

NMB LEGACY PROJECT KARIEGA HUMAN RACE 21.1KM - KARIEGA - 2024/03/16

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	1458	399	SIMON	SIBEKO	IKHAMVA	M	29	SM	1.03.57	5	25
2	1455	400	NICHOLAS	SEOPOSENGWE	IKHAMVA	M	22	SM	1.03.57	5	24
3	1422	363	CWENGA	NOSE	IKHAMVA	M	23	SM	1.06.46	5	23
4	1441	357	SINAWO	POTI	IKHAMVA	M	22	SM	1.07.55	5	22
5	1505	1338	SIBAHLE	MAQWARA	NEDBANK	M	22	SM	1.08.17	5	21
6	1402	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	1.09.55	5	20
7	1466	356	LUYANDA	TSHANGANA	IKHAMVA	M	40	40-44M	1.09.55	5	19
8	1638	1392	ZOLANI	MABONGO	NEDBANK	M	37	35-39M	1.10.33	5	18
9	1603	2150	SICELO	MASHABA	MADIBAZ	M	23	SM	1.11.21	5	17
10	1407	1836	XOLISA	NDLUMBINI	VUKANI	M	41	40-44M	1.11.36	5	16
11	1381	358	MZWANELE	MAPHEKULA	IKHAMVA	M	47	45-49M	1.11.44	5	15
12	1611	1825	KHAYA	GQWETHA	VUKANI	M	38	35-39M	1.12.33	5	14
13	1662	40177	SIYAVUYA	JEYI	MOTHER	M	18	JM	1.13.20	5	13
14	1522	40150	LITHETHA	GCUME	CHILLIEP	M	18	JM	1.14.01	5	12
15	1520	440	ARCHIE	ZAKE	CHILLIEP	M	23	SM	1.15.45	5	11
16	1379	1335	ANELE	MALIZA	NEDBANK	M	46	45-49M	1.17.36	5	10
17	1632	1475	LONWABO	MKONZA	NEDBANK	M	38	35-39M	1.18.58	5	9
18	1661	40167	KHANYISA	GEDZE	MOTHER	M	16	JM	1.19.23	4	8
19	1565	2277	LUBABALO	JUSAYI	SIBALEKA	M	33	SM	1.19.27	4	7
20	1651	374	HOPEWELL	JABAVU	IKHAMVA	M	40	40-44M	1.19.50	5	6
21	1566	2256	NOEL	ADAMS	SIBALEKA	M	51	50-54M	1.19.53	5	5
22	1647	165	SANUSE	MBONENI	ACT AC	M	39	35-39M	1.21.32	4	4
23	1521	437	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	19	JM	1.22.30	4	3
24	1644	397	JEANDRY	DEERLING	IKHAMVA	M	31	SM	1.22.30	4	2
25	1523	40154	SINELIZWI	VENENE	CHILLIEP	M	16	JM	1.22.49	4	1
26	1649	40341	AVENATHI	ANTONI	SIBALEKA	M	16	JM	1.22.51	4	0
27	1581	423	SANDISO	NGXISHE	CHILLIEP	M	53	50-54M	1.23.06	5	0
28	1564	40348	SIVENATHI	SODLADLA	SIBALEKA	M	16	JM	1.24.03	3	0
29	1375	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.24.09	5	0
30	1636	950	CHARLES	SEGALO	CHARLO	M	37	35-39M	1.24.49	4	0
31	1340	999	GRAHAM	ESHMADE	CHARLO	M	46	45-49M	1.25.35	5	0
32	1489	2335	JEMAIN	WILSON	VITALITY	M	36	35-39M	1.25.50	3	0
33	1518	40141	AKHONA	Temhani	CHILLIEP	M	17	JM	1.25.59	3	0
34	1367	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	1.26.00	5	0
35	1524	425	GODFREY	STUURMAN	CHILLIEP	M	23	SM	1.26.05	3	0
36	1655	1398	MUTEKILE	RASMENI	NEDBANK	M	59	55-59M	1.26.44	5	0
37	1643	1511	APHLYN	TAAI	NEDBANK	M	41	40-44M	1.26.48	4	0
38	1496	370	DESMOND	ZIBI	IKHAMVA	M	60	60-64M	1.26.59	5	0
39	1525	426	ONATHI	STUURMAN	CHILLIEP	M	25	SM	1.27.00	3	0
40	1317	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	1.27.01	5	25
41	1640	212	MALAKHIWE	YSTERMAN	CSEP	M	33	SM	1.27.07	3	0
42	1449	184	SANELE	SAM	CSEP	M	31	SM	1.27.22	3	0
43	1434	1522	HANNES	PELSER	NEDBANK	M	41	40-44M	1.27.26	4	0
44	1480	1400	KELLY	VAN VLIET	NEDBANK	F	36	35-39F	1.27.26	5	24
45	1487	1255	ERROL	WHITTAL	ELITEAC	M	48	45-49M	1.27.38	5	0
46	1401	993	THEMBEKILE	MSIPA	CHARLO	M	49	45-49M	1.28.21	4	0
47	1639	1406	REFELOE	SOLOMONS	NEDBANK	F	42	40-44F	1.28.52	5	23
48	1442	985	CHRISTOFF	PUREN	CHARLO	M	33	SM	1.29.19	3	0
49	1502	1317	MONWABISI	KEPE	NEDBANK	M	40	40-44M	1.29.51	3	0
