

**Madibaz 10km - NMU Stadium - 2023/07/01**

POS	R.NO	LIC.NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	266	401	BONGANI	BANDA	CHILLIE EP	M	23	SM	0.32.13
2	211	1458	GEORGE	NTSHILIZA	NEDBANK RC	M	43	40-44	0.32.31
3	250	1322	SINETHEMBA	MIRELE	NEDBANK RC	M	26	SM	0.32.36
4	226	1335	ANELE	MALIZA	NEDBANK RC	M	45	45-49	0.34.45
5	272	20134	LITHEHA	GCUME	CHILLIE EP	M	17	JM	0.34.53
6	296	601	RYAN	PETER	PR AC	M	39	35-39	0.34.56
7	312	212	MALAKHIWE	YSTERMAN	ST ALBANS	M	32	SM	0.36.36
8	271	20133	LIHLE	MKELE	CHILLIE EP	M	17	JM	0.36.44
9	212	1925	SIYANDA	PETER	SIBALEKA	M	34	SM	0.37.11
10	329	519	LUVUYO	DYANI	MOTHERWELL	M	53	50-54	0.37.13
11	268	20130	BANELE	MTABA	CHILLIE EP	M	16	JM	0.37.40
12	328	20228	SIVENATHI	SODLADLA	SIBALEKA	M	16	JM	0.37.48
13	161	20161	JULIAN	VAN DER SCHYFF	PR AC	M	16	JM	0.38.35
14	324	350	NTSIKA	Ntamo	IKHAMVA AC	M	20	SM	0.39.09
15	202	1436	NTSIKELELO	SEBE	NEDBANK RC	M	40	40-44	0.39.29
16	277	20144	Inami	Mngewu	CHILLIE EP	M	16	JM	0.39.38
17	243	217	SAPHO	NKATA	ST ALBANS	M	46	45-49	0.39.51
18	220	2303	David	Veitch	TEAM	M	32	SM	0.39.56
19	146	793	GAVIN	THORNE	NMB AC	M	41	40-44	0.39.57
20	275	20129	Asanele	Puzi	CHILLIE EP	M	16	JM	0.40.23
21	273	20128	APHELELE	Mtshilita	CHILLIE EP	M	16	JM	0.40.50
22	276	20132	LATHITHA	VENA	CHILLIE EP	M	14	JM	0.41.03
23	113	5763	CALLAN	DEWAR	TEMP	M	26	SM	0.41.27
24	5	878	DANE	CRONJE	CHARLO AC	F	26	SF	0.41.45
25	247	20025	COMFORT	APPIAH	ACT AC	F	15	JF	0.41.59
26	80	5280	CASPER	NGOBENI	TEMP	M	30	SM	0.42.00
27	228	2308	LEBOHANG	SENTI	VUKANI MS	M	36	35-39	0.42.26
28	174	2292	ASANDA	ZAMISA	MADIBAZ AC	F	40	40-44F	0.42.40
29	292	545	RUHAN	VAN RENSBURG	RUN 4 CHRIST	M	31	SM	0.42.44
30	171	113	AIDAN	TUOHY	VARSIITY	M	26	SM	0.43.08
31	280	1748	RICHARD	RAMATSASA	GELVAN AC	M	47	45-49	0.43.39
32	29	20333	CALEB	LOTTERING	ATLANTIC	M	17	JM	0.43.53
33	143	731	GAVIN	ROGERS	CRUSADERS	M	58	55-59	0.44.00
34	310	1314	TAWFEEQ	VYVER	NEDBANK RC	M	24	SM	0.44.06
35	285	1801	LUNGISA	MKOSI	VUKANI MS	M	36	35-39	0.44.11
36	203	1457	RICHARD	MAZUNGULA	NEDBANK RC	M	46	45-49	0.44.31
37	249	1416	CHRISTINE	CLAASEN	NEDBANK RC	F	58	55-59F	0.44.34
38	96	20182	TIMOTHY	KOORTS	CHARLO AC	M	18	JM	0.45.04
39	248	1359	THEMBINKOSI	HAMBIYANI	NEDBANK RC	M	51	50-54	0.45.11
40	330	1062	WAYNE	MITCHELL	ACHILLES	M	50	50-54	0.45.14
41	200	1058	KRISTEN	LAWSON	ACHILLES	F	30	SF	0.45.30
