

SIBALEKA NANI 21.1KM FOREST RUN - STEDIN COLLEGE GQEBERHA - 2023/08/12

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	368	1361	ANDILE	MOTWANA	NEDBANK	M	26	SM	1.06.45	5
2	266	11005	DIVAN	DU PLOOY	PHANTANE	M	21	SM	1.08.00	0
3	245	401	BONGANI	BANDA	CHILLIEP	M	23	SM	1.09.54	5
4	60	1836	XOLISA	NDLUMBINI	VUKANI	M	41	40-44M	1.09.55	5
5	155	1376	GIFT	CHIGOMARAWA	NEDBANK	M	35	35-39M	1.11.30	5
6	367	866	MELIKHAYA	KEPE	NEDBANK	M	47	45-49M	1.14.29	5
7	231	1072	LUCKMORE	SIAJENI	ACH	M	29	SM	1.16.15	5
8	279	1825	KHAYA	GQWETHA	VUKANI	M	38	35-39M	1.17.02	5
9	370	1335	ANELE	MALIZA	NEDBANK	M	45	45-49M	1.17.12	5
10	301	1363	ABDI	MOHAMED	NEDBANK	M	25	SM	1.18.12	5
11	366	20193	SIYABONGA	ROFUZANA	NEDBANK	M	19	JM	1.19.02	4
12	261	1202	GCOBANI	BEKWAPI	ELITEAC	M	44	40-44M	1.14.52	5
13	140	795	SAZISO	PANGINDAWO	NMBAC	M	41	40-44M	1.20.34	5
14	154	2309	SIYABULELA	MPENGESI	VUKANI	M	41	40-44M	1.20.47	5
15	526	5526	SANUSE	MBONENI	TEMP	M	38	35-39M	1.22.13	0
16	103	1400	KELLY	VAN VLIET	NEDBANK	F	35	35-39F	1.23.51	5
17	371	1768	THULANI	MDLALO	NEDBANK	M	38	35-39M	1.23.57	4
18	340	2308	LEBOHANG	SENTI	VUKANI	M	36	35-39M	1.24.02	4
19	156	1398	MUTEKILE	RASMENI	NEDBANK	M	58	55-59M	1.24.14	5
20	254	1728	NOEL	ADAMS	GELVAN	M	51	50-54M	1.24.46	5
21	79	184	SANELE	SAM	CSEP	M	30	SM	1.24.53	3
22	40	565	SEBASTIAN	KLEU	RUN4C	M	47	45-49M	1.25.59	5
23	190	999	GRAHAM	ESHMADE	CHARLO	M	46	45-49M	1.26.00	5
24	148	1359	THEMBINKOSI	HAMBIYANI	NEDBANK	M	51	50-54M	1.27.03	5
25	508	20228	SIVENATHI	SODLADLA	SIBALEKA	M	16	JM	1.27.04	3
26	198	993	THEMBEKILE	MSIPA	CHARLO	M	49	45-49M	1.27.11	5
27	263	1255	ERROL	WHITTAL	ELITEAC	M	48	45-49M	1.27.47	4
28	369	834	VUYISILE	SIMAYILE	NEDBANK	M	36	35-39M	1.28.25	3
29	112	1465	HENRY	CRAUSE	NEDBANK	M	40	40-44M	1.29.20	3
30	255	282	ABDUL	WICOMB	MUIRITE	M	44	40-44M	1.29.24	3
31	247	547	DANNY	SAULS	RUN4C	M	36	35-39M	1.29.52	3
32	365	2368	NTSIKELELO	SEBE	NEDBANK	M	40	40-44M	1.31.26	3
33	347	157	STANTON	FREEMAN	ACT AC	M	45	45-49M	1.32.17	3
34	285	340	SEITSHIRO	MOLEMI	SANDFEP	M	39	35-39M	1.32.22	3
35	200	931	ANDILE	NYOKA	CHARLO	M	50	50-54M	1.33.11	4
36	202	985	CHRISTOFF	PUREN	CHARLO	M	33	SM	1.33.39	2
37	259	218	FRANCISCO	VAN DER BERG	CSEP	M	47	45-49M	1.34.44	3
38	278	2379	PETER	GATANGI	VUKANI	M	46	45-49M	1.35.12	3
39	130	1847	MHLENGI	MAHLABA	HOLLYWOO	M	32	SM	1.35.44	2
40	57	1803	ABELANG	MOSWEU	VUKANI	M	38	35-39M	1.35.48	2
41	277	1810	XOLANI	NTEYI	VUKANI	M	44	40-44M	1.35.48	2
42	194	898	PATRIC	MAKWENKWE	CHARLO	M	57	55-59M	1.36.08	5
