

Econofoods 10km - Port Elizabeth - 2023/11/11

POS	NAME	SURNAME	CLUB	LIC.NO	R.NO	SEX	AGE	HMS
1	SICELO	MASHABA	MADIBAZ AC	2211	697	M	23	0.35.00
2	SAKHE	MAHOTE	MADIBAZ AC	20374	698	M	19	0.35.30
3	MZOLISI	MAKHANDA	NEDBANK RC	1319	415	M	40	0.35.43
4	SIBUSISO	THU	NEDBANK RC	854	401	M	35	0.37.17
5	HLOMLA	NCUMANI	MOTHERWELL AC	20545	427	M	16	0.37.41
6	MILA	PASIYA	NEDBANK RC	1339	432	M	44	0.38.13
7	KHANYISA	GEDZE	MOTHERWELL AC	80175	426	M	16	0.38.52
8	JEANDRY	DEERLING	IKHAMVA AC	2275	653	M	31	0.39.03
9	MNCEDI	KHANTI	NEDBANK RC	865	413	M	44	0.39.15
10	ABDI	MOHAMED	NEDBANK RC	1363	404	M	25	0.39.42
11	BATHANDWA	MOOI	VUKANI MS CLUB	1806	741	M	39	0.40.04
12	TUMELO	MOCHELENYANE	SAPS AC EP	74	702	M	41	0.40.43
13	SANELE	SAM	ST ALBANS AC	185	657	M	31	0.41.12
14	GIRMA	DODAMO	NEDBANK RC	868	409	M	40	0.41.46
15	AGCOBILE	JEZILE	MOTHERWELL AC	20549	428	M	14	0.41.53
16	JAY-DEE	DEERLING	NEDBANK RC	844	402	M	20	0.42.03
17	APHLYN	TAAI	NEDBANK RC	1393	433	M	41	0.42.28
18	VUYISILE	SIMAYILE	NEDBANK RC	834	414	M	36	0.43.56
19	JADEN	DE RIDDER	ELITE A C	20444	508	M	17	0.43.56
20	NTSIKELELO	SEBE	NEDBANK RC	2368	431	M	41	0.44.24
21	LWAZI	MDUNYA	TRANSNET ENG EP	1752	756	M	38	0.45.19
22	RUBEN	BOUWER	SCHOOLS EPA	20449	503	M	15	0.46.19
23	HIELDE	MARAIS	MUIRITE STRIDER	2245	533	F	23	0.47.02
24	MZWANELE	NQOQO	VUKANI MS CLUB	1822	412	M	46	0.47.24
25	CHARLES	CORBY	RUN 4 CHRIST AC	546	656	M	53	0.48.10
26	SONGEZO	NDAMASE	TEMP	6276	676	M	31	0.48.10
27	RICHARD	MAZUNGULA	NEDBANK RC	1457	642	M	46	0.49.21
28	KIRSTI	DOLINSCHK	32GI EP AC	1529	514	F	42	0.50.01
29	ALAN	TAYLOR	ACHILLES AAA	1083	750	M	66	0.50.40
30	WESLEY	MERRICK	TEAM VITALITY E	80202	536	M	29	0.50.42
31	XHANTILOMZI	NTENTEMA	TEMP	6613	613	M	26	0.51.33
32	SIVUYILE	MHLIFILI	TEMP	6331	425	M	44	0.51.34
33	BRETT	HOLMES	ASPEN PHARMACAR	619	525	M	49	0.51.42
34	STEPHEN	KLUE	ELITE A C	1236	732	M	65	0.51.56
35	SANDRA	FINESTONE	TEMP	6602	602	F	38	0.52.17
36	PHILLIP	DE RIDDER	ELITE A C	2399	509	M	47	0.53.17
37	GUNTHER	PRETORIUS	TEMP	6617	617	M	26	0.53.35
38	DENVER	SEARLE	TEMP	6281	681	M	41	0.53.37
39	TAFADZWA	MARAMBIRE	ASPEN PHARMACAR	2035	534	M	40	0.53.46
