

**NMB 1 CITY HALF MARATHON - FAIRVIEW RACECOURSE, PORT ELIZABETH - 2022/12/03**

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2291	50489	YANGA	MALUSI	BOXER AC	M	25	SM	1.07.59	0
2	2223	1433	BONGANI	BANDA	NEDBANK	M	23	SM	1.10.44	5
3	2253	1338	SIBAHLE	MAQWARA	NEDBANK	M	21	SM	1.10.49	5
4	2179	1037	ADRIAAN	GERWEL	XCEL	M	26	SM	1.12.53	5
5	2644	1914	ZOLANI	MABONGO	SIBALEKA	M	36	35-39M	1.13.53	5
6	2110	1458	GEORGE	NTSHILIZA	NEDBANK	M	43	40-44M	1.15.15	5
7	2356	2356	SIYABONGA	MADALA	BOXERWP	M	36	35-39M	1.15.36	0
8	2332	20014	SIYABO	RHAFUZA	NEDBANK	M	18	JM	1.16.41	5
9	2265	1202	GCOBANI	BEKWAPI	ELITEAC	M	43	40-44M	1.19.43	5
10	2334	20037	APHELELE	SEPTEMBER	ACT AC	M	18	JM	1.21.04	4
11	2733	5133	STEFAN	DE WET	TEMP	M	35	35-39M	1.22.42	0
12	2183	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	40	40-44F	1.22.46	5
13	2446	5446	GODFREY	STUURMAN	TEMP	M	22	SM	1.23.06	0
14	2447	5447	ONATHI	STUURMAN	TEMP	M	23	SM	1.24.41	0
15	2159	50005	ELIOT	MAINE	PAC	M	34	SM	1.24.53	0
16	2221	858	SHAUN	ATTENBOROUGH	CHARLO	M	54	50-54M	1.25.57	5
17	2283	50492	SANDISWA	KUNDULU	BOXER AC	F	31	SF	1.27.52	0
18	2630	1357	MALIBONGWE	MBELU	NEDBANK	M	50	50-54M	1.28.25	5
19	2238	2059	AUGUST	ESAU	NEDBANK	M	52	50-54M	1.28.34	5
20	2219	4370	Christian	Appels	CSEP	M	18	JM	1.28.58	3
21	2313	429	THOKO	SIPUNGU	ALBANY	M	33	SM	1.29.02	3
22	2259	908	KAYLA	NELL	CHARLO	F	28	SF	1.30.02	4
23	2536	520159	ANOYOLO	PAULISI	PAC	M	16	JM	1.30.05	0
24	2130	52295	SAMORA	MZALAZALA	NEDBOR	M	39	35-39M	1.30.58	0
25	2609	1330	RUAN	SMALBERGER	NEDBANK	M	32	SM	1.31.04	3
26	2202	5524	JORDAN	HOYLE	TEMP	M	18	JM	1.31.05	0
27	2258	993	THEMBEKILE	MSIPA	CHARLO	M	48	45-49M	1.31.18	4
28	2402	5402	LEIGH	CALLAGHAN	TEMP	F	27	SF	1.32.49	0
29	2601	1825	KHAYA	GQWETHA	VUKANI	M	37	35-39M	1.33.23	3
30	2527	5507	MCEBISI	MPONDO	VUKANI	M	39	35-39M	1.33.23	3
31	2192	1406	REFELOE	SOLOMONS	NEDBANK	F	41	40-44F	1.33.57	5
32	2382	5082	INGE	WILLIAMS	TEMP	F	33	SF	1.34.42	0
33	2196	5511	SIBONGISENI	DIDI	TEMP	M	32	SM	1.34.57	0
34	2186	360	BUYISILE	NGESI	IKHAMVA	M	53	50-54M	1.35.01	4
35	2548	5515	ANDRE	DALTON	TEMP	M	61	60-64M	1.35.05	0
36	2201	5596	LUKE	HOYLE	TEMP	M	18	JM	1.35.37	0
37	2617	1707	DAMIAN	OLIVER	GELVAN	M	31	SM	1.35.54	2
38	2104	1221	TERRAY	POTHIER	ELITEAC	F	31	SF	1.36.01	3
39	2142	175	BULELANI	MTSHWANE	SPAREC	M	31	SM	1.36.03	2
40	3733	41797	MVANO	JAKALASE	BWEST	M	33	SM	1.36.52	0
41	3446	5446	MATTHEW	SHEDLOCK	TEMP	M	35	35-39M	1.36.54	0
42	2174	4000	VUYISILE	SIMAYILE	NEDBANK	M	35	35-39M	1.37.11	2
43	2641	1092	EDEN	GRUNDLINGH	ACH	M	33	SM	1.37.16	2
44	2479	5479	MATTIE	WEBB	TEMP	F	29	SF	1.37.24	0
45	2649	1131	TAWFEEQ	VYVER	NEDBANK	M	24	SM	1.37.38	2
46	2461	5461	CALLAN	DEWAR	TEMP	M	25	SM	1.37.45	0
47	2320	59285	JAN	VAN NIEKERK	NOCLUB	M	44	40-44M	1.38.09	0
48	2205	2004	MICHELLE	HOWES	IKHAMVA	F	54	50-54F	1.38.24	5
49	2597	1564	LEON	WEITSZ	DESPATCH	M	48	45-49M	1.38.39	3
50	2663	1394	DAVERA	MAGSON	NEDBANK	F	48	45-49F	1.39.13	5
51	2305	259	THOBELA	NTAMO	TINARHA	M	37	35-39M	1.39.37	2
52	2670	763	JOSHUA	NTABANYANE	JBAY	M	30	SM	1.40.05	2
53	2189	1469	MARGIE	SAUNDERS	NEDBANK	F	69	65-69F	1.40.11	5
54	2572	5548	KHANYISO	MGOLOZELWA	OMAC	M	36	35-39M	1.40.23	0
55	2236	1596	PIERRE	DEYSEL	DESPATCH	M	48	45-49M	1.40.25	2
56	2645	1908	ASANDA	ZAMISA	SIBALEKA	F	39	35-39F	1.40.27	3
57	2153	51438	MONGEZI	BELEM	KHULANI	M	30	SM	1.40.33	0
58	2463	5463	CHRISTINE	HARDING	TEMP	F	30	SF	1.40.52	0
59	2042	1141	Johann	Bekker	JBAY	M	41	40-44M	1.40.57	2
60	2127	54703	PETENI	KUZWAYO	VITALITY	M	40	40-44M	1.41.22	0
61	2263	558	JENE	BANFIELD	RUN4C	F	52	50-54F	1.42.02	5
62	2112	1659	JOHANNES	ELS	MADIBA	M	72	70+M	1.42.15	5
63	2714	5114	RYAN	LAURIE	TEMP	M	40	40-44M	1.42.15	0
64	2026	1966	JEN	VALLANCE	STFRAN	F	35	35-39F	1.42.29	2
65	2558	51842	CRAIG	WEST	BED	M	58	55-59M	1.42.50	0
66	2477	5477	RUAN	VAN JAARVELD	TEMP	M	42	40-44M	1.42.57	0
67	2637	5590	GIFT	MBEDZI	TEMP	M	26	SM	1.43.05	0

68	2278	2058	MARIETTE	HATTINGH	NEDBANK	F	57	55-59F	1.43.15	5
69	2556	534	MIEKE	SCHOLTZ	RUN4C	F	27	SF	1.43.18	2
70	2591	5630	BASHEER	ENSAL	TEMP	M	19	JM	1.43.19	0
71	2007	385	MELIKHAYA	DYUBELE	BATHURST	M	42	40-44M	1.44.28	2
72	2329	1270	MUHAMMED	PETERSEN	VWAC	M	39	35-39M	1.45.04	2
73	2310	1262	SABIR	SALIE	VWAC	M	35	35-39M	1.45.06	2
74	2121	1143	HERMANN	BEKKER	JBAY	M	35	35-39M	1.45.15	2
75	2280	1489	REBECCA	JORDAAN	32GI	F	31	SF	1.45.27	2
76	2414	5414	LISA	KREUSCH	TEMP	F	36	35-39F	1.45.30	0
77	2154	2060	ALEXANDER	DALEMAN	NEDBANK	M	23	SM	1.45.31	2
78	2285	5584	JORDAN	LE CLUS	NOCLUB	F	28	SF	1.45.42	0
79	2625	1282	SEBASTIAN	HAARHOFF	VWAC	M	45	45-49M	1.45.49	2
80	2539	1540	LINDY	KREZMANN	32GI	F	46	45-49F	1.46.00	3
81	2288	50074	BANELE	MACOZAMA	MPOX	M	35	35-39M	1.46.08	0
82	2184	599	LUZUKO	MPEKULA	INGOMSO	M	39	35-39M	1.46.08	2
83	2522	979	PAULINE	TUNSTEAD	CHARLO	F	52	50-54F	1.46.16	4
84	2654	1467	CLIFFORD	HICKEN	NEDBANK	M	65	65-69M	1.46.26	4
85	2141	1521	GRANT	PATTINSON	32GI	M	47	45-49M	1.46.35	2
86	2742	5142	DEAN	GIFFORD	TEMP	M	29	SM	1.46.36	0
87	2195	5510	NICHOLAS	CHAPMAN	TEMP	M	50	50-54M	1.46.53	0
88	2613	5395	MELUMZI	GWATA	BATHURST	M	40	40-44M	1.46.56	2
89	2276	721	FIONA	FLEUR	CRUSADE	F	37	35-39F	1.46.58	2
90	2147	1081	MICHELLE	REED	ACH	F	37	35-39F	1.46.59	2
91	2643	1086	HAYLEY	MASON	ACH	F	37	35-39F	1.47.06	2
92	2713	5113	MEGAN	NEWMAN	TEMP	F	32	SF	1.47.30	0
93	2286	1222	YACOV	Loock	ELITEAC	M	40	40-44M	1.47.47	2
94	2629	5589	MORNE	KAPP	TEMP	M	47	45-49M	1.48.16	0
95	2166	221	NYAMENDE	BUBELE	CSEP	M	28	SM	1.48.20	2
96	2096	51313	SIHLE	MTHEMBU	DEPTLA	M	43	40-44M	1.48.21	0
97	2254	952	CINDY	MARAIS	CHARLO	F	45	45-49F	1.48.30	2
98	2920	5920	ERICH	VERSFELD	TEMP	M	27	SM	1.48.34	0
99	2161	1448	THELMA	MCOPELO	NEDBANK	F	40	40-44F	1.49.08	2
100	2255	1993	ANDREW	MARRIOTT	MADIBAZ	M	40	40-44M	1.49.43	2
101	2319	51441	BRIAN	VAN WYK	EDGE	M	49	45-49M	1.49.50	0
102	2720	5120	NICHOLAS	KELLY	TEMP	M	38	35-39M	1.50.32	0
103	2272	1275	PLAAITJIE	DAMONS	VWAC	M	59	55-59M	1.51.00	2
104	2568	5969	SITHA	SIGENU	REALGIJ	F	39	35-39F	1.51.14	0
105	2257	1370	WERNER	MEYER	NEDBANK	M	49	45-49M	1.51.30	2
106	2557	5176	LENNON	FISHER	TEMP	M	42	40-44M	1.51.31	0
107	2553	5181	MPAI	MOALAH	DALRRD	M	43	40-44M	1.51.32	0
108	2345	883	LINDI	VAN TONDER	CHARLO	F	44	40-44F	1.52.07	2
109	2450	5450	RAYHAAN	BOTHA	TEMP	M	20	JM	1.52.07	0
110	2737	5137	BRAD	DOLLEY	TEMP	M	30	SM	1.52.17	0
111	2273	1621	CHARL	DE LANGE	MADIBA	M	38	35-39M	1.52.39	1
112	2458	5458	FRANS	LOOTS	TEMP	M	66	65-69M	1.53.02	0
113	2341	1824	VUYILE	TIKWAYO	VUKANI	M	41	40-44M	1.53.09	1
114	2573	5541	JEAN-PIERRE	SPEYERS	TEMP	M	32	SM	1.53.14	0
115	2193	5106	SIMON	BOLZE	TEMP	M	27	SM	1.53.16	0
116	2274	1984	RHIANNON	FARRELL	SOMEAST	F	47	45-49F	1.53.17	2
117	2449	5449	FRANCOIS	VAN DER MERWE	TEMP	M	17	JM	1.53.19	0
118	2494	5494	WILMA	VISSER	TEMP	F	26	SF	1.53.22	0
119	2368	5068	LEANDRA	ROSSLEE	TEMP	F	38	35-39F	1.53.24	0
120	2571	1982	PATRICIA	SCHUIN	SOMEAST	F	56	55-59F	1.53.24	3
121	2343	1250	PETER	VAN RENSBURG	ELITEAC	M	64	60-64M	1.53.40	2
122	2281	1225	SUSANNA	KEMP	ELITEAC	F	39	35-39F	1.53.41	2
123	2744	5144	MELANIE	GORMAN	TEMP	F	38	35-39F	1.53.59	0
124	2284	1058	KRISTEN	LAWSON	ACH	F	30	SF	1.54.00	2
125	2358	5058	ROBYN	DOUGANS	TEMP	F	45	45-49F	1.54.00	0
126	2376	5076	STEPHEN	VAN DEN BERG	TEMP	M	47	45-49M	1.54.01	0
127	2102	324	SERGIO	PETERSON	RUN4C	M	44	40-44M	1.54.27	1
128	2599	5547	THEODORE	FORTUIN	TEMP	M	32	SM	1.54.30	0
129	2002	2002	LUVUYO	BANGAZI	IKHAMVA	M	46	45-49M	1.54.31	1
130	2370	5070	TRISTAN	SCHRODER	TEMP	F	27	SF	1.54.37	0
131	2916	5916	GORDON	TURNER	TEMP	M	57	55-59M	1.54.42	0
132	2585	5640	CATHERINE	KUMM	TEMP	F	33	SF	1.55.03	0
133	2588	5543	CONNOR	DE LANGE	TEMP	M	22	SM	1.55.04	0
134	2580	1738	IVO	MEYER	BODYCON	M	47	45-49M	1.55.11	1
135	2907	5907	MAROLIEN	SCHMIDT	TEMP	F	39	35-39F	1.55.17	0
136	2321	1198	GERHARD	VERMAAK	JBAY	M	28	SM	1.55.29	1

137	2653	51045	DUMISAN	MHLONGO	BRAC	M	37	35-39M	1.55.30	0
138	2498	5498	WARREN	BAARTZES	TEMP	M	52	50-54M	1.55.52	0
139	2495	5495	WILMA	MEYER	TEMP	F	44	40-44F	1.56.06	0
140	2633	1637	CHARL	MEISTRE	MADIBA	M	37	35-39M	1.56.29	1
141	2616	5591	ELMAR	LANDMAN	TEMP	M	29	SM	1.56.40	0
142	2462	5462	COBUS	DU TOIT	TEMP	M	33	SM	1.56.51	0
143	2632	510	PRINCE	RATAU	CHILLIEP	M	36	35-39M	1.57.07	1
144	2520	51840	SANDISELE	MPAYIPHELI	PUMPKINS	M	28	SM	1.57.10	0
145	2499	5499	CILIA	CLAYDON	TEMP	F	39	35-39F	1.57.11	0
146	2702	5102	LIZA	HOBDAY	TEMP	F	44	40-44F	1.57.13	0
147	2118	1430	CHARL	GERBER	NEDBANK	M	46	45-49M	1.57.28	1
148	2731	5131	KEERAN	DANA	TEMP	M	33	SM	1.57.29	0
149	2857	5057	LUYANDA	NOTWANA	TEMP	M	36	35-39M	1.57.30	0
150	2401	5401	MC	BURRI	TEMP	M	26	SM	1.57.38	0
151	2592	121	YASEEN	ABRAHAMS	MALABAR	M	51	50-54M	1.57.41	1
152	2911	5911	WILLEM	SNYMAN	TEMP	M	32	SM	1.57.54	0
153	2015	51814	LIZO	MANELI	CHILLI	M	55	55-59M	1.58.00	0
154	2455	5455	EDUAN	TROSKIE	TEMP	M	28	SM	1.58.07	0
155	2500	5500	IAN	CLAYDON	TEMP	M	40	40-44M	1.58.23	0
