

MADIBAZ 21.1KM - NMU CAMPUS - 2024/07/27 - PROVISIONAL RESULTS

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	1601	399	SIMON	SIBEKO	IKHAMVA	M	29	SM	1.02.20	5	25
2	1597	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	1.02.34	5	24
3	4044	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	1.05.20	5	23
4	3172	1338	SIBAHLE	MAQWARA	NEDBANK	M	22	SM	1.06.20	5	22
5	2260	2236	BONGANI	BANDA	MADIBAZ	M	24	SM	1.07.26	5	21
6	1639	814	KEEGAN	COOKE	TEMP	M	27	SM	1.08.08	0	0
7	3220	1836	XOLISA	NDLUMBINI	VUKANI	M	42	40-44M	1.08.47	5	20
8	6033	40177	SIYAVUYA	JEYI	MOTHER	M	19	JM	1.09.37	5	19
9	1636	795	TIMOTHY	HAYWARD	TEMP	M	24	SM	1.09.58	0	0
10	3261	1392	ZOLANI	MABONGO	NEDBANK	M	38	35-39M	1.10.06	5	18
11	1600	358	MZWANELE	MAPHEKULA	IKHAMVA	M	47	45-49M	1.10.55	5	17
12	1073	1825	KHAYA	GQWETHA	VUKANI	M	39	35-39M	1.12.40	5	16
13	6038	1335	ANELE	MALIZA	NEDBANK	M	46	45-49M	1.14.36	5	15
14	1187	1339	MILA	PASIYA	BLUEBAY	M	44	40-44M	1.16.25	5	14
15	2238	1793	LEBOHANG	SENTI	VUKANI	M	37	35-39M	1.17.29	5	13
16	3324	425	GODFREY	STUURMAN	CHILLIEP	M	23	SM	1.17.31	5	12
17	3303	994	MASANDE	MLONYENI	SIBALEKA	M	43	40-44M	1.17.59	5	11
18	1389	2256	NOEL	ADAMS	SIBALEKA	M	52	50-54M	1.18.03	5	10
19	1310	212	MALAKHIWE	YSTERMAN	CSEP	M	33	SM	1.18.31	5	9
20	1149	74	TUMELO	MOCHELENYANE	SAPPE	M	42	40-44M	1.18.45	5	8
21	3304	2277	LUBABALO	JUSAYI	SIBALEKA	M	33	SM	1.19.53	4	7
22	1588	999	GRAHAM	ESHMADE	CHARLO	M	47	45-49M	1.20.04	5	6
23	4012	41	Bonolothando	Plaatjie	MUIRITE	M	23	SM	1.20.38	4	5
24	1487	1029	NYASHA	MUKANDI	BODYCON	M	32	SM	1.20.58	4	4
25	3275	2264	THEMBELANI	MBENENGE	SIBALEKA	M	29	SM	1.21.05	4	3
26	1568	950	CHARLES	SEGALO	CHARLO	M	37	35-39M	1.21.14	5	2
27	1191	2429	SAZISO	PANGINDAWO	NMBAC	M	42	40-44M	1.22.13	5	1
28	1362	1362	NATHAN	LE ROUX	TEMP	M	26	SM	1.22.30	0	0
29	3287	423	SANDISO	NGXISHE	CHILLIEP	M	54	50-54M	1.22.33	5	0
30	1305	282	ABDUL	WICOMB	MUIRITE	M	45	45-49M	1.22.39	5	0
31	1355	1355	LUKE	KIRK	VITALITY	M	29	SM	1.23.00	4	0
32	4013	1398	MUTEKILE	RASMENI	NEDBANK	M	59	55-59M	1.23.15	5	0
33	4003	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	1.23.33	5	25
34	1215	184	SANELE	SAM	CSEP	M	31	SM	1.23.42	3	0
35	1604	1847	MHLENGI	MAHLABA	HOLLYWOO	M	32	SM	1.23.55	3	0
36	4039	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	1.23.58	5	24
37	1319	793	TRAVIS	BENN	32GI	M	28	SM	1.24.11	3	0
38	2278	40023	REECE	FREEMAN	ACT AC	M	16	JM	1.24.18	3	0
39	1633	576	MAIXOLE	NTLOKO	TEMP	M	34	SM	1.24.19	0	0
40	4041	1216	WESSEL	WOLMARANS	ELITEAC	M	46	45-49M	1.24.22	5	0
41	1547	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	1.24.25	5	0
42	3319	6696	JEAN-PIERE	ROUX	TEMP	M	37	35-39M	1.24.32	0	0
43	3320	2276	SIYANDA	PETER	SIBALEKA	M	35	35-39M	1.24.35	4	0
44	3323	426	ONATHI	STUURMAN	CHILLIEP	M	25	SM	1.24.35	3	0
45	1408	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.24.37	5	0
46	1197	1477	MARIO	PLAATJIES	NEDBANK	M	43	40-44M	1.25.04	4	0
47	1500	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	1.25.19	5	0
48	2316	367	VUSI	MSUTHWANA	IKHAMVA	M	52	50-54M	1.25.22	5	0
49	1637	1859	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	40	40-44M	1.25.54	4	0
50	6030	2227	SINETHEMBA	NGXONI	MADIBAZ	M	27	SM	1.25.57	3	0
51	1360	1360	TYRONE	KUNNEKE	TEMP	M	32	SM	1.26.06	0	0
52	2217	1082	PAUL	WOLFF	ACH	M	56	55-59M	1.26.10	5	0
53	2312	1465	HENRY	CRAUSE	NEDBANK	M	41	40-44M	1.26.11	4	0
54	2216	1081	KAITLYN	WOLFF	ACH	F	22	SF	1.26.17	5	23
55	1131	1915	LUYANDA	MATIWANA	SPAREC	M	45	45-49M	1.26.18	5	0
56	1138	814	BIANCA	MEISTRE	32GI	F	39	35-39F	1.26.20	5	22
57	1443	3443	TRACEY	CAMPBELL	TEMP	F	43	40-44F	1.26.42	0	0
58	3317	875	Matthew	Rodgers	CHARLO	M	22	SM	1.26.43	3	0
59	1340	156	STANTON	FREEMAN	ACT AC	M	46	45-49M	1.26.57	5	0
60	1586	993	THEMBEKILE	MSIPA	CHARLO	M	49	45-49M	1.27.04	5	0
61	6021	217	SAPHO	NKATA	CSEP	M	47	45-49M	1.27.07	5	0
62	6002	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	1.27.28	5	0
63	1112	40284	CALEB	LOTTERING	ATLANTIC	M	18	JM	1.27.34	3	0
64	1503	539	SERGIO	PETERSON	RUN4C	M	46	45-49M	1.27.38	5	0
65	3288	854	BRENDON	JORDAAN	TEMP	M	35	35-39M	1.27.39	0	0
66	1257	3257	PAUL	BENNETT	TEMP	M	41	40-44M	1.27.40	0	0
67	1358	1358	TANYA	KUFA	TEMP	F	22	SF	1.27.41	0	0
68	4043	11766	PAUL	FREETH	SOCIAL	M	37	35-39M	1.27.50	0	0
69	1405	1022	CHRISTIAAN	JOUBERT	BODYCON	M	49	45-49M	1.27.51	4	0
70	1512	1642	NICO	SMITH	MADIBA	M	39	35-39M	1.27.57	3	0
71	6004	6004	MACEBO	SIQITI.	TEMP	M	34	SM	1.28.24	0	0

72	4023	1810	XOLANI	NTEYI	VUKANI	M	45	45-49M	1.28.26	4	0
73	1036	40186	JADEN	DE RIDDER	ELITEAC	M	18	JM	1.28.39	3	0
74	4042	7501	KELLY	FREETH	SOCIAL	F	31	SF	1.28.40	0	0
75	2325	878	DANE	CRONJE	CHARLO	F	27	SF	1.29.23	4	21
76	2247	843	EDWARD	DE VILLIERS	TEMP	M	27	SM	1.29.35	0	0
77	1638	796	CALEY	TAYLOR	TEMP	F	26	SF	1.29.36	0	0
78	1422	1422	LUKE	SMUTS	TEMP	M	24	SM	1.30.25	0	0
79	1420	1420	NICHOLAS	SMITH	TEMP	M	28	SM	1.30.45	0	0
80	2220	1105	MARK	FRASER	ACH	M	30	SM	1.30.51	3	0
81	3285	1381	JOHN	DU PREEZ	NEDBANK	M	58	55-59M	1.30.57	5	0
82	1570	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	1.31.00	3	0
83	1242	101	AIDAN	TUOHY	VARSIITY	M	27	SM	1.31.00	3	0
84	3309	630	LWAZI	MDUNYA	ASPEN	M	38	35-39M	1.31.07	3	0
85	1065	1964	NKOSINATHI	GCAKASI	BLUEBAY	M	53	50-54M	1.31.08	5	0
86	1167	5110	HASSAN	NDZAKANA	NEDBOR	M	55	55-59M	1.31.14	0	0
87	3249	1707	DAMIAN	OLIVER	GELVAN	M	33	SM	1.31.19	3	0
88	2295	832	MICHAEL	DURRHEIM	TEMP	M	27	SM	1.31.37	0	0
89	1349	1838	SIYABULELA	MPENGESI	VUKANI	M	42	40-44M	1.31.43	3	0
90	3247	1652	HEIN	LODEWYKS	MADIBA	M	41	40-44M	1.31.48	3	0
91	2300	853	CONNOR	DE LANGE	32GI	M	24	SM	1.31.52	2	0
92	2301	852	Amy-Lee	Sansom	32GI	F	23	SF	1.31.53	4	20
93	6007	2082	SEITSHIRO	MOLEMI	SANDFEP	M	40	40-44M	1.31.53	3	0
94	1401	1761	SLULAMI	JACK	TRANSNET	M	49	45-49M	1.31.55	3	0
95	4048	974	JAN	NEL	TEMP	M	32	SM	1.31.57	0	0
96	1173	205	ZUKISANI	NJOKWENI	CSEP	M	35	35-39M	1.32.08	3	0
97	3265	844	NKONGELEKO	NGCOSHOLA	32GI	M	33	SM	1.32.33	2	0
98	2314	2314	CASSIDY	ENSLIN	TEMP	F	28	SF	1.32.34	0	0
99	2310	2310	CHRIS	HOWES	IKHAMVA	M	59	55-59M	1.32.39	5	0