40	YANGA	MANI	TEMP	6330	424	M	30	0.55.59
41	HESTER	DEKKER	SAPS AC EP	75	511	F	51	0.55.59
42	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	1007	591	F	63	0.56.00
43	DARRYL	CALVERT	RUN 4 CHRIST AC	561	566	M	48	0.56.21
44	Thandisile	Nube	DEPT PUBLIC WOR	2052	719	M	27	0.56.35
45	ALISON	BOWKER	TEMP	6597	597	F	35	0.57.07
46	MELANIE	CHRISTIE	ELITE A C	2325	716	F	39	0.57.20
47	YOLANDIE	LANDMAN	RUN 4 CHRIST AC	1995	709	F	48	0.57.34
48	CHUMA	GWENXANE	TEMP	6271	671	M	35	0.57.45
49	WAYNE	SCHOLTZ	32GI EP AC	1481	552	M	43	0.58.14
50	EDDIE	EADES	NEDBANK RC	1452	722	M	74	0.58.28
51	YOLANDI	DEETLEFS	TEMP	6283	683	F	40	0.58.35
52	MELISSA	DU RANDT	SAPS AC EP	51	734	F	33	0.59.00
53	PIETER	ROUX	CRUSADERS AC	750	586	M	68	0.59.04

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54	YASEEN	ABRAHAMS	MALABAR	121	723	M	52	0.59.18
55	JACOBUS	WYATT	DESPATCH AC	1567	403	M	60	0.59.27
56	GAVIN	SCHONKNECHT	ACHILLES AAA	1075	648	M	55	0.59.36
57	SHAHEEN	SAFEDIEN	MALABAR	2065	549	M	38	0.59.39
58	EUGENE	VAN WYK	XCEL AC	1042	696	M	52	0.59.48
59	KELLY	HOLMES	ASPEN PHARMACAR	618	526	F	46	0.59.52
60	TREVOR	VAN RENSBURG	CHARLO AC	926	594	M	71	0.59.55
61	LENNON	FISHER	TEMP	6277	677	M	43	1.00.04
62	ALLISON	HARRISON	32GI EP AC	1494	523	F	40	1.00.08
63	DANIEL	KRUGER	SCHOOLS EPA	20456	527	M	15	1.00.09
64	STACEY	DE RIDDER	ELITE A C	20500	510	F	14	1.00.13
65	MELANIE	BUITENDAGH	RUN 4 CHRIST AC	80200	504	F	40	1.00.24
66	MARISKA	KRUGER	TEMP	6608	608	F	46	1.00.36
67	LERENZO	FRANCIS	DESPATCH AC	1598	520	M	37	1.00.39
68	DEWALD	DEYSEL	ELITE A C	1234	513	M	41	1.00.50
69	YOLANDA	SIDWABA	ASPEN PHARMACAR	2227	730	F	32	1.00.55
70	DEON	ENGELBRECHT	NMB AC	801	410	M	55	1.01.02
71	GLEN	RICHTER	CHARLO AC	2383	704	M	38	1.01.04
72	PRESTON	PETERSEN	NEDBANK RC	837	542	M	35	1.01.46
73	OCTAVIA	BOSHOFF	CRUSADERS AC	705	502	F	53	1.02.09
74	NATASHA	STANHAM	TEMP	6269	669	F	45	1.02.15
75	LORENZO	SAMUELS	MUIRITE STRIDER	283	551	M	38	1.02.23
76	LULAMILE	PHONGOLA	NMB AC	808	411	M	66	1.02.39
77	DEON	SMITH	GELVAN AC	1708	726	M	55	1.02.46
78	GANIEF	DAVIDS	NMB AC	799	507	M	57	1.03.08
79	DEWET	LE ROUX	TEMP	6263	663	M	43	1.03.12
80	FRANCOIS	SMIT	ACHILLES AAA	1087	592	M	64	1.03.20
