



TAALMONUMENT NIGHT RACE 10KM



RUN IN ACCORDANCE WITH
THE RULES OF ASA &
BOLAND ATHLETICS/
VOLGENS DIE REËLS VAN
ASA EN
BOLAND ATLETIEK

09/12/2020

TAALMONUMENT
PAARL

10KM @ 18H30

ONLY 500 ENTRIES

PRE-ENTRIES
AVAILABLE

NO REFRESHMENTS
FOR SALE

Please note: Strict COVID-19
protocols will be adhered to.

All athletes must wear a
facemask. And all athletes
must please fill in the
screening form attached

Strict social distancing

RACE INFORMATION

ENQUIRIES	LUCKY MOKWENA: mokwenal@sun.ac.za 084 826 5895
ENTRY FEE	R60.00
TEMPORARY NUMBER	R40.00
STARTING TIME	18H30
CUT-OFF TIME	20H30
PRIZE GIVING	No Prize giving due to COVID-19 regulations. All prizes to be paid electronically.
AGE	16 YEARS +
MEDALS	GOLD : FIRST 5 MEN & WOMEN SILVER : ALL OTHER FINISHERS
GENERAL	RACE CARD COMPULSORY (HAND IN AT FINISH LINE)

ADDITIONAL INFORMATION

1. ONLY PRE-ENTRIES – PLEASE MAIL FORM TO mokwenal@sun.ac.za on or before Tuesday, 08 December at 12h00. Only the first 500.00 entries will be excepted. Entries received after cut-off time will not be excepted.
2. Registration will also be done on the following dates and time at Taal Monument: (Saturday, 05 December 2020: 09h00 – 11h00).
3. Late registration on race day 16h00-18h00. (Only if not full)
4. Age category tags & 2020 license numbers must be worn on the front and back of the vest.
5. Please note we will not have a separate price for walkers.
6. Tog bag facility will be available

PRIZE (MEN AND WOMEN)

	1	2	3	4
OPEN	R500	R300	R200	R150
VETERANS	R200	R150	R100	
MASTERS	R200	R150	R100	
JUNIORS	R200	R150	R100	

ENTRY FORM

NAME:				SURNAME:				
MOBILE:				EMAIL:				
AGE ON 09 DECEMBER 2020		2020 ASA LICENCE		CLUB				
CATEGORY	S	V 40 - 49	M 50 - 59	GM 60 - 69	J	SEX	M	F

BANKING DETAILS: PAARL ATLETIEKKLUB/ ABSA/ BRANCH: 334210/ ACCOUNT NR: 400158223

PLEASE EMAIL PROOF OF PAYMENT TO: mokwenal@sun.ac.za

DECLARATION

I declare that I am an amateur and agree to abide by the rules of the race as well as the rules of ASA. I hereby indemnify the organizers, of any claims that may result from my participation in this race.

COMPETITORS SIGNATURE :

ATHLETES YOUNGER THAN 18 PLEASE NOTE PARENTS OR GUARDIAN MUST SIGN