

GAMTOOS VALLEY FARM RUN 21.1KM - PATENSIE - 2024/09/07

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	65	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	1.06.54	5
2	1	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	1.08.19	5
3	68	357	SINAWO	POTI	IKHAMVA	M	22	SM	1.12.20	5
4	69	396	LITHEBE	MENZELELELI	IKHAMVA	M	25	SM	1.12.20	5
5	67	356	LUYANDA	TSHANGANA	IKHAMVA	M	41	40-44M	1.12.49	5
6	167	1825	KHAYA	GQWETHA	VUKANI	M	39	35-39M	1.14.37	5
7	11	1335	ANELE	MALIZA	NEDBANK	M	46	45-49M	1.16.10	5
8	413	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	1.17.18	5
9	99	378	SIYABONGA	HONNI	IKHAMVA	M	40	40-44M	1.17.48	5
10	71	280	ANELE	KHALIPA	MUIRITE	M	35	35-39M	1.17.58	5
11	2	1337	MOHAMED	ABDI	NEDBANK	M	26	SM	1.18.08	5
12	436	2695	RICK	SWEMMER	RUN4C	M	20	SM	1.18.22	5
13	437	1339	MILA	PASIYA	BLUEBAY	M	44	40-44M	1.18.25	5
14	412	1793	LEBOHANG	SENTI	VUKANI	M	37	35-39M	1.18.27	5
15	100	374	HOPEWELL	JABAVU	IKHAMVA	M	40	40-44M	1.18.28	5
16	302	40369	CHARLIN	HELMIE	YOUTH	M	19	JM	1.21.35	4
17	451	40341	ANTON	AVENATHI	SIBALEKA	M	17	JM	1.23.21	3
18	452	40348	SIVENATHI	SODLADLA	SIBALEKA	M	17	JM	1.23.24	3
19	449	2264	THEMBELANI	MBENENGE	SIBALEKA	M	29	SM	1.23.57	3
20	97	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	1.25.09	5
21	222	2408	LUZUKO	BETSHA	YOUTH	M	29	SM	1.25.11	3
22	368	1398	MUTEKILE	RASMENI	NEDBANK	M	59	55-59M	1.25.18	5
23	130	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	1.25.49	5
24	74	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	1.25.50	5
25	423	1480	AUGUST	ESAU	NEDBANK	M	53	50-54M	1.26.42	5
26	4	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	1.28.06	5
27	187	814	BIANCA	MEISTRE	32GI	F	39	35-39F	1.29.12	5
28	433	518	ATHINI	MABALA	VUKANI	M	30	SM	1.30.26	3
29	127	993	THEMBEKILE	MSIPA	CHARLO	M	50	50-54M	1.30.26	5
30	81	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	1.30.53	4
31	410	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	58	55-59M	1.31.18	5
32	409	1353	MZUKISI	KLAAS	NEDBANK	M	55	55-59M	1.31.28	5
33	349	1357	TRACEY	CAMPBELL	NEDBANK	F	43	40-44F	1.31.41	5
34	117	878	DANE	CRONJE	CHARLO	F	27	SF	1.33.07	3
35	223	2166	GRAHAM	TERBLANCHE	MADIBAZ	M	59	55-59M	1.34.01	5
36	184	829	WYNAND	DU PREEZ	32GI	M	51	50-54M	1.34.47	4
37	161	1536	JACQUES	LEANDER	JBAY	M	40	40-44M	1.35.36	2
38	326	539	SERGIO	PETERSON	RUN4C	M	46	45-49M	1.36.02	3
39	107	2907	HUGO	VAN ROOYEN	TEMP	M	44	40-44M	1.36.25	0
40	165	2259	ANDRE	DALTON	TEMP	M	63	60-64M	1.37.45	0
41	144	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	1.37.55	2
42	430	1173	JOHNSTON	JUMBA	JBAY	M	50	50-54M	1.38.19	3