156	2701	5101	ANDREW	HOBDAY	TEMP	M	43	40-44M	1.58.23	0
157	2001	1586	MAUDY	BOTES	DESPATCH	F	40	40-44F	1.58.32	1
158	2648	52250	LIZ	GOOSEN	BOENDOE	F	49	45-49F	1.58.43	0
159	2418	5418	NICOLE	MAGER	TEMP	F	28	SF	1.58.46	0
160	2569	5525	LEKELA	NKONKI	TEMP	M	50	50-54M	1.58.54	0
161	2564	5527	GARY	STEPHENSON	TEMP	M	59	55-59M	1.59.01	0
162	2622	1233	CURT	ROBERTS	ELITEAC	M	37	35-39M	1.59.04	1
163	2366	5066	CLARENCE	MANUEL	TEMP	M	28	SM	1.59.11	0
164	2229	967	MIKE	BURGER	CHARLO	M	63	60-64M	1.59.18	2
165	2707	5107	LYNNE	WOODS	TEMP	F	41	40-44F	1.59.27	0
166	2301	50299	OLWETHU	MONDLIWA	MPOX	M	39	35-39M	1.59.31	0
167	2124	2274	ARNO	GERBER	MADIBA	M	52	50-54M	1.59.36	1
168	2533	5508	VINCENT	NORTIER	TEMP	M	42	40-44M	1.59.42	0
169	2204	5131	ALEXANDER	KROMHOUT	TEMP	M	40	40-44M	1.59.47	0
170	2523	5506	PANO	MANTATRIS	TEMP	M	54	50-54M	1.59.58	0
171	3173	5173	NATALIE	VAN DER LINDE	TEMP	F	38	35-39F	2.00.04	0
172	2317	1427	RYAN	VAN DER MESCHT	NEDBANK	M	41	40-44M	2.00.04	1
173	2484	5484	DIANNE	BRANNIGAN	TEMP	F	43	40-44F	2.00.06	0
174	2106	51611	SIMONNE	SADLER	NEDRCCGA	F	52	50-54F	2.00.11	0
175	2919	5919	NAIDA	VAN ROOYEN	TEMP	F	23	SF	2.00.28	0
176	2729	5129	HENK	BLIGNAUT	TEMP	M	25	SM	2.00.29	0
177	2549	1043	DAVID	BAINS	EXCELL	M	56	55-59M	2.00.37	0
178	2561	52623	SIYABONGA	MDODI	MUTUAL	M	39	35-39M	2.00.37	0
179	2640	584	MANELISI	MFECANE	YOUTH	M	36	35-39M	2.00.39	1
180	2270	1478	LUCILLE	COCK	32GI	F	40	40-44F	2.00.39	1
181	2211	2397	STEPHAN	SCHUTTE	RUN4C	M	50	50-54M	2.00.40	1
182	2425	5425	WENDY	MCCALLUM	TEMP	F	41	40-44F	2.00.42	0
183	2441	5441	LUKE	BINNEMAN	TEMP	M	30	SM	2.00.48	0
184	2475	5475	SISKA	VAN DER BIJL	TEMP	F	39	35-39F	2.01.12	0
185	2068	611	HAYLEY	NEWING	ASPEN	F	38	35-39F	2.01.15	1
186	2017	50295	VUYO	MAQUTU	HOLLYWOO	M	44	40-44M	2.01.18	1
187	2111	52172	VUYANI	MAFANI	ESKOM	M	42	40-44M	2.01.22	0
188	2176	1435	THOLAKELE	SITELA	NEDBANK	M	33	SM	2.01.22	1
189	2741	5141	AUBREY	FERREIRA	TEMP	M	28	SM	2.01.25	0
190	2133	1481	WAYNE	SCHOLTZ	32GI	M	42	40-44M	2.01.44	1
191	2123	50190	DOREEN	DIKOBO	DEPTLA	F	40	40-44F	2.01.45	0
192	2537	1700	ELIZE	ADAMS	GELVAN	F	48	45-49F	2.01.48	1
193	2256	1067	MTHETHELI	MBETHE	ACH	M	43	40-44M	2.01.55	1
194	2547	25477	IZAK	COETZEE	TEMP	M	42	40-44M	2.01.58	0
195	2900	5900	BULALI	QOSE	TEMP	M	27	SM	2.01.59	0
196	2157	723	ALETTA	JOUBERT	CRUSADE	F	61	60-64F	2.02.00	2
197	2538	25388	BATHORELE	BASHOLO	ALIWAL	M	31	SM	2.02.27	0
198	2914	5914	MARTIN	TSHABANGU	TEMP	M	36	35-39M	2.02.31	0
199	2433	5433	ALEX	SCHOOMBIE	TEMP	M	27	SM	2.02.34	0
200	2049	899	KIRSTEN	FULLER	CHARLO	F	31	SF	2.02.40	1
201	2352	9830	MTETELELI	BIKO	MADIBAZ	M	31	SM	2.02.49	1
202	2493	5493	ROCHELLE	VAN ROOYEN	TEMP	F	32	SF	2.02.54	0
203	2717	5117	NICOLA	DRYDEN	TEMP	F	52	50-54F	2.03.02	0
204	2459	5459	JAMES	BOSHOFF	TEMP	M	40	40-44M	2.03.03	0
205	2416	5416	KIRSTI	KUHN	TEMP	F	34	SF	2.03.16	0

206	2915	5915	JOANNE	TUCKER	TEMP	F	55	55-59F	2.03.18	0
207	2150	5597	NOLIKHANYO	MADLINGOZI	TEMP	F	29	SF	2.03.26	0
208	2473	5473	LONWABO	SOPELA	TEMP	M	39	35-39M	2.03.47	0
209	2190	1075	GAVIN	SCHONKNECHT	ACH	M	54	50-54M	2.04.00	1
210	2019	50080	NOMLA-AS	NGWENZE	CHEETAH	F	40	40-44F	2.04.06	0
211	2306	1983	JULITA	PUREN	SOMEAST	F	59	55-59F	2.04.07	2
212	2606	5546	CHRISTOFF	PUREN	TEMP	M	32	SM	2.04.08	0
213	2651	5588	REINARD	VAN DER VYWER	TEMP	M	24	SM	2.04.10	0
214	2642	5585	JURGENS	VILJOEN	TEMP	M	25	SM	2.04.11	0
215	2451	5451	BRIDGET	JANSEN VAN RENSBURG	TEMP	F	37	35-39F	2.04.11	0
216	2163	50136	GAIL	MOTLHAUDI	UNKNOWN	F	29	SF	2.04.22	0
217	2619	1214	BENITA	GERBER	ELITEAC	F	58	55-59F	2.04.25	2
218	2185	754	CELESTIN	NDHLOVU	CRUSADE	M	50	50-54M	2.04.35	1
219	2535	1252	SISANDA	MPONGWANA	CHILLIEP	F	42	40-44F	2.04.56	1
220	2344	926	TREVOR	VAN RENSBURG	CHARLO	M	70	70+M	2.04.59	2
221	2624	1299	MICHAEL	SLATER	VWAC	M	52	50-54M	2.05.19	1
222	2134	268	WERNICE	VENTER	JBAY	F	24	SF	2.05.29	1
223	2627	5817	ANDRE	REYNECKE	TEMP	M	25	SM	2.05.30	0
224	2528	1006	BRUCE	GIE	BODYCON	M	49	45-49M	2.05.33	1
225	2454	5454	KELLY	NAIDOO	TEMP	F	41	40-44F	2.05.54	0
226	2795	5195	AVELA	MABOPHE	TEMP	F	19	JF	2.05.55	0
227	2638	5588	GREG	SMITH	TEMP	M	38	35-39M	2.06.45	0
228	2736	5136	LARA	DIPPENAAR	TEMP	F	31	SF	2.06.46	0
229	2562	1534	LEON	VOULTSOS	32GI	M	48	45-49M	2.06.49	1
230	2122	771	WESTLEY	COCKRELL	JBAY	M	34	SM	2.06.49	1
231	2247	1071	HEIDI	JANSEN	ACH	F	55	55-59F	2.06.50	1
232	2311	52681	ZUKISWA	SAM	MUTUAL	F	39	35-39F	2.07.06	0
233	2708	5108	FRANCISCA	DU TOIT	TEMP	F	58	55-59F	2.07.12	0
234	2492	5492	SZASZ	MEEKMA	TEMP	F	26	SF	2.07.19	0
235	2460	5460	SABRINA	BOSHOFF	TEMP	F	40	40-44F	2.07.26	0
236	2082	50903	PHILASANDE	TUNZANA	REALGIJ	F	37	35-39F	2.07.29	0
237	5074	50080	LA-AFRIKA	NGWENZE	CHEETAH	F	40	40-44F	2.07.33	0
238	2098	52492	SIMPHIWE	NDZENGU	BRAC	M	43	40-44M	2.07.47	0
239	2480	5480	CONNAN	DE WEE	TEMP	M	36	35-39M	2.07.58	0
240	2650	1129	TOEGEDA	VYVER	NEDBANK	F	50	50-54F	2.08.00	1
241	2152	746	CORNELIUS	BARNARD	CRUSADE	M	67	65-69M	2.08.01	1
242	2705	5105	SARAH AIMEE	SHAND	TEMP	F	34	SF	2.08.02	0
243	2704	5104	DEON	KAYSER	TEMP	M	52	50-54M	2.08.34	0
244	2289	50968	ANELISA	MAGAMA	REALGIJ	F	35	35-39F	2.08.34	0
245	2267	50941	SIPHIWO	BUKANI	REALGIJ	M	42	40-44M	2.08.36	0
246	2314	51087	SANELISIWE	SKOTANA	BUFF	F	24	SF	2.08.40	0
247	2217	5093	THOMAS	VAN DER KOLF	TEMP	M	33	SM	2.08.44	0
248	2739	5139	ANNEMIE	DU TOIT	TEMP	F	38	35-39F	2.08.47	0
249	2723	5123	NADIA	VAN ASWEGEN	TEMP	F	25	SF	2.08.53	0
250	2024	78	MAHENDRA	PRAHALADH	INFINITY	M	55	55-59M	2.08.59	1
251	2241	951	JACKIE	GROBLER	CHARLO	F	47	45-49F	2.09.02	1
252	2703	5103	NATALIE	JONAS	TEMP	F	52	50-54F	2.09.04	0
253	2053	665	CAROLYN	GRANT	ALBANY	F	56	55-59F	2.09.06	1
254	2474	5474	CHRIS	STEYN	TEMP	M	24	SM	2.09.22	0
255	2101	1165	MORNE	OWEN	JBAY	M	49	45-49M	2.09.25	1
256	2964	5064	NICOLE	WILSON	TEMP	F	25	SF	2.09.32	0
257	2578	1449	CHARLES	DARRIES	NEDBANK	M	56	55-59M	2.09.41	1
258	2647	52251	JANNIE	GOOSEN	BORNRUN	M	51	50-54M	2.09.47	0
259	2203	5095	SHINICHI	KANKI	TEMP	M	51	50-54M	2.09.51	0
260	2008	52459	NCEBAKAZI	FILTANE	MUTUAL	F	31	SF	2.09.55	0
261	2466	5466	MVULELI	MAGAWULANA	TEMP	M	46	45-49M	2.10.02	0
262	2584	5536	LAUREN	VENTER	TEMP	F	29	SF	2.10.22	0
263	2028	176	WALTER	ZIMBEVA	SPAREC	M	42	40-44M	2.10.26	1
264	2658	1810	SHEPARD	MASASA	SPAREC	M	40	40-44M	2.10.28	1
265	2618	1201	CATHY	ALLERS	ELITEAC	F	60	60-64F	2.10.33	1
266	2639	5587	GODFREY	NICELE	TEMP	F	37	35-39F	2.10.42	0
267	2177	2326	NIEKE	EBERSOHN	RUN4C	F	31	SF	2.10.50	1
268	2483	5483	CHANTE	BISSCHOFF	TEMP	F	26	SF	2.10.59	0
269	2745	5145	SIBAHLE	GWADISO	TEMP	F	33	SF	2.11.03	0
270	2555	422	BOMKAZI	TSHEFU	HOLLY	F	35	35-39F	2.11.12	0
271	2109	52642	NTOMBIZANDILE	WANA	STUT	F	38	35-39F	2.11.12	0
272	2333	934	HERMAN	SCHEEPERS	CHARLO	M	47	45-49M	2.11.13	1
273	2070	50823	GUGULETHU	NTWENDALA	REALGIJ	F	30	SF	2.11.15	0
274	2667	5574	ANDREW	HOLLEY	TEMP	M	45	45-49M	2.11.25	0

275	2234	851	DANNY	DARNE	CHARLO	M	44	40-44M	2.11.26	1
276	2005	1479	TENIELLE	DE ANDRADE	32GI	F	37	35-39F	2.11.28	1
277	2610	5614	MONWABISI	PINA	MUTUAL	M	46	45-49M	2.11.32	0
278	2566	177	MZWABANTU	SWAPI	SPAREC	M	43	40-44M	2.11.38	1
279	2188	1962	DANIEL	PIETERSE	BLUEBAY	M	60	60-64M	2.11.40	1
280	2338	1560	PIETER	STRYDOM	DESPATCH	M	61	60-64M	2.11.42	1
281	2910	5910	TARYN	SMITH	TEMP	F	34	SF	2.12.00	0
282	2668	5573	THULANI	VENGE	NEDBANK	M	43	40-44M	2.12.06	1
283	2554	5520	NATHI	DWAYI	VUKANI	M	29	SM	2.12.07	1
284	2563	1708	DEON	SMITH	GELVAN	M	54	50-54M	2.12.18	1
285	2438	5438	MATTHEW	WEST	TEMP	M	32	SM	2.12.20	0
286	2407	5407	LINDSEY	DREW	TEMP	M	30	SM	2.12.20	0
287	2748	5148	DARRIN	HUNT	TEMP	M	29	SM	2.12.49	0
288	2266	560	SILKE	BOTHA	MADIBA	F	25	SF	2.12.55	1
289	2282	51738	NANDI	KOTI	MUTUAL	F	40	40-44F	2.13.02	0
290	2472	5472	LUNTU	SOKUTU	TEMP	M	31	SM	2.13.06	0
291	2252	679	THEMBELA	MANYA	NMBMUN	F	39	35-39F	2.13.12	1
292	2029	972	GANIEF	DAVIDS	NMBMUN	M	56	55-59M	2.13.13	1
293	2611	5594	ATTIE	JOOSTE	NEDBANK	M	43	40-44M	2.13.21	1
294	2552	5516	WESLEY	REGNART	TEMP	M	32	SM	2.13.28	0
295	2365	5065	MICHELLE	DYER	TEMP	F	38	35-39F	2.13.28	0
296	2540	5512	PHAKAMISA	BALENI	TEMP	M	32	SM	2.13.38	0
297	2595	5119	THEMBALETHU	MANA	VARSIITY	M	46	45-49M	2.13.49	1
298	2605	50168	MBULELO	QUMNTU	CHEETAH	M	42	40-44M	2.13.50	0
299	2030	697	DEON	ENGELBRECHT	NMBMUN	M	54	50-54M	2.14.20	1
300	2308	50146	ELEANOR	RAGAVAL	MPOX	F	63	60-64F	2.14.22	0
301	2567	5530	ROBYN	HECHTER	TEMP	F	18	JF	2.14.29	0
302	2403	5403	ALEXANDER	CARTER	TEMP	M	28	SM	2.14.35	0
303	2406	5406	JOELENE	DANN	TEMP	F	32	SF	2.14.35	0
304	2434	5434	CLAUDEAN	VAN GREUNEN	TEMP	F	41	40-44F	2.14.46	0
305	2232	444	VANESSA	COETZEE	MUIRITE	F	45	45-49F	2.14.57	1
306	2025	543	VERONICA	SMITH	RUN4C	F	56	55-59F	2.15.00	1
307	2260	407	JABU	NGUBANE	CHILLIEP	M	52	50-54M	2.15.11	1
308	2218	5094	TOMOYUKI	YAMAGUCHI	TEMP	M	48	45-49M	2.15.15	0
309	2336	1333	MBULELO	SOBIKWA	NEDBANK	M	68	65-69M	2.15.19	1
310	2521	296	LIZ	JENKERSON	MUIRITE	F	75	70+F	2.15.21	1
