

MADIBAZ 10KM - NMU CAMPUS - 2024/07/27 - PROVISIONAL RESULTS

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	150	363	CWENGA	NOSE	IKHAMVA	M	23	SM	0.29.03	1
2	145	396	LITHEBE	MENZELELELI	IKHAMVA	M	24	SM	0.29.55	1
3	993	1376	GIFT	CHIGOMARAWA	NEDBANK	M	36	35-39M	0.30.06	1
4	933	2150	SICELO	MASHABA	MADIBAZ	M	24	SM	0.30.45	1
5	440	439	Mxoleleni	Tabata	CHILLIEP	M	21	SM	0.30.59	1
6	141	356	LUYANDA	TSHANGANA	IKHAMVA	M	41	40-44M	0.31.14	1
7	111	2129	SAKHE	MAHOTE	MADIBAZ	M	19	SM	0.31.22	1
8	801	1499	OYAMA	NTANTISO	NEDBANK	M	19	SM	0.31.25	1
9	485	1319	MZOLISI	MAKHANDA	NEDBANK	M	41	40-44M	0.32.17	1
10	55	1458	GEORGE	NTSHILIZA	BLUEBAY	M	44	40-44M	0.32.32	1
11	1	2167	PHATHUTSHEDZO	TLOU	MADIBAZ	M	23	SM	0.32.52	1
12	354	794	DYLAN	FINLAY	TEMP	M	24	SM	0.32.57	0
13	128	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	0.32.59	1
14	432	40341	ANTON	AVENATHI	SIBALEKA	M	17	JM	0.33.32	1
15	410	40342	Sinawo	April	SIBALEKA	M	15	JM	0.33.33	1
16	148	378	SIYABONGA	HONNI	IKHAMVA	M	40	40-44M	0.33.44	1
17	146	350	NTSIKA	Ntamo	IKHAMVA	M	21	SM	0.33.45	1
18	131	40005	BULUMKO	MALINGA	NEDBANK	M	17	JM	0.34.02	1
19	129	1391	MNCEDI	KHANTI	NEDBANK	M	44	40-44M	0.34.57	1
20	435	40348	SIVENATHI	SODLADLA	SIBALEKA	M	17	JM	0.35.37	1
21	568	2568	SOLWANDLE	SAM	TEMP	M	36	35-39M	0.35.54	0
22	545	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.36.27	1
23	414	174	VIWE	TEKO	ACT AC	M	26	SM	0.36.30	1
24	102	908	KAYLA	NELL	CHARLO	F	30	SF	0.36.30	1
25	441	1384	LESLEY	KOESEBA	NEDBANK	M	51	50-54M	0.36.35	1
26	989	2126	KGATLISO	RAMARU	MADIBAZ	M	23	SM	0.36.46	1
27	433	40354	SENZO	NDZOTOYI	SIBALEKA	M	15	JM	0.37.26	1
28	274	3377	CHRIS	JOUBERT	TEMP	M	17	JM	0.37.27	0
29	127	1503	LUVUYO	DYANI	NEDBANK	M	54	50-54M	0.37.51	1
30	316	52303	DAVID	VEITCH	VITALGN	M	33	SM	0.38.56	0
31	371	1400	KELLY	VAN VLIET	NEDBANK	F	36	35-39F	0.38.56	1
32	130	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	58	55-59M	0.39.09	1
33	366	1334	GAVIN	THORNE	NEDBANK	M	43	40-44M	0.39.17	1
34	535	1353	MZUKISI	KLAAS	NEDBANK	M	55	55-59M	0.39.42	1
35	370	1404	DARREN	VAN VLIET	NEDBANK	M	41	40-44M	0.39.52	1
36	46	295	HIELDE	MARAIS	MUIRITE	F	23	SF	0.40.09	1
37	318	1426	LIZA-MARIE	KINGSTON	NEDBANK	F	42	40-44F	0.40.26	1
38	531	1092	EDEN	GRUNDLINGH	ACH	M	34	SM	0.40.28	1
39	326	301	IAN	PATTERSON	MUIRITE	M	61	60-64M	0.40.31	1
40	254	3192	CALLAN	DEWAR	TEMP	M	27	SM	0.40.34	0
41	488	40011	Mpilonhle	Meko	RUN4C	M	18	JM	0.40.37	1
42	134	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	0.40.47	1
43	322	1014	LINDI	GEORGIOU	BODYCON	F	44	40-44F	0.40.53	1
44	377	2200	Chelsey	Cooke	MADIBAZ	F	20	SF	0.41.01	1
45	56	431	ATHULE	NTSHUNTSCHA	CHILLIEP	M	27	SM	0.41.05	1
46	539	1848	PHAPHAMA	GLADILE	HOLLYWOOD	M	34	SM	0.41.22	1
47	417	545	RUHAN	VAN RENSBURG	RUN4C	M	32	SM	0.41.35	1
48	369	1729	BRIAN	JONAS	GELVAN	M	63	60-64M	0.41.58	1
49	231	3231	KIRSTY	WEIR	TEMP	F	46	45-49F	0.42.00	0
50	367	1301	DESTIN	SAUER	VWAC	M	43	40-44M	0.42.02	1
51	532	2233	FREDAH	NCUBE	MADIBAZ	F	42	40-44F	0.42.12	1
52	475	1252	CHAD	WEWERS	ELITEAC	M	30	SM	0.42.47	1
53	358	1137	NELIA	JACOBS	JBAY	F	45	45-49F	0.42.50	1
54	405	1457	RICHARD	MAZUNGULA	NEDBANK	M	47	45-49M	0.42.54	1
55	7	596	FRIKKIE	BOSHOFF	RUN4C	M	44	40-44M	0.43.01	1