43	316	414	MNQWENO	TYOKOLO	CHILLIEP	M	40	40-44M	1.36.12	2
44	65	2243	THOBELA	NTAMO	DESPATCH	M	37	35-39M	1.36.14	2
45	101	1441	MARTIN	JANSEN	NEDBANK	M	55	55-59M	1.36.30	4
46	234	1083	ALAN	TAYLOR	ACH	M	66	65-69M	1.37.18	5
47	512	255	NTSIKELELO	Magawu	TINARHA	M	48	45-49M	1.37.19	3
48	249	1944	MUSA	SENTI	BLUEBAY	M	30	SM	1.37.20	2
49	225	1822	MZWANELE	NQOQO	VUKANI	M	46	45-49M	1.37.24	3
50	244	52378	SIYAMBONGA	VUTUAL	MERCEDEZ	M	32	SM	1.38.45	0
51	18	1038	PHILLIP	DU PLESSIS	XCEL	M	52	50-54M	1.38.46	3
52	7	1516	THERESA	BUCHNER	32GI	F	38	35-39F	1.38.55	3
53	76	1526	CANDICE	RICHARDS	32GI	F	30	SF	1.39.18	3
54	212	125	FUARD	DE JAGER	MALABAR	M	44	40-44M	1.39.24	2
55	104	1437	DARREN	VAN VLIET	NEDBANK	M	40	40-44M	1.39.30	2
56	133	1926	GIFT	MBEDZI	SIBALEKA	M	27	SM	1.39.38	2
57	273	706	STEPHEN	MCCARTHY	CRUSADE	M	62	60-64M	1.40.20	5
58	117	1010	JAN	VAN EEDEN	NEDBANK	M	65	65-69M	1.40.41	5
59	516	1370	WERNER	MEYER	NEDBANK	M	50	50-54M	1.40.43	3
60	159	4759	ANTHONY	BUTTON	TEMP	M	61	60-64M	1.41.25	0
61	303	2128	GRAHAM	TERBLANCHE	MADIBAZ	M	58	55-59M	1.41.25	3
62	218	1761	SLULAMI	JACK	TRANSNET	M	48	45-49M	1.42.00	2
63	147	2264	BRUCHANE	WILLIAMS	GELVAN	M	37	35-39M	1.42.11	2
64	96	1334	SUZETTE	VICTOR	NEDBANK	F	53	50-54F	1.42.32	5
65	356	2274	ABDUL	LILLAH	MALABAR	M	33	SM	1.42.54	2
66	126	1052	ASHWELL	JONAS	ACH	M	50	50-54M	1.43.58	2
67	185	890	SIMPHIWE	BLOU	CHARLO	M	51	50-54M	1.44.00	2

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68	97	534	MIEKE	WESTRAADT	RUN4C	F	28	SF	1.44.04	2
69	236	137	AMIR	VENTER	MALABAR	M	42	40-44M	1.44.07	2
70	510	1283	URAN	LE ROUX	VWAC	M	56	55-59M	1.44.15	3
71	111	111	JUDE	ROSS	TEMP	M	27	SM	1.44.32	0
72	204	955	SIVUYILE	SCHEEPERS	CHARLO	M	30	SM	1.44.39	2
73	177	5977	LUZUKO	XAYIMPI	TEMP	M	29	SM	1.44.48	0
74	242	5962	PHATHULUVO	MGULI	CLUBMYK	M	38	35-39M	1.44.57	0
75	83	50969	SITHA	SIGENU	REALGIJ	F	39	35-39F	1.44.58	0
76	86	1079	HANSON	SINGAPHI	ACH	M	45	45-49M	1.44.59	2
77	341	2005	DANIE	PIETERSE	PROFILES	M	49	45-49M	1.45.05	2
78	71	1734	DENVER	PETERSEN	GELVAN	M	39	35-39M	1.45.06	2
79	320	1748	RICHARD	RAMATSASA	GELVAN	M	47	45-49M	1.45.07	2
80	311	546	CHARLES	CORBY	RUN4C	M	52	50-54M	1.45.17	2
81	338	263	LINDIKHAYA	NTEYI	TINARHA	M	44	40-44M	1.45.23	2
82	152	1035	JEROME	MAY	XGEL	M	57	55-59M	1.45.25	3
83	520	5520	COLBY	ADAMS	TEMP	M	32	SM	1.45.42	0
84	352	4635	QHAYIYA	NTSUKWANA	TEMP	M	17	JM	1.45.42	0
85	50	1809	SIBONGILE	MGQEBA	VUKANI	F	36	35-39F	1.45.51	2
