



1st March 2020



42,2km Marathon

21,1km Half Marathon

10km Road Race

5km Fun Run

Fast & Flat
Ideal route for a PB

An ideal event that offers the elite, active & recreational runners or walkers a unique race format!

MAT to MAT Timing



Dick Fourie Stadium, Three Rivers, Vereeniging - Start: 6am

www.vaalmarathon.co.za



ENTRY INFO

PRE ENTRIES

ENTER ONLINE: www.championchip.co.za (Nov 2019 - 18/2/2020)
PRE ENTER AT (until 29 February 2020): Run-A-Way Sport - 012 361 3733, The Randburg Runner - 011 888 9644, The Sweat Shop (Bedfordview) - 011 450 2421, The Sweat Shop (Dunkheld) - 011 325 2567/8, The Sweat Shop (Broadacres) - 011 465 2556, The Sweat Shop (Irene) - 012 665 0048, Sportsmans Warehouse Park Meadows - 011 615 9931, Sportsmans Warehouse East Rand Value Mall - 011 823 3203, Sportsmans Warehouse The Glen - 011 435 3888, Sportsmans Warehouse The Palms - 016 933 8284

RACE PACK COLLECTION POINTS:

Thursday 27 February 2020 - The Sweat Shop Broadacres - Fourways (10h00 - 16h00)
Friday 28 February 2020 - Sportsmans Warehouse Park Meadows - Kensington / Bedfordview (10h00 - 16h00)
Saturday 29 February 2020 - Sportsmans Warehouse The Palms - Vanderbijlpark (10h00 - 16h00)
Sunday 1 March 2020 - At race venue from 4h00

LATE ENTRIES

Sunday 1st March 2020 - At race venue from 4am - 10km & 5km races only

NO LATE ENTRIES ON THE DAY FOR THE 42.2km or 21.1km.

Please Note: There will be no collections or entries taken at the race venue the day before the event (Saturday, 29 Feb 2020), it will be at the Sportsmans Warehouse The Palms in Vanderbijlpark

ENTRY FEES

- Online Entries: 42.2km = R 240.00, 21.1km = R 180.00, 10km = R 100.00 (Online fee includes admin and service fees)
- Retail Outlet Entries: 42.2km = R 240.00, 21.1km = R 180.00, 10km = R 100.00
- Late Entries: 10km = R 100.00, 5km = R 30.00
- Temporary Licences = R 50.00
- Grandmasters: 42.2km = R 150.00, 21.1km = R 90.00 - **Online Only** (Full price at retail outlets)
- R 10.00 from each entry of the 42.2km, 21.1km races will be donated to the Vaal Marathon's nominated charities.
- No refunds for any entries.

TIMING & RESULTS

Time keeping for the 10km, 21.1km & 42.2km races will be done by Peak Timing / ChampionChip Africa. An SMS will be sent to all finishers on the day and all results will be published on www.championchip.co.za

All runners are required to wear a ChampionChip timing device on their shoes for the duration of the race to get official results.

NO CHIP.. NO RESULT, NO PRIZE

ChampionChips will be available for purchase (R 150.00 - online & at pre-race collection points) or hire (R 50.00 - online entry only).

No hiring or purchasing of ChampionChips on the day.

Timing is MAT to MAT (start line to finish line) for the 42.2km & 21.1km races. Timing for the 10km & 5km races is gun-to-mat.

There will be a 10 min start window for the 42.2km & 21.1km runners. Additional timing mats will be placed on the course to verify times. Participants must cross ALL mats (start line, on route & finish line) to record official times, failure to do so could result in no official record or disqualification. Start window for the 42.2km & 21.1km will be from 6:00am - 6:10am.

T-SHIRTS: Free t-shirts to first 1100 ONLINE 42.2 km & 21.1km combined entrants only. - Additional Race T-shirts for sale online.

No child minding service or children's entertainment is provided by the race or the organizers.

RULES:

- The race is run in accordance with the rules of the ASA and AVT. Registered athletes must be members of a club affiliated to ASA, wear official club colours and wear two 2020 license numbers on front and back of vest. Numbers may not be altered.
- Race numbers for the 42.2km, 21.1km and 10km to be worn on front of vest. 5km runners must display their race tags. Runners found on route without official numbers or tags will be removed from route. Do not cover the licence number's sponsors logo's.
- Nonregistered athletes running the 10km, 21.1km & 42.2km races must purchase temporary licenses, wear plain clothing and pin the license number only on back of vest.
- Ensure you purchase the correct colour number for the distance you are running.
- The race committee reserves the right to accept or reject any entry.
- Proof of age to be produced on request (birth certificate or ID document).
- Athletes competing for a category prize must wear numerical ID tags.
- Athletes winning prizes/medals must be present during the award ceremony. An athlete who is not present during the medal ceremony will forfeit his/her prize money. In competitions where the competition takes place according to age categories, in addition to the OPEN category, if offered, the athlete will participate and only be eligible for the prizes in the category they entered for, provided they display the relevant official numerical age category tags front and back on their vest. Any athlete may thus qualify for a maximum of two individual prizes (one in the open category and a second in the age category entered for).
- NO SECONDING will be permitted on any part of the race route. No vehicle or bicycle will be allowed to follow runners on the route. Any runner who is seconded or followed is liable for disqualification.
- NO advertising of any form may be worn by competitors unless sanctioned by the official sponsors.
- Failure to obey rules, referees, traffic marshals or any race official could result in disqualification.
- There will be no officials, traffic officers, marshals or refreshment station workers in attendance on the route after 11h45.
- Distance boards will be placed at each kilometre.
- There will be a tog bag area at the start and this facility is to be used by athletes at own risk.
- All athletes compete at their own risk. Athletes indemnify National, Provincial and Regional bodies, sponsors and organizers of the race against all or any actions whatsoever nature whatever, that may arise due to participation in any event.
- NO Vaal Athletic Club members may participate in any event on race day.
- Runners will not be permitted to start second lap of 42.2km distance after 08h45 (2 hours 45 mins)
- The 42.2km, 21.1km & 10km races are timed by Peak Timing / Championchip Africa, all participants must wear the correct chip on their right shoe. NO CHIP, NO OFFICIAL RESULT, NO PRIZE
- No unaccompanied children will be allowed at the venue during the race.
- No drones will be permitted over the race start or finish area.
- This is a #RunClean / litter free event and being caught littering outside the water point zones could lead to disqualification.

Visit our website for race start times, route profiles, prize money, directions, parking and additional info.

SPECIAL THANKS TO:

Cape Gate, Sewendedags Adventiste Kerk - Drie Riviere, Sportsmans Warehouse, Lec-RM Electrical, Vaal Meander, Rotary - Three Rivers, Suiderlig Hoër Skool, Democratic Alliance - Midvaal, S & I Brokers, Fastway Couriers, Three Rivers Christian Academy and our partners:



ENQUIRIES

Office: 061 918 1002
Linda: 082 732 1555 or Bennie: 082 770 1075
Email: admin@vaalmarathon.co.za
www.vaalmarathon.co.za



@vaalmarathon



@vaalmarathon



/VaalMarathon