

SIBALEKA NANI 15KM - PORT ELIZABETH - 2024/11/16

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	3587	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	0.46.38	5
2	3526	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	0.47.16	5
3	3590	396	LITHEBE	MENZELELI	IKHAMVA	M	25	SM	0.48.08	5
4	3588	356	LUYANDA	TSHANGANA	IKHAMVA	M	41	40-44M	0.49.04	5
5	3330	1825	KHAYA	GQWETHA	VUKANI	M	39	35-39M	0.49.12	5
6	3332	40177	SIYAVUYA	JEYI	MOTHER	M	19	JM	0.49.13	5
7	3233	3510	XOLA	SAKAWULI	DOLPHIN	M	29	SM	0.50.51	0
8	3464	1836	XOLISA	NDLUMBINI	VUKANI	M	42	40-44M	0.51.56	5
9	3320	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.54.40	5
10	3643	40341	ANTON	AVENATHI	SIBALEKA	M	17	JM	0.54.56	5
11	3527	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	0.55.08	5
12	3247	1793	LEBOHANG	SENTI	VUKANI	M	38	35-39M	0.55.49	5
13	3241	40348	SIVENATHI	SODLADLA	SIBALEKA	M	17	JM	0.56.48	4
14	3244	2256	NOEL	ADAMS	SIBALEKA	M	52	50-54M	0.57.43	5
15	3559	1503	LUVUYO	DYANI	NEDBANK	M	54	50-54M	0.58.03	5
16	3317	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	0.58.54	5
17	3220	423	SANDISO	NGXISHE	CHILLIEP	M	54	50-54M	0.59.29	5
18	3219	282	ABDUL	WICOMB	MUIRITE	M	46	45-49M	1.00.03	5
19	3226	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.00.32	5
20	3644	1443	DENYS	WOLMARANS	NEDBANK	M	45	45-49M	1.00.36	5
21	3299	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	1.00.40	5
22	3572	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	1.00.51	5
23	3529	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	1.01.30	3
24	3528	1398	MUTEKILE	RASMENI	NEDBANK	M	59	55-59M	1.01.36	5
25	3645	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	1.01.38	5
26	3328	908	KAYLA	NELL	CHARLO	F	30	SF	1.02.10	4
27	3570	993	THEMBEKILE	MSIPA	CHARLO	M	50	50-54M	1.02.14	5
28	3224	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	1.03.00	5
29	3335	518	ATHINI	MABALA	VUKANI	M	30	SM	1.03.44	3
30	3237	2303	MONWABISI	RICHARDS	ADVEN	M	46	45-49M	1.04.44	3
31	3560	898	PATRIC	MAKWENKWE	CHARLO	M	58	55-59M	1.04.49	5
32	3554	1770	KHANGELANI	HALOM	TRANSNET	M	43	40-44M	1.05.42	3
33	3579	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	1.05.43	2
34	3612	2089	SIPHESIHLE	JOJA	SANDFEP	M	25	SM	1.05.50	2
35	3638	1810	XOLANI	NTEYI	VUKANI	M	46	45-49M	1.05.57	3
36	3637	1833	SITHA	SIGENU	VUKANI	F	41	40-44F	1.05.59	5
37	3410	856	THERESA	BUCHNER	32GI	F	39	35-39F	1.06.07	4
38	3618	852	Amy-Lee	Sansom	32GI	F	24	SF	1.06.42	3
39	3633	1815	GUGU	BUDAZA	VUKANI	M	24	SM	1.06.43	2
40	3599	1822	MZWANELE	NQOQO	VUKANI	M	47	45-49M	1.06.56	3
41	3468	1130	DARYL	NORTH	ACH	M	47	45-49M	1.07.29	3
42	3777	7977	NADINE	SCHOEMAN	TEMP	F	26	SF	1.07.29	0
43	3665	7865	LUDWE	PAKADE	TEMP	M	39	35-39M	1.07.41	0
44	3267	406	LONWABO	NDLALENI	CHILLIEP	M	47	45-49M	1.08.14	3
45	3602	1083	ALAN	TAYLOR	ACH	M	67	65-69M	1.08.23	5