42	56	534	MIEKE	WESTRAADT	RUN 4 CHRIST	F	28	SF	0.45.32
43	443	5843	SIPHAMANDLA	KOKO	TEMP	M	33	SM	0.45.48
44	178	9581	NICOLA-JAYNE	KIRKBY	NEDBANK	F	39	35-39F	0.45.51
45	172	1077	MICHAEL	BESTER	ACHILLES	M	36	35-39	0.45.52
46	123	5773	JUDE	ROSS	TEMP	M	27	SM	0.45.54
47	2	1782	SERGEI	BENJAMIN	VUKANI MS	M	36	35-39	0.46.13
48	233	20047	NICK	SEPTEMBER	ATLANTIC	M	16	JM	0.46.37
49	255	255	LUVUYO	LAMDU	TEMP	M	30	SM	0.46.40
50	112	5762	MULWELI	ALIDZULWI	TEMP	M	29	SM	0.46.51
51	270	20127	AKHONA	ZAKE	CHILLIE EP	F	17	JF	0.46.53
52	99	20010	GEORGE	NEL	WALMER AC	M	19	JM	0.47.34
53	1	1718	CHARLES	BAATJIES	GELVAN AC	M	66	65-69	0.47.35
54	391	791	ETHAN	HOWARD	TEMP	M	19	JM	0.47.36
55	213	508	OLWETHU	BOMVANA	CHILLIE EP	F	37	35-39F	0.47.39
56	180	6080	JAMES	KRAUSE	TEMP	M	37	35-39	0.47.45
57	166	720	DANTE	ROSSI	CRUSADERS	M	29	SM	0.47.52
58	314	335	GJ	BOTHA	SANDF AC EP	M	51	50-54	0.47.56
59	227	1440	DON	CHARLES	NEDBANK RC	M	74	70+M	0.47.58
60	497	6097	ZOLANI	NTUNGWA	TEMP	M	40	40-44	0.48.17
61	153	5588	WESLEY	MERRICK	TEMP	M	29	SM	0.48.35
62	397	797	MARK	OOSTHUIZEN	TEMP	M	58	55-59	0.48.48
63	320	1907	SONWABISO	JIKA-JIKA	SIBALEKA	M	37	35-39	0.49.23

POS	R.NO	LIC.NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
64	232	20294	WANDRE	VAN RAYNER	ATLANTIC	M	18	JM	0.49.46
65	403	5803	STEPHEN	PENNEY	TEMP	M	49	45-49	0.49.56
66	236	800	THEMBA	GXABEKA	NMB AC	M	48	45-49	0.50.16
67	175	6075	ADRIAAN	COX	TEMP	M	23	SM	0.50.17
68	300	4866	ZOLILE	QWEBANI	TEMP	M	52	50-54	0.50.21
69	390	790	PETENI	KUZWAYO	TEMP	M	41	40-44	0.50.26
70	25	1995	YOLANDIE	LANDMAN	PROFILES AC	F	48	45-49F	0.50.49
71	14	1664	ARNO	GERBER	MADIBA BW	M	52	50-54	0.50.56
72	76	5276	WENDY	MCCALLUM	TEMP	F	42	40-44F	0.51.01
73	287	1004	JOHANNETTE	OOSTHUIZEN	BODY	F	58	55-59F	0.51.03
74	33	20334	NATHAN	LOTTERING	ATLANTIC	M	17	JM	0.51.17
75	30	2086	COLIN	LOTTERING	ATLANTIC	M	19	JM	0.51.37
76	42	20315	JOEL	OLIPHANT	ATLANTIC	M	18	JM	0.51.37
77	24	1994	VERNON	LANDMAN	PROFILES AC	M	48	45-49	0.51.53
78	297	1208	CHRISTINE	BIRD	ELITE A C	F	52	50-54F	0.51.55
79	201	1476	NOLUKHANYO	MDWAYI	NEDBANK RC	F	42	40-44F	0.51.57
80	293	1512	CHARL	GERBER	32GI EP AC	M	46	45-49	0.52.05
81	156	801	DEON	ENGBRECHT	NMB AC	M	55	55-59	0.52.18
82	332	20513	Katlego	Lelaka	VWAC	M	16	JM	0.52.21
83	283	1360	SITHEMBILE	MPAKO	NEDBANK RC	M	62	60-64	0.52.26
84	168	1007	JANETTE	SCHIERZ-CRUSIUS	BODY	F	62	60-64F	0.52.26