100	2308	846	NICO	BURDEN	TEMP	M	29	SM	1.33.05	0	0
101	1543	1156	GERHARD	VERMAAK	JBAY	M	29	SM	1.33.08	2	0
102	1022	856	THERESA	BUCHNER	32GI	F	39	35-39F	1.33.11	4	19
103	6003	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	1.33.12	3	18
104	1585	985	CHRISTOFF	PUREN	CHARLO	M	33	SM	1.33.15	2	0
105	1627	3121	JACOB	ZUKISAN	TEMP	F	31	SF	1.33.29	0	0
106	6034	1436	NTSIKELELO	SEBE	NEDBANK	M	41	40-44M	1.33.30	3	0
107	2283	825	MICHAEL	KINGSTON	TEMP	M	51	50-54M	1.33.44	0	0
108	1172	1943	LUYANDA	NGESI	BLUEBAY	M	31	SM	1.33.46	2	0
109	1218	1944	MUSA	SENTI	BLUEBAY	M	31	SM	1.33.47	2	0
110	6032	1347	LUVUYO	STEPHEN	NEDBANK	M	54	50-54M	1.33.50	4	0
111	6045	898	PATRIC	MAKWENKWE	CHARLO	M	58	55-59M	1.33.50	5	0
112	3325	411	SIYABONGA	ZULU	CHILLIEP	M	42	40-44M	1.34.00	3	0
113	6035	2414	SIMCELILE	SITHEMBU	SAPPE	M	33	SM	1.34.03	2	0
114	2264	2226	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	1.34.05	2	0
115	1020	49	PHIL	BRADLEY	SAPPE	M	41	40-44M	1.34.05	3	0
116	4002	1815	GUGU	BUDAZA	VUKANI	M	23	SM	1.34.12	2	0
117	2244	1765	MICHELE	ENSLIN	TEMP	F	55	55-59F	1.34.14	0	0
118	1608	273	ROBERT	SLABBERT	MUIRITE	M	37	35-39M	1.34.15	2	0
119	1243	414	MNQWENO	TYOKOLO	CHILLIEP	M	41	40-44M	1.34.16	3	0
120	1178	259	LINDIKHAYA	NTEYI	TINARHA	M	45	45-49M	1.34.24	3	0
121	4036	1833	SITHA	SIGENU	VUKANI	F	40	40-44F	1.34.30	5	17
122	1640	2005	DANIE	PIETERSE	PROFILES	M	50	50-54M	1.34.34	4	0
123	1029	546	ANOLD	CHIYAMA	RUN4C	M	39	35-39M	1.34.43	2	0
124	1367	1367	HEINRICH	LUTZ	TEMP	M	32	SM	1.34.46	0	0
125	1432	1432	CJ	STRYDOM	TEMP	M	40	40-44M	1.34.46	0	0
126	1009	1577	MELISSA	BERG	DESPATCH	F	54	50-54F	1.35.18	5	16
127	1564	938	THOBELU	MFIKILI	CHARLO	M	37	35-39M	1.35.20	2	0
128	4024	694	PHATHULUVO	MGULI	HOLLYWOO	M	39	35-39M	1.35.20	2	0
129	1493	1639	VANDRE	NEL	MADIBA	M	39	35-39M	1.35.21	2	0
130	4020	189	SIVIWE	MOYAKE	CSEP	M	52	50-54M	1.35.41	3	0
131	1295	3295	JOHAN	GERBER	TEMP	M	37	35-39M	1.35.42	0	0
132	1142	1069	WAYNE	MITCHELL	ACH	M	51	50-54M	1.35.44	3	0
133	1502	1270	MUHAMMED	PETERSEN	VWAC	M	40	40-44M	1.35.49	2	0
134	1116	472	QAWWE	MAJIZA	ADVEN	M	37	35-39M	1.36.16	2	0
135	1546	534	MIEKE	WESTRAADT	RUN4C	F	29	SF	1.36.24	3	15
136	6028	6028	UNKNOWN		TEMP	M	36	35-39M	1.36.46	0	0
137	4021	1283	URAN	LE ROUX	VWAC	M	57	55-59M	1.36.47	4	0
138	1151	50903	LESIBA	MOLOTO	REALGIJ	M	32	SM	1.36.51	0	0
139	3258	3258	NTSIKELELO	MAGAWU	TINARHA	M	49	45-49M	1.36.57	3	0
140	1023	5945	SIPHIWO	BUKANI	REALGIJ	M	43	40-44M	1.36.57	0	0
141	3311	2201	ETHAN	HOWARD	MADIBAZ	M	20	SM	1.37.08	2	0
142	1281	3281	G	DE WET	TEMP	M	28	SM	1.37.28	0	0
143	2320	401	SIPHE	MZAYIDUME	CHILLIEP	M	30	SM	1.37.33	2	0
144	4032	1735	BRUCHANE	WILLIAMS	GELVAN	M	38	35-39M	1.37.34	2	0

145	4011	1083	ALAN	TAYLOR	ACH	M	67	65-69M	1.37.38	5	0
146	1264	3264	DANIEL	BUNTING	TEMP	M	27	SM	1.37.44	0	0
147	6025	2084	GEDDES	GALLANT	SANDFEP	M	57	55-59M	1.37.52	4	0
148	1047	1038	PHILLIP	DU PLESSIS	XCEL	M	53	50-54M	1.38.00	3	0
149	3294	380	MBOLEKWA	MAYILA	IKHAMVA	M	45	45-49M	1.38.01	3	0
150	1082	1489	ANNEMIE	HOLTZHAUZEN	NEDBANK	F	38	35-39F	1.38.02	3	14
151	1286	3286	MUHAMMAD	ESSACK	TEMP	M	21	SM	1.38.09	0	0
152	1174	2317	KHAKA	NJOZELA	VITALITY	M	37	35-39M	1.38.10	2	0
153	1083	1422	DEON	HOLTZHAUSEN	NEDBANK	M	39	35-39M	1.38.14	2	0
154	3312	1719	ANDRE	OWNHOUSE	GELVAN	M	56	55-59M	1.38.15	4	0
155	1508	822	ROMMANY	ROGERS	32GI	F	42	40-44F	1.38.22	3	13
156	6008	1564	LEON	WEITSZ	DESPATCH	M	50	50-54M	1.38.32	3	0
157	4049	1745	SHAFIEK	RASDIEN	GELVAN	M	52	50-54M	1.38.33	3	0
158	2307	1013	SIYANDISWA	NONKELELA	BODYCON	M	25	SM	1.38.36	2	0
159	1064	1867	SIYABONGA	GAZIYA	HOLLYWOO	M	39	35-39M	1.38.41	2	0
160	6026	40008	Kamvalethu	Makeleni	BLUEBAY	M	17	JM	1.38.45	2	0
161	1130	514	KHANYISO	MASWANA	VUKANI	M	34	SM	1.38.53	2	0
162	1035	654	Lukhanyo	Dasi	ASPEN	M	31	SM	1.38.55	2	0
163	2258	648	MVULELI	MAGAWULANA	ASPEN	M	47	45-49M	1.38.56	2	0
164	1496	1842	ZANDISILE	NGXONONO	HOLLYWOO	M	50	50-54M	1.39.24	3	0
165	1591	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	1.39.25	3	0
166	1488	2202	WADE	MURISON	MADIBAZ	M	34	SM	1.39.26	2	0
167	1182	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	1.39.33	5	0
168	1301	1618	SUZETTE	VICTOR	MADIBA	F	54	50-54F	1.39.34	5	12
169	1317	1673	KAREN	BARNARD	MADIBA	F	35	35-39F	1.39.50	3	11
170	2253	1857	MKHUSELI	DANISA	HOLLYWOO	M	30	SM	1.39.51	2	0
171	2309	1435	THOLAKELE	SITELA	NEDBANK	M	34	SM	1.39.51	2	0
172	1572	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	1.39.52	3	0
173	1139	1370	WERNER	MEYER	NEDBANK	M	51	50-54M	1.39.52	3	0
174	1398	1398	NERVIN	ORREN	TEMP	M	21	SM	1.39.55	0	0
175	1632	6972	LUDWE	PAKADE	TEMP	M	38	35-39M	1.40.19	0	0
176	3217	1822	MZWANELE	NQOQO	VUKANI	M	46	45-49M	1.40.28	2	0
177	1480	1114	MILES	HOLLINS	ACH	M	51	50-54M	1.40.28	3	0
178	1516	1750	BASIL	STEVENS	GELVAN	M	52	50-54M	1.40.29	3	0
179	1611	1055	JEROME	MAY	XCEL	M	57	55-59M	1.40.29	3	0
180	1041	1053	SALWYN	DENNIS	XCEL	M	46	45-49M	1.40.29	2	0
181	1224	564	GAVIN	SILLS	RUN4C	M	51	50-54M	1.40.29	3	0
182	4035	1676	ANTHONY	BUTTON	MADIBA	M	62	60-64M	1.40.35	4	0
183	1569	952	CINDY	MARAIS	CHARLO	F	47	45-49F	1.40.37	4	10
184	1058	1372	BRENDON	FLETCHER	NEDBANK	M	39	35-39M	1.40.40	2	0
185	6012	1431	GIDEON	MENGO	NEDBANK	M	46	45-49M	1.40.47	2	0
186	1099	104	LINDY	KRETMANN	VARSIY	F	47	45-49F	1.41.03	4	0
187	1254	3254	DANIEL	ALLISON	TEMP	M	21	SM	1.41.06	0	0
188	1509	789	KELVIN	SAMUEL	32GI	M	40	40-44M	1.41.12	2	0
189	3216	191	LUVUYO	ROBHO	CSEP	M	36	35-39M	1.41.23	2	0
190	1304	1412	RAYMOND	WEITZ	NEDBANK	M	69	65-69M	1.41.25	5	0
191	1107	1647	JUSTIN	LEESON	MADIBA	M	38	35-39M	1.41.27	2	0
192	1346	619	BRETT	HOLMES	ASPEN	M	50	50-54M	1.41.41	3	0
193	4040	1701	VERNON	NEWFELDT	GELVAN	M	58	55-59M	1.41.42	3	0
194	1556	914	ETIENNE	GERBER	CHARLO	M	54	50-54M	1.41.55	3	0
195	1155	1433	THOKOZANI	MTIMKULU	CHILLIEP	F	27	SF	1.42.03	2	9
196	1072	1775	BONKE	GOYI	VUKANI	M	36	35-39M	1.42.05	2	0
197	4031	1289	NICK	CHAPMAN	VWAC	M	52	50-54M	1.42.16	2	0
198	4028	972	MAWETHU	PLATYI	TEMP	M	43	40-44M	1.42.23	0	0
199	1565	944	DISEMBA	BLOU	CHARLO	M	66	65-69M	1.42.35	5	0
200	1481	2559	UNATHI	MELENI	ACT AC	M	29	SM	1.42.41	2	0