43	227	51748	KHANYISO	MGOLOZELWA	ORMAMBA	M	38	35-39M	1.39.10	0
44	126	938	THOBOLO	MFIKILI	CHARLO	M	38	35-39M	1.39.49	2
45	19	534	MIEKE	WESTRAADT	RUN4C	F	29	SF	1.40.01	2
46	358	2858	WERNER	DU PREEZ	TEMP	M	38	35-39M	1.40.16	0
47	446	5730	LUMARIE	ALERS	TEMP	F	41	40-44F	1.40.44	0
48	88	1069	WAYNE	MITCHELL	ACH	M	51	50-54M	1.41.18	3
49	178	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	1.42.54	2
50	85	51762	SIMBONGILE	MDLETYE	ORMAMBA	M	40	40-44M	1.43.01	0
51	226	1833	SITHA	SIGENU	VUKANI	F	40	40-44F	1.43.01	3
52	428	1283	URAN	LE ROUX	VWAC	M	57	55-59M	1.43.06	3
53	28	1228	CLIVE	DE LANGE	ELITEAC	M	52	50-54M	1.43.31	2
54	330	731	GAVIN	ROGERS	CRUSADE	M	60	60-64M	1.43.51	3
55	77	1162	SUSAN	FERREIRA	JBAY	F	31	SF	1.44.00	2
56	141	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	1.44.02	2
57	134	2834	RICHARD	DEAN	TEMP	M	32	SM	1.44.41	0
58	401	2005	DANIE	PIETERSE	PROFILES	M	51	50-54M	1.45.34	2
59	331	1456	Paul	Rossouw	JBAY	M	25	SM	1.46.00	2
60	179	804	CHARLES	CORBY	32GI	M	54	50-54M	1.46.17	2
61	203	1822	MATTHEW	NQOQO	VUKANI	M	47	45-49M	1.46.18	2
62	156	1055	JEROME	MAY	XCEL	M	58	55-59M	1.46.38	2
63	340	564	GAVIN	SILLS	RUN4C	M	51	50-54M	1.46.50	2

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64	306	1422	DEON	HOLTZHAUSEN	NEDBANK	M	39	35-39M	1.46.50	2
65	305	1489	ANNEMIE	HOLTZHAUSEN	NEDBANK	F	38	35-39F	1.46.51	2
66	343	989	Brett	Steyn	CHARLO	M	49	45-49M	1.47.11	2
67	6	1176	JOHANN	BEKKER	JBAY	M	42	40-44M	1.47.12	2
68	87	40205	ABBIE	MITCHELL	SCHOOL	F	17	JF	1.47.29	2
69	72	1109	LUKE	BINNEMAN	ACH	M	32	SM	1.47.32	2
70	396	2896	LISA	RETIEF	TEMP	F	22	SF	1.47.34	0
71	169	2260	ROSS	BENNETT	TEMP	M	31	SM	1.47.54	0
72	27	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	1.48.10	5
73	229	706	STEPHEN	MCCARTHY	CRUSADE	M	63	60-64M	1.48.45	3
74	224	2258	MARIKE	VAN RENSSSEN	TEMP	F	27	SF	1.48.59	0
75	206	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	1.49.35	3
76	399	2899	JEAN-ALEX	SWART	TEMP	M	28	SM	1.49.43	0
77	332	2490	Grant	Rudman	DESPATCH	M	46	45-49M	1.49.43	2
78	201	1696	ASHWELL	JONAS	GELVAN	M	51	50-54M	1.51.53	2
79	49	2059	ELBE	STRYDOM	STFRAN	M	52	50-54M	1.52.40	2
80	3	1583	JUANITA	CLAASSEN	DESPATCH	F	35	35-39F	1.52.42	2
81	160	552	GEOFFREY	SWARTBOOI	RUN4C	M	48	45-49M	1.53.03	2
82	176	2288	JANRE	VILJOEN	TEMP	M	25	SM	1.53.37	0
83	39	1543	MICHAEL	JANSE VAN RENSBURG	JBAY	M	51	50-54M	1.53.38	2
84	362	2862	ANDRE	ESTERHUYSE	TEMP	M	39	35-39M	1.53.53	0
85	124	952	CINDY	MARAIS	CHARLO	F	47	45-49F	1.54.37	2
86	40	1351	SHARON	JESSOP	NEDBANK	F	54	50-54F	1.54.41	2