56	161	706	TIMM	PARKIN	TEMP	M	44	40-44M	0.43.02	0
57	67	731	GAVIN	ROGERS	CRUSADE	M	59	55-59M	0.43.05	1
58	458	872	KIAN	TERBLANCHE	TEMP	M	27	SM	0.43.14	0
59	478	886	ANDREW	UITHALER	ELITEAC	M	32	SM	0.43.18	1
60	333	1416	CHRISTINE	CLAASEN	NEDBANK	F	59	55-59F	0.43.19	1
61	379	2161	SIMONE	SCHOONBEE	MADIBAZ	F	23	SF	0.43.24	1
62	37	839	HESTER	KINGWILL	32GI	F	43	40-44F	0.43.30	1
63	21	1659	HANNES	ELS	MADIBA	M	74	70+M	0.43.46	1
64	276	9276	MONDE	XEGO	TEMP	M	19	JM	0.44.42	0
65	186	2588	BRENDON	UITHALER	TEMP	M	23	SM	0.44.42	0
66	468	40300	Keeshan	Kettledas	ATLANTIC	M	16	JM	0.44.54	1
67	486	43	ZOLILE	QWEBANI	SIBALEKA	M	54	50-54M	0.45.07	1

68	533	706	STEPHEN	MCCARTHY	CRUSADE	M	63	60-64M	0.45.22	1
69	163	719	ANGUS	COETZEE	TEMP	M	27	SM	0.45.25	0
70	195	789	EVAN	DAVIES	TEMP	M	23	SM	0.45.26	0
71	536	40298	JOEL	OLIPHANT	ATLANTIC	M	19	JM	0.45.28	1
72	341	2666	OBAKENG	MAROGOA	TEMP	M	38	35-39M	0.45.35	0
73	5	416	OLWETHU	BOMVANA	CHILLIEP	F	38	35-39F	0.45.47	1
74	295	3395	JASON	MEYER	TEMP	M	35	35-39M	0.45.51	0
75	211	3211	ANELE	MNCUBE	TEMP	M	20	SM	0.46.00	0
76	302	1113	ROGER	TRADER	ACH	M	70	70+M	0.46.06	1
77	243	3243	KIM	DRINKWATER	TEMP	F	47	45-49F	0.46.09	0
78	50	1785	MCEBISI	MPONDO	VUKANI	M	40	40-44M	0.46.21	1
79	8	1061	CHESTER	BROOKS	XCEL	M	66	65-69M	0.46.49	1
80	357	1809	SIBONGILE	MGQEBA	VUKANI	F	37	35-39F	0.47.02	1
81	597	2597	BRAEDON	WHITE	TEMP	M	24	SM	0.47.10	0
82	250	3250	BABALWA	NGCOKO	TEMP	F	37	35-39F	0.47.16	0
83	590	2590	NATALIE	VAN DER VYVER	TEMP	F	25	SF	0.47.18	0
84	582	2582	GIDEON	TALJARD	TEMP	M	26	SM	0.47.25	0
85	578	2578	MEGAN	SNYMAN	TEMP	F	23	SF	0.47.47	0
86	312	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	59	55-59F	0.48.06	1
87	65	281	MONIQUE	RICHARDSON	MUIRITE	F	28	SF	0.48.12	1
88	100	913	ZENE	GERBER	CHARLO	F	23	SF	0.48.18	1
89	544	261	PETER	NTSHIKILA	TINARHA	M	61	60-64M	0.48.26	1
90	3	1208	CHRISTINE	BIRD	ELITEAC	F	53	50-54F	0.48.30	1
91	284	3384	KYLA	MAARTENS	TEMP	F	20	SF	0.48.46	0
92	408	199	JOSEPH	BAIN	CSEP	M	64	60-64M	0.48.51	1
93	184	777	DYLAN	ROUX	TEMP	M	25	SM	0.49.03	0
94	460	878	LINDY	GAISER	TEMP	F	39	35-39F	0.49.07	0
95	253	3107	JUAN-PIERRE	DESCHAMPS	TEMP	M	33	SM	0.49.19	0
96	472	874	NATHAN	DOSTER	TEMP	M	22	SM	0.49.22	0
97	328	1360	SITHEMBILE	MPAKO	NEDBANK	M	63	60-64M	0.49.29	1
98	256	3333	EMILILE	DU PLESSIS	TEMP	M	26	SM	0.49.31	0
99	71	1222	BURNITA	STRYDOM	ELITEAC	F	55	55-59F	0.49.34	1
100	304	1229	NATASCIA	DE RIDDER	ELITEAC	F	45	45-49F	0.49.40	1
101	527	3422	SIYOLISE	MVUBU	TEMP	M	29	SM	0.49.46	0
102	96	990	BRETT	MCLAREN	CHARLO	M	38	35-39M	0.49.48	1
103	138	1075	GAVIN	SCHONKNECHT	ACH	M	56	55-59M	0.50.00	1
104	17	75	HESTER	DEKKER	SAPPE	F	52	50-54F	0.50.01	1
105	143	623	MARTHIEL	VOLMINK	TEMP	M	15	JM	0.50.13	0
106	517	3400	GRANT	MORTON	TEMP	M	38	35-39M	0.50.16	0
107	412	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	0.50.18	1
108	193	786	KALLIE	KLINKENBURG	TEMP	M	40	40-44M	0.50.24	0
109	418	40350	Mbalentle	Magwaca	SIBALEKA	F	14	JF	0.50.29	1
110	117	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	63	60-64F	0.50.48	1
111	305	40187	STACEY	DE RIDDER	ELITEAC	F	15	JF	0.50.57	1
112	409	2313	ZANDILE	SIYATA	VITALITY	F	45	45-49F	0.50.58	1
113	36	1118	BRUCE	KING	ACH	M	58	55-59M	0.51.09	1