201	3250	971	LUNTU	GQIBA	TEMP	M	27	SM	1.42.48	0	0
202	3851	3851	UNKNOWN		TEMP	M	36	35-39M	1.12.17	0	0
203	1087	1351	SHARON	JESSOP	NEDBANK	F	54	50-54F	1.42.56	5	8
204	4037	1048	HENRY	JANSEN	XCEL	M	49	45-49M	1.43.24	2	0
205	1643	820	DANIEL	LLEWELLYN TRASK	TEMP	M	26	SM	1.43.26	0	0
206	1532	532	BEV	MAC DONALD	TEMP	F	67	65-69F	1.43.29	0	0
207	1085	2483	Brendan	Human	DESPATCH	M	24	SM	1.43.36	2	0
208	6006	976	GRANT	MISKIN	TEMP	M	30	SM	1.43.42	0	0
209	1159	122	BAVERSHAN	NAIDOO	MALABAR	M	34	SM	1.43.50	2	0
210	1330	1722	GURSHEN	DAVIDS	GELVAN	M	37	35-39M	1.43.51	2	0
211	1539	539	SUZANNE	QASHANI	TEMP	F	26	SF	1.44.11	0	0
212	4027	74	NTSINDISO	MAJALI	TEMP	M	38	35-39M	1.44.12	0	0
213	1235	1700	LIONEL	TERBLANCHE	GELVAN	M	48	45-49M	1.44.13	2	0
214	1485	40205	ABBIE	MITCHELL	SCHOOL	F	17	JF	1.44.18	2	0
215	1052	443	JASON	ENSOR	MADIBA	M	46	45-49M	1.44.19	2	0
216	1267	3267	KEENAN	BURRISS	TEMP	M	25	SM	1.44.41	0	0
217	2289	837	LUVUYO	LAMDU	TEMP	M	31	SM	1.44.42	0	0

218	6019	983	MICHAEL	PRINCE	TEMP	M	50	50-54M	1.45.02	0	0
219	1097	91	DENZIL	KOOPMAN	INFINITY	M	53	50-54M	1.45.04	2	0
220	1567	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	1.45.05	3	0
221	1113	52540	SIYABONGA	MADWE	ABSA	M	29	SM	1.45.13	0	0
222	1529	529	PETER	YUILL	TEMP	M	34	SM	1.45.19	0	0
223	4016	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	1.45.24	5	0
224	1270	3270	MATTHEW	BUXMANN-ALLEN	TEMP	M	33	SM	1.45.42	0	0
225	1621	288	WARREN	GRIFFITHS	MUIRITE	M	59	55-59M	1.45.49	2	0
226	1583	982	PRISHEN	RYAN	CHARLO	M	34	SM	1.45.50	2	0
227	2195	822	RUCHE	MOODLEY	TEMP	M	17	JM	1.45.54	0	0
228	3316	366	LIZO	MOHAPI	IKHAMVA	M	34	SM	1.46.08	2	0
229	6027	4743	ANDREW	MOLOISANE	TEMP	M	40	40-44M	1.46.21	0	0
230	1466	3466	JONGINTLANGA	MNYATHELI	TEMP	M	29	SM	1.46.23	0	0
231	1584	983	JOANNE	HOYLE	CHARLO	F	55	55-59F	1.46.36	5	7
232	1016	2419	BRENDAN	BOSMAN	MADIBA	M	39	35-39M	1.46.41	2	0
233	3253	1003	MARIUS	VAN EYK	BODYCON	M	60	60-64M	1.46.42	3	0
234	1060	1598	LERENZO	FRANCIS	DESPATCH	M	37	35-39M	1.46.50	2	0
235	1325	830	NATALIE	BOSHOFF	32GI	F	37	35-39F	1.46.51	2	6
236	1350	834	ASHTON	JACOBS	32GI	F	28	SF	1.46.53	2	5
237	2286	632	SELLO	MANGANYI	ASPEN	M	41	40-44M	1.46.53	2	0
238	3295	203	NDODOMZI	TAKANE	CSEP	M	41	40-44M	1.47.04	2	0
239	1439	3439	ROWAN	ALLISON	TEMP	M	51	50-54M	1.47.17	0	0
240	2321	1824	VUYILE	TIKWAYO	VUKANI	M	42	40-44M	1.47.20	2	0
241	1212	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	1.47.23	3	4
242	1037	1230	PHILLIP	DE RIDDER	ELITEAC	M	48	45-49M	1.47.25	2	0
243	1091	144	AHMAD	KADER	MALABAR	M	36	35-39M	1.47.25	2	0
244	1430	1430	WESLEY	REGNART	TEMP	M	34	SM	1.47.26	0	0
245	1039	50	MICHAEL	DEKKER	SAPPE	M	51	50-54M	1.47.47	2	0
246	1169	2108	BERNICE	NEL	HEATAC	F	36	35-39F	1.47.52	2	3
247	1152	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	1.47.55	2	2
248	1332	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	1.47.56	2	0
249	1166	51054	DOLLY	NDUDE	BUFFALO	F	52	50-54F	1.47.58	0	0
250	1069	791	CHARL	GERBER	32GI	M	47	45-49M	1.47.59	2	0
251	4005	1236	STEPHEN	KLUE	ELITEAC	M	65	65-69M	1.48.01	3	0
252	1005	342	Jonathan	Bakker	MUIRITE	M	33	SM	1.48.08	2	0
253	1137	1476	NOLIKHANYO	MDWAYI	NEDBANK	F	43	40-44F	1.48.08	2	1
254	1145	1801	LUNGISA	MKOSI	VUKANI	M	37	35-39M	1.48.10	2	0
255	1177	8204	MAXWELL	NTABANKULU	CHILLI	M	41	40-44M	1.48.11	0	0
256	1484	1272	BULELANI	MINI	VWAC	M	33	SM	1.48.12	2	0
257	1239	1874	MBULELO	TSHIKILA	HOLLYWOO	M	51	50-54M	1.48.13	2	0
258	1102	2381	DUSTIN	LALA	GELVAN	M	35	35-39M	1.48.22	2	0
259	1357	1357	RUDI	KRIEL	TEMP	M	34	SM	1.48.23	0	0
260	6040	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	1.48.50	2	0
261	6042	891	GEORGE	WINSHIP	CHARLO	M	58	55-59M	1.48.56	2	0
262	1606	1099	DEAN	FINLAY	ACH	M	58	55-59M	1.48.59	2	0
263	1062	670	JUANITA	FULLER	ALBANY	F	48	45-49F	1.49.00	2	0
264	1589	1814	REON	VAN RENSBURG	CHARLO	M	52	50-54M	1.49.04	2	0
265	6048	1057	SIYABONGA	PANDLE	XCEL	M	55	55-59M	1.49.05	2	0
266	1321	40339	ZANRI	BLACK	MADIBAZ	F	18	JF	1.49.08	2	0
267	1492	1827	NDABA	NDZOMBANE	VUKANI	M	64	60-64M	1.49.13	2	0
268	1347	50693	DARREN	HOWE	DISVIT	M	40	40-44M	1.49.15	0	0
269	1234	552	GEOFFREY	SWARTBOOI	RUN4C	M	48	45-49M	1.49.16	2	0
270	1271	3271	KANYANTA	BWALYA	TEMP	M	26	SM	1.49.19	0	0
271	1247	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	1.49.23	3	0
272	1049	733	ALEX	DU TOIT	CRUSADE	M	59	55-59M	1.49.37	2	0
273	6020	16314	JIMMY	HEADBUSH	MANONI	M	53	50-54M	1.49.38	0	0
274	3321	1651	AMANDA	PIETERSE	MADIBA	F	47	45-49F	1.49.50	2	0
275	6031	561	DARRYL	CALVERT	CHARLO	M	49	45-49M	1.49.52	2	0
276	1486	5392	GOODWILL	MOLOBELA	OTHER	M	19	JM	1.49.56	0	0
277	1592	392	LAWRENCE	NTIKA	IKHAMVA	M	67	65-69M	1.49.57	3	0
278	1291	3291	SALMAAN	FREDERICKS	TEMP	M	38	35-39M	1.49.58	0	0
279	1278	3278	YAZEED	CUPP	TEMP	M	29	SM	1.49.59	0	0
280	3283	651	SANNAH	MPUKULA	ASPEN	F	50	50-54F	1.50.00	3	0
281	3273	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	1.50.00	2	0
282	6017	1965	SIMON	MATEBESE	BLUEBAY	M	61	60-64M	1.50.06	2	0
283	3286	1803	ABELANG	MOSWEU	VUKANI	M	39	35-39M	1.50.11	1	0
284	1028	1111	GRAHAM	CHANNON	ACH	M	74	70+M	1.50.12	4	0
285	2324	834	AYABONGA	TSHUNGWANA	TEMP	M	30	SM	1.50.19	0	0
286	6011	980	SANDISELE	MPAYIPELI	TEMP	M	30	SM	1.50.20	0	0
287	1334	2671	MARK	DU PIESANIE	RUN4C	M	33	SM	1.50.34	1	0
288	1308	327	ELWIN	WOODS	MUIRITE	M	60	60-64M	1.50.36	2	0
289	1004	344	ANTON	AUGUST	MUIRITE	M	41	40-44M	1.50.37	2	0
290	1136	1321	CHAD	MCLEAN	NEDBANK	M	26	SM	1.50.38	1	0

291	1404	796	REBECCA	JORDAAN	32GI	F	33	SF	1.50.39	2	0
292	1168	52686	BENJAMIN	NEITMANN	MERCEDEZ	F	28	SF	1.50.48	0	0
293	1048	1609	WILLEMEN	DU RANDT	DESPATCH	F	49	45-49F	1.50.49	2	0
294	2319	507	VUSIKAYA	MANCAPA	MOTHER	M	59	55-59M	1.51.06	2	0
295	2234	9234	STONE	DLOMU	TEMP	M	48	45-49M	1.51.09	0	0
296	1186	1373	MATTHEW	OSBORNE	NEDBANK	M	36	35-39M	1.51.13	1	0
297	1641	817	LUVUYO	CAMAGU	TEMP	M	33	SM	1.51.18	0	0
298	1361	1361	BRUCE	LE GRANGE	TEMP	M	31	SM	1.51.19	0	0
299	3282	652	ISRAEL	MPUKULA	ASPEN	M	47	45-49M	1.51.21	2	0
300	1557	915	JOEL	HUMAN	CHARLO	M	51	50-54M	1.51.24	2	0