87	76	733	ALEX	DU TOIT	CRUSADE	M	59	55-59M	1.54.59	2
88	149	891	GEORGE	WINSHIP	CHARLO	M	58	55-59M	1.55.14	2
89	414	1618	SUZETTE	VICTOR	MADIBA	F	54	50-54F	1.55.19	2
90	334	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	1.55.28	2
91	420	1700	LIONEL	TERBLANCHE	GELVAN	M	48	45-49M	1.55.44	1
92	419	2601	RIAAN	VERMAAK	TEMP	M	40	40-44M	1.56.21	0
93	397	2897	ROBIN	STEYN	TEMP	M	53	50-54M	1.56.21	0
94	351	2851	CARIKA	BURTON	TEMP	F	44	40-44F	1.56.44	0
95	114	556	ARTHUR	WILLIAMS	RUN4C	M	61	60-64M	1.57.19	2
96	82	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	1.57.21	1
97	418	532	JUDY	GERBER	RUN4C	F	58	55-59F	1.58.28	2
98	116	561	DARRYL	CALVERT	CHARLO	M	49	45-49M	1.58.45	1
99	25	1111	GRAHAM	CHANNON	ACH	M	75	70+M	1.58.50	2
100	354	2854	ANDREW	CHERRINGTON	TEMP	M	53	50-54M	1.58.54	0
101	83	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	1.59.00	2
102	301	637	MARK	GODDARD	ASPEN	M	28	SM	1.59.09	1
103	324	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	60	60-64F	1.59.12	3
104	64	2824	STEFAN	VENTER	TEMP	M	33	SM	1.59.31	0
105	197	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	1.59.34	3
106	98	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	1.59.37	1
107	47	1132	MORNE	OWEN	JBAY	M	51	50-54M	1.59.40	1
108	80	2030	SZASZ	MEEKMA	32GI	F	27	SF	2.00.58	1
109	129	2829	ANGELA	ACKERMANN	TEMP	F	45	45-49F	2.01.29	0
110	348	2848	JOSHUA	AUSTIN	TEMP	M	29	SM	2.01.57	0
111	173	1088	PERCY	DALTON	ACH	M	76	70+M	2.02.07	2
112	333	2668	ERIC	RUITERS	JBAY	M	49	45-49M	2.02.40	1
113	393	2893	LIZE-MARI	RAUTENBACH	TEMP	F	38	35-39F	2.02.42	0
114	183	1474	MICHELE	MOOLMAN	NEDBANK	F	39	35-39F	2.02.45	1
115	12	50400	MICHELLE	VAN EMMENIS	HPMIDAS	F	49	45-49F	2.02.48	0
116	32	1199	ILSE	FOURIE	JBAY	F	40	40-44F	2.02.48	1
117	125	934	JEAN	MEYER	CHARLO	M	45	45-49M	2.02.53	1
118	338	2662	MONTE	SCHOLTZ	RUN4C	M	63	60-64M	2.03.00	1
119	14	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	2.03.04	2
120	313	587	KIRSTI	KUHN	RUN4C	F	35	35-39F	2.03.10	1
121	89	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	2.03.12	1
122	75	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	2.03.13	1
123	55	2556	Gideon	Van Zyl	RUN4C	M	42	40-44M	2.03.17	1
124	33	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	2.03.39	1
125	102	2802	ROBERT	TUBB	TEMP	M	39	35-39M	2.03.58	0
126	194	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	2.04.25	1
127	94	2495	DEVON	VAN EYK	DESPATCH	M	30	SM	2.04.27	1

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128	143	900	JASON	SAUNDERS	CHARLO	M	45	45-49M	2.04.49	1
129	447	130	IGHSAAN	ISAACS	MALABAR	M	59	55-59M	2.04.56	1