81	THINA	NCAPAYI	VUKANI MS CLUB	1833	712	F	35	1.03.20
82	THEMBINKOSI	THWALA	TEMP	6623	623	M	52	1.03.32
83	DERICK	GOLIATH	GELVAN AC	1716	639	M	59	1.03.34
84	GERT	HARMSE	RUN 4 CHRIST AC	2381	522	M	57	1.03.50
85	DESMOND	JANSE VAN RENSBURG	TEMP	6605	605	M	32	1.03.51
86	BRONWIN	MEYER	32GI EP AC	1530	643	F	51	1.04.13
87	WAJDIE	SOLOMON	MALABAR	140	743	M	58	1.04.33
88	MARIZA	FREWEN	TEMP	6265	665	F	61	1.04.35
89	RAFAEL	MONTES	TEMP	6742	742	M	56	1.04.38
90	INKE	KALTENBRUNN	DESPATCH AC	1589	660	F	26	1.04.50
91	HANNEKE	STRYDOM	DESPATCH AC	1558	659	F	39	1.04.51
92	COBUS	SPIES	DESPATCH AC	1580	658	M	47	1.05.00
93	LYNDLE	NAIDOO	GELVAN AC	1737	715	F	32	1.05.04
94	RIKA	TERBLANCHE	NEDBANK RC	1429	559	F	46	1.05.16
95	JOHN	APPELS	ST ALBANS AC	195	706	M	49	1.05.32
96	LAURE	PIETERSE	TEMP	6615	615	M	52	1.05.35
97	WARDAH	KAFAAR	MALABAR	139	724	F	44	1.05.36
98	BEHAARDIEN	VAN TONDER	TEMP	6625	625	M	53	1.06.14
99	ARMIN	BRANDLE	CHARLO AC	882	713	M	71	1.06.16
100	PRISCILLA	MABENGEZA	NEDBANK RC	1418	506	F	49	1.06.26
101	NIHLALI	MFANA	TEMP	6324	747	F	30	1.06.41
102	HERMAN	DEKKER	SAPS AC EP	72	573	M	78	1.06.42
103	OMPHILE	TSOMOKO	ALIWAL TOP RUNN	51177	679	M	33	1.06.47
104	SHAFEEQAH	SMITH	MALABAR	136	745	F	33	1.07.32
105	SIHAAM	ALLISON	MALABAR	123	725	F	38	1.07.32
106	NWABISA	DEBESE	TEMP	6325	748	F	34	1.07.36
107	MADRE	WELMANS	MUIRITE STRIDER	328	417	F	54	1.07.43

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108	JACQUES	KOOPMAN	ABSA PRIDE RC	22759	738	M	39	1.07.52
109	ALVADO	ARENDSE	MADIBAZ AC	2195	711	M	49	1.08.13
110	CATHY	IVES	ACHILLES AAA	1104	640	F	70	1.08.14
111	JOHAN	BARNARD	CRUSADERS AC	746	571	M	68	1.08.26
112	MICHAEL	SLATER	VWAC	1299	556	M	53	1.08.30
113	JOHN	FREWEN	TEMP	6266	666	M	61	1.08.36
114	DIANE	POTGIETER	MUIRITE STRIDER	280	544	F	25	1.08.38
115	TRACY	PAGE	TEMP	6614	614	F	47	1.08.52
116	IZELLE	KILIAN	TEMP	6607	607	F	52	1.08.53
117	GEROME	MINTOOR	ATLANTIC ACES	2093	727	M	56	1.08.57
118	AMEERA	CAMPBELL	GELVAN AC	1724	754	F	50	1.09.05
119	XENOPHON	FERREIRA	BLUEWATER BAY	1935	517	M	62	1.09.14
120	SHANTE	DU PLESSIS	RUN 4 CHRIST AC	572	515	F	31	1.09.15
121	LYNETTE	CRAUSE	INFINITY AC	100	572	F	63	1.09.28
