

Prize Money

15km	1 st	2 nd	3rd	Team
Open Male/Female	R1000	R500	R250	4 X R200*
Junior Male/Female	R200	R150	R100	4 X R100*
40-49 Male/Female	R200	R150	R100	Team Prize would only be paid to the first team in club colors
50 - 59 Male/Female	R200	R150	R100	
60 - 69 Male/Female	R200	R150	R100	
70 -79 Male/Female	R200	R150	R100	
80+ Male/Female	R200	R150	R100	

Category 5km	1st	2nd	3RD
Gift Voucher	R200	R150	R100
<p>Prizes for the 5km event will be awarded exclusively to participants who are under 14 years of age on race day and successfully complete the course.</p>			

Online Entries are available on

www.entryninja.com and www.sibalekananiac.co.za

Athletics Club

NO MORE TURNING BACK

EST. 2021

#NO MORE TURNING BACK



SCAN CODE TO ENTER THE RACE.

This is an EPA Participation League Event organised by Sibaleka Nani Athletics Club

SIBALEKA NANI



Athletics Club

NO MORE TURNING BACK

EST. 2021

5th Anniversary Celebration

FOREST RUN CHALLENGE

15KM
(07:00)

5KM
(07:15)

SAT, 20 JUNE 2026

**SANDB ARMY BASE, FOREST HILL SPORT GROUNDS,
WILLOW DRIVE, GQEBERHA**



SCAN CODE TO ENTER THE RACE.

Willard Mill Park PRESS

aQuellé



Province of the EASTERN CAPE
Sport, Recreation, Arts & Culture



FOREST RUN CHALLENGE 2026

RULES 15KM

ENTRY FORM

Tick the appropriate block: 15km (07h00) 5km (07h15)

Licence No: _____ Province: _____

Club/ School in Full: _____

Surname: _____ Name: _____

ID No: _____ Passport No. _____
(If non-SA)

Nationality: _____

Date of Birth: ___/___/___ Gender: _____ Age: _____

Cell no: _____ Email: _____

Emergency Contact : Name: _____ Cell Nr: _____

INDEMNITY / WAIVER

By entering this event I undertake to be bound by the rules and regulations of the event including those of World Athletics and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, property owners, all sponsors, persons and organizations assisting in the staging of the event, an injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. The organizers agree that all personal information requested on the form is for the use of the event only and will not be distributed to any third party. MINOR RELEASE: I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity / waiver on behalf of the minor.

Signature : (Athlete / Parent or Guardian if minor) Date entered: 2026/...../.....

ENTRY FEES			
15KM		5KM	
Licence Athletes	R150.00	Entry Fee	R50.00
Unlicensed Athletes	R200.00		

I agree NOT to litter during the race and accept disqualification if reported for doing so? Yes _____

Signature:

1. Enter online at www.entryninja.com or www.sibalekananiac.co.za.
2. Online entries close Wednesday, 18 June 2026, at 23:00.
3. The race is organised following ASA and EPA regulations.
4. To participate in the 15km event on race day, entrants must be at least 15 years old.
5. The race will commence at 07:00, with a cut-off time of 2 hours and 30 minutes (09:30). Gold medals will be awarded to the top five male and female finishers. Silver medals will be presented to the subsequent five men and women. All other participants who complete the race within the stipulated time will receive bronze medals.
6. Athletes are required to compete in official club colours and display valid 2026 ASA licence numbers on both the front and back of their vests.
7. Unaffiliated athletes must buy a temporary licence, worn on the back of their plain vest or T-shirt, with the official race number displayed in front.
8. Race numbers must be worn in front as per ASA rules; do not fold them, as this damages the chip.
9. Wear age category tags on the front and back of your vest to be eligible for prizes; proof of age may be required.
10. All prize winners are required to wear their club colors, such as tracksuits or race attire, during the presentation.
11. The use of earphones during running is prohibited and may result in disqualification.
12. The race committee may accept or reject any entry.
13. The prize giving will begin at 9:40 a.m.
14. **Submit manual entries at Brian Bands Cape Road or UD Sport in Kariega. Pre-entry deadline: Wednesday, 18 June 2026, at 17h00. Full race results will be available at www.epathletics.co.za.**
15. Kindly support the anti-littering campaign by disposing of sachets exclusively in or near designated bins along the route. Littering constitutes a criminal offense and may result in disqualification.
16. **Collection of race numbers and late registration will be Friday 19 June 2026 at SANDF Forest Hill Army Base Soccer Fields ground from 16h00 -18h00 and on race morning from 05h00 – 06h50.**
17. A receipt may be required in the event of any discrepancy with pre-entries.
18. Race entry fees are non-refundable.
19. Prize money is paid by EFT within 48 hours after receiving winners; bank details; no exceptions.
20. Event T-Shirts are available online only, while supplies last.
21. **To commemorate our five-year anniversary, numerous giveaways will be presented during the prize giving ceremony.**

5KM Rules

1. No licence required to enter the fun run/walk
2. The minimum age for the 5km is 9 years old.
3. The race cut of time is 09h30
4. Race numbers must be affixed to the vest or t-shirt and remain clearly visible at all times.

Luck Draw Prizes

All participants are eligible to win and be present to win a prize.

Race Enquires: For more information on the Event Contact :

Ms Lerato Sepeng +27 72 341 5660 OR Selby Thabethe + 27 76 888 3589

