

13 SEPTEMBER 2025



PRE-ENTRIES: **ENTRY GEEK**.COM

WWW.ENTRYGEEK.COM | ENTRIES CLOSE FRIDAY 5 SEPTEMBER



21KM

START AT 07:00
PRE-ENTRY R200
SAME DAY ENTRY R220
TEMP LICENSE R40



10KM

START AT 07:30
PRE-ENTRY R100
SAME DAY ENTRY R120
TEMP LICENSE R40



4.9KM

START AT 08:00
PRE-ENTRY R50
SAME DAY ENTRY R50



2KM

START AT 08:15
PRE-ENTRY R25
SAME DAY ENTRY R25

MEDALS TO ALL
FINISHERS

PRIZE GIVING: 09:30 (ATHLETES MUST BE PRESENT TO RECEIVE PRIZES)

FAMILY FUN & FOOD STALLS

**CHILD SUPERVISION
WHILE PARENTS RUN!!**

GET IN TOUCH:
Adele 082 857 2989
Ampie: 082 462 6746



84 Kleynhans Street,
(Gereformeerde Kerk)
Bethal, Mpumalanga



21KM PRIZES

1st Man & Women	R800	50 th 1st Man & Women	R300
2nd Man & Women	R600	50 th 2nd Man & Women	R200
3rd Man & Women	R450	60 th 1st Man & Women	R300
40 th 1st Man & Women	R300	60 th 2nd Man & Women	R200
40 th 2nd Man & Women	R200	70 th 1st Man & Women	R300

10KM PRIZES

1st Man & Women	R450	50 th 1st Man & Women	R250
2nd Man & Women	R350	50 th 2nd Man & Women	R150
3rd Man & Women	R300	60 th 1st Man & Women	R250
40 th 1st Man & Women	R250	60 th 2nd Man & Women	R150
40 th 2nd Man & Women	R150	70 th 1st Man & Women	R250

LUCKY DRAW!!!
STAND A CHANCE
TO WIN ONE OF
4 HALF SHEEP!!

**09:30
WITH PRIZE
GIVING**

REFEREES DECISION IS FINAL

- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules. No seconding will be allowed. No pacing of any kind.
- Ages:
 - Athletes for 10km must be 14 years or older on the day of the race.
 - Athletes for 21.1km must be 16 years or older on the day of the race
 - Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2025 license numbers on the front and back of the vest.
- Temporary license at the front on the vest.
- Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.
- **Age category ID tags** must be **clearly displayed for the duration of the event (back and front)** by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- ASA logo on the license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- Category winners must be present at the prize giving ceremony or **make prior arrangements** to collect the award, **failing to do so the athlete will forfeit his/her prize money.**
- No Tog bag area available
- Foreign athletes MUST submit a clearance letter from their country's federation when pre-entries close.



Athletes participate at their own risk,
club will not be held responsible
for any injuries occurred during the race.

I declare that I run at my own risk and indemnify
the Organizers / Sponsors of any responsibility
for injuries or loss.