114	64	717	NATALIE	RAW	CRUSADE	F	37	35-39F	0.51.29	1
115	234	3234	MARK	OOSTHUIZEN	TEMP	M	59	55-59M	0.51.33	0
116	477	803	SIVIWE	MEVENI	REALGIJ	M	37	35-39M	0.51.39	0
117	91	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	0.51.43	1
118	523	3406	SAMANTHA	MUKHEIBIR	TEMP	F	46	45-49F	0.51.46	0
119	139	4	SHANE	SAUNDERS	RUN4C	M	56	55-59M	0.51.51	1
120	12	278	CATHY	CURTAIN	MUIRITE	F	53	50-54F	0.51.58	1
121	368	2416	JOHN	FREWEN	MADIBA	M	62	60-64M	0.52.05	1
122	272	3374	REBECCA	JOPSON	TEMP	F	36	35-39F	0.52.09	0
123	33	618	KELLY	HOLMES	ASPEN	F	47	45-49F	0.52.19	1
124	484	3251	SAMIER	ABRAHAMS	TEMP	M	53	50-54M	0.52.20	0
125	273	3375	TIM	JOPSON	TEMP	M	38	35-39M	0.52.24	0
126	123	1512	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	0.52.26	1
127	81	1648	KEITH	VALENTINE	MADIBA	M	33	SM	0.52.30	1
128	244	3244	CHRISTOFFEL	KRITZINGER	TEMP	M	23	SM	0.53.02	0
129	66	727	ANGELA	ROGERS	CRUSADE	F	54	50-54F	0.53.03	1
130	307	1299	MICHAEL	SLATER	VWAC	M	53	50-54M	0.53.15	1
131	252	3013	CHRIS	DE WET	TEMP	M	16	JM	0.53.23	0
132	299	3399	MORGAN	MORRIS	TEMP	M	33	SM	0.53.25	0
133	598	2598	JESSE-LYNN	WOLVAARD	TEMP	F	23	SF	0.53.31	0
134	565	2565	TESS	RASER	TEMP	F	34	SF	0.53.57	0
135	530	3425	CHARLES	ADDAE	TEMP	M	18	JM	0.53.58	0
136	562	2562	CHRISTOPHER	PEERS	TEMP	M	31	SM	0.54.04	0

137	549	535	GERT	HARMSE	RUN4C	M	58	55-59M	0.54.19	1
138	74	40012	YARDON	SWARTBOOI	RUN4C	M	16	JM	0.54.25	1
139	151	596	JONATHAN	DAVIES	TEMP	M	50	50-54M	0.54.32	0
140	249	3249	CHRISTOPHER	SINCLAIR	TEMP	M	37	35-39M	0.54.35	0
141	381	808	LECHELLE	THERON	32GI	F	44	40-44F	0.54.36	1
142	474	2654	REGARDT	STRYDOM	TEMP	M	43	40-44M	0.54.42	0
143	30	1671	LEON	GROENEWALD	MADIBA	M	57	55-59M	0.54.47	1
144	421	2509	SELLO	KOTU	ABSAEP	M	31	SM	0.54.48	1
145	169	763	RICHARD	BARKER	TEMP	M	58	55-59M	0.54.49	0
146	154	3476	KATE	WANDIZILE	TEMP	M	32	SM	0.54.50	0
147	237	3237	JARED	WHITTLE	TEMP	M	23	SM	0.54.53	0
148	482	268	JUGEN	SIMON	TINARHA	M	31	SM	0.55.12	1
149	321	1001	AMANDA	SHAW	BODYCON	F	59	55-59F	0.55.13	1
150	402	1492	DEON	VYVER	NEDBANK	M	57	55-59M	0.55.14	1
151	303	1623	SUSAN	ALCOCK	MADIBA	F	58	55-59F	0.55.38	1
152	242	3242	KAYLEE	RUTTERS	TEMP	F	23	SF	0.55.39	0
153	419	2417	MARIZA	FREWEN	MADIBA	F	62	60-64F	0.55.47	1
154	480	2178	STEVEN	THOMAS	MADIBAZ	M	58	55-59M	0.55.58	1
155	153	3475	LISA	VAN ZYL	TEMP	F	26	SF	0.56.08	0
156	289	3389	SIKHUMBUZO	MANXOYI	TEMP	M	37	35-39M	0.56.14	0
157	220	3220	ROBERT	CLARKE	TEMP	M	47	45-49M	0.56.18	0
158	351	900	JAMES	AH HING	TEMP	M	18	JM	0.56.21	0
159	352	899	OLIVER	NEWLAND	TEMP	M	19	JM	0.56.32	0
160	555	2555	ULRICH	NIEWOUDT	TEMP	M	29	SM	0.56.36	0
161	279	3379	BAYANDA	LAQWELA	TEMP	M	29	SM	0.56.38	0
162	232	3232	ROBIN JOHN	COYLE-DOWLING	TEMP	M	58	55-59M	0.56.42	0
163	246	3246	SUZETTE	BOTHA	TEMP	F	58	55-59F	0.56.43	0
164	188	782	MELISSA	RIORDAN	TEMP	F	97	70+F	0.56.46	0
165	540	2363	ABDUL	GOOSEIN	VITALITY	M	36	35-39M	0.56.50	1
166	338	592	JOHAN	VERMEUEN	RUN4C	M	57	55-59M	0.56.57	1
167	314	6983	TAMSYN	BOTHA	TEMP	F	28	SF	0.57.06	0
168	245	3245	ANDRE	BOTHA	TEMP	M	60	60-64M	0.57.08	0
169	571	2571	JUNIOR	SHABANGU	TEMP	M	22	SM	0.57.22	0
170	593	2593	WEHMEYER	WEHMEYER	TEMP	M	48	45-49M	0.57.25	0