122	RIAN	SMALBERGER	ST ALBANS AC	198	703	M	69	1.09.37
123	ZAHEER	SOOMAN	TEMP	6288	688	M	52	1.09.39
124	JENN	SEADY	BLUEWATER BAY	1938	553	F	51	1.09.40
125	LUTHO	NOMBEMBE	ASPEN PHARMACAR	2038	737	M	30	1.10.20
126	VICKI	VAN SCHALKWYK	TEMP	6270	670	F	42	1.10.21
127	NQABISA	BENYA	CHILLIE EP	434	501	F	42	1.10.23
128	TATIANE	SAMPAIO	TEMP	6618	618	F	43	1.10.26
129	THERESA	LILLIS	ACHILLES AAA	1073	581	F	67	1.10.35
130	SHANNON	THEOBALD	NEDBANK RC	1325	560	F	48	1.10.40
131	THOBEKA	MABUSELA	VUKANI MS CLUB	1802	582	F	62	1.10.52
132	RIAANA	BOUWER	DESPATCH AC	1556	654	F	47	1.10.55
133	INA	MEAKER	INFINITY AC	97	584	F	62	1.10.58
134	LUVUYO	SIWUNDLA	TEMP	5694	694	M	43	1.11.33
135	SONJA	OLIVIER	BLUEWATER BAY	1956	539	F	56	1.11.41
136	YUSUF	SAMUELS	XCEL AC	1045	590	M	64	1.11.42
137	ZELDA	KRIGE	INFINITY AC	95	580	F	63	1.11.55
138	SASHA-LEE	MILES	DESPATCH AC	80282	644	F	28	1.12.05
139	LIZ	AUSTIN	ACHILLES AAA	1051	635	F	65	1.12.45
140	BIANCA	ESTERHUYSE	TEMP	6601	601	F	32	1.12.47
141	GARFIELD	TSATSANE	TEMP	6327	420	M	57	1.12.49
142	ELIZMA	HARMSE	RUN 4 CHRIST AC	2382	575	F	62	1.12.54
143	CHANTELL	VAN BAALLEN	MUIRITE STRIDER	292	721	F	47	1.13.02
144	JENNY	VAN DER WALT	MUIRITE STRIDER	320	720	F	41	1.13.03
145	NOBUNTU	MPONGWANA	IKHAMVA AC	2369	429	F	44	1.13.08
146	SIZIPHIWE	MABANGA	ABSA PRIDE RC	42162	739	F	26	1.13.16
147	MARKUS	KUNNEKE	BLUEWATER BAY	1936	528	M	54	1.13.22
148	NELISWA	MZAZA	VUKANI MS CLUB	1792	538	F	33	1.13.33
149	GAVIN	KLINK	VWAC	1306	729	M	50	1.13.44
150	GERHARD	SCHOEMAN	TEMP	6275	675	M	48	1.13.58
151	SIMORE	SLABBERT	PEAAC	29	555	F	29	1.14.11
152	EMMERENCHIA	SLABBERT	PEAAC	28	554	F	51	1.14.11
153	ASHRAF	ABRAHAMS	TEMP	6286	686	M	51	1.14.15
154	SELBY	THABETHE	SIBALEKA NANI	1914	408	M	49	1.14.20
155	SIMONE	POTGIETER	MUIRITE STRIDER	315	546	F	45	1.14.38
156	HENRY	HULME	DESPATCH AC	1604	422	M	58	1.14.40
157	TERSIA	WEYER	TEMP	6627	627	F	55	1.14.52
158	MARK	WEYER	TEMP	6626	626	M	58	1.14.53
159	CHUMA	MKONJWA	TEMP	6293	693	M	37	1.14.57
160	HELENE	OPPEL	ELITE A C	1231	585	F	73	1.16.04
161	KELLY	WILLIAMS	GELVAN AC	2392	567	F	33	1.16.29