301	1560	921	RYAN	VAN DER MESCHT	CHARLO	M	43	40-44M	1.51.27	1	0
302	1435	1563	SOLOMZI	MASHIQA	NEDBANK	M	48	45-49M	1.51.27	2	0
303	1391	1391	ZANE	NEFDT	TEMP	M	35	35-39M	1.51.36	0	0
304	1538	1538	UNKNOWN		TEMP	M	36	35-39M	1.51.58	0	0
305	3314	653	CRAIG	WARD	ASPEN	M	47	45-49M	1.52.00	2	0
306	1468	3468	MSINDISI	QALINGE	TEMP	M	29	SM	1.52.03	0	0
307	6053	3428	JONATHAN	MBELEKANE	TEMP	M	29	SM	1.52.12	0	0
308	1351	1351	SZASZ	MEEKMA	TEMP	F	27	SF	1.52.18	0	0
309	6043	1411	ELDRIDGE	VAN NIEKERK	NEDBANK	M	64	60-64M	1.52.18	2	0
310	1458	3458	ANDRE	LOOTS	TEMP	M	62	60-64M	1.52.19	0	0
311	3302	2288	VUSUMZI	TWANA	SIBALEKA	M	45	45-49M	1.52.21	2	0
312	3318	1714	ROLAND	DACE	GELVAN	M	69	65-69M	1.52.26	3	0
313	1630	1586	MAUDY	BOTES	DESPATCH	F	42	40-44F	1.52.26	2	0
314	1059	1199	ILSE	FOURIE	JBAY	F	40	40-44F	1.52.26	2	0
315	1288	3288	WARREN	FLANAGAN	TEMP	M	38	35-39M	1.52.26	0	0
316	1373	1373	QAQAMBA	MATUNDU	TEMP	F	26	SF	1.52.26	0	0
317	4029	1369	CHRISTINE	WIENAND	NEDBANK	F	45	45-49F	1.52.26	2	0
318	6005	977	SANGO	MATHAZENI	TEMP	M	21	SM	1.52.27	0	0
319	1025	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	1.52.27	2	0
320	1126	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	1.52.29	1	0
321	1296	3296	NIKKI	GERRARD	TEMP	F	51	50-54F	1.52.40	0	0
322	1384	1384	JACQUES	MOOLMAN	TEMP	M	47	45-49M	1.52.41	0	0
323	1566	948	THOMAS	MARAI	CHARLO	M	37	35-39M	1.52.42	1	0
324	3297	148	ABDUL	LILLAH	MALABAR	M	34	SM	1.52.43	1	0
325	1374	1374	SAMALESU	MAYONDE	TEMP	M	39	35-39M	1.52.44	0	0
326	1115	50968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	1.52.53	0	0
327	1531	531	JANA	ZITTLAU	TEMP	F	21	SF	1.52.54	0	0
328	1353	1353	CATHERINE	KAMM	TEMP	F	30	SF	1.52.55	0	0
329	1368	1368	LUISA	MALAVE VINK	TEMP	F	33	SF	1.53.51	0	0
330	1575	964	JUSTIN	MOGRIDGE	CHARLO	M	36	35-39M	1.53.53	1	0
331	2322	849	VUYISEKA	NTSALU	TEMP	F	32	SF	1.54.05	0	0
332	1623	850	PAIGE	LEE	32GI	F	58	55-59F	1.54.07	3	0
333	3239	1870	THOBELA	MTANGA	HOLLYWOO	M	37	35-39M	1.54.22	1	0
334	1188	1734	DENVER	PETERSEN	GELVAN	M	40	40-44M	1.54.49	1	0
335	1339	2511	JADE	FESTUS	GELVAN	M	34	SM	1.55.21	1	0
336	1205	1748	RICHARD	RAMATSASA	GELVAN	M	48	45-49M	1.55.24	1	0
337	4009	1920	SONWABILE	ZOKOZA	SPAREC	M	42	40-44M	1.55.25	1	0
338	1163	1963	OWEN	NCUBE	BLUEBAY	M	43	40-44M	1.55.26	1	0
339	1105	1263	KAHN	LANGFORD	VWAC	M	45	45-49M	1.55.27	1	0
340	2297	2247	FRANZT	STRUWIG	MADIBAZ	M	67	65-69M	1.55.29	2	0
341	1562	930	IMKE	SMIT	CHARLO	F	35	35-39F	1.55.30	2	0
342	1323	2645	Gershwin	Booyesen	GELVAN	M	36	35-39M	1.55.31	1	0
343	6014	40034	INDIPHILE	MKHOSANA	ACT AC	F	18	JF	1.55.32	1	0
344	1447	3447	WAYNE	FOUCHE	TEMP	M	43	40-44M	1.55.33	0	0
345	1593	1474	MICHELE	MOOLMAN	NEDBANK	F	39	35-39F	1.55.34	2	0
346	1454	3454	ELAINE	GLENDINNING	TEMP	F	28	SF	1.55.35	0	0
347	1081	1062	SISEKO	HOLLAND	TRANSNET	M	40	40-44M	1.55.36	1	0
348	6036	6036	UNKNOWN		TEMP	M	36	35-39M	1.55.37	0	0
349	1315	2347	SIMON	YOUNG	VITALITY	M	44	40-44M	1.55.38	1	0
350	1207	50011	ALAN	ROBB	GCH	M	70	70+M	1.55.39	0	0
351	1070	1214	BENITA	GERBER	ELITEAC	F	59	55-59F	1.55.39	3	0
352	1238	2514	Lehlohonolo	Thokoa	ABSAEP	M	43	40-44M	1.55.41	1	0
353	3313	40155	YONKELA	KWEKWANI	SIBALEKA	F	18	JF	1.55.44	1	0
354	1438	3438	SAMEER	AGHERDIEN	TEMP	M	49	45-49M	1.55.45	0	0
355	1452	1452	FASEEGH	TOBIAS	TEMP	M	33	SM	1.55.46	0	0
356	1380	1380	IAN	MILLS	TEMP	M	30	SM	1.55.47	0	0
357	3243	859	SINETHEMBA	MTANGA	TEMP	M	34	SM	1.55.49	0	0
358	1144	57680	TSHEGOFATSO	MKHABELA	BESTMED	M	31	SM	1.55.50	0	0
359	1268	3268	RODNEY	BUTTERS	TEMP	M	62	60-64M	1.55.51	0	0
360	1282	3282	JOSHUA	DU PREEZ	TEMP	M	29	SM	1.55.52	0	0
361	1001	1751	CAROLINE	ALLEN	TRANSNET	F	52	50-54F	1.55.53	2	0
362	1528	528	KIRSTYN	WYLDE	TEMP	F	22	SF	1.55.54	0	0
363	6009	1565	BONITA	WEITSZ	DESPATCH	F	52	50-54F	1.55.56	2	0

364	1356	1356	ADEL	KLEYNHANS	TEMP	F	45	45-49F	1.55.57	0	0
365	1631	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	40	40-44F	1.55.59	2	0
366	1407	587	KIRSTI	KUHN	RUN4C	F	35	35-39F	1.56.00	1	0
367	1469	3469	PETER	SCHOLTZ	TEMP	M	23	SM	1.56.05	0	0
368	1141	170	THANDEKA	MHLANGA	ACT AC	F	34	SF	1.56.09	1	0
369	1548	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	1.56.10	2	0
370	1204	2480	SHIRLEY	RADEMEYER	ELITEAC	F	28	SF	1.56.11	1	0
371	1436	1356	JEROME	MAY	NEDBANK	M	57	55-59M	1.56.12	2	0
372	6013	6013	UNKNOWN		TEMP	M	36	35-39M	1.56.16	0	0
373	1123	1776	SIPHOKAZI	MANI	VUKANI	F	34	SF	1.56.18	1	0
374	1067	1664	ARNO	GERBER	MADIBA	M	53	50-54M	1.56.41	1	0
375	1449	3449	ROCHELLE	FOWLDS	TEMP	F	44	40-44F	1.56.54	0	0
376	2273	827	KYLIE	RIDDIN	TEMP	F	36	35-39F	1.56.55	0	0
377	2226	826	LIZA	MULLER	TEMP	F	45	45-49F	1.56.56	0	0
378	1030	447	ROBYN	CLEMENCE	VARSIITY	F	22	SF	1.57.00	1	0
379	4026	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	1.57.03	2	0
380	1399	1399	KIARA	PILLAY	TEMP	F	21	SF	1.57.11	0	0
381	1411	3411	ANDRE	SCHOEMAN	TEMP	F	30	SF	1.57.23	0	0
382	1412	3412	CHANTE	SCHOEMAN	TEMP	F	26	SF	1.57.24	0	0
383	2282	2359	KATLEGO	MOCWALEDI	VITALITY	M	36	35-39M	1.57.25	1	0
384	1520	520	NATALIE	VAN DER LINDE	TEMP	F	40	40-44F	1.57.25	0	0
385	1298	3298	MELANIE	GORMAN	TEMP	F	40	40-44F	1.57.34	0	0
386	3308	2269	SINETHEMBA	NGABASE	SIBALEKA	M	21	SM	1.58.00	1	0
387	3264	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	1.58.01	1	0
388	1104	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	1.58.02	1	0
389	1122	1913	TINASHE	MANDIZVIDZA	SPAREC	M	42	40-44M	1.58.02	1	0
390	1359	1359	DEHAN	KUKKUK	TEMP	M	24	SM	1.58.04	0	0
391	1403	797	JEANDRE	JORDAAN	32GI	M	40	40-44M	1.58.05	1	0
392	1252	3252	IAN	AGNEW	TEMP	M	52	50-54M	1.58.06	0	0
393	1517	1659	ARNO	STRUWIG	TEMP	M	30	SM	1.58.09	0	0
394	2303	844	MARYKE	GEYSER	TEMP	F	26	SF	1.58.12	0	0
395	2304	845	ENRICO	ENGELBRECHT	TEMP	M	27	SM	1.58.13	0	0
396	6016	982	JANRE	VILJOEN	TEMP	M	25	SM	1.58.18	0	0
397	1300	3300	KIRK	HELLIKER	TEMP	M	68	65-69M	1.58.18	0	0
398	1068	1635	DORIS	GERBER	MADIBA	F	53	50-54F	1.58.54	2	0
399	1103	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	1.58.55	2	0
400	1514	1169	JACO	STEENKAMP	JBAY	M	34	SM	1.58.56	1	0