85	136	2398	NATASCIA	DE RIDDER	ELITE A C	F	44	40-44F	0.52.31
86	77	5277	GRANT	MORTON	TEMP	M	37	35-39	0.52.34
87	147	20187	CHRISTIAAN	VAN DER MERWE	ELITE A C	M	17	JM	0.52.36
88	500	5700	I	MATIWANE	TEMP	M	26	SM	0.52.37
89	437	5837	EDWIN	JEPPE	TEMP	M	32	SM	0.52.39
90	109	2252	TRACEY	VAN GREUNEN	32GI EP AC	F	31	SF	0.52.57
91	279	20508	Arney	Mc Carthy	GELVAN AC	M	17	JM	0.53.26
92	260	20507	GIFT	RAMATSASA	GELVAN AC	M	19	JM	0.53.27
93	151	5761	GRANTHAM	MACLEAN	TEMP	M	35	35-39	0.53.46
94	137	2399	PHILLIP	DE RIDDER	ELITE A C	M	47	45-49	0.53.52
95	242	140	WAJDIE	SOLOMON	MALABAR	M	58	55-59	0.54.03
96	246	5846	APHIWE	MAGAYA	TEMP	M	25	SM	0.54.10
97	95	911	JACOBUS	KOORTS	CHARLO AC	M	51	50-54	0.54.14
98	93	618	KELLY	HOLMES	ASPEN	F	46	45-49F	0.54.15
99	234	20075	RUSANDO	LEWIES	ATLANTIC	M	16	JM	0.54.17
100	169	1687	NORMAN	SILKE	MADIBA BW	M	45	45-49	0.54.36
101	229	20074	ALLSTAIR	MICHAELS	ATLANTIC	M	18	JM	0.54.44
102	295	1201	CATHY	ALLERS	ELITE A C	F	61	60-64F	0.54.48
103	261	153	THOBELA	THOBA	ACT AC	M	42	40-44	0.54.48
104	97	1222	KELLY	NAIDOO	ELITE A C	F	42	40-44F	0.54.51
105	340	5109	PHILASANDE	RUNELI	TEMP	M	32	SM	0.55.02
106	6	1503	TENIELLE	DE ANDRADE	32GI EP AC	F	38	35-39F	0.55.04
107	315	2381	GERT	HARMSE	RUN 4 CHRIST	M	57	55-59	0.55.04
108	309	926	TREVOR	VAN RENSBURG	CHARLO AC	M	70	70+M	0.55.06
109	38	891	SAMANTHA	MUKHEIBIR	CHARLO AC	F	45	45-49F	0.55.09
110	82	5282	ROBERT	PRIDEAUX	TEMP	M	55	55-59	0.55.10
111	394	794	MARINE	BELTRAN	TEMP	F	33	SF	0.55.14
112	395	795	JUAN-PIERRE	DESCHAMPS	TEMP	M	32	SM	0.55.15
113	20	20170	AMBER	IRVINE	PR AC	F	16	JF	0.55.19
114	299	1299	MICHAEL	SLATER	VWAC	M	52	50-54	0.55.23
115	400	5800	JARRYD	HOPPNER	TEMP	M	14	JM	0.55.36
116	199	50129	SANNAH	MPUKULA	BODY	F	49	45-49F	0.55.45
117	303	1567	JACOBUS	WYATT	DESPATCH	M	60	60-64	0.55.53
118	262	4626	OMPHILE	TSOMBKO	TEMP	M	33	SM	0.55.54
119	119	5769	RIYAAD	NATHIE	TEMP	M	41	40-44	0.55.56
120	311	1312	DEON	VYVER	NEDBANK RC	M	56	55-59	0.56.07
121	59	1284	DEAN	BOSMAN	VWAC	M	41	40-44	0.56.10
122	60	5260	QUINTON	ASHWORTH	TEMP	M	37	35-39	0.56.11
123	117	5767	MARISKA	KRUGER	TEMP	F	45	45-49F	0.56.15
124	298	1342	DARIUS	SWIEGELAAR	NEDBANK RC	M	28	SM	0.56.16
125	183	6083	GEOFFREY	SWARTBOOI	TEMP	M	47	45-49	0.56.18
126	302	1962	DANIEL	PIETERSE	BLUEWATER	M	60	60-64	0.56.27
127	223	397	THANDO	FRANS	SPAR EC RC	M	45	45-49	0.56.58

