

NMB MOTHERWELL FREEDOM RUN - MOTHERWELL - 2026/04/25

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	2002	355	MELIKHAYA	FRANS	IKHAMVA	M	36	35-39M	0.29.39	5	25
2	2003	357	SINAWO	POTI	IKHAMVA	M	24	SM	0.30.30	5	24
3	2012	40016	THANDOLWETHU	MATSALO	IKHAMVA	M	18	JM	0.30.46	5	23
4	2005	1361	ANDILE	MOTWANI	NEDBANK	M	29	SM	0.30.57	5	22
5	2487	1138	MXOLELENI	TABATA	ACH	M	23	SM	0.31.50	5	21
6	2007	1499	OYAMA	NTANTISO	NEDBANK	M	21	SM	0.31.59	5	20
7	2017	40085	LUKHANYISO	APRIL	IKHAMVA	M	18	JM	0.32.08	5	19
8	2015	40086	OKUHLE	DLOTO	IKHAMVA	M	18	JM	0.32.11	5	18
9	2057	2266	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.32.14	5	17
10	2672	3389	SICELO	MASHABA	CHILLIEP	M	25	SM	0.32.18	5	16
11	756	1354	ANDRE	KETCHEM	NEDBANK	M	42	40-44M	0.32.21	5	14
12	2681	1392	ZOLANI	MABONGO	NEDBANK	M	39	35-39M	0.32.22	5	15
13	2004	1338	SIBAHLE	MAQWARA	NEDBANK	M	24	SM	0.32.49	5	13
14	1474	40402	ENDINAKO	JOLA	MOTHER	M	17	JM	0.32.53	5	12
15	2016	379	SEMIHLE	BEDA	IKHAMVA	M	19	SM	0.32.58	5	11
16	2485	1154	GIFT	CHIGOMARAWA	ACH	M	38	35-39M	0.33.03	5	10
17	2054	356	LUYANDA	TSHANGANA	IKHAMVA	M	42	40-44M	0.33.08	5	9
18	2011	358	MZWANELE	MAPHEKULA	IKHAMVA	M	49	45-49M	0.33.12	5	8
19	2583	40311	SIMTHANDILE	GOLIATH	HOLLYWOO	M	17	JM	0.33.21	5	0
20	1512	2149	XOLISA	NDLUMBINI	TRANSNET	M	43	40-44M	0.33.28	5	7
21	1594	1594	CLIVE	KASERERA	TEMP	M	17	JM	0.33.29	0	0
22	2358	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	0.33.55	5	6
23	2482	413	MASIXOLE	NTLOKO	IKHAMVA	M	36	35-39M	0.33.58	5	5
24	2484	1085	GEORGE	NTSHILIZA	ACH	M	46	45-49M	0.34.13	5	4
25	2488	1152	PATRIDGE	CHIMWENDO	ACH	M	23	SM	0.34.26	5	3
26	1627	2650	Banele	Komanisi	Bestmed	M	19	SM	0.34.28	5	2
27	2385	51529	SIYABULELA	MADLAVANA	NEDBOR	M	50	50-54M	0.34.48	0	0
28	1504	3387	ARCHIE	ZAKE	CHILLIEP	M	26	SM	0.34.54	5	1
29	1406	1242	GCOBANI	BEKWAPHI	ELITEAC	M	46	45-49M	0.34.55	5	0
30	2489	1071	SIYAVUYA	JEYI	ACH	M	20	SM	0.34.57	5	0
31	1475	40401	HLOMLA	NCUMANI	MOTHER	M	18	JM	0.35.05	5	0
32	2599	1363	THULANI	MDLALO	NEDBANK	M	41	40-44M	0.35.10	5	0
33	1679	1679	MFUNEKO	MAQUKWANA	TEMP	M	30	SM	0.35.12	0	0
34	2296	2804	SAZISO	PANGINDAWO	ABSAEP	M	44	40-44M	0.35.22	5	0
35	1678	1678	APHELELE	SEPTEMBER	TEMP	M	21	SM	0.35.32	0	0
36	2620	1106	Sipesihle	Sofute	ACH	M	29	SM	0.35.50	5	0
37	1514	1324	XOLILE	NDINGANE	NEDBANK	M	54	50-54M	0.35.55	5	0
38	1399	52173	TUMELO	KGWETE	SANDF	M	42	40-44M	0.36.03	0	0
39	2398	271	SIYATHEMBA	MBADULI	MUIRITE	M	27	SM	0.36.07	4	0
40	223	1873	SANUSE	MBONENI	HOLLYWOO	M	41	40-44M	0.36.08	5	0
41	1396	3385	TAKUNDA	MUBARE	CHILLIEP	M	22	SM	0.36.08	4	0
42	2194	40207	ONGEZWA	XATA	VWAC	M	17	JM	0.36.09	4	0
43	1665	40134	Indiphile	Rubushe	Bestmed	M	18	JM	0.36.11	4	0
44	1633	2546	Alistar	Makhale	Bestmed	M	17	JM	0.36.12	4	0
45	2692	40186	LUKHANYO	MAFANI	SIBALEKA	M	18	JM	0.36.25	4	0
46	1631	2614	Xhamla	Lukwe	Bestmed	M	21	SM	0.36.27	4	0
47	2541	400	LEBOHANG	SENTI	IKHAMVA	M	39	35-39M	0.36.27	5	0
48	2691	40171	ANTON	AVENATHI	SIBALEKA	M	18	JM	0.36.34	4	0
49	2960	2960	LLEWELLYN	BARNARD	TEMP	M	36	35-39M	0.36.35	0	0
50	2604	1482	JEANDRY	DEERLING	NEDBANK	M	33	SM	0.36.41	4	0
51	2693	40173	Sinawo	April	SIBALEKA	M	16	JM	0.36.43	4	0
52	2009	370	DESMOND	ZIBI	IKHAMVA	M	62	60-64M	0.36.49	5	0
53	2504	2062	SIYANDA	PETER	CSEP	M	37	35-39M	0.36.50	5	0
54	1656	40441	Molotsi	Ntsalong	Bestmed	M	18	JM	0.37.04	4	0
55	2010	1335	ANELE	MALIZA	NEDBANK	M	48	45-49M	0.37.05	5	0
56	2566	2314	BATHANDWA	MOOI	VUKANI	M	41	40-44M	0.37.11	5	0
57	1552	1022	Reegan	Meyer	CHARLO	M	19	SM	0.37.21	4	0
58	1680	40194	ABONGILE	GROOTBOOM	TINARHA	M	19	JM	0.37.21	4	0
59	2221	1871	SAPHO	NKATA	HOLLYWOO	M	48	45-49M	0.37.31	5	0
60	1403	1796	Jean	Jacobs	GELVAN	M	30	SM	0.37.31	4	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
61	2014	360	NTSIKA	NTAMO	IKHAMVA	M	23	SM	0.37.36	4	0
62	2065	374	HOPEWELL	JABAVU	IKHAMVA	M	42	40-44M	0.37.36	5	0
63	2135	40091	DESNAY	O'GRADY	IKHAMVA	F	15	JF	0.37.37	5	25
64	1646	2649	Abongile	Mzelem	Bestmed	M	22	SM	0.37.40	4	0
65	2191	3055	JEMAIN	WILSON	VITALITY	M	38	35-39M	0.37.49	4	0
66	1670	2517	Banelisiwe	Tamela	Bestmed	M	20	SM	0.37.50	4	0
67	1407	1191	NOEL	ADAMS	ELITEAC	M	53	50-54M	0.37.53	5	0
68	2008	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.37.59	5	24
69	2445	1330	RUAN	SMALBERGER	NEDBANK	M	36	35-39M	0.38.01	4	0
70	1513	1459	MONWABISI	KEPE	NEDBANK	M	42	40-44M	0.38.17	5	0
71	1589	2671	LEBOGANG	APHANE	Bestmed	M	19	SM	0.38.20	3	0
72	1652	2672	SINETHEMBA	NGXONI	Bestmed	M	29	SM	0.38.23	3	0
73	1644	3166	Lukhona	Mqombothi	Bestmed	M	20	SM	0.38.27	3	0
74	2018	1400	KELLY	VAN VLIET	NEDBANK	F	38	35-39F	0.38.34	5	23
75	2595	1503	LUVUYO	DYANI	NEDBANK	M	55	55-59M	0.38.48	5	0
76	2378	53051	SIYABONGA	TUNZI	SAPSTR	M	42	40-44M	0.38.49	0	0
77	1510	40117	UNATHI	STAMPER	KOWIE	M	16	JM	0.38.50	3	0
78	1431	1091	LEIGH	CALLAGHAN	ACH	F	31	SF	0.39.03	5	22
79	1453	2231	ANESIPHO	PETENI	SIBALEKA	M	20	SM	0.39.05	3	0
80	2516	2076	ZOLANI	NOGAYI	SANDFEP	M	36	35-39M	0.39.07	3	0
81	2006	1342	SINETHEMBA	MIRELE	NEDBANK	M	29	SM	0.39.15	3	0
82	2486	1137	MUTEKILE	RASMENI	ACH	M	61	60-64M	0.39.15	5	0
83	1419	40387	SIYAMTHANDA	SODLADLA	BATHURST	M	18	JM	0.39.18	3	0
84	1554	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	0.39.22	5	0
85	2371	364	Fikile	Mabhula	IKHAMVA	M	43	40-44M	0.39.38	4	0
86	1648	2991	MZAMO	VILI	HOLLY	M	20	SM	0.39.44	0	0
87	1558	931	ANDILE	NYOKA	CHARLO	M	53	50-54M	0.39.45	5	0
88	2537	1849	QAWE	MAJIZA	HOLLYWOO	M	39	35-39M	0.39.49	3	0
89	1525	878	DANE	CRONJE	CHARLO	F	28	SF	0.39.50	5	21
90	1622	2512	ETHAN	HOWARD	Bestmed	M	22	SM	0.39.52	3	0
91	2102	814	BIANCA	MEISTRE	32GI	F	40	40-44F	0.39.55	5	20
92	2555	2265	NKOSANA	BUKANI	VUKANI	M	44	40-44M	0.39.56	4	0
93	2535	2289	KHANYISO	MASWANA	VUKANI	M	36	35-39M	0.39.57	3	0
94	2045	2263	BABONKE	DINGA	VUKANI	M	37	35-39M	0.40.00	3	0
95	2460	3266	JONGI	MNYATHELI	CHEETAHS	M	31	SM	0.40.02	0	0
96	1668	2608	Sipholele	Skiti	Bestmed	M	22	SM	0.40.09	3	0
97	2439	1844	SONWABILE	ZOKOZA	HOLLYWOO	M	44	40-44M	0.40.09	4	0
98	1448	1630	SEBASTIAN	KLEU	MADIBA	M	50	50-54M	0.40.10	5	0
99	2351	2895	SANELE	SAM	CSEP	M	33	SM	0.40.28	3	0
100	2686	113	BADROEDEEN	ABRAHAMS	MALABAR	M	39	35-39M	0.40.29	3	0
101	1637	3165	Bubele	Mavvela	Bestmed	M	22	SM	0.40.30	3	0
102	2446	838	JEANRE	OELOFSE	32GI	M	21	SM	0.40.38	3	0
103	1445	1445	SIYAMTHANDA	BUSWA	TEMP	M	41	40-44M	0.40.40	0	0
104	2688	2547	TEDDY	PRUSENT	VITALITY	M	38	35-39M	0.40.41	3	0
105	2069	2146	SLULAMI	JACK	TRANSNET	M	50	50-54M	0.40.43	5	0
106	2136	40071	CONNOR	BIRD	ELITEAC	M	15	JM	0.40.46	3	0
107	2332	2065	Qhawe	Tshayingwe	HOLLYWOO	M	26	SM	0.40.47	3	0
108	2468	78	LINDEN	NZEZA	SAPPE	M	42	40-44M	0.40.48	3	0
109	2088	1389	BABALO	MAKALIMA	NEDBANK	M	42	40-44M	0.41.06	3	0
110	2851	2851	XOLANI	MBELANI	TEMP	M	47	45-49M	0.41.09	0	0
111	2232	1293	THEMBINKOSI	STOKWE	VWAC	M	47	45-49M	0.41.10	4	0
112	1395	3383	ZIBELE	MASELE	CHILLIEP	M	24	SM	0.41.20	3	0
113	2323	2518	BASHEER	ENSAL	Bestmed	M	23	SM	0.41.26	3	0
114	1568	955	SIVUYILE	SCHEEPERS	CHARLO	M	33	SM	0.41.31	3	0
115	1484	2484	EDGAR	NIIT	TEMP	M	32	SM	0.41.32	0	0
116	2552	1786	MONDRE	GALLANT	GELVAN	M	37	35-39M	0.41.32	3	0
117	2105	1339	SANDILE	NGUNUZA	NEDBANK	M	43	40-44M	0.41.35	3	0
118	2048	1480	AUGUST	ESAU	NEDBANK	M	55	55-59M	0.41.35	5	0
119	2369	1855	Ntembeko	Myalo	HOLLYWOO	M	35	35-39M	0.41.42	3	0
120	2959	2959	NADINE	BOTES	TEMP	F	28	SF	0.41.45	0	0
121	1686	40392	LINDOKUHLE	KASIBE	TINARHA	M	16	JM	0.41.48	2	0
122	2503	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	36	35-39M	0.41.53	3	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
123	2574	546	ANOLD	CHIYAMA	RUN4C	M	40	40-44M	0.41.55	3	0
124	1428	1069	WAYNE	MITCHELL	ACH	M	53	50-54M	0.41.58	5	0
125	1483	2483	ATHENKOSI	KETELO	TEMP	M	30	SM	0.42.01	0	0
126	2107	2961	LEFU	RAMPINE	ATLANTIC	M	36	35-39M	0.42.05	3	0
127	1481	2481	MORNE	NEL	TEMP	M	47	45-49M	0.42.12	0	0
128	2494	2900	SABELO	MELITAFA	CSEP	M	46	45-49M	0.42.21	3	0
129	2124	414	LONWABO	NDLALANI	IKHAMVA	M	48	45-49M	0.42.23	3	0