86	84	564	GAVIN	SILLS	RUN4C	M	50	50-54M	1.46.06	2
87	232	584	BRENDON	SLABBERT	RUN4C	M	52	50-54M	1.46.21	2
88	38	2385	FENANDO	KIEWIETS	RUN4C	M	38	35-39M	1.46.22	2
89	227	539	SERGIO	PETERSON	RUN4C	M	45	45-49M	1.46.38	2
90	39	57	JASON	KIVEDO	SAPPE	M	37	35-39M	1.46.46	2
91	191	914	ETIENNE	GERBER	CHARLO	M	53	50-54M	1.46.46	2
92	250	561	DARRYL	CALVERT	RUN4C	M	48	45-49M	1.46.54	2
93	325	2384	ANOLD	CHIYAMA	RUN4C	M	38	35-39M	1.47.04	2
94	78	731	GAVIN	ROGERS	CRUSADE	M	58	55-59M	1.47.08	2
95	166	5966	NICHOLAS	KELLY	TEMP	M	39	35-39M	1.47.29	0
96	135	1801	LUNGISA	MKOSI	VUKANI	M	36	35-39M	1.47.30	2
97	12	1954	LEONARD	CONRADIE	BLUEBAY	M	69	65-69M	1.47.54	3
98	219	1263	KAHN	LANGFORD	VWAC	M	44	40-44M	1.48.05	2
99	801	808	LULAMILE	PHONGOLA	NMBAC	M	66	65-69M	1.48.11	3
100	264	435	NKOSINATHI	CLAY	CHILLIEP	M	58	55-59M	1.48.20	2
101	124	2365	LISA	FERREIRA	JBAY	F	26	SF	1.48.46	2
102	282	80050	LORENCE	NTIKA	IKHAMVA	M	66	65-69M	1.48.58	3
103	195	952	CINDY	MARAIS	CHARLO	F	46	45-49F	1.49.00	2
104	286	1777	JAMAL	ASANI	VUKANI	M	37	35-39M	1.49.27	2
105	74	1957	HENRY	PIENAAR	BLUEBAY	M	52	50-54M	1.49.33	2
106	53	86	WAYNE	MARAIS	INFINITY	M	38	35-39M	1.49.39	2
107	179	881	SHAUN	ATTENBOROUGH	CHARLO	M	54	50-54M	1.49.40	2
108	322	80021	RIANA	LUMSDEN	32GI	F	39	35-39F	1.49.48	2
109	184	944	DISEMBA	BLOU	CHARLO	M	65	65-69M	1.49.53	3
110	180	978	CHRISTOPHER	AYERST	CHARLO	M	56	55-59M	1.49.55	2
111	521	521	LYLE	ADAMS	TEMP	F	20	JF	1.50.05	0
112	199	887	LYNNE	NEUBERT	CHARLO	F	51	50-54F	1.50.05	3
113	514	2474	MSIMELELO	MANDONGANA	SAPEC	M	43	40-44M	1.50.19	0
114	258	857	GEORGINA	DAVIDSON	NEDBANK	F	20	SF	1.50.36	2
115	522	5522	WILLEM	ESTERHUIZEN	TEMP	M	46	45-49M	1.50.59	0
116	2	508	OLWETHU	BOMVANA	CHILLIEP	F	37	35-39F	1.51.12	2
117	41	91	DENZIL	KOOPMAN	INFINITY	M	52	50-54M	1.51.23	2
118	262	1256	JANINE	WHITTAL	ELITEAC	F	42	40-44F	1.51.35	2
119	181	893	HISHAAN	BHANA	CHARLO	M	27	SM	1.51.43	1
120	37	1450	NKHATHALLENG	KHIBA	NEDBANK	F	42	40-44F	1.52.01	2
121	122	1212	EDMUND	DRAKE	ELITEAC	M	33	SM	1.52.13	1
122	211	80022	CANDICE	COETZEE	32GI	F	39	35-39F	1.52.18	2
123	161	4761	FRANK	FERREIRA	TEMP	M	28	SM	1.52.45	0
124	100	1269	SIMON	LELAKA	VWAC	M	50	50-54M	1.53.11	2
125	281	2095	PHILLIP	DANIELS	ATLANTIC	M	61	60-64M	1.53.24	2
126	196	948	THOMAS	MARAIS	CHARLO	M	36	35-39M	1.54.01	1
127	206	930	IMKE	SMIT	CHARLO	F	34	SF	1.54.28	1
128	81	1001	AMANDA	SHAW	BODYCON	F	58	55-59F	1.54.44	3
129	331	1671	LEON	GROENEWALD	MADIBA	M	56	55-59M	1.54.45	2
130	203	982	PRISHEN	RYAN	CHARLO	M	33	SM	1.54.56	1