130	394	2894	MAURITZ	RAUTENBACH	TEMP	M	34	SM	2.05.30	0
131	287	603	Andries	Coetsee	RUN4C	M	38	35-39M	2.05.32	1
132	421	2438	DAVID	HUMAN	NMBAC	M	64	60-64M	2.05.37	1
133	346	510	CHRISTINE	VAN DER BERG	JBAY	F	60	60-64F	2.05.40	2
134	34	1635	DORIS	GERBER	MADIBA	F	53	50-54F	2.06.23	1
135	307	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	2.07.06	2
136	329	727	ANGELA	ROGERS	CRUSADE	F	55	55-59F	2.07.07	1
137	44	741	MARGARET	LLOYD	CRUSADE	F	60	60-64F	2.07.15	2
138	341	8995	TRISTAN	SLATER	SPRINGS	M	25	SM	2.07.33	0
139	422	2600	ZIMMO	MADIKIZELA	VWAC	M	29	SM	2.07.40	1
140	425	2514	Lehlohonolo	Thokoa	ABSAEP	M	43	40-44M	2.07.41	1
141	450	2262	KIANA	DEYSEL	TEMP	M	24	SM	2.07.55	0
142	132	2832	EVAN	DAVIES	TEMP	M	23	SM	2.07.57	0
143	208	2181	BRANDON	VAN RENSBURG	TEMP	M	22	SM	2.07.57	0
144	402	2182	NTHATO	HEADBUSH	TEMP	M	23	SM	2.08.20	0
145	439	2195	PAMELA	PATON	TEMP	F	52	50-54F	2.08.22	0
146	405	524348	MARK	HEADBUSH	CCJHB	M	79	70+M	2.08.23	0
147	403	16314	JIMMY	HEADBUSH	MANONI	M	53	50-54M	2.08.24	0
148	385	2885	GARETH	MARTIN	TEMP	M	39	35-39M	2.08.37	0
149	205	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	2.08.42	1
150	120	915	JOEL	HUMAN	CHARLO	M	51	50-54M	2.08.49	1
151	136	2836	CHRIS	LESTER	TEMP	M	50	50-54M	2.08.59	0
152	291	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	2.09.05	1
153	315	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	2.09.44	1
154	207	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	2.09.49	1
155	137	2837	MEGAN	SPRIGGS	TEMP	F	23	SF	2.10.12	0
156	323	1153	JANENE	OOSTHUIZEN	JBAY	F	45	45-49F	2.10.19	1
157	347	1150	TANYA	VAN DER WESTHUIZEN	JBAY	F	41	40-44F	2.10.19	1
158	297	1609	WILLEMEN	DU RANDT	DESPATCH	F	50	50-54F	2.10.32	1
159	106	2906	CHRISTINE	VAN ROOYEN	TEMP	F	41	40-44F	2.10.35	0
160	90	1552	THERESA	OOSTHUIZEN	DESPATCH	F	53	50-54F	2.10.59	1
161	57	1565	BONITA	WEITZ	DESPATCH	F	52	50-54F	2.11.20	1
162	58	1564	LEON	WEITZ	DESPATCH	M	50	50-54M	2.11.21	1
163	73	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	2.11.26	1
164	281	342	Jonathan	Bakker	MUIRITE	M	33	SM	2.11.29	1
165	288	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	2.11.35	1
166	15	1171	Roslynn	Van Schoor	JBAY	F	27	SF	2.11.50	1
167	342	1169	JACO	STEENKAMP	JBAY	M	34	SM	2.11.50	1
168	30	526	NIEKE	EBERSOHN	RUN4C	F	32	SF	2.12.09	1
169	62	2822	VICTORIA	NIENHUIS	TEMP	F	27	SF	2.12.38	0
170	360	2860	EUGENE	DUVENAGE	TEMP	M	37	35-39M	2.12.40	0
171	283	1149	CHRISTELLE	BLUME	JBAY	F	56	55-59F	2.12.40	1
172	445	1356	JEROME	MAY	NEDBANK	M	57	55-59M	2.12.43	1
