LINDA	SILLS	RUN4C	F	42	40-44F	2.12.58	1
364	481	3332	SUNDRIE	NAIDOO	VITALGN	F	54	50-54F	2.13.04	0
365	507	327	ELWIN	WOODS	MUIRITE	M	61	60-64M	2.13.09	1
366	25	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	2.13.28	1
367	369	6069	NICOLA	DRYDEN	TEMP	F	53	50-54F	2.13.42	0
368	599	1819	ZOLANI	MQOQI	VUKANI	M	47	45-49M	2.13.51	1
369	598	346	SEKI	MANDABA	IKHAMVA	F	49	45-49F	2.13.52	1
370	313	956	NEELES	BHANA	CHARLO	M	53	50-54M	2.14.02	1
371	471	12287	PALESH	HEADBUSH	CCJHB	F	46	45-49F	2.14.05	0
372	36	524348	MARK	HEADBUSH	CCJHB	M	79	70+M	2.14.05	0
373	445	2913	THUSO	MKONTWANA	TEMP	M	38	35-39M	2.14.12	0
374	469	6747	LAURE	PIETERSE	TEMP	M	53	50-54M	2.14.33	0
375	508	1566	RUAN	WELGEMOED	DESPATCH	M	30	SM	2.15.00	1
376	330	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	2.15.13	1
377	216	1298	MPHATHISI	MJADU	VWAC	M	53	50-54M	2.15.29	1
378	560	1333	MBULELO	SOBIKWA	NEDBANK	M	70	70+M	2.15.37	1
379	444	2914	BAKULULE	NGXALE	TEMP	M	38	35-39M	2.15.56	0
380	121	1821	PIERRE	KOK	TEMP	M	54	50-54M	2.16.03	0
381	362	921	RYAN	VAN DER MESCHT	CHARLO	M	43	40-44M	2.16.05	1
382	74	1094	MARIETJIE	PIETERSEN	ACH	F	67	65-69F	2.16.06	1
383	226	1713	LYDIA	OLIVER	GELVAN	F	56	55-59F	2.16.58	1
384	460	2329	BRENDA	MUKOMBE	VITALITY	F	36	35-39F	2.17.07	1
385	163	3863	MADELEIN	HAYWARD	TEMP	F	48	45-49F	2.17.09	0
386	162	3862	GRACE-LYN	HAYWARD	TEMP	F	22	SF	2.17.09	0
387	161	3861	CHRISTINE	HARRIS	TEMP	F	23	SF	2.17.21	0
388	55	2326	MATHONGO	MAKHIWANE	BLUEBAY	M	49	45-49M	2.17.45	1
389	358	6058	ANDRE	BOTHA	TEMP	M	60	60-64M	2.17.45	0
390	30	1403	JOHAN	FERREIRA	RUN4C	M	62	60-64M	2.17.59	1
391	239	50520	GAVIN	SHELDON	WORC	M	52	50-54M	2.17.59	0
392	463	1259	HEINZ	CONRAD	ELITEAC	M	45	45-49M	2.17.59	1
393	269	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	2.18.20	1
394	169	3669	DARYN	NEWTON	TEMP	M	39	35-39M	2.18.31	0
395	347	911	TANYA	MEYER	CHARLO	F	40	40-44F	2.18.39	1
396	20	1654	MARYKA	COETZER	MADIBA	F	41	40-44F	2.18.47	1
397	73	51040	MVELO	PHUNGULA	BUFFALO	M	45	45-49M	2.18.48	0
398	167	3867	MARYNA	MEYER	TEMP	F	53	50-54F	2.19.01	0
399	146	1846	ANSA	VON HAGEN	TEMP	F	52	50-54F	2.19.01	0
400	128	1828	ANNEMARIE	MATTHEUS	TEMP	F	52	50-54F	2.19.02	0
401	359	1790	LUVUYO	SIWUNDLA	VUKANI	M	44	40-44M	2.19.17	1
402	453	2439	TERENCE	LANTZ	TEMP	M	44	40-44M	2.19.18	0
403	180	2418	MEGAN	BOSMAN	MADIBA	F	38	35-39F	2.19.25	1
404	264	2419	BRENDAN	BOSMAN	MADIBA	M	39	35-39M	2.19.26	1
405	500	2544	ZUKO	DAKI	TRANSNET	M	35	35-39M	2.19.29	1
406	301	2602	SIPHAMANDLA	NGOGELA	MADIBAZ	M	31	SM	2.19.29	1
407	305	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-44F	2.19.29	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
408	470	2500	SISEKO	MKUMLA	TEMP	M	40	40-44M	2.19.39	0