131	317	1553	STEPHEN	PHILLIPSON	DESPATCH	M	59	55-59M	1.55.16	2
132	56	2204	IVAN	MOSES	MADIBAZ	M	61	60-64M	1.55.18	2
133	315	4619	LUYANDA	NOTWANA	TEMP	M	37	35-39M	1.55.21	0
134	284	380	MBOLEKWA	MAYILA	IKHAMVA	M	44	40-44M	1.55.23	1
135	224	1034	ALBERT	NGCANGA	XCEL	M	73	70+M	1.55.39	3

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
136	241	18827	ANDREW	MOLOISANE	VITALITY	M	39	35-39M	1.55.55	1
137	342	501	VUSIKAYA	MANCAPA	MOTHER	M	58	55-59M	1.55.56	2
138	24	634	JO-ANNE	FORSON	ASPEN	F	35	35-39F	1.56.14	1
139	136	2035	TAFADZWA	MARAMBIRE	ASPEN	M	40	40-44M	1.56.14	1
140	3	1775	BONKE	GOYI	VUKANI	M	35	35-39M	1.56.21	1
141	362	50	MICHAEL	DEKKER	SAPPE	M	50	50-54M	1.56.21	1
142	517	5517	LUAN	NIEWOUDT	TEMP	M	28	SM	1.56.24	0
143	25	1512	CHARL	GERBER	32GI	M	46	45-49M	1.56.33	1
144	265	1590	ANNEKE	MOORE	DESPATCH	F	39	35-39F	1.56.35	1
145	248	1576	MARCELLE	VAN LOOGERENBERG	DESPATCH	M	56	55-59M	1.56.36	2
146	151	899	KIRSTEN	FULLER	CHARLO	F	32	SF	1.56.54	1
147	170	5970	CHANTELLE	MOLL	TEMP	F	24	SF	1.56.55	0
148	207	905	JANET	VAN NIEKERK	CHARLO	F	47	45-49F	1.57.09	2
149	339	121	YASEEN	ABRAHAMS	MALABAR	M	51	50-54M	1.57.22	1
150	268	1318	NZUZO	NOQEKWA	NEDBANK	M	45	45-49M	1.57.27	1
151	349	1505	ASHTON	JACOBS	32GI	F	27	SF	1.57.46	1
152	348	4633	MATTHEW	KEOGH	TEMP	M	26	SM	1.57.48	0
153	171	5971	NICOLA	MONGOMERY	TEMP	F	36	35-39F	1.57.52	0
154	114	2032	KAREN	BARNARD	MADIBA	F	34	SF	1.57.54	1
155	43	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	39	35-39F	1.58.00	1
156	48	2366	MVULELI	MAGAWULANA	ASPEN	M	46	45-49M	1.58.03	1
157	8	1575	LESLEY-ANN	BUSH	DESPATCH	F	51	50-54F	1.58.14	2
158	513	119	THEMALETHU	MANA	VARSITY	M	47	45-49M	1.58.29	1
159	87	555	BURNITA	STRYDOM	RUN4C	F	54	50-54F	1.58.44	2
160	361	5361	ANTON	SCHOEMAN	KLERKS	M	58	55-59M	1.58.46	0
161	64	689	THABANG	NGAKO	VITALITY	M	34	SM	1.58.48	1
162	146	1424	SAM	ERASMUS	NEDBANK	M	65	65-69M	1.58.54	2
163	32	528	JOEL	HUMAN	RUN4C	M	50	50-54M	1.59.00	1
164	220	1290	MAARTIN	LEWIS	VWAC	M	48	45-49M	1.59.44	1
165	49	838	BABALO	MAKALIMA	NEDBANK	M	40	40-44M	2.00.04	1
166	213	551	RODGER	GYSMAN	RUN4C	M	49	45-49M	2.00.13	1
167	910	1033	SALWYN	DENNIS	XCEL	M	45	45-49M	2.00.25	1
168	230	1211	SANETTE	RYAN	ELITEAC	F	53	50-54F	2.01.09	2
169	116	50345	ROBERT	BUTTON	OLDSELB	M	64	60-64M	2.01.20	0
170	121	437	AMANDLA	DIDIZA	CHILLIEP	M	31	SM	2.01.30	1
171	44	2124	ELMAR	LANDMAN	32GI	M	30	SM	2.02.11	1
172	216	2253	JANICE	ISAACS	32GI	F	39	35-39F	2.02.11	1