50	1635	1340	WELCOME	LOLIWE	NEDBANK	M	59	55-59M	1.29.52	5	0
51	1614	844	NKONGELEKO	NGCOSHOLA	32GI	M	32	SM	1.30.02	3	0
52	1499	1395	MICHAEL	MAGSON	NEDBANK	M	47	45-49M	1.30.19	4	0
53	1546	1847	MHLENGI	MAHLABA	HOLLYWOO	M	32	SM	1.31.03	3	0
54	1411	908	KAYLA	NELL	CHARLO	F	29	SF	1.31.05	4	22
55	1653	1381	JOHN	DU PREEZ	NEDBANK	M	58	55-59M	1.31.32	5	0
56	1427	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	1.32.39	4	0
57	1392	814	BIANCA	MEISTRE	32GI	F	38	35-39F	1.32.44	4	21
58	1339	1480	AUGUST	ESAU	NEDBANK	M	53	50-54M	1.32.49	4	0
59	1453	1436	NTSIKELELO	SEBE	NEDBANK	M	41	40-44M	1.33.03	3	0
60	1513	406	LONWABO	NDLALENI	CHILLIEP	M	46	45-49M	1.33.15	3	0
61	1642	1465	HENRY	CRAUSE	NEDBANK	M	41	40-44M	1.33.28	3	0
62	1446	875	Matthew	Rodgers	CHARLO	M	21	SM	1.33.43	2	0
63	1440	1477	MARIO	PLAATJIES	NEDBANK	M	43	40-44M	1.35.11	3	0
64	1423	1822	MZWANELE	NQOQO	VUKANI	M	46	45-49M	1.35.27	3	0
65	1435	539	SERGIO	PETERSON	RUN4C	M	45	45-49M	1.35.33	3	0
66	1334	829	WYNAND	DU PREEZ	32GI	M	51	50-54M	1.35.34	3	0
67	1378	898	PATRIC	MAKWENKWE	CHARLO	M	57	55-59M	1.35.41	5	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
68	1650	217	SAPHO	NKATA	CSEP	M	46	45-49M	1.35.43	3	0
69	1328	1484	JAY-DEE	DEERLING	NEDBANK	M	20	SM	1.35.55	2	0
70	1552	2082	SEITSHIRO	MOLEMI	SANDFEP	M	39	35-39M	1.35.57	2	0
71	1498	1394	DAVERA	MAGSON	NEDBANK	F	49	45-49F	1.36.19	5	20
72	1504	1441	MARTIN	JANSEN	NEDBANK	M	55	55-59M	1.36.31	4	0
73	1625	1761	SLULAMI	JACK	TRANSNET	M	48	45-49M	1.37.01	3	0
74	1344	156	STANTON	FREEMAN	ACT AC	M	46	45-49M	1.38.27	3	0
75	1279	5279	JARATI	MTETWA	TEMP	M	34	SM	1.38.28	0	0
76	1468	414	MNQWENO	TYOKOLO	CHILLIEP	M	41	40-44M	1.28.39	3	0
77	1596	2317	KHAKA	NJOZELA	VITALITY	M	37	35-39M	1.38.31	2	0
78	1507	1416	CHRISTINE	CLAASEN	NEDBANK	F	59	55-59F	1.38.51	5	19
79	1556	7501	KELLY	FREETH	SOCIAL	F	31	SF	1.39.13	0	0
80	1654	1384	LESLEY	KOESEBA	NEDBANK	M	50	50-54M	1.39.13	3	0
81	1497	1473	GEORGE	MEYER	NEDBANK	M	51	50-54M	1.39.53	3	0
82	1612	2085	NOKHOLO	HLEZUPONDO	SANDFEP	F	45	45-49F	1.39.53	4	18
83	1410	1639	VANDRE	NEL	MADIBA	M	39	35-39M	1.39.59	2	0
84	1454	1944	MUSA	SENTI	BLUEBAY	M	31	SM	1.40.03	2	0
85	1541	1810	XOLANI	NTEYI	VUKANI	M	45	45-49M	1.40.50	2	0
86	1616	706	STEPHEN	MCCARTHY	CRUSADE	M	63	60-64M	1.40.53	3	0
87	1326	40186	JADEN	DE RIDDER	ELITEAC	M	18	JM	1.40.58	2	0
88	1376	648	MVULELI	MAGAWULANA	ASPEN	M	47	45-49M	1.41.02	2	0
89	1657	1383	NZUZO	NOQEKWA	NEDBANK	M	45	45-49M	1.41.05	2	0
90	1394	938	THOBELO	MFIKILI	CHARLO	M	37	35-39M	1.41.26	2	0
91	1512	1581	LILY	JANSE VAN RENSBURG	DESPATCH	F	48	45-49F	1.41.32	4	17
92	1555	11766	PAUL	FREETH	SOCIAL	M	37	35-39M	1.41.33	0	0
93	1626	1038	PHILLIP	DU PLESSIS	XCEL	M	53	50-54M	1.41.50	3	0
94	1419	1873	BISHO	NOMBEWU	HOLLYWOO	M	57	55-59M	1.41.52	3	0
95	1479	1404	DARREN	VAN VLIET	NEDBANK	M	40	40-44M	1.41.55	2	0
96	1408	5110	HASSAN	NDZAKANA	NEDBOR	M	54	50-54M	1.41.57	0	0
97	1413	1943	LUYANDA	NGESI	BLUEBAY	M	31	SM	1.42.14	2	0
98	1619	1815	GUGU	BUDAZA	VUKANI	M	23	SM	1.42.21	2	0
99	1578	1862	SIMPHIWE	SOCI	HOLLYWOO	M	58	55-59M	1.42.24	3	0
100	1600	380	MBOLEKWA	MAYILA	IKHAMVA	M	44	40-44M	1.42.26	2	0
