

2024 SWASAP Ultra Marathon Preliminary Results - 10km

Pos	Race#	Time	Name	Surname	Gen	Cat	Club	Lic
1	196	00:32:10	Omphile	Letshabo	M	Junior	HTS LOUIS BOTHA	J40126
2	189	00:32:33	Thabang	Mathosa	M	Open	Eskom	326
3	188	00:32:50	Mlondolozu	Njoko	M	Open	Pentagon Pistols	P641
4	115	00:35:21	David	Mothiselwa	M	Open	Eskom	P318
5	121	00:36:39	Thebe	Mosegedi	M	50-59	Team Vitality	P3484
6	117	00:37:27	Kopano	Mohlapo	M	Open	City Centre Titaniums	100
7	137	00:38:31	Rocky	Thobejane	M	Open	0	
8	145	00:40:35	Clinton	Botha	M	40-49	The running edge	1485
9	51	00:41:10	Manny	Wilson14	M	Junior	Grey College	J40590
10	151	00:42:28	Juan	Engelbrecht	M	Junior	Running Edge	J40301
11	152	00:42:54	Kathela	Futella	M	Junior	0	1177
12	212	00:43:07	Tefo	Ramohlokoane	M	Junior	0	
13	148	00:43:26	Flippie	Kotze	M	50-59	Kovsies	793
14	69	00:43:34	Ismael	Mokhele	M	Open	0	
15	126	00:43:39	Mohanoua Lekgelebane	Lekgelebane	F	Open	Pamoja ac	376
16	125	00:43:51	Sarah	Makhobolo	F	Junior	ALL ATHLETES UNITED	J40640
17	216	00:44:27	Mxolisi	Maki	M	Open	0	
18	174	00:45:06	Francois	Smith	M	50-59	Bloemfontein Achilles	P47
19	77	00:45:50	Ané	Heine	F	Open	The Running Edge	P1482
20	217	00:46:12	Romi	Engelbrecht	F	Open	0	
21	49	00:46:16	Austin	Stuart	M	Open	0	
22	141	00:46:25	Bertus	Odendaal	M	40-49	0	
23	182	00:46:43	April	Phakedi	M	60+	Achilles	P42
24	130	00:47:02	Ruandi	Van Dyk	F	Open	0	
25	132	00:47:03	David	Jonga	M	40-49	Achilles	69
26	186	00:47:09	Lebohang	Mokau	M	Open	SAPS	P1009
27	214	00:48:49	Siphokazi	Diko	F	35-39	Sibanyestillwater	P2199
28	204	00:49:46	Glaba	Kolobe	M	60+	Pamusa	
29	175	00:50:00	David	Koloane	M	40-49	The running edge	1708
30	579	00:50:15	Tiaan	Van Wyk	M	Open	0	

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31	172	00:50:17	Kaylin	Le Roux	F	Junior	Going4Gold	J40629
32	48	00:50:37	Shinae	Pateman	F	Open	0	
33	79	00:50:57	Stephanie	Strauss	F	35-39	0	
34	106	00:51:10	Lwethu	Ngomlana	M	Junior	0	
35	215	00:51:15	Yibanathi	Diko	F	Junior	Individual	
36	53	00:51:19	Jo-Ann	Olivier	F	35-39	Pentagon Pistols	541
37	208	00:51:21	Mhlaempi	Nzapheza	M	Open	Centre City Titaniums AC	1922
38	38	00:51:45	Xander	Basson	M	Open	0	
39	7	00:51:51	Elsabe	Myburgh	F	50-59	The Running Edge	P1484
40	168	00:52:07	Andre	Bartleman	M	50-59	UNIVERSITY FREE STATE	849
41	73	00:52:13	Dylan	Van Der Berg	M	Open	0	
42	138	00:52:16	Joanita	Lombard	F	35-39	Blemfontein Striders	P1546
43	72	00:52:35	Liam	Mc Intyre	M	Open	0	
44	104	00:53:02	Abongile	Magadla	M	35-39	Bloemfontein Striders	P1193
45	194	00:53:15	Heinrich	Stander	M	Open	0	
46	57	00:53:39	Estiaan	Bakkes	M	Open	Pentagon Pistols	563
47	27	00:53:48	Jacobus	Vermeulen	M	50-59	The Running Edge	P1667
48	47	00:53:57	Dané	Büchner	F	Open	0	
49	109	00:54:08	Smiley	Marais	M	Open	Running edge	1625
50	153	00:54:41	Ham	Roos	M	60+	Stiders	1571
51	178	00:54:55	William	De Vasch	M	60+	Titanium OFS	1840
52	80	00:55:05	Jan Abraham	Strauss	M	35-39	0	
53	200	00:55:24	Sherwan	Van Jaarsveld	M	Open	0	
54	207	00:55:31	Driekie	Pitout	F	Open	0	
55	185	00:55:34	Charles	Alexander	M	50-59	None	None
56	70	00:55:36	Dina	Bornman	F	40-49	Bfn Striders	P1860
57	61	00:55:38	Francois	Greeff	M	Open	0	
58	26	00:55:40	Anneke	Vermeulen	F	50-59	The Running Edge	P1668
59	60	00:55:43	Stefan	Hattingh	M	Open	0	
60	173	00:55:46	Nicole	Le Roux	F	35-39	Bloemfontein Striders	P1513

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61	52	00:56:15	Andries	Kruger	M	40-49	Pentagon pistols	P649
62	14	00:56:19	Cobus	Van Der Merwe	M	Open	The Running Edge	P1743
63	71	00:56:20	Komenthren (Tykes)	Govender	M	50-59	Achilles bloemfontein	56
64	54	00:56:24	Richardus	Ryksen	M	40-49	Running Edge Bloemfontein	P1729
65	55	00:56:25	Joubert	Ryksen	M	Junior	Running Edge Bloemfontein	J40304
66	498	00:57:09	Rochelle	Pienaar	F	Open	0	
67	127	00:57:12	Caroline	Fleischauer	F	Open	0	
68	4	00:57:20	Melgardt	Minnaar	M	Open	0	
69	25	00:57:44	Sunette	Bellingan	F	40-49	Pentagon Pistols	507
70	140	00:57:46	Marinene	Landman	F	40-49	0	
71	6	00:58:25	Carla	Theunissen	F	Open	0	
72	213	00:58:42	Carla	Ferreira	F	Open	0	
73	912	00:59:21	Kevin	Hurndall	M	60+	Pentagon pistol	568
74	500	01:00:01	Elmari	Bezuidenhout	F	Open	0	
75	497	01:00:04	Danielle	Kitshoff	F	Open	0	
76	3	01:00:25	Lizanne	Boshoff	F	35-39	Bloemfontein Striders	P1875
77	492	01:00:29	Olebogeng	Badimo	M	Open	Centre City Titaniums Athletic Club	P2543
78	66	01:00:35	Anneline	Swanepoel	F	40-49	0	
79	76	01:00:57	Lezette	Myburg	F	Open	0	
80	166	01:00:59	Elaine	Botes	F	40-49	0	
81	22	01:01:01	Vivian	De Villiers	M	Open	0	
82	203	01:01:08	Lehlohonolo	Malakoane	M	Open	NA	NA
83	201	01:01:10	Katiso	Moloko	M	Open	0	
84	78	01:01:24	Alphonso	Van Der Merwe	M	40-49	0	
85	18	01:01:41	Michelle	Steven	F	50-59	SportFit	P1221
86	486	01:01:44	Jana	Jansen Van Rensburg	F	Open	0	
87	485	01:01:46	Arno	Jansen Van Rensburg	M	Open	Bloemfontein Striders	P1543
88	904	01:01:51	Louis	Calitz	M	Open	0	
89	59	01:02:21	Elme	Wessels	F	Open	Bloemfontein Striders	P1859
90	108	01:02:31	Matankiso	Roseline	F	40-49	CUT Athletics club	2392

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91	193	01:02:49	Liesl	Bronn	F	Open	Pentagon Pistols	616
92	488	01:02:52	Neil	Bohme	M	Open	Pentagon Pistols	P538
93	195	01:03:03	Sandra	Smith	F	35-39	0	
94	177	01:03:09	Sanya	Vermaak	F	Open	0	
95	58	01:03:12	Charnine	Pretorius	F	Open	0	
96	45	01:03:15	Yolandi	Kolbe	F	40-49	0	
97	46	01:03:15	Francois	Kolbe	M	40-49	The runnig edge	1689
98	2	01:03:23	Carmen	Bremner	F	40-49	Pentagon Pistols	554
99	17	01:03:25	Cor	Louwrens	M	60+	The Runnung Edge	1702
100	56	01:03:38	Melanie	Nel	F	40-49	The Running Edge	P1630
101	159	01:03:49	TBD	TBD	TBD	Open	---	
102	158	01:04:03	Cecilia	Bekker	F	Open	Fs_trail_crazy	Geen
103	64	01:04:21	Dewald	Fourie	M	40-49	Centre city Titaniums	P1846
104	111	01:04:24	Nkosisathi	Singonzo	M	35-39	All Athletics Limited	P2121
105	190	01:04:24	Siphokazi	Fana	F	Open	ALL ATHLETES UNITED	2090
106	112	01:04:25	Mapule	Difeto	F	40-49	All athletes United athletic club	2096
107	179	01:04:26	Lumka	Mbingeleli	F	Open	Centre City Titaniums A C	P2566
108	199	01:04:28	Leandri	Van Biljon	F	Open	Goudveld Multi sport	433
109	191	01:04:29	Sello	Moletsane	M	50-59	ALL ATHLETES UNITED	2088
110	494	01:04:46	Johan	Koen	M	40-49	0	
111	40	01:05:35	Barney	Kakora	M	50-59	Pentagon Pistols	P566
112	181	01:05:59	Louis	Vlotman	M	Open	0	
113	37	01:06:01	Lene`	Badenhorst	F	Open	The Running Edge	P1468
114	5	01:06:16	Dané	Taljaard	F	Open	0	
115	110	01:06:20	Lilian	Alexander	F	Open	Pentagon Pistols	699
116	16	01:06:38	Madre	Louwrens	F	35-39	The Runnung Edge	1737
117	903	01:06:41	Jacolene	Calitz	F	Open	0	
118	15	01:06:42	Jaco	De Bruin	M	40-49	The Running Edge	P1628
119	902	01:06:43	Nita	Wentzel	F	Open	Pentagon Pistols	631
120	39	01:06:46	AUDREY	KAKORA	F	40-49	Pentagon Pistols	P567

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121	150	01:06:52	TBD	TBD	TBD	Open	---	
122	160	01:06:53	Rouxnette	McKeating	F	Open	Bloem striders	1852
123	206	01:07:07	Kelello	Makamane	M	Open	0	
124	120	01:07:14	Mantshadi	Manthiela	F	Open	All Athletes United	2110
125	103	01:07:15	Mmabatho	Lesejane	F	Open	0	
126	35	01:07:33	Lelanie	Meyer	F	50-59	0	
127	31	01:07:39	Trudie	Dixon	F	50-59	Pentagon Pistols	P520
128	493	01:07:42	Bongumusa	Mdletshe	M	40-49	Centre City Titaniums Athletic Club	P2542
129	32	01:07:43	Jillian	Dixon	F	Junior	Pentagon Pistols	J40294
130	30	01:07:48	Hettie	Bester	F	Open	Pentagon Pistols	P579
131	63	01:07:52	Tshifhiwa	Mathivha	F	Open	0	
132	142	01:08:19	Antionette	Strydom	F	50-59	0	
133	183	01:08:53	Justin	Pieterse	M	40-49	Queensburgh Harriers	
134	496	01:09:00	Anilia	Boshoff	F	50-59	Pentagon pistols	680
135	101	01:09:12	Stephan	Pretorius	M	50-59	Bloem Striders	P1583
136	102	01:09:13	Lilani	Pretorius	F	40-49	0	P1584
137	116	01:10:46	Mpho	Mpuru	M	Open	None	None
138	202	01:11:27	Sean	Mckay	M	50-59	Benoni Harriers	9408
139	75	01:11:47	Christine	Els	F	50-59	Harmony Striders	952
140	123	01:11:56	Chireze	Barnard	F	35-39	Pentagon Pistols	P630
141	146	01:12:00	TBD	TBD	TBD	Open	---	
142	170	01:12:03	Tshegofatso Lesedi	Goodman	F	Open	Center city titanium	P2539
143	908	01:12:05	Gomolemo	Legegeru	F	40-49	ARMSCOR	768
144	36	01:12:07	Koos	Van Heerden	M	60+	The Running Edge	P1665
145	914	01:12:18	Mantutle	Maphoka	F	35-39	Free state social dev	2664
146	187	01:12:51	Simphiwe	Mdingi	M	40-49	Komani running club	P2458
147	155	01:13:17	Vellemin	Smuts	F	60+	Pentagon pistols	601
148	134	01:13:19	Shane	Dicks	M	50-59	Pentagon Pistols	519
149	133	01:13:31	Micaela	Dicks	F	Open	Pentagon pistols	627
150	176	01:13:34	Bukelwa	Rens	F	35-39	FHAC	

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151	82	01:13:35	Santa	Badenhorst	F	35-39	Team Vitality Western Province	P10589
152	67	01:13:42	Sané	Du PREEZ	F	40-49	0	
153	124	01:13:43	Geraldine	Spangenberg	F	35-39	Pentagon Pistols	P606
154	28	01:13:53	FRANCIS	VENTER	F	60+	RUNNING EDGE	1481
155	128	01:13:56	Riane	Victor	F	Open	0	
156	129	01:13:57	Stella	Nortier	F	Open	0	
157	147	01:13:59	Christelle	Barnard	F	40-49	0	
158	149	01:14:00	Chris-Mari	Barnard	F	Open	0	
159	23	01:14:38	Abram	Poonyane	M	40-49	Free State Health Athletic Club	2152
160	24	01:14:40	Gladys	Poonyane	F	40-49	Free State Health Athletic Club	2153
161	490	01:14:52	Caitlin	Benade	F	Open	0	
162	491	01:14:53	Phumla	Maphumulo	F	Open	0	
163	105	01:15:02	Lerato	Ngomlana	F	40-49	0	
164	209	01:15:05	Masetlhora	Mahike	F	Open	ALL ATHLETES UNITED	2117
165	910	01:15:42	Bets	Bonthuyzen	F	50-59	The Running Edge	P1715
166	211	01:16:38	Kamohelo	Mokhethi	M	Junior	Mangaung AC	J20418
167	9	01:16:42	Henk	Le Roux	M	60+	FS Kids Running Club	P10
168	10	01:16:43	Conrad	Botha	M	Junior	FS Kids Running Club	J40646
169	11	01:16:44	Jeannette	Pienaar	F	40-49	FS Kids Running Club	P685
170	1	01:17:59	Amanda	Bezuidenhout	F	60+	Free State Kids Running Club	P683
171	165	01:18:18	Antoinette	Bothma	F	60+	Harmony Striders	P 903
172	192	01:18:23	Jaco	Nel	M	35-39	0	
173	50	01:18:33	Ansie	Ninnemann	F	50-59	The running edge	P1713
174	65	01:18:35	Christiane	Ludick	F	Open	Kopanong athletic club	P2186
175	68	01:18:55	Nthabiseng	Klaas	F	Open	Centre City Titanium	2501
176	74	01:19:30	Yvonne	Visagie	F	60+	Harmony striders	997
177	167	01:19:43	Jonien	Fourie	F	Open	0	
178	907	01:20:00	Matshediso	Mofokeng	F	Junior	0	
179	163	01:20:08	Ndosi	Sedibe	F	40-49	0	
180	33	01:20:26	Lynette	Van Niekerk	F	50-59	Pentagon Pistols	P615

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181	43	01:20:58	Zelia	Rodrigues	F	60+	0	
182	34	01:21:08	Fatima	Rodrigues	F	50-59	The running edge	P1656
183	184	01:22:32	Russell	Jacquire	M	40-49	FS Health AC	P2138
184	118	01:22:35	Ashley	Poggenpoel	M	40-49	0	
185	144	01:22:37	Lineo	Sehlabaka	F	40-49	Mangaung Athletics Club	1175
186	113	01:23:45	Mamo	Difeto	F	35-39	All athletes United athletic club	2466
187	161	01:23:50	Cindy	Snyman	F	40-49	0	
188	156	01:23:54	Malape	Maefetsane	M	40-49	Saps	P2472
189	42	01:24:14	Riccardo	Coleman	M	Open	The Running Edge	1733
190	41	01:24:15	Carika	Van Wyk	F	Open	The Running Edge	1749
191	12	01:24:24	Henrietta	Smith	F	Open	0	
192	13	01:24:25	Chantelle	Olivier	F	Open	0	
193	8	01:25:14	Mbali	Dhlamini	F	40-49	Team Vitality	3962
194	139	01:25:16	Mokoeane Prescilla	Molefe	F	50-59	PMMC	P3754
195	20	01:25:36	QUINCE	Makhaye	F	40-49	0	
196	905	01:26:47	Puleng	Mofokeng	F	Open	0	
197	162	01:26:54	Chenique	Snyman	F	Open	0	
198	44	01:26:58	Carmen	Sias	F	Open	0	
199	19	01:27:59	Bertha	Kitching	F	60+	0	
200	205	01:29:30	Anathi	Makamane	F	Open	0	
201	122	01:29:46	Moruka	Mokgadi	F	40-49	0	1001
202	154	01:30:11	Tuletu	Maieane	F	50-59	DALRRD	P395
203	915	01:30:12	Mathoele	Matoko	F	50-59	Free state social dev	2665
204	62	01:30:14	Liteboho	Moleli	F	35-39	Centre City Titaniums	P2545
205	171	01:30:16	Hope	Morolong	F	Open	Mangaung ATHletics	1170
206	164	01:30:36	Johannes	Vogel	M	50-59	Private	N/A
207	21	01:30:37	Pieter	Roux	M	60+	PENTAGON PISTOLS BLOEMFONTEIN	P603
208	169	01:30:53	Barati	Tsie	F	50-59	All Athletes United	P2120
209	29	01:39:08	Anathi	Mnyakeni	F	Open	0	
210	135	01:39:15	Chuma	Twetwa	F	Open	0	

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211	136	01:39:15	Zimbini	Coka	F	Open	0	
212	913	01:41:32	Wilhelmina	Khosana	F	40-49	Free state social dev	2669
213	119	01:44:15	Patrick	Nelson	M	50-59	Bloemfontein Striders	P1553
DNF	81	N/A	Mapule	Monkhe	F	Open	0	
DNF	107	N/A	Elzanne	De Ruyter	F	Open	Bloemfontein Multisport	1913
DNF	114	N/A	Vuya	Mkumbeni	M	Junior	Eskom	P324
DNF	131	N/A	Leoné	Van Zyl	F	Open	0	
DNF	143	N/A	Mamontsheng	Lebusa	F	40-49	All Athletes United	P2111
DNF	157	N/A	Jaden	Maema	M	Junior	Kopanong A/C	J40476
DNF	180	N/A	Kamohelo	Mogoera	M	Open	0	
DNF	197	N/A	Talana	Van Der Merwe	F	40-49	Na	Na
DNF	198	N/A	Tiisetso	Madonsela	M	Open	0	
DNF	210	N/A	Tankiso	Seabo	M	Open	All Athletes United	2086
DNF	489	N/A	Makhalemele Josias	Phofi	M	40-49	0	
DNF	901	N/A	Ecila	Du Bruyn	F	40-49	0	
DNF	911	N/A	Elize	Lombard	F	60+	Bloemfontein Striders	P1549