171	528	3423	NOSIPHIWO	MZANYWA	TEMP	F	35	35-39F	0.57.34	0
172	294	3394	KHANYISA	MELWA	TEMP	M	30	SM	0.57.35	0
173	217	3217	KYLA	BURDEN	TEMP	F	28	SF	0.57.35	0
174	447	657	AXOLA	PAKADE	ASPEN	M	27	SM	0.57.38	1
175	181	774	DEMI	DA SILVA	TEMP	F	26	SF	0.57.48	0
176	325	687	ANELE	MATOTI	VUKANI	M	45	45-49M	0.57.52	1
177	69	1045	YUSUF	SAMUELS	XCEL	M	65	65-69M	0.57.53	1
178	569	2569	CARMEN	SAMPSON	TEMP	F	34	SF	0.57.55	0
179	239	3239	MUSTATA	LAGARDIEN	TEMP	M	31	SM	0.57.55	0
180	415	1731	STANTON	JANTJIES	GELVAN	M	47	45-49M	0.57.56	1
181	159	3479	COURNEY	WICKENS	TEMP	F	21	SF	0.57.57	0
182	80	202	LUTHANDO	NOMTOTO	CSEP	M	37	35-39M	0.57.58	1
183	490	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	0.58.18	1
184	525	3408	NGONIDZASHE	ZATA	TEMP	M	32	SM	0.58.23	0
185	348	896	NADJA	SOBRATE	TEMP	F	34	SF	0.58.32	0
186	534	361	JULIUS	SHOGOLE	IKHAMVA	M	71	70+M	0.58.32	1
187	174	767	SIYA	COKILE	TEMP	M	47	45-49M	0.58.35	0
188	83	40580	KARLA	VAN ROOYEN	SCHOOL	F	16	JF	0.58.41	1
189	320	780	BARRY JOHN	SHARP	MADIBA	M	42	40-44M	0.58.53	1
190	483	40384	MADISON	WARD	ASPEN	F	14	JF	0.58.57	1
191	406	171	SINDISWA	ZAMXAKA	ACT AC	F	44	40-44F	0.59.01	1
192	187	781	RODWELL	PETERSEN	TEMP	M	35	35-39M	0.59.02	0
193	422	861	ZOLANI	NTUNGWA	TEMP	M	41	40-44M	0.59.03	0
194	487	3	KEVIN	BENADE	PEAAC	M	55	55-59M	0.59.20	1
195	277	3420	GREGORY	LA MUDE	TEMP	M	47	45-49M	0.59.27	0
196	125	306	CLYDE	LOTTERING	MUIRITE	M	37	35-39M	0.59.42	1
197	228	3228	HELENA	DE BEER	TEMP	F	32	SF	0.59.44	0
198	73	553	TYRESE	SWARTBOOI	RUN4C	M	21	SM	1.00.09	1
199	591	2591	KRISTEN	VAN ROOYEN	TEMP	F	21	SF	1.00.20	0
200	218	3218	NOSIZWE	CEKISO	TEMP	F	36	35-39F	1.00.26	0
201	570	2570	NADIA	SERFONTEIN	TEMP	F	49	45-49F	1.00.30	0
202	235	235	MELISSA	IRELAND	TEMP	F	34	SF	1.00.31	0
203	268	6985	KAYLA	IVESON	TEMP	M	21	SM	1.00.32	0
204	202	3202	THOMAS	ADAMS	TEMP	M	26	SM	1.00.33	0
205	190	784	NATALIE	ELLIOT	TEMP	F	54	50-54F	1.00.38	0

206	306	40489	ERIN	SLATER	VARSITY	F	18	JF	1.01.02	1
207	452	1677	LUETTE	NEL	MADIBA	F	46	45-49F	1.01.16	1
208	207	3207	MIHLALI	TYUSHA	TEMP	F	31	SF	1.01.20	0
209	331	1759	ZUKISA	MENE	TRANSNET	M	40	40-44M	1.01.54	1
210	98	984	BELINDA	BAIN	CHARLO	F	62	60-64F	1.02.02	1
211	450	352	ZUKO	MALIWA	IKHAMVA	M	47	45-49M	1.02.04	1
212	292	3392	ZIYANDA	MAVOYANA	TEMP	F	29	SF	1.02.05	0
213	438	1415	ERROL	ROSSOUW	SIBALEKA	M	74	70+M	1.02.05	1
214	22	1632	JOS	ELS	MADIBA	F	72	70+F	1.02.07	1
215	407	40188	Lauren	Gerber	ELITEAC	F	17	JF	1.02.33	1
216	182	775	JADE	WATKINS	TEMP	F	33	SF	1.02.45	0
217	446	3372	KEVERN	BRUINTJES	TEMP	F	39	35-39F	1.02.57	0
218	259	3336	TIAAN	DU PREEZ	TEMP	M	21	SM	1.03.04	0
219	258	3335	RUAN	DU PREEZ	TEMP	M	23	SM	1.03.05	0
220	584	2584	SIBUSISO	THWALA	TEMP	M	32	SM	1.03.08	0
221	119	1104	CATHY	IVES	ACH	F	71	70+F	1.03.09	1
222	456	867	THABANG	NDESI	TEMP	F	36	35-39F	1.03.11	0
223	554	2554	MPUMELELO	NGWENYA	TEMP	M	34	SM	1.03.22	0
224	76	1728	LELACHE	TERBLANCHE	GELVAN	F	40	40-44F	1.03.36	1
225	317	579	ELIJAH	NQWANE	TEMP	M	19	SM	1.03.36	0
226	261	3343	DIANE	FINN	TEMP	F	34	SF	1.03.49	0
227	93	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	1.03.50	1
228	70	458	LYNETTE	SMUTS	WALMER	F	58	55-59F	1.03.51	1
229	10	860	JONATHAN	CALITZ	32GI	M	46	45-49M	1.03.56	1