101	1553	40506	RONAN	VAN DER VAART	VARSITY	M	18	JM	1.42.32	2	0
102	1280	5280	JUDE	ROSS	TEMP	M	28	SM	1.42.39	0	0
103	1460	1833	SITHA	SIGENU	VUKANI	F	40	40-44F	1.42.47	3	16
104	1530	1867	SIYABONGA	GAZIYA	HOLLYWOO	M	39	35-39M	1.43.00	2	0
105	1404	1914	LONWABO	MTSHAKE	SPAREC	M	53	50-54M	1.43.01	2	0
106	1430	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	1.43.11	5	0
107	1531	411	SIYABONGA	ZULU	CHILLIEP	M	42	40-44M	1.43.12	2	0
108	1406	2233	FREDAH	NCUBE	MADIBAZ	F	41	40-44F	1.41.4	3	15
109	1359	919	KELVIN	JOOSTE	CHARLO	M	37	35-39M	1.43.15	2	0
110	1536	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	40	40-44M	1.43.20	2	0
111	1283	5283	SIYOMCELO	MBELEKANE	TEMP	M	29	SM	1.43.22	0	0
112	1257	5257	MUZIWANDILE	CELE	TEMP	M	44	40-44M	1.43.46	0	0
113	1486	534	MIEKE	WESTRAADT	RUN4C	F	28	SF	1.43.49	2	14
114	1474	524	FREDERIK	VAN DER WESTHUIZEN	RUN4C	M	30	SM	1.43.51	2	0
115	1267	5267	CJ	STRYDOM	TEMP	M	40	40-44M	1.44.05	0	0
116	1443	554	PETRUS	RADEMEYER	RUN4C	M	49	45-49M	1.44.09	2	0
117	1274	811	MATTHEW	KEOGH	32GI	M	27	SM	1.44.19	2	0
118	1630	253	NTSIKELELO	Magawu	TINARHA	M	49	45-49M	1.44.36	2	0
119	1508	1092	EDEN	GRUNDLINGH	ACH	M	34	SM	1.44.36	2	0
120	1445	957	PIERRE	RENSHAW	CHARLO	M	50	50-54M	1.44.37	2	0
121	1417	205	ZUKISANI	NJOKWENI	CSEP	M	34	SM	1.44.39	2	0
122	1358	1696	ASHWELL	JONAS	GELVAN	M	50	50-54M	1.45.05	2	0
123	1506	1770	KHANGELANI	HALOM	TRANSNET	M	42	40-44M	1.45.16	2	0
124	1415	1842	ZANDISILE	NGXONONO	HOLLYWOO	M	50	50-54M	1.45.30	2	0
125	1548	1803	ABELANG	MOSWEU	VUKANI	M	39	35-39M	1.45.58	2	0
126	1549	1676	ANTHONY	BUTTON	MADIBA	M	62	60-64M	1.46.01	3	0
127	1304	1569	NEEVRA	BELLINGAN	DESPATCH	F	37	35-39F	1.46.10	2	13
128	1462	1584	LINDIE	STANDER	DESPATCH	F	39	35-39F	1.46.10	2	12
129	1516	1370	WERNER	MEYER	NEDBANK	M	50	50-54M	1.46.29	2	0
130	1391	819	Konrad	Meissner-Roloff	32GI	M	27	SM	1.46.42	2	0
131	1483	1618	SUZETTE	VICTOR	MADIBA	F	53	50-54F	1.46.55	4	11
132	1511	52801	ADRE	STRYDOM	MEDIHELP	F	46	45-49F	1.47.00	0	0
133	1421	1112	SHANE	NORRIS	ACH	M	50	50-54M	1.47.05	2	0
134	1604	1265	ANDILE	DLAMINI	VWAC	M	50	50-54M	1.47.13	2	0
135	1310	416	OLWETHU	BOMVANA	CHILLIEP	F	37	35-39F	1.47.26	2	10

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
136	1601	360	LUVUYO	BANGAZI	IKHAMVA	M	47	45-49M	1.47.43	2	0
137	1658	435	NKOSINATHI	CLAY	CHILLIEP	M	59	55-59M	1.47.44	2	0
138	1382	952	CINDY	MARAIS	CHARLO	F	46	45-49F	1.47.53	3	9
139	1452	2161	SIMONE	SCHOONBEE	MADIBAZ	F	23	SF	1.47.55	2	8
140	1589	1009	JACOB	ABRAHAM	BODYCON	M	57	55-59M	1.48.22	2	0
141	1253	5253	JASON	BROOKS	TEMP	M	48	45-49M	1.48.32	0	0
142	1424	8204	MAXWELL	NTABANKULU	CHILLI	M	40	40-44M	1.48.59	0	0
143	1337	1659	HANNES	ELS	MADIBA	M	74	70+M	1.48.59	5	0
144	1559	401	SIPHE	MZAYIDUME	CHILLIEP	M	29	SM	1.49.01	1	0
145	1493	1216	WESSEL	WOLMARANS	ELITEAC	M	46	45-49M	1.49.17	2	0
146	1492	40189	ILKE	WOLMARANS	ELITEAC	F	16	JF	1.49.17	2	7
147	1263	5263	SZASZ	MEEKMA	TEMP	F	27	SF	1.50.06	0	0
148	1598	1300	VERNON	NAIDOO	VWAC	M	55	55-59M	1.50.33	2	0
149	1646	106	THEMBALETHU	MANA	VARSITY	M	48	45-49M	1.50.36	2	0
150	1461	2061	CHRIS	SLABBERT	DESPATCH	M	33	SM	1.50.37	1	0