409	350	889	PETER	POHLMANN	CHARLO	M	61	60-64M	2.19.45	1
410	329	969	GARY	KELLEHER	CHARLO	M	67	65-69M	2.19.45	1
411	407	4407	DESMOND	MVUNDLELA	TEMP	M	43	40-44M	2.19.51	0
412	97	12	MARIKE	VAN DER KOLF	PEAAC	F	33	SF	2.20.28	1
413	287	2251	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	2.20.33	1
414	409	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	2.20.40	1
415	148	3948	SALLIE	BAISLEY	TEMP	F	50	50-54F	2.20.43	0
416	543	211	MATHAPELO	SENTI	CSEP	F	35	35-39F	2.20.45	1
417	218	751	NICK	MULLINS	CRUSADE	M	68	65-69M	2.20.57	1
418	207	1269	SIMON	LELAKA	VWAC	M	51	50-54M	2.21.04	1
419	521	1466	AT	SCHOEMAN	NEDBANK	M	67	65-69M	2.21.18	1
420	262	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	2.21.31	1
421	186	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	2.21.31	1
422	14	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	2.22.08	1
423	582	2651	KIM-LIN	JONES	VITALITY	F	31	SF	2.22.42	1
424	255	1787	WENDY	VAN EYCK	VUKANI	F	41	40-44F	2.22.43	1
425	194	1839	REBECCA	GATANGI	VUKANI	F	39	35-39F	2.22.43	1
426	49	1077	THERESA	LILLIS	ACH	F	68	65-69F	2.22.56	1
427	464	3456	THOBEKA	JAVU	TEMP	M	47	45-49M	2.23.23	0
428	272	1382	CHARMELL	KOOPMAN	NEDBANK	F	44	40-44F	2.23.39	1
429	532	2643	NOZBELE	MBETHE	BLUEBAY	F	49	45-49F	2.23.43	1
430	484	684	MPHAKS	MZAMO	ASPEN	M	41	40-44M	2.23.43	1
431	179	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	2.24.06	1
432	396	2981	DAVE	FARREN	TEMP	M	73	70+M	2.24.06	0
433	221	753	PLACXEDES	NDHLOVU	CRUSADE	F	50	50-54F	2.24.31	1
434	85	2346	MARILEE	SCHOLTZ	VITALITY	F	27	SF	2.25.08	1
435	259	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	2.25.38	1
436	95	2315	MELISSA	SWANEPOEL	VITALITY	F	36	35-39F	2.25.39	1
437	406	8810	TRENTON	MATTHEWS	NMBMUN	M	33	SM	2.26.00	1
438	247	1429	RIKA	TERBLANCHE	NEDBANK	F	47	45-49F	2.26.05	1
439	267	72	HERMAN	DEKKER	SAPPE	M	79	70+M	2.26.06	1
440	381	6681	ILSE	CLAASSENS	TEMP	F	25	SF	2.26.12	0
441	477	2766	DAMON	PLAATJIES	TEMP	M	28	SM	2.26.33	0
442	43	641	JACQUES	KEIRSGIETER	ASPEN	M	36	35-39M	2.27.03	1
443	213	505	XHANTI	MANTSHIYO	ABSAEP	M	57	55-59M	2.27.08	1
444	493	2594	MICHELLE	HARDY-BERRINGTON	VWAC	F	39	35-39F	2.27.12	1
445	183	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	2.27.37	1
446	495	3234	SIZAKELE	DAMBA	GUGS	M	46	45-49M	2.27.43	0
447	187	1288	ASANDA	DLAMINI	VWAC	F	44	40-44F	2.27.48	1
448	403	51003	NOSICELO	BIYANA	QOKOL	F	48	45-49F	2.27.54	0
449	533	2432	FADEELAH	DAVIDS	TEMP	F	40	40-44F	2.27.56	0
450	448	32	JANETTE	VAN DER KOLF	PEAAC	F	64	60-64F	2.28.12	1
451	166	3866	ANDREW	MEYER	TEMP	M	51	50-54M	2.28.32	0
452	311	902	KRISH	PILLAY	CHARLO	M	63	60-64M	2.29.21	1
453	512	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	2.29.26	1
454	455	2444	MNINAWA	TONISI	TEMP	M	45	45-49M	2.29.34	0
455	84	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	2.29.36	1
456	240	1310	PHUMLA	SIBALI	VWAC	F	45	45-49F	2.29.36	1
457	318	1834	ANDISWA	CINGO	VUKANI	F	38	35-39F	2.30.00	1
458	70	2740	NTOKOZO	NGUBANE	ACT AC	F	29	SF	2.30.05	1
459	100	108	CAILYN	VAN HEERDEN	VARSIITY	F	12	JF	2.30.37	1
460	524	213	SHARON	SMUTS	CSEP	F	58	55-59F	2.30.40	1
461	517	1684	ERIKA	FOREMAN	MADIBA	F	54	50-54F	2.30.40	1
462	431	1556	RIAANA	BOUWER	DESPATCH	F	48	45-49F	2.30.44	1
463	144	1844	AIMEE	TAYLOR	TEMP	F	30	SF	2.30.47	0
464	170	3670	ZIYANDA	NKONKI	TEMP	F	40	40-44F	2.31.03	0
465	428	2968	LUVUYO	MHLOBISO	TEMP	M	38	35-39M	2.31.17	0
466	126	1826	CHRISTINA	MAKOCHIENG	TEMP	F	27	SF	2.31.22	0
467	212	1794	NOMLINDO	MAKUBALO	VUKANI	F	50	50-54F	2.32.08	1
468	520	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	2.32.20	1
469	191	738	SAM	DU TOIT	CRUSADE	F	55	55-59F	2.32.30	1
470	268	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	2.33.16	1
471	192	1424	SAM	ERASMUS	NEDBANK	M	66	65-69M	2.33.16	1
472	522	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	2.33.16	1
473	302	215	SANDISO	NGWENYA	MADIBAZ	F	30	SF	2.33.42	1
474	420	2736	SKHUMBUZE	MZOBOHE	VUKANI	M	51	50-54M	2.33.42	1
475	321	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	2.34.07	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
476	118	1818	JACKIE	ELOFF	TEMP	F	52	50-54F	2.34.19	0
477	108	110	MOHAMED	SHEIK	VARSITY	M	33	SM	2.34.30	1
478	562	1725	PEARL	DAMONS	GELVAN	F	61	60-64F	2.34.32	1
479	165	3865	BARBARA	MERCER-MOSER	TEMP	F	74	70+F	2.34.38	0
480	266	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	2.35.01	1
481	58	1134	ERNST	MARAIS	JBAY	M	75	70+M	2.35.19	1
482	377	6077	JENNIFER	MICHAU	TEMP	F	58	55-59F	2.36.10	0
483	334	1331	JAN	LE ROUX	NEDBANK	M	65	65-69M	2.36.49	1
484	398	185	Sabata	Tsibolane	CSEP	M	45	45-49M	2.37.36	1
485	117	1817	ALFRED	DENNIS	TEMP	M	48	45-49M	2.38.05	0
486	133	1833	ROXANNE	MULLER	TEMP	F	39	35-39F	2.38.05	0
487	281	1841	BUYISWA	NGXONONO	HOLLYWOO	F	47	45-49F	2.38.37	1
488	361	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	2.38.51	1
489	399	6099	TATUM	SHAND	TEMP	F	29	SF	2.39.26	0
490	378	6078	CHRYSTAL	PEARCE	TEMP	F	37	35-39F	2.39.26	0
491	385	6685	TEAGAN	WATKINS	TEMP	F	24	SF	2.40.20	0
492	559	3997	LIEZL	JOUBERT	TEMP	F	29	SF	2.40.24	0
493	80	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	2.41.26	1
494	390	2577	TSEPO	SALION	VUKANI	M	43	40-44M	2.41.28	1
495	552	512	GARFIELD	TSATSANE	SIBALEKA	M	58	55-59M	2.41.36	1
496	48	1693	JASON	LE ROUX	GELVAN	M	28	SM	2.41.49	1
497	44	117	LIFA	KEKEZWA	VARSITY	M	21	SM	2.42.38	1
498	113	6633	SANDRA	BUTTERS	TEMP	F	59	55-59F	2.42.46	0
499	65	218	Zimasa	Mncanca	MADIBAZ	F	29	SF	2.43.25	1