230	339	1389	JOHN	MURINGATHUPARAMBIL	TEMP	M	31	SM	1.03.58	0
231	280	3380	CARI	LE ROUX	TEMP	F	22	SF	1.04.00	0
232	201	3201	JESSE	ACKERMANN	TEMP	F	21	SF	1.04.10	0
233	595	2595	MARK	WEYER	TEMP	M	59	55-59M	1.04.12	0
234	577	2577	MORNE	SMITH	TEMP	M	44	40-44M	1.04.15	0
235	212	3212	MICHELLE	BENN	TEMP	F	41	40-44F	1.04.27	0
236	332	185	Sabata	Tsibolane	CSEP	M	45	45-49M	1.04.31	1
237	25	529	ANDRE	FOURIE	RUN4C	M	77	70+M	1.04.33	1
238	361	1684	ERIKA	FOREMAN	MADIBA	F	54	50-54F	1.04.43	1
239	543	1742	DESIREE	TITUS	GELVAN	F	59	55-59F	1.04.44	1
240	542	1724	AMEERA	CAMPBELL	GELVAN	F	50	50-54F	1.04.44	1
241	267	6979	KAYLEIGH	HILL	TEMP	F	22	SF	1.04.46	0
242	209	3209	BLAINE	ARCHIBALD	TEMP	M	23	SM	1.04.51	0
243	247	3247	ANÉ	ENGELBRECHT	TEMP	F	24	SF	1.04.53	0
244	210	3210	MICHELLE	BARNETT	TEMP	F	56	55-59F	1.04.54	0
245	165	758	KATY	HOFMEYR	TEMP	F	46	45-49F	1.04.55	0
246	301	1634	TANIA	TRUTER	MADIBA	F	51	50-54F	1.04.59	1
247	90	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.05.00	1
248	92	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.05.00	1
249	375	3474	KEOAGILE	THULANE	TEMP	M	36	35-39M	1.05.02	0
250	471	2371	ODWA	SONQISHE	VITALITY	F	35	35-39F	1.05.09	1
251	574	2574	MAJODINA	SIPHUMELELE	TEMP	F	32	SF	1.05.12	0
252	552	2552	ZIZIPHO	NGAYEKA	TEMP	F	29	SF	1.05.13	0
253	43	1802	THOBEKA	MABUSELA	VUKANI	F	62	60-64F	1.05.27	1
254	550	322	ROGER	REDCLIFFE	MUIRITE	M	33	SM	1.05.29	1
255	476	98	AMANDA	WOLMARANS	INFINITY	F	65	65-69F	1.05.32	1
256	345	892	MEGAN	SPRIGGS	TEMP	F	23	SF	1.05.34	0
257	346	893	BRETT	KOLESKY	TEMP	M	24	SM	1.05.46	0
258	97	995	BERNADETTE	LOOCK	CHARLO	F	44	40-44F	1.05.54	1
259	360	1375	BARRY	NELSON	NEDBANK	M	73	70+M	1.05.54	1
260	164	748	STEVE	MAC DONALD	TEMP	M	71	70+M	1.05.58	0
261	248	3248	DEBBIE	WINTERMEYER	TEMP	F	46	45-49F	1.05.58	0
262	311	1816	ALIZWA	BOVUNGANA	VUKANI	M	23	SM	1.05.59	1
263	226	3226	TSEPO	DANIELS	TEMP	M	51	50-54M	1.06.01	0
264	124	566	JANINE	VILJOEN	RUN4C	F	54	50-54F	1.06.09	1
265	287	3387	CHRISTINA	MAKOCHIENG	TEMP	F	27	SF	1.06.14	0
266	224	3224	KELLY-ANNE	COLLINGS	TEMP	F	29	SF	1.06.18	0
267	89	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.06.24	1
268	308	1819	GLYNN	SLATER	TEMP	F	52	50-54F	1.06.31	0
269	470	871	LEIGH	STEAR	TEMP	F	22	SF	1.06.35	0
270	473	876	CATHRYN	DOSTER	TEMP	F	44	40-44F	1.06.44	0
271	290	3390	BUSISIWE	MAPASA-DUBE	TEMP	F	41	40-44F	1.06.46	0
272	113	20	SIMORE	SLABBERT	PEAAC	F	30	SF	1.06.47	1
273	114	19	EMMERENCHIA	SLABBERT	PEAAC	F	51	50-54F	1.06.47	1
274	342	860	ANELISIWE	RACAZA	TEMP	F	31	SF	1.06.56	0

275	546	740	VINCENT	MAPOE	TRANSNET	M	44	40-44M	1.06.57	1
276	563	2563	MPUMELELO	PILISANI	TEMP	M	55	55-59M	1.07.04	0
277	296	3396	SIFIKILE	MFAXA	TEMP	F	31	SF	1.07.07	0
278	9	309	YVETTE	BROPHY	MUIRITE	F	54	50-54F	1.07.07	1
279	49	5592	TEDDY	MOTUMI	DISVIT	M	39	35-39M	1.07.08	0
280	350	898	MACKENZIE	SALT	TEMP	F	15	JF	1.07.12	0
281	94	886	CELEST	JOYCE	CHARLO	F	55	55-59F	1.07.19	1
282	199	792	LIYABONA	SOFAYIYA	TEMP	M	19	JM	1.07.20	0
283	42	2118	EUGENE	LOTTERING	ATLANTIC	M	55	55-59M	1.07.28	1
284	404	2608	QINELANI	QWABE	MADIBAZ	M	29	SM	1.07.30	1
285	72	40016	Hannah	Sullivan	RUN4C	F	14	JF	1.07.32	1
286	191	785	LONWABO	DANIELS	TEMP	M	49	45-49M	1.07.36	0