151	1349	1775	BONKE	GOYI	VUKANI	M	35	35-39M	1.50.47	1	0
152	1533	1848	PHAPHAMA	GLADILE	HOLLYWOO	M	34	SM	1.50.53	1	0
153	1634	1957	HENRY	PIENAAR	BLUEBAY	M	52	50-54M	1.51.12	2	0
154	1484	1412	RAYMOND	WEITZ	NEDBANK	M	69	65-69M	1.51.18	3	0
155	1385	1055	JEROME	MAY	XCEL	M	57	55-59M	1.51.47	2	0
156	1322	654	Lukhanyo	Dasi	ASPEN	M	31	SM	1.51.52	1	0
157	1368	91	DENZIL	KOOPMAN	INFINITY	M	53	50-54M	1.52.05	2	0
158	1400	651	SANNAH	MPUKULA	ASPEN	F	50	50-54F	1.52.09	3	6
159	1660	40168	HLOMLA	NCUMANI	MOTHER	M	16	JM	1.52.20	1	0
160	1351	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	1.52.42	2	0
161	1637	392	LAWRENCE	NTIKA	IKHAMVA	M	66	65-69M	1.52.42	3	0
162	1384	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	1.52.47	1	0
163	1398	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	1.52.48	2	5
164	1602	507	VUSIKAYA	MANCAPA	MOTHER	M	58	55-59M	1.52.53	2	0
165	1364	1450	NKHATHALLENG	KHIBA	NEDBANK	F	42	40-44F	1.52.59	2	4
166	1390	1476	NOLIKHANYO	MDWAYI	NEDBANK	F	42	40-44F	1.53.01	2	3
167	1641	200	MPUMZI	MAPASA	CSEP	M	33	SM	1.53.13	1	0
168	1476	1010	JAN	VAN EEDEN	NEDBANK	M	65	65-69M	1.53.37	2	0
169	1631	51322	LINDISIPHO	QANGASE	STUT	M	28	SM	1.53.59	0	0
170	1439	1733	GRIZELDA	PIETERSEN	GELVAN	F	55	55-59F	1.54.10	3	2
171	1550	733	ALEX	DU TOIT	CRUSADE	M	59	55-59M	1.54.33	2	0
172	1633	1954	LEONARD	CONRADIE	BLUEBAY	M	69	65-69M	1.55.06	2	0
173	1348	637	MARK	GODDARD	ASPEN	M	27	SM	1.55.15	1	0
174	1464	552	GEOFFREY	SWARTBOOI	RUN4C	M	47	45-49M	1.55.16	1	0
175	1320	1088	PERCY	DALTON	ACH	M	75	70+M	1.55.21	3	0
176	1448	1643	HERMAN	SAAYMAN	MADIBA	M	39	35-39M	1.55.50	1	0
177	1490	876	GEORGE	WINSHIP	CHARLO	M	58	55-59M	1.56.14	2	0
178	1318	1111	GRAHAM	CHANNON	ACH	M	74	70+M	1.56.30	3	0
179	1544	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	40	40-44F	1.56.36	2	1
180	1335	1609	WILLEMEN	DU RANDT	DESPATCH	F	49	45-49F	1.56.47	2	0
181	1593	1211	SANETTE	RYAN	ELITEAC	F	53	50-54F	1.56.51	2	0
182	1477	1250	PETER	VAN RENSBURG	ELITEAC	M	65	65-69M	1.56.54	2	0
183	1527	1748	RICHARD	RAMATSASA	GELVAN	M	48	45-49M	1.56.54	1	0
184	1526	1734	DENVER	PETERSEN	GELVAN	M	40	40-44M	1.56.54	1	0
185	1656	1854	NTOMBENTSHA	NAZO	HOLLYWOO	F	40	40-44F	1.57.00	2	0
186	1259	5259	MARYKE	GEYSER	TEMP	F	25	SF	1.57.13	0	0
187	1545	1160	MICHAEL	CLARK	JBAY	M	52	50-54M	1.57.24	1	0
188	1576	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	63	60-64F	1.57.46	3	0
189	1312	1586	MAUDY	BOTES	DESPATCH	F	42	40-44F	1.58.02	1	0
190	1357	834	ASHTON	JACOBS	32GI	F	27	SF	1.58.04	1	0
191	1346	791	CHARL	GERBER	32GI	M	47	45-49M	1.58.16	1	0
192	1255	5255	RODNEY	BUTTERS	TEMP	M	61	60-64M	1.58.27	0	0
193	1356	915	JOEL	HUMAN	CHARLO	M	51	50-54M	1.58.36	1	0
194	1395	170	THANDEKA	MHLANGA	ACT AC	F	33	SF	1.58.49	1	0
195	1463	1222	BURNITA	STRYDOM	ELITEAC	F	55	55-59F	1.59.00	2	0
196	1561	1452	EDDIE	EADES	NEDBANK	M	75	70+M	1.59.00	2	0
197	1573	1202	JACQUES	LANGLEY	ELITEAC	M	35	35-39M	1.59.00	1	0
198	1562	16314	JIMMY	HEADBUSH	MANONI	M	53	50-54M	1.59.06	0	0
199	1583	1876	NTOMBAMAZIZI	MATOLE	HOLLYWOO	F	42	40-44F	1.59.31	1	0
200	1428	1196	TINA	OLCKERS	JBAY	F	44	40-44F	1.59.36	1	0