311	2437	5437	KAREL	VERNOUT	TEMP	M	27	SM	2.15.22	0
312	2430	5430	JACQUI	OOSTHUIZEN	TEMP	F	43	40-44F	2.15.25	0
313	2431	5431	TJAART	OOSTHUIZEN	TEMP	M	49	45-49M	2.15.25	0
314	2519	5519	MEGAN	ALBERTS	TEMP	F	26	SF	2.15.26	0
315	2405	5405	JENNIFER	COLEMAN	TEMP	F	41	40-44F	2.15.28	0
316	2614	5595	WESLEY	HAMMOND	TEMP	M	36	35-39M	2.15.34	0
317	2615	5593	URSULA	BOPP	TEMP	F	43	40-44F	2.15.35	0
318	2148	1045	YUSUF	SAMUELS	XCEL	M	63	60-64M	2.15.42	1
319	2194	5509	THERA	BOTHA	TEMP	F	24	SF	2.15.53	0
320	2471	5471	DANIEL	RYAN	TEMP	M	24	SM	2.15.54	0
321	2722	5172	MORGAN	TEBBUTT	TEMP	M	24	SM	2.15.55	0
322	2440	5440	JESS	BENN	TEMP	F	23	SF	2.16.01	0
323	2126	1424	SAM	ERASMUS	NEDBANK	M	65	65-69M	2.16.03	1
324	2169	563	LINDA	SILLS	RUN4C	F	40	40-44F	2.16.04	1
325	2814	5414	LEANNE	NAIDOO	TEMP	F	49	45-49F	2.16.30	0
326	2709	5109	CHINAMASA	MUGARI	TEMP	M	32	SM	2.16.32	0
327	2715	5115	KIRK	HELLIKER	TEMP	M	66	65-69M	2.16.35	0
328	2435	5435	ADEL	VAN RENSBURG	TEMP	F	44	40-44F	2.16.52	0
329	2724	5124	MARIANE	VAN DER LINDE	TEMP	F	44	40-44F	2.16.54	0
330	2047	1779	DALEEN	FERREIRA	ALBANY	F	34	SF	2.17.01	1
331	2051	1778	RUAAN	GELDENHUYS	ALBANY	M	36	35-39M	2.17.14	1
332	2543	5513	UTHANDO	BADUZA	TEMP	M	41	40-44M	2.17.20	0
333	2794	5194	ADELE	LE ROUX	TEMP	F	46	45-49F	2.17.25	0
334	2921	5921	CLEO	VICTOR	TEMP	F	32	SF	2.17.42	0
335	2626	1059	SIZINZO	KAMA	ACH	M	71	70+M	2.17.48	1
336	2465	5465	MALEFETSANE	LEPUPUTLA	TEMP	M	51	50-54M	2.17.51	0
337	2304	50836	AKHONA	NOHAKO	REALGIJ	F	38	35-39F	2.17.54	0
338	2036	51582	SENOVIA	DE BRUIN	OMAC	F	42	40-44F	2.18.00	0
339	2636	1574	CHRISTO	GERBER	DESPATCH	M	48	45-49M	2.18.02	1
340	2100	1164	ELSABE	OWEN	JBAY	F	47	45-49F	2.18.05	1
341	2532	1087	FRANCOIS	SMIT	ACH	M	63	60-64M	2.18.14	1
342	2316	1629	ARINDA	VAN DER LINDE	MADIBA	F	33	SF	2.18.24	1
343	2710	5110	ANNEMARIE	MATTHEUS	TEMP	F	50	50-54F	2.18.24	0

344	2726	5126	ARNE	VON HAGEN	TEMP	M	19	JM	2.18.25	0
345	2725	5125	ANSA	VON HAGEN	TEMP	F	50	50-54F	2.18.26	0
346	2529	5498	ZOLA	DAMOYI	BORA	M	41	40-44M	2.18.40	0
347	2046	51638	YANDISWA	DINTSI	OMAC	F	41	40-44F	2.18.46	0
348	2657	5577	MNCEDISA	FUSA	TEMP	M	43	40-44M	2.18.47	0
349	2071	1248	EULIDA	OELOFSE	ELITEAC	F	49	45-49F	2.18.50	1
350	2600	1407	BUKEKA	HELA	NEDBANK	F	49	45-49F	2.18.50	1
351	2198	5597	KYLE	ERASMUS	TEMP	M	20	JM	2.18.52	0
352	2855	5055	THELMA	NORTJE	TEMP	F	25	SF	2.19.18	0
353	2917	5917	MANDY	VAN DER MERWE	TEMP	F	52	50-54F	2.19.21	0
354	2534	1094	MARIETJIE	PIETERSEN	ACH	F	65	65-69F	2.19.23	1
355	2151	5141	APHIWE	MGIJIMA	TEMP	M	25	SM	2.19.24	0
356	2659	122	SIHAAM	ALLISON	MALABAR	F	37	35-39F	2.19.27	1
357	2487	5487	NADIA	VAN SCHALKWYK	TEMP	F	28	SF	2.19.27	0
358	2749	5149	MICHAELA	HUNT	TEMP	F	27	SF	2.19.32	0
359	2623	1632	JOSINA	ELS	MADIBA	F	70	70+F	2.19.34	1
360	2656	5580	DANILSON	PITT	TEMP	M	24	SM	2.19.45	0
361	2661	1724	AMEERA	CAMPBELL	GELVAN	F	49	45-49F	2.19.47	1
362	2965	5015	ODWA	XONXA	TEMP	M	27	SM	2.19.47	0
363	2224	956	NEELES	BHANA	CHARLO	M	51	50-54M	2.19.48	1
364	2660	128	SHAFEEQAH	SMITH	MALABAR	F	32	SF	2.19.54	1
365	2135	726	KEITH	VOSLOO	CRUSADE	M	59	55-59M	2.19.55	1
366	2330	889	PETER	POHLMANN	CHARLO	M	59	55-59M	2.19.57	1
367	2628	1624	ESTELLE	DE KLERK	MADIBA	F	56	55-59F	2.19.58	1
368	2669	1955	MINDLO	MDHLULI	CHILLI	M	38	35-39M	2.20.01	0
369	2481	5481	AWETHU	ZUMANA	TEMP	M	37	35-39M	2.20.12	0
370	2598	5534	CARA	FORTUIN	TEMP	F	26	SF	2.20.14	0
371	2240	1348	XOLILE	GOMOMO	NEDBANK	M	70	70+M	2.20.14	1
372	2035	661	ANDREA	COMLEY	ALBANY	F	57	55-59F	2.20.20	1
373	2912	5912	NONKOSAZANA	SONANZE	TEMP	F	41	40-44F	2.20.37	0
374	2894	5094	SARAH-JANE	PRYCE-LEWIS	TEMP	F	24	SF	2.20.37	0
375	2565	5528	ZOLEKA	DLAMINI	TEMP	F	24	SF	2.20.44	0
376	5192	5192	CARINA	O'NEILL	TEMP	F	29	SF	2.20.44	0
377	2087	51300	APHIWE	FAYINDLALA	DEPTLA	F	37	35-39F	2.20.50	0
378	3288	51116	AMANDA	NQUMASHE	BUFF	F	51	50-54F	2.20.53	0
379	2550	5535	WADE	MULLER	TEMP	M	32	SM	2.21.01	0
380	2381	5081	KELLY	VENTER	TEMP	F	23	SF	2.21.02	0
381	2347	880	WENDY	VENTER	CHARLO	F	51	50-54F	2.21.02	1
382	2323	631	CHRISTINE	WALE	ASPEN	F	42	40-44F	2.21.32	1
383	2180	1331	JAN	LE ROUX	NEDBANK	M	63	60-64M	2.21.33	1
384	2297	674	YENZILE	MDODANA	NMBMUN	F	30	SF	2.21.39	1
385	2348	990	KIM	VENTER	CHARLO	F	38	35-39F	2.21.40	1
386	2346	992	PETER	VENTER	CHARLO	M	41	40-44M	2.21.47	1
387	2470	5470	MAWETHU	RUNE	TEMP	M	38	35-39M	2.22.03	0
388	2037	50717	CHARMAINE	POOK	GONUBIE	F	54	50-54F	2.22.09	0
389	2011	50237	SAM	FRANCIS	MPOX	F	33	SF	2.22.16	0
390	2620	51457	ABRAHAM	PATRICK	NEDBSWD	M	59	55-59M	2.22.33	0
391	2230	835	CHARMAINE	BUTTON	MADIBAZ	F	58	55-59F	2.22.39	1
392	2315	10263	NEAL	STACEY	HEWAT	M	69	65-69M	2.22.46	0
393	2044	52394	SIPHIWO	DADALA	MUTUAL	M	41	40-44M	2.22.46	0
394	2542	5511	GERRIT	SASS	TEMP	M	56	55-59M	2.23.08	0
395	2249	12	YOLANDI	KLINKENBURG	PEAAC	F	45	45-49F	2.23.09	1
396	2172	15	BEVERLY	VILJOEN	PEAAC	F	51	50-54F	2.23.11	1
397	2489	5489	NANETTE	BOTHA	TEMP	F	55	55-59F	2.23.13	0
398	2743	5143	CHELSEA	GLEAVES	TEMP	F	21	SF	2.23.18	0
399	2652	5581	SISEKO	MKUMLA	TEMP	M	38	35-39M	2.23.18	0
400	2016	509	XHANTI	MANTSHIYO	MOTHER	M	55	55-59M	2.23.19	1
401	2073	52165	XOLANI	PENI	ESKOM	M	49	45-49M	2.23.28	0
402	2581	1861	SIMANGILE	SOLWANDLE	HOLLY	F	31	SF	2.23.33	0
403	2079	51154	PHATHEKA	TETANA	ALIWAL	F	38	35-39F	2.23.35	0
404	2445	5445	GERALD	PIETERSEN	TEMP	M	42	40-44M	2.23.36	0
405	2167	1421	ANNELINE	RAUTENBACH	NEDBANK	F	54	50-54F	2.23.42	1
406	2318	1243	JACQUI	VAN DER VYVER	ELITEAC	F	54	50-54F	2.23.43	1
407	2740	5140	ATTIE	ELS	TEMP	M	63	60-64M	2.23.56	0
408	2279	716	DIANA	HODGSON	CRUSADE	F	56	55-59F	2.24.04	1
409	2603	184	NOZIE	MKHABELA	SPAREC	F	43	40-44F	2.24.05	1
410	3308	50088	ZANDILE	KETO	CHEETAH	F	34	SF	2.24.16	0
411	2027	1582	MARINET	VAN TONDER	DESPATCH	F	44	40-44F	2.24.20	1
412	2032	8334	CLAYTON	ISAACS	MAZARS	M	25	SM	2.24.29	0

413	2490	5490	ABDUL	GOOSEIN	TEMP	M	35	35-39M	2.24.36	0
414	2631	361	JULIUS	SHOGOLE	IKHAMVA	M	70	70+M	2.24.41	1
415	2328	974	PAULA	PEARCE	CHARLO	F	54	50-54F	2.24.55	1
416	2207	2142	MVELELI	MBANDE	COEGA	M	36	35-39M	2.25.18	1
417	2300	1298	MPHATHISI	MJADU	VWAC	M	51	50-54M	2.25.21	1
418	2269	2149	BRITTANY	CILLIERS	RUN4C	F	29	SF	2.25.26	1
419	2369	5069	CAYLIN	SCHEEPERS	TEMP	F	21	SF	2.25.32	0
420	2728	5128	JAMES	BILSBURY	TEMP	M	38	35-39M	2.25.46	0
421	2420	5420	BABALWA	MAPELANA	TEMP	F	34	SF	2.25.49	0
422	2065	50076	ANDA	MBOXO	CHEETAH	F	39	35-39F	2.25.50	0
423	2067	50978	SIXOLISE	NDLABHU	REALGIJ	F	29	SF	2.25.52	0
424	2178	713	DENISE	FERREIRA	CRUSADE	F	61	60-64F	2.26.05	1
425	2092	1295	XOLANI	MGIJIMA	VWAC	M	40	40-44M	2.26.27	1
426	2342	961	LARA	VAN HEERDEN	CHARLO	F	46	45-49F	2.26.27	1
427	2666	5576	CAILYN	VAN HEERDEN	TEMP	F	22	SF	2.26.30	0
428	2891	5091	STEPHANIE	PITTAWAY	TEMP	F	33	SF	2.26.33	0
429	2136	51173	THEMBILE	ZANDILE	OTHER	M	50	50-54M	2.26.40	0
430	2326	1197	FREDERIKA	Woolley	JBAY	F	23	SF	2.26.45	1
431	2117	50545	TANDIWE	ZIM	OVERTAKE	F	47	45-49F	2.26.50	0
432	2486	5486	MONIQUE	RICHARDSON	TEMP	F	27	SF	2.27.02	0
433	2251	1995	WAYNE	MAC GEAR	MADIBAZ	M	59	55-59M	2.27.21	1
434	2243	1541	ZIRK	HAEFELE	DESPATCH	M	45	45-49M	2.27.22	1
435	2379	5079	RUAN	VAN DEN HEEVER	TEMP	M	26	SM	2.27.37	0
436	2706	5106	RYAN	VAN ANTWERPEN	TEMP	M	27	SM	2.27.53	0
437	2913	5913	KYLE	TIMMS	TEMP	M	30	SM	2.28.00	0
438	2239	200	ERIKA	FOREMAN	CSEP	F	52	50-54F	2.28.01	1
439	2048	1935	XENOPHON	FERREIRA	BLUEBAY	M	61	60-64M	2.28.15	1
440	2439	5439	LULAMILE	PHONGOLA	TEMP	M	65	65-69M	2.28.26	0
441	2233	1380	BANDILE	CUNTU	NEDBANK	M	58	55-59M	2.28.34	1
442	2732	5132	CLAYTON	DAUBERMANN	TEMP	M	37	35-39M	2.28.36	0
443	2586	1832	ANELE	MESANI	VUKANI	M	42	40-44M	2.29.15	1
444	2374	5074	NORMAN	SILKE	TEMP	M	44	40-44M	2.29.19	0
445	2072	1967	SONJA	OLIVIER	BLUEBAY	F	55	55-59F	2.29.49	1
446	2084	1144	HANNES	BISSCHOFF	JBAY	M	78	70+M	2.29.50	1
447	2832	5032	KHULISO	NEPHALAMA	TEMP	M	32	SM	2.29.51	0
448	2452	5452	LISE	JOUBERT	TEMP	F	24	SF	2.30.11	0
449	2228	298	SANET	BOUCHER	MUIRITE	F	43	40-44F	2.30.14	1
450	2165	1741	BUYISWA	NGXONONO	HOLLYWOO	F	45	45-49F	2.30.19	1
451	2408	5408	SEVOULLA	FLOUDIOTIS	TEMP	F	27	SF	2.30.19	0
452	2410	5410	CAILIN	FULLER	TEMP	F	22	SF	2.30.21	0
453	2354	9573	LUBABALO	MPONGOSHE	MADIBAZ	M	40	40-44M	2.30.23	1
454	2294	52620	ONGA	MBOTSHELWA	FORTHARE	F	26	SF	2.30.25	0
455	2059	1936	MARKUS	KUNNEKE	BLUEBAY	M	53	50-54M	2.30.34	1
456	2168	5	LANCE	SHORTT	PEAAC	M	71	70+M	2.30.38	1
457	2482	5482	JOSEPH	ZEALAND	TEMP	M	62	60-64M	2.30.38	0
458	2602	5545	NOMBUYISETO	TSHAKA	BUFFALO	F	39	35-39F	2.30.39	0
459	2173	52173	DAWN	ZEALAND	MPOX	F	52	50-54F	2.30.41	0
460	2078	1692	ZELDA	STRYDOM	MADIBA	F	41	40-44F	2.30.47	1
461	2171	320	JENNY	VAN DER WALT	MUIRITE	F	40	40-44F	2.30.49	1
462	2170	292	CHANTELL	VAN BAALLEN	MUIRITE	F	46	45-49F	2.30.57	1
463	2596	3006	MANDISA	MGOQI	CHILLIEP	F	42	40-44F	2.31.13	1
464	2009	1220	ANDRE	FOURIE	ELITEAC	M	75	70+M	2.31.22	1
465	2146	11483	EMILIO	CAMPBELL	VITALITY	M	31	SM	2.31.33	0
466	2655	5579	CHARMELL	KOOPMAN	TEMP	F	43	40-44F	2.31.39	0
467	2593	420	SITEMBILE	GOQWANA	CHILLIEP	M	38	35-39M	2.31.40	1
468	2415	5415	NADIA	KRIEL	TEMP	F	25	SF	2.31.54	0
469	2244	216	SUNET	HARRIS	CSEP	F	49	45-49F	2.32.00	1
470	2292	51223	SIVENATHI	MATYOBENI	BCMAC	F	36	35-39F	2.32.10	0
471	2090	52197	PATRICK	MAXHAYI	CSBOR	M	48	45-49M	2.32.19	0
472	2287	1802	THOBEKA	MABUSELA	VUKANI	F	61	60-64F	2.32.22	1
473	2226	571	SYLVAN	BLIGNAUT	MADIBAZ	M	63	60-64M	2.32.30	1
474	2290	51779	THEMBELA	MAKAULA	MUTUAL	M	43	40-44M	2.32.31	0
475	2607	1279	ZIKHONA	MAHLAZA	CHILLIEP	F	36	35-39F	2.33.05	1
476	2222	984	BELINDA	BAIN	CHARLO	F	60	60-64F	2.33.52	1
477	2468	5468	SHANNON	MULLER	TEMP	F	26	SF	2.34.16	0
478	2271	742	TRACY	COCKROFT	CRUSADE	F	60	60-64F	2.34.22	1
479	2268	624	BANDLAKAZI	CABA	ASPEN	F	35	35-39F	2.34.26	1
480	2235	871	RICHARD	DE ANDRADE	CHARLO	M	62	60-64M	2.34.34	1
481	5610	5610	SIKHUNDANZO	MAYABA	TEMP	M	45	45-49M	2.34.42	0

482	2187	21	JEANETTE	PIENAAR	PEAAC	F	74	70+F	2.34.44	1
483	2143	51047	PAMELA	MXOTYELWA	BUFF	F	38	35-39F	2.34.58	0
484	2583	1814	SEEMOLA	MADLOKAZI	VUKANI	F	32	SF	2.34.58	1
485	2574	5542	SKHUMBUZE	MZOBOSHE	VUKANI	M	49	45-49M	2.34.59	1
486	2083	776	CHANDRE	WEST	CRUSADE	F	46	45-49F	2.35.00	1
487	2074	2133	JOHN	RAMABOEA	CHILLIEP	M	40	40-44M	2.35.17	1
488	2018	1156	ERNST	MARAIS	JBAY	M	73	70+M	2.35.20	1
489	2923	5923	SHANNON	WHITESIDE	TEMP	F	28	SF	2.35.21	0
490	2350	7	BIANCA	WELGEMOED	PEAAC	F	44	40-44F	2.35.59	1
491	2735	5135	ROBERT	DEAS	TEMP	M	49	45-49M	2.36.00	0
492	2734	5134	MICHELLE	DEAS	TEMP	F	45	45-49F	2.36.02	0
493	2662	5578	LUSANDA	NGWENZE	TEMP	M	33	SM	2.36.04	0
494	2324	274	KIMBERLEY	WELSH	MUIRITE	F	24	SF	2.36.07	1
495	2089	52210	HLUMELA	MASEKWANA	CSBOR	F	32	SF	2.36.14	0
496	2375	5075	TIKWAYO	PHINDIWE	TEMP	F	38	35-39F	2.36.19	0
497	2476	5476	SALLY	VAN DER BYL	TEMP	F	36	35-39F	2.36.20	0
498	2909	5909	ZIYANDA	SKEYI	TEMP	F	39	35-39F	2.36.23	0
499	2045	52657	SIPHOKAZI	DIKO	CSBOR	F	40	40-44F	2.36.36	0
500	2105	51070	MWELASE	PUZA	BUFFALO	F	56	55-59F	2.36.38	0
501	2116	50409	NONDUMISO	PHAKATHI	ZWELONKE	F	41	40-44F	2.36.57	0
502	2339	1850	LIONEL	TERBLANCHE	GELVAN	M	46	45-49M	2.36.57	1
503	2340	1849	LELACHE	TERBLANCHE	GELVAN	F	38	35-39F	2.37.36	1
504	3466	1466	AT	SCHOEMAN	NEDBANK	M	66	65-69M	2.37.56	1
505	2464	5464	INECE	KAYSER	TEMP	F	54	50-54F	2.38.08	0
506	2055	51966	CLAUDETTE	HASENJAGER	SPORTFIT	F	39	35-39F	2.38.48	0
507	2056	51967	DENIS	HASENJAGER	SPORTFIT	M	39	35-39M	2.39.11	0
508	2812	5412	JASON	MITCHELL	TEMP	M	24	SM	2.39.25	0
509	2746	5146	SARAH	HAWKES	TEMP	F	24	SF	2.39.38	0
510	2664	5575	SIPHO	SIDZIYA	TEMP	M	67	65-69M	2.39.40	0
511	2033	186	NANDIPA	MYELEYELE	SPAREC	F	35	35-39F	2.39.44	1
512	2621	638	NOKUZOLA	NTWASA	ASPEN	F	44	40-44F	2.39.46	1
513	2264	973	TEGAN	BEER	NMBMUN	F	27	SF	2.39.47	1
514	2245	1614	JACKIE	HAY	MADIBAZ	F	57	55-59F	2.39.48	1
515	2144	51069	KAYAKAZI	MABUTYANA	BUFF	F	39	35-39F	2.39.54	0
516	2634	1725	PEARL	DAMONS	GELVAN	F	59	55-59F	2.39.55	1
517	2063	51058	YOLANDA	MATOMELA	BUFF	F	43	40-44F	2.39.58	0
518	2590	5639	TATUM	SHAND	TEMP	F	27	SF	2.40.09	0
519	2635	1722	JASMINE	JACK	GELVAN	F	51	50-54F	2.40.25	1
520	2488	5488	MLULEKI	ZULU	TEMP	M	34	SM	2.40.25	0
521	2327	51260	VUYOKAZI	ZOZO	CRCCG	F	39	35-39F	2.40.39	0
522	2214	51246	VUYO	STOTO	CRCCG	F	33	SF	2.40.59	0
523	2191	1343	BERENICE	SMITH	NEDBANK	F	57	55-59F	2.41.02	1
524	2138	51237	NOLUNDI	BREAKFAST	BCMAC	F	37	35-39F	2.41.06	0
525	2200	52505	NOKUTHULA	HLONISHWAYO	HAVEN	F	42	40-44F	2.41.28	0
526	2908	5908	SIYAMTHANDA	SIAW	TEMP	M	26	SM	2.42.05	0
527	2594	5629	ILZE	ALEXANDER	TEMP	F	39	35-39F	2.42.12	0
528	2467	2468	THOBELA	MNQANDI	TEMP	M	47	45-49M	2.42.55	0
529	2043	51068	NODUMO	MSINDO	BUFF	F	49	45-49F	2.42.58	0
530	2544	5514	WILRI	VORSTER	TEMP	F	25	SF	2.43.26	0
531	2062	51467	LINDA	MADONDILE	KHULANI	F	39	35-39F	2.43.35	0
532	2485	5485	AKHONA	MATSHENGANI	TEMP	F	35	35-39F	2.44.20	0
533	2551	5517	CHARLES	CHOWLES	TEMP	M	48	45-49M	2.44.20	0
534	2076	51774	NONCEDO	STOFILE	MUTUAL	F	45	45-49F	2.44.21	0
535	2411	5411	DEAN	GOW	TEMP	M	39	35-39M	2.44.22	0
536	2417	5417	DAMIAN	LYNCH	TEMP	M	34	SM	2.44.52	0
537	2799	5199	ZANDILE	MBALEKI	TEMP	F	32	SF	2.44.52	0
538	2546	2546	ZANELE	PAPA	OVERTAKE	F	46	45-49F	2.45.25	0
539	2665	51363	CORDELIA	MEHLOMAKULU	INYIBIBA	F	46	45-49F	2.45.36	0
540	2298	717	EMELISA	MEIRING	CRUSADE	F	30	SF	2.46.49	1
541	2003	761	NTOKOZO	DAMBUZA	CRUSADE	F	43	40-44F	2.47.03	1
542	2206	5086	DIMAKATSO	MAHOBE	TEMP	F	31	SF	2.47.03	0
543	2215	51828	ZIYANDA	TIKANA	PUMPKINS	F	35	35-39F	2.47.33	0
544	2014	50525	VUMILE	MAFUNDA	UNKNOWN	M	47	45-49M	2.48.08	0
545	2052	51016	GCOBISA	GEZA	BUFF	F	39	35-39F	2.48.19	0
546	2579	5628	BULELANI	WITI	TEMP	F	26	SF	2.48.56	0
547	3301	52186	LUBABALO	ZWELIBANZI	STUT	M	40	40-44M	2.49.05	0
548	2453	5453	MTHUNZIKAZI	MBUNGWANA	TEMP	F	41	40-44F	2.49.58	0
549	2612	4412	HADIGAH	FULANI	SIBALEKA	F	19	JF	2.50.40	1
550	2293	50388	NOKWANDA	MBONELWA	HAVEN	F	38	35-39F	2.51.05	0



551	2108	50051	NOKWEZI	VINJIWA	CHEETAH	F	52	50-54F	2.51.12	0
552	2097	51611	NOLUBABALO	MTSHAKAZI	MUTUAL	F	43	40-44F	2.51.26	0
553	2013	375	NOBESUTHU	KHONJWA	IKHAMVA	F	33	SF	2.51.34	1
554	2747	5147	ROUXLE	HORN	TEMP	F	29	SF	2.51.36	0
555	2577	5539	PHUMELA	NTUNGWA	TEMP	F	42	40-44F	2.51.43	0
556	2246	672	ANDISWA	JAFTA	NMBMUN	F	30	SF	2.51.54	1
557	2128	52502	ZANDILE	MAGABELA	HIBBERDE	F	37	35-39F	2.51.57	0
558	2261	51704	MZWANELE	BADI	MUTUAL	M	54	50-54M	2.51.58	0
559	2262	51705	NOMPUCUKO	BADI	MUTUAL	F	47	45-49F	2.52.06	0
560	2164	52034	NONTEMBISO	MPONGO	MPOX	F	39	35-39F	2.52.26	0
561	2120	51026	DALIWONGA	PONO	BUFF	M	42	40-44M	2.52.54	0
562	2088	51043	ZINZISWA	KAGORO	BUFF	F	50	50-54F	2.52.55	0
563	3105	16258	TEMBA	XALUVA	MANONI	M	45	45-49M	2.53.07	0
564	2646	1604	HENRY	HULME	DESPATCH	M	57	55-59M	2.53.12	1
565	2800	5200	CASEY	MEIRING	TEMP	F	31	SF	2.53.14	0
566	2115	51365	NOMHLANGANO	MAHLANZA	INYIBIBA	F	42	40-44F	2.53.54	0
567	2006	1668	SHANTE	DU PLESSIS	RUN4C	F	30	SF	2.54.02	1
568	2307	314	CHARLENE	RADEMEYER	RUN4C	F	41	40-44F	2.54.14	1
569	2213	50474	SANELISIWE	SKAAP	HAVEN	F	33	SF	2.56.19	0
570	2069	50115	ZUKISWA	NONJUZANA	NOCLUB	F	39	35-39F	2.56.29	0
571	2497	5497	VUSUMZI	RUNE	TEMP	M	34	SM	2.56.42	0
572	2575	51994	LITHANE	MASAKELA	SOCIALD	F	51	50-54F	2.57.23	0
573	2197	5517	WARRICK	EMMANUEL	TEMP	M	23	SM	2.57.24	0
574	2541	334	NEIL	GROBLER	MUIRITE	M	62	60-64M	2.57.27	1
575	2798	5198	NOMLINDO	MAKUBALO	TEMP	F	48	45-49F	2.58.30	0
576	2012	1661	PIETER	GERBER	RUN4C	M	64	60-64M	2.58.50	1
577	2010	1215	HELEN	FOURIE	ELITEAC	F	52	50-54F	2.59.39	1
578	2730	5130	CHAMAIGNE ZODWA	CHABANE	TEMP	F	33	SF	2.59.55	0
579	2796	5196	ZIMASA	MACINGWANE	TEMP	F	33	SF	2.59.58	0
580	2716	5116	AZANDA	DLADLA	TEMP	F	26	SF	3.00.47	0
581	2711	5111	EYETHU	TISO	TEMP	F	30	SF	3.00.48	0
582	2057	1492	LOUIS	JOUBERT	32GI	M	53	50-54M	3.01.22	1
583	2312	51751	MAMORENA	SEPHOSI	MUTUAL	F	40	40-44F	3.02.37	0
584	2750	5150	PHUMLA	JUMBA	TEMP	F	34	SF	3.02.39	0
585	2277	1745	BONELWA	GAZIYA	HOLLYWOO	F	38	35-39F	3.03.01	1
586	2103	51364	PHUMEZA	JONAS	INYIBIBA	F	43	40-44F	3.03.02	0
587	2469	5469	THABISA	PHETELA	TEMP	F	39	35-39F	3.03.46	0
588	2576	51301	MBALI	ZUMA	DEPTRA	F	40	40-44F	3.05.47	0
589	2456	5456	YOLANDI	VAN TONDER	TEMP	F	45	45-49F	3.06.01	0
590	2093	51096	MBINI	MGIJIMA	BUFF	F	51	50-54F	3.06.15	0
591	2545	712	NDILEKA	THOMPSON	CRUSADE	F	45	45-49F	3.06.27	1
592	2058	1491	LOUISE	JOUBERT	32GI	F	48	45-49F	3.06.37	1
593	2448	2449	NOLUKHOLO	TAHO	TEMP	F	42	40-44F	3.06.47	0
594	2132	443	SIPHOSETHU	SANDI	CHILLIEP	F	26	SF	3.07.07	1
595	2125	51238	NOMBEKO	GQETYWA	BCMAC	F	39	35-39F	3.07.08	0
596	2302	2031	SEIPATE	MZANANDA	NMBMUN	F	43	40-44F	3.07.30	1
597	2491	5491	SISANDA	MAPUKATA	TEMP	F	25	SF	3.07.49	0
598	2156	5477	WALDEMAR	GRAY	SWIND	M	78	70+M	3.09.15	0
599	2113	50111	SISANDA	SIQITHI	QOKOL	F	38	35-39F	3.09.20	0
600	2250	910	RAE	LUCKMAN	CHARLO	F	52	50-54F	3.09.34	1
601	2349	962	MILE	VERMAAK	CHARLO	F	55	55-59F	3.09.37	1
602	2099	50248	CHUNYISWA	NJISANE	ALIWAL	F	35	35-39F	3.10.20	0
603	2429	5429	KHOLIWE	NTSONTA	TEMP	F	36	35-39F	3.11.20	0
604	2225	566	MEGAN	BLIGNAULT	CHARLO	F	32	SF	3.11.22	1
605	2604	51346	NCUMISA	TOKWE	INYIBIBA	F	48	45-49F	3.12.04	0
606	2212	52454	BULELA	SIDLOYI	MUTUAL	M	37	35-39M	3.12.05	0
607	2054	52451	NWABISA	GUNGULUZI	MUTUAL	F	49	45-49F	3.14.37	0
608	2208	5071	MICHIYUKI	MIURA	TEMP	M	58	55-59M	3.15.14	0
609	2085	1556	RIAANA	BOUWER	DESPATCH	F	46	45-49F	3.16.06	1
610	2351	2062	JACQUI	WIGHTMAN	MADIBA	F	49	45-49F	3.17.59	1
611	2560	55694	POPPY	BOLASE	SOCIALD	F	32	SF	3.25.22	0
612	2337	825	SIMON	STRIMLING	MADIBAZ	M	60	60-64M	3.30.33	0
613	2145	51037	PUMEZE	GADU	BUFF	F	43	40-44F	3.31.35	0
614	2050	50050	NOZUKO	GANI	CHEETAH	F	49	45-49F	3.31.38	0
615	2158	50221	SIPHE	MAGWENTSHU	ZINIKELE	M	49	45-49M	3.33.25	0
616	2296	689	NOMSASA	MCAKO	NMBMUN	F	47	45-49F	3.34.17	0
617	2559		MATHOELE	MATOKO	SOCIALD	F	48	45-49F	3.40.27	0