173	361	2861	MICHELLE	ELFICK	TEMP	F	53	50-54F	2.12.53	0
174	166	2966	ROBYN	STEYN	TEMP	F	52	50-54F	2.12.53	0
175	151	151	ADELE	VAN DE VENTER	TEMP	F	56	55-59F	2.12.53	0
176	388	2888	MARYNA	MEYER	TEMP	F	53	50-54F	2.13.07	0
177	350	2850	PIETER	BOSHOFF	TEMP	M	32	SM	2.13.12	0
178	93	859	JOY	PREGNOLATO	32GI	F	53	50-54F	2.13.23	1
179	31	525	WESSEL	EBERSOHN	RUN4C	M	35	35-39M	2.13.27	1
180	392	2892	IAN	RAUTENBACH	TEMP	M	39	35-39M	2.13.46	0
181	113	455	JODI	PIENAAR	WALMER	M	30	SM	2.13.58	1
182	191	75	HESTER	DEKKER	SAPPE	F	52	50-54F	2.14.14	1
183	429	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	2.14.15	1
184	344	2664	CHANEL	ROOD	JBAY	M	39	35-39M	2.14.15	1
185	298	1139	LIEZL	FERREIRA	JBAY	F	41	40-44F	2.14.32	1
186	444	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	2.14.41	1
187	23	1143	AMANDA	WILSON	JBAY	F	54	50-54F	2.14.45	1
188	400	2900	HEINRICH	THIART	TEMP	M	35	35-39M	2.15.21	0
189	363	2863	DEONI	FERREIRA	TEMP	F	23	SF	2.15.32	0
190	146	2279	LORNA	VAN GOEVERDEN	TEMP	F	53	50-54F	2.15.51	0
191	104	2804	NICKIE	VAN DEN BERGH	TEMP	M	33	SM	2.16.07	0

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192	357	2857	JANINE	DU PREEZ	TEMP	F	39	35-39F	2.16.24	0
193	131	583	DEMI	DA SILVA	TEMP	F	26	SF	2.16.44	0
194	292	1148	Jan	de Jager	JBAY	M	65	65-69M	2.17.12	1
195	59	2819	EKHARD	DE JAGER	TEMP	M	38	35-39M	2.17.23	0
196	369	2869	RICARDO	JACKSON	TEMP	M	39	35-39M	2.17.23	0
197	209	1567	JACOBUS	WYATT	DESPATCH	M	61	60-64M	2.17.35	1
198	364	2864	KIANA	FERREIRA	TEMP	F	19	JF	2.18.13	0
199	24	1155	FREDERIKA	Woolley	JBAY	F	25	SF	2.18.25	1
200	18	1156	GERHARD	VERMAAK	JBAY	M	29	SM	2.18.25	1
201	152	2480	SHIRLEY	RADEMEYER	ELITEAC	F	28	SF	2.18.28	1
202	171	1000	TIAAN	UYS	TEMP	M	32	SM	2.19.19	0
203	52	1534	ALISON	VAN RENSBURG	MADIBAZ	F	22	SF	2.19.34	1
204	54	2194	INA	VAN RENSBURG	MADIBAZ	F	51	50-54F	2.19.34	1
205	147	921	RYAN	VAN DER MESCHT	CHARLO	M	43	40-44M	2.19.34	1
206	312	595	MARISKA	KRUGER	RUN4C	F	46	45-49F	2.19.40	1
207	294	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	2.20.28	1
208	376	2876	CHRISTIAAN	KRUGER	TEMP	M	49	45-49M	2.20.43	0
209	145	930	IMKE	SMIT	CHARLO	F	35	35-39F	2.20.47	1
210	170	728	PAUL	LUBBE	CRUSADE	M	62	60-64M	2.20.48	1
211	115	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	2.20.52	1
212	417	1713	LYDIA	OLIVER	GELVAN	F	56	55-59F	2.20.54	1
213	123	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	2.21.06	1
214	416	2230	MLULEKI	GQOBOSE	MADIBAZ	M	55	55-59M	2.21.20	1
215	426	1269	SIMON	LELAKA	VWAC	M	51	50-54M	2.22.20	1
216	46	1133	ELSABE	OWEN	JBAY	F	48	45-49F	2.22.23	1