173	346	2126	LUTHANDO	NDZAMBO	MADIBAZ	M	39	35-39M	2.02.29	1
174	15	196	VUYISILE	DELIWE	CSEP	M	48	45-49M	2.02.35	1
175	511	66	ANITA	VISAGIE	SAPPE	F	45	45-49F	2.02.45	1
176	318	1586	MAUDY	BOTES	DESPATCH	F	41	40-44F	2.02.57	1
177	215	28405	MARK	HEADBUSH	CCJHB	M	78	70+M	2.03.20	0
178	90	80030	CHANTEL	VAN DER MERWE	MADIBA	F	39	35-39F	2.03.41	1
179	275	765	LESLIE	FERREIRA	CRUSADE	M	28	SM	2.03.48	1
180	257	1700	ELIZE	ADAMS	GELVAN	F	48	45-49F	2.03.54	1
181	113	1043	DAVID	BAINS	XCEL	M	57	55-59M	2.03.58	1
182	70	1552	THERESA	OOSTHUIZEN	DESPATCH	F	52	50-54F	2.04.16	1
183	150	1214	BENITA	GERBER	ELITEAC	F	58	55-59F	2.04.50	2
184	55	781	YENZILE	MDODANA	NMBAC	F	31	SF	2.04.53	1
185	176	5976	ELAINE	VAN ZYL	TEMP	F	27	SF	2.05.01	0
186	312	1545	NATALIE	BOSHOFF	32GI	F	36	35-39F	2.05.02	1
187	21	1609	WILLEMEN	DU RANDT	DESPATCH	F	49	45-49F	2.05.14	1
188	129	5968	ANELISA	MAGAMA	REALGIJ	F	36	35-39F	2.05.15	0
189	5	1588	JACQUES	BOTHA	DESPATCH	M	49	45-49M	2.05.26	1
190	353	51434	SITHEMBISO	SOYAYA	BAYETHE	M	42	40-44M	2.05.35	0
191	77	727	ANGELA	ROGERS	CRUSADE	F	54	50-54F	2.05.40	1
192	45	741	MARGARET	LLOYD	CRUSADE	F	59	55-59F	2.05.40	1
193	175	5975	MAURITZ	VAN STRATEN	TEMP	M	33	SM	2.05.46	0
194	319	1585	GEORGE	BOTES	DESPATCH	M	49	45-49M	2.05.58	1
195	183	970	MALCOLM	BLANDY	CHARLO	M	41	40-44M	2.06.05	1
196	197	964	JUSTIN	MOGRIDGE	CHARLO	M	35	35-39M	2.06.10	1
197	237	4637	TRAVIS	GOATE	TEMP	M	49	45-49M	2.06.11	0
198	153	1826	AKHONA	NTANJANA	VUKANI	F	35	35-39F	2.06.57	1
199	324	1264	LAVINIA	PIETERSE	VWAC	F	48	45-49F	2.06.58	1
200	28	637	MARK	GODDARD	ASPEN	M	27	SM	2.06.58	1
201	358	1827	NDABA	NDZOMBANE	VUKANI	M	63	60-64M	2.07.01	1
202	193	877	CHARLTON	KERRIDGE	CHARLO	M	44	40-44M	2.07.09	1
203	26	1635	DORIS	GERBER	MADIBA	F	52	50-54F	2.07.14	1

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204	149	1201	CATHY	ALLERS	ELITEAC	F	61	60-64F	2.07.23	2
205	139	51078	TABO	NOMBUTUMA	MUTUAL	M	43	40-44M	2.07.33	0
206	61	51200	DOLLY	NDUDE	BUFFALO	F	51	50-54F	2.08.04	0
207	54	796	XOLA	MBATSHA	NMBAC	M	43	40-44M	2.08.05	1
208	187	903	KESVAL	CHETTY	CHARLO	M	58	55-59M	2.09.17	1
209	274	1267	ANAND	NAIDOO	VWAC	M	53	50-54M	2.09.18	1
210	519	5519	LOYISO	MALOTANA	TEMP	M	47	45-49M	2.09.35	0
211	912	20005	LETICIA LIKHONA	TONI	ACT AC	F	16	JF	2.09.38	1
212	205	921	MXOLISI	SIZIBA	CHARLO	M	52	50-54M	2.09.41	1
213	131	1776	SIPHOKAZI	MANI	VUKANI	F	33	SF	2.09.42	1
214	260	1600	YVETTE	JONKER	DESPATCH	F	51	50-54F	2.09.59	1
215	95	1582	MARINET	VAN TONDER	DESPATCH	F	45	45-49F	2.09.59	1
216	208	876	GEORGE	WINSHIP	CHARLO	M	57	55-59M	2.10.27	1
217	272	745	KATHLEEN	FLANAGAN	CRUSADE	F	37	35-39F	2.10.28	1
218	525	5525	SIBUSISO	MZLIKAZI	TEMP	M	28	SM	2.10.32	0
219	172	5972	JOY ANNE	PREGNOLATO	TEMP	F	52	50-54F	2.11.07	0
220	214	80006	LEZELL	HARRIS	VWAC	F	50	50-54F	2.11.15	1
221	210	2376	PHAKAMISA	BALENI	VUKANI	M	33	SM	2.11.17	1
222	66	2052	Thandisile	Nube	DPWEC	M	26	SM	2.11.36	1
223	329	4626	MOEGAMAT	MAMOOJEE	TEMP	M	57	55-59M	2.11.43	0
224	102	389	WALTER	ZIMBEVA	SPAREC	M	43	40-44M	2.11.44	1
225	59	1222	KELLY	NAIDOO	ELITEAC	F	42	40-44F	2.11.47	1
226	33	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	53	50-54F	2.11.48	1
227	363	455	JODI	PIENAAR	WALMER	M	29	SM	2.11.52	1
228	34	723	ALETTA	JOUBERT	CRUSADE	F	61	60-64F	2.12.02	1
229	228	1962	DANIEL	PIETERSE	BLUEBAY	M	61	60-64M	2.12.18	1
230	246	1567	JACOBUS	WYATT	DESPATCH	M	60	60-64M	2.12.18	1
231	11	2364	MARYKA	COETZER	MADIBA	F	40	40-44F	2.12.32	1
232	47	2169	WAYNE	MAC GEAR	MADIBAZ	M	60	60-64M	2.12.45	1
233	343	50824	NOZUKO	MBAYIMBAYI	REALGIJ	F	37	35-39F	2.13.01	0
234	14	1503	TENIELLE	DE ANDRADE	32GI	F	38	35-39F	2.13.08	1
235	4	1284	DEAN	BOSMAN	VWAC	M	41	40-44M	2.13.15	1
236	88	1429	RIKA	TERBLANCHE	NEDBANK	F	46	45-49F	2.13.16	1
237	85	563	LINDA	SILLS	RUN4C	F	41	40-44F	2.13.21	1
238	253	1474	MICHELE	MOOLMAN	NEDBANK	F	38	35-39F	2.13.22	1
239	305	4612	PAULA	PEARCE	TEMP	F	55	55-59F	2.13.23	0
240	188	894	TONY	CLARKE	CHARLO	M	62	60-64M	2.13.24	1
241	233	583	CHRISTELLE	SLABBERT	RUN4C	F	51	50-54F	2.13.32	1
242	350	2056	MCEBISI	MZINZI	DPWEC	M	43	40-44M	2.13.36	1
243	345	4632	SKUMBUZO	MZOSHE	TEMP	M	50	50-54M	2.13.37	0
244	91	80031	VERNON	VAN DER MERWE	MADIBA	M	43	40-44M	2.14.22	1
245	310	633	DAVID	NEL	ASPEN	M	36	35-39M	2.14.25	1
246	327	1071	HEIDI	JANSEN	ACH	F	56	55-59F	2.14.33	1
247	72	2198	NONDUMISO	PHAKATHI	MADIBAZ	F	41	40-44F	2.15.06	1
248	145	850	MARIANE	VAN DER LINDE	NEDBANK	F	44	40-44F	2.15.36	1
249	251	281	MONIQUE	RICHARDSON	MUIRITE	F	27	SF	2.15.59	1
250	75	322	ROGER	REDCLIFFE	MUIRITE	M	32	SM	2.15.59	1
251	271	213	SHARON	SMUTS	CSEP	F	57	55-59F	2.16.06	1
252	524	5524	SISEKO	MKUMLA	TEMP	M	38	35-39M	2.16.21	0
253	182	956	NEELESH	BHANA	CHARLO	M	52	50-54M	2.16.25	1
254	89	1629	ARINDA	VAN DER LINDE	MADIBA	F	33	SF	2.16.35	1
255	16	1795	SIPHESIHLE	DLWATI	VUKANI	M	33	SM	2.17.11	1
256	323	4621	KEVIN	GARDNER	TEMP	M	43	40-44M	2.17.17	0
257	6	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	51	50-54M	2.17.18	1
258	328	410	JANUARY	MTSHWENI	CHILLIEP	M	40	40-44M	2.17.40	1
259	82	50520	GAVIN	SHELDON	WORC	M	51	50-54M	2.18.15	0
260	332	1277	DENVER	ELLIE	VWAC	M	42	40-44M	2.18.47	1
261	280	1278	MPHATHISI	MJADU	VWAC	M	51	50-54M	2.19.34	1
262	174	5974	THEMBINKOSI	THWALA	TEMP	M	52	50-54M	2.20.05	0
263	304	4604	PATRICIA	WILLIAMS	TEMP	F	35	35-39F	2.20.36	0
264	226	1309	GERALD	PIETERSEN	VWAC	M	43	40-44M	2.20.36	1
265	105	105	RODNEY	BUTTERS	TEMP	M	61	60-64M	2.20.51	0
266	309	2043	LITHANDDOO	BADUZA	VUKANI	M	42	40-44M	2.21.02	1
267	344	1818	ANDILE	BOVUNGANA	VUKANI	M	56	55-59M	2.21.14	1
268	178	5978	NONKOSAZANA	SONANZE	TEMP	F	42	40-44F	2.21.15	0
269	334	80032	SUE	LEWIS	VUKANI	F	58	55-59F	2.21.16	1
270	267	11333	SIZAKELE	DAMBA	GUGS	M	45	45-49M	2.21.31	0
271	138	419	AMANDA	NOHAJI	CHILLIEP	F	35	35-39F	2.21.51	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	360	1445	NOYISE	LUVALO	NEDBANK	F	43	40-44F	2.21.54	1
273	108	108	CORLIA	KRUGER	TEMP	F	29	SF	2.22.12	0
274	132	783	THEMBELA	MANYA	NMBAC	F	39	35-39F	2.22.40	1
275	80	1045	YUSUF	SAMUELS	XCEL	M	64	60-64M	2.22.42	1
276	364	72	HERMAN	DEKKER	SAPPE	M	78	70+M	2.22.49	1
277	308	365	SEKI	MANDABA	IKHAMVA	F	48	45-49F	2.23.25	1
278	67	1248	EULIDA	OEOFSE	ELITEAC	F	50	50-54F	2.24.01	1
279	217	1104	CATHY	IVES	ACH	F	70	70+F	2.24.59	1
280	355	1788	NANDE	MATSHINGANA	VUKANI	F	37	35-39F	2.25.42	1
281	209	1051	LIZ	AUSTIN	ACH	F	65	65-69F	2.26.40	1
282	36	2391	JACQUES	KEIRSGIETER	ASPEN	M	35	35-39M	2.27.00	1
283	333	2093	GEROME	MINTOOR	ATLANTIC	M	55	55-59M	2.27.09	1
284	127	1331	JAN	LE ROUX	NEDBANK	M	63	60-64M	2.27.46	1
285	143	1472	ALTON	THOMAS	NEDBANK	M	48	45-49M	2.28.15	1
286	357	433	NCUMISA	KEPE	CHILLIEP	F	43	40-44F	2.28.44	1
287	313	4617	OBAKENG	VAN DYK	TEMP	M	33	SM	2.29.33	0
288	52	413	ASEMAHLE	MAQUNGO	CHILLIEP	F	27	SF	2.30.16	1
289	302	1407	BUKEKA	HELA	NEDBANK	F	50	50-54F	2.30.42	1
290	69	1956	SONJA	OLIVIER	BLUEBAY	F	55	55-59F	2.30.42	1
291	256	1466	AT	SCHOEMAN	NEDBANK	M	66	65-69M	2.31.17	1
292	63	2226	KHULISO	NEPHALAMA	ASPEN	M	32	SM	2.31.32	1
293	287	686	BRENDA	MUKOMBE	VITALITY	F	35	35-39F	2.31.49	1
294	167	5967	AZIZITA	MADASA	TEMP	F	25	SF	2.32.03	0
295	51	52442	MANDLA	MANTSHONGO	OMAC	M	42	40-44M	2.32.05	0
296	68	1713	LYDIA	OLIVER	GELVAN	F	55	55-59F	2.32.08	1
297	19	572	SHANTE	DU PLESSIS	RUN4C	F	30	SF	2.32.28	1
298	128	1073	THERESA	LILLIS	ACH	F	67	65-69F	2.32.49	1
299	515	5647	ANDISWA	CINGO	TEMP	F	37	35-39F	2.33.15	0
300	269	1725	PEARL	DAMONS	GELVAN	F	60	60-64F	2.33.20	1