287	442	3371	ILSE	CLAASSENS	TEMP	F	25	SF	1.07.44	0
288	455	865	BIANCA	BRINK	TEMP	F	30	SF	1.08.05	0
289	222	3222	MIRANDA	COGGER	TEMP	F	47	45-49F	1.08.08	0
290	376	3459	BHEKI	MAPHOSA	TEMP	M	40	40-44M	1.08.24	0
291	168	762	MOMELEZI	COMJWA	TEMP	M	29	SM	1.08.29	0
292	58	1231	HELENE	OPPEL	ELITEAC	F	74	70+F	1.08.35	1
293	330	394	THEMBISILE	VETSHEZA	IKHAMVA	F	44	40-44F	1.08.42	1
294	579	2579	INGE	STANDER	TEMP	F	27	SF	1.08.55	0
295	60	17949	PEWA	MBALI	RUNZONE	F	40	40-44F	1.09.00	0
296	374	1602	LIEZL	DE KOCK	DESPATCH	F	48	45-49F	1.09.07	1
297	558	2558	NANDIPHA	NOQAYI	TEMP	F	34	SF	1.09.16	0
298	298	3398	RAKGWADI	MORITI	TEMP	M	35	35-39M	1.09.26	0
299	166	760	ROBYN	FEHRSEN	TEMP	F	42	40-44F	1.09.26	0
300	329	362	SIPHESIHLE	JOBO	MADIBAZ	M	30	SM	1.09.27	1
301	20	847	CANDICE	DUNCAN	32GI	F	44	40-44F	1.09.27	1
302	596	2596	TERSIA	WEYER	TEMP	F	56	55-59F	1.09.33	0
303	573	2573	SIYAMTHANDA	SIAW	TEMP	M	28	SM	1.09.35	0
304	365	468	IRMA	DE JAGER	WALMER	F	63	60-64F	1.09.38	1
305	336	207	Phumela	Sigodi	CSEP	F	39	35-39F	1.09.44	1
306	451	5843	BONISWA	ZONDANI	CHEETAH	F	40	40-44F	1.09.45	0
307	363	691	NOLOYISO	BONGA	VUKANI	F	37	35-39F	1.09.48	1
308	281	3381	KYLE	LOUW	TEMP	M	37	35-39M	1.09.54	0
309	340	3416	GALIT	SELIGMANN	TEMP	F	30	SF	1.09.57	0
310	567	2567	NAMHLA	SAKI	TEMP	F	29	SF	1.10.05	0
311	291	3391	YONELA	MATOLENGWE	TEMP	F	31	SF	1.10.05	0
312	283	3383	LUSANDA	LUTHPYI	TEMP	F	32	SF	1.10.05	0
313	362	1683	SUNET	HARRIS	MADIBA	F	51	50-54F	1.10.05	1
314	282	3382	ATHIENKOSIE	LUTHOYI	TEMP	F	29	SF	1.10.06	0
315	255	3149	SIPHOKAZI	DOKWANA	TEMP	F	29	SF	1.10.06	0
316	347	894	MELISSA	MAX	TEMP	F	31	SF	1.10.06	0
317	285	3385	NONTOKOZO	MABASO	TEMP	F	20	SF	1.10.24	0
318	548	536	ELIZMA	HARMSE	RUN4C	F	63	60-64F	1.10.25	1
319	359	1306	GAVIN	KLINK	VWAC	M	51	50-54M	1.10.26	1
320	459	875	MARILYN	FRASER	TEMP	F	51	50-54F	1.10.27	0
321	469	469	UNKNOWN		TEMP	M	34	SM	1.10.27	0
322	481	1736	KELLY	WILLIAMS	GELVAN	F	34	SF	1.10.27	1
323	28	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	49	45-49F	1.10.32	1
324	323	714	KARIEN	JOUBERT	CRUSADE	F	36	35-39F	1.10.34	1
325	11	1606	FANIE	CLAASSEN	DESPATCH	M	66	65-69M	1.10.40	1
326	559	2559	RETHABILE	NTAHANE	TEMP	F	20	SF	1.10.43	0
327	160	653	CARYNNE	WICKENS	TEMP	F	49	45-49F	1.10.50	0
328	288	3388	SILINDILE	MALANGENI	TEMP	F	34	SF	1.11.00	0
329	553	2553	PUMEZA	NGOQO	TEMP	F	43	40-44F	1.11.02	0
330	180	773	VATHISWA	MADIKANE	TEMP	F	37	35-39F	1.11.07	0
331	230	3230	MADELEIN	DE VRIES	TEMP	F	26	SF	1.11.18	0
332	68	826	JANINE	ROUSSOUW	32GI	F	50	50-54F	1.11.32	1
333	355	3499	AADIEL	JASSEN	TEMP	M	51	50-54M	1.11.40	0
334	59	1033	KARMEL	PAGE	MUIRITE	F	33	SF	1.11.42	1
335	173	766	TEMPTATION	NCUBE	TEMP	M	33	SM	1.11.57	0
336	297	3397	ZANDILE	MONI	TEMP	F	32	SF	1.11.58	0
337	278	3421	LI-ANNE	LANOMAN	TEMP	F	43	40-44F	1.12.11	0
338	356	3500	TIAAN	VAN ROOYEN	TEMP	M	18	JM	1.12.12	0
339	240	3240	DANEILLE	HARRY	TEMP	F	39	35-39F	1.12.25	0
340	196	788	TIAAN	BLACK	TEMP	M	20	SM	1.13.03	0
341	26	2328	LYNN	FUTCHER	VITALITY	F	59	55-59F	1.13.13	1
342	557	2557	MMELI	NOMBEWU	TEMP	M	29	SM	1.13.19	0
343	585	2585	SINOTHANDO	TISO	TEMP	F	29	SF	1.13.20	0

344	576	2576	MIJAUNE	SMITH	TEMP	F	23	SF	1.13.50	0
345	95	974	LIESL	NEL	CHARLO	F	50	50-54F	1.13.55	1
