

BUCO KOWIE STRIDERS 10KM - PORT ALFRED - 2024/10/19

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1324	40119	THANDOLWETHU	MATSALO	KOWIE	M	17	JM	0.32.31	1
2	819	1319	MZOLISI	MAKHANDA	NEDBANK	M	41	40-44M	0.33.28	1
3	844	40150	LITHETHA	GCUME	CHILLIEP	M	19	JM	0.33.45	1
4	1319	1242	GCOBANI	BEKWAPHI	ELITEAC	M	45	45-49M	0.34.19	1
5	1316	229	XABISA	MAZANTSI	KOWIE	M	20	SM	0.34.35	1
6	1323	40117	LUKHANYO	MAFANI	KOWIE	M	16	JM	0.35.11	1
7	1275	40589	SIYAMTHANDA	KALASHE	VOLO	M	16	JM	0.36.24	1
8	816	1391	MNCEDI	KHANTI	NEDBANK	M	45	45-49M	0.36.47	1
9	995	7995	CEE-JAY	PORTHEN	TEMP	M	21	SM	0.37.32	0
10	820	908	KAYLA	NELL	CHARLO	F	30	SF	0.41.33	1
11	828	40398	TRISTAN	LUNGE	KOWIE	M	15	JM	0.41.39	1
12	822	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	0.42.31	1
13	1339	6042	THEMBIINKOSI	SPEELMAN	TEMP	M	40	40-44M	0.44.02	0
14	824	545	RUHAN	VAN RENSBURG	RUN4C	M	32	SM	0.44.57	1
15	1315	558	JENE	BANFIELD	RUN4C	F	54	50-54F	0.46.12	1
16	775	52946	MICHAEL	EDKINS	KOMANI	M	49	45-49M	0.49.02	0
17	956	7956	SIMON	PIENAAR	TEMP	M	20	SM	0.49.31	0
18	957	7957	FERGUS	JOHNSTONE	TEMP	M	21	SM	0.49.31	0
19	847	7805	DUMISA	SIQOKO	TEMP	M	45	45-49M	0.50.55	0
20	1334	3995	MATTHEW	WEAVER	TEMP	M	38	35-39M	0.50.57	0
21	1276	40590	MIYOLO	TSHUKULWANE	VOLO	M	15	JM	0.51.44	1
22	842	1508	LIEZL	VAN ZYL	NEDBANK	F	50	50-54F	0.51.44	1
23	830	6830	ZANE	GRIESEL	TEMP	M	19	JM	0.53.06	0
24	1317	1358	VUSUMZI	SIMAKUHLE	NEDBANK	M	59	55-59M	0.54.10	1
25	990	7990	LEO	VACCARO	TEMP	M	30	SM	0.54.18	0
26	992	7992	MARISKA	VERMEULEN	TEMP	F	32	SF	0.54.22	0
27	1320	3802	JONATHAN	ARNOTT	TEMP	M	50	50-54M	0.55.06	0
28	825	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	0.55.19	1
29	972	7972	JARED	HEYNS	TEMP	M	18	JM	0.56.30	0
30	843	7010	KEANAN	SIMPSON	TEMP	M	19	JM	0.56.38	0
31	863	1517	MLUNGISI	FANA	BATHURST	M	61	60-64M	0.56.44	1
32	1303	3742	CLINTON	BERRIMAN	TEMP	M	42	40-44M	0.56.48	0
33	1328	3852	FLORENCE	JACKSON	TEMP	F	49	45-49F	0.56.58	0
34	859	992	CYNTHIA	HEYNS	CHARLO	F	40	40-44F	0.57.40	1
35	837	6837	ANTONIE	KOEN	TEMP	M	47	45-49M	0.57.43	0
36	1311	51026	PRINCESS	SONANZE	BUFFALO	M	43	40-44M	0.58.05	0
37	832	6832	GREIG	NEULAND-NELL	TEMP	M	49	45-49M	0.58.16	0
38	864	7919	STACEY	BLAINE	TEMP	F	40	40-44F	0.58.20	0
39	916	555	MELANIE	BUITENDAGH	RUN4C	F	41	40-44F	0.58.37	1
40	1302	3741	BRIJN	REYNOLDS	TEMP	M	26	SM	0.58.58	0
41	1308	3747	LOURENS	TOERIEN	TEMP	M	57	55-59M	0.59.41	0
42	1335	6038	KIM	WEAVER	TEMP	F	37	35-39F	0.59.56	0
43	1327	7009	CARLA	JACKSON	TEMP	F	17	JF	1.00.01	0
44	917	3850	SARAH	JACKSON	TEMP	F	19	JF	1.00.01	0
45	929	7929	MIKE	FOURIE	TEMP	M	42	40-44M	1.00.39	0
46	928	7928	MARENE	FOURIE	TEMP	F	41	40-44F	1.00.39	0