201	1302	1043	DAVID	BAINS	XCEL	M	57	55-59M	1.59.40	1	0
202	1254	5254	CAITLIN	BROOKS	TEMP	F	23	SF	2.00.31	0	0
203	1539	50	MICHAEL	DEKKER	SAPPE	M	51	50-54M	2.00.34	1	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
204	1629	419	AMANDA	NOHAJI	CHILLIEP	F	35	35-39F	2.01.08	1	0
205	1569	1946	MICHAEL	SMITH	BLUEBAY	M	50	50-54M	2.01.12	1	0
206	1594	327	ELWIN	WOODS	MUIRITE	M	60	60-64M	2.01.26	1	0
207	1342	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	2.01.45	1	0
208	1260	5260	RAY	GORDON	TEMP	M	31	SM	2.01.50	0	0
209	1388	2442	XOLA	MBATSHA	NMBAC	M	43	40-44M	2.02.04	1	0
210	1343	1598	LERENZO	FRANCIS	DESPATCH	M	37	35-39M	2.02.06	1	0
211	1336	792	Allan	Eccles	32GI	M	64	60-64M	2.02.21	1	0
212	1397	1769	WILTON	MNQAYI	TRANSNET	M	41	40-44M	2.02.31	1	0
213	1469	5021	DHIRESH	VALLABH	SCOTTAC	M	38	35-39M	2.02.38	0	0
214	1579	1874	MBULELO	TSHIKILA	HOLLYWOO	M	50	50-54M	2.02.48	1	0
215	1354	1402	RENE	HATTINGH	NEDBANK	F	46	45-49F	2.02.53	1	0
216	1306	1439	MARISSA	BLACK	NEDBANK	F	45	45-49F	2.02.53	1	0
217	1252	5252	LUMARIE	ALERS	TEMP	F	41	40-44F	2.02.58	0	0
218	1607	50968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	2.03.19	0	0
219	1572	1356	JEROME	MAY	NEDBANK	M	57	55-59M	2.03.42	1	0
220	1554	1018	IVO	MEYER	BODYCON	M	49	45-49M	2.03.58	1	0
221	1624	51624	SITATU	NYIKANA	TEMP	M	49	45-49M	2.04.03	0	0
222	1350	1671	LEON	GROENEWALD	MADIBA	M	57	55-59M	2.04.06	1	0
223	1475	1150	TANYA	VAN DER WESTHUIZEN	JBAY	F	40	40-44F	2.04.09	1	0
224	1534	1947	YOLANDI	DEETLEFS	BLUEBAY	F	41	40-44F	2.05.01	1	0
225	1478	926	TREVOR	VAN RENSBURG	CHARLO	M	71	70+M	2.05.14	2	0
226	1597	632	SELLO	MANGANYI	ASPEN	M	41	40-44M	2.05.28	1	0
227	1261	5261	RUFUS	LANGEVELDT	TEMP	M	52	50-54M	2.05.28	0	0
228	1315	555	MELANIE	BUITENDAGH	RUN4C	F	41	40-44F	2.05.31	1	0
229	1338	1424	SAM	ERASMUS	NEDBANK	M	66	65-69M	2.05.31	1	0
230	1345	1214	BENITA	GERBER	ELITEAC	F	59	55-59F	2.05.45	1	0
231	1547	1776	SIPHOKAZI	MANI	VUKANI	F	34	SF	2.05.48	1	0
232	1324	2333	TENIELLE	DE ANDRADE	VITALITY	F	38	35-39F	2.06.55	1	0
233	1301	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	2.07.00	2	0
234	1309	1149	CHRISTELLE	BLUME	JBAY	F	56	55-59F	2.07.19	1	0
235	1258	5258	ENRICO	ENGELBRECHT	TEMP	M	27	SM	2.07.19	0	0
236	1389	1446	MFEZI	MCINGANA	NEDBANK	M	48	45-49M	2.07.40	1	0
237	1570	850	PAIGE	LEE	32GI	F	57	55-59F	2.07.52	1	0
238	1574	1628	NELESH	JAGANATH	MADIBA	M	43	40-44M	2.08.18	1	0
239	1659	323	CLIVE	VAN RAYNER	MUIRITE	M	56	55-59M	2.09.21	1	0
240	1329	1234	DEWALD	DEYSEL	ELITEAC	M	41	40-44M	2.09.22	1	0
241	1617	2313	ZANDILE	SIYATA	VITALITY	F	45	45-49F	2.09.46	1	0
242	1537	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	2.09.46	1	0
243	1370	577	YOLANDIE	LANDMAN	RUN4C	F	48	45-49F	2.09.47	1	0
244	1590	1804	BULELANI	LENGOASA	VUKANI	M	52	50-54M	2.09.48	1	0
245	1278	5278	MSINDISI	QALINGE	TEMP	M	29	SM	2.09.48	0	0
246	1429	1721	LIZETTE	OLIVER	GELVAN	F	37	35-39F	2.09.59	1	0
247	1551	1472	ALTON	THOMAS	NEDBANK	M	48	45-49M	2.10.01	1	0
248	1532	412	NOSITO	NQWATA	CHILLIEP	F	41	40-44F	2.10.20	1	0
249	1582	433	NCUMISA	KEPE	CHILLIEP	F	44	40-44F	2.10.20	1	0
250	1588	1011	KEN	CRAIG	BODYCON	M	49	45-49M	2.10.47	1	0
251	1473	284	ESTELLE	VAN DER MERWE	MUIRITE	F	58	55-59F	2.10.48	1	0
252	1595	50334	JUANITA	BANK	KIMBH	F	45	45-49F	2.11.22	0	0
253	1648	1830	JABULANI	DUBE	VUKANI	M	53	50-54M	2.11.32	1	0
254	1360	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	2.11.33	1	0
255	1615	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	2.11.33	1	0
256	1409	1636	LISTIA	NEL	MADIBA	F	49	45-49F	2.11.53	1	0
257	1587	1012	MARITZA	CRAIG	BODYCON	F	48	45-49F	2.12.38	1	0
258	1311	2419	BRENDAN	BOSMAN	MADIBA	M	39	35-39M	2.12.57	1	0
259	1529	1704	KEITH	SEZOE	GELVAN	M	53	50-54M	2.12.57	1	0
260	1542	2149	WAYNE	MAC GEAR	MADIBAZ	M	60	60-64M	2.13.52	1	0
261	1459	625	YOLANDA	SIDWABA	ASPEN	F	33	SF	2.13.28	1	0
262	1399	438	AKHONA	MOSIANE	CHILLIEP	F	37	35-39F	2.13.28	1	0
263	1275	5275	PHAKAMISA	BALENI	TEMP	M	33	SM	2.13.30	0	0
264	1251	5251	RENETTE	ACKERMANN	TEMP	F	59	55-59F	2.13.31	0	0
265	1437	1962	DANIEL	PIETERSE	BLUEBAY	M	61	60-64M	2.13.48	1	0
266	1285	51054	DOLLY	NDUDE	BUFFALO	F	51	50-54F	2.14.03	0	0
267	1568	2257	ELIZE	ADAMS	SIBALEKA	F	49	45-49F	2.14.04	1	0
268	1482	1156	GERHARD	VERMAAK	JBAY	M	29	SM	2.14.20	1	0
269	1494	1155	FREDERIKA	Woolley	JBAY	F	24	SF	2.14.20	1	0
270	1472	1451	MARIANE	VAN DER LINDE	NEDBANK	F	45	45-49F	2.14.21	1	0
271	1276	5276	MARK	HEADBUSH	TEMP	M	79	70+M	2.14.24	0	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
272	1509	622	YVETTE	DE VILLIERS	ASPEN	F	38	35-39F	2.14.28	1	0
273	1323	947	GANIEF	DAVIDS	CHARLO	M	57	55-59M	2.14.44	1	0
274	1535	1797	SUE	LEWIS	VUKANI	F	59	55-59F	2.15.04	1	0
275	1563	1818	ANDILE	BOVUNGANA	VUKANI	M	57	55-59M	2.15.04	1	0
276	1606	32	JANETTE	VAN DER KOLF	PEAAC	F	64	60-64F	2.15.10	1	0
277	1605	31	HENNIE	VAN DER KOLF	PEAAC	M	65	65-69M	2.15.11	1	0
278	1305	956	NEELESH	BHANA	CHARLO	M	52	50-54M	2.15.21	1	0
279	1628	307	DENVER	HUME	MUIRITE	M	46	45-49M	2.15.26	1	0
280	1332	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	2.16.01	1	0
281	1528	1737	LYNDLE	NAIDOO	GELVAN	F	32	SF	2.16.27	1	0
282	1281	5281	MNCEDISA	FUSA	TEMP	M	44	40-44M	2.16.37	0	0
283	1580	1877	XOLILE	MBALI	HOLLYWOO	M	48	45-49M	2.17.07	1	0
284	1264	5264	GAVIN	SHELDON	TEMP	M	52	50-54M	2.17.08	0	0
285	1341	1935	XENOPHON	FERREIRA	BLUEBAY	M	62	60-64M	2.17.36	1	0
286	1330	82	LETA	DOS SANTOS	INFINITY	F	59	55-59F	2.17.53	1	0
287	1620	1102	KEN	BARWOOD	ACH	M	68	65-69M	2.17.59	1	0
288	1510	1098	SIZINZO	KAMA	ACH	M	72	70+M	2.18.09	1	0
289	1303	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	2.18.13	1	0
290	1418	646	LUTHO	NOMBEMBE	ASPEN	M	30	SM	2.18.23	1	0
291	1372	1060	COREEN	LEANDER	XCEL	F	50	50-54F	2.18.23	1	0
292	1571	800	JONATHAN	MANDELL	32GI	M	59	55-59M	2.19.22	1	0
293	1470	12	MARIKE	VAN DER KOLF	PEAAC	F	32	SF	2.19.39	1	0
294	1387	432	MVELELI	MBANDE	CHILLIEP	M	37	35-39M	2.19.40	1	0
295	1485	1119	TREMAINE	WESSON	ACH	M	63	60-64M	2.20.14	1	0
296	1380	2433	THEMBELA	MANYA	NMBAC	F	40	40-44F	2.20.15	1	0
297	1557	1333	MBULELO	SOBIKWA	NEDBANK	M	69	65-69M	2.22.32	1	0
298	1543	2111	GEROME	MINTOOR	ATLANTIC	M	56	55-59M	2.22.45	1	0
299	1366	10221	MISA	KILANE	VITALGN	M	42	40-44M	2.23.04	0	0
300	1262	5262	CWENGA	MAQINA	TEMP	M	34	SM	2.23.07	0	0