POS	R.NO	LIC.NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
128	4	903	KESVAL	CHETTY	CHARLO AC	M	58	55-59	0.57.03
129	399	799	AXOLA	PAKADE	TEMP	M	26	SM	0.57.08
130	135	1259	HEINZ	CONRAD	ELITE A C	M	44	40-44	0.57.16
131	245	8245	ZOLANI	SIBENGILE	TEMP	F	23	SF	0.57.26
132	313	1317	CHARMELLE	MAY	NEDBANK RC	F	42	40-44F	0.57.42
133	389	789	ENRICO	ENGELBRECHT	TEMP	M	26	SM	0.57.54
134	127	20026	TINASHE	SONI	SIBALEKA	M	17	JM	0.58.08
135	326	1921	HADIGAH	FULANI	SIBALEKA	F	20	JF	0.58.08
136	49	694	NADIA	VAN ASWEGEN	TEAM	F	26	SF	0.58.19
137	231	82	LETA	DOS SANTOS	INFINITY AC	F	58	55-59F	0.58.26
138	290	50313	ISRAEL	MPUKULA	BODY	M	46	45-49	0.58.50
139	40	1737	LYNDLE	NAIDOO	GELVAN AC	F	31	SF	0.58.53
140	235	1558	HANNEKE	STRYDOM	DESPATCH	F	38	35-39F	0.59.06
141	217	1589	INKE	KALTENBRUNN	DESPATCH	F	26	SF	0.59.07
142	132	541	ELZET	BRITS	RUN 4 CHRIST	F	34	SF	0.59.48
143	104	1301	DESTIN	SAUER	VWAC	M	42	40-44	0.59.49
144	188	6088	STEVEN	THOMAS	TEMP	M	57	55-59	0.59.50
145	90	1220	ANDRE	FOURIE	RUN 4 CHRIST	M	76	70+M	0.59.55
146	224	2320	Nkosazana	Mlungwana	SIBALEKA	F	30	SF	0.59.58
147	16	575	ANTONIE	GROBLER	RUN 4 CHRIST	M	70	70+M	1.00.02
148	142	727	ANGELA	ROGERS	CRUSADERS	F	53	50-54F	1.00.11
149	162	741	MARGARET	LLOYD	CRUSADERS	F	59	55-59F	1.00.12
150	160	1225	SUSANNA	KEMP	ELITE A C	F	39	35-39F	1.00.21
151	239	1818	ANDILE	BOVUNGANA	VUKANI MS	M	56	55-59	1.00.33
152	384	784	PHILLIPA	ZENIOS	TEMP	F	40	40-44F	1.00.44
153	385	785	LINDSEY	DREW	TEMP	M	31	SM	1.00.47
154	323	1316	RUBERTO	MAY	NEDBANK RC	M	46	45-49	1.00.51
155	51	1461	BENICE	VAN DER MESCHT	NEDBANK RC	F	22	SF	1.00.54
156	50	1462	DEON	VAN DER MERWE	NEDBANK RC	M	54	50-54	1.00.55
157	39	686	BRENDA	MUKOMBE	TEAM	F	35	35-39F	1.01.35
158	221	5221	SIYA	COKILE	TEMP	M	46	45-49	1.01.46
159	125	5775	CLINTON	SCHUTTERS	TEMP	M	41	40-44	1.02.06
160	372	6072	ALLIWIE	FRITZ	TEMP	M	41	40-44	1.02.10
161	87	6087	CLINT	WASSIN	TEMP	M	43	40-44	1.02.11
162	139	1207	CHARL	GRIESSEL	ELITE A C	M	59	55-59	1.02.17
163	281	85	CARINA	MARAIS	INFINITY AC	F	31	SF	1.02.18
164	388	5788	NATALIE	ELLIOT	TEMP	F	53	50-54F	1.02.21
165	392	5792	EMAAN	KHAN	TEMP	F	53	50-54F	1.02.24
166	333	1246	NATALIE	LIEBENBERG	ELITE A C	F	36	35-39F	1.02.29
167	386	5786	LINE	JENSEN	TEMP	M	35	35-39	1.02.45
168	176	6076	LAURE	PIETERSE	TEMP	M	52	50-54	1.02.52
169	319	1724	AMEERA	CAMPBELL	GELVAN AC	F	49	45-49F	1.02.58