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162	PUMLA	SIBALI	VWAC	1310	695	F	44	1.16.32
163	MPUMELELO	NGWENYA	TEMP	6612	612	M	33	1.16.38
164	NOORDIEN	SAIN	MALABAR	2260	589	M	69	1.16.39
165	JASON	LE ROUX	TEMP	6609	609	M	27	1.16.53
166	ANDISWA	SALAYI	SIBALEKA NANI	80009	550	F	25	1.17.30
167	RUSHNEEN	GAFFORE	MALABAR	128	753	F	39	1.17.57
168	KAREN	CUNNINGHAM	CRUSADERS AC	744	406	F	61	1.17.57
169	JACQUI	VAN TONDER	ELITE A C	80283	563	F	29	1.17.58
170	ZAHEERA	NANABHAY	TEMP	6289	689	F	42	1.17.58
171	GLYNN	SLATER	TEMP	6620	620	F	51	1.18.12
172	DENISE	FERREIRA	CRUSADERS AC	713	638	F	61	1.18.23
173	AUBREY	LE ROUX	ST ALBANS AC	197	714	M	70	1.18.37
174	PIETER	GERBER	RUN 4 CHRIST AC	570	574	M	65	1.18.38
175	BERENICE	SMITH	NEDBANK RC	1343	416	F	58	1.18.44
176	CWAYITA	MAPEKULA	VUKANI MS CLUB	2378	731	F	40	1.18.49
177	IRMA	DE JAGER	WALMER AC	468	710	F	63	1.19.39
178	PHILISWA	MAKI	TEMP	6323	746	F	32	1.19.43
179	MEGAN	CAPOTO	TEMP	6333	751	F	39	1.19.55
180	CHANTAL	FISHER	TEMP	6278	678	F	44	1.20.01
181	ZANTE	DEKKER	SAPS AC EP	20001	512	F	16	1.20.03
182	BIANCA	SWARTS	SAPS AC EP	70	558	F	20	1.20.03
183	CHARLENE	RADEMEYER	RUN 4 CHRIST AC	557	547	F	42	1.20.18
184	NIEKIE	OOSTHUIZEN	RUN 4 CHRIST AC	543	540	F	53	1.20.19
185	MADATT	THAABIET	TEMP	6282	682	M	48	1.20.32
186	ZETHU	THWALA	TEMP	6624	624	F	45	1.20.36
187	FAREZANA	KAHAAR	TEMP	6606	606	F	39	1.20.36
188	RAZAANAH	STRYDOM	GELVAN AC	1747	557	F	49	1.20.37
189	MELANIE	FRANCIS	TEMP	6272	672	F	48	1.20.39
190	COLLEEN	WATTS	TEMP	6273	673	F	41	1.20.39
191	GAYLE	SAAYMAN	VWAC	1274	548	F	35	1.20.54
192	CASEY	ISAACS	VWAC	1305	655	F	45	1.20.55
193	IQBAL	SAIN	MALABAR	132	588	M	68	1.20.58
194	MZUKISI	SALIWA	TEMP	6334	755	M	40	1.21.09
195	GENEVIEVE	LAYCOCK	NEDBANK RC	1417	529	F	54	1.21.22
196	DIANNE	HARTZENBERG	NEDBANK RC	1434	576	F	64	1.21.33
197	GESINA	ERASMUS	TEMP	6600	600	F	42	1.21.52
198	ERICA	ERASMUS	TEMP	6599	599	F	54	1.22.15
199	TARYN	FERREIRA	CHARLO AC	472	518	F	42	1.22.35
200	KEZIA	PRINSLOO	SAPS AC EP	42	646	F	39	1.22.40
201	GERHARD	VAN DER WESTHUIZEN	JEFFREYS BAY AC	80277	561	M	48	1.22.48
202	HEATHER	LANGFORD	TEMP	6633	633	F	52	1.22.51
203	DEVAN	RYAN	MALABAR	133	587	M	67	1.22.59