301	1451	935	BRENTON	SCHNETLER	CHARLO	M	49	45-49M	2.23.13	1	0
302	1591	505	XHANTI	MANTSHIYO	MOTHER	M	56	55-59M	2.23.42	1	0
303	1586	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	42	40-44F	2.25.14	1	0
304	1327	565	RONEL	DE TARNOWSKY	RUN4C	F	43	40-44F	2.25.14	1	0
305	1319	573	BRITTANY	CILLIERS	RUN4C	F	31	SF	2.25.49	1	0
306	1270	5270	LINTON	LE GRANGE	TEMP	M	57	55-59M	2.27.02	0	0
307	1393	1352	VOLENTI	MEYER	NEDBANK	F	46	45-49F	2.28.06	1	0
308	1325	1624	ESTELLE	DE KLERK	MADIBA	F	57	55-59F	2.28.18	1	0
309	1558	361	JULIUS	SHOGOLE	IKHAMVA	M	71	70+M	2.28.31	1	0
310	1622	40188	Lauren	Gerber	ELITEAC	F	16	JF	2.28.35	1	0
311	1621	1238	PIETER	GERBER	ELITEAC	M	48	45-49M	2.28.35	1	0
312	1592	1445	NOYISE	LUVALO	NEDBANK	F	44	40-44F	2.28.38	1	0
313	1584	1725	PEARL	DAMONS	GELVAN	F	60	60-64F	2.28.42	1	0
314	1307	1631	AMANDA	BLIGNAULT	MADIBA	F	64	60-64F	2.28.52	1	0
315	1331	1331	JAN	LE ROUX	NEDBANK	M	64	60-64M	2.29.11	1	0
316	1540	72	HERMAN	DEKKER	SAPPE	M	79	70+M	2.29.16	1	0
317	1623	753	PLACXEDES	NDHLOVU	CRUSADE	F	49	45-49F	2.29.52	1	0
318	1314	2063	GISELA	BUDLER	MADIBA	F	35	35-39F	2.29.56	1	0
319	1308	2252	SYLVAN	BLIGNAUT	MADIBAZ	M	64	60-64M	2.30.41	1	0
320	1618	1790	LUVUYO	SIWUNDLA	VUKANI	M	44	40-44M	2.30.27	1	0
321	1471	1629	ARINDA	VAN DER LINDE	MADIBA	F	34	SF	2.30.28	1	0
322	1265	5265	JOHANNES	STANDER	TEMP	M	46	45-49M	2.30.42	0	0
323	1414	1841	BUYISWA	NGXONONO	HOLLYWOO	F	47	45-49F	2.31.16	1	0
324	1457	51790	ELLONA	SHENXANE	POWER	F	39	35-39F	2.31.32	0	0
325	1663	1805	MKONYISELA	MCUBASE	VUKANI	M	37	35-39M	2.32.29	1	0
326	1517	1332	THANDIWE	NKWANDLA	NEDBANK	F	58	55-59F	2.32.48	1	0
327	1374	1802	THOBEKA	MABUSELA	VUKANI	F	62	60-64F	2.32.59	1	0
328	1282	5282	SKUMBUZO	MZOSHE	TEMP	M	51	50-54M	2.34.02	0	0
329	1269	5269	BANDILE	CUNTU	NEDBANK	M	59	55-59M	2.34.37	1	0
330	1316	624	BANDLAKAZI	CABA	ASPEN	F	36	35-39F	2.35.32	1	0
331	1273	5273	OTTO	MKABA	TEMP	F	39	35-39F	2.36.07	0	0
332	1333	572	SHANTE	DU PLESSIS	RUN4C	F	31	SF	2.36.24	1	0
333	1416	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	2.36.24	1	0
334	1467	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	2.36.54	1	0
335	1575	2694	MICHELLE	HARDY-BERRINGTON	VWAC	F	38	35-39F	2.37.18	1	0
336	1431	1956	SONJA	OLIVIER	BLUEBAY	F	56	55-59F	2.37.41	1	0
337	1383	1134	ERNST	MARAIS	JBAY	M	75	70+M	2.37.42	1	0
338	1436	18863	TEMBA	PEZISA	CSCG	M	57	55-59M	2.39.31	0	0
339	1608	413	ASEMAHLE	MAQUNGO	CHILLIEP	F	28	SF	2.39.47	1	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
340	1412	645	KHULISO	NEPHALAMA	ASPEN	M	33	SM	2.41.08	1	0
341	1515	1743	THOMAS	PLAATJIES	GELVAN	M	47	45-49M	2.41.19	1	0
342	1271	5271	XOLILE	GOMOMO	NEDBANK	M	71	70+M	2.43.20	1	0
343	1272	5272	ZUKISWA	ZINTO	NEDBANK	F	43	40-44F	2.43.20	1	0
344	1425	1463	ONGEZWA	NLATI	NEDBANK	F	29	SF	2.45.01	1	0
345	1277	5277	SANELE	FUNANI	TEMP	M	40	40-44M	2.45.30	0	0
346	1538	600	ANDRE	PIENAAR	RUN4C	M	61	60-64M	2.45.30	1	0
347	1585	1695	Andrea	JAck	GELVAN	F	21	SF	2.45.31	1	0
348	1284	1808	SEEMOLA	MADLOKAZI	VUKANI	F	33	SF	2.45.45	1	0
349	1377	1794	NOMLINDO	MAKUBALO	VUKANI	F	49	45-49F	2.47.02	1	0