130	1401	1528	LINDIKAYA	QOGI	DESPATCH	M	52	50-54M	0.42.26	4	0
131	1494	1494	CYRIL	NIIT	TEMP	M	66	65-69M	0.42.30	0	0
132	2434	2322	XOLANI	NTEYI	VUKANI	M	47	45-49M	0.42.30	3	0
133	2087	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	59	55-59M	0.42.38	5	0
134	2895	2895	LUNGA	SIHLOBO	TEMP	M	18	JM	0.42.38	0	0
135	2451	40345	RUBENN	BUCKLEY	SCHOOL	M	14	JM	0.42.39	2	0
136	2352	2280	FERLANDO	MKIVA	VUKANI	M	32	SM	0.42.39	2	0
137	2603	1431	GIDEON	MENGO	NEDBANK	M	48	45-49M	0.42.39	3	0
138	2060	40206	OWAMI	GWAMANDA	VWAC	M	16	JM	0.42.40	2	0
139	1566	875	MATTHEW	RODGERS	CHARLO	M	24	SM	0.42.48	2	0
140	2526	399	TYRONE	KUNNEKE	IKHAMVA	M	34	SM	0.42.49	2	0
141	2569	1925	MANDLA	AFRICA	BLUEBAY	M	23	SM	0.42.51	2	0
142	2160	40042	NICK	SEPTEMBER	ATLANTIC	M	19	JM	0.42.58	2	0
143	2391	539	SERGIO	PETERSON	RUN4C	M	48	45-49M	0.42.59	3	0
144	1696	1817	Vuyisani	Mvakwendlu	TINARHA	M	30	SM	0.43.00	2	0
145	2031	2116	SAKHILE	MADONSELA	ATLANTIC	M	42	40-44M	0.43.02	3	0
146	2356	731	GAVIN	ROGERS	CRUSADE	M	61	60-64M	0.43.05	5	0
147	2501	3027	EDDIE	VACU	VITALITY	M	37	35-39M	0.43.08	2	0
148	1581	908	KAYLA	VAN RENSBURG	CHARLO	F	31	SF	0.43.09	3	19
149	2838	2838	PUMLANI	BANGANI	TEMP	M	52	50-54M	0.43.13	0	0
150	2092	1876	SBONISIPHO	MANQELE	HOLLYWOO	M	28	SM	0.43.14	2	0
151	2431	1533	THOBELA	NTAMO	DESPATCH	M	40	40-44M	0.43.17	3	0
152	2528	1087	SONWABO	NYANGIWE	ACH	M	58	55-59M	0.43.20	5	0
153	1426	40396	ANIKA	MNYANI	TINARHA	M	19	JM	0.43.22	2	0
154	1405	3059	KHAKA	NJOZELA	VITALITY	M	39	35-39M	0.43.24	2	0
155	2169	174	VIWE	TEKO	ACT AC	M	27	SM	0.43.26	2	0
156	2598	1461	VUYISILE	SIMAYILE	NEDBANK	M	39	35-39M	0.43.26	2	0
157	2909	2909	BANELE	BLAAUW	TEMP	M	32	SM	0.43.30	0	0
158	2115	367	VUSI	MSUTHWANA	IKHAMVA	M	54	50-54M	0.43.31	4	0
159	2462	1917	PAT	GCAKASI	BLUEBAY	M	55	55-59M	0.43.33	5	0
160	2557	1699	BRENDAN	BOSMAN	MADIBA	M	41	40-44M	0.43.33	3	0
161	2280	156	STANTON	FREEMAN	ACT AC	M	48	45-49M	0.43.34	3	0
162	2776	2776	BYRON	COUFMANN	TEMP	M	39	35-39M	0.43.35	0	0
163	2179	363	MNQWENO	TYOKOLO	IKHAMVA	M	43	40-44M	0.43.41	2	0
164	1439	545	RUHAN	VAN RENSBURG	RUN4C	M	34	SM	0.43.42	2	0
165	2664	1827	PRINCE	PHILLIPS	HOLLYWOO	M	62	60-64M	0.43.46	5	0
166	2074	1776	ELDRIDGE	JONKERS	GELVAN	M	47	45-49M	0.43.51	3	0
167	2260	1842	ZANDISILE	NGXONONO	HOLLYWOO	M	52	50-54M	0.43.58	3	0
168	2621	1800	ROMAN	SEPTOE	GELVAN	M	28	SM	0.43.59	2	0
169	2076	1684	MARLON	KOEN	MADIBA	M	39	35-39M	0.44.07	2	0
170	2608	323	CLIVE	VAN RAYNER	MUIRITE	M	58	55-59M	0.44.13	4	0
171	1618	2553	BUHLE	HINA	Bestmed	M	20	SM	0.44.14	2	0
172	2623	40320	RUBEN	BOUWER	SCHOOL	M	17	JM	0.44.20	2	0
173	1610	2536	THOZAMILE	BOKOLO	Bestmed	M	64	60-64M	0.44.22	5	0
174	2695	1113	ROGER	TRADER	ACH	M	72	70+M	0.44.23	5	0
175	2544	3265	ZAMA	MNGXUNYENI	CHEETAHS	M	24	SM	0.44.24	0	0
176	2103	169	UNATHI	MELENI	ACT AC	M	31	SM	0.44.28	2	0
177	2175	3325	THEMBILEJ	TSHAKAZA	SANDFEP	M	36	35-39M	0.44.28	2	0
178	2026	3032	NICHOLAS	BANGO	VITALITY	M	39	35-39M	0.44.29	2	0
179	2253	1456	LINDANI	MTHEMBU	NEDBANK	M	37	35-39M	0.44.33	2	0
180	2152	1772	LYLE	ROCKMAN	GELVAN	M	31	SM	0.44.41	2	0
181	2236	3278	ZAMUXOLO	MATIWANA	CHEETAHS	M	37	35-39M	0.44.45	0	0
182	2682	416	OLWETHU	BOMVANA	CHILLIEP	F	39	35-39F	0.44.47	3	18
183	1550	898	PATRIC	MAKWENKWE	CHARLO	M	59	55-59M	0.44.50	4	0
184	2327	1518	INGE	WILLIAMS	NEDBANK	F	36	35-39F	0.44.54	3	17

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
185	2159	1436	NTSIKELELO	SEBE	NEDBANK	M	43	40-44M	0.44.54	2	0
186	1615	1683	JERHARD	BURRELL	MADIBA	M	37	35-39M	0.44.54	2	0
187	1547	948	DINO	MAGNUS	CHARLO	M	31	SM	0.45.01	2	0
188	2433	2311	SITHA	SIGENU	VUKANI	F	42	40-44F	0.45.03	3	16
189	1650	2566	LUTHANDO	NDZAMBO	Bestmed	M	42	40-44M	0.45.07	2	0
190	2192	2122	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	0.45.09	3	0
191	2605	1457	RICHARD	MAZUNGULA	NEDBANK	M	49	45-49M	0.45.11	2	0
192	2293	1469	MARGIE	SAUNDERS	NEDBANK	F	72	70+F	0.45.16	5	15
193	2020	388	MICHELLE	HOWES	IKHAMVA	F	57	55-59F	0.45.16	5	14
194	2473	40076	KYLIE	VERMAAK	ELITEAC	F	19	JF	0.45.16	3	13
195	2184	1404	DARREN	VAN VLIET	NEDBANK	M	42	40-44M	0.45.18	2	0
196	2273	1275	PLAAITJIE	DAMONS	VWAC	M	62	60-64M	0.45.23	5	0
197	1556	1023	BISHO	NOMBEWU	CHARLO	M	60	60-64M	0.45.33	5	0
198	2291	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	0.45.36	3	0
199	1565	957	PIERRE	RENSHAW	CHARLO	M	52	50-54M	0.45.39	3	0
200	2890	2890	SONWABO	MBANGO	TEMP	M	29	SM	0.45.42	0	0
201	2079	1687	RUDI	KRIEL	MADIBA	M	36	35-39M	0.45.42	2	0
202	2096	2304	QAQAMBA	MATUNDU	VUKANI	F	27	SF	0.45.45	2	12
203	2674	202	WERNER	MEYER	SAPPE	M	52	50-54M	0.45.48	3	0
204	222	1345	DERRICK	DUBASE	NEDBANK	M	51	50-54M	0.45.50	3	0
205	1625	3168	Hamza	Khan	Bestmed	M	19	SM	0.45.50	2	0
206	1379	380	MBOLEKWA	MAYILA	IKHAMVA	M	46	45-49M	0.45.51	2	0
207	2491	2284	MZWANELE	NQOQO	VUKANI	M	48	45-49M	0.45.55	2	0
208	2687	40328	JAYDENE	TEE	SCHOOL	F	15	JF	0.45.55	2	0
209	2663	3307	ANDILE	POSWA	VWAC	M	47	45-49M	0.45.59	2	0
210	1695	40499	YANELISA	NOMOYI	TINARHA	F	18	JF	0.46.05	2	11
211	1604	148	ABDUL	LILLAH	MALABAR	M	36	35-39M	0.46.06	2	0
212	2729	1052	CHRISTIAN	DU PREEZ	XCEL	M	56	55-59M	0.46.16	3	0
213	2754	2754	LUYANDA	MATIWANA	TEMP	M	47	45-49M	0.46.20	0	0
214	2945	2945	MAWANDE	NTSANGANI	TEMP	M	41	40-44M	0.46.31	0	0
215	2685	2737	JACOB	ABRAHAM	BODYCON	M	59	55-59M	0.46.32	3	0
216	2131	2287	LINDIKHAYA	NTEYI	VUKANI	M	46	45-49M	0.46.35	2	0
217	2676	52	DARIUS	SWIEGELAAR	SAPPE	M	31	SM	0.46.45	2	0
218	1647	2621	FREDAH	NCUBE	Bestmed	F	43	40-44F	0.46.48	3	10
219	2238	2735	STICKS	STIGLINGH	BODYCON	M	71	70+M	0.46.55	5	0
220	2977	2977	ANDREW	PORTER	TEMP	M	54	50-54M	0.46.59	0	0
221	2475	1134	OLIVER	NEWLAND-NELL	ACH	M	20	SM	0.46.59	2	0
222	2506	2275	XOLISA	MENEMENE	VUKANI	M	42	40-44M	0.47.02	2	0
223	2349	1309	GERALD	PIETERSEN	VWAC	M	46	45-49M	0.47.05	2	0
224	1443	1443	KUHLE	JOBELA	TEMP	M	31	SM	0.47.09	0	0
225	1602	138	NAASIR	LOUIS	MALABAR	M	29	SM	0.47.11	2	0
226	2619	1114	MILES	HOLLINS	ACH	M	53	50-54M	0.47.12	2	0
227	2224	640	SAMKELO	SINYONGO	ASPEN	M	44	40-44M	0.47.15	2	0
228	2463	551	RODGER	GYSMAN	RUN4C	M	52	50-54M	0.47.16	2	0
229	2472	40075	CHLOE	VERMAAK	ELITEAC	F	19	JF	0.47.17	2	9
230	2536	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	41	40-44M	0.47.20	2	0
231	2403	347	BRUCE	LE GRANGE	MUIRITE	M	33	SM	0.47.20	2	0
232	1529	914	ETIENNE	GERBER	CHARLO	M	56	55-59M	0.47.23	3	0
233	2780	2780	LUKHANYO	MVUNELWA	TEMP	M	31	SM	0.47.25	0	0
234	1583	1027	NELSON	VLAKBOK	CHARLO	M	61	60-64M	0.47.26	3	0
235	2492	50719	KWANDA	TSHINGANA	MTHATHA	M	34	SM	0.47.27	0	0
236	2085	1340	WELCOME	LOLIWE	NEDBANK	M	61	60-64M	0.47.29	3	0
237	2980	2980	NDIMPHIWE	MATYUMZA	TEMP	M	42	40-44M	0.47.34	0	0
238	2141	3025	CHESLIN	PLAATJIES	VITALITY	M	40	40-44M	0.47.35	2	0
239	1673	2542	Masande	Tshutsha	Bestmed	M	30	SM	0.47.36	2	0
240	1557	911	TANYA	NORRIS	CHARLO	F	41	40-44F	0.47.37	3	8
241	1662	2633	Solulele	Rati	Bestmed	M	25	SM	0.47.38	2	0
242	2575	2885	ANESU	WAGNER	TEMP	M	16	JM	0.47.41	0	0
243	2320	115	THOZAMILE	GROOTBOOM	MALABAR	M	50	50-54M	0.47.47	2	0
244	2086	261	NKOSIYEDWA	MABASO	MUIRITE	M	46	45-49M	0.47.56	2	0
245	2034	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	0.47.56	5	7
246	2853	2853	KHAYA	SKEPU	TEMP	M	49	45-49M	0.48.06	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
247	2049	1785	JADE	FESTUS	GELVAN	M	36	35-39M	0.48.10	2	0
248	2188	1412	RAYMOND	WEITZ	NEDBANK	M	71	70+M	0.48.12	5	0
249	2906	2906	WILFRED	NELANI	TEMP	M	29	SM	0.48.14	0	0
250	2820	2820	LUNGISA	JACOBS	TEMP	M	42	40-44M	0.48.14	0	0
251	2631	733	ALEX	DU TOIT	CRUSADE	M	61	60-64M	0.48.22	3	0
252	1457	417	PETER	MSIZA	CHILLIEP	M	53	50-54M	0.48.24	2	0
253	2923	2923	RASAKE	PULE	TEMP	M	23	SM	0.48.25	0	0
254	1516	949	WELCOME	BASKITI	CHARLO	M	58	55-59M	0.48.28	2	0
255	2380	122	BAVERSHAN	NAIDOO	MALABAR	M	35	35-39M	0.48.30	2	0
256	2379	144	AHMAD	KADER	MALABAR	M	38	35-39M	0.48.33	2	0
257	2039	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	0.48.36	5	0
258	2041	866	MICHA	CRONJE	32GI	F	36	35-39F	0.48.37	2	6
259	2198	3198	SHAUN	HOEKSTRA	TEMP	M	26	SM	0.48.39	0	0
260	2782	2782	JOSEPH	MITCHELL	TEMP	M	20	SM	0.48.41	0	0
261	1567	991	GREGORY	ROSS	CHARLO	M	52	50-54M	0.48.42	2	0
262	2255	2228	NGWANE	SHORTY	SIBALEKA	M	29	SM	0.48.44	2	0
263	2339	576	VERNON	LANDMAN	RUN4C	M	51	50-54M	0.48.45	2	0
264	2248	1748	RICHARD	RAMATSASA	GELVAN	M	50	50-54M	0.48.50	2	0
265	2138	1734	DENVER	PETERSEN	GELVAN	M	42	40-44M	0.48.50	2	0
266	1522	944	DISEMBA	BLOU	CHARLO	M	67	65-69M	0.48.51	3	0
267	2669	2139	BHEKA	MSELEKU	TRANSNET	M	57	55-59M	0.48.53	2	0
268	1564	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	0.48.57	2	0
269	2309	2108	BERNICE	NEL	HEATAC	F	38	35-39F	0.48.58	2	5
270	2030	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	0.48.58	2	4
271	2852	2852	VUKILE	HOYI	TEMP	M	57	55-59M	0.49.02	0	0
272	2077	91	DENZIL	KOOPMAN	INFINITY	M	55	55-59M	0.49.06	2	0
273	2975	2975	PHAKAMISA	BALENI	VUKANI	M	35	35-39M	0.49.07	2	0
274	2337	564	GAVIN	SILLS	RUN4C	M	52	50-54M	0.49.07	2	0
275	2982	2982	ZUKISANI	MBIZA	TEMP	M	32	SM	0.49.15	0	0
276	2513	607	LOUIS	MOOLMAN	RUN4C	M	34	SM	0.49.22	1	0
277	1614	2551	AIDEN	ENGBRECHT	Bestmed	M	17	JM	0.49.27	1	0
278	2568	1055	JEROME	MAY	XCEL	M	59	55-59M	0.49.28	2	0
279	2652	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	0.49.29	5	3
280	2680	1075	GAVIN	SCHONKNECHT	ACH	M	58	55-59M	0.49.31	2	0
281	2095	412	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	0.49.31	2	0
282	1450	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.49.32	2	0
283	2962	2962	MELVILLE	VAN RAYNER	TEMP	M	61	60-64M	0.49.34	0	0
284	2584	40336	LEANDI	VAN TONDER	SCHOOL	F	14	JF	0.49.34	2	0
285	2056	2286	BONKE	GOYI	VUKANI	M	38	35-39M	0.49.34	2	0
286	2854	2854	HLUMELO	SHONGWE	TEMP	M	17	JM	0.49.35	0	0
287	2642	1476	NOLUKHANYO	MDWAYI	NEDBANK	F	45	45-49F	0.49.40	2	2
288	2981	2981	SINAWO	CABANE	TEMP	M	33	SM	0.49.44	0	0
289	1422	1422	TOZAMA	KEYISE	TEMP	M	40	40-44M	0.49.45	0	0
290	1460	40073	STACEY	DE RIDDER	ELITEAC	F	16	JF	0.49.47	2	1
291	1462	40258	JOSHUA	LOUW	32GI	M	17	JM	0.49.47	1	0
292	2183	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	0.49.49	3	0
293	2408	249	STERN	GEORGE	MUIRITE	M	20	SM	0.49.51	1	0
294	2035	2880	Cecil Brayn	Claassen	CSEP	M	34	SM	0.49.52	1	0
295	1595	1595	KHAKALOMZI	GCWABE	TEMP	M	35	35-39M	0.49.52	0	0
296	2340	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	0.49.53	2	0
297	2802	2802	RICARDO	JACKSON	TEMP	M	41	40-44M	0.49.56	0	0
298	2690	2063	MAWETHU	PLATYI	HOLLYWOO	M	45	45-49M	0.50.01	2	0
299	2071	1351	SHARON	JESSOP	NEDBANK	F	56	55-59F	0.50.01	4	0
300	2624	1841	DOLLY	NDUDE	HOLLYWOO	F	54	50-54F	0.50.02	3	0
301	2738	2738	LUNGA	MAKETA	TEMP	M	25	SM	0.50.12	0	0
302	2366	2807	LEHLOHONOLO	THOKOA	ABSAEP	M	45	45-49M	0.50.14	2	0
303	2974	2974	TULANI	CELELA	TEMP	M	43	40-44M	0.50.14	0	0
304	1473	1473	AFRIKA	MHLOPHE	TEMP	M	47	45-49M	0.50.15	0	0
305	2917	2917	MANDILAKHE	MABIZA	TEMP	M	42	40-44M	0.50.15	0	0
306	2788	2788	AYANDA	MHLAMBISO	TEMP	M	36	35-39M	0.50.15	0	0
307	1548	895	WAYNE	MAGNUS	CHARLO	M	58	55-59M	0.50.17	2	0
308	2150	362	CANDICE	RICHARDS	IKHAMVA	F	33	SF	0.50.18	2	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
309	1697	201	LUBABALO	SISWANA	SAPPE	M	49	45-49M	0.50.18	2	0
310	1476	2476	QHAMA	DUMEZWENI	TEMP	M	30	SM	0.50.19	0	0
311	2354	1832	GODFREY	JACOBS	HOLLYWOO	M	42	40-44M	0.50.19	2	0
312	2512	534	BIANCA	VERMAAK	RUN4C	F	31	SF	0.50.21	2	0
313	1681	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	39	35-39M	0.50.21	1	0
314	1517	967	MIKE	BURGER	CHARLO	M	66	65-69M	0.50.21	3	0
315	1664	2665	ABULELE	ROZANA	Bestmed	M	30	SM	0.50.28	1	0
316	2527	1070	ANCHE	HOLLINS	ACH	F	44	40-44F	0.50.28	2	0
317	211	2209	VELILE	LUSITI	SIBALEKA	M	37	35-39M	0.50.33	1	0
318	2633	1838	PHATHULUVO	MGULI	HOLLYWOO	M	41	40-44M	0.50.34	2	0
319	2073	1721	LIZETTE	OLIVER	GELVAN	F	39	35-39F	0.50.38	2	0
320	2658	1485	KOOS	OLIVIER	NEDBANK	M	68	65-69M	0.50.40	3	0
321	1518	1018	TANIA	BESSINGER	CHARLO	F	48	45-49F	0.50.48	2	0
322	2400	104	PRASHAAN	RAGA	INFINITY	M	27	SM	0.50.49	1	0
323	1519	1019	EMILE	BESSINGER	CHARLO	M	54	50-54M	0.50.50	2	0
324	2333	2874	VUYISILE	DELIWE	CSEP	M	50	50-54M	0.50.52	2	0
325	2732	40189	M.Y	Baboo	MALABAR	M	16	JM	0.50.57	1	0
326	1541	1008	Darryl	Long	CHARLO	M	48	45-49M	0.50.58	2	0
327	2166	1061	DEWALD	STEENKAMP	ACH	M	41	40-44M	0.50.59	1	0
328	2075	1450	NKHATHALLENG	KHIBA	NEDBANK	F	44	40-44F	0.50.59	2	0
329	2679	1360	SITHEMBILE	MPAKO	NEDBANK	M	65	65-69M	0.51.01	3	0
330	2387	2817	SINETHEMBA	MAGUTYWA	ABSAEP	M	43	40-44M	0.51.02	1	0
331	2495	3012	MARC	MAHAMBEHLALA	VITALITY	M	34	SM	0.51.06	1	0
332	2453	1584	LINDIE	STANDER	DESPATCH	F	41	40-44F	0.51.15	2	0
333	1677	2745	BRUCE	GIE	BODYCON	M	52	50-54M	0.51.18	2	0
334	2905	2905	THAPELO	SADIKI	TEMP	M	38	35-39M	0.51.20	0	0
335	2548	1285	WANDA	BANJWA	VWAC	M	38	35-39M	0.51.24	1	0
336	1582	883	LINDI	VAN TONDER	CHARLO	F	48	45-49F	0.51.24	2	0
337	2910	2910	MZIMHLE	TSHOTHO	TEMP	M	40	40-44M	0.51.26	0	0
338	2697	3312	SOLOMON	TEMBENI	VWAC	M	32	SM	0.51.30	1	0
339	1409	3052	MALWANDE	MRWETYANA	VITALITY	M	41	40-44M	0.51.31	1	0
340	2287	556	ARTHUR	WILLIAMS	RUN4C	M	63	60-64M	0.51.34	2	0
341	1597	2497	MONDLI	MALAHLA	TEMP	M	49	45-49M	0.51.35	0	0
342	1489	2489	MZIKAYISE	SONKWALA	TEMP	M	64	60-64M	0.51.36	0	0
343	2618	1118	BRUCE	KING	ACH	M	59	55-59M	0.51.36	2	0
344	2157	2727	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	65	65-69F	0.51.40	5	0
345	2409	71	TRISTAN	GEORGE	SAPPE	M	23	SM	0.51.42	1	0
346	2938	2938	AZINGCE	MANTEWU	TEMP	M	17	JM	0.51.50	0	0
347	2943	2943	LINETHEMBA	CEFU	TEMP	M	20	SM	0.51.50	0	0
348	2507	2875	BONGA	MBIZELA	CSEP	M	42	40-44M	0.51.51	1	0
349	1586	876	GEORGE	WINSHIP	CHARLO	M	60	60-64M	0.51.53	2	0
350	2542	1569	NEEVRA	BELLINGAN	DESPATCH	F	39	35-39F	0.51.55	2	0
351	2920	2920	LUCIO	ARRIES	TEMP	M	23	SM	0.51.55	0	0
352	2655	1088	PERCY	DALTON	ACH	M	77	70+M	0.51.58	3	0
353	2044	3050	TENIELLE	DE ANDRADE	VITALITY	F	41	40-44F	0.51.59	2	0
354	1623	2502	LINCOLN	JANSEN	Bestmed	M	36	35-39M	0.52.00	1	0
355	2272	555	BURNITA	STRYDOM	RUN4C	F	57	55-59F	0.52.01	3	0
356	2055	40306	NIEZAAM	GOOLAM	GELVAN	M	14	JM	0.52.01	1	0
357	2440	469	SISEKO	MKUMLA	CHILLIEP	M	41	40-44M	0.52.05	1	0
358	2774	2774	MAWETHU	SIDLAYI	TEMP	M	32	SM	0.52.06	0	0
359	1455	1672	JARED	STRYDOM	MADIBA	M	40	40-44M	0.52.08	1	0
360	1572	1017	JOE	SCHOEMAN	CHARLO	M	45	45-49M	0.52.10	1	0
361	1690	327	ELWIN	WOODS	MUIRITE	M	62	60-64M	0.52.21	2	0
362	2281	2878	LONWABO	FONGO	CSEP	M	39	35-39M	0.52.22	1	0
363	1511	2297	ZOLANI	MQOQI	VUKANI	M	49	45-49M	0.52.22	1	0
364	1536	915	JOEL	HUMAN	CHARLO	M	53	50-54M	0.52.27	2	0
365	2001	1083	ALAN	TAYLOR	ACH	M	68	65-69M	0.52.27	2	0
366	2873	2873	PHILIP	MITCHELL	TEMP	M	15	JM	0.52.29	0	0
367	1606	114	SHAFEEQAH	SMITH	MALABAR	F	36	35-39F	0.52.30	2	0
368	2656	1049	ALBERT	NGCANGA	XCEL	M	76	70+M	0.52.31	3	0
369	1456	433	Loyiso	Mabetshe	CHILLIEP	M	36	35-39M	0.52.31	1	0
370	2089	3336	VUYO	Makeba	ALBANY	M	59	55-59M	0.52.35	2	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
371	1535	1001	KEANO	HITZEROTH	CHARLO	M	25	SM	0.52.36	1	0
372	2874	2874	ANAM	NYUBUSE	TEMP	M	31	SM	0.52.44	0	0
373	2415	3099	MARCEL	ABRAHAMS	VITALITY	M	34	SM	0.52.45	1	0
374	2901	2901	LITGALETHU	DINGELA	TEMP	M	22	SM	0.52.47	0	0
375	2611	1522	BONISIWE	KAMANGA	DESPATCH	F	32	SF	0.52.48	1	0
376	1657	40450	Kate	Oosthuizen	Bestmed	F	26	SF	0.52.51	1	0
377	2518	462	Ntombizine	Makaula	CHILLIEP	F	39	35-39F	0.52.54	1	0
378	2479	1837	XOLA	MBATSHA	HOLLYWOO	M	45	45-49M	0.52.54	1	0
379	1534	992	CYNTHIA	HEYNS	CHARLO	F	42	40-44F	0.52.55	2	0
380	2498	205	MELIKHAYA	ADAM	SAPPE	M	42	40-44M	0.52.56	1	0
381	2228	2067	Ludwe	Sobele	HOLLYWOO	M	37	35-39M	0.52.57	1	0
382	2892	2892	KHAYALETHU	GANA	TEMP	M	40	40-44M	0.53.00	0	0
383	1539	937	KIJANA	LARSEN	CHARLO	F	25	SF	0.53.02	1	0
384	2149	1125	BRENDON	DRYDEN	ACH	M	58	55-59M	0.53.10	2	0
385	1486	1486	BONGANI	MKETSHANE	TEMP	M	38	35-39M	0.53.15	0	0
386	2176	687	SIVUYILE	TSHINGI	ASPEN	M	41	40-44M	0.53.16	1	0
387	2285	2748	SEAN	BUTLER	BODYCON	M	33	SM	0.53.19	1	0
388	2520	225	ALEXANDER	WEED	KOWIE	M	76	70+M	0.53.22	2	0