301	240	4740	ZHULDYZ	ROBERTS	TEMP	F	36	35-39F	2.33.25	0
302	252	2331	LANCE	JACOBS	MADIBAZ	M	50	50-54M	2.34.45	1
303	164	5964	NADIA	HOSKIN	TEMP	F	37	35-39F	2.36.00	0
304	42	1936	MARKUS	KUNNEKE	BLUEBAY	M	54	50-54M	2.37.12	1
305	229	784	NOMTHA	QUNTA	NMBAC	F	37	35-39F	2.37.40	1
306	288	2302	KIM-LIN	JONES	VITALITY	F	30	SF	2.38.07	1
307	144	708	CARMEN	THURNHER	CRUSADE	F	25	SF	2.38.52	1
308	137	753	PLACXEDES	NDHLOVU	CRUSADE	F	49	45-49F	2.38.52	1
309	276	1333	MBULELO	SOBIKWA	NEDBANK	M	69	65-69M	2.38.54	1
310	10	2167	WENDY	CAMERON	MADIBAZ	F	45	45-49F	2.39.19	1
311	321	4620	KELLY	HARVEY	TEMP	F	33	SF	2.39.29	0
312	283	1306	GAVIN	KLINK	VWAC	M	50	50-54M	2.39.40	1
313	314	35	JEANETTE	PIENAAR	PEAAC	F	75	70+F	2.40.21	1
314	354	1808	SEEMOLA	MADLOKAZI	VUKANI	F	33	SF	2.40.32	1
315	222	2378	CWAYITA	MAPEKULA	VUKANI	F	40	40-44F	2.40.38	1
316	141	1421	ANNELINE	RAUTENBACH	NEDBANK	F	55	55-59F	2.41.29	1
317	270	1722	JASMINE	JACK	GELVAN	F	52	50-54F	2.41.41	1
318	359	1805	LUVUYO	QANDANA	VUKANI	M	39	35-39M	2.42.09	1
319	189	968	DENISE	DARLOW	CHARLO	F	54	50-54F	2.44.47	1
320	192	969	GARY	KELLEHER	CHARLO	M	65	65-69M	2.44.48	1
321	201	889	PETER	POHLMANN	CHARLO	M	60	60-64M	2.44.49	1
322	35	131	SHUKRY	KAFAAR	MALABAR	M	37	35-39M	2.49.05	1
323	518	5518	OBAKHE	NTSHUKUMBANA	TEMP	F	25	SF	2.49.14	0
324	106	106	JACKIE	ELOFF	TEMP	F	51	50-54F	2.50.08	0
325	13	761	NTOKOZO	DAMBUZA	CRUSADE	F	44	40-44F	2.51.43	1
326	9	624	BANDLAKAZI	CABA	ASPEN	F	36	35-39F	2.55.15	1
327	306	4613	MAUREEN	ROGERS	TEMP	F	66	65-69F	2.55.16	0
328	27	570	PIETER	GERBER	RUN4C	M	65	65-69M	2.56.08	1
329	239	4639	VUYOKAZI	NGALO	TEMP	F	42	40-44F	2.59.30	0
330	115	434	NQABISA	BENYA	CHILLIEP	F	42	40-44F	3.01.36	1
331	58	797	SEIPATE	MZANANDA	NMBAC	F	43	40-44F	3.03.32	1
332	30	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	48	45-49F	3.13.29	1
333	109	109	LAYOLA	NDZAMBO	TEMP	F	30	SF	3.16.00	0
334	337	4628	ZININZI	ZANGQA	TEMP	F	32	SF	3.20.14	0
335	336	17187	KHAYA	MTI	ABSA	M	44	40-44M	3.20.15	0
336	142	438	SIPHOSETHU	SANDI	CHILLIEP	F	27	SF	3.20.16	1
337	351	4634	JARED	MILLER	TEMP	M	35	35-39M	3.20.16	0
338	110	110	THUTO	NTSOEU	TEMP	F	28	SF	3.21.00	0
339	29	1679	KENNETH	GREYLING	MADIBA	M	63	60-64M	3.37.51	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
340	158	4758	JACO	BOTHA	TEMP	M	30	SM	3.38.10	0
341	169	5969	LINDSAY	MILLER	TEMP	F	44	40-44F	3.38.42	0
342	98	1616	JACQUI	WIGHTMAN	MADIBA	F	50	50-54F	3.41.21	0
HELPERS RUN										
H1	307	554	PETRUS	RADEMEYER	RUN4C	M	49	45-49M	1.45.00	2