217	386	2886	SARETHA	MARAIS	TEMP	F	39	35-39F	2.23.12	0
218	299	1601	ANIZE	GERBER	DESPATCH	F	51	50-54F	2.23.12	1
219	103	2803	ADRIAN	VAN BILJON	TEMP	M	58	55-59M	2.23.35	0
220	196	2180	MEEKA	BLOM	TEMP	F	20	SF	2.23.54	0
221	192	72	HERMAN	DEKKER	SAPPE	M	79	70+M	2.23.55	1
222	91	36	LANCE	PETERSEN	PEAAC	M	52	50-54M	2.24.03	1
223	359	2859	MICHELLE	DYER	TEMP	F	39	35-39F	2.24.03	0
224	339	563	LINDA	SILLS	RUN4C	F	42	40-44F	2.24.08	1
225	367	2867	ELBE	GREYLING	TEMP	F	32	SF	2.24.26	0
226	398	2898	KARLIEN	STRYDOM	TEMP	F	27	SF	2.25.27	0
227	395	2895	WESLEY	REGNART	TEMP	M	34	SM	2.25.53	0
228	111	2911	CORRINE	VOS	TEMP	F	44	40-44F	2.26.10	0
229	375	2875	PIERRE	KOK	TEMP	M	54	50-54M	2.26.10	0
230	70	2362	SHANE	ANNANDALE	VITALITY	M	41	40-44M	2.26.11	1
231	311	1136	SIMONE	KLEYN	JBAY	F	37	35-39F	2.26.17	1
232	310	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	2.26.37	1
233	282	2639	ANSIE	BENADE	RUN4C	F	65	65-69F	2.26.38	1
234	225	1623	SUSAN	ALCOCK	MADIBA	F	58	55-59F	2.26.53	1
235	317	801	BIANCA	LEONARD	32GI	F	35	35-39F	2.27.07	1
236	365	2865	MARIEKE	FERREIRA	TEMP	F	38	35-39F	2.27.07	0
237	316	850	PAIGE	LEE	32GI	F	58	55-59F	2.27.07	1
238	320	800	JONATHAN	MANDELL	32GI	M	60	60-64M	2.27.07	1
239	432	2651	KIM-LIN	JONES	VITALITY	F	31	SF	2.27.09	1
240	303	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	2.28.19	1
241	438	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-54M	2.28.22	1
242	387	2887	ANNEMARIE	MATTHEUS	TEMP	F	52	50-54F	2.28.23	0
243	38	1612	ARUSHKE	HAEFELE	DESPATCH	F	44	40-44F	2.28.56	1
244	7	1579	JHANINEN	BOSHOFF	DESPATCH	F	58	55-59F	2.28.57	1
245	41	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	2.28.58	1
246	158	1554	HELGARD	POTGIETER	DESPATCH	M	52	50-54M	2.28.59	1
247	92	1555	LYDIA	POTGIETER	DESPATCH	F	49	45-49F	2.29.01	1
248	16	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	2.29.02	1
249	8	1588	JACQUES	BOTHA	DESPATCH	M	50	50-54M	2.29.03	1
250	431	456	TRACEY-LYNNE	HERMAN	WALMER	F	52	50-54F	2.29.21	1
251	150	1403	JOHAN	FERREIRA	RUN4C	M	62	60-64M	2.29.31	1
252	56	2612	ELRINDA	WANNENBURG	RUN4C	F	43	40-44F	2.29.32	1
253	442	2199	JANA	COETZER	TEMP	F	47	45-49F	2.30.03	0
254	43	1246	NATALIE	LIEBENBERG	ELITEAC	F	37	35-39F	2.30.03	1
255	51	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	2.31.42	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	26	1259	HEINZ	CONRAD	ELITEAC	M	45	45-49M	2.31.43	1
257	336	2179	MICHELLE	BLOM	TEMP	F	47	45-49F	2.32.12	0
258	17	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	2.32.23	1
259	345	8052	DHIRESH	VALLABH	SCOTTAC	M	39	35-39M	2.32.24	0