389	2474	1133	GREIG	NEWLAND-NELL	ACH	M	50	50-54M	0.53.26	1	0
390	2476	482	Dane	Brand	RUN4C	M	35	35-39M	0.53.27	1	0
391	2651	3361	MTHOKOZISI	LUTHULI	MUIRITE	M	35	35-39M	0.53.33	1	0
392	2613	2935	MANDLA	MFENGU	ADVEN	M	37	35-39M	0.53.38	1	0
393	2289	1267	ANAND	NAIDOO	VWAC	M	56	55-59M	0.53.39	2	0
394	2812	2812	NONTEMBEKO	NYONI	TEMP	F	36	35-39F	0.53.39	0	0
395	1446	2695	VUSIKAYA	MANCAPA	MOTHER	M	60	60-64M	0.53.40	2	0
396	2630	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	42	40-44F	0.53.41	1	0
397	2777	2777	JENNIFER	KLUE	TEMP	F	18	JF	0.53.42	0	0
398	1579	921	RYAN	VAN DER MESCHT	CHARLO	M	45	45-49M	0.53.42	1	0
399	2353	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	0.53.43	2	0
400	2728	554	PETRUS	RADEMEYER	RUN4C	M	51	50-54M	0.53.43	1	0
401	2505	1921	OWEN	NCUBE	BLUEBAY	M	44	40-44M	0.53.45	1	0
402	2386	2818	THABISO	NGCONGO	ABSAEP	M	26	SM	0.53.45	1	0
403	1561	925	AVIWE	PAKADE	CHARLO	M	40	40-44M	0.53.45	1	0
404	1601	125	FUARD	DE JAGER	MALABAR	M	47	45-49M	0.53.46	1	0
405	2654	1777	ROLAND	DACE	GELVAN	M	71	70+M	0.53.47	2	0
406	1667	2652	Samkelo	Shabangu	Bestmed	M	24	SM	0.53.50	1	0
407	2677	1336	DON	CHARLES	NEDBANK	M	76	70+M	0.53.54	2	0
408	2699	1681	DEAN	FINLAY	MADIBA	M	59	55-59M	0.53.56	1	0
409	2726	526	NIEKE	EBERSOHN	RUN4C	F	34	SF	0.53.58	1	0
410	2151	350	MARIUS	ROACH	MUIRITE	M	32	SM	0.54.00	1	0
411	2432	322	CARLI	NEL	MUIRITE	F	32	SF	0.54.00	1	0
412	2999	2999	TEVIN	PRINSLOO	TEMP	M	31	SM	0.54.04	0	0
413	1451	1229	NATASCIA	DE RIDDER	ELITEAC	F	47	45-49F	0.54.04	2	0
414	2579	2070	GCINIKHAYA	NTLIZIYWANA	SAPPE	M	45	45-49M	0.54.07	1	0
415	1642	2607	IVAN	MOSES	Bestmed	M	64	60-64M	0.54.09	2	0
416	2987	2987	THEMBELANI	MDUNGE	TEMP	M	39	35-39M	0.54.11	0	0
417	1468	1468	ROAUL	STRYDOM	TEMP	M	46	45-49M	0.54.17	0	0
418	2627	1272	JEREMY	SCOTT	VWAC	M	54	50-54M	0.54.21	1	0
419	2061	40045	KEISHA	HARKER	ATLANTIC	F	14	JF	0.54.23	1	0
420	2375	1263	KAHN	LANGFORD	VWAC	M	47	45-49M	0.54.24	1	0
421	1675	2673	INA	VAN RENSBURG	Bestmed	F	52	50-54F	0.54.24	2	0
422	2558	1698	MEGAN	BOSMAN	MADIBA	F	39	35-39F	0.54.25	1	0
423	2355	727	ANGELA	ROGERS	CRUSADE	F	56	55-59F	0.54.29	2	0
424	2155	789	KELVIN	SAMUEL	32GI	M	42	40-44M	0.54.31	1	0
425	2637	3100	AKHONA	SOGA	VITALITY	M	31	SM	0.54.35	1	0
426	2252	718	DEENOLAN	MOODLEY	CRUSADE	M	29	SM	0.54.35	1	0
427	2556	2892	ERIC	MOENG	CSEP	M	55	55-59M	0.54.35	1	0
428	1509	2310	NDABA	NDZOMBANE	VUKANI	M	66	65-69M	0.54.38	2	0
429	2412	1609	WILLEMIEN	DU RANDT	DESPATCH	F	51	50-54F	0.54.39	2	0
430	2502	2711	ALISON	HEYERDAHL	KOWIE	F	41	40-44F	0.54.44	1	0
431	2816	2816	JULIANO	WATSON	TEMP	M	33	SM	0.54.46	0	0
432	2243	1695	CARLA	GILLWALD	MADIBA	F	37	35-39F	0.54.47	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
433	2345	1588	JACQUES	BOTHA	DESPATCH	M	52	50-54M	0.54.55	1	0
434	2908	2908	XOLELA	NJUMBUXA	TEMP	M	25	SM	0.54.57	0	0
435	2554	1705	JOHN	FREWEN	MADIBA	M	64	60-64M	0.55.00	1	0
436	2393	750	PIETER	ROUX	CRUSADE	M	71	70+M	0.55.03	2	0
437	1404	2344	SIDWELL	MATINYANE	VUKANI	M	60	60-64M	0.55.06	1	0
438	2132	1349	SIMPHIWE	NTLANTI	NEDBANK	M	45	45-49M	0.55.14	1	0
439	2047	42	SAM	ERASMUS	SAPPE	M	68	65-69M	0.55.18	2	0
440	1542	1009	MEGAN	LONG	CHARLO	F	41	40-44F	0.55.18	1	0
441	1616	2596	Zaylon	Gouza	Bestmed	M	22	SM	0.55.19	1	0
442	2734	1853	Duma	Mzileni	HOLLYWOO	M	47	45-49M	0.55.20	1	0
443	2778	2778	SIFISO	MASALEGUBA	TEMP	M	33	SM	0.55.23	0	0
444	1523	891	DARRYL	CALVERT	CHARLO	M	50	50-54M	0.55.24	1	0
445	2084	1269	ZAKHELE	LELAKA	VWAC	M	53	50-54M	0.55.29	1	0
446	1465	1465	JARED	HEYNS	TEMP	M	20	SM	0.55.35	0	0
447	2904	2904	MZUVUKILE	MOOI	TEMP	M	59	55-59M	0.55.37	0	0
448	2185	265	KAYLA	VERMAAK	MUIRITE	F	24	SF	0.55.39	1	0
449	2525	468	PHILA	GCISA	CHILLIEP	F	33	SF	0.55.40	1	0
450	2586	2173	LAVERN	PETERS	TRANSNET	F	37	35-39F	0.55.41	1	0
451	2106	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	0.55.41	1	0
452	2670	2970	SIYABULELA	JAFTA	TRANSNET	F	44	40-44F	0.55.43	1	0
453	2316	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	0.55.43	2	0
454	2543	3288	ANDRE	VILJOEN	ACH	M	71	70+M	0.55.46	2	0
455	2698	1937	AMANDA	PRIDEAUX	BLUEBAY	F	50	50-54F	0.55.49	2	0
456	2104	16331	LIZEKA	MENZIWA	HOLLY	F	39	35-39F	0.55.49	0	0
457	2660	1930	TIM	BRAY	BLUEBAY	M	63	60-64M	0.55.54	1	0
458	2625	1194	EDMUND	DRAKE	ELITEAC	M	35	35-39M	0.55.57	1	0
459	2538	570	JENNY	AH CHONG	RUN4C	F	58	55-59F	0.55.57	2	0
460	2428	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	0.55.59	2	0
461	1520	907	CHARL	BEZUIDENHOUT	CHARLO	M	47	45-49M	0.56.02	1	0
462	2449	269	DARREL	SLAMBEE	MUIRITE	M	41	40-44M	0.56.06	1	0
463	1590	2645	MTETELELI	BIKO	Bestmed	M	34	SM	0.56.07	1	0
464	2357	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	0.56.15	2	0
465	1600	344	ANTON	AUGUST	MUIRITE	M	43	40-44M	0.56.16	1	0
466	1415	1623	SUSAN	ALCOCK	MADIBA	F	60	60-64F	0.56.17	2	0
467	2377	81	NOMANDLA	LUNGUZA	SAPPE	F	50	50-54F	0.56.18	1	0
468	2374	484	Maryka	Meyer	RUN4C	F	31	SF	0.56.19	1	0
469	2373	483	MARISA	MEYER	RUN4C	F	31	SF	0.56.19	1	0
470	2177	678	WANDILE	TSHINGI	ASPEN	M	39	35-39M	0.56.20	1	0
471	1666	3391	KUHLE	MQASHANE	CHILLIEP	F	22	SF	0.56.21	1	0
472	2622	655	BEATA	LANGSON	ASPEN	F	25	SF	0.56.22	1	0
473	2964	2964	JOSHUA	WALDUCK	TEMP	M	28	SM	0.56.23	0	0
474	1700	1124	LIZ	PRINS	ACH	F	56	55-59F	0.56.29	2	0
475	2965	2965	KHANYISA	NOGWINA	TEMP	F	38	35-39F	0.56.29	0	0
476	1669	3170	SANELISEKILE	SUNDU	Bestmed	M	27	SM	0.56.32	1	0
477	2264	170	THANDEKA	MHLANGA	ACT AC	F	36	35-39F	0.56.38	1	0
478	2187	550	LIEZEL	WAIT	RUN4C	F	53	50-54F	0.56.39	1	0
479	2178	189	OMPHILE	TSOMOKO	SAPPE	M	35	35-39M	0.56.41	1	0
480	2234	1291	ASHENDA	MAKONIE	VWAC	F	50	50-54F	0.56.44	1	0
481	2368	1259	SIYABULELA	RELU	VWAC	M	49	45-49M	0.56.45	1	0
482	2173	2800	ASANDA	KAYINGANA	ABSAEP	F	43	40-44F	0.56.50	1	0
483	2411	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	0.56.50	1	0
484	2661	1814	RONALD	NDIZA	TINARHA	M	66	65-69M	0.56.52	1	0
485	2836	2836	YENZEKILE	MDODANA	TEMP	F	34	SF	0.56.56	0	0
486	2282	1296	NOEL	MCMASTER	VWAC	M	60	60-64M	0.56.58	1	0
487	2142	1419	LES	HARTY	NEDBANK	M	72	70+M	0.57.01	1	0
488	2924	2924	MAQHAWE	NKUTHA	TEMP	M	35	35-39M	0.57.05	0	0
489	2675	2213	SINETHEMBA	HELA	SIBALEKA	M	37	35-39M	0.57.06	1	0
490	2325	643	XOLISWA	SIYOKO	ASPEN	F	31	SF	0.57.07	1	0
491	2395	708	JOAN	MARLBOROUGH	CRUSADE	F	71	70+F	0.57.07	3	0
492	2478	1701	ADRI	SONNEKUS	MADIBA	F	39	35-39F	0.57.08	1	0
493	2189	1453	HEINRICH	WENTZEL	NEDBANK	M	40	40-44M	0.57.12	1	0
494	2483	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	0.57.13	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
495	2342	2010	JAMES	DICKER	WALMER	M	34	SM	0.57.13	1	0
496	2871	2871	MICHAEL	LOUW	TEMP	M	22	SM	0.57.18	0	0
497	2444	535	GERT	HARMSE	RUN4C	M	59	55-59M	0.57.21	1	0
498	2772	2772	EPHRAIM	NONTIYA	TEMP	M	27	SM	0.57.25	0	0
499	2662	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	0.57.25	1	0
500	2420	741	MAGGIE	LLOYD	CRUSADE	F	62	60-64F	0.57.27	2	0
501	2329	721	FIONA	FLEUR	CRUSADE	F	41	40-44F	0.57.28	1	0
502	2817	2817	KAREN	WATSON	TEMP	F	34	SF	0.57.28	0	0
503	2590	2467	CARLA	HUYSAMEN	JBAY	F	30	SF	0.57.29	1	0
504	2593	859	KAYLEE	MARX	32GI	F	29	SF	0.57.33	1	0
505	2388	103	SANDRIKA	FOURIE	INFINITY	F	28	SF	0.57.35	1	0
506	1425	1425	MBULELO	NOFEMELA	TEMP	M	38	35-39M	0.57.35	0	0
507	1412	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	0.57.35	1	0
508	2262	1926	JOSE	DAVIS	BLUEBAY	M	33	SM	0.57.36	1	0
509	2731	128	DAWOOD	BABOO	MALABAR	M	39	35-39M	0.57.38	1	0
510	2933	2933	ZIYANDA	SKEYI	TEMP	F	43	40-44F	0.57.40	0	0
511	1521	956	NEELESH	BHANA	CHARLO	M	54	50-54M	0.57.43	1	0
512	2979	2979	MONWABISI	MPULU	TEMP	M	66	65-69M	0.57.43	0	0
513	2317	804	VALMAINE	DE KLERK	32GI	F	48	45-49F	0.57.46	1	0
514	2742	2742	ISHAAQ	PHILLIPS	TEMP	M	28	SM	0.57.47	0	0
515	1585	1011	CORNE	VOSLOO	CHARLO	M	46	45-49M	0.57.47	1	0
516	2267	1319	ROWAYNE	ADAMS	VWAC	M	45	45-49M	0.57.47	1	0
517	2667	1116	HEIDI	JANSEN	ACH	F	59	55-59F	0.57.48	1	0
518	1574	906	TARYN	FERREIRA	CHARLO	F	45	45-49F	0.57.48	1	0