401	1515	1171	Roslynn	Van Schoor	JBAY	F	26	SF	1.58.57	1	0
402	1250	1042	EUGENE	VAN WYK	XCEL	M	52	50-54M	1.58.58	1	0
403	1283	3283	TRISTEN	DU RANDT	TEMP	M	24	SM	1.59.00	0	0
404	3271	633	DAVID	NEL	ASPEN	M	36	35-39M	1.59.01	1	0
405	1537	284	ESTELLE	VAN DER MERWE	MUIRITE	F	58	55-59F	1.59.05	2	0
406	1626	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	59	55-59F	1.59.18	2	0
407	1472	3472	LIZELLE	TRUTER	TEMP	F	44	40-44F	1.59.22	0	0
408	1043	421	AMANDLA	DIDIZA	CHILLIEP	M	32	SM	1.59.23	1	0
409	1582	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	1.59.23	1	0
410	4017	2592	Anslon	Hector	VWAC	M	30	SM	1.59.28	1	0
411	1201	784	TEGAN	PURDON	32GI	F	31	SF	1.59.28	1	0
412	6022	2357	HOFMAN	RADEBE	VITALITY	M	44	40-44M	1.59.40	1	0
413	1147	1769	WILTON	MNQAYI	TRANSNET	M	41	40-44M	1.59.41	1	0
414	1061	1910	THANDO	FRANS	SPAREC	M	46	45-49M	1.59.41	1	0
415	3293	858	PAUL	GLENDINNING	TEMP	M	29	SM	1.59.56	0	0
416	1425	1425	AKHONA	SOGA	TEMP	M	29	SM	1.59.57	0	0
417	1417	3417	TEGAN	SHORT	TEMP	M	22	SM	1.59.59	0	0
418	1378	1378	DANIEL	MEIER	TEMP	M	23	SM	2.00.00	0	0
419	1561	926	TREVOR	VAN RENSBURG	CHARLO	M	71	70+M	2.00.01	2	0
420	1491	6576	PHUNYEZWA	NDEVU	SABC	F	57	55-59F	2.00.02	0	0
421	2188	821	RIANDI	STEYN	TEMP	F	34	SF	2.00.03	0	0
422	1008	51146	WINDOM	BASSON	UNITED	M	34	SM	2.00.18	0	0
423	6015	6015	ISIPHILE	TAMBO	TEMP	F	16	JF	2.00.23	0	0
424	3254	1702	LEONARD	GROVES	GELVAN	M	60	60-64M	2.00.24	2	0
425	1121	2425	MOEGAMAT	MAMOOJEE	GELVAN	M	58	55-59M	2.00.24	1	0
426	2270	1439	MARISSA	BLACK	NEDBANK	F	45	45-49F	2.00.25	1	0
427	3296	1937	AMANDA	PRIDEAUX	BLUEBAY	F	49	45-49F	2.00.25	1	0
428	2323	1074	BRENDON	DRYDEN	ACH	M	56	55-59M	2.00.26	1	0
429	6052	3427	GAVIN	LENTOOR	TEMP	M	45	45-49M	2.00.27	0	0
430	1200	783	SHIRLEY	PURDON	32GI	F	59	55-59F	2.00.43	2	0
431	1437	1377	LWANDO	MCAKO	NEDBANK	M	33	SM	2.01.29	1	0
432	1524	524	DYLAN	VERMAAK	TEMP	M	27	SM	2.01.30	0	0
433	1513	1454	WENDY	SORENSEN	NEDBANK	F	49	45-49F	2.01.30	1	0
434	1075	1950	Nicole	GRAY	BLUEBAY	F	23	SF	2.01.31	1	0
435	1129	1917	SHEPARD	MASASA	SPAREC	M	42	40-44M	2.01.32	1	0
436	1345	1070	ANCHE	HOLLINS	ACH	F	42	40-44F	2.01.34	1	0

437	1442	3442	DANIELLE	BRITO	TEMP	F	41	40-44F	2.01.35	0	0
438	1143	1298	MPHATHISI	MJADU	VWAC	M	52	50-54M	2.01.36	1	0
439	1002	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	2.01.37	2	0
440	1628	3108	SIYA	MTHEMBU	TEMP	M	38	35-39M	2.02.39	0	0
441	1277	3277	MICHA	CRONJE	TEMP	F	34	SF	2.02.40	0	0
442	1314	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	2.02.40	1	0
443	1018	1689	SILKE	BOTHA	MADIBA	F	27	SF	2.02.41	1	0
444	1214	1643	HERMAN	SAAYMAN	MADIBA	M	39	35-39M	2.02.41	1	0
445	3301	2257	ELIZE	ADAMS	SIBALEKA	F	49	45-49F	2.02.47	1	0
446	3226	1899	Janine	Rabie	STFRAN	F	28	SF	2.02.48	1	0
447	1521	521	HELENA	VAN HUYSTSTEEN	TEMP	F	25	SF	2.02.48	0	0
448	2236	2236	ASAVELIA	NDZONDZO	TEMP	M	34	SM	2.02.49	0	0
449	6044	25187	ASIVE	SOTASHE	SABC	F	29	SF	2.03.07	0	0
450	1148	5406	ZIBONGILE	MNYAMANA	BALEKANI	F	35	35-39F	2.03.10	0	0
451	1162	1854	NTOMBENTSHA	NAZO	HOLLYWOO	F	40	40-44F	2.03.10	1	0
452	1581	977	VINCENT	SWART	CHARLO	M	50	50-54M	2.03.35	1	0
453	1211	750	PIETER	ROUX	CRUSADE	M	69	65-69M	2.03.40	1	0
454	6037	1332	THANDIWE	NKWANDLA	NEDBANK	F	59	55-59F	2.03.40	2	0
455	1031	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	2.03.41	1	0
456	1392	1392	VUYOLWETHU	NGALO	TEMP	M	31	SM	2.03.44	0	0
457	1199	803	MICHAEL	PRICE	32GI	M	49	45-49M	2.03.45	1	0
458	1244	1451	MARIANE	VAN DER LINDE	NEDBANK	F	45	45-49F	2.04.15	1	0
459	1202	2650	Sandisile	Qumza	VUKANI	M	36	35-39M	2.04.15	1	0
460	6041	3362	MULALO	LUSUNZI	TEMP	F	30	SF	2.04.16	0	0
461	1153	445	AKHONA	MOSIANE	CHILLIEP	F	37	35-39F	2.04.17	1	0
462	1222	625	YOLANDA	SIDWABA	ASPEN	F	33	SF	2.04.21	1	0
463	1026	5345	ROBERT	BUTTON	OLDSELB	M	65	65-69M	2.04.22	0	0
464	1457	3457	MFEZEKO	LOLIWE	TEMP	M	36	35-39M	2.04.26	0	0
465	1223	51802	NIKIWE	SIHELE	KOMANI	F	48	45-49F	2.04.29	0	0
466	3201	2603	Cameron	Maebeni	MADIBAZ	M	28	SM	2.04.30	1	0
467	1292	3292	GREG	FULLARD	TEMP	M	46	45-49M	2.05.37	0	0
468	2271	829	LAURE	PIETERSE	TEMP	M	53	50-54M	2.05.38	0	0
469	1090	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	2.05.38	2	0
470	2311	912	THABISO	NGCONGO	TEMP	M	25	SM	2.05.39	0	0
471	1227	307	DENVER	HUME	MUIRITE	M	46	45-49M	2.05.43	1	0
472	2317	1566	RUAN	WELGEMOED	DESPATCH	M	29	SM	2.05.44	1	0
473	4014	1552	THERESA	OOSTHUIZEN	DESPATCH	F	53	50-54F	2.05.44	1	0
474	1402	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	2.05.45	1	0
475	1195	1309	GERALD	PIETERSEN	VWAC	M	44	40-44M	2.05.46	1	0
476	1228	8995	TRISTAN	SLATER	SPRINGS	M	25	SM	2.05.46	0	0
477	1015	1284	DEAN	BOSMAN	VWAC	M	42	40-44M	2.05.47	1	0
478	1127	785	CHRISTOPHER	MARLIN	32GI	M	48	45-49M	2.05.48	1	0
479	1128	786	DANIA	MARLIN	32GI	F	42	40-44F	2.05.48	1	0
480	3200	200	MPUMZI	MAPASA	CSEP	M	33	SM	2.05.52	1	0
481	1180	1248	EULIDA	OELOFSE	ELITEAC	F	51	50-54F	2.05.53	1	0
482	1318	1926	BIANCA	MULLER	BLUEBAY	F	33	SF	2.05.53	1	0
483	1272	3272	VICTOR	CHABANGU	TEMP	M	31	SM	2.05.54	0	0
484	1198	2066	JOHAN	PRETORIUS	MADIBA	M	49	45-49M	2.05.55	1	0
485	1530	530	MOHAMAD	YUSUF ADAM	TEMP	M	38	35-39M	2.06.09	0	0
486	1573	960	ADELE	PHIPPS	CHARLO	F	55	55-59F	2.07.11	1	0
487	1446	3446	MICHELLE	ELFICK	TEMP	F	53	50-54F	2.07.11	0	0
488	1505	859	JOY	PREGNOLATO	32GI	F	53	50-54F	2.07.12	1	0
489	1587	997	NOLUVUYOLWETHU	QOKWENI	CHARLO	F	42	40-44F	2.07.12	1	0
490	1100	595	MARISKA	KRUGER	RUN4C	F	46	45-49F	2.07.13	1	0
491	1510	1668	CANDICE	SHARP	MADIBA	F	41	40-44F	2.07.13	1	0
492	2265	1662	NATALIE	SHARP	MADIBA	F	44	40-44F	2.07.14	1	0
493	1453	1453	PRAISE	TSEMBO SIBUYI	TEMP	M	21	SM	2.07.14	0	0
494	1158	2626	MCEBISI	MZINZI	DPWEC	M	44	40-44M	2.07.15	1	0
495	1610	1717	ANTOINETTE	HUMAN	GELVAN	F	56	55-59F	2.07.15	1	0
496	3238	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	2.07.16	1	0
497	2306	2230	MLULEKI	GQOBOSE	MADIBAZ	M	55	55-59M	2.08.29	1	0
498	1338	765	LESLIE	FERREIRA	CRUSADE	M	29	SM	2.08.41	1	0
499	1423	1423	NIEL	SNYDERS	TEMP	M	36	35-39M	2.08.42	0	0
500	1038	622	YVETTE	DE VILLIERS	ASPEN	F	38	35-39F	2.08.42	1	0
