



GET UP MAKE A CHOICE SET THE TONE

Name and Surname: _____
Gender: _____
Cell Number: _____
Email: _____
Date of birth (Required): _____
Emergency Contact Name: _____
Emergency Contact Number: _____
Area of Residence: _____

How did you hear about the event? ☐ Radio ☐ Pole Ad ☐ Flyer ☐ Social Media

Would you like to receive future information? ☐ Yes ☐ No

Dependants:

Name and Surname: _____ ☐ 5km ☐ 10km Date of birth* : _____ Sex: M / F
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Name and Surname: _____ ☐ 5km ☐ 10km Date of birth* : _____ Sex: M / F

***Date of birth is a requirement.**

No of Participants: 10km Run/Walk ☐ @ R150.00pp = _____
5km Run/Walk ☐ @ R120.00pp = _____
Children (0-7 years) ☐ @ FREE
Non-Participants ☐ @ R40.00pp = _____

Include race shirt with my entry: **Yes / No**
(only adult shirts available; XS, S, M, L, XL, 2XL, 3XL, 4XL)

Enquiry about group discount for 10 or more people

@ R170.00 = _____

TOTAL

DISCLAIMER AND WAIVER: Participants take part in the 5km and 10km Fun Walk/Run at their own risk and waive all claims against Cosmo Gas and Welding (Pty) Ltd t/a Cosmo Industrial, land owners, any individual organizer or official, marshal, assistant or agent, the sponsors or any local authority or their employees. Minors (u. 18) must have this form signed by their parent/ legal guardian who thereby indemnifies the organizers of the 5km and 10km Fun Walk/Run against all claims.

Entries cannot be refunded, cancelled, returned or exchanges on account of weather or unforeseen events occurring beyond the control of the event organisers. Event will be Covid-19 compliant. Limited entries, staggered start.

Fax entry form to 012 804 6571 or email petra@cosmogroups.co.za. Proof of payment should accommodate your entry form. Banking details: Cosmo Gas and Welding (Pty) Ltd. FNB Silverton, Account Number: 623 791 68034, Branch: 250 845.

Reference no: Name, surname and number of participants.

Signature Participant

Signature Parent/Legal Guardian

Date

For more information: 012 846 3300

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