170	222	387	NANDIPA	MYELEYELE	SPAR EC RC	F	35	35-39F	1.03.11
171	448	5848	EVAN	RANDALL	TEMP	M	14	JM	1.03.24
172	240	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO AC	M	60	60-64	1.03.28
173	278	1016	LINDA	BARKHUIZEN	BODY	F	54	50-54F	1.03.29
174	106	1087	FRANCOIS	SMIT	ACHILLES	M	63	60-64	1.03.40
175	102	1094	MARIETJIE	PIETERSEN	ACHILLES	F	66	65-69F	1.03.41
176	294	328	MADRE	WELMANS	MUIRITE	F	54	50-54F	1.03.42
177	101	800013	ANDRE	NEL	WALMER AC	M	56	55-59	1.03.46
178	494	6094	CANDICE	ELLIOT	TEMP	F	25	SF	1.03.56
179	269	1190	Roslynn	Van Schoor	JEFFREYS	F	25	SF	1.03.57
180	157	1641	DEBBIE	HILTON	MADIBA BW	F	51	50-54F	1.04.08
181	325	808	LULAMILE	PHONGOLA	NMB AC	M	66	65-69	1.04.09
182	9	544	JACQULENE	DU TOIT	RUN 4 CHRIST	F	50	50-54F	1.04.11
183	264	44	COLLEEN	MOSES	SAPS AC EP	F	48	45-49F	1.04.20
184	305	1624	ESTELLE	DE KLERK	MADIBA BW	F	56	55-59F	1.04.35
185	307	1631	AMANDA	BLIGNAULT	MADIBA BW	F	63	60-64F	1.04.36
186	70	5270	SASKIA	KOOPMAN	TEMP	F	24	SF	1.04.40
187	218	1861	SIMANGILE	SOLWANDLE	HOLLYWOOD	F	32	SF	1.04.54
188	215	1938	JENN	SEADY	BLUEWATER	F	50	50-54F	1.04.58
189	43	1713	LYDIA	OLIVER	GELVAN AC	F	55	55-59F	1.05.01
190	244	5702	SINDISWA	ZAMXAKA	TEMP	F	43	40-44F	1.05.41
191	126	5776	GALIT	SELIGMAN	TEMP	F	29	SF	1.05.57

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192	378	6078	MAKHI	HOBO	TEMP	M	47	45-49	1.06.10
193	129	5779	ZETHU	THWALA	TEMP	F	44	40-44F	1.06.10
194	254	254	BRIAN	MULHALI	TEMP	M	27	SM	1.06.23
195	57	578	TANIA	SCHNEIDER	RUN 4 CHRIST	F	62	60-64F	1.06.39
196	140	2380	THOZAMA	MANTLAKA	VUKANI MS	F	37	35-39F	1.06.47
197	436	5836	NOZIE	GWILI	TEMP	F	40	40-44F	1.06.52
198	3	923	EVA	CHETTY	CHARLO AC	F	55	55-59F	1.06.58
199	225	23310	TATUM	TERBLANCHE	ABSA PRIDE	F	31	SF	1.06.58
200	144	691	WALTER	STRONACH	TEAM	M	33	SM	1.07.11
201	308	2382	ELIZMA	HARMSE	RUN 4 CHRIST	F	62	60-64F	1.07.15
202	263	45	ANDREW	MOSES	SAPS AC EP	M	50	50-54	1.07.32
203	181	6081	GARRET	PIETERSON	TEMP	M	59	55-59	1.08.28
204	23	95	ZELDA	KRIGE	INFINITY AC	F	63	60-64F	1.08.36
205	430	5830	ALICIA	DÁRCY	TEMP	F	36	35-39F	1.08.44
206	492	6092	BERTUS	JACOBS	TEMP	M	48	45-49	1.08.57
207	12	472	TARYN	FERREIRA	WALMER AC	F	42	40-44F	1.09.05
208	449	5849	MICHELLE	BLOM	TEMP	F	45	45-49F	1.09.11
209	434	5843	LISA	RANDALL	TEMP	F	43	40-44F	1.09.12
210	138	289	RENAY	DU PLESSIS	MUIRITE	F	55	55-59F	1.09.17