500	35	1287	BANDILE	GWAMANDA	VITALITY	M	54	50-54M	2.43.28	1
501	122	1822	NADIA	KRIEL	TEMP	F	27	SF	2.43.31	0
502	125	1825	AZIZITA	MADASA	TEMP	F	26	SF	2.43.46	0
503	79	234	MARIETJIE	ROBB	KOWIE	F	68	65-69F	2.44.27	1
504	273	1802	THOBEKA	MABUSELA	VUKANI	F	63	60-64F	2.44.29	1
505	349	901	EUSENTHA	PILLAY	CHARLO	F	59	55-59F	2.46.09	1
506	289	2139	WENDY	CAMERON	MADIBAZ	F	46	45-49F	2.46.23	1
507	124	1824	FREDERICK	LOUW	TEMP	M	49	45-49M	2.46.23	0
508	50	2311	CARLY	LOUW	VITALITY	F	42	40-44F	2.46.24	1
509	536	98	AMANDA	WOLMARANS	INFINITY	F	65	65-69F	2.46.59	1
510	515	1683	SUNET	HARRIS	MADIBA	F	51	50-54F	2.47.05	1
511	132	1832	APHIWE	MIGIJIMA	TEMP	M	26	SM	2.47.24	0
512	345	1840	MSUTUKAZI	NDIMBA	VUKANI	F	45	45-49F	2.48.11	1
513	535	809	SANELISIWE	FUNANI	MTHATHA	M	40	40-44M	2.48.20	0
514	357	935	BRENTON	SCHNETLER	CHARLO	M	50	50-54M	2.48.30	1
515	335	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	2.49.09	1
516	250	660	Drucil	Tshimanga	ASPEN	F	25	SF	2.50.07	1
517	42	2502	PUMZA	KAYINGANA	ABSAEP	F	41	40-44F	2.50.32	1
518	59	2563	PHAKAMA	MATATA	RUN4C	F	33	SF	2.50.33	1
519	303	2219	Khanyiswa	Ntila	MADIBAZ	F	24	SF	2.51.56	1
520	424	2976	LEESLE	WYNFORD	TEMP	F	51	50-54F	2.52.29	0
521	34	570	PIETER	GERBER	RUN4C	M	66	65-69M	2.52.38	1
522	92	287	YOLANDI	SMALBERGER	MUIRITE	F	44	40-44F	2.54.15	1
523	295	2203	SANDISWA	MASWANA	MADIBAZ	F	43	40-44F	2.54.32	1
524	94	2699	LEANDRE	STRUMPHER	MUIRITE	F	41	40-44F	2.54.33	1
525	310	1955	SIBUSISO	THWALA	TEMP	M	32	SM	2.56.02	0
526	446	64	DAVID	FORTEIN	SAPPE	M	59	55-59M	2.56.34	1
527	474	1256	LWAZI	ZWELIBANZI	TEMP	M	34	SM	2.56.38	0
528	483	646	LUTHO	NOMBEMBE	ASPEN	M	31	SM	2.58.28	1
529	21	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	2.58.38	1
530	425	2980	SINTU	MATOLENGWE	TEMP	M	35	35-39M	3.02.08	0
531	249	1773	EYETHU	TISO	VUKANI	F	31	SF	3.02.45	1
532	426	413	ASEMAHLE	MAQUNGO	CHILLIEP	F	29	SF	3.03.12	1
533	348	585	JEANETTE	PIENAAR	RUN4C	F	76	70+F	3.03.38	1
534	344	1294	SIYABULELA	MTEMBU	VWAC	M	37	35-39M	3.03.50	1
535	109	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	3.06.48	1
536	159	3859	JOHAN	GERBER	TEMP	M	45	45-49M	3.08.57	0
537	258	2636	ANGELA	WELLS	CRUSADE	F	56	55-59F	3.10.52	1
538	336	910	RAE	LUCKMAN	CHARLO	F	54	50-54F	3.14.14	1
539	366	962	MILE	VERMAAK	CHARLO	F	57	55-59F	3.14.14	1
540	136	1837	PENNY	OLWAGE	TEMP	F	51	50-54F	3.16.14	0
541	103	83	LORRAINE	VAN VUUREN	INFINITY	F	48	45-49F	3.16.14	1
542	197	5477	WALDEMAR	GRAY	SWIND	M	80	70+M	3.16.49	0
543	252	52373	JOSHUA	VAN DEN BERG	SWIND	M	28	SM	3.16.51	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
544	374	1657	SANDRA	SHARE	MADIBA	F	59	55-59F	3.17.04	1
545	554	3174	TALIFHANI	MUTEPE	TEMP	M	32	SM	3.22.32	0