519	1515	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.57.58	2	0
520	2700	1693	WENDY	VENTER	MADIBA	F	54	50-54F	0.57.59	1	0
521	1626	2565	Sange	Kobo	Bestmed	F	19	SF	0.58.00	1	0
522	2632	795	MICHALA	VERMAAK	32GI	F	30	SF	0.58.03	1	0
523	1683	2150	KHANGELANI	HALOM	TRANSNET	M	44	40-44M	0.58.03	1	0
524	2410	2138	Angela	Ntanga	TRANSNET	F	30	SF	0.58.03	1	0
525	1508	231	MIKE	NUNAN	KOWIE	M	72	70+M	0.58.07	1	0
526	2164	409	VERONICA	SMITH	IKHAMVA	F	59	55-59F	0.58.09	1	0
527	2161	410	AMANDA	SHAW	IKHAMVA	F	61	60-64F	0.58.09	2	0
528	1418	2992	THOBELA	MTANGA	HOLLYWOO	M	39	35-39M	0.58.12	1	0
529	2091	405	SEKI	MANDABA	IKHAMVA	F	51	50-54F	0.58.13	1	0
530	1505	52202	MVELISO	MATHONTSI	MTHATHA	M	36	35-39M	0.58.14	0	0
531	2958	2958	TREVINO	JACOBS	TEMP	M	40	40-44M	0.58.15	0	0
532	2328	1346	KALLIE	KLINKENBURG	NEDBANK	M	42	40-44M	0.58.15	1	0
533	2239	492	NTOKOZO	NGUBANE	RUN4C	F	31	SF	0.58.16	1	0
534	2740	2740	SANDISILE	QUMZA	TEMP	M	38	35-39M	0.58.16	0	0
535	2876	2876	DYLAN	RYAN	TEMP	M	29	SM	0.58.16	0	0
536	2794	2794	LOUISE	FERGUSON	TEMP	F	46	45-49F	0.58.18	0	0
537	1402	1192	HEINZ	CONRAD	ELITEAC	M	47	45-49M	0.58.22	1	0
538	2668	1128	ADRIAN	JANSEN	ACH	M	63	60-64M	0.58.22	1	0
539	2957	2957	THABANG	LUPONDO	TEMP	M	43	40-44M	0.58.24	0	0
540	1530	959	JOHAN	GERBER	CHARLO	M	47	45-49M	0.58.28	1	0
541	2312	2981	SISANDA	NOGALAWE	CHILLIEP	F	28	SF	0.58.33	1	0
542	2278	457	VUYO	TSHIKI	CHILLIEP	M	37	35-39M	0.58.33	1	0
543	2310	684	AXOLA	PAKADE	ASPEN	M	29	SM	0.58.33	1	0
544	2477	424	Luthando	Yibe	CHILLIEP	M	45	45-49M	0.58.34	1	0
545	2752	2752	DEWANDRE'	CASSELS	TEMP	M	43	40-44M	0.58.36	0	0
546	1380	1332	THANDI	NKWANDLA	NEDBANK	F	60	60-64F	0.58.37	1	0
547	2319	3083	SITHANDILE	SIPILI	VITALITY	M	44	40-44M	0.58.38	1	0
548	2350	811	TREVLYN	HOYLE	32GI	F	51	50-54F	0.58.39	1	0
549	2208	3208	MAWETHU	MAZOMBA	TEMP	M	33	SM	0.58.45	0	0
550	1562	996	PAULA	PEARCE	CHARLO	F	57	55-59F	0.58.46	1	0
551	2946	2946	SINOVUYO	PHOHLONGO	TEMP	F	31	SF	0.58.47	0	0
552	2286	578	MARLENE	MULVEY	RUN4C	F	47	45-49F	0.58.49	1	0
553	1553	934	JEAN	MEYER	CHARLO	M	47	45-49M	0.58.50	1	0
554	1555	905	MICHELE	MOOLMAN	CHARLO	F	41	40-44F	0.58.50	1	0
555	2953	2953	TIAAN	BOUWER	TEMP	M	23	SM	0.58.50	0	0
556	2298	512	ANSIE	BENADE	RUN4C	F	66	65-69F	0.58.51	2	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
557	2144	383	MAHENDRA	PRAHALADH	IKHAMVA	M	59	55-59M	0.58.54	1	0
558	2447	1959	XOLANI	TEYISE	BLUEBAY	M	44	40-44M	0.58.55	1	0
559	2847	2847	KAYA	MTYWARU	TEMP	M	53	50-54M	0.58.56	0	0
560	2443	50427	SIASANGA	MYATAZA	BALEKANI	F	40	40-44F	0.58.59	0	0
561	1698	1955	DANIEL	PIETERSE	BLUEBAY	M	63	60-64M	0.59.02	1	0
562	1479	2479	KHAHLISO	NTLALE	TEMP	M	39	35-39M	0.59.07	0	0
563	2572	1722	RAYMOND	LEIBRAND	GELVAN	M	62	60-64M	0.59.09	1	0
564	2130	2888	LUTHANDO	NOMTOTO	CSEP	M	39	35-39M	0.59.10	1	0
565	1499	4305	LEONARD	DE LANGE	BRACKEN	M	60	60-64M	0.59.10	0	0
566	2295	1228	CLIVE	DE LANGE	ELITEAC	M	54	50-54M	0.59.11	1	0
567	2783	2783	SINETHEMBA	YOTSI	TEMP	M	31	SM	0.59.19	0	0
568	1619	1835	MZWABANTU	SWAPI	HOLLYWOOD	M	47	45-49M	0.59.20	1	0
569	2911	2911	LONWABO	MOKO	TEMP	M	32	SM	0.59.21	0	0
570	2961	2961	MARTIN	TSHABANGU	TEMP	M	39	35-39M	0.59.22	0	0
571	2318	236	CYNTHIA	TOERIEN	KOWIE	F	61	60-64F	0.59.32	1	0
572	2860	2860	SINETHEMBA	TARA	TEMP	M	42	40-44M	0.59.35	0	0
573	2789	2789	RUFARO	MHLAMBISO	TEMP	M	33	SM	0.59.39	0	0
574	2712	2712	ASIVE	SIMETU	TEMP	F	26	SF	0.59.42	0	0
575	2376	1264	LAVINIA	PIETERSE	VWAC	F	51	50-54F	0.59.46	1	0
576	1500	11256	MICHELLE	DE LANGE	ASICS	F	59	55-59F	0.59.47	0	0
577	2456	119	GALEEMA	LILLAH	MALABAR	F	33	SF	0.59.49	1	0
578	1467	1467	MOHAMMED	MOOSAGIE	TEMP	M	20	SM	0.59.53	0	0
579	2470	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	0.59.54	1	0
580	2665	252	Mzimkhulu	Memese	MUIRITE	M	64	60-64M	0.59.56	1	0
581	2534	728	PAUL	LUBBE	CRUSADE	M	64	60-64M	0.59.57	1	0
582	2952	2952	LANDI	VAN ROOYEN	TEMP	F	37	35-39F	0.59.58	0	0
583	2577	3124	SINOTHANDO	TISO	VITALITY	F	31	SF	1.00.04	1	0
584	2564	808	LECHELLE	DE VRIES	32GI	F	45	45-49F	1.00.04	1	0
585	2452	1603	RONNIE	JONKER	DESPATCH	M	56	55-59M	1.00.06	1	0
586	2659	1714	HANSIE	ELS	MADIBA	M	78	70+M	1.00.07	1	0
587	2875	2875	CARYN	RYAN	TEMP	F	27	SF	1.00.07	0	0
588	2576	50738	MIHLALI	SONDLO	MTHATHA	M	25	SM	1.00.08	0	0
589	2202	3202	JOHAN	JOUBERT	TEMP	M	39	35-39M	1.00.10	0	0
590	2615	302	LUCINDA	GERBER	MUIRITE	F	51	50-54F	1.00.14	1	0
591	2626	840	BRONWIN	MEYER	32GI	F	53	50-54F	1.00.15	1	0
592	1596	1596	LINGELETHU	GCWABE	TEMP	M	37	35-39M	1.00.16	0	0
593	1533	1021	VUYOKAZI	HARRISON	CHARLO	F	36	35-39F	1.00.18	1	0
594	2053	353	THANDO	FRANS	IKHAMVA	M	48	45-49M	1.00.22	1	0
595	2032	2345	NOMFUSI	CESHEMBA	VUKANI	F	44	40-44F	1.00.24	1	0
596	2364	50283	LEE-ANN	RAGAVAL-PASQUALLIE	MPOX	F	45	45-49F	1.00.27	0	0
597	2571	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	1.00.34	1	0
598	1603	106	FAIQ	JAPPIE	MALABAR	M	53	50-54M	1.00.37	1	0
599	2553	1704	MARIZA	FREWEN	MADIBA	F	64	60-64F	1.00.39	1	0
600	2922	2922	SIYANDA	SKOTOYI	TEMP	M	21	SM	1.00.41	0	0
601	2799	2799	UNKNOWN		TEMP	M	41	40-44M	1.00.45	0	0
602	2418	2816	Xhanti	Mantshiyi	ABSAEP	M	58	55-59M	1.00.45	1	0
603	1699	1850	MVULELI	MALAHLA	HOLLYWOOD	M	52	50-54M	1.00.54	1	0
604	2813	2813	TAU	TARYA	TEMP	M	40	40-44M	1.00.57	0	0
605	2800	2800	ESAM	NKUNZI	TEMP	M	15	JM	1.00.58	0	0
606	1671	2505	SIPHOKAZI	TILI	Bestmed	F	46	45-49F	1.01.00	1	0
607	1482	2482	MKHOSI	NYATHELA	TEMP	M	31	SM	1.01.01	0	0
608	2585	508	SIYANDA	NGCELWANE	RUN4C	F	28	SF	1.01.01	1	0
609	2414	2709	ANNALIE	STRYDOM	MUIRITE	F	62	60-64F	1.01.01	1	0
610	2284	1219	MELANIE	CHRISTIE	ELITEAC	F	41	40-44F	1.01.03	1	0
611	2971	2971	LOGAN	ROTHMAN	TEMP	F	29	SF	1.01.05	0	0
612	2038	632	MOMELEZI	COMJWA	ASPEN	M	30	SM	1.01.05	1	0
613	2455	117	LAILAA	MAN LEE	MALABAR	F	34	SF	1.01.07	1	0
614	1599	2666	SYLVAN	BLIGNAUT	Bestmed	M	66	65-69M	1.01.08	1	0
615	2617	2617	NOZIE	MKHABELA	TEMP	F	47	45-49F	1.01.08	0	0
616	2912	2912	SIBAHLE	JEBESE	VITALITY	F	34	SF	1.01.10	1	0
617	2743	2743	JUNAID	DE VILLIERS	TEMP	M	27	SM	1.01.12	0	0
618	1587	2305	MKOKELI	MALGHAS	VUKANI	M	44	40-44M	1.01.15	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
619	2276	2508	DANEILLE	HARRY	Bestmed	F	40	40-44F	1.01.15	1	0
620	2530	827	TAMMY	SOUTHBY	32GI	F	52	50-54F	1.01.18	1	0
621	2429	2259	Phumlani	Mditshwa	SIBALEKA	M	36	35-39M	1.01.20	1	0
622	1440	40009	YARDON	SWARTBOOI	RUN4C	M	17	JM	1.01.22	1	0
623	1429	1359	EDWALL	VAN ROOYEN	NEDBANK	M	53	50-54M	1.01.24	1	0
624	2714	2714	MANDISI	GOELA	TEMP	M	34	SM	1.01.31	0	0
625	1580	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	1.01.33	1	0
626	1632	2620	WAYNE	MAC GEAR	Bestmed	M	62	60-64M	1.01.37	1	0
627	1496	2496	SINCOBILE	LUKHELE	TEMP	F	29	SF	1.01.40	0	0
628	2214	3214	NKOSINATHI	SIKHOSANA	TEMP	M	42	40-44M	1.01.43	0	0
629	1537	892	CHANTEL	HUYGEN	CHARLO	F	41	40-44F	1.01.43	1	0
630	2998	2998	THEMBELA	MANYA	TEMP	F	42	40-44F	1.01.44	0	0
631	2739	2739	SONGEZO	TUNTULWANA	TEMP	M	41	40-44M	1.01.52	0	0
632	2929	2929	ATHENKOSI	TSANA	TEMP	M	32	SM	1.01.52	0	0
633	2113	2113	MIKYLE	DEERLING	TEMP	M	16	JM	1.01.53	0	0
634	1655	2669	REFILOE	NTHAMA	Bestmed	F	19	SF	1.01.59	1	0
635	1658	2605	NONDUMISO	PHAKATHI	Bestmed	F	44	40-44F	1.01.59	1	0
636	2995	2995	RICHARD	COETZEE	TEMP	M	40	40-44M	1.02.01	0	0
637	2394	797	Adrian	de Waal	32GI	M	61	60-64M	1.02.03	1	0
638	1653	3167	Luyanda	Nkosi	Bestmed	F	21	SF	1.02.06	1	0
639	2926	2926	PAUL	LANGFORD	TEMP	M	28	SM	1.02.07	0	0
640	1492	2492	SIPHIWO	NOMOYI	TEMP	M	61	60-64M	1.02.10	0	0
641	1689	1102	KEN	BARWOOD	ACH	M	70	70+M	1.02.13	1	0
642	2643	3126	SISA	ZAZA	VITALITY	M	32	SM	1.02.13	1	0
643	2299	426	NOSITA	NQWATA	CHILLIEP	F	43	40-44F	1.02.13	1	0
644	2372	3097	SIMTHANDILE	MABHULA	VITALITY	F	39	35-39F	1.02.14	1	0
645	2748	2748	DANIEL	SCHLUTER	TEMP	M	33	SM	1.02.15	0	0
646	2844	2844	KUDZANI	MTOMBENI	TEMP	F	48	45-49F	1.02.15	0	0
647	2137	334	MADELEINE	OTTO	MUIRITE	F	66	65-69F	1.02.16	1	0
648	2311	72	KANYISA	MAYAYA	SAPPE	F	39	35-39F	1.02.18	1	0
649	2588	1119	TREMAINE	WESSON	ACH	M	65	65-69M	1.02.19	1	0