211	111	1303	WARREN	WAGENAAR	VWAC	M	47	45-49	1.09.19
212	256	256	FREDERICK	LOUW	TEMP	M	48	45-49	1.09.26
213	150	303	SANET	VAN NIEKERK	MUIRITE	F	54	50-54F	1.09.34
214	334	52069	NOKWANDA	MTSHOTANE	ALIWAL TOP	F	33	SF	1.09.37
215	44	1231	HELENE	OPPEL	ELITE A C	F	73	70+F	1.10.06
216	195	1742	DESIREE	TITUS	GELVAN AC	F	57	55-59F	1.10.13
217	238	20188	Lauren	Gerber	ELITE A C	F	16	JF	1.10.14
218	327	20234	ASISIPHO	MATSHA	SIBALEKA	F	16	JF	1.10.15
219	496	6096	IMKE	GEHRING	TEMP	F	39	35-39F	1.10.15
220	86	6086	CRAIG	VAN LOGGERENBERG	TEMP	M	17	JM	1.10.19
221	81	5281	MPUMELELO	NGWENYA	TEMP	M	33	SM	1.10.53
222	79	5279	THABISA	NGESI	TEMP	F	32	SF	1.11.11
223	251	1572	NANDIPHA	NAIDOO	DESPATCH	F	44	40-44F	1.11.37
224	252	252	SHINAY	TERBLANCHE	TEMP	F	31	SF	1.11.39
225	11	713	DENISE	FERREIRA	CRUSADERS	F	61	60-64F	1.11.43
226	253	253	OBAKHE	NTSHUKUMBANA	TEMP	F	24	SF	1.11.49
227	75	5275	NOZBELE	MBETHE	TEMP	F	48	45-49F	1.11.54
228	184	6084	YARDON	SWARTBOOI	TEMP	M	15	JM	1.12.01
229	197	1771	PHUMLA	CHELESI	VUKANI MS	F	42	40-44F	1.12.15
230	257	257	LUCIAN	SIMMONDS	TEMP	M	44	40-44	1.12.23
231	10	1277	DENVER	ELLIE	VWAC	M	42	40-44	1.12.48
232	493	6093	GARETH	GROENER	TEMP	M	42	40-44	1.12.51
233	36	51986	BULELWA	MONDI	DEPT LAND	F	54	50-54F	1.12.53
234	41	1286	SHANDRY	NAZER	VWAC	F	34	SF	1.12.55
235	495	6095	PHUMELELA	NTUNGWA	TEMP	F	36	35-39F	1.12.56
236	133	309	YVETTE	BROPHY	MUIRITE	F	53	50-54F	1.13.08
237	335	1604	HENRY	HULME	DESPATCH	M	58	55-59	1.13.36
238	134	1606	FANIE	CLAASSEN	DESPATCH	M	65	65-69	1.13.37
239	164	1117	GRAHAM	NELL	ACHILLES	M	72	70+M	1.13.42
240	19	29865	PALESH	HEADBUSH	COUNTRY	F	44	40-44F	1.13.53
241	216	616	GESINA	ERASMUS	TEMP	F	41	40-44F	1.13.54
242	306	2044	GARY	HENDRICKS	MUIRITE	M	56	55-59	1.14.14
243	32	2091	EUGENE	LOTTERING	ATLANTIC	M	54	50-54	1.14.33
244	167	80026	LELSEY	RUITERS	ATLANTIC	F	40	40-44F	1.14.34
245	317	1296	PIETER	STEYN	VWAC	M	64	60-64	1.14.45
246	219	2051	VUYOKAZI	MBASA	DEPT PUBLIC	F	42	40-44F	1.15.02
247	420	5820	KELLY-RAE	MORTIMER	TEMP	F	41	40-44F	1.15.07
248	8	20001	ZANTE	DEKKER	SAPS AC EP	F	16	JF	1.15.27
249	214	1914	SELBY	THABETHE	SIBALEKA	M	49	45-49	1.15.47
250	428	5828	NATALIE	VOSLOO	TEMP	F	37	35-39F	1.16.14
251	48	1343	BERENICE	SMITH	NEDBANK RC	F	58	55-59F	1.16.17
252	64	5264	LIZETTE	DAVIDS	TEMP	F	54	50-54F	1.16.18
253	68	5268	CHARL	GOUWS	TEMP	M	57	55-59	1.16.19