501	1341	2327	MISHALE	FUTCHER	VITALITY	F	28	SF	2.08.43	1	0
502	1206	2593	SIYABULELA	RELU	VWAC	M	47	45-49M	2.08.43	1	0
503	1527	527	DUNCAN	WOODS	TEMP	M	27	SM	2.08.44	0	0
504	6018	1493	TOEGEDA	VYVER	NEDBANK	F	52	50-54F	2.08.44	1	0
505	1511	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	2.08.45	1	0
506	1045	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	2.08.45	1	0
507	2243	842	CWENGA	MAQINA	TEMP	M	34	SM	2.08.46	0	0
508	1133	51075	UNATHI	MAY	BCMAC	F	38	35-39F	2.08.46	0	0
509	1240	51177	OMPHILE	TSOMOKO	ALIWAL	M	34	SM	2.08.47	0	0

510	4004	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	2.08.47	1	0
511	4046	1567	JACOBUS	WYATT	DESPATCH	M	61	60-64M	2.08.48	1	0
512	1333	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	2.08.48	1	0
513	1014	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	2.08.50	1	0
514	4008	538	IGNIS	MCLAREN	RUN4C	M	58	55-59M	2.08.51	1	0
515	1273	3273	MEGAN	CLOETE	TEMP	F	27	SF	2.08.51	0	0
516	1336	526	NIEKE	EBERSOHN	RUN4C	F	32	SF	2.09.24	1	0
517	1118	2326	MATHONGO	MAKHIWANE	BLUEBAY	M	49	45-49M	2.09.25	1	0
518	6039	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	2.09.25	1	0
519	1040	72	HERMAN	DEKKER	SAPPE	M	79	70+M	2.09.26	1	0
520	2196	823	CHANELLE	MOODLEY	TEMP	F	44	40-44F	2.09.26	0	0
521	1225	563	LINDA	SILLS	RUN4C	F	42	40-44F	2.09.28	1	0
522	3298	140	WAJDIE	SOLOMON	MALABAR	M	59	55-59M	2.09.28	1	0
523	1246	1576	MARCELLE	VAN LOGGERENBERG	DESPATCH	M	57	55-59M	2.09.30	1	0
524	1248	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	2.09.31	1	0
525	1179	1828	MICHAEL	NYONI	VUKANI	M	48	45-49M	2.09.31	1	0
526	2251	2111	GEROME	MINTOOR	ATLANTIC	M	56	55-59M	2.09.32	1	0
527	4030	1617	CHARMAINE	BUTTON	MADIBA	F	60	60-64F	2.09.32	1	0
528	1571	956	NEELESH	BHANA	CHARLO	M	53	50-54M	2.09.33	1	0
529	6023	984	NTHATO	HEADBUSH	TEMP	M	23	SM	2.09.33	0	0
530	1194	1264	LAVINIA	PIETERSE	VWAC	F	49	45-49F	2.09.34	1	0
531	1249	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	2.09.37	1	0
532	1309	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	2.10.26	1	0
533	2285	1820	ABONGILE	PEZA	VUKANI	M	40	40-44M	2.10.27	1	0
534	1021	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	2.10.27	1	0
535	1095	1621	WILHELM	KILIAN	MADIBA	M	48	45-49M	2.10.28	1	0
536	2239	841	SIVUYILE	SITHONGA	TEMP	M	35	35-39M	2.10.28	0	0
537	6051	990	ONGAWA	MASIZA	TEMP	F	39	35-39F	2.10.29	0	0
538	1033	2314	AYANDA	DAKANA	VITALITY	M	40	40-44M	2.10.30	1	0
539	1279	3279	SIBABALWE	DAKANA	TEMP	M	34	SM	2.10.30	0	0
540	1395	1395	YOLISA	NONXUBA	TEMP	F	40	40-44F	2.10.31	0	0
541	1441	3441	DIANE	BRETT	TEMP	F	46	45-49F	2.10.32	0	0
542	1027	693	NOMFUSI	CESHEMBA	VUKANI	F	42	40-44F	2.10.32	1	0
543	1365	1365	KATHY	LOMBARD	TEMP	F	63	60-64F	2.10.34	0	0
544	1376	1376	LUCY	MCNAUGHTON	TEMP	F	36	35-39F	2.10.34	0	0
545	1448	3448	KERRY	FOURIE	TEMP	F	35	35-39F	2.10.35	0	0
546	1451	3451	GERHARD	GILDENHUYS	TEMP	M	55	55-59M	2.10.35	0	0
547	1579	970	MALCOLM	BLANDY	CHARLO	M	42	40-44M	2.10.36	1	0
548	3284	3339	YONELA	TSIDI SIBUYI	TEMP	F	23	SF	2.10.36	0	0
549	1506	701	Simon	Rauch	CRUSADE	M	29	SM	2.10.37	1	0
550	4033	913	LIEZEL	GOUSSARD	TEMP	F	42	40-44F	2.12.32	0	0
551	1504	1094	MARIETJIE	PIETERSEN	ACH	F	67	65-69F	2.12.32	1	0
552	1526	526	BIANCA	WEHMEYER	TEMP	F	46	45-49F	2.12.33	0	0
553	3188	857	MICAELA	SCHOLTZ	TEMP	F	28	SF	2.12.33	0	0
554	1609	110	MOHAMED	SHEIK	VARSIITY	M	33	SM	2.12.33	1	0
555	1316	2352	ASANDA	SASANTI	VITALITY	F	34	SF	2.12.34	1	0
556	1057	1139	LIEZL	FERREIRA	JBAY	F	41	40-44F	2.12.34	1	0
557	4018	419	AMANDA	NOHAJI	CHILLIEP	F	36	35-39F	2.12.35	1	0
558	6029	1333	MBULELO	SOBIKWA	NEDBANK	M	70	70+M	2.12.35	1	0
559	2261	921	EADEN	TAIT	TEMP	M	22	SM	2.12.35	0	0
560	2284	1821	MKOKELI	MALGHAS	VUKANI	M	42	40-44M	2.12.36	1	0
561	1007	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	2.12.36	1	0
562	1369	1369	LOYISO	MALOTANA	TEMP	M	48	45-49M	2.12.37	0	0
563	1274	3274	PADDY	CLOETE	TEMP	F	52	50-54F	2.12.37	0	0
564	1383	1383	SISEKO	MKUMLA	TEMP	M	39	35-39M	2.12.38	0	0
565	2313	433	NCUMISA	KEPE	CHILLIEP	F	44	40-44F	2.12.38	1	0
566	1644	1818	ANDILE	BOVUNGANA	VUKANI	M	57	55-59M	2.12.38	1	0
567	4007	2557	DEWALT	VERMEULEN	RUN4C	M	52	50-54M	2.12.38	1	0
568	4006	1797	SUE	LEWIS	VUKANI	F	59	55-59F	2.12.38	1	0
569	1490	1267	ANAND	NAIDOO	VWAC	M	54	50-54M	2.12.38	1	0
570	1620	1704	KEITH	SEZOE	GELVAN	M	54	50-54M	2.12.58	1	0
571	1619	6990	KEVIN	SEZOE	TEMP	M	25	SM	2.12.58	0	0
572	1624	801	BIANCA	LEONARD	32GI	F	34	SF	2.12.59	1	0
573	1622	800	JONATHAN	MANDELL	32GI	M	59	55-59M	2.13.00	1	0
574	3236	856	LIEZL	VAN ONSELEN	TEMP	F	31	SF	2.13.00	0	0
575	4019	2382	TARRYN	LANGLEY	GELVAN	F	20	SF	2.13.01	1	0
576	1219	50520	GAVIN	SHELDON	WORC	M	52	50-54M	2.13.01	0	0
577	1574	961	LARA	VAN HEERDEN	CHARLO	F	48	45-49F	2.13.01	1	0
578	1245	108	CAILYN	VAN HEERDEN	VARSIITY	F	12	JF	2.13.01	1	0
579	1445	3445	FADEELAH	DAVIDS	TEMP	F	40	40-44F	2.14.21	0	0
580	1311	1925	WALTER	ZIMBEVA	SPAREC	M	44	40-44M	2.14.21	1	0
581	1501	1713	LYDIA	OLIVER	GELVAN	F	56	55-59F	2.14.22	1	0
582	1046	1212	EDMUND	DRAKE	ELITEAC	M	33	SM	2.14.22	1	0

583	6049	123	SIHAAM	ALLISON	MALABAR	F	39	35-39F	2.14.22	1	0
584	1406	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	2.14.23	1	0
585	1263	3263	CHRISTOPHER	BROWNE	TEMP	M	27	SM	2.14.24	0	0
586	1086	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	2.14.25	1	0
587	3278	1331	JAN	LE ROUX	NEDBANK	M	64	60-64M	2.14.25	1	0
588	1192	455	JODI	PIENAAR	WALMER	M	30	SM	2.14.28	1	0
589	1371	1371	PETRO	MARITZ	TEMP	F	54	50-54F	2.15.15	0	0
590	1017	2418	MEGAN	BOSMAN	MADIBA	F	37	35-39F	2.15.15	1	0
591	1063	899	KIRSTEN	FULLER	CHARLO	F	33	SF	2.15.16	1	0
592	1410	3410	RIAAN	ROSSOUW	TEMP	M	52	50-54M	2.15.16	0	0
593	1629	6968	SKHUMBUZE	MZOBOHE	TEMP	M	51	50-54M	2.15.17	0	0
594	1094	117	LIFA	KEKEZWA	VARSIY	M	20	SM	2.15.18	1	0
595	1108	588	RENIER	LIEBENBERG	RUN4C	M	42	40-44M	2.16.02	1	0
596	2290	836	SALLIE	BAISLEY	TEMP	F	49	45-49F	2.16.10	0	0
597	1499	2508	THEMBU	NTSUKUNYANE	ABSAEP	F	45	45-49F	2.16.11	1	0
598	1463	3463	MARYNA	MEYER	TEMP	F	53	50-54F	2.16.11	0	0
599	1549	1157	BEN	WIESE	JBAY	M	75	70+M	2.16.12	1	0
600	1434	505	XHANTI	MANTSHIYO	ABSAEP	M	56	55-59M	2.18.15	1	0
601	1344	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	2.18.27	1	0
602	1303	2612	ELRINDA	WANNENBURG	RUN4C	F	43	40-44F	2.18.28	1	0
603	1518	708	CARMEN	THURNHER	CRUSADE	F	26	SF	2.18.30	1	0
604	4045	973	STAFFORD	AMANDA	TEMP	F	32	SF	2.18.31	0	0
605	1322	1631	AMANDA	BLIGNAULT	MADIBA	F	64	60-64F	2.18.35	1	0
606	1331	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	2.18.43	1	0
607	1157	1911	NANDIPA	MYELEYELE	SPAREC	F	36	35-39F	2.18.44	1	0
608	1372	1372	ANNEMARIE	MATTHEUS	TEMP	F	51	50-54F	2.18.51	0	0
609	1525	525	ANSA	VON HAGEN	TEMP	F	52	50-54F	2.18.52	0	0
610	1055	1403	JOHAN	FERREIRA	RUN4C	M	62	60-64M	2.18.52	1	0
611	2228	32	JANETTE	VAN DER KOLF	PEAAC	F	64	60-64F	2.18.57	1	0
612	2249	31	HENNIE	VAN DER KOLF	PEAAC	M	65	65-69M	2.18.59	1	0
613	1109	1077	THERESA	LILLIS	ACH	F	68	65-69F	2.19.09	1	0
614	1032	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	2.19.32	1	0
615	1464	3464	APHIWE	MGIJIMA	TEMP	M	26	SM	2.19.33	0	0
616	1299	3299	CHRISTINE	HARRIS	TEMP	F	23	SF	2.19.37	0	0
617	2224	922	SETH	POTE	TEMP	M	34	SM	2.20.10	0	0
618	1603	1103	LIZ	AUSTIN	ACH	F	65	65-69F	2.20.13	1	0
619	1418	1418	LIZ	VAN AS	TEMP	F	53	50-54F	2.20.18	0	0
620	1495	1841	BUYISWA	NGXONONO	HOLLYWOO	F	47	45-49F	2.20.24	1	0
621	1280	3280	MARGO	DE VRIES	TEMP	F	43	40-44F	2.20.25	0	0
622	1522	522	EMRIE	VAN STADEN	TEMP	F	48	45-49F	2.20.46	0	0
623	1455	3455	BELINDA	HUNTER	TEMP	F	51	50-54F	2.20.48	0	0
624	1313	2330	ANIRLE	DE MEYER	VITALITY	F	27	SF	2.20.51	1	0
625	1209	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	37	35-39F	2.21.20	1	0
626	1324	1579	JHANINEN	BOSHOF	DESPATCH	F	58	55-59F	2.21.21	1	0
627	1544	328	MADRE	WELMANS	MUIRITE	F	55	55-59F	2.21.22	1	0
628	1259	3259	SIYAMTEMBA	BOMVU	TEMP	M	32	SM	2.21.22	0	0
629	1329	3329	HOWARD	HUGHES	TEMP	M	52	50-54M	2.21.39	0	0
630	1498	1498	EDDIE	VACU	TEMP	M	35	35-39M	2.22.14	0	0
631	1381	1381	JASON	MITCHELL	TEMP	M	26	SM	2.22.49	0	0
632	1220	314	LEIGH	SHEPHERD	MUIRITE	M	63	60-64M	2.22.49	1	0
633	1397	1397	UNATHI	NTSHONGWANA	TEMP	F	33	SF	2.23.00	0	0
634	1050	738	SAM	DU TOIT	CRUSADE	F	55	55-59F	2.23.05	1	0
635	1523	523	DENIS	VENTER	TEMP	M	63	60-64M	2.23.06	0	0
636	1462	3462	ANDREW	MEYER	TEMP	M	50	50-54M	2.23.07	0	0
637	4025	918	ANDRE	BRINK	TEMP	M	40	40-44M	2.23.39	0	0
638	1232	1532	DUNCAN	STEENKAMP	MADIBA	M	25	SM	2.23.42	1	0
639	6010	213	SHARON	SMUTS	CSEP	F	58	55-59F	2.23.44	1	0
640	1221	1310	PUMLA	SIBALI	VWAC	F	45	45-49F	2.23.44	1	0
641	1379	1379	JENNIFER	MICHAU	TEMP	F	57	55-59F	2.23.58	0	0
642	1096	1382	CHARMELL	KOOPMAN	NEDBANK	F	44	40-44F	2.24.03	1	0
643	1255	3255	ANSIE	BENADE	RUN4C	F	65	65-69F	2.24.04	1	0
644	1494	645	KHULISO	NEPHALAMA	ASPEN	M	33	SM	2.24.07	1	0
645	1098	2635	TOINETTE	KOUMPAN	CRUSADE	F	57	55-59F	2.24.09	1	0
646	1342	2310	LUCINDA	GERBER	VITALITY	F	49	45-49F	2.24.22	1	0
647	1335	289	RENAY	DU PLESSIS	MUIRITE	F	56	55-59F	2.24.24	1	0
648	3322	1834	ANDISWA	CINGO	VUKANI	F	38	35-39F	2.24.26	1	0
649	1416	696	ASANDA	MSARO	SIBALEKA	F	38	35-39F	2.24.32	1	0
650	1540	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	2.25.12	1	0
651	4010	1220	ABONGILE	GEGE	TEMP	F	44	40-44F	2.25.17	0	0
652	1217	211	MATHAPELO	SENTI	CSEP	F	35	35-39F	2.25.25	1	0
653	1482	1832	ANELE	MESANI	VUKANI	M	44	40-44M	2.25.26	1	0
654	1154	1547	SINDY	MOYAKHE	TRANSNET	F	37	35-39F	2.25.38	1	0
655	1312	2329	BRENDA	MUKOMBE	VITALITY	F	36	35-39F	2.25.46	1	0

656	2302	839	SANDRIKA	FOURIE	TEMP	F	26	SF	2.26.05	0	0
657	2201	2594	MICHELLE	HARDY-BERRINGTON	VWAC	F	39	35-39F	2.26.10	1	0
658	1542	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	2.26.10	1	0
659	1054	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	2.26.21	1	0
660	1413	3413	LUZANNE	SCHOEMAN	TEMP	F	35	35-39F	2.26.21	0	0
661	1196	1743	THOMAS	PLAATJIES	GELVAN	M	47	45-49M	2.26.22	1	0
662	2298	83	LISA	RANDALL	TEMP	F	44	40-44F	2.27.16	0	0
663	2299	830	MICHELLE	BLOM	TEMP	F	46	45-49F	2.27.17	0	0
664	1558	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	2.27.18	1	0
665	1181	1956	SONJA	OLIVIER	BLUEBAY	F	56	55-59F	2.27.48	1	0
666	1230	150	ZAHEER	SOOMAN	MALABAR	M	53	50-54M	2.28.19	1	0
667	1471	3471	SIPHOKAZI	TILI	TEMP	F	44	40-44F	2.28.54	0	0
668	6024	6697	KIM-LIN	JONES	TEMP	F	31	SF	2.29.00	0	0
669	3196	853	AIMEE	TAYLOR	TEMP	F	30	SF	2.29.02	0	0
670	1559	918	HANNAH	TRUTER	CHARLO	F	31	SF	2.29.03	1	0
671	1328	624	BANDLAKAZI	CABA	ASPEN	F	37	35-39F	2.29.03	1	0
672	1124	413	ASEMAHLE	MAQUNGO	CHILLIEP	F	28	SF	2.29.05	1	0
673	3228	850	BRENDAN	HECTOR	TEMP	M	31	SM	2.30.11	0	0
674	1024	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	2.30.26	1	0
675	3263	1808	SEEMOLA	MADLOKAZI	VUKANI	F	34	SF	2.30.46	1	0
676	1553	902	KRISH	PILLAY	CHARLO	M	62	60-64M	2.30.46	1	0
677	1306	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	2.30.46	1	0
678	1444	3444	MUMINA	DANIELLS	TEMP	F	25	SF	2.31.02	0	0
679	1297	3297	ROESTOFF	GEYSER	TEMP	M	37	35-39M	2.32.12	0	0
680	1352	1352	DONE	JANTJIES	TEMP	F	39	35-39F	2.32.13	0	0
681	1161	143	ZAHEERA	NANABHAY	MALABAR	F	42	40-44F	2.32.13	1	0
682	1386	1386	ZUNAID	MOOSAJEE	TEMP	M	53	50-54M	2.32.13	0	0
683	6047	989	YANGA	MANI	TEMP	M	30	SM	2.32.14	0	0
684	1165	5256	MANDISA	NDIDWA	MPOX	F	37	35-39F	2.32.14	0	0
685	1427	1427	COLIN	STEPHEN	TEMP	M	36	35-39M	2.32.15	0	0
686	2294	809	SANELISIWE	FUNANI	MTHATHA	M	40	40-44M	2.32.15	0	0
687	1044	1791	NOZUKO	DLAMBA	VUKANI	F	47	45-49F	2.32.16	1	0
688	1507	1421	ANNELINE	RAUTENBACH	NEDBANK	F	56	55-59F	2.32.16	1	0
689	3224	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	2.34.22	1	0
690	3251	62	ALEX	KHUZWAYO	SAPPE	M	61	60-64M	2.34.35	1	0
691	1545	1119	TREMAINE	WESSON	ACH	M	63	60-64M	2.34.37	1	0
692	1294	3294	JOHAN	GERBER	TEMP	M	45	45-49M	2.34.38	0	0
693	3299	2273	Tandolwethu	Zweni	SIBALEKA	M	28	SM	2.35.25	1	0
694	3227	3342	AHLUMILE	FANA	TEMP	F	24	SF	2.35.25	0	0
695	1266	3266	RYNO	BURGER	TEMP	M	28	SM	2.35.26	0	0
696	1261	3261	SUSAN	BOWDEN	TEMP	F	29	SF	2.35.27	0	0
697	1289	3289	DALE	FLYNN	TEMP	M	30	SM	2.36.00	0	0
698	1193	600	ANDRE	PIENAAR	RUN4C	M	61	60-64M	2.36.03	1	0
699	1125	1134	ERNST	MARAIS	JBAY	M	75	70+M	2.36.05	1	0
700	2315	847	PETRINA	NEFDI	TEMP	F	38	35-39F	2.36.40	0	0
701	2263	828	MZUKISI	SALIWA	TEMP	M	41	40-44M	2.36.40	0	0
702	1634	778	ZAMA	ZULU	TEMP	M	48	45-49M	2.36.41	0	0
703	1156	51822	NOLUBABALO	MTSHAKAZI	KOMANI	F	44	40-44F	2.36.42	0	0
704	1533	533	PAUL	LUBBE	CRUSADE	M	62	60-64M	2.38.15	1	0
705	1541	303	SANET	VAN NIEKERK	MUIRITE	F	55	55-59F	2.38.16	1	0
706	4015	311	NICKI	VAN NIEKERK	MUIRITE	F	70	70+F	2.38.17	1	0
707	2275	1003	NOSICELO	BIYANA	QOKOL	F	48	45-49F	2.38.17	0	0
708	1135	1855	Unathi	Mboniswa	HOLLYWOOD	F	42	40-44F	2.38.18	1	0
709	1171	463	ELMARIE	NEL	WALMER	F	48	45-49F	2.38.18	1	0
710	1170	464	ANDRE	NEL	WALMER	M	57	55-59M	2.38.19	1	0
711	1302	1653	WENDY	VICTOR	MADIBA	F	41	40-44F	2.38.19	1	0
712	1552	901	EUSENTHA	PILLAY	CHARLO	F	58	55-59F	2.38.20	1	0
713	1465	3465	LUVUYO	MHLOBISO	TEMP	M	38	35-39M	2.40.57	0	0
714	3195	852	Amy-Lee	Sansom	32GI	F	23	SF	2.41.17	1	0
715	1077	1287	BANDILE	GWAMANDA	VITALITY	M	54	50-54M	2.41.17	1	0
716	3260	9997	CATHERINE	FORTUIN	TEMP	F	66	65-69F	2.41.18	0	0
717	1208	234	MARIETJIE	ROBB	KOWIE	F	67	65-69F	2.41.31	1	0
718	1467	3467	ROXANNE	MULLER	TEMP	F	39	35-39F	2.41.31	0	0
719	1576	968	DENISE	DARLOW	CHARLO	F	55	55-59F	2.42.14	1	0
720	1577	969	GARY	KELLEHER	CHARLO	M	66	65-69M	2.42.14	1	0
721	3244	889	PETER	POHLMANN	CHARLO	M	60	60-64M	2.42.14	1	0
722	1216	2491	STEPHANIE	SCHEEPERS	DESPATCH	F	27	SF	2.44.33	1	0
723	1006	1593	NAOMI	BAKKER	DESPATCH	F	46	45-49F	2.44.34	1	0
724	1183	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	2.44.34	1	0
725	1426	1426	SUMAYA	SOOMAR	TEMP	F	45	45-49F	2.44.35	0	0
726	4047	585	JEANETTE	PIENAAR	RUN4C	F	76	70+F	2.44.40	1	0
727	1066	570	PIETER	GERBER	RUN4C	M	66	65-69M	2.45.36	1	0
728	1450	3450	NELILE	GCABASHE	TEMP	F	26	SF	2.45.37	0	0

729	1394	1394	NOLUBABALO	NGQOBA	TEMP	F	32	SF	2.46.05	0	0
730	1409	1794	NOMLINDO	MAKUBALO	VUKANI	F	49	45-49F	2.46.06	1	0
731	3270	429	OBAKHE	NTSHUKUMBANA	CHILLIEP	F	26	SF	2.46.06	1	0
732	1114	2206	Enkosi	Magadla	MADIBAZ	F	31	SF	2.46.46	1	0
733	1393	1393	NANILETHU	NGCUKAYITHOBI	TEMP	F	27	SF	2.46.46	0	0
734	1519	1773	EYETHU	TISO	VUKANI	F	31	SF	2.46.47	1	0
735	1101	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	2.46.48	1	0
736	1555	909	THURAYA	PILLAY	CHARLO	F	22	SF	2.49.02	1	0
737	1320	42	CRAIG	BESTER	ACH	M	47	45-49M	2.49.41	1	0
738	1287	3287	TIAAN	FERREIRA	TEMP	M	23	SM	2.50.14	0	0
739	1470	3470	KUTALA	SONQISHE	TEMP	F	31	SF	2.50.14	0	0
740	1276	3276	LYNNE	CRAWFORD	TEMP	F	34	SF	2.51.26	0	0
741	1089	1740	JANICE	JONES	GELVAN	F	48	45-49F	2.51.27	1	0
742	3310	660	Drucil	Tshimanga	ASPEN	F	25	SF	2.52.21	1	0
743	1460	3460	SINTU	MATOLENGWE	TEMP	M	34	SM	2.52.34	0	0
744	2288	838	VIRGIL	RUSSEL	TEMP	M	35	35-39M	2.52.34	0	0
745	1106	1693	JASON	LE ROUX	GELVAN	M	28	SM	2.52.35	1	0
746	1414	3414	ANNEMARIE	SCHOLTZ	TEMP	F	49	45-49F	2.52.36	0	0
747	1421	1421	HULIGONDA	SMUTS	TEMP	F	50	50-54F	2.52.36	0	0
748	1415	3415	ESTELLE	SCHOLTZ	TEMP	F	52	50-54F	2.52.36	0	0
749	1011	1177	HANNES	BISSCHOFF	JBAY	M	79	70+M	2.52.36	1	0
750	3307	2283	NOMBULELO	NDZUZO	SIBALEKA	F	43	40-44F	2.52.46	1	0
751	1175	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	2.55.34	1	0
752	1226	2476	ARLENE	HELBURG	ELITEAC	F	61	60-64F	2.56.54	1	0
753	1229	2366	NOLUBABALO	SOHABA	VITALITY	F	35	35-39F	2.59.28	1	0
754	3300	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	2.59.55	1	0
755	1370	1370	STACEY	MARGOLIUS	TEMP	F	29	SF	2.59.56	0	0
756	1034	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	2.59.57	1	0
757	1189	1279	NURENA	PETESSEN	VWAC	F	40	40-44F	3.04.17	1	0
758	3234	9997	SIMON	STRIMLING	TEMP	M	62	60-64M	3.04.55	0	0
759	1382	1382	SINOYOLO	MKILE	TEMP	F	25	SF	3.04.55	0	0
760	1262	3262	JONATHAN	BRIDGE	TEMP	M	25	SM	3.05.47	0	0
761	1428	1428	BIANCA	RADEMAYER	TEMP	F	25	SF	3.07.33	0	0
762	1253	3253	CALISTA	ALLISON	TEMP	F	25	SF	3.07.46	0	0
763	1388	1388	MICHELLE	MORTIMER	TEMP	F	44	40-44F	3.08.25	0	0
764	1642	818	THUTO	NTSOEU	TEMP	F	29	SF	3.08.26	0	0
HELPERS RUN											
H1	2022	2166	GRAHAM	TERBLANCHE	MADIBAZ	M	59	55-59M	1.34.38	5	0
H2	2023	1770	KHANGELANI	HALOM	TRANSNET	M	42	40-44M	1.37.13	2	0
H3	2024	2226	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	1.38.27	2	0
H4	2025	554	PETRUS	RADEMAYER	RUN4C	M	49	45-49M	1.47.58	2	0
H5	2026	887	LYNNE	NEUBERT	CHARLO	F	52	50-54F	1.50.04	3	0
H6	2027	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	40	40-44M	1.50.27	2	0
H7	2028	905	JANET	VAN NIEKERK	CHARLO	F	48	45-49F	1.52.18	2	0
H8	2029	2198	DOINA	NAUDE	MADIBAZ	F	42	40-44F	1.52.25	2	0
H9	2030	1261	FRANKLIN	HUMAN	VWAC	M	49	45-49M	1.56.45	1	0
H10	2031	489	KHOLWANI	MLONYENI	ADVEN	M	39	35-39M	1.57.17	1	0
H11	2033	2155	IVAN	MOSES	MADIBAZ	M	62	60-64M	1.59.40	2	0
H12	2034	2191	Mia	Janse Van Rensburg	MADIBAZ	F	19	SF	1.59.41	1	0
H13	2001	2235	LUVUYO	NOMARWAYI	MADIBAZ	M	41	40-44M	2.02.07	1	0
H14	2002	2234	MTETELELI	BIKO	MADIBAZ	M	32	SM	2.07.41	1	0
H15	2003	637	MARK	GODDARD	ASPEN	M	28	SM	2.08.12	1	0
H16	2004	2232	ALVADO	ARENDSE	MADIBAZ	M	50	50-54M	2.08.54	1	0
H17	2005	2048	LUTHANDO	KAPOYI	ADVEN	M	46	45-49M	2.09.25	1	0
H18	2006	2210	TARIE	ESTHER	MADIBAZ	F	24	SF	2.09.39	1	0
H19	2011	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	42	40-44F	2.12.07	1	0
H20	2007	1247	LISLE	MATTHEWS	ELITEAC	F	50	50-54F	2.14.05	1	0
H21	2008	1237	HERMAN	MATTHEWS	ELITEAC	M	49	45-49M	2.14.06	1	0
H22	2009	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	2.16.05	1	0
H23	2010	1292	LEANNE	NAIDOO	VWAC	F	51	50-54F	2.16.17	1	0
H24	2012	2224	SINETHEMBA	ZAKE	MADIBAZ	F	25	SF	2.20.54	1	0
H25	2013	2154	NADA	MPUPU	IKHAMVA	F	24	SF	2.21.10	1	0
H26	2014	2127	BERNARD	PETERSEN	MADIBAZ	M	58	55-59M	2.21.37	1	0
H27	2015	2252	SYLVAN	BLIGNAUT	MADIBAZ	M	64	60-64M	2.21.38	1	0
H28	2016	902	KRISH	PILLAY	CHARLO	M	62	60-64M	2.24.15	1	0
H29	2017	753	PLACXEDDES	NDHLOVU	CRUSADE	F	50	50-54F	2.24.21	1	0
H30	2018	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	2.24.39	1	0
H31	2020	2139	WENDY	CAMERON	MADIBAZ	F	46	45-49F	2.40.07	1	0
H32	2021	131	SHUKRY	KAFAAR	MALABAR	M	38	35-39M	2.40.07	1	0