346	194	787	JOHAN	BLACK	TEMP	M	47	45-49M	1.13.56	0
347	99	971	DEIDRE	GERBER	CHARLO	F	52	50-54F	1.13.57	1
348	51	453	JO-ANNE	MUIR	WALMER	F	54	50-54F	1.14.28	1
349	589	2589	LISA	VAN DER HEIDE	TEMP	F	21	SF	1.14.29	0
350	560	2560	SANELISIWE	NXELE	TEMP	F	18	JF	1.14.38	0
351	223	3223	DALE	COLLINGS	TEMP	M	28	SM	1.14.41	0
352	61	452	SHARON	POTGIETER	WALMER	F	59	55-59F	1.14.42	1
353	592	2592	CIURTNEY	VENTER	TEMP	F	21	SF	1.14.44	0
354	77	94	DENISE	TERBLANCHE	INFINITY	F	76	70+F	1.14.50	1
355	538	2554	ERICA	ERASMUS	RUN4C	F	54	50-54F	1.14.51	1
356	491	1241	MARLENE	TERBLANCHE	ELITEAC	F	74	70+F	1.14.57	1
357	257	3334	CANDICE	DU PREEZ	TEMP	F	29	SF	1.15.01	0
358	198	791	BUHLE	KALOSA	TEMP	M	18	JM	1.15.11	0
359	54	5265	AYANDA	NOMOYI	TEMP	F	46	45-49F	1.15.14	0
360	489	544	JACQULENE	DU TOIT	RUN4C	F	51	50-54F	1.15.23	1
361	337	192	THULULE	MPOLASE	CSEP	F	40	40-44F	1.15.26	1
362	453	953	PHUMELELA	NTUNGWA	CHARLO	F	37	35-39F	1.15.27	1
363	157	3477	TARIKA	ELS	TEMP	F	17	JF	1.15.29	0
364	170	642	JOCELYN	THOMAS	TEMP	F	18	JF	1.15.31	0
365	156	341	JEAN	UPMAN	TEMP	M	18	JM	1.15.39	0
366	18	40001	ZANTE	DEKKER	SAPPE	F	17	JF	1.15.51	1
367	75	70	BIANCA	SWARTS	SAPPE	F	21	SF	1.15.53	1
368	140	53	KEZIA	PRINSLOO	SAPPE	F	39	35-39F	1.16.00	1
369	219	3219	VERNA	CLAASSEN	TEMP	F	61	60-64F	1.16.00	0
370	275	3378	CHICHE	KENOSI	TEMP	M	36	35-39M	1.16.13	0
371	561	2561	MOEPONI	PAKKIES	TEMP	F	30	SF	1.16.18	0
372	82	1170	GERHARD	VAN DER WESTHUIZEN	JBAY	M	49	45-49M	1.16.30	1
373	334	64	DAVID	FORTEIN	SAPPE	M	59	55-59M	1.16.31	1
374	189	783	TAMSYN	BURGER	TEMP	F	32	SF	1.16.40	0
375	524	3407	MAGGIE	MULLER	TEMP	F	68	65-69F	1.17.02	0
376	24	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.17.02	1
377	53	329	ORGIA	NELL	MUIRITE	F	80	70+F	1.17.24	1
378	327	312	LISA-MARIE	PATTERSON	MUIRITE	F	52	50-54F	1.17.35	1
379	162	718	EMMA	COETZEE	TEMP	F	25	SF	1.17.35	0
380	521	3404	MELUMZI	MTSHAYI	TEMP	M	43	40-44M	1.17.37	0
381	343	888	N	SMITH	TEMP	F	43	40-44F	1.17.38	0
382	526	3409	LERATO	MUZAH	TEMP	F	38	35-39F	1.17.39	0
383	238	3238	DAYNA	SAULS	TEMP	F	25	SF	1.17.45	0
384	172	765	SULEGA	LIMBADA	TEMP	F	69	65-69F	1.17.45	0
385	200	793	SHADIA	WILLIAMS	TEMP	F	56	55-59F	1.17.49	0
386	344	890	E	SMITH	TEMP	F	17	JF	1.17.51	0
387	335	646	LUTHO	NOMBEMBE	ASPEN	M	31	SM	1.17.57	1
388	192	786	ANDILE	SITHOLE	TEMP	F	35	35-39F	1.17.58	0
389	319	1851	SIPHOSETHU	NYATI	HOLLYWOO	F	40	40-44F	1.18.01	1
390	137	712	NDILEKA	THOMPSON	CRUSADE	F	46	45-49F	1.18.02	1
391	580	2580	DANAC	STEENKAMP	TEMP	F	25	SF	1.18.04	0
392	152	651	LUTENDO	NNDWAMMBI	TEMP	F	19	JF	1.18.27	0
393	35	710	LEONA	KEMP	CRUSADE	F	68	65-69F	1.18.36	1
394	155	662	LYLE	FRANCIS	TEMP	M	36	35-39M	1.18.38	0
395	185	779	WELA	MTATI	TEMP	M	55	55-59M	1.18.40	0
396	581	2581	ESMARELDA	STEENKAMP	TEMP	F	22	SF	1.18.45	0
397	236	3236	VATHISWA	MADIKANE-DYANTYI	TEMP	F	37	35-39F	1.19.14	0
398	197	790	LEAVZI	ZWELIBANZI	TEMP	M	34	SM	1.19.15	0
399	427	2282	Chandre	Barnard	SIBALEKA	M	35	35-39M	1.19.33	1
400	411	2285	ANDRE	BARNARD	SIBALEKA	M	62	60-64M	1.19.34	1
401	34	720	Cleo	Jacobs	CRUSADE	F	22	SF	1.19.34	1
402	599	2599	GRANT	WYLDE	TEMP	M	47	45-49M	1.19.37	0
403	87	550	LIEZEL	WAIT	RUN4C	F	51	50-54F	1.20.13	1