650	2736	2736	NTOMBIKAYISE	NCEMA	TEMP	F	37	35-39F	1.02.22	0	0
651	2292	463	KYM	MANDIZVIDZA	CHILLIEP	M	34	SM	1.02.26	1	0
652	2877	2877	YONELA	MXESHO	TEMP	F	28	SF	1.02.27	0	0
653	2896	2896	KIANU	JONKER	TEMP	M	23	SM	1.02.31	0	0
654	2919	2919	KAYLEIGH	LEONARD	TEMP	F	24	SF	1.02.31	0	0
655	2992	2992	MARYNA	MEYER	TEMP	F	54	50-54F	1.02.35	0	0
656	2991	2991	ANDREW	MEYER	TEMP	M	52	50-54M	1.02.35	0	0
657	2795	2795	MONDE	JACOBS	TEMP	M	49	45-49M	1.02.40	0	0
658	2792	2792	AXOLILE	KILANI	TEMP	M	25	SM	1.02.42	0	0
659	2347	513	ROZETTA	KEMP	RUN4C	F	72	70+F	1.02.43	1	0
660	2121	1737	LYNDLE	NAIDOO	GELVAN	F	34	SF	1.02.46	1	0
661	1271	1271	LEZELL	HARRIS	VWAC	F	52	50-54F	1.02.51	1	0
662	2424	1920	NOZIBELE	MBETHE	BLUEBAY	F	51	50-54F	1.02.53	1	0
663	1414	2971	VUYOKAZI	MBELE	CHILLIEP	F	49	45-49F	1.02.56	1	0
664	2153	842	KELLY	ROSE	32GI	F	47	45-49F	1.03.00	1	0
665	2022	2802	FUNDISWA	ANTONY-NOGAGA	ABSAEP	F	53	50-54F	1.03.07	1	0
666	2927	2927	GERALD	LETILE	TEMP	M	28	SM	1.03.12	0	0
667	2421	726	KEITH	VOSLOO	CRUSADE	M	63	60-64M	1.03.12	1	0
668	2493	1629	ARINDA	VAN DER LINDE	MADIBA	F	36	35-39F	1.03.14	1	0
669	2051	40019	JODY	FLEURS	GELVAN	M	17	JM	1.03.20	1	0
670	2496	3013	SIYAVUYA	MARWANQA	VITALITY	M	27	SM	1.03.23	1	0
671	2274	3337	MELISSA	BODENSTEIN	ALBANY	F	45	45-49F	1.03.24	1	0
672	1432	3034	ADELE	LE ROUX	VITALITY	F	50	50-54F	1.03.33	1	0
673	2947	2947	CHANE	VD MESCHT	TEMP	F	25	SF	1.03.34	0	0
674	2064	40080	MATTHEW	HECHTER	ELITEAC	M	15	JM	1.03.34	1	0
675	2803	2803	LEONE	JACKSON	TEMP	F	66	65-69F	1.03.37	0	0
676	2529	151	Phumelele	Mtshali	ACT AC	F	38	35-39F	1.03.42	1	0
677	1598	2651	Nolwazi	Bila	Bestmed	F	26	SF	1.03.43	1	0
678	1649	2653	Muneiwa	Ndou	Bestmed	F	27	SF	1.03.43	1	0
679	2288	2814	NOSIZWE	CEKISO	ABSAEP	F	38	35-39F	1.03.46	1	0
680	2171	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	1.03.54	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
681	2464	1548	TYLO	GERBER	DESPATCH	F	20	SF	1.04.00	1	0
682	2634	1594	ADEL	JANSE VAN RENSBURG	DESPATCH	F	56	55-59F	1.04.00	1	0
683	2646	1601	ANIZE	GERBER	DESPATCH	F	53	50-54F	1.04.00	1	0
684	2790	2790	PHILISWA	MAKI	TEMP	F	34	SF	1.04.01	0	0
685	2270	5413	ALTHEA	SWARTZ	SANLAMC	F	42	40-44F	1.04.01	0	0
686	2036	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	1.04.02	1	0
687	2532	2801	SIYABULELA	ZWENI	ABSAEP	M	39	35-39M	1.04.02	1	0
688	2649	2302	TEMLAKAZI	GOQWANA	VUKANI	F	38	35-39F	1.04.04	1	0
689	1381	2301	ALIZWA	BOVUNGANA	VUKANI	M	25	SM	1.04.04	1	0
690	2063	1252	AMANDA	HECHTER	ELITEAC	F	45	45-49F	1.04.13	1	0
691	2696	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	1.04.22	1	0
692	2381	2127	MECAYLA	KOCK	ATLANTIC	F	22	SF	1.04.22	1	0
693	2724	2724	MIHLALI	MCETYWA	TEMP	M	28	SM	1.04.24	0	0
694	2641	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	31	SF	1.04.26	1	0
695	2029	298	SANET	BOUCHER	MUIRITE	F	46	45-49F	1.04.26	1	0
696	2589	1109	JENNI	STROBOS	ACH	F	43	40-44F	1.04.30	1	0
697	2689	2872	JOHN	APPELS	CSEP	M	51	50-54M	1.04.31	1	0
698	2226	450	SIHLE	QWEMESHA	CHILLIEP	F	31	SF	1.04.34	1	0
699	1424	1424	LIBHONGO	NTLOKONKULU	TEMP	M	60	60-64M	1.04.39	0	0
700	2181	40020	RIEDAH	VAN AARDE	GELVAN	M	17	JM	1.04.50	1	0
701	1497	1399	KHAYA	MTI	NEDBANK	M	46	45-49M	1.04.52	1	0
702	1628	2680	SANDILE	KONDILE	Bestmed	M	21	SM	1.04.52	1	0
703	2302	211	LANCE	PARKER	KOWIE	M	74	70+M	1.04.52	1	0
704	2072	145	FADIELA	JOHNSON	MALABAR	F	62	60-64F	1.04.52	1	0
705	1458	1266	DAVID	CHENGWE	VWAC	M	48	45-49M	1.04.53	1	0
706	2037	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	1.04.59	1	0
707	2994	2994	OLWAMI	PIETER	TEMP	F	17	JF	1.04.59	0	0
708	1685	40390	Ayola	Nofemele	TINARHA	F	15	JF	1.05.00	1	0
709	2359	746	JOHAN	BARNARD	CRUSADE	M	71	70+M	1.05.01	1	0
710	2915	2915	CHUMA	ZWANE	TEMP	M	42	40-44M	1.05.03	0	0
711	1549	918	FIONA	MAGNUS	CHARLO	F	54	50-54F	1.05.05	1	0
712	1531	1007	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.05.05	1	0
713	2279	268	Zander	du Plessis	MUIRITE	M	20	SM	1.05.06	1	0
714	2826	2826	GODFREY	KATHAN	TEMP	M	52	50-54M	1.05.07	0	0
715	1532	1006	DION	GRIESEL	CHARLO	M	58	55-59M	1.05.08	1	0
716	2338	563	LINDA	SILLS	RUN4C	F	44	40-44F	1.05.12	1	0
717	1413	583	CHRISTELLE	SLABBERT	RUN4C	F	54	50-54F	1.05.13	1	0
718	2744	2744	ASTRID	ROSSOUW	TEMP	F	47	45-49F	1.05.14	0	0
719	2499	507	JOHAN	FERREIRA	RUN4C	M	64	60-64M	1.05.14	1	0
720	2983	2983	AYANDA	SIKO	TEMP	M	37	35-39M	1.05.14	0	0
721	1490	2490	BABALO	BALENI	TEMP	M	30	SM	1.05.18	0	0
722	1560	1002	LEE	PAGE	CHARLO	F	42	40-44F	1.05.18	1	0
723	2510	3119	SEBODA	SEMATA	VITALITY	M	45	45-49M	1.05.20	1	0
724	2294	1143	THERESA	LILLIS	ACH	F	69	65-69F	1.05.20	1	0
725	2480	725	WENDY	BULULU	CRUSADE	F	43	40-44F	1.05.23	1	0
726	2407	2979	NOBUNTU	MCUNUKELWA	CHILLIEP	F	36	35-39F	1.05.23	1	0
727	2594	1545	RUAN	JONKER	DESPATCH	M	26	SM	1.05.24	1	0
728	2363	1610	Brendon	Donoghue	DESPATCH	M	38	35-39M	1.05.26	1	0
729	1461	40081	Meriska	Bouwer	ELITEAC	F	19	JF	1.05.30	1	0
730	1452	1248	JADEN	DE RIDDER	ELITEAC	M	20	SM	1.05.30	1	0
731	1688	1104	CATHY	IVES	ACH	F	73	70+F	1.05.31	1	0
732	1507	2109	JOY DOMINIQUE	HILL	HEATAC	F	34	SF	1.05.32	1	0
733	757	757	EVERTON	JAFTHA	TEMP	M	40	40-44M	1.05.34	0	0
734	2653	1631	AMANDA	BLIGNAULT	MADIBA	F	66	65-69F	1.05.39	1	0
735	2638	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.05.40	1	0
736	2846	2846	FEZEKILE	BHUSAKWE	TEMP	M	36	35-39M	1.05.44	0	0
737	2427	194	SIPHOKAZI	MDODANA	SAPPE	F	45	45-49F	1.05.47	1	0
738	2976	2976	LUKE	INGRAM	TEMP	M	32	SM	1.05.50	0	0
739	2609	253	Michal	van Rayner	MUIRITE	F	22	SF	1.05.52	1	0
740	2025	2616	JABU	BAM	Bestmed	M	40	40-44M	1.05.53	1	0
741	1575	913	SHARON	SMUTS	CHARLO	F	59	55-59F	1.05.54	1	0
742	1551	1030	DOROTHY	MALULEKA	CHARLO	F	48	45-49F	1.05.55	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
743	2808	2808	SELWYN	PATERSON	TEMP	M	55	55-59M	1.05.57	0	0
744	2825	2825	BRANDON	LIETCH	TEMP	M	47	45-49M	1.05.57	0	0
745	1593	630	LWAZI	MDLUNYA	ASPEN	M	40	40-44M	1.05.58	1	0
746	1485	2485	LWANI	TUTANI	TEMP	M	31	SM	1.06.00	0	0
747	1423	1423	SIYA	NXWASHULA	TEMP	M	33	SM	1.06.02	0	0
748	2068	111	CAMILA	ISMAIL	MALABAR	F	60	60-64F	1.06.05	1	0
749	1420	1420	MARCUL	HAILE-SLASSIE	TEMP	M	25	SM	1.06.09	0	0
750	2592	645	KHULISO	NEPHALAMA	ASPEN	M	35	35-39M	1.06.11	1	0
751	2657	562	JUDITH	NIENABER	RUN4C	F	66	65-69F	1.06.15	1	0
752	2097	432	MVELELI	MBANDE	CHILLIEP	M	39	35-39M	1.06.17	1	0
753	2628	773	ANTOINETTE	GREEFF	CRUSADE	F	41	40-44F	1.06.18	1	0
754	2533	775	RAKGWADI	MORITI	CRUSADE	M	36	35-39M	1.06.18	1	0
755	2831	2831	SINOXOLO	MTSATSE	TEMP	M	27	SM	1.06.20	0	0
756	2989	2989	SHAMEEMA	HENDRICKS	TEMP	F	45	45-49F	1.06.21	0	0
757	2399	3114	VUKOSI	MALULEKE	VITALITY	M	29	SM	1.06.25	1	0
758	2120	3036	NANDIPA	MYELEYELE	VITALITY	F	38	35-39F	1.06.26	1	0
759	2402	1092	NIKKI	MOSS	ACH	F	45	45-49F	1.06.27	1	0
760	2944	2944	SIPHAMANDLA	NGENGQA	TEMP	F	33	SF	1.06.27	0	0
761	2900	2900	BERGEN	GILL	TEMP	F	36	35-39F	1.06.28	0	0
762	1442	1442	ZUSAKHE	GQAMANA	TEMP	M	31	SM	1.06.28	0	0
763	1472	1472	KEVIN	GARDNER	TEMP	M	46	45-49M	1.06.28	0	0
764	2968	2968	SINIKELO	TSHAKA	TEMP	M	21	SM	1.06.28	0	0
765	1441	1441	MMONELELI	MATYITYI	TEMP	M	32	SM	1.06.29	0	0
766	1417	1211	ELIZE	ADAMS	ELITEAC	F	51	50-54F	1.06.30	1	0
767	2644	3215	Heathon	Lottering	MUIRITE	M	35	35-39M	1.06.30	1	0
768	2251	2251	MARIO	STEENKAMP	TEMP	M	44	40-44M	1.06.32	0	0
769	1629	2582	Emihle	Kwatsha	Bestmed	F	21	SF	1.06.35	1	0
770	2666	1512	DEON	ENGELBRECHT	NEDBANK	M	58	55-59M	1.06.36	1	0
771	1463	2217	ASANDA	MSARO	SIBALEKA	F	40	40-44F	1.06.37	1	0
772	1676	2549	Amila	Zibonda	Bestmed	F	19	SF	1.06.38	1	0
773	2081	3026	ZAKIYYA	LAHER	VITALITY	F	41	40-44F	1.06.39	1	0
774	2893	2893	BRENDA	NEWLAND-NELL	TEMP	F	46	45-49F	1.06.39	0	0
775	2216	3216	ONKE	SOTYATO	TEMP	M	31	SM	1.06.41	0	0
776	1491	2491	SIBUSISO	NDLOVU	TEMP	M	41	40-44M	1.06.41	0	0
777	2174	467	SIYABONGA	TSHAKA	CHILLIEP	M	43	40-44M	1.06.44	1	0
778	2801	2801	LULAMA	YALO	TEMP	F	23	SF	1.06.44	0	0
779	2283	1761	JASON	LE ROUX	GELVAN	M	30	SM	1.06.47	1	0