47	836	2700	CHARLOTTE	VAN WYK	RUN4C	F	42	40-44F	1.00.43	1
48	1340	6043	COLLEEN	BEDFORD	TEMP	F	42	40-44F	1.00.43	0
49	922	7922	CLAIRE	BREAR	TEMP	F	47	45-49F	1.00.45	0
50	953	7953	MAYA	TARLTON	TEMP	F	21	SF	1.00.58	0
51	959	7959	KATHERINE	ELMER-ENGLISH	TEMP	F	23	SF	1.00.59	0
52	970	9790	COLEEN	GROBLER	TEMP	F	23	SF	1.01.05	0
53	991	7991	LELANIE	VAN DER MERWE	TEMP	F	34	SF	1.01.19	0
54	981	7981	REITUMETSE	PILANE	TEMP	F	22	SF	1.01.47	0
55	1313	51722	PW	OOSTHUIZEN	RUNNING	M	38	35-39M	1.01.57	0
56	1314	51720	ELSABE	OOSTHUIZEN	RUNNING	F	36	35-39F	1.01.57	0
57	955	7955	ALICHEA	VILJOEN	TEMP	F	34	SF	1.02.04	0
58	993	7993	LUCA	LA MONICA	TEMP	M	23	SM	1.03.04	0
59	1321	3720	JUDY	CROUS	TEMP	F	13	JF	1.03.38	0
60	1310	3752	ELSJE	GRIESEL	TEMP	F	17	JF	1.03.38	0
61	958	7958	ALEX	DE JONGH	TEMP	M	22	SM	1.03.46	0
62	954	7954	TRACY	VAN AARDE	TEMP	F	55	55-59F	1.03.50	0
63	849	3846	SANDRALEE	CAROLUS	TEMP	F	20	SF	1.04.50	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
64	850	674	SAMANTHA	CAROLUS	ALBANY	F	27	SF	1.04.50	1
65	951	7951	AMBER	SPARG	TEMP	F	28	SF	1.05.00	0
66	996	7996	RODNEY	SOMERSET	TEMP	M	46	45-49M	1.05.01	0
67	952	7952	BLAKE	SQUIRED	TEMP	M	31	SM	1.05.41	0
68	804	52945	BIANCA	NAUDE	KOMANI	F	39	35-39F	1.05.52	0
69	831	6831	SHARON	GRIESEL	TEMP	F	53	50-54F	1.06.13	0
70	834	6834	RYAN	PORTER	TEMP	M	19	JM	1.06.13	0
71	1309	3748	ANDRE	VAN NIEKERK	TEMP	M	53	50-54M	1.06.40	0
72	925	7925	TIAAN	CARELSEN	TEMP	M	19	JM	1.07.35	0
73	813	984	BELINDA	BAIN	CHARLO	F	62	60-64F	1.08.20	1
74	854	3848	CODY	JONES	TEMP	M	32	SM	1.08.22	0
75	1304	3743	CHRIS	VAN RENSBURG	TEMP	M	51	50-54M	1.08.37	0
76	846	7007	ABENATHI	GAUNT	TEMP	M	13	JM	1.09.04	0
77	845	7008	BEN	GAUNT	TEMP	M	49	45-49M	1.09.05	0
78	920	7920	MELISSA	BODENSTEIN	TEMP	F	44	40-44F	1.09.09	0
79	918	3851	BONANI	NGQOBO	TEMP	M	45	45-49M	1.09.09	0
80	823	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.09.12	1
81	1336	6039	FANIE	FOUCHE	TEMP	M	54	50-54M	1.09.45	0
82	772	3029	ZWELIBANZI	BOMELA	ALLSTARS	M	59	55-59M	1.09.56	0
83	1312	51091	PHUMLA	JUMBA	BUFFALO	F	36	35-39F	1.10.00	0
84	808	1023	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.10.08	1
85	810	50503	EDDIE	WATSON	BUFF	M	65	65-69M	1.10.28	0
86	814	871	RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	1.10.40	1
87	989	7989	NASIPHI	TAFANE	TEMP	F	24	SF	1.10.55	0
88	1326	512	GARFIELD	TSATSANE	SIBALEKA	M	58	55-59M	1.11.17	1
89	1337	6040	BOUDINA	MCCONNACHIE	TEMP	F	49	45-49F	1.11.17	0
90	1338	6041	LEANNE	VAN DER MERWE	TEMP	F	41	40-44F	1.11.19	0
91	1272	6044	KATE	MUIR	TEMP	F	35	35-39F	1.11.24	0
92	949	7949	TYLER	SMITH	TEMP	F	15	JF	1.11.45	0
93	1301	3740	JUSTINE-LEE	DU PLOOY	TEMP	F	21	SF	1.12.30	0
94	839	6839	KYLIE	CROUCAMP	TEMP	F	21	SF	1.13.25	0