46	3646	1416	CHRISTINE	CLAASEN	NEDBANK	F	60	60-64F	1.08.27	5
47	3340	411	SIYABONGA	ZULU	CHILLIEP	M	42	40-44M	1.08.42	2
48	3547	1947	DANTON	SEPTEMBER	TEMP	M	31	SM	1.09.19	0
49	3452	648	MVULELI	MAGAWULANA	ASPEN	M	48	45-49M	1.09.21	2
50	3595	2085	NOKHOLO	HLEZUPONDO	SANDFEP	F	45	45-49F	1.09.46	4
51	3623	1803	ABELANG	MOSWEU	VUKANI	M	39	35-39M	1.09.51	2
52	3630	2659	MNQWENO	TYOKOLO	CHILLIEP	M	41	40-44M	1.10.16	2
53	3298	1069	WAYNE	MITCHELL	ACH	M	51	50-54M	1.10.41	3
54	3622	2226	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	1.11.17	2
55	3228	1055	JEROME	MAY	XCEL	M	58	55-59M	1.11.21	3
56	3229	715	BILL	DAVIDS	MADIBAZ	M	55	55-59M	1.11.39	3
57	3640	2294	GIFT	MBEDZI	SIBALEKA	M	28	SM	1.11.48	2
58	3649	2489	THOBELA	NTAMO	DESPATCH	M	39	35-39M	1.11.50	2
59	3250	1457	RICHARD	MAZUNGULA	NEDBANK	M	47	45-49M	1.11.52	2
60	3600	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	1.11.53	5
61	3634	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-44M	1.11.59	2
62	3568	938	THOBELo	MFIKILI	CHARLO	M	38	35-39M	1.12.47	2
63	3325	2728	QAQAMBA	MATUNDU	VUKANI	F	26	SF	1.12.49	2
64	3679	7879	BABONKE	DINGA	TEMP	F	36	35-39F	1.12.50	0
65	3430	1659	HANNES	ELS	MADIBA	M	74	70+M	1.12.55	5
66	3660	7860	THEMBINKOSI	STOKWE	TEMP	M	46	45-49M	1.13.25	0
67	3222	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-54M	1.13.30	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
68	3616	659	LUYANDA	SINEKE	ASPEN	M	38	35-39M	1.13.44	2
69	3534	970	MALCOLM	BLANDY	CHARLO	M	42	40-44M	1.13.50	2
70	3577	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	1.13.51	2
71	3619	2705	KATHARINE	VAN DER WALT	32GI	F	48	45-49F	1.13.55	3
72	3561	952	CINDY	MARAI	CHARLO	F	47	45-49F	1.13.58	3
73	3544	1944	RUDI	SENEKAL	TEMP	M	46	45-49M	1.14.00	0
74	3433	791	CHARL	GERBER	32GI	M	48	45-49M	1.14.20	2
75	3566	990	BRETT	MCLAREN	CHARLO	M	38	35-39M	1.14.52	2
76	3552	1775	BONKE	GOYI	VUKANI	M	36	35-39M	1.14.53	2
77	3246	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	1.14.54	2
78	3648	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	1.14.57	2
79	3477	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	1.15.01	3
80	3533	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	1.15.08	2
81	3536	890	SIMPHIWE	BLOU	CHARLO	M	52	50-54M	1.15.25	2
82	3236	2486	ELROY	MATTHEWS	DESPATCH	M	55	55-59M	1.15.35	2
83	3401	342	Jonathan	Bakker	MUIRITE	M	33	SM	1.15.48	1
84	3432	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	1.15.58	2
85	3672	7872	ODWA	MBANGO	TEMP	M	41	40-44M	1.16.17	0
86	3324	2414	SIMCELILE	SITHEMBU	SAPPE	M	33	SM	1.16.55	1
87	3551	914	ETIENNE	GERBER	CHARLO	M	54	50-54M	1.17.05	2
88	3456	63	MPUMELELO	MBALI	SAPPE	M	33	SM	1.17.37	1
89	3416	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	1.17.42	3
90	3266	261	PETER	NTSHIKILA	TINARHA	M	62	60-64M	1.17.57	2
91	3535	944	DISEMBA	BLOU	CHARLO	M	66	65-69M	1.18.02	2
92	3437	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	1.18.08	3
93	3530	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	1.18.18	2
94	3567	934	JEAN	MEYER	CHARLO	M	45	45-49M	1.18.18	2
95	3500	7300	TISTA	NTSANGANI	TEMP	M	47	45-49M	1.18.21	0
96	3499	7299	LUMANYANO	MTYA	TEMP	M	26	SM	1.18.24	0
97	3507	584	BRENDON	SLABBERT	RUN4C	M	53	50-54M	1.18.26	2
98	3485	7285	THOZAMILE	GROOTBOOM	TEMP	M	48	45-49M	1.18.51	0
99	3331	91	DENZIL	KOOPMAN	INFINITY	M	54	50-54M	1.18.57	2
100	3607	2514	Lehlohonolo	Thokoa	ABSAEP	M	44	40-44M	1.19.11	1
101	3647	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-64M	1.19.56	2
102	3297	40205	ABBIE	MITCHELL	ACH	F	18	JF	1.20.04	1
103	3296	718	CONNOR	MITCHELL	ACH	M	20	SM	1.20.04	1
104	3460	2359	KATLEGO	MOCWALEDI	VITALITY	M	37	35-39M	1.20.09	1
105	3592	1088	PERCY	DALTON	ACH	M	76	70+M	1.20.17	2
106	3442	1621	WILHELM	KILIAN	MADIBA	M	48	45-49M	1.20.18	1
107	3583	905	JANET	VAN NIEKERK	CHARLO	F	48	45-49F	1.20.23	2
108	3603	1618	SUZETTE	VICTOR	MADIBA	F	54	50-54F	1.20.50	2
109	3608	800	JONATHAN	MANDELL	32GI	M	60	60-64M	1.20.53	2
110	3664	763	DUMISANI	DILIMA	ABSAEP	M	41	40-44M	1.20.58	1
111	3449	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	1.21.01	3
112	3427	1609	WILLEMIEN	DU RANDT	DESPATCH	F	50	50-54F	1.21.30	2
113	3578	900	JASON	SAUNDERS	CHARLO	M	45	45-49M	1.21.55	1
114	3446	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	1.22.13	2
115	3518	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	1.22.21	2
116	3663	7863	BRUCE	HARBOTTLE	TEMP	M	40	40-44M	1.22.26	0
117	3411	1111	GRAHAM	CHANNON	ACH	M	75	70+M	1.22.27	2
118	3609	850	PAIGE	LEE	32GI	F	58	55-59F	1.22.47	2
119	3651	7851	AYABONGA	TSHUNGWANA	TEMP	M	30	SM	1.23.08	0
120	3504	564	GAVIN	SILLS	RUN4C	M	51	50-54M	1.23.25	1
121	3652	7852	MLULEKI	RALA	TEMP	M	45	45-49M	1.23.25	0
122	3594	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	1.23.27	3
123	3666	7866	MARYKE	GEYSER	TEMP	F	26	SF	1.23.36	0
124	3300	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	1.23.49	1
125	3555	915	JOEL	HUMAN	CHARLO	M	51	50-54M	1.23.57	1
126	3484	7284	STEVEN	FERREIRA	TEMP	M	25	SM	1.23.58	0
127	3655	7855	ZUSAKHE	GQAMANA	TEMP	M	30	SM	1.24.01	0
128	3620	1289	NICK	CHAPMAN	VWAC	M	52	50-54M	1.24.05	1
129	3539	1939	BONI	PRITCHARD	TEMP	F	48	45-49F	1.24.08	0
130	3479	7279	RODNEY	BUTTERS	TEMP	M	62	60-64M	1.24.11	0
131	3458	1446	MFEZI	MCINGANA	NEDBANK	M	49	45-49M	1.24.27	1
132	3269	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-64M	1.24.28	1
133	3415	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	1.24.32	1
134	3319	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	1.24.39	1
135	3243	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	1.24.41	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
136	3680	7880	YANDISA	MAYONGO	TEMP	M	34	SM	1.25.05	0
137	3413	603	Andries	Coetsee	RUN4C	M	39	35-39M	1.25.21	1
138	3489	7289	JACO	LOUW	TEMP	M	36	35-39M	1.25.22	0
139	3542	1942	ELMAY	ROBINSON	TEMP	F	35	35-39F	1.25.27	0
140	3581	5021	DHIRESH	VALLABH	SCOTTAC	M	39	35-39M	1.25.34	0
141	3242	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	1.25.51	1
142	3631	50968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	1.25.52	0
143	3650	1946	MICHAEL	SMITH	BLUEBAY	M	51	50-54M	1.25.54	1
144	3517	1917	MAIGHON	PETERSEN	TEMP	F	23	SF	1.26.07	0
145	3316	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	1.26.10	1
146	3407	1588	JACQUES	BOTHA	DESPATCH	M	50	50-54M	1.26.12	1
147	3563	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	1.26.25	1
148	3641	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	1.26.28	1
149	3627	832	DEON	CARELSEN	32GI	M	40	40-44M	1.26.30	1
150	3604	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	1.26.39	1
151	3482	7282	EKHARD	DE JAGER	TEMP	M	38	35-39M	1.26.40	0
153	3422	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	1.26.48	1
154	3659	7859	JOSEPH	RASI	TEMP	M	40	40-44M	1.26.57	0
155	3231	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	1.26.57	1
156	3444	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	1.27.07	1
157	3532	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	1.27.09	1
158	3639	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	1.27.15	1
159	3487	7287	ANDISWA	JELE	TEMP	F	34	SF	1.27.28	0
160	3486	7286	RICARDO	JACKSON	TEMP	M	39	35-39M	1.27.38	0
161	3450	728	PAUL	LUBBE	CRUSADE	M	62	60-64M	1.28.04	1
162	3268	7901	EBEN	SWANEPOEL	TEMP	M	48	45-49M	1.28.11	0
163	3553	449	KHOLOSA	GUMATANA	TRANSNET	F	49	45-49F	1.28.24	1
164	3575	455	JODI	PIENAAR	WALMER	M	30	SM	1.28.31	1
165	3543	1943	JACO	ROOS	TEMP	M	36	35-39M	1.28.33	0
166	3509	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	1.28.36	1
167	3465	633	DAVID	NEL	ASPEN	M	37	35-39M	1.28.37	1
168	3337	637	MARK	GODDARD	ASPEN	M	28	SM	1.28.40	1
169	3490	7290	SIKHUMBUZO	MANXOYI	TEMP	M	38	35-39M	1.28.40	0
170	3498	7298	SIYABONGA	MTHEMBU	TEMP	M	39	35-39M	1.28.40	0
171	3610	798	JUSTYN	HARRISON	32GI	M	47	45-49M	1.28.46	1
172	3611	799	ALLISON	HARRISON	32GI	F	41	40-44F	1.28.54	1
173	3218	1298	MPHATHISI	MJADU	VWAC	M	53	50-54M	1.28.54	1
174	3510	75	HESTER	DEKKER	SAPPE	F	52	50-54F	1.28.59	1
175	3670	7870	LILDA	VENTER	TEMP	F	22	SF	1.29.02	0
176	3626	834	ASHTON	JACOBS	32GI	F	28	SF	1.29.02	1
177	3656	7856	MUSTATA	LAGARDIEN	TEMP	M	31	SM	1.29.04	0
178	3545	1074	BRENDON	DRYDEN	ACH	M	56	55-59M	1.29.25	1
179	3678	7878	MEGAN	SPRIGGS	TEMP	F	23	SF	1.29.26	0
180	3621	2431	YENZILE	MDODANA	NMBAC	F	32	SF	1.29.39	1
181	3614	1610	Petrus	Bothma	DESPATCH	M	43	40-44M	1.29.51	1
182	3467	1332	THANDIWE	NKWANDLA	NEDBANK	F	59	55-59F	1.29.56	1
183	3562	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	1.30.02	1
184	3245	1937	AMANDA	PRIDEAUX	BLUEBAY	F	49	45-49F	1.30.07	1
185	3478	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	1.30.24	1
186	3453	2326	MATHONGO	MAKHIWANE	BLUEBAY	M	49	45-49M	1.30.38	1
187	3636	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	1.30.52	1
188	3629	2579	SIPHESIHLE	DLWATI	VUKANI	M	34	SM	1.30.55	1
189	3667	7867	THELMA	NORTJE	TEMP	F	27	SF	1.31.26	0
190	3466	615	KATHERINE	NEL	ASPEN	F	35	35-39F	1.31.35	1
191	3492	7292	NTEMESHA	MASEKA	TEMP	F	31	SF	1.31.36	0
192	3524	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	1.31.44	1
193	3520	83	LORRAINE	VAN VUUREN	INFINITY	F	48	45-49F	1.32.23	1
194	3457	2442	XOLA	MBATSHA	NMBAC	M	44	40-44M	1.32.36	1
195	3461	2127	BERNARD	PETERSEN	MADIBAZ	M	59	55-59M	1.32.37	1
196	3235	1555	LYDIA	POTGIETER	DESPATCH	F	49	45-49F	1.33.11	1
197	3508	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	1.33.23	1
198	3474	2357	HOFMAN	RADEBE	VITALITY	M	44	40-44M	1.34.09	1
198	3474	2357	HOFMAN	RADEBE	VITALITY	M	44	40-44M	1.34.09	1
199	3558	2509	SELLO	KOTU	ABSAEP	M	31	SM	1.34.17	1
200	3635	1790	LUVUYO	SIWUNDLA	VUKANI	M	44	40-44M	1.34.19	1
201	3334	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	39	35-39M	1.34.23	1
202	3472	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-44F	1.34.30	1
203	3597	2189	MOMELEZI	KULA	MADIBAZ	M	46	45-49M	1.34.53	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
204	3585	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	1.34.58	1
205	3234	1554	HELGARD	POTGIETER	DESPATCH	M	52	50-54M	1.35.03	1
206	3248	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	1.35.23	1
207	3653	7853	JUANE	RETIEF	TEMP	F	31	SF	1.35.23	0
208	3428	1277	DENVER	ELLIE	VWAC	M	44	40-44M	1.35.24	1
209	3418	3234	SIZAKELE	DAMBA	GUGS	M	47	45-49M	1.35.27	0
210	3550	1930	TIM	BRAY	BLUEBAY	M	61	60-64M	1.35.42	1
211	3412	2729	ILSE	CLAASSENS	MUIRITE	F	25	SF	1.35.52	1
212	3501	2662	MONTE	SCHOLTZ	RUN4C	M	63	60-64M	1.36.08	1
213	3675	7875	HENK	SCHOLTZ	TEMP	M	58	55-59M	1.36.25	0
214	3425	1257	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	1.36.26	1
215	3668	7868	THERA	BOTHA	TEMP	F	26	SF	1.36.29	0
216	3488	7288	BIANCA	KEELEY	TEMP	F	28	SF	1.36.30	0
217	3402	9903	UNATHI	BEKU	PHOBIAN	F	31	SF	1.36.36	0
218	3519	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	1.36.55	1
219	3451	2149	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.37.04	1
220	3424	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.37.08	1
221	3573	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.37.50	1
222	3481	7281	DEMI	DA SILVA	TEMP	F	26	SF	1.37.53	0
223	3441	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	1.37.55	1
224	3403	2639	ANSIE	BENADE	RUN4C	F	65	65-69F	1.38.09	1
225	3436	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	1.38.09	1
226	3531	1424	SAM	ERASMUS	NEDBANK	M	67	65-69M	1.38.19	1
227	3642	1832	ANELE	MESANI	VUKANI	M	44	40-44M	1.38.28	1
228	3584	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	1.38.30	1
229	3662	762	MZIKAYISE	MBEBE	TEMP	M	38	35-39M	1.39.05	0
230	3674	7858	MATYITHI	MNONELELI	TEMP	M	30	SM	1.39.39	0
231	3582	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	1.39.41	1
232	3429	2704	JACKIE	ELOFF	RUN4C	F	52	50-54F	1.39.53	1
233	3514	1429	RIKA	TERBLANCHE	NEDBANK	F	47	45-49F	1.39.58	1
234	3613	1611	Magdalena	Bothma	DESPATCH	F	43	40-44F	1.40.45	1
235	3586	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	1.40.47	1
236	3676	7876	ERIN	KILROE	TEMP	F	22	SF	1.41.10	0
237	3591	1834	ANDISWA	CINGO	VUKANI	F	38	35-39F	1.41.12	1
238	3338	684	MPHAKS	MZAMO	ASPEN	M	41	40-44M	1.41.22	1
239	3406	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.41.29	1
240	3421	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.41.47	1
241	3598	505	XHANTI	MANTSHIYO	ABSAEP	M	57	55-59M	1.41.47	1
242	3515	1023	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.42.08	1
243	3494	7294	MICHELLE	MEYER	TEMP	F	44	40-44F	1.42.51	0
244	3625	646	LUTHO	NOMBEMBE	ASPEN	M	31	SM	1.42.58	1
245	3491	7291	KAY-LEE	MARX	TEMP	F	28	SF	1.44.05	0
246	3249	2488	RUAN	JONKER	DESPATCH	M	25	SM	1.44.09	1
247	3474	2357	HOFMAN	RADEBE	VITALITY	M	44	40-44M	1.44.10	1
247	3474	2357	HOFMAN	RADEBE	VITALITY	M	44	40-44M	1.44.10	1
248	3440	796	REBECCA	JORDAAN	32GI	F	33	SF	1.44.15	1
249	3502	848	WAYNE	SCHOLTZ	32GI	M	44	40-44M	1.44.18	1
250	3615	1787	WENDY	VAN EYCK	VUKANI	F	42	40-44F	1.44.19	1
251	3505	563	LINDA	SILLS	RUN4C	F	42	40-44F	1.44.21	1
252	3329	1246	NATALIE	LIEBENBERG	ELITEAC	F	37	35-39F	1.44.35	1
253	3414	2642	CHRISNA	COETSEE	RUN4C	F	38	35-39F	1.45.18	1
254	3503	1310	PHUMLA	SIBALI	VWAC	F	45	45-49F	1.45.36	1
255	3516	292	CHANTELL	VAN BAALEN	MUIRITE	F	48	45-49F	1.46.52	1
256	3336	1445	NOYISE	LUVALO	NEDBANK	F	45	45-49F	1.46.52	1
257	3322	1333	MBULELO	SOBIKWA	NEDBANK	M	70	70+M	1.47.00	1
258	3511	72	HERMAN	DEKKER	SAPPE	M	79	70+M	1.47.09	1
259	3239	213	SHARON	SMUTS	CSEP	F	58	55-59F	1.47.16	1
260	3617	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	1.47.43	1
261	3232	2555	Lize	Austin	RUN4C	F	28	SF	1.47.50	1
262	3669	7869	SIZWE	ZUNGU	TEMP	M	39	35-39M	1.48.03	0
263	3694	6694	JENNI	STROBOS	TEMP	F	41	40-44F	1.48.12	0
264	3475	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	1.48.12	1
265	3426	572	SHANTE	DU PLESSIS	RUN4C	F	32	SF	1.49.09	1
266	3580	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.49.10	1
267	3589	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	1.49.26	1
268	3326	1840	MSUTUKAZI	NDIMBA	VUKANI	F	45	45-49F	1.49.52	1
269	3448	588	RENIER	LIEBENBERG	RUN4C	M	42	40-44M	1.50.13	1
270	3546	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	1.50.21	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
271	3230	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	1.51.13	1
272	3454	2595	Thabelo	Masia	VWAC	F	34	SF	1.51.18	1
273	3671	7871	BHEKI	MAPHOSA	TEMP	M	40	40-44M	1.52.14	0
274	3227	1331	JAN	LE ROUX	NEDBANK	M	65	65-69M	1.52.27	1
275	3541	1941	NICOLE	RHEEDER	TEMP	F	25	SF	1.52.27	0
276	3496	7296	MEGAN	MINNIE	TEMP	F	32	SF	1.52.34	0
277	3463	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	1.52.34	1
278	3240	1684	ERIKA	FOREMAN	MADIBA	F	54	50-54F	1.52.52	1
279	3476	748	MELINDA	ROIG	CRUSADE	F	54	50-54F	1.53.38	1
280	3538	968	DENISE	DARLOW	CHARLO	F	56	55-59F	1.53.45	1
281	3576	889	PETER	POHLMANN	CHARLO	M	61	60-64M	1.53.48	1
282	3557	969	GARY	KELLEHER	CHARLO	M	67	65-69M	1.53.48	1
283	3327	2710	TINA	DERBYSHIRE	SAPPE	F	70	70+F	1.53.49	1
284	3434	570	PIETER	GERBER	RUN4C	M	66	65-69M	1.54.06	1
285	3495	7295	SIFIKILE	MFAXA	TEMP	F	32	SF	1.54.33	0
286	3238	5809	SANELISIWE	FUNANI	MTHATHA	M	40	40-44M	1.54.43	0
287	3469	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	1.55.02	1
288	3564	928	ALLISTER	MARRAN	CHARLO	M	48	45-49M	1.55.15	1
289	3657	7857	PUSELETSO	MADUNA	TEMP	F	29	SF	1.55.41	0
290	3628	1794	NOMLINDO	MAKUBALO	VUKANI	F	50	50-54F	1.56.54	1
291	3632	5505	BONESISWE	ZONDANI	CHEETAH	F	41	40-44F	1.57.01	0
292	3480	7280	SANDRA	BUTTERS	TEMP	F	59	55-59F	1.57.03	0
293	3548	1948	CHUMISA	SKOSANA	TEMP	F	32	SF	1.57.27	0
294	3493	7293	ZIBELE	MDAKANE	TEMP	M	30	SM	1.57.30	0
295	3673	7873	LWAZI	ZWELIBANZI	TEMP	M	34	SM	1.58.02	0
296	3661	7861	JOHAN	GERBER	TEMP	M	45	45-49M	1.58.17	0
297	3417	1835	ASANDA	MTSHIKWANA	VUKANI	F	42	40-44F	1.58.21	1
298	3624	1812	BONGEKA	FUZILE	VUKANI	F	39	35-39F	1.58.23	1
299	3321	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	1.58.23	1
300	3654	7854	ABDURRAHMAAN	FREDERICKS	TEMP	M	44	40-44M	1.58.24	0
301	3506	7306	MOGAMAD	ABDOLLATIEF	TEMP	M	51	50-54M	1.59.02	0
302	3601	585	JEANETTE	PIENAAR	RUN4C	F	76	70+F	1.59.03	1
303	3574	600	ANDRE	PIENAAR	RUN4C	M	61	60-64M	1.59.12	1
304	3455	2563	PHAKAMA	MATATA	RUN4C	F	33	SF	1.59.19	1
305	3423	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	2.00.29	1
306	3225	2476	ARLENE	HELBERG	ELITEAC	F	61	60-64F	2.00.39	1
307	3323	1514	THEMBISA	MAKELENI	SIBALEKA	F	42	40-44F	2.00.49	1
308	3512	2366	NOLUBABALO	SOHABA	VITALITY	F	35	35-39F	2.00.57	1
309	3497	7297	RAKGWADI	MORITI	TEMP	M	35	35-39M	2.00.57	0
310	3339	16313	KEHUMILE	HEADBUSH	MANONI	F	52	50-54F	2.02.29	0
311	3419	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	2.03.55	1
312	4167	1375	BARRY	NELSON	NEDBANK	M	73	70+M	2.06.15	1
313	3470	1033	KARMEL	PAGE	MUIRITE	F	33	SF	2.06.15	1
314	3549	1949	SIMON	STRIMLING	TEMP	M	62	60-64M	2.11.20	0
315	3435	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	2.11.45	1
316	3420	7420	NOMVELISO	BIDLA	TEMP	F	32	SF	2.15.04	0
HELPERS RUN										
H1	4004	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	1.58.13	1