254	67	5267	CHANTAL	FISHER	TEMP	F	44	40-44F	1.16.25
255	100	20506	ANRIE	NEL	WALMER AC	F	19	JF	1.16.26

POS	R.NO	LIC.NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
256	98	800012	ELMARIE	NEL	WALMER AC	F	47	45-49F	1.16.26
257	265	409	Lilitha	Cembi	CHILLIE EP	F	31	SF	1.16.49
258	28	20335	AMY	LOTTERING	ATLANTIC	F	18	JF	1.17.03
259	122	5772	MELISSA	POTGIETER	TEMP	F	37	35-39F	1.17.14
260	237	1279	NURENA	PETESSEN	VWAC	F	39	35-39F	1.17.25
261	84	6084	GAYLE	SAAYMAN	VWAC	F	35	35-39F	1.17.27
262	108	94	DENISE	TERBLANCHE	INFINITY AC	F	75	70+F	1.17.48
263	318	70	BIANCA	SWARTS	SAPS AC EP	F	20	JF	1.18.09
264	7	75	HESTER	DEKKER	SAPS AC EP	F	51	50-54F	1.18.09
265	45	1183	NADIA	PETERSEN	JEFFREYS	F	66	65-69F	1.18.23
266	288	1403	JOHAN	FERREIRA	NEDBANK RC	M	61	60-64	1.18.26
267	291	453	JO-ANNE	MUIR	WALMER AC	F	53	50-54F	1.18.41
268	304	452	SHARON	POTGIETER	WALMER AC	F	58	55-59F	1.18.42
269	110	1539	YOLANDI	VAN TONDER	32GI EP AC	F	46	45-49F	1.18.43
270	286	326	NEIL	GROBLER	MUIRITE	M	63	60-64	1.18.44
271	431	5831	ZAID	DOLLEY	TEMP	M	53	50-54	1.18.52
272	316	1720	NOLEEN	NORRIS	GELVAN AC	F	66	65-69F	1.19.05
273	58	1640	CHERYL	WITTE	MADIBA BW	F	61	60-64F	1.19.06
274	128	5778	SIMON	STRIMLING	TEMP	M	61	60-64	1.19.11
275	31	2090	DELIA	LOTTERING	ATLANTIC	F	51	50-54F	1.19.11
276	373	6073	JEANETTE	CROSSMAN	TEMP	F	61	60-64F	1.19.18
277	63	5263	MIRANDA	COGGER	TEMP	F	46	45-49F	1.19.18
278	37	11759	CHARLOTTE	MOTHILALL	MAZARS AC	F	40	40-44F	1.20.08
279	322	1941	ALICIA	KILLIAN	BLUEWATER	F	30	SF	1.20.13
280	321	1955	ROZANNE	DAVIS	BLUEWATER	F	30	SF	1.20.14
281	387	5787	DONALD	ELLIOT	TEMP	M	55	55-59	1.20.22
282	121	5771	NQOBILE	QUPE	TEMP	F	53	50-54F	1.20.42
283	196	1723	REHANA	DE MAINE	GELVAN AC	F	56	55-59F	1.21.08
284	158	1305	CASEY	ISAACS	VWAC	F	45	45-49F	1.21.22
285	91	1215	HELEN	FOURIE	RUN 4 CHRIST	F	53	50-54F	1.21.59
286	182	6082	LAUREN	STEVENSON	TEMP	F	24	SF	1.22.06
287	179	6079	RUBY	FISCH	TEMP	F	25	SF	1.22.07
288	83	5283	KEZIA	PRINSLOO	TEMP	F	38	35-39F	1.22.08
289	393	793	ALIZWA	BOVUNGANA	TEMP	M	22	SM	1.22.19
290	170	712	NDILEKA	THOMPSON	CRUSADERS	F	45	45-49F	1.22.28
291	116	5766	LEIGH	KLINK	TEMP	F	41	40-44F	1.23.01
292	499	6099	SIXOLILE	NTLANTSANA	TEMP	F	57	55-59F	1.23.27
293	145	1241	MARLENE	TERBLANCHE	ELITE A C	F	73	70+F	1.23.30
294	289	1654	IRMA	INGRAM	MADIBA BW	F	57	55-59F	1.23.36
295	424	5824	GLENNYS	FERREIRA	TEMP	F	71	70+F	1.23.37
296	398	798	NOKUPIWA	WISANI	TEMP	F	41	40-44F	1.24.00
297	89	1090	MARK	ERLANK	ACHILLES	M	50	50-54	1.24.16
298	88	1089	HELEN	ERLANK	ACHILLES	F	41	40-44F	1.24.17
299	34	910	RAE	LUCKMAN	CHARLO AC	F	53	50-54F	1.24.40
300	54	962	MILE	VERMAAK	CHARLO AC	F	56	55-59F	1.24.41
301	55	275	JONEL	VORSTER	MUIRITE	F	33	SF	1.25.42
302	73	5273	JASON	LE ROUX	TEMP	M	27	SM	1.25.42
303	92	93	STEPHANIE	HAY	INFINITY AC	F	67	65-69F	1.25.56
304	230	81	JOSE	DOS SANTOS	INFINITY AC	M	58	55-59	1.25.57
305	241	767	GILLIAN	MCAINSH	CRUSADERS	F	63	60-64F	1.26.37
306	15	571	RITA	GERBER	RUN 4 CHRIST	F	62	60-64F	1.26.45
307	53	916	SHARON	VAN ZYL	CHARLO AC	F	47	45-49F	1.27.34
308	118	5768	LYNETTE	MYBURGH	TEMP	F	43	40-44F	1.28.34
309	105	1643	DINA	SCHUTTE	MADIBA BW	F	57	55-59F	1.29.25
310	120	5770	PHILISA	NDZAMELA	TEMP	F	43	40-44F	1.29.43
311	115	5765	SIKELELA	KESWA	TEMP	F	33	SF	1.29.52
312	66	5266	CERIDWEN	EDWARDS	TEMP	F	36	35-39F	1.30.30
313	205	605	KHAYAKAZI	SOYAYA	TEMP	F	31	SF	1.31.57
314	498	6098	LEMA'KHAYA	JARONA	TEMP	F	12	JF	1.31.57
315	383	5265	LUNGILE	DIMANE	TEMP	F	40	40-44F	1.33.00
316	46	959	SUSAN	PIRON	CHARLO AC	F	59	55-59F	1.33.13
317	103	1949	VICKI	REYNOLDS	BLUEWATER	F	59	55-59F	1.33.13
318	13	34	LEE-ANN	GARDNER	PEAAC	F	60	60-64F	1.33.25
319	17	1350	DOROTHY	HART	NEDBANK RC	F	85	70+F	1.33.25

POS	R.NO	LIC.NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
320	282	438	SIPHOSETHU	SANDI	CHILLIE EP	F	27	SF	1.34.44
321	61	5261	ANITA	BARKHUIZEN	TEMP	F	57	55-59F	1.35.01
322	62	5262	NATALIA	CARELSE	TEMP	F	54	50-54F	1.35.01
323	301	1095	MOF	BOTHA	ACHILLES	M	67	65-69	1.35.36
324	130	5780	JOSHUA	VAN DYK	TEMP	M	63	60-64	1.35.38
325	416	5816	AYANDA	NOMOYI	TEMP	F	45	45-49F	1.35.49
326	177	6077	LAVERNE	THORNE	TEMP	F	44	40-44F	1.36.09
327	152	5586	SANDISWA	MASWANA	TEMP	F	42	40-44F	1.36.24
328	141	1797	NOMAWETU	NOGAGA	VUKANI MS	F	45	45-49F	1.36.27
329	74	5274	CLAUDIUS	MARAIS	TEMP	M	59	55-59	1.37.15
330	396	796	PHILISWA	SITELA	TEMP	F	34	SF	1.42.40
331	71	5611	SIMNIKIWE	KOTSELE	TEMP	F	35	35-39F	1.46.50
332	382	782	LUMKA	NGCUME	TEMP	F	43	40-44F	1.59.02
<b>HELPERS RUN</b>									
H01	801	555	BURNITA	STRYDOM	RUN4C	F	54	50-54F	0.48.39
H02	802	543	NIEKIE	OOSTHUIZEN	RUN4C	F	53	50-54F	1.14.52
H03	803	1471	SHIRLEEN	CLARKE	NEDBANK	F	60	60-64F	1.27.36
H04	804	942	EDITH	MACGEAR	CHARLO	F	55	55-59F	1.27.55