95	975	7975	CHLOE	NIEHAUS	TEMP	F	16	JF	1.13.26	0
96	987	7987	ELIZABETH	SEARLE	TEMP	F	16	JF	1.13.27	0
97	838	6838	JORDAN	MCINNEY	TEMP	M	26	SM	1.13.30	0
98	1322	6483	NICK	COWLEY	KUDUS	M	68	65-69M	1.14.01	0
99	1329	3853	JAQUI	VAN DYK	TEMP	F	39	35-39F	1.16.08	0
100	841	6841	MEGAN	MARITZ	TEMP	F	20	SF	1.17.25	0
101	779	529	ANDRE	FOURIE	RUN4C	M	77	70+M	1.17.29	1
102	933	7933	CASSIDY	KROON	TEMP	F	24	SF	1.17.30	0
103	986	7986	MARELIZE	POTGIETER	TEMP	F	15	JF	1.17.40	0
104	973	7973	KEEZI	KUBWIMANA	TEMP	F	15	JF	1.17.41	0
105	1318	1318	UNKNOWN		TEMP	F	34	SF	1.17.45	0
106	1307	3746	LAUREN	STEVENS	TEMP	F	37	35-39F	1.18.15	0
107	994	7994	SHELTYN	CANNON	TEMP	M	43	40-44M	1.18.24	0
108	815	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	1.18.30	1
109	829	6829	DION	GRIESEL	TEMP	M	56	55-59M	1.18.56	0
110	1305	3744	LERATO	PLAATJIE	TEMP	F	39	35-39F	1.19.04	0
111	999	7999	ILZE	FOUCHE	TEMP	F	53	50-54F	1.20.05	0
112	833	6833	BRENDA	NEWLAND-NELL	TEMP	F	45	45-49F	1.20.48	0
113	1000	8000	RAKGWADI	MORITI	TEMP	M	35	35-39M	1.22.27	0
114	1306	3745	NOXOLO	NDODA	TEMP	F	49	45-49F	1.23.47	0
115	1325	2366	NOLUBABALO	SOHABA	VITALITY	F	35	35-39F	1.24.14	1
116	935	7935	KENNADENE	MATTHEWS	TEMP	F	39	35-39F	1.24.47	0
117	780	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.24.49	1
118	1333	3869	NEALE	RIDDIN	TEMP	M	62	60-64M	1.25.40	0
119	807	50468	CANDICE	SMITH	HAMS	F	41	40-44F	1.26.09	0
120	809	50226	SARAH	VAN ZYL	MPOX	F	39	35-39F	1.26.10	0
121	997	7997	ADRI	FOUCHE	TEMP	F	45	45-49F	1.26.49	0
122	998	7998	JOHAN	FOUCHE	TEMP	M	46	45-49M	1.26.49	0
123	1332	3856	NICOLENE	RIDDIN	TEMP	F	55	55-59F	1.29.03	0
124	818	910	RAE	LUCKMAN	CHARLO	F	54	50-54F	1.30.15	1
125	826	962	MILE	VERMAAK	CHARLO	F	57	55-59F	1.30.16	1
126	821	939	DINA	SCHUTTE	CHARLO	F	58	55-59F	1.30.21	1
127	938	7938	NOSIPHO	NTANTISO	TEMP	F	45	45-49F	1.32.49	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
128	939	7939	TULISA	SIKUNDLA	TEMP	F	55	55-59F	1.34.36	0
129	974	7974	SAPHO	LEVE	TEMP	F	31	SF	1.35.10	0
130	936	7936	MICHELLE	MINNAAR	TEMP	F	36	35-39F	1.35.43	0
131	915	1095	MICHAEL	BOTHA	ACH	M	68	65-69M	1.35.55	1
132	802	667	LYNNE	MARSHALL	ALBANY	F	75	70+F	1.38.31	1
133	827	1650	PIERRE	KNOESEN	MADIBA	M	70	70+M	1.39.31	1
134	1273	6046	DEAN	RIELLY	TEMP	M	13	JM	1.45.38	0
135	1274	6045	WAYNE	RIELLY	TEMP	M	56	55-59M	1.45.42	0
136	773	5064	NADIA	DE RIDDER	MPOX	F	50	50-54F	1.46.10	0
137	805	50401	LORRAINE	POOK	ELAC	F	50	50-54F	1.46.10	0
138	806	50049	MARY-LOU	SCHOLTZ	MPOX	F	43	40-44F	1.46.11	0
139	835	6835	MATTHEW	PORTER	TEMP	M	23	SM	1.47.23	0
140	924	7924	MERLE	CAIRNCROSS	TEMP	F	31	SF	1.49.06	0
141	1331	3854	CHER	STEPHEN	TEMP	F	65	65-69F	1.51.55	0