

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
1	2527	01:10:11	TBD	TBD	TBD	20-34			
2	2545	01:11:48	Thabang	Ambition	M	20-34	Free State	Central university of Technology	2440
3	2612	01:14:01	Tebogo	Mofolo	M	20-34	Free State	SAPS FREE STATE CLUB	P697
4	2458	01:16:44	Lereko	Naile	M	20-34	Free State		
5	2604	01:19:21	Hlabahlaba	Pule	M	40-49	Free State	sebanye	1722
6	2601	01:20:01	Christmas	Qhali	M	20-34	Free State	All Athletes United	P2097
7	2382	01:20:01	Esethu	Dlakamela	M	20-34	Free State	Bloemfontein Military Athletics Club	P2946
8	2459	01:21:44	Lebo	Pule	M	20-34	Free State	Sportfit	1975
9	2416	01:22:23	Edward	Rampai	M	20-34	Free State	Pentagon Pistols	613
10	2364	01:26:55	Este	Van Tonder	F	35-39	Free State	Pentagon Pistols	F548
11	2615	01:29:07	Sello	Masheane	M	40-49	Free State	sibanye still water	2225
12	2477	01:29:58	Anna	Moeketsi	F	35-39	Free State	Bygrace ladies running club	2675
13	2428	01:30:44	Raymond	Choane	M	35-39	Free State		
14	2551	01:31:29	Thabiso	Thekiso	M	40-49	Free State	Pamoja AC	339
15	2434	01:34:10	Jaco	Jacobs	M	40-49	Free State	Bloemfontein Achilles	P62
16	2405	01:34:13	Emile	Kleinhans	M	20-34	Free State	Bloemfontein Striders	P1880
17	2420	01:34:18	Ollie	Vorster	M	50-59	Free State	Pentagon Pistols	P2714
18	2608	01:34:43	Itumeleng	Toane	M	20-34	Free State	Centre City Titaniums Athletics Clubs	2500
19	2501	01:34:59	Corrie	Breydenbach	M	50-59	Free State		
20	2435	01:35:01	Ben	Kokela	M	40-49	Free State	Pamoja Athletics Club	P355
21	2402	01:35:59	Songela	Koloku	M	40-49	Free State	Centre City Titaniums	1818
22	2389	01:36:16	GJ	Ferreira	M	40-49	Free State	The Running Edge	P1694
23	2526	01:36:43	TBD	TBD	TBD	20-34			
24	2510	01:37:11	David	Van Heerden	M	35-39	Free State	Bloemfontein striders	1528
25	2454	01:37:53	Boingotlo	Tshabang	M	20-34	Free State	City Centre Titaniums AC	2571
26	2534	01:37:53	TBD	TBD	TBD	20-34			
27	2430	01:38:08	Tsolo	Letatsing	M	20-34	Free State		
28	2469	01:38:10	Mosimamethebe Jeffrey	Mapanyane	M	40-49	Free State	Mangaung	P2820
29	2488	01:40:13	Ben	Mpakane	M	50-59	Free State	Uhuru Athletics Club	P9142
30	2415	01:40:49	Clievedon	Titus	M	50-59	Free State	SANDF Athletics Club Free State	2632

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
31	2431	01:41:22	Jasper	Blignaut	M	20-34	Free State		
32	2404	01:41:50	Thabo	Sehloho	M	40-49	Free State		
33	2388	01:41:52	Mark	Nicholls	M	40-49	Free State	Kovsies Club	879
34	2396	01:42:25	Arno	Stander	M	35-39	Free State	Bloemfontein Striders	1867
35	2456	01:43:36	MADA	MASWIME	M	40-49	Free State	Centre City Titaniums AC	P1939
36	2422	01:43:52	Maria	Tjaoane	F	35-39	Free State	SAPS Free State	P1216
37	2378	01:44:13	Thane	Ninnemann	M	60+	Free State	The running edge	P1681
38	2505	01:44:18	Andrew	Dhlangisa	M	40-49	Free State	CCTAC	2522
39	2530	01:45:04	TBD	TBD	TBD	20-34			
40	2518	01:45:17	Hilda	Ramakuela	F	35-39	Free State	Centre city titaniums AC	2559
41	2511	01:46:36	Carin	Viviers	F	40-49	Free State	Bloemfontein Multisport	P1906
42	2360	01:46:42	Dané	Büchner	F	20-34	Free State		
43	2359	01:46:58	MARISSA	LAING	F	20-34	Free State	Bloemfontein Striders	1211
44	2397	01:47:07	Molemo	Mohapi	M	40-49	Free State	Pamoja	379
45	2476	01:47:21	Lesedi	Motlhanke	M	35-39	Free State	Centre City Titanium's AC	1787
46	2384	01:47:23	Lizri	Weyers	F	20-34	Free State		P591
47	2475	01:47:48	Boyisile	Mvala	M	20-34	Free State	Waterfall	P15255
48	2462	01:47:56	Tefo	Hlalele	M	50-59	Free State	Centre City Titaniums Athletic Club	1821
49	2514	01:48:02	Maphale	Moloi	M	40-49	Free State	Pamoja	P2682
50	2466	01:48:53	Hanno	Vermeulen	M	20-34	Free State		
51	2515	01:49:34	TBD	TBD	TBD	20-34			
52	2496	01:49:49	Xolani	Mbele	M	20-34	Free State	Navalsig school	P1230
53	2355	01:49:49	Thato	Litabe	M	40-49	Free State	Centre City Titaniums AC	1790
54	2502	01:50:28	TBD	TBD	TBD	20-34			
55	2470	01:50:42	Katlego	Moikwathlai	M	35-39	Free State	CCTAT	P2512
56	2537	01:50:47	Fokoithi	Sekotoane	M	20-34			
57	2380	01:50:56	Riaan	Myburgh	M	20-34	Free State	Bloemfontein Striders	1558
58	2616	01:51:00	Jaco	Jansen Van Vuuren	M	14-19	Free State		
59	2495	01:51:55	Hlulani	Baloyi	M	20-34	Free State	CENTRAL UNIVERSITY OF TECHONOLOGY	P2418
60	2471	01:51:56	Marise	Stander	F	20-34	Free State	Striders	1862

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
61	2395	01:51:58	Lebohang	Masheane	M	35-39	Free State	Central University of Technology	2322
62	2429	01:52:04	Jannie	Immelman	M	60+	Free State	Pentagon pistols	P643
63	2433	01:52:08	Charl	Immelman	M	35-39	Free State		
64	2390	01:52:16	Ana	Correia	F	40-49	Free State	The Running Edge	P169
65	2438	01:52:19	Joanie	Mong	F	40-49	Free State	Pentagon Pistols	P559
66	2381	01:52:35	Martin	Hartzenberg	M	20-34	Free State		
67	2497	01:52:56	Katleho	Moahlodi	F	14-19	Free State	Navalsig	J41329
68	2453	01:53:39	Lebohang	Mathinya	M	35-39	Free State	Centre City Titaniums Athletics Club	P2560
69	2353	01:53:39	Arabang	Makhele	F	40-49	Free State	Centre City Titaniums Athletics Club	1816
70	2605	01:53:40	Pinkie	Taunyane	F	40-49	Free State	Centre City Titaniums	1776
71	2492	01:53:54	Anje	Colangelo	F	20-34	Free State	Bloemfontein Multisport	P1893
72	2498	01:53:54	Beanel	Lourens	F	20-34	Free State		
73	2439	01:54:05	Marita	Shone	F	60+	Free State	Pentagon Pistols	1679
74	2400	01:54:36	Hadzhi	Maanda	M	20-34	Free State	sita ac	2464
75	2523	01:54:39	Joseph	Futela	M	60+	Free State	Mangaung	P 1169
76	2603	01:54:47	Francois	Booyesen	M	35-39	Free State	Bloemfontein Multisport	1898
77	2411	01:54:52	Michelle	Botha	F	50-59	Free State	Bloemfontein Multisport	1889
78	2424	01:55:15	Lerato	Wanzi	M	40-49	Free State	Centre city titanium athletic club	P1824
79	2417	01:55:53	JH	Campher	M	50-59	Free State	Bloemfontein Striders	1501
80	2432	01:55:55	DP	Kamoye	M	20-34	Free State		
81	2352	01:56:16	Carl	Kritzinger	M	20-34	Free State		
82	2361	01:57:26	Ervin	Erasmus	M	20-34	Free State	bloemfontein striders	1855
83	2398	01:57:38	Disema	Ntsasa	M	35-39	Free State	SAPS Free State	P202
84	2533	01:57:50	Enkosi	Mondleki	M	20-34	Free State	CCTAC	
85	2468	01:58:17	Lyneze	Stergos	F	40-49	Free State	Pentagon Pistols	P 512
86	2554	01:58:51	Pogisho Sidney	Chakela	M	40-49	Free State	Centre City Titaniums Athletics Cl6b	1843
87	2446	01:59:01	Nico	Badenhorst	M	50-59	Free State	The Running Edge	P1469
88	2549	01:59:06	Tuelo	Dihemo	M	50-59	Free State		1162
89	2507	01:59:28	Teboho	Lemao	M	40-49	Free State	Centre City Titaniums Athletics Club	1772
90	2374	01:59:35	Marizanne	Nel	F	20-34	Free State	Bloemfontein Striders	P1565

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
91	2465	02:00:20	TBD	TBD	TBD	20-34			
92	2387	02:00:22	Charmaine	Van Der Walt	F	60+	Free State	Bloemfontein Achilles	P64
93	2607	02:00:33	Julius	Blangwe	M	50-59	Free State	Nedbank Fast Legs Running Club	P130
94	2399	02:00:39	Flippie	Pretorius	M	40-49	Free State	Pentagon Pistols	P600
95	2362	02:00:44	Charmaine	Coetzee	F	35-39	Free State	Pentagon Pistols	P528
96	2455	02:03:09	Marisa	Zwiegers	F	40-49	Free State	Pentagon Pistols	P531
97	2403	02:03:11	Graham	Maclachlan	M	50-59	Free State	Pentagon Pistols	518
98	2426	02:03:14	Caroline	Fleischauer	F	20-34	Free State		
99	2407	02:03:28	Lihlumise	Njani	M	20-34	Free State		
100	2413	02:05:07	Saritta	Wiese	F	40-49	Free State	bloemfontein multi sport	1904
101	2410	02:05:08	Marusca	Theron	F	40-49	Free State	bloemfontein multi sport	1887
102	2421	02:05:11	Buti	Leseli	M	40-49	Free State	Centre City Titaniums Athletic Club	2557
103	2535	02:05:19	TBD	TBD	TBD	20-34			
104	2617	02:05:37	Tsholo	Mokhoa	M	40-49	Free State	Socdev ac	2001
105	2445	02:05:49	Jaco	Geldenhuyz	M	35-39	Free State	Pentagon Pistols	P500
106	2548	02:06:36	Mohutsiwa	Monyaki	M	50-59	Free State	saps	p219
107	2473	02:06:39	Joanita	Lombard	F	35-39	Free State	Blemfontein Striders	P1546
108	2447	02:06:46	Hennie	Van Heerden	M	40-49	Free State	Pentagon pistols	P673
109	2436	02:07:12	Shane	Fry	M	20-34	Free State	Bloemfontein Multisport	1903
110	2437	02:07:14	Marius	Jacobs	M	50-59	Free State	Bloemfontein Multisport	1910
111	2385	02:07:21	Francois	Albertd	M	50-59	Free State		
112	2425	02:07:24	Letimile	Leseane	M	40-49	Free State	SAPS FS	P210
113	2369	02:07:42	Jenna	Maclachlan	F	50-59	Free State	Pentagon Pistols	585
114	2509	02:08:20	Thamsanqa	Hlanganiso	M	35-39	Free State	BLOEM ACHILLES	
115	2614	02:08:22	TBD	TBD	TBD	20-34			
116	2371	02:09:01	Murray	Van Wyk	M	40-49	Free State	Bloemfontein striders	p1582
117	2520	02:09:23	Hennie	De Swardt	M	20-34	Free State	The Running Edge	P1462
118	2519	02:09:25	Hendri	Olivier	M	20-34	Free State	Bloemfontein striders	1561
119	2363	02:09:32	Lizanne	Van Der Walt	F	35-39	Free State	Pentagon Pistols	P529
120	2479	02:09:41	Teboho	Mohokare	M	40-49	Free State	Centre city Titaniums Athletics Club	P1935