350	1347	570	PIETER	GERBER	RUN4C	M	65	65-69M	2.49.20	1	0
351	1577	585	JEANETTE	PIENAAR	RUN4C	F	75	70+F	2.49.23	1	0
352	1365	62	ALEX	KHUZWAYO	SAPPE	M	61	60-64M	2.51.23	1	0
353	1432	543	NIEKIE	OOSTHUIZEN	RUN4C	F	53	50-54F	2.51.25	1	0
354	1369	1936	MARKUS	KUNNEKE	BLUEBAY	M	54	50-54M	2.52.19	1	0
355	1268	5268	ABIGAIL	SANGOTSHA	TEMP	F	34	SF	2.57.26	0	0
356	1362	641	JACQUES	KEIRSGIETER	ASPEN	M	35	35-39M	2.57.44	1	0
357	1371	1693	JASON	LE ROUX	GELVAN	M	28	SM	2.58.00	1	0
358	1652	2188	JOHANN	VAN DER MERWE	MADIBAZ	M	60	60-64M	2.58.07	1	0
359	1321	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	2.59.18	1	0
360	1256	5256	SANDRA	BUTTERS	TEMP	F	58	55-59F	3.04.40	0	0
361	1353	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	3.06.01	1	0
362	1495	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	3.08.01	1	0
363	1266	5266	SIMON	STRIMLING	TEMP	M	62	60-64M	3.11.55	0	0
364	1420	1720	NOLEEN	NORRIS	GELVAN	F	66	65-69F	3.14.22	1	0
365	1405	2434	SEIPATE	MZANANDA	NMBAC	F	44	40-44F	3.19.48	1	0
366	1567	50180	PHILISWA	SITELA	CHEETAH	F	34	SF	3.29.46	0	0

HELPERS RUN

H1	1	1282	SEBASTIAN	HAARHOFF	VWAC	M	46	45-49M	1.51.42	2	
H2	2	556	ARTHUR	WILLIAMS	RUN4C	M	61	60-64M	1.54.25	2	
H3	3	1263	KAHN	LANGFORD	VWAC	M	45	45-49M	1.55.34	1	
H4	4	1597	EDVIN	DONLEY	DESPATCH	M	46	45-49M	1.55.58	1	
H5	5	1261	FRANKLIN	HUMAN	VWAC	M	48	45-49M	2.07.46	1	
H6	6	2495	DEVON	VAN EYK	DESPATCH	M	29	SM	2.09.18	1	
H7	7	1588	JACQUES	BOTHA	DESPATCH	M	49	45-49M	2.09.50	1	
H8	8	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	2.09.55	1	
H9	9	1564	LEON	WEITZ	DESPATCH	M	49	45-49M	2.10.22	1	
H10	10	1290	MAARTIN	LEWIS	VWAC	M	49	45-49M	2.10.50	1	
H11	11	1565	BONITA	WEITZ	DESPATCH	F	51	50-54F	2.11.57	1	
H12	12	1554	HELGARD	POTGIETER	DESPATCH	M	52	50-54M	2.11.57	1	
H13	13	1566	RUAN	WELGEMOED	DESPATCH	M	29	SM	2.13.40	1	
H14	14	1559	NOLEEN	AMBRAAL	DESPATCH	F	53	50-54F	2.15.09	1	
H15	15	1277	DENVER	ELLIE	VWAC	M	43	40-44M	2.17.04	1	
H16	16	1264	LAVINIA	PIETERSE	VWAC	F	49	45-49F	2.17.04	1	
H17	17	281	MONIQUE	RICHARDSON	MUIRITE	F	28	SF	2.18.00	1	
H18	18	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	2.18.00	1	
H19	19	1271	LEZELL	HARRIS	VWAC	F	50	50-54F	2.19.00	1	
H20	20	1601	ANIZE	GERBER	DESPATCH	F	51	50-54F	2.19.33	1	
H21	21	1555	LYDIA	POTGIETER	DESPATCH	F	49	45-49F	2.20.48	1	
H22	22	1284	DEAN	BOSMAN	VWAC	M	41	40-44M	2.21.00	1	
H23	23	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	2.22.21	1	
H24	24	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	2.23.16	1	
H25	25	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	51	50-54M	2.23.16	1	
H26	26	1600	YVETTE	JONKER	DESPATCH	F	51	50-54F	2.23.18	1	
H27	27	1582	MARINET	VAN TONDER	DESPATCH	F	45	45-49F	2.23.18	1	
H28	28	1298	MPHATHISI	MJADU	VWAC	M	52	50-54M	2.24.00	1	
H29	29	2485	SASHA-LEE	MILES	DESPATCH	F	28	SF	2.26.18	1	
H30	30	298	SANET	BOUCHER	MUIRITE	F	44	40-44F	2.27.00	1	
H31	31	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	2.35.25	1	
H32	32	297	WELILE	MERELE	MUIRITE	M	58	55-59M	2.46.00	1	
H33	33	1274	GAYLE	SAAYMAN	VWAC	F	35	35-39F	2.47.10	1	
H34	34	1310	PUMLA	SIBALI	VWAC	F	44	40-44F	2.47.14	1	