



**Verulam Falcons A.C**

**CHALLENGE 2026**

with



Discovery

*Vitality*

**SUNDAY, 10 MAY 2026 Kingspark 6am**

**FIRST 2500  
ONLINE ENTRIES  
FOR ALL DISTANCES  
INCLUDING OVER 70YRS  
WILL RECEIVE  
A FREE T-SHIRT  
& Goodie Bag**

**5km FUN RUN**

R150

**10km RUN / WALK**

R200 (Late entry R230)

**21.1km RUN**

R250 (Late entry R280)

**OVER 70YRS (all distances)**

R150

**MEDALS TO ALL FINISHERS**

Queries contact : Logan Pillai 061 477 7481 | Mona Moodley 063 469 2494 | Yunus Doba 083 786 7527

Leyyah Doba 072 217 4401 | Cindy Padavattan 082 563 3882

**Enter Online : [www.eventtiming.co.za](http://www.eventtiming.co.za)**

**Opens on 19th January 2026**





## RACE INFORMATION

**START & FINISH:** Kingspark Athletic Stadium

Jacko Jackson Dr, Stamford Hill, Durban

**GPS co-ordinates:** -29° 49' 17.75" S | 31° 01' 28.13" E

Start time: 21.1km 06h00 | 10km 06h00 | 5km 07h30

Cut off time: 10 & 21.1km 09h00 (3 hrs) 5km 09h30 (2hrs)

Prize giving : 10 & 21.1km 08h30

Enter at [www.eventtiming.co.za](http://www.eventtiming.co.za)

## RACE NUMBER COLLECTION:

Kingspark Athletic Stadium ( late entry )

Friday 8th 12h30 – 16h30 / Saturday 9th 08h00 – 13h00

For collections : Name, SMS & Race Number

## ENTRY FEE

5km Fun Run/Walk: **R150**

10km Run/Walk: **R200** (Late entry **R230**)

21.1km Run: **R250** (Late entry **R280**)

Over 70 years : **R150** - All distances  
(includes Tshirt & goodie Bag)

Temporary License 10km : R90

Temporary License 21.1km: R120

Online Entries open Monday 19 January 2026

Closes Wednesday 6th May 2026

## ENTRY FORM:

Full Name:

ID/Passport Number:

Contact Number:  Province:

Club:  Temporary License Required: ☐ Yes ☐ No

ASA Number:  Sex: ☐ M ☐ F

Race Event: ☐ 21.1km Run ☐ 10km Run ☐ 10km Walk ☐ 5km Fun Run

Age Category: ☐ Junior ☐ Open ☐ 35 – 39 ☐ 40 – 49 ☐ 50 – 59 ☐ 60+

By entering this race, which forms part of the Discovery Vitality Run Series, you hereby agree to share relevant personal information with Discovery Vitality (Pty) Ltd and related third parties.

For Vitality members: I hereby consent to my data being shared with Discovery Vitality for the purpose of awarding Vitality points.

☐ Yes ☐ No ☐ I am not a Vitality member

PRIZE MONEY:		21.1km Run										10km					
		Open		35-39		40-49		50 - 59		60+		Run		Walk		Junior	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1st		R1 000	R1 000	R400	R400	R400	R400	R400	R400	R300	R300	R500	R500	R500	R500	R300	R300
2nd		R700	R700									R400	R400	R400	R400	R200	R200
3rd		R450	R450									R300	R300	R300	R300	R150	R150

## Race Rules & Information

- The race will be run in accordance with the rules of WA, ASA and KZNA and all participants to abide by these rules.
- All foreign athletes must comply with WA Rules CR1.7, TR4.1, TR4.2 and ASA Rule 9.
- Refreshments will be provided along the route and no personal seconding will be permitted.
- Runners and walkers to obey all Marshalls, traffic and technical officials.
- Age restriction: 21.1km – Participants must be 16 years and older on race day.
- 10km – participants must be 14 years and older on race day.
- 5km Fun Run, participants must be 9 years or older on race day.
- Proof of age will be required for age category winners.
- ASA/KZNA approved age category tags and Walker tags must be worn on top front and back of vest/crop top to be eligible for age category prizes.
- Discovery Vitality is the official title sponsor of the event and not the event organizer
- Entry fees are non-refundable.

- Junior athletes, 19 years or younger on 31 December in the year of the competition, must wear a "J" on the upper front and back of vest/crop top in order to be eligible for prizes and must provide proof of age on race day.
- ASA LICENSE NUMBERS: Organisers/Athletes may NOT replace ASA license numbers with Competition/Race Numbers/Stickers under any circumstances. Where a Competition/Race Number is used, it must be placed so that the ASA License Sponsor and the ASA Province/Year remains visible above the Competition/Race Number. The License numerals may be covered. Athletes who fail to adhere to this rule may be disqualified. (Refer to ASA Rule 26.1.7)
- TEMPORARY LICENSES: Temporary licensed athletes are not covered by a national insurance policy. Refer to ASA Rule 25.6.15.
- Unregistered athletes running with Temporary licenses must run in neutral colours and adhere to WA and ASA rules.
- Holders of temporary licenses will be eligible for individual prizes and may qualify for age category prizes in keeping with WA and ASA Rule 25.6.13.

Signed:

Date: