

## 2024 PMHRM Preliminary Results - 10Km

Pos	Race Nr	Time	Name	Surname	Gen	Cat	ASA Lic	Club
1	595	0:30:22	Onalenna	Khonkhobe	M	Open	986	Nedbank running club
2	628	0:32:03	Siphiwe	Mqayisa	M	Open	P611	Teemaneng running club
3	620	0:32:37	Amantle	Modingwane	M	Open		
4	530	0:33:05	Raoul	Mabirimisa	M	Junior	403	Sesheng Athletic Club
5	648	0:33:07	Boikanyo	Tikologo	M	Open	P449	Vryburg Multisport
6	701	0:33:56	Diteko	Motshabi	M	Junior	J40040	Teemaneng running club
7	614	0:34:03	Sabata	Khagane	M	Open	2202	Sibanye still water
8	621	0:34:33	Katlego	Shomoleile	M	Open	P612	Teemaneng running club
9	705	0:34:39	Obakeng	Kwenamore	M	Open		
10	594	0:34:51	Tumelo	Kgwediyaphuku	M	Open	653	Nedbank running club
11	627	0:34:52	Omphile	Motsumi	M	Junior		
12	649	0:35:16	AJ	Sabbat	M	Junior	40044	Hometown running club
13	510	0:35:36	Jeremiah	Mokae	M	Open	681	
14	592	0:35:44	Luzuko	January	M	Open	658	Nedbank running club
15	663	0:36:03	Quinton	Boitshwarelo	M	Junior	J40119	Kuruman running club
16	680	0:36:04	Sydney	Stevens	M	Open	502	Hopetown Running Club
17	505	0:36:19	Obakeng	Riet	M	40-49	319	
18	551	0:36:23	Geremi	Zitha	M	Open		
19	532	0:36:30	Deleon	Madlalisa	M	Open	P1493	Nedbank running club
20	508	0:36:53	Refilwe	Merementsi	M	Open	636	
21	683	0:37:23	TBD	TBD	TBD	Open		
22	613	0:37:31	Likeleli	Majara	F	Open	2197	Sibanye still water
23	629	0:38:24	Tebogo	Moipolai	M	40-49	P617	Teemaneng running club
24	554	0:38:24	Sipho	Moitse	M	40-49	631	Kgosi Galeshewe Athletic
25	631	0:38:52	Neo	Nthibane	M	Junior	40389	Nedbank running club
26	670	0:38:59	Thapelo	Ndlovu	M	Open	P572	
27	651	0:41:16	Retshidisitswe Vitalis	Ntaole	M	40-49	891	Teemaneng Running Club
28	611	0:41:20	Daniel	Tlhage	M	50-59	608	SNDF Kimberley club
29	564	0:43:41	Bulelani	Habana	M	Open	P748	Saps Northen Cape
30	605	0:44:05	Tshepisho	Guda	M	Open		

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31	607	0:44:12	Letlhogonolo	Mothogwane	M	Junior		
32	501	0:44:22	Mohanoua	Lekgelebane	F	Open	376	Pamoja running club
33	597	0:44:37	Anel	Viljoen	F	40-49		
34	506	0:44:47	Ogone	Namane	M	Open	634	
35	509	0:44:51	Thami	Maliza	M	Junior	J40111	
36	644	0:45:00	Refiloe	Karreebos	F	Open	P11197	Orcas Running Academy
37	636	0:45:17	Mamananya	Tsoamatsie	F	Open		
38	641	0:45:48	Limakatso	Selala	F	Open	P621	Teemaneng running club
39	590	0:49:01	Desmond	Mogorosi	M	40-49	P152	Kimberley Road Runners
40	714	0:49:25	Athenkosi	Gedezana	M	Open		
41	632	0:49:25	Nicole	Morris	F	Open		
42	593	0:49:42	Kamogelo Pascaline	Morake	F	Open	P309	South African police service NC
43	625	0:50:14	Sarah	Makhobolo	F	Junior	J40640	Private
44	679	0:51:53	Anrich	Ebing	M	Open	220	Teemaneng Running Club
45	643	0:52:51	Ephraim	Semanego	M	50-59	P668	Pentagon pistols
46	616	0:53:25	Bonie	Sehloho	F	Open	609	SANDF Kimberley Club
47	608	0:54:41	Andrew	Korope	M	40-49	215	Kimberley Road Runners
48	612	0:55:46	Rohann	Steyn	M	Open		
49	579	0:55:59	Lionel	Esbie	M	40-49		
50	660	0:56:01	Deidri	Odendaal	F	Open	90	Kimberley Harriers
51	659	0:56:02	Gustav	Van Zyl	M	Open		
52	541	0:56:48	Chrismarie	Malan	F	Open		
53	596	0:58:37	TBD	TBD	TBD	Open		
54	658	1:00:22	Lorraine	Mc Anda	F	40-49	1667	The Running Edge
55	713	1:00:34	Yonela	Mashalaba	F	Open		
56	634	1:00:34	Buntu	Mnyaja	M	Open		
57	513	1:02:39	Gontse	Selelo	F	Open	632	
58	598	1:02:46	Sam	Mabilo	M	50-59		
59	556	1:02:46	Cyril	Katsio	M	40-49		
60	504	1:02:52	Nkosinathe	Van Wyk	M	Junior		

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61	557	1:03:08	Lucky	Jacobs	M	Open	P670	Kgosi Galeshewe Athletics Club
62	529	1:03:17	Lulu	Ceronio	F	40-49		
63	702	1:03:17	Monnapule	Mokobe	M	Open		
64	542	1:03:25	Andre	Van Zyl	M	60-69	P118	Harriers
65	511	1:05:09	Roshelle	Jacobs	F	40-49	559	Kimberley Harriers
66	536	1:05:10	Steven	Grobler	M	40-49	201	
67	602	1:05:58	Elizna	Van Der Weide	F	40-49		
68	517	1:06:01	Bontle	Kumalo	F	40-49	P 250	
69	514	1:06:01	Dharmith	Kanje	F	50-59		
70	601	1:06:02	Ronel	White	F	Open		
71	599	1:06:04	Mpolokeng	Mocumi	F	60-69		
72	537	1:07:09	Evan	Trerise	M	Open	P466	Kimberley Road Runners
73	522	1:08:10	Fezeka	Letsholo	F	Junior		
74	662	1:09:23	Mbuso	Mhaule	M	Open		
75	534	1:10:31	Lisinda	Grobler	F	40-49	200	
76	703	1:11:16	Ben	Mabizela	M	Open		
77	638	1:11:19	Carmen	Meyer	F	Open	757	Kgosi Galeshewe Athletics
78	615	1:11:47	Sylvester	Booyesen	M	Open		
79	639	1:12:04	Jay	Kanje	M	40-49		
80	646	1:12:06	Masebabatso	Radebe	F	Open	P751	Teemaneng
81	515	1:12:17	Dineo	Mothupi	F	40-49	P670	SAPS AC
82	585	1:12:18	Lukhanyo	Mabija	M	Open		
83	518	1:12:18	Thembi	Mokwena	F	Open	P240	
84	682	1:12:19	TBD	TBD	TBD	Open		
85	550	1:12:34	Desmond	Smith	M	50-59	115	
86	540	1:12:49	Christel	Von Molendorff	F	Open	71	
87	665	1:13:39	Desiree	Lawrence	F	60-69	P75	Kimberley Harriers
88	568	1:14:03	Maruping	Lekwene	M	50-59		
89	571	1:14:03	Neo	Maneng	M	Open		
90	586	1:14:36	Malik	Mathakgane	M	Open		

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91	587	1:14:40	Kamogelo	Tlaetsi	M	Open		
92	563	1:15:22	Shaniel	Antonie	F	40-49		
93	503	1:15:22	TBD	TBD	TBD	Open		
94	589	1:15:33	Kealeboga	Nyokong	F	Open		
95	676	1:17:05	Khululwa Sweetness	Mokhali	F	Open		
96	647	1:17:07	Charity	Louw	F	Open		
97	687	1:17:08	TBD	TBD	TBD	Open		
98	604	1:17:59	Moss	Mathebula	M	Open		
99	567	1:18:00	Moeti	Nthibe	M	Open	98	Harriers
100	558	1:18:00	Mkhokeli	Pino	M	Open		
101	549	1:18:14	Molemoeng	Hammer	F	40-49	P248	Teemaneng running club
102	539	1:18:23	Anel	Victor	F	Open	72	
103	681	1:18:30	Martha	Sebake	F	Open		
104	624	1:18:52	Salome	Makodi	F	50-59		
105	581	1:19:39	Nqobile	Hlatshwayo	F	Open	112	Kimberley Harriers
106	635	1:19:40	Nomzamo	Mpangase	F	Open		
107	617	1:19:47	Brian	Mokete	M	Open		
108	569	1:19:48	Zamani	Saul	M	50-59		
109	678	1:19:50	Kgalalelo	Nkokou	F	40-49	239	Teemaneng running club
110	675	1:19:50	Pule	Mokhali	M	Open		
111	657	1:19:50	Maduo	Mocwane	F	40-49	P 526	
112	671	1:20:29	Yoleka	Moyake	F	40-49	P350	Teemaneng Running club
113	711	1:21:02	Dada	Maretela	M	40-49		
114	685	1:21:06	TBD	TBD	TBD	Open		
115	524	1:21:13	Isa	Prinsloo	F	60-69	P142	
116	533	1:21:27	Johann	Van Zyl	M	40-49		
117	535	1:21:29	Donna	Van Zyl	F	Open		
118	584	1:21:52	Phenyo	Mabija	M	40-49		
119	566	1:21:53	Gloria	Ramorei	F	50-59		
120	610	1:21:56	Olihile	Hammer	M	50-59		

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121	548	1:22:00	James	Hammer	M	50-59	711	Teemaneng Running Club
122	538	1:22:22	Refilwe	Bareki	F	Open		
123	664	1:22:23	Maneela	Semana	F	40-49	P 231	
124	652	1:22:32	KELEBOGILE	MOSHWANG	F	40-49	P543	KURUMAN RUNNING CLUB
125	653	1:22:42	ERIK ATTIE	MONGOLOGA	M	50-59		
126	577	1:23:08	Makopo	Mogoane	M	Open		
127	576	1:23:16	Lorraine	Lecogo	F	40-49		
128	575	1:23:17	Romano	Jacobs	M	Open		
129	650	1:23:49	Zintle	Makhunga	F	40-49	P354	Teemaneng Running Club
130	528	1:23:50	Kelebogile	Setilo	F	Open	23	Dalrrd Running Club: NC
131	547	1:23:50	Kele	Majila	F	40-49	P25	Dep of Agriculture, Land Reform and Rural
132	582	1:23:51	Shadrack	Mokubung	M	50-59	12	DALRRD
133	661	1:23:51	Moeketsi	Ntsane	M	40-49	12	Dep of Agriculture, Land Reform and Rural
134	710	1:23:52	Tshepang	Manyapaelo	M	40-49	P20	DALRRD NC AC
135	545	1:23:54	Nthabiseng	Sali	F	40-49	642	KGA
136	512	1:24:01	Zed	Fantaw	F	Open		
137	637	1:24:06	Thayi	Mkhombo	M	40-49	P7481	Spiritwind athletics club
138	555	1:24:19	Mmathapelo	Williams	F	Open		
139	672	1:24:26	TBD	TBD	TBD	Open		
140	673	1:24:29	TBD	TBD	TBD	Open		
141	523	1:24:34	Louisa	Venter	F	Walker	328	
142	521	1:24:40	Ntsoaki	Sebeela	F	40-49		
143	712	1:24:43	Virginia	Cossa	F	Open		
144	654	1:25:46	Seipati	Nkgoeng	F	40-49	144	
145	674	1:25:46	Sugar	Mgcongo	F	Open		
146	574	1:26:29	Mmaphaladi	Kgofelo	F	40-49		
147	560	1:26:33	Marina	Pelser	F	50-59	282	NC SAPS Athletics Club
148	559	1:26:34	Hermien	Lamprecht	F	50-59		
149	565	1:28:01	Matlhogonolo	Molaaphene	F	40-49		
150	626	1:28:10	Chiang Chun	Hsu	M	60-69	P235	Teemaneng

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151	623	1:28:11	Ya Chen	Chan	F	50-59	P236	Teemaneng
152	546	1:28:38	TBD	TBD	TBD	Open		
153	666	1:28:54	Kobie	Erasmus	F	Open	P119	Kimberley Harriers
154	520	1:29:15	Conny	Monoametsi	F	Open		
155	645	1:29:15	Smangele	Mpanza	M	Open		
156	527	1:29:17	Nelisiwe	Makhoba	F	40-49		
157	609	1:32:02	Mpho	Hammer	F	40-49		
158	630	1:32:04	Luke	Diegaardt	M	Junior	J40114	Kimberley Harriers
159	591	1:32:08	Glynnis	Moorcroft	F	50-59	P697	Kimberley Harriers
160	656	1:32:28	Thabo	Mothibi	M	40-49		
161	570	1:32:29	Sonyoni	Kagisho	M	Open		
162	684	1:32:42	TBD	TBD	TBD	Open		
163	606	1:33:05	Malombo	Dondolo	M	60-69		
164	525	1:33:43	Elizabeth	Tampane	F	40-49		
165	572	1:34:22	Jeanette	Moabi	F	Open	P31	DMRE RUNNING CLUB
166	573	1:34:42	Leada	Khubana	F	Open		
167	561	1:35:46	Paulina	Luse	F	50-59		
168	562	1:35:47	Elizabeth	Phasha	F	40-49		
169	655	1:35:48	Pelonomi	Matolo	F	40-49		
170	603	1:37:17	Marinette	Van Wyk	F	40-49		
171	580	1:40:15	Segomoco	Jordan	F	Open		
172	642	1:40:16	Abigail	Ncomanzi	F	Open		
173	619	1:41:25	Ipeleng	Ipeleng	F	Open		
174	618	1:41:26	Nthako	Thele	M	Open		
175	704	1:41:27	Daluxolo	Vumazonke	M	Open		
176	669	1:41:59	Ichabod	Manyane	M	40-49	P614	Teemaneng Running Club
177	583	1:42:30	Moledi	Matsepe	F	40-49		
178	553	1:50:44	Boitumelo	Bosman	M	50-59		
179	531	1:50:45	Mmankagiseng	Moeng	F	50-59		
180	543	1:54:45	Dineo	Sebolai	F	Open		

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181	677	1:56:52	Puseletso	Tshabangu	F	Open		
182	706	1:58:31	TBD	TBD	TBD	Open		
DNF	502	N/A	TBD	TBD	TBD	Open		
DNF	507	N/A	Emmanuel	Janari	M	Open	654	
DNF	516	N/A	Phakathe	Masabata	F	Open		
DNF	519	N/A	Mamajoni	Masooa	F	Open	P586	Teemaneng running club
DNF	526	N/A	Brenda	Mariri	F	Open	P29	Department of Mineral Resources and Energy
DNF	544	N/A	Mohanoua	Lekgelebane	F	Open	376	
DNF	552	N/A	Vanessa	Wiener	F	40-49		
DNF	578	N/A	Keamogetswe	Seekoei	F	Open		
DNF	588	N/A	Karabelo	Mojanaga	F	40-49		
DNF	600	N/A	Mahlape	Theko	F	50-59		
DNF	622	N/A	TBD	TBD	TBD	Open		
DNF	633	N/A	Keotshepile	Marekwa	F	40-49		
DNF	640	N/A	Danielle	Davidson	F	Junior		
DNF	667	N/A	Lesego	Mothata	F	Walker	P237	Teemaneng running club
DNF	668	N/A	Moratiwa	Takang	F	Open	P424	Sesheng athletic club
DNF	686	N/A	Rosie	Gous	F	Open		
DNF	709	N/A	Macomo	Othusitse	M	40-49	667	NC SAPS athletics club
DNF	715	N/A	TBD	TBD	TBD	Open		
DNF	716	N/A	Kelebogile	Majila	F	Open		
DNF	717	N/A	Tasville	Cloete	M	Open		