204	MPHO	TSHOTHELI	TEMP	6328	418	F	34	1.23.07
205	SHUMANI	RAUTSHAHALO	TEMP	6329	421	M	36	1.23.08
206	CJ	VISSER	TEMP	6632	632	M	63	1.23.14
207	ZUKO	MQHATU	TEMP	6267	667	M	45	1.23.15
208	HELEN	FOURIE	RUN 4 CHRIST AC	1215	519	F	53	1.23.20
209	DENISE	TERBLANCHE	INFINITY AC	94	593	F	76	1.23.38
210	ERNEST	MASONDO	TEMP	6300	700	M	34	1.23.41
211	Hlubikazi	Dikana	VUKANI MS CLUB	80040	423	F	38	1.23.57
212	STEPHANIE	HAY	INFINITY AC	93	577	F	67	1.24.27
213	GWEN	YOUNG	ELITE A C	1209	568	F	34	1.25.09
214	TIMOTHY	YOUNG	ELITE A C	1238	569	M	29	1.25.11
215	JANEL	FOUCHE	TEMP	6603	603	F	26	1.25.24

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216	DEIDRE	GERBER	CHARLO AC	971	521	F	52	1.25.28
217	NOLEEN	NORRIS	GELVAN AC	1720	749	F	66	1.25.55
218	JANNEKE	SMITH	TEMP	6622	622	F	33	1.26.05
219	SIYAM	MANSOOR	TEMP	6595	595	F	41	1.26.56
220	YOUNUS	AMOD	MALABAR	124	570	M	70	1.26.57
221	ACHMAT	ELLIE	GELVAN AC	1727	708	M	64	1.26.59
222	JO-ANNE	MUIR	WALMER AC	453	537	F	54	1.27.06
223	SHARON	POTGIETER	WALMER AC	452	545	F	59	1.27.07
224	ANNA	WELGEMOED	MUIRITE STRIDER	294	651	F	54	1.27.07
225	PHILISA	MANI-MANI	SIBALEKA NANI	80008	532	F	30	1.27.14
226	HELEN	ERLANK	ACHILLES AAA	1089	516	F	41	1.27.16
227	SIMON	STRIMLING	TEMP	6299	699	M	61	1.27.21
228	NOZUKO	YEYE	HOLLYWOOD BETS	1852	652	F	51	1.27.44
229	IMRAAN	KHAN	MALABAR	134	579	M	65	1.28.49
230	THEMBA	TYAKALA	TEMP	6332	430	M	30	1.28.51
231	NEVILLE	MARTIN	RUN 4 CHRIST AC	531	736	M	63	1.29.57
232	ABEGAIL	TEYISE	SAPS AC EP	48	718	F	51	1.30.12
233	ANDISIWE	GULUBELE	SIBALEKA NANI	1906	752	F	29	1.30.12
234	ANDISA	MQHATU	TEMP	6268	668	F	43	1.31.15
235	ABDOELAZIEZ	MADATT	TEMP	6302	744	M	60	1.34.23
236	MOF	BOTHA	ACHILLES AAA	1095	407	M	67	1.38.18
237	RINA	BARNARD	ELITE A C	1249	705	F	70	1.39.11
238	PHILISWA	SITELA	TEMP	6287	687	F	34	1.39.38
239	MADELEIN	POTGIETER	TEMP	6616	616	F	49	1.41.18
240	PAMELLA	NTSOEU	TEMP	6326	419	F	39	1.41.51
241	NAMAWABO	MSIZI	TEMP	6501	701	F	62	1.46.28
242	SILVIA	JONCK	RUN 4 CHRIST AC	559	641	F	62	1.49.53
243	LYNDENE	DAVIDSON	PROFILES AC	1991	636	F	47	1.50.03
244	VAL	SANDOW	PROFILES AC	1992	647	F	78	1.50.03
245	NONTOBEKO	VUTULA	TEMP	6285	685	F	40	1.59.10