780	1487	2487	SHAKUR	GROOTBOOM	TEMP	M	26	SM	1.06.49	0	0
781	2263	547	LEANDRA	VOSLOO	RUN4C	F	39	35-39F	1.06.52	1	0
782	2514	217	KATE-LYNN	DOWNEY	KOWIE	F	38	35-39F	1.06.53	1	0
783	2392	3130	BUSISIWE	MAPASA-DUBE	VITALITY	F	43	40-44F	1.06.57	1	0
784	1478	2478	SIMTANDILE	ZICI	TEMP	F	34	SF	1.06.59	0	0
785	2865	2865	SINESIPHO	DAKU	TEMP	F	29	SF	1.07.04	0	0
786	2244	50911	SHARON	HERMAANS	MTHATHA	F	48	45-49F	1.07.05	0	0
787	2268	1318	TRACY	ADAMS	VWAC	F	42	40-44F	1.07.09	1	0
788	1577	917	VICKY	TSOUKNIDAS	CHARLO	F	48	45-49F	1.07.09	1	0
789	2024	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	1.07.15	1	0
790	2156	1257	STEPHANIE	SCHEEPERS	VWAC	F	29	SF	1.07.15	1	0
791	2205	3205	INECE	KAYSER	TEMP	F	57	55-59F	1.07.22	0	0
792	1459	2712	SONETTE	WAGENAAR	KOWIE	F	55	55-59F	1.07.23	1	0
793	1480	2480	SAMKELO	MSUTWANA	TEMP	M	32	SM	1.07.24	0	0
794	2122	1286	SHANDRY	NAZER	VWAC	F	37	35-39F	1.07.25	1	0
795	2116	51822	NOLUBABALO	MTSHAKAZI	KOMANIR	F	46	45-49F	1.07.27	0	0
796	2818	2818	HANLIE-ANN	JUNIUS	TEMP	F	54	50-54F	1.07.32	0	0
797	2028	286	SANET	BLOM	MUIRITE	F	58	55-59F	1.07.34	1	0
798	1559	963	Lizelle	Oosthuizen	CHARLO	F	49	45-49F	1.07.34	1	0
799	2523	2290	CWAYITA	MAPEKULA	VUKANI	F	42	40-44F	1.07.42	1	0
800	2370	19073	KHANYISILE	SOLWANDLE	IDC	F	26	SF	1.07.43	0	0
801	2684	143	ZAHEERA	NANABHAY	MALABAR	F	44	40-44F	1.07.46	1	0
802	2343	1993	JODI	PIENAAR	WALMER	M	32	SM	1.07.48	1	0
803	2629	112	AMEER	ENSAL	MALABAR	M	50	50-54M	1.07.49	1	0
804	2645	131	SHUKRY	KAFAAR	MALABAR	M	40	40-44M	1.07.50	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
805	1410	1992	JOHANNES	RAUTENBACH	WALMER	M	27	SM	1.07.54	1	0
806	2546	2202	VUYISEKA	MHLAHO	SIBALEKA	F	44	40-44F	1.07.55	1	0
807	1613	1613	XOLISA	COLANI	TEMP	M	28	SM	1.07.56	0	0
808	2190	602	OZELLE	WIEHAHN	RUN4C	F	52	50-54F	1.07.56	1	0
809	2322	1828	ASHLEY	MATEO	HOLLYWOO	F	25	SF	1.08.02	1	0
810	2382	2125	NATHAN	LOTTERING	ATLANTIC	M	20	SM	1.08.08	1	0
811	2040	100	LYNETTE	CRAUSE	INFINITY	F	66	65-69F	1.08.12	1	0
812	2937	2937	BUISELWA	MABONA	TEMP	M	46	45-49M	1.08.17	0	0
813	2886	2886	SIYABULELA	STUNGU	TEMP	M	49	45-49M	1.08.22	0	0
814	2050	1758	BRAMWELL	FLEURS	GELVAN	M	47	45-49M	1.08.25	1	0
815	1641	2668	Aqhama	Mndi	Bestmed	F	21	SF	1.08.43	1	0
816	1663	2532	Anastasia	Rossouw	Bestmed	F	44	40-44F	1.08.44	1	0
817	2396	759	MIKE	BURGER	CRUSADE	M	72	70+M	1.08.49	1	0
818	2894	2894	ONGEZIWE	MHLAULI	TEMP	F	28	SF	1.08.54	0	0
819	2297	129	MUHAMMAD	WHITE	MALABAR	M	39	35-39M	1.08.58	1	0
820	2336	260	MEGAN	BLOM	MUIRITE	F	32	SF	1.08.59	1	0
821	2438	2299	THABISA	HLAM	VUKANI	F	40	40-44F	1.09.00	1	0
822	2949	2949	CHUMA	KAYA	TEMP	F	25	SF	1.09.01	0	0
823	2304	1168	INEZ	SLATER	EMERIS	F	42	40-44F	1.09.02	0	0
824	1634	3164	Thandiswa	Malandule	Bestmed	F	21	SF	1.09.05	1	0
825	2849	2849	THANDISWA	MTSHOTANA	TEMP	F	36	35-39F	1.09.05	0	0
826	2839	2839	KIM	JULIE	TEMP	F	40	40-44F	1.09.07	0	0
827	1576	922	REFILWE	TSATSIMPE	CHARLO	F	29	SF	1.09.15	1	0
828	1502	2296	PHUMLA	CHELESI	VUKANI	F	45	45-49F	1.09.17	1	0
829	2763	2763	THUTHUZELA	MAPOMA	TEMP	F	31	SF	1.09.21	0	0
830	2203	3203	LEEANN	JOUBERT	TEMP	F	35	35-39F	1.09.23	0	0
831	1377	1377	CHUMA	HEADBUSH	TEMP	M	40	40-44M	1.09.23	0	0
832	2405	1572	NANDIPHA	NAIDOO	DESPATCH	F	47	45-49F	1.09.25	1	0
833	2454	9558	SANDISWA	JAVU	UNKNOWN	F	37	35-39F	1.09.27	0	0
834	2335	491	YOLANDE	ARCHER	RUN4C	F	47	45-49F	1.09.28	1	0
835	2694	1108	COMINE	GIERZ	ACH	F	60	60-64F	1.09.34	1	0
836	2984	2984	MASIXOLE	MATINISE	TEMP	M	44	40-44M	1.09.35	0	0
837	2100	2201	NOCAWE	MDAZUKA	SIBALEKA	F	42	40-44F	1.09.36	1	0
838	2519	1098	SIZINZO	KAMA	ACH	M	74	70+M	1.09.46	1	0
839	2722	2722	SIYAMTHANDA	NOMGQOKWANA	TEMP	M	32	SM	1.09.48	0	0
840	2344	618	PETRA	PIENAAR	RUN4C	F	62	60-64F	1.09.49	1	0
841	2223	2092	ZAFIKA	NYONGO	SANDFEP	F	46	45-49F	1.09.51	1	0
842	1471	1471	MAWANDE	NGCELWANE	TEMP	F	16	JF	1.09.54	0	0
843	2887	2887	SINDISIWE	KAMP	TEMP	F	17	JF	1.09.56	0	0
844	1620	1620	BONGEKA	PETER	TEMP	F	36	35-39F	1.09.59	0	0
845	2559	2889	MATHAPELO	SENTI	CSEP	F	36	35-39F	1.10.00	1	0
846	2129	503	FAKAZILE	NKOMIYHLABA	RUN4C	F	38	35-39F	1.10.04	1	0
847	2785	2785	THANDISILE	NUBE	TEMP	M	29	SM	1.10.07	0	0
848	2193	52390	THEMBELA	XAKEKILE	STUT	F	37	35-39F	1.10.11	0	0
849	2797	2797	APHIWE	NKUNZI	TEMP	M	19	SM	1.10.13	0	0
850	1435	3105	ANDISWA	JAFTA	VITALITY	F	34	SF	1.10.19	1	0
851	2551	1833	ZIYANDA	MDWAYI	HOLLYWOO	F	46	45-49F	1.10.21	1	0
852	2362	50283	JODY	PASQUALLIE	MPOX	M	42	40-44M	1.10.23	0	0
853	2042	947	GANIEF	DAVIDS	CHARLO	M	60	60-64M	1.10.27	1	0
854	1687	1103	LIZ	AUSTIN	ACH	F	67	65-69F	1.10.33	1	0
855	2796	2796	OLWETHU	NGCIPE	TEMP	M	19	SM	1.10.34	0	0
856	2940	2940	LUBANGO	BOTTOMAN	TEMP	M	17	JM	1.10.38	0	0
857	2043	2212	ZIMKITHA	DAYI-SIBANGELE	SIBALEKA	F	40	40-44F	1.10.39	1	0
858	2218	3218	ANE	STRAUSS	TEMP	F	33	SF	1.10.39	0	0
859	2384	50358	BUSI	NDZIWENI	NYANDEN	F	36	35-39F	1.10.42	0	0
860	2773	2773	CLAIRE	MITCHELL	TEMP	F	17	JF	1.10.43	0	0
861	1592	262	ZONWABELE	TSAWU	MUIRITE	M	62	60-64M	1.10.43	1	0
862	2437	1928	SIYAMANGA	SIJAJI	BLUEBAY	F	28	SF	1.10.46	1	0
863	1427	1315	NICKY	ELLIE	VWAC	F	41	40-44F	1.10.59	1	0
864	1430	553	TYRESE	SWARTBOOI	RUN4C	M	22	SM	1.11.04	1	0
865	2469	629	VICKI	VAN SCHALKWYK	ASPEN	F	44	40-44F	1.11.09	1	0
866	2305	2206	CHUMISA	SKOSANA	SIBALEKA	F	33	SF	1.11.11	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
867	2233	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	1.11.13	1	0
868	2840	2840	THAMIE	MKHOSANA	TEMP	F	31	SF	1.11.15	0	0
869	1691	67	THANDISWA	COSA	SAPPE	F	49	45-49F	1.11.29	1	0
870	2928	2928	PHUMEZA	MATATIES	TEMP	F	32	SF	1.11.32	0	0
871	2457	2189	Nangamso	Nabe	TRANSNET	F	37	35-39F	1.11.35	1	0
872	2059	3074	BANDILE	GWAMANDA	VITALITY	M	56	55-59M	1.11.39	1	0
873	2683	18863	TEMBA	PEZISA	CSCG	M	59	55-59M	1.11.40	0	0
874	2985	2985	MASHOKO	RUNESU	TEMP	M	43	40-44M	1.11.41	0	0
875	2217	3217	YOLANDE	STANDER	TEMP	F	38	35-39F	1.11.41	0	0
876	2334	1606	FANIE	CLAASSEN	DESPATCH	M	68	65-69M	1.11.48	1	0
877	2090	2323	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	1.11.58	1	0
878	2828	2828	LIFA	HATTO	TEMP	M	33	SM	1.11.59	0	0
879	2461	274	ELVIDA	KLUE	MUIRITE	F	57	55-59F	1.12.02	1	0
880	2442	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.12.03	1	0
881	2565	459	NCUMISA	MBANDE	CHILLIEP	F	37	35-39F	1.12.03	1	0
882	2315	1935	XENOPHON	FEIRRERA	BLUEBAY	M	64	60-64M	1.12.04	1	0
883	1469	1469	ANEZWA	SIBEWU	TEMP	F	33	SF	1.12.06	0	0
884	2326	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.12.09	1	0
885	2934	2934	VUYANI	NGOXO	TEMP	M	45	45-49M	1.12.14	0	0
886	2829	2829	VUMILE	DELIWE	TEMP	M	50	50-54M	1.12.18	0	0
887	2341	600	ANDRE	PIENAAR	RUN4C	M	63	60-64M	1.12.21	1	0
888	2070	2896	PUMLA	JANGE	CSEP	F	50	50-54F	1.12.26	1	0
889	1528	971	DEIDRE	GERBER	CHARLO	F	54	50-54F	1.12.30	1	0
890	2921	2921	SEPHTON	NEL	TEMP	M	24	SM	1.12.36	0	0
891	1501	2677	MIHLALI	MBANGENI	Bestmed	F	27	SF	1.12.38	1	0
892	2321	1829	THEMBEKILE	SITHEBE	HOLLYWOO	F	38	35-39F	1.12.40	1	0
893	2614	276	CHRISTIAN	GERBER	MUIRITE	M	51	50-54M	1.12.43	1	0
894	2749	2749	TAMERYN	DE JESUS SCHLUTER	TEMP	F	31	SF	1.12.44	0	0
895	1524	923	EVA	CHETTY	CHARLO	F	57	55-59F	1.12.45	1	0
896	1640	2661	Zimasa	Mncanca	Bestmed	F	30	SF	1.12.45	1	0
897	2154	1274	GAYLE	SAAYMAN	VWAC	F	38	35-39F	1.12.50	1	0
898	2582	2881	XOLANI	LOTTERING	CSEP	M	43	40-44M	1.12.50	1	0
899	2240	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.12.50	1	0
900	2791	2791	ESETHU	TSHOMELA	TEMP	F	26	SF	1.12.53	0	0
901	2636	1706	BRUCE	SMITH	MADIBA	M	50	50-54M	1.13.04	1	0
902	2834	2834	SIPHOKAZI	XOSE	TEMP	F	53	50-54F	1.13.13	0	0
903	2547	2547	SISIPHO	MAYO	TEMP	F	28	SF	1.13.23	0	0
904	1578	974	CLAIRE	TUSTIN	CHARLO	F	48	45-49F	1.13.25	1	0
905	2925	2925	MALIBONGWE	NJILI	TEMP	M	37	35-39M	1.13.27	0	0
906	2859	2859	ZOVUYO	MADLINGOZI	TEMP	F	31	SF	1.13.31	0	0
907	2879	2879	CHEVON	SLAMBEE	TEMP	F	43	40-44F	1.13.36	0	0
908	2955	2955	KHADEEJAH	SALAAM-MADATT	TEMP	F	27	SF	1.13.38	0	0
909	2954	2954	CARLISLE	BENNETT	TEMP	M	27	SM	1.13.38	0	0
910	2639	3122	ALYCIA	LANGLEY	VITALITY	F	32	SF	1.13.42	1	0
911	2066	2115	DERRICK	HOSHE	ATLANTIC	M	67	65-69M	1.14.06	1	0
912	2167	2029	ONELA	VECE	TEMP	M	30	SM	1.14.18	0	0
913	1571	1015	RUTH	SCHNETLER	CHARLO	F	21	SF	1.14.19	1	0
914	2158	935	BRENTON	SCHNETLER	CHARLO	M	51	50-54M	1.14.19	1	0
915	1376	2917	Thulani	Gwana	CSEP	M	46	45-49M	1.14.23	1	0
916	2277	2909	DENVER	BARENDSE	CSEP	M	38	35-39M	1.14.24	1	0
917	2793	2793	ZILUNGILE	MAGAQA	TEMP	F	28	SF	1.14.26	0	0
918	1636	2562	TSHEGOFATSO	MATHUSANE	Bestmed	F	21	SF	1.14.27	1	0
919	2549	1390	VUYISEKA	MAKALIMA	NEDBANK	F	41	40-44F	1.14.30	1	0
920	2182	246	BELINDA	VAN DER BANK	MUIRITE	F	58	55-59F	1.14.32	1	0
921	2885	2959	LORRAINE	MOTSWENYANE	HOLLY	F	40	40-44F	1.14.35	0	0
922	1454	2196	SELBY	THABETHE	SIBALEKA	M	52	50-54M	1.14.37	1	0
923	2616	2204	LELETHU	JARA	SIBALEKA	F	38	35-39F	1.14.46	1	0
924	2435	1313	KAGISO	MANAIOA	VWAC	M	34	SM	1.14.47	1	0
925	1526	968	DENISE	DARLOW	CHARLO	F	57	55-59F	1.15.03	1	0
926	1538	969	GARY	KELLEHER	CHARLO	M	68	65-69M	1.15.03	1	0
927	1563	889	PETER	POHLMANN	CHARLO	M	62	60-64M	1.15.06	1	0
928	1661	2538	SHAUN	RAMROOP	Bestmed	M	59	55-59M	1.15.15	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
929	2848	2848	FEZEKA	YAKALA	TEMP	F	45	45-49F	1.15.27	0	0
930	2948	2948	NTOMBIZINE	MEKUTO	TEMP	F	56	55-59F	1.15.30	0	0
931	2256	234	MARIETJIE	ROBB	KOWIE	F	69	65-69F	1.15.37	1	0
932	2705	2705	SAMANTHA	SIBANDA	TEMP	F	31	SF	1.15.37	0	0
933	2390	394	THEMBISILE	VETSHEZA	IKHAMVA	F	46	45-49F	1.15.47	1	0
934	2227	191	LELETU	QINA	SAPPE	F	28	SF	1.15.52	1	0
935	2324	50848	UNATHI	MBALI	REALGIJ	F	37	35-39F	1.15.54	0	0
936	1438	247	Stephno	Pieterse	MUIRITE	M	37	35-39M	1.15.59	1	0
937	1433	300	Andre	Strumper	MUIRITE	M	43	40-44M	1.15.59	1	0
938	2635	1368	ZHULDYZ	ROBERTS	NEDBANK	F	39	35-39F	1.16.00	1	0
939	2822	2822	VUYISILE	SAMBOKWE	TEMP	M	55	55-59M	1.16.01	0	0
940	1434	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	1.16.03	1	0
941	1437	263	SHERILEE	PIETERSE	MUIRITE	F	36	35-39F	1.16.03	1	0
942	2607	102	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.16.07	1	0
943	2052	64	DAVID	FORTEIN	SAPPE	M	61	60-64M	1.16.10	1	0
944	2956	2956	PUMEZA	KHATLANE	TEMP	F	27	SF	1.16.11	0	0
945	1503	53	SIKHUTHALI	DUBASE	SAPPE	M	43	40-44M	1.16.11	1	0
946	1527	871	RICHARD	DE ANDRADE	CHARLO	M	65	65-69M	1.16.12	1	0
947	1436	1795	ABU	KHADROUI	GELVAN	M	24	SM	1.16.14	1	0
948	2021	1646	Monya	Ackerman	MADIBA	F	26	SF	1.16.16	1	0
949	2509	591	ERICA	ERASMUS	RUN4C	F	56	55-59F	1.16.29	1	0
950	2610	264	SIMONE	JORDAAN	MUIRITE	F	46	45-49F	1.16.32	1	0
951	2833	2833	ESMERELDA	FELIX	TEMP	F	43	40-44F	1.16.39	0	0
952	2775	2775	SARAHLEE	LOTTERING	TEMP	F	29	SF	1.16.46	0	0
953	2741	2741	CLIVIAN	LOTTERING	TEMP	M	34	SM	1.16.46	0	0
954	2830	2830	VUYO	CHAGI	TEMP	F	26	SF	1.16.59	0	0
955	2990	2990	LUSANDA	NDESI	TEMP	F	42	40-44F	1.17.03	0	0
956	2127	707	MPUMELELO	NGWENYA	CRUSADE	M	36	35-39M	1.17.04	1	0
957	2465	1316	OKUHLE	BANA	VWAC	F	38	35-39F	1.17.04	1	0
958	1630	2539	Priscah	Lakane	Bestmed	F	29	SF	1.17.05	1	0
959	2125	2537	Asiphe	Ndoto	Bestmed	F	29	SF	1.17.05	1	0
960	2540	2963	OTHEMBELA	MBOMBO	TRANSNET	F	28	SF	1.17.06	1	0
961	2261	232	ROBERT	JOINER	KOWIE	M	78	70+M	1.17.09	1	0
962	2872	2872	ZANDILE	MTYWARU	TEMP	F	51	50-54F	1.17.11	0	0
963	2973	2973	NOLUTHANDO	SINGAPI	TEMP	F	41	40-44F	1.17.20	0	0
964	2168	2123	SIMON	STRIMLING	ATLANTIC	M	64	60-64M	1.17.27	1	0
965	2578	1759	Tasneem	De Maine	GELVAN	F	36	35-39F	1.17.39	1	0
966	1543	995	BERNADETTE	LOOCK	CHARLO	F	46	45-49F	1.17.40	1	0
967	2810	2810	MARLENE	WIESE	TEMP	F	80	70+F	1.17.41	0	0
968	2257	214	MARGUERITE	RAFAEL	KOWIE	F	76	70+F	1.17.41	1	0
969	2784	2784	LUMKA	DINGAAN	TEMP	F	42	40-44F	1.17.41	0	0
970	2837	2837	NTOMBOZUKO	JONAS	TEMP	F	43	40-44F	1.17.44	0	0
971	1682	2248	NONKULULEKO	MTHEMBU	SIBALEKA	F	43	40-44F	1.17.44	1	0
972	2416	544	JACQULENE	DU TOIT	RUN4C	F	53	50-54F	1.17.49	1	0
973	2539	1320	REMOABETSWE	MATHOBELA	VWAC	F	31	SF	1.17.56	1	0
974	2563	488	CHERYL	CUPIDO	RUN4C	F	57	55-59F	1.17.56	1	0
975	2094	598	PHAKAMA	MATATA	RUN4C	F	34	SF	1.17.59	1	0
976	2591	1343	BERENICE	SMITH	NEDBANK	F	61	60-64F	1.18.08	1	0
977	2889	2889	WENDY	NGQEBE	TEMP	F	37	35-39F	1.18.13	0	0
978	2401	80	NTOMBODIDI	MPUTA	SAPPE	F	31	SF	1.18.13	1	0
979	2114	368	NWABISA	MSUTHWANA	IKHAMVA	F	45	45-49F	1.18.13	1	0
980	2671	52051	LUVUYO	GQOLA	STUT	M	45	45-49M	1.18.14	0	0
981	2265	1743	THOMAS	PLAATJIES	GELVAN	M	49	45-49M	1.18.16	1	0
982	2246	2873	Siyasanga	Dlaku	CSEP	F	39	35-39F	1.18.29	1	0
983	2112	52709	CHARLOTTE	MOTHILALL	TV	F	43	40-44F	1.18.31	0	0
984	2832	2832	NOLUKHANYO	MENZE	TEMP	F	41	40-44F	1.18.34	0	0
985	2212	3212	NOXOLO	NKONE	TEMP	F	33	SF	1.18.35	0	0
986	2213	3213	SIYAHLUMA	NKONE	TEMP	F	17	JF	1.18.35	0	0
987	2993	2993	THANDIWE	THEKO	TEMP	F	31	SF	1.18.39	0	0
988	2719	2719	TOINETTE	KOUMPAN	TEMP	F	59	55-59F	1.18.42	0	0
989	2515	294	KARMEL	PAGE	MUIRITE	F	35	35-39F	1.18.45	1	0
990	2210	3210	THEMBELA	MPUSHE	TEMP	F	42	40-44F	1.18.49	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
991	2423	24622	NICHOLAS	KOTSHOLO	MIWAY	M	36	35-39M	1.18.52	0	0
992	2511	527	Kamohelo	Mota	RUN4C	F	32	SF	1.19.03	1	0
993	2986	2986	SAMKELISIWE	MDUNGE	TEMP	F	34	SF	1.19.04	0	0
994	2863	2863	SIBONGISENI	MAKHANYA	TEMP	M	34	SM	1.19.06	0	0
995	2562	489	PRISCILLA	LAZARO	RUN4C	F	61	60-64F	1.19.10	1	0
996	1540	1013	ANTOINETTE	LEVER	CHARLO	F	32	SF	1.19.14	1	0
997	2903	2903	NOMHLE	BHALA	TEMP	F	28	SF	1.19.23	0	0
998	2580	2893	Bonginkosi	Ntsili	CSEP	M	36	35-39M	1.19.30	1	0
999	2082	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	57	55-59F	1.19.35	1	0
1000	2733	2918	NOSIBULELO	SIBANGA	CSEP	F	43	40-44F	1.19.36	1	0
1001	1588	2533	Matthew	Adonis	Bestmed	M	19	SM	1.19.37	1	0
1002	1584	1012	CINDY	VOSLOO	CHARLO	F	43	40-44F	1.19.42	1	0
1003	1605	108	ABDURRAGIEN	VAN DER SCHAFF	MALABAR	M	62	60-64M	1.19.47	1	0
1004	2779	2779	SOYAMA	MALI	TEMP	F	29	SF	1.19.52	0	0
1005	2365	2237	LIBAZISO	NTSOAKI	SIBALEKA	F	42	40-44F	1.20.05	1	0
1006	2939	2939	PHUMLISA	NOHAYI	TEMP	F	44	40-44F	1.20.16	0	0
1007	2966	2966	CHULUMANCO	MTI	TEMP	F	22	SF	1.20.17	0	0
1008	1635	2556	SANDISWA	MASWANA	Bestmed	F	45	45-49F	1.20.17	1	0
1009	2882	2882	NQOBILE	MAYEZA	TEMP	F	26	SF	1.20.18	0	0
1010	2165	2806	NOLUBABALO	SOHABA	ABSAEP	F	37	35-39F	1.20.26	1	0
1011	2807	2807	RAYMEE	KOCK	TEMP	M	44	40-44M	1.20.27	0	0
1012	1408	1834	Nomfundo	Gwegwe	HOLLYWOO	F	49	45-49F	1.20.45	1	0
1013	1660	2662	QINELANI	QWABE	Bestmed	M	31	SM	1.20.46	1	0
1014	2360	1233	KATLEGO	KGAJE	ELITEAC	F	31	SF	1.20.47	1	0
1015	2308	1212	Siyamtanda	Mbayeka	ELITEAC	F	27	SF	1.20.47	1	0
1016	2269	1740	JANICE	JONES	GELVAN	F	50	50-54F	1.20.49	1	0
1017	2735	2735	THABILE	DINGANA	TEMP	M	43	40-44M	1.20.59	0	0
1018	2110	50910	TSHOLOFELO	MOKOLOPO	MTHATHA	F	44	40-44F	1.21.01	0	0
1019	2880	2880	ANGELO	NKANGANA	TEMP	F	16	JF	1.21.03	0	0
1020	2842	2842	MICHELLE	BEUKES	TEMP	F	52	50-54F	1.21.04	0	0
1021	2881	2881	BUBUHLE	BLAAUW	TEMP	M	22	SM	1.21.05	0	0
1022	2746	2746	KAYCE	MOORE	TEMP	F	29	SF	1.21.07	0	0
1023	2314	1956	SONJA	OLIVIER	BLUEBAY	F	58	55-59F	1.21.09	1	0
1024	2346	2455	NADIA	PETERSEN	JBAY	F	69	65-69F	1.21.09	1	0
1025	2303	2903	MATHABO	DICK	CSEP	F	57	55-59F	1.21.13	1	0
1026	2522	1415	NKADIMENG	MZAMO	NEDBANK	F	43	40-44F	1.21.24	1	0
1027	2723	2723	NTOMBIZANELE	RALO	TEMP	F	34	SF	1.21.26	0	0
1028	2062	241	DIANNE	HARTZENBERG	MUIRITE	F	67	65-69F	1.21.37	1	0
1029	2716	2716	YAMKELA	MTEMBU	TEMP	F	34	SF	1.21.42	0	0
1030	2083	1302	PORTIA	LELAKA	VWAC	F	48	45-49F	1.21.49	1	0
1031	2413	3024	CHUMA	NDIMENI	VITALITY	F	40	40-44F	1.21.51	1	0
1032	2117	1999	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.21.54	1	0
1033	2143	2000	SHARON	POTGIETER	WALMER	F	61	60-64F	1.21.55	1	0
1034	2996	2996	ZEPPLIN	ADAMS	TEMP	M	29	SM	1.21.57	0	0
1035	2703	2703	KIRSTIE	ADAMS	TEMP	F	29	SF	1.21.57	0	0
1036	2843	2843	CEBOKAZI	YANGAPI	TEMP	F	35	35-39F	1.22.09	0	0
1037	2046	455	BUSISIWE	DYANTYI	CHILLIEP	F	37	35-39F	1.22.11	1	0
1038	1659	2674	Chuma	Qakala	Bestmed	F	26	SF	1.22.12	1	0
1039	2640	295	MALIZA	JOOSTE	MUIRITE	F	31	SