

NMB HUMAN RACE 10KM - KARIEGA - 2024/03/16

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2776	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	0.29.31	1
2	2979	2236	BONGANI	BANDA	MADIBAZ	M	24	SM	0.31.27	1
3	2809	430	TAWANDA	CHIKOTI	CHILLIEP	M	25	SM	0.32.25	1
4	2840	439	Mxoleleni	Tabata	CHILLIEP	M	21	SM	0.32.34	1
5	2893	513	SIBUSISO	COLEPI	MOTHER	M	19	JM	0.32.56	1
6	2774	2167	Phathutshedzo	TLOU	MADIBAZ	M	22	SM	0.33.54	1
7	2993	260	SILINDOKUHLE	TSOTSA	TINARHA	M	22	SM	0.34.19	1
8	2992	40128	OKUHLE	DLOTO	TINARHA	M	16	JM	0.34.54	1
9	2991	40127	SEMIHLE	BEDA	TINARHA	M	17	JM	0.34.55	1
10	2980	1458	GEORGE	NTSHILIZA	NEDBANK	M	44	40-44M	0.35.07	1
11	2851	40342	SINAWO	APRIL	SIBALEKA	M	14	JM	0.35.45	1
12	2873	1391	MNCEDI	KHANTI	NEDBANK	M	44	40-44M	0.35.45	1
13	2986	60	THANDO	NCIPHA	SAPPE	M	32	SM	0.35.59	1
14	2892	40169	AGCOBILE	JEZILE	MOTHER	M	15	JM	0.36.28	1
15	2839	40146	BANELE	MTABA	CHILLIEP	M	17	JM	0.37.04	1
16	2838	436	Sothembela	Makedama	CHILLIEP	M	26	SM	0.37.05	1
17	2886	5886	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.37.14	1
18	2815	40011	Mpilonhle	Meko	RUN4C	M	18	JM	0.37.37	1
19	2787	40512	STEPHEN	BOTHMA	VARSIITY	M	18	JM	0.37.48	1
20	2985	1503	LUVUYO	DYANI	NEDBANK	M	53	50-54M	0.37.51	1
21	2871	1806	BATHANDWA	MOOI	VUKANI	M	39	35-39M	0.38.44	1
22	2830	40149	LATHITHA	VENA	CHILLIEP	M	15	JM	0.38.47	1
23	2694	2429	SAZISO	PANGINDAWO	NMBAC	M	41	40-44M	0.38.59	1
24	2976	2276	SIYANDA	PETER	SIBALEKA	M	35	35-39M	0.40.07	1
25	2882	282	ABDUL	WICOMB	MUIRITE	M	45	45-49M	0.40.42	1
26	2987	40015	JORDAN	FORTUIN	RUN4C	M	18	JM	0.40.59	1
27	2859	40510	HENRICO	LOUW	VARSIITY	M	15	JM	0.41.03	1
28	2874	5755	SHANE	SAMPSON	TEMP	M	17	JM	0.42.04	0
29	2983	1461	VUYISILE	SIMAYILE	NEDBANK	M	36	35-39M	0.42.19	1
30	2982	1431	GIDEON	MENGO	NEDBANK	M	46	45-49M	0.42.25	1
31	2881	5881	KEVIN	GASEBO	NEDBANK	M	43	40-44M	0.42.58	1
32	2810	40284	CALEB	LOTTERING	ATLANTIC	M	17	JM	0.43.47	1
33	2884	1173	JOHNSTON	JUMBA	JBAY	M	50	50-54M	0.43.50	1
34	2826	40282	NICK	SEPTEMBER	ATLANTIC	M	17	JM	0.43.52	1
35	2942	5942	LYLE	ROCKMAN	TEMP	M	29	SM	0.44.00	0
36	2784	2490	Grant	Rudman	DESPATCH	M	46	45-49M	0.44.36	1
37	2866	1105	MARK	FRASER	ACH	M	30	SM	0.44.57	1
38	2928	5928	ERIK	KEMP	TEMP	M	47	45-49M	0.45.03	0
39	2819	1494	TAWFEEQ	VYVER	NEDBANK	M	25	SM	0.45.05	1
40	2687	295	HIELDE	MARAIS	MUIRITE	F	23	SF	0.45.06	1
41	2778	1347	LUVUYO	STEPHEN	NEDBANK	M	53	50-54M	0.45.09	1
42	2847	40353	LUKHO	SOGA	SIBALEKA	M	17	JM	0.45.15	1
43	2676	839	HESTER	KINGWILL	32GI	F	43	40-44F	0.45.18	1
44	2673	1729	BRIAN	JONAS	GELVAN	M	62	60-64M	0.45.37	1
45	2875	5756	JOHNYE	PULLEN	TEMP	M	18	JM	0.45.57	0
46	2818	1801	LUNGISA	MKOSI	VUKANI	M	36	35-39M	0.45.57	1
47	2988	1754	FREEK	DANIELS	TRANSNET	M	57	55-59M	0.46.05	1
48	2989	1432	DELIWE	NYANGA	NEDBANK	F	34	SF	0.47.07	1
49	2878	872	JEFFREY	VAN NIEKERK	CHARLO	M	51	50-54M	0.47.07	1
50	2947	5947	LEANDRO	SILVA	TEMP	M	37	35-39M	0.47.17	0
51	2995	40170	ZINTLE	XHONTI	SIBALEKA	F	15	JF	0.47.54	1
52	2360	949	WELCOME	BASKITI	CHARLO	M	56	55-59M	0.48.14	1
53	2682	290	JAN	LE ROUX	MUIRITE	M	51	50-54M	0.48.31	1
54	2926	5926	TRISTAN	HOWARD	TEMP	F	29	SF	0.48.39	0
55	2362	602	JACOBUS	BERNARDO	RUN4C	M	30	SM	0.48.42	1
56	2828	1785	MCEBISI	MPONDO	VUKANI	M	40	40-44M	0.49.33	1
57	2759	40182	Dylan-John	Steyn	CHARLO	M	15	JM	0.49.42	1
58	2387	1230	PHILLIP	DE RIDDER	ELITEAC	M	47	45-49M	0.50.29	1
59	2773	1256	JANINE	WHITTAL	ELITEAC	F	42	40-44F	0.50.46	1
60	2758	989	Brett	Steyn	CHARLO	M	49	45-49M	0.50.49	1
61	2681	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	0.50.52	1
62	2887	5914	SITHEMBILE	MPAKO	TEMP	M	63	60-64M	0.50.55	0
63	2804	2483	Brendan	Human	DESPATCH	M	24	SM	0.50.55	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
64	2367	1061	CHESTER	BROOKS	XCEL	M	66	65-69M	0.51.04	1
65	2688	990	BRETT	MCLAREN	CHARLO	M	37	35-39M	0.51.18	1
66	2858	885	HANSEN	LUKA	CHARLO	M	49	45-49M	0.51.21	1
67	2850	40350	Mbalentle	Magwaca	SIBALEKA	F	14	JF	0.51.21	1
68	2888	5915	ASEMALLE	NCOKOCA	TEMP	F	85	70+F	0.51.24	0
69	2677	1236	STEPHEN	KLUE	ELITEAC	M	65	65-69M	0.51.24	1
70	2868	1444	MFUNDISO	LUVALO	NEDBANK	M	54	50-54M	0.51.26	1
71	2957	5957	ZOLILE	QWEBANI	TEMP	M	53	50-54M	0.51.31	0
72	2807	40012	YARDON	SWARTBOOI	RUN4C	M	15	JM	0.51.43	1
73	2974	40392	LINOTHANDO	PLAATJIE	NMBAC	M	17	JM	0.52.17	1
74	2934	5934	UNATHI	MELENI	ACT AC	M	29	SM	0.52.23	1
75	2962	5962	PUMLANI	BANGANI	TEMP	M	50	50-54M	0.52.36	0
76	2824	2155	IVAN	MOSES	MADIBAZ	M	61	60-64M	0.52.38	1
77	2769	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	0.52.51	1
78	2903	5903	DARCY	BROWN	TEMP	F	19	JF	0.52.52	0
79	2901	5901	DANIELLE	BAILEY	TEMP	F	22	SF	0.52.54	0
80	2931	5931	RICHARD	KUNNEKE	TEMP	M	52	50-54M	0.52.56	0
81	2841	40155	YONKELA	KWEKWANI	CHILLIEP	F	17	JF	0.53.09	1
82	2396	2427	GODFREY	GELDERBLOEM	NMBAC	M	55	55-59M	0.53.36	1
83	2386	758	WERNER	DE LANGE	CRUSADE	M	36	35-39M	0.53.36	1
84	2691	633	DAVID	NEL	ASPEN	M	36	35-39M	0.53.39	1
85	2388	40187	STACEY	DE RIDDER	ELITEAC	F	14	JF	0.53.57	1
86	2896	5929	ISIPHILE	KILANI	TEMP	F	14	JF	0.54.32	0
87	2811	40285	NATHAN	LOTTERING	ATLANTIC	M	18	JM	0.54.44	1
88	2829	40153	NOMANDLA	TOLWANA	CHILLIEP	F	16	JF	0.54.45	1
89	2975	1910	THANDO	FRANS	SPAREC	M	46	45-49M	0.54.45	1
90	2792	75	HESTER	DEKKER	SAPPE	F	52	50-54F	0.55.28	1
91	2939	5939	THELMA	NORTJE	TEMP	F	26	SF	0.55.33	0
92	2686	2068	Clarence	Manuel	GELVAN	M	29	SM	0.55.40	1
93	2786	2430	MALCOLM	FIGG	NMBAC	M	66	65-69M	0.56.25	1
94	2946	5946	JEREMY	SCOTT	TEMP	M	52	50-54M	0.56.47	0
95	2820	1492	DEON	VYVER	NEDBANK	M	57	55-59M	0.56.49	1
96	2825	151	SIPHOKAZI	NOJOKO	ACT AC	F	29	SF	0.57.03	1
97	2843	810	ELMAR	LANDMAN	32GI	M	30	SM	0.57.08	1
98	2876	46	CRAIG	PETERSEN	SAPPE	M	50	50-54M	0.57.14	1
99	2953	5953	TEVIN	PRINSLOO	TEMP	M	29	SM	0.57.18	0
100	2822	1493	TOEGEDA	VYVER	NEDBANK	F	51	50-54F	0.57.19	1
101	2889	916	ANELISIWE	JACOBS	ACT AC	F	17	JF	0.57.33	1
102	2958	5958	ALLIWIE	FRITZ	TEMP	M	41	40-44M	0.58.10	0
103	2990	2088	MPUMELELO	SEBANYONI	SANDFEP	M	34	SM	0.58.22	1
104	2835	2437	LULAMILE	PHONGOLA	NMBAC	M	66	65-69M	0.58.23	1
105	2869	1939	RUDY	BUYS	BLUEBAY	M	47	45-49M	0.58.41	1
106	2805	1843	BOMKAZI	TSHEFU	HOLLYWOO	F	36	35-39F	0.58.44	1
107	2834	2509	SELLO	KOTU	ABSAEP	M	30	SM	0.59.00	1
108	2689	840	BRONWIN	MEYER	32GI	F	51	50-54F	0.59.02	1
109	2695	996	PAULA	PEARCE	CHARLO	F	55	55-59F	0.59.13	1
110	2373	903	KESVAL	CHETTY	CHARLO	M	59	55-59M	0.59.21	1
111	2925	5925	LES	HARTY	TEMP	M	70	70+M	0.59.26	0
112	2394	529	ANDRE	FOURIE	RUN4C	M	76	70+M	0.59.46	1
113	2756	2069	DARREL	SLAMBEE	MUIRITE	M	38	35-39M	0.59.47	1
114	2977	371	SONWABO	MADIKANE	IKHAMVA	M	41	40-44M	0.59.52	1
115	2760	40181	JANE	STEYN	CHARLO	F	15	JF	1.00.11	1
116	2377	1259	HEINZ	CONRAD	ELITEAC	M	45	45-49M	1.00.18	1
117	2762	1560	PIETER	STRYDOM	DESPATCH	M	62	60-64M	1.00.20	1
118	2789	1870	THOBELA	MTANGA	HOLLYWOO	M	37	35-39M	1.00.32	1
119	2823	643	XOLISWA	SIYOKO	ASPEN	F	29	SF	1.01.18	1
120	2833	1512	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	1.01.25	1
121	2771	592	JOHAN	VERMEUEN	RUN4C	M	56	55-59M	1.01.52	1
122	2363	631	MAURITZ	BESSINGER	ASPEN	M	43	40-44M	1.02.07	1
123	2383	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.02.15	1
124	2680	2189	MOMELEZI	KULA	MADIBAZ	M	46	45-49M	1.02.40	1
125	2867	296	LIZ	JENKERSON	MUIRITE	F	77	70+F	1.02.46	1
126	2357	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	61	60-64M	1.03.01	1
127	2971	5965	ASANDA	SASANTI	TEMP	F	34	SF	1.03.12	0

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128	2827	626	VICKI	VAN SCHALKWYK	ASPEN	F	42	40-44F	1.03.31	1
129	2883	910	PAKISO	MOEKETSI	TEMP	M	43	40-44M	1.03.37	0
130	2967	5967	MEEKA	BLOM	TEMP	F	19	JF	1.04.44	0
131	2978	2389	NOZIE	MKHABELA	SPAREC	F	44	40-44F	1.04.45	1
132	2944	5944	WARREN	SCHOEMAN	TEMP	M	36	35-39M	1.04.58	0
133	2844	2281	HADIGAH	FULANI	SIBALEKA	F	20	SF	1.05.06	1
134	2767	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	1.05.10	1
135	2895	5923	NOSIZWE	CEKISO	TEMP	F	36	35-39F	1.05.12	0
136	2698	2435	NOMTHA	QUNTA	NMBAC	F	38	35-39F	1.05.22	1
137	2359	1103	LIZ	AUSTIN	ACH	F	65	65-69F	1.05.27	1
138	2371	759	MIKE	BURGER	CRUSADE	M	70	70+M	1.05.29	1
139	2785	2484	EMELISA	MEIRING	DESPATCH	F	32	SF	1.05.33	1
140	2837	2268	Nkosazana	Mlungwana	SIBALEKA	F	31	SF	1.05.50	1
141	2782	1602	LIEZL	DE KOCK	DESPATCH	F	48	45-49F	1.05.51	1
142	2761	2477	SIMONE	STROMBECK	ELITEAC	F	35	35-39F	1.05.53	1
143	2672	1104	CATHY	IVES	ACH	F	70	70+F	1.05.56	1
144	2685	2326	MATHONGO	MAKHIWANE	VITALITY	M	48	45-49M	1.06.03	1
145	2930	5930	ONESIMO	KRUNE	TEMP	F	31	SF	1.06.03	0
146	2397	2310	Lucinda	Gerber	VITALITY	F	48	45-49F	1.06.06	1
147	2972	1911	NANDIPA	MYELEYELE	SPAREC	F	36	35-39F	1.06.12	1
148	2952	5952	DEBBIE	FREITAG	TEMP	F	35	35-39F	1.06.19	0
149	2751	748	MELINDA	ROIG-VARELA	CRUSADE	F	54	50-54F	1.06.54	1
150	2765	918	HANNAH	TRUTER	CHARLO	F	31	SF	1.06.59	1
151	2927	5927	CARA	JACOBS	TEMP	F	25	SF	1.07.15	0
152	2954	5954	ANDREA	BARNARD	TEMP	F	37	35-39F	1.08.01	0
153	2935	5935	RENTIA	MEYER	TEMP	F	64	60-64F	1.08.04	0
154	2863	1807	MZI	BALENI	VUKANI	M	52	50-54M	1.08.10	1
155	2389	2473	Megan	Els	ELITEAC	F	39	35-39F	1.08.26	1
156	2879	5879	MCEBISI	MZINZI	TEMP	M	44	40-44M	1.08.32	0
157	2816	1016	LINDA	BARKHUIZEN	BODYCON	F	55	55-59F	1.08.36	1
158	2898	2501	KHAYA	MTI	ABSAEP	M	44	40-44M	1.08.38	1
159	2951	5951	BIANCA	ZEELIE	TEMP	F	25	SF	1.08.42	0
160	2885	2502	PUMZA	KAYINGANA	ABSAEP	F	40	40-44F	1.09.08	1
161	2955	5955	ELIZNA	BASSON	TEMP	F	60	60-64F	1.09.09	0
162	2764	895	GIANNI	TISTELLI	CHARLO	M	52	50-54M	1.09.23	1
163	2943	5943	LUZANNE	SCHOEMAN	TEMP	F	34	SF	1.09.30	0
164	2949	5949	CARO	VAN DER MERWE	TEMP	F	29	SF	1.09.43	0
165	2998	2542	ZARO	DAMONS	TRANSNET	M	47	45-49M	1.09.46	1
166	2678	95	ZELDA	KRIGE	INFINITY	F	63	60-64F	1.09.51	1
167	2996	394	THEMBISILE	VETSHEZA	IKHAMVA	F	44	40-44F	1.10.21	1
168	2674	714	KARIEN	JOUBERT	CRUSADE	F	36	35-39F	1.10.46	1
169	2968	5968	MICHELLE	BLOM	TEMP	F	46	45-49F	1.10.47	0
170	2970	5970	LISA	RANDALL	TEMP	F	43	40-44F	1.10.48	0
171	2813	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	1.10.54	1
172	2973	5966	ZIKHONA	SIMOYI	TEMP	M	36	35-39M	1.11.22	0
173	2391	906	TARYN	FERREIRA	CHARLO	F	42	40-44F	1.11.35	1
174	2372	923	EVA	CHETTY	CHARLO	F	55	55-59F	1.11.44	1
175	2961	5291	QINELANI	QWABE	TEMP	M	29	SM	1.11.49	0
176	2683	995	BERNADETTE	LOOCK	CHARLO	F	44	40-44F	1.12.04	1
177	2933	5933	ZIYANDA	MDWAYI	TEMP	F	44	40-44F	1.12.09	0
178	2380	968	DENISE	DARLOW	CHARLO	F	55	55-59F	1.12.35	1
179	2675	969	GARY	KELLEHER	CHARLO	M	66	65-69M	1.12.43	1
180	2831	1805	MKONYISELA	MCUBASE	VUKANI	M	37	35-39M	1.12.50	1
181	2845	2274	Thandolwethu	Ndyolashe	SIBALEKA	M	27	SM	1.12.56	1
182	2854	1835	ASANDA	MTSHIKWANA	VUKANI	F	41	40-44F	1.13.13	1
183	2849	40345	ASISIPHO	MATSHA	SIBALEKA	F	17	JF	1.13.29	1
184	2779	311	NICKI	VAN NIEKERK	MUIRITE	F	70	70+F	1.13.34	1
185	2821	1495	SHANAAZ	FRITZ	NEDBANK	F	45	45-49F	1.13.37	1
186	2936	5937	JACOB	MOSIANE	TEMP	M	39	35-39M	1.14.10	0
187	2870	1940	JACKI	LYLE	BLUEBAY	F	43	40-44F	1.14.25	1
188	2877	211	MATHAPELO	SENTI	CSEP	F	34	SF	1.14.27	1
189	2699	557	CHARLENE	RADEMEYER	RUN4C	F	42	40-44F	1.14.29	1
190	2960	5960	KHUMANI	RAUTSHAHALO	TEMP	M	38	35-39M	1.14.31	0
191	2384	468	IRMA	DE JAGER	WALMER	F	63	60-64F	1.14.59	1

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192	2671	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	49	45-49F	1.15.29	1
193	2802	1117	GRAHAM	NELL	ACH	M	72	70+M	1.15.45	1
194	2864	16313	KEHUMILE	HEADBUSH	MANONI	F	51	50-54F	1.16.33	0
195	2950	5950	ZANE	VAN DER WESTHUIZEN	TEMP	F	24	SF	1.16.43	0
196	2938	5938	TAMMY	NEVELING	TEMP	F	31	SF	1.16.43	0
197	2941	5941	SAMANTHA	PORTER	TEMP	F	30	SF	1.16.47	0
198	2836	1816	ALIZWA	BOVUNGANA	VUKANI	M	23	SM	1.17.29	1
199	2842	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	1.17.33	1
200	2768	1170	GERHARD	VAN DER WESTHUIZEN	JBAY	M	49	45-49M	1.18.05	1
201	2937	5937	CHRISTELLE	MULLER	TEMP	F	49	45-49F	1.18.26	0
202	2902	5902	RENE	BLEWETT	TEMP	F	46	45-49F	1.18.26	0
203	2693	638	NOKUZOLA	NTWASA	ASPEN	F	45	45-49F	1.19.02	1
204	2817	1788	Hlubikazi	Dikana	VUKANI	F	38	35-39F	1.19.19	1
205	2981	980	PETRUS	KOOPMAN	CHARLO	M	63	60-64M	1.20.14	1
206	2959	5959	YOLISA	NKQAYANA	TEMP	F	37	35-39F	1.20.56	0
207	2808	1875	NQOBILE	QUPE	HOLLYWOO	F	53	50-54F	1.21.08	1
208	2697	452	SHARON	POTGIETER	WALMER	F	59	55-59F	1.21.36	1
209	2690	453	JO-ANNE	MUIR	WALMER	F	54	50-54F	1.21.37	1
210	2865	2231	CHENEL	ROBEY	MADIBAZ	F	45	45-49F	1.21.40	1
211	2791	64	DAVID	FORTEIN	SAPPE	M	58	55-59M	1.21.41	1
212	2780	329	ORGIA	NELL	MUIRITE	F	80	70+F	1.21.47	1
213	2763	1241	MARLENE	TERBLANCHE	ELITEAC	F	74	70+F	1.21.48	1
214	2395	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.22.22	1
215	2788	1740	JANICE	JONES	GELVAN	F	48	45-49F	1.23.04	1
216	2994	1766	ANDILE	NOGAYA	TRANSNET	M	41	40-44M	1.23.13	1
217	2940	5940	THEMBISILE	NTONI	TEMP	M	76	70+M	1.23.48	0
218	2806	53	KEZIA	PRINSLOO	SAPPE	F	39	35-39F	1.23.52	1
219	2924	5924	MICHELLE	GEIGER	TEMP	F	50	50-54F	1.23.53	0
220	2861	2528	PAMELA	CETYWAYO	ABSAEP	F	39	35-39F	1.24.47	1
221	2696	889	PETER	POHLMANN	CHARLO	M	60	60-64M	1.24.50	1
222	2399	647	RETASHA	GODDARD	ASPEN	F	31	SF	1.24.56	1
223	2793	40001	ZANTE	DEKKER	SAPPE	F	17	JF	1.25.11	1
224	2801	70	BIANCA	SWARTS	SAPPE	F	21	SF	1.25.12	1
225	2963	5963	SEROLE	LENGOASA	TEMP	F	49	45-49F	1.25.20	0
226	2361	2426	TEGAN	BEER	NMBAC	F	28	SF	1.25.52	1
227	2790	40297	KYLE	BAATJIES	ATLANTIC	M	17	JM	1.26.20	1
228	2956	5956	ERICA	ERASMUS	TEMP	F	54	50-54F	1.26.47	0
229	2770	962	MILE	VERMAAK	CHARLO	F	57	55-59F	1.27.23	1
230	2755	1657	SANDRA	SHARE	MADIBA	F	58	55-59F	1.27.25	1
231	2783	1017	CLAIRWEN	MEYER	BODYCON	F	45	45-49F	1.27.36	1
232	2684	942	EDITH	MAC GEAR	CHARLO	F	56	55-59F	1.27.44	1
233	2860	1703	GODFREY	KARIEM	GELVAN	M	83	70+M	1.28.21	1
234	2905	5905	JANEL	FOUCHE	TEMP	F	27	SF	1.29.07	0
235	2400	1679	KENNETH	GREYLING	MADIBA	M	64	60-64M	1.30.54	1
236	2679	2190	Fundiswa	Kula	MADIBAZ	F	44	40-44F	1.31.15	1
237	2754	939	DINA	SCHUTTE	CHARLO	F	58	55-59F	1.32.09	1
238	2398	571	RITA	GERBER	RUN4C	F	63	60-64F	1.32.45	1
239	2984	1307	FIKISWA	NGONYAMA	VWAC	F	40	40-44F	1.34.07	1
240	2775	1095	MOF	BOTHA	ACH	M	68	65-69M	1.35.35	1
241	2932	5932	LINDA	MAQASHALALA	TEMP	F	43	40-44F	1.38.48	0
242	2890	2591	BONGINKOSI	KHUMALO	VWAC	M	55	55-59M	2.13.29	0
HELPERS RUN										
H1	3001	1270	MUHAMMED	PETERSEN	VWAC	M	40	40-44M	0.55.38	1
H2	3002	1277	DENVER	ELLIE	VWAC	M	43	40-44M	0.59.32	1
H3	3003	1575	LESLEY-ANN	BUSH	DESPATCH	F	51	50-54F	0.59.41	1
H4	3004	1603	RONNIE	JONKER	DESPATCH	M	54	50-54M	1.02.16	1
H5	3005	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	53	50-54F	1.02.46	1
H6	3006	1612	ARUSHKE	HAEFELE	DESPATCH	F	44	40-44F	1.04.51	1
H7	3007	1579	JHANINEN	BOSHOFF	DESPATCH	F	58	55-59F	1.04.56	1
H8	3008	1298	MPHATHISI	MJADU	VWAC	M	52	50-54M	1.05.00	1
H9	3009	297	WELILE	MERELE	MUIRITE	M	58	55-59M	1.08.00	1
H10	3010	345	GARY	HENDRICKS	MUIRITE	M	56	55-59M	1.08.54	1
H11	3011	274	ELVIDA	KLUE	MUIRITE	F	55	55-59F	1.10.00	1
H12	3012	339	HERMIEN	BESTER	MUIRITE	F	35	35-39F	1.11.51	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H13	3013	333	DERICK	BIRCH	MUIRITE	M	69	65-69M	1.12.26	1
H14	3014	303	SANET	VAN NIEKERK	MUIRITE	F	55	55-59F	1.12.44	1
H15	3015	289	RENAY	DU PLESSIS	MUIRITE	F	55	55-59F	1.12.44	1
H16	3016	2485	SASHA-LEE	MILES	DESPATCH	F	28	SF	1.14.00	1
H17	3017	1604	HENRY	HULME	DESPATCH	M	59	55-59M	1.14.00	1
H18	3018	1605	VERONICA	BOSHOFF	DESPATCH	F	63	60-64F	1.14.10	1
H19	3019	1606	FANIE	CLAASSEN	DESPATCH	M	66	65-69M	1.17.07	1
H20	3020	299	JOHANNES	HERBST	MUIRITE	M	78	70+M	1.18.00	1
H21	3021	337	CHRISTINE	SNYMAN	MUIRITE	F	67	65-69F	1.20.00	1
H22	3022	1274	GAYLE	SAAYMAN	VWAC	F	35	35-39F	1.20.00	1
H23	3023	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	51	50-54M	1.20.00	1
H24	3024	1310	PUMLA	SIBALI	VWAC	F	44	40-44F	1.20.00	1
H25	3025	336	ARNOLD	RAS	MUIRITE	M	62	60-64M	1.22.00	1
H26	3026	331	MARGARET	DU TOIT	MUIRITE	F	62	60-64F	1.23.00	1
H27	3027	287	YOLANDI	SMALBERGER	MUIRITE	F	44	40-44F	1.25.09	1
H28	3028	325	ANNA	LE ROUX	MUIRITE	F	76	70+F	1.30.00	1
H29	3029	308	MARINDA	DE VRIES	MUIRITE	F	60	60-64F	1.30.00	1
H30	3030	1570	ERIKA	BARNARD	DESPATCH	F	55	55-59F	1.38.34	1