404	126	336	ARNOLD	RAS	MUIRITE	M	62	60-64M	1.20.15	1
405	63	220	QEMA	NOMVUYO	CSEP	F	54	50-54F	1.20.16	1
406	23	1928	GESINA	ERASMUS	BLUEBAY	F	42	40-44F	1.20.16	1
407	136	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	1.20.22	1
408	300	1760	PUMEZA	HASHE	TRANSNET	F	42	40-44F	1.20.26	1
409	309	1122	BOB	STEDMAN	ACH	M	74	70+M	1.20.56	1
410	147	368	NWABISA	MSUTHWANA	IKHAMVA	F	44	40-44F	1.21.36	1
411	313	1471	SHIRLEEN	CLARKE	NEDBANK	F	61	60-64F	1.22.03	1
412	44	942	EDITH	MAC GEAR	CHARLO	F	56	55-59F	1.22.03	1

413	233	3233	SUNNYBOY	MOABELO	TEMP	M	31	SM	1.22.04	0
414	520	3403	THANDOKAZI	MTINI	TEMP	F	30	SF	1.22.04	0
415	270	3337	TARRYN	JONAS	TEMP	F	39	35-39F	1.22.30	0
416	519	3402	THOLOANA	MOTAUNG	TEMP	F	29	SF	1.24.26	0
417	547	1720	NOLEEN	NORRIS	GELVAN	F	67	65-69F	1.25.14	1
418	479	1095	MOF	BOTHA	ACH	M	68	65-69M	1.25.21	1
419	229	3229	CATHY-LEIGH	DE VRIES	TEMP	F	21	SF	1.25.24	0
420	454	864	SAMKELO	MKWANAZI	TEMP	M	20	SM	1.25.25	0
421	522	3405	YVETTE	MUAKA	TEMP	F	20	SF	1.25.27	0
422	214	3214	UKANYO	BODLELA	TEMP	F	21	SF	1.25.28	0
423	158	3478	DIKELEDI	MOABEO	TEMP	F	34	SF	1.25.45	0
424	6	642	ESTINE	BOSCH	ASPEN	F	37	35-39F	1.25.48	1
425	529	3424	SHARI	NANDLAL	TEMP	F	20	SF	1.25.51	0
426	587	2587	ALUNGILE	TYWAKU	TEMP	F	31	SF	1.26.30	0
427	208	3208	MAHRUKH	ALI	TEMP	F	20	SF	1.26.33	0
428	537	1115	ANNE	WALLIS	ACH	F	43	40-44F	1.26.49	1
429	380	928	ALLISTER	MARRAN	CHARLO	M	48	45-49M	1.26.49	1
430	167	761	SILINDOKUHLE	MPINDA	TEMP	F	28	SF	1.27.42	0
431	105	962	MILE	VERMAAK	CHARLO	F	57	55-59F	1.27.53	1
432	103	987	SHANTE	WRIGHT	CHARLO	F	25	SF	1.27.55	1
433	29	1679	KENNETH	GREYLING	MADIBA	M	64	60-64M	1.27.58	1
434	349	897	TERENCE	STEMMETT	TEMP	M	38	35-39M	1.28.30	0
435	439	5439	BERNADETTE	STEMMETT	TEMP	F	39	35-39F	1.28.31	0
436	227	3227	NOMAWETHU	DANSTER	TEMP	F	45	45-49F	1.28.34	0
437	104	916	SHARON	VAN ZYL	CHARLO	F	48	45-49F	1.28.37	1
438	364	1616	JACQUI	WIGHTMAN	MADIBA	F	51	50-54F	1.28.56	1
439	116	559	SILVIA	JONCK	RUN4C	F	63	60-64F	1.28.58	1
440	541	1413	SHELDINE	SEPTOE	NEDBANK	F	63	60-64F	1.29.00	1
441	263	6973	HEIDI	GERBER	TEMP	F	45	45-49F	1.29.34	0
442	206	3206	ZAKIYYAH	AJAM	TEMP	F	36	35-39F	1.29.51	0
443	413	1308	NKULULEKO	CETYWAYO	VWAC	M	47	45-49M	1.29.58	1
444	215	3215	ASANDA	BOOI	TEMP	F	39	35-39F	1.31.06	0
445	467	891	CHAD	STROEBEL	TEMP	M	23	SM	1.31.07	0
446	149	149	UNKNOWN		TEMP	M	36	35-39M	1.31.12	0
447	115	1992	VAL	SANDOW	PROFILES	F	78	70+F	1.31.14	1
448	121	1991	LYNDENE	DAVIDSON	PROFILES	F	48	45-49F	1.31.14	1
449	353	909	KAYLA	PRINSLOO	TEMP	F	21	SF	1.32.20	0
450	566	2566	SOLAD	SABAH	TEMP	F	20	SF	1.32.38	0
451	423	862	ONGEZIWE	NAKUMBA	TEMP	F	20	SF	1.33.19	0
452	425	863	UZUBENATHI	BUKHELI	TEMP	F	19	JF	1.33.20	0
453	401	979	HAZEL	MJADU	TEMP	F	44	40-44F	1.33.57	0
454	241	3241	NCEDIWE	JOKO	TEMP	F	47	45-49F	1.35.32	0
HELPERS RUN										
H1	807	2149	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.02.39	1
H2	802	754	CELESTIN	NDHLOVU	CRUSADE	M	52	50-54M	1.03.55	1
H3	803	1325	SHANNON	THEOBALD	NEDBANK	F	48	45-49F	1.06.03	1
H4	804	218	Zimasa	Mncanca	MADIBAZ	F	29	SF	1.09.35	1
H5	805	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	55	55-59F	1.26.22	1
H6	806	2304	KUSELWA	MAJALI	ADVEN	F	50	50-54F	1.27.21	1