260	411	2188	JOHANN	VAN DER MERWE	MADIBAZ	M	60	60-64M	2.32.25	1
261	415	213	SHARON	SMUTS	CSEP	F	58	55-59F	2.33.30	1
262	159	1354	LAURIKA	VON ALLEMANN	NEDBANK	F	41	40-44F	2.33.38	1
263	135	796	REBECCA	JORDAAN	32GI	F	33	SF	2.33.38	1
264	133	2833	JESSICA	DEAN	TEMP	F	32	SF	2.34.08	0
265	427	1883	FRANCISCA	DU TOIT	STFRAN	F	59	55-59F	2.34.19	1
266	373	2873	BIANCA	KEELEY	TEMP	F	28	SF	2.34.49	0
267	454	1415	ERROL	ROSSOUW	SIBALEKA	M	74	70+M	2.35.17	1
268	157	1629	ARINDA	VAN DER LINDE	MADIBA	F	34	SF	2.35.37	1
269	20	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	2.36.17	1
270	404	2643	NOZBELE	MBETHE	BLUEBAY	F	49	45-49F	2.36.31	1
271	35	2310	LUCINDA	GERBER	VITALITY	F	49	45-49F	2.36.31	1
272	60	2820	JENNA	DE JAGER	TEMP	F	37	35-39F	2.36.35	0
273	63	2823	JANIENE	SCHWARZ	TEMP	F	39	35-39F	2.36.37	0
274	202	62	ALEX	KHUZWAYO	SAPPE	M	61	60-64M	2.36.50	1
275	448	1146	KOOT	SWANEPOEL	JBAY	M	71	70+M	2.36.54	1
276	13	303	SANET	VAN NIEKERK	MUIRITE	F	55	55-59F	2.37.18	1
277	37	2558	Shanell	Greyling	RUN4C	F	21	SF	2.37.18	1
278	48	1938	JENN	SEADY	BLUEBAY	F	52	50-54F	2.37.35	1
279	295	289	RENAY	DU PLESSIS	MUIRITE	F	56	55-59F	2.37.36	1
280	289	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	2.37.56	1
281	335	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	2.38.00	1
282	327	1264	LAVINIA	PIETERSE	VWAC	F	49	45-49F	2.38.00	1
283	53	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	2.38.00	1
284	314	1263	KAHN	LANGFORD	VWAC	M	46	45-49M	2.38.01	1
285	441	2197	IVAN	JOUBERT	TEMP	M	26	SM	2.38.25	0
286	440	708	CARMEN	THURNHER	CRUSADE	F	26	SF	2.38.25	1
287	42	1060	COREEN	LEANDER	XCEL	F	50	50-54F	2.38.29	1
288	155	1725	PEARL	DAMONS	GELVAN	F	61	60-64F	2.38.29	1
289	370	2870	JULIE	JORDAAN	TEMP	F	33	SF	2.38.40	0
290	154	753	PLACXEDES	NDHLOVU	CRUSADE	F	50	50-54F	2.38.48	1
291	434	32	JANETTE	VAN DER KOLF	PEAAC	F	64	60-64F	2.39.15	1
292	435	31	HENNIE	VAN DER KOLF	PEAAC	M	66	65-69M	2.39.15	1
293	108	2908	LANDI	VAN ROOYEN	TEMP	F	35	35-39F	2.39.33	0
294	21	1157	BEN	WIESE	JBAY	M	75	70+M	2.39.47	1
295	284	1184	Rina	Botes	JBAY	F	54	50-54F	2.39.56	1
296	45	1677	LUETTE	NEL	MADIBA	F	46	45-49F	2.40.30	1
297	138	2838	AIMEE	TAYLOR	TEMP	F	30	SF	2.40.56	0
298	95	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	2.41.37	1
299	112	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	2.41.37	1
300	378	2878	ELIZABETH	KUHN	TEMP	F	30	SF	2.41.47	0
301	384	2884	DEDRE	MARAI	TEMP	F	33	SF	2.41.52	0
302	309	641	JACQUES	KEIRSGIETER	ASPEN	M	36	35-39M	2.43.35	1
303	352	2852	CHRISTA	BUYTENDAG	TEMP	F	36	35-39F	2.44.01	0
304	128	911	TANYA	MEYER	CHARLO	F	40	40-44F	2.44.03	1
305	279	1142	ADRIAAN	BADENHORST	JBAY	M	54	50-54M	2.44.03	1
306	355	1137	NELIA	JACOBS	JBAY	F	45	45-49F	2.44.03	1
307	195	1102	KEN	BARWOOD	ACH	M	69	65-69M	2.45.06	1
308	96	1119	TREMAINE	WESSON	ACH	M	64	60-64M	2.45.07	1
309	61	2821	JENNY	DU PREEZ	TEMP	F	54	50-54F	2.45.40	0
310	10	1193	SHANNON	CHAMBERLAIN	JBAY	F	58	55-59F	2.45.40	1
311	371	2871	LINDA	JORDAAN	TEMP	F	30	SF	2.46.01	0
312	366	2866	JUANIQUE	FOURIE	TEMP	F	32	SF	2.46.46	0
313	148	961	LARA	VAN HEERDEN	CHARLO	F	48	45-49F	2.47.34	1
314	162	108	CAILYN	VAN HEERDEN	VARSIITY	F	12	JF	2.47.34	1
315	50	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	2.48.57	1
316	228	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	2.49.13	1
317	84	28	RICHARD	LOMAX	CRUSADE	M	70	70+M	2.49.13	1
318	377	2877	NADIA	KRIEL	TEMP	F	26	SF	2.49.50	0
319	381	2881	ROBBIE	LAW	TEMP	M	25	SM	2.51.54	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
320	119	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	2.52.38	1
321	322	20747	CHARM	NAY	NATURAL	F	52	50-54F	2.52.38	0
322	29	738	SAM	DU TOIT	CRUSADE	F	55	55-59F	2.53.18	1
323	424	512	GARFIELD	TSATSANE	SIBALEKA	M	58	55-59M	2.55.59	1
324	380	2880	MEREDITH	LAW	TEMP	F	23	SF	2.56.03	0
325	278	2555	Lize	Austin	RUN4C	F	28	SF	2.56.03	1
326	79	1287	BANDILE	GWAMANDA	VITALITY	M	54	50-54M	2.58.39	1
327	181	585	JEANETTE	PIENAAR	RUN4C	F	76	70+F	2.59.52	1
328	122	995	BERNADETTE	LOOCK	CHARLO	F	44	40-44F	3.01.01	1
329	110	2910	MICHELLE	VLOK	TEMP	F	34	SF	3.01.06	0
330	118	968	DENISE	DARLOW	CHARLO	F	55	55-59F	3.01.40	1
331	121	969	GARY	KELLEHER	CHARLO	M	66	65-69M	3.01.40	1
332	139	889	PETER	POHLMANN	CHARLO	M	61	60-64M	3.01.40	1
333	153	536	ELIZMA	HARMSE	RUN4C	F	63	60-64F	3.01.43	1
334	325	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	3.01.50	1
335	105	2805	MELANIE	VAN HEERDEN	TEMP	F	52	50-54F	3.02.07	0
336	300	570	PIETER	GERBER	RUN4C	M	66	65-69M	3.03.10	1
337	453	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	3.05.30	1
338	443	1980	JOHAN	GERBER	TEMP	M	45	45-49M	3.05.34	0
339	290	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	3.08.13	1
340	210	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	3.14.06	1
341	372	2872	ABBIGAIL	KARSTEN	TEMP	F	22	SF	3.19.20	0
342	382	3882	ANTOINETTE	LEVER	TEMP	F	30	SF	3.20.21	0
343	353	2853	LEIGH	CARLSON	TEMP	F	35	35-39F	3.20.38	0
344	280	1593	NAOMI	BAKKER	DESPATCH	F	47	45-49F	3.20.40	1
345	337	2491	STEPHANIE	SCHEEPERS	DESPATCH	F	27	SF	3.20.40	1
346	66	2826	JAKKIE	VAN NIEKERK	TEMP	F	72	70+F	3.21.26	0
347	204	53	KEZIA	PRINSLOO	SAPPE	F	40	40-44F	3.26.55	1