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
121	2449	02:09:43	Tohlang	Nkopa	M	60+	Free State	FS Health AC	2163
122	2490	02:09:44	Pahlane Mzamo	Kabanyane	M	40-49	Free State	central university of technology, bloemfontein	P2320
123	2493	02:09:44	Zama	Lekhula	M	40-49	Free State	FSHAC	2129
124	2500	02:09:44	Jerome	Mogorosi	M	35-39	Free State	CCTAC	P1798
125	2487	02:09:44	Carmen	Ward	F	50-59	Free State	Pentagon Pistols	416
126	2494	02:10:07	LehLehlohonolo	Sam	M	20-34	Free State	Teemaneng Running club	P613
127	2354	02:10:25	KGECHANE	KABAI	M	40-49	Free State		
128	2370	02:10:29	Neil	Bohme	M	40-49	Free State	Pentagon Pistols	P538
129	2372	02:10:34	Ntombi	Mgaba	F	35-39	Free State	Center City Titaniums	2544
130	2516	02:10:39	Sunette	Bellingan	F	40-49	Free State	Pentagon Pistols	P507
131	2529	02:10:42	TBD	TBD	TBD	20-34			
132	2485	02:10:57	Lwandlekazi	Nkontso	F	50-59	Free State	Overtakers running club	566
133	2408	02:11:07	Abongile	Magadla	M	35-39	Free State	Bloemfontein Striders	1193
134	2377	02:11:12	Thabo Reginald	Dikonyana	M	40-49	Free State	Grootvlei marathon club	2031
135	2412	02:11:13	Marie Louise	Erasmus	F	40-49	Free State	Bloemfontein multi sport	1908
136	2506	02:11:16	Louis	Radley	M	35-39	Free State	Pentagon Pistols	505
137	2464	02:11:52	Rofhiwa Nathan	Mathivha	M	20-34	Free State	Centre City Titaniums Athletics Club	P2513
138	2484	02:11:54	Bernard	Jase	M	40-49	Free State	Pamoa	P2683
139	2365	02:11:59	Kosie	Conradie	M	50-59	Free State	Centre City Titaniums	P2531
140	2357	02:12:08	Megan	Pastor	F	20-34	Free State	The Running Edge	1759
141	2409	02:12:09	Deon	Pastor	M	50-59	Free State	Bloemfontein Striders	1193
142	2356	02:12:32	Jan	Naborn	M	60+	Free State	Bloemfontein Achilles	P95
143	2406	02:12:59	Asavela	Mbambani	M	20-34	Free State		
144	2379	02:13:28	Mampoi	Jonas	F	40-49	Free State	Centre City Titaniums Athletics club	1832
145	2358	02:14:03	Ilouise	Le Roux	F	40-49	Free State	Pentagon pistols	562
146	2383	02:14:03	Christelle	Fourie	F	35-39	Free State	Pentagon Pistols	602
147	2503	02:14:21	Nellmarie	Bodenstein	F	40-49	Free State	Pentagon pistols	P530
148	2474	02:14:21	Francine	Correia	F	40-49	Free State	Pentagon Pistols	659
149	2528	02:14:31	TBD	TBD	TBD	20-34			
150	2441	02:14:34	Thandi	Ntshangase	F	40-49	Free State	Pamoja Athletic Clun	P2681

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
151	2463	02:15:08	Annette	Conradie	F	50-59	Free State		
152	2524	02:15:35	Modisaotsile	Ntlhokoa	M	50-59	Free State	Bloemfontein Striders 1	1851
153	2508	02:16:07	Nicole	Le Roux	F	35-39	Free State	Bloemfontein Striders	P1513
154	2386	02:16:42	Chane	Pain	F	20-34	Free State	Centre City Titaniums Athletics Club	P2570
155	2427	02:16:42	Terina	Bohme	F	40-49	Free State	Pentagon pistols	P537
156	2489	02:17:42	Lucky	Lukhele	M	40-49	Free State	Centre City Titanium Athletic Club (CCTAC)	P2498
157	2448	02:17:49	Rouxnette	McKeating	F	40-49	Free State	Bloem Steiders	1852
158	2609	02:18:19	Leandri	Van Biljon	F	20-34	Free State	Multi sport	433
159	2610	02:18:19	Rozelle	Rheeder	F	40-49	Free State		
160	2611	02:18:19	Isobel	Viljoen	F	20-34	Free State		
161	2375	02:18:45	Antonette	Piek	F	50-59	Free State		
162	2376	02:18:46	Estie	De Beer	F	50-59	Free State		
163	2392	02:19:10	Motseokae	Ngakantsi	M	40-49	Free State		
164	2461	02:19:13	Faith	Kgaile	F	40-49	Free State		1161
165	2512	02:20:09	Thabiso	Molapo	M	40-49	Free State	SAPS FREE STATE	P1012
166	2536	02:21:31	TBD	TBD	TBD	20-34			
167	2423	02:22:33	Tsoeunyane	Pela	M	40-49	Free State	All Athletes United	P2470
168	2460	02:23:17	Moipone	Matlabe	F	40-49	Free State	FS athletics club	P2131
169	2513	02:23:20	Calvin	Marogoa	M	60+	Free State	Pamojaac	346
170	2532	02:23:20	TBD	TBD	TBD	20-34			
171	2483	02:25:12	Milenyane	Kholumo	M	60+	Free State	Elevation	
172	2472	02:28:49	Janine	Williams	F	35-39	Free State	The Running Edge	1641
173	2550	02:28:50	NOLWAZI	MABINDLA-BOQWANA	F	20-34	Free State	Hout Bay Harriers	P7409
174	2491	02:28:50	Linokuhle	Mhlongo	M	20-34	Free State	Titaniums	P2528
175	2457	02:28:50	Sorine	Swanepoel	F	20-34	Free State	Pentagon Pistols	P622
176	2553	02:28:51	Thandi	Mahlangu	F	20-34	Free State	CENTRE CITY TITANIUMS AC	2502
177	2517	02:28:53	Jaco	Buys	M	60+	Free State	Pentagon Pistols	546
178	2499	02:28:53	Lucas	Tsoku	M	40-49	Free State		P1181
179	2525	02:28:54	Dimakatso	Tau	F	35-39	Free State	Centre City Titaniums AC	1809
180	2393	02:29:35	Marzanne	Pienaar	F	40-49	Free State	Bloemfontein Multiaport	1900

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
181	2450	02:29:49	LETSABA	SEBATLI	M	35-39	Free State		
182	2373	02:32:13	Shudu	Ndou	F	20-34	Free State	Centre City Titaniums AC	P1811
183	2366	02:33:19	Julie	Du Toit	F	50-59	Free State	Bloemfontein Multisport	1884
184	2368	02:34:18	Karen	Marais	F	50-59	Free State	Bloemfontein Multisport	1895
185	2538	02:34:20	TBD	TBD	TBD	20-34			
186	2602	02:34:26	THEMBAKAZI	KHAKHANE	F	20-34	Free State	Centre City Titaniums	1839
187	2394	02:36:58	Zanne	Pienaar	F	20-34	Free State	Bloemfontein Multiaport	1899
188	2418	02:38:05	Charl	Jacobs	M	50-59	Free State	Bloemfontein Achilles	P85
189	2419	02:38:06	Annamarie	Groenewald	F	50-59	Free State	Bloemfontein Achilles	P86
190	2478	02:40:55	Mpho	Mamotho	M	40-49	Free State	Mangaung	2816
191	2351	02:41:39	Charmaine	De Villiers	F	50-59	Free State	Centre City Titaniums	1927
192	2522	02:43:58	Nkosingiphile	Ngcobo	F	20-34	Free State	Kopanong running club	P3015
193	2367	02:45:22	Ilse	Heymans	F	50-59	Free State	Bloemfontein multisport	1890
194	2444	03:07:06	Marilene	Geldenhuis	F	20-34	Free State	SportFit-Multisport	1949
195	2443	03:11:27	Vuyi	Njokweni	F	40-49	Free State	CUT Running Club	P2387
DNF	2391	N/A	Fikile	Mini	M	40-49	Free State	Mangaung Athletic Club	1155
DNF	2401	N/A	Phumzile	Mdluli	F	20-34	Free State		
DNF	2414	N/A	Cindi	Ackermann	F	20-34	Free State	Bloemfontein Multisport	1881
DNF	2440	N/A	TBD	TBD	TBD	20-34			
DNF	2442	N/A	Christian	Slabbert	M	40-49	Free State	Pentagon Pistols	607
DNF	2451	N/A	Bokang	Lisene	M	20-34			
DNF	2452	N/A	Magdaleen	Bekker	F	20-34	Free State	Pentagon pistols	678
DNF	2467	N/A	Phopo	Gqabaza	M	50-59	Free State	DALRRD	P391
DNF	2480	N/A	Lebogang	Moroka	M	40-49	Free State	All Athletes United	2116
DNF	2481	N/A	Zukile	Hermans	M	50-59	Free State	All Athletes	2107
DNF	2482	N/A	Walter	Maphutsi	M	40-49	Free State	Titaniums	2532
DNF	2486	N/A	Tertia Rita	De Bruin	F	50-59	Free State	The Running Edge AC	P1646
DNF	2504	N/A	Lucy	Shale	F	60+	Free State	TITANIUM	1830
DNF	2521	N/A	Vian	Van Heerden	M	20-34	Free State		
DNF	2546	N/A	Tony	Wessels	M	50-59	Free State	Dalrrd Ac Fs	392

2024 IBL Spring Run Preliminary Results - 21,1km

Pos	Race#	Time	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
DNF	2547	N/A	Willie	Grove	M	20-34	Free State	The Running Edge	P3012
DNF	2552	N/A	Enkosi	Mondleki	M	35-39	Free State	Center City Titanium	P2533
DNF	2606	N/A	Pule	Kolwane	M	40-49	Free State	Mangaung	P2830
DNF	2613	N/A	Sabelo	Mzimba	M	20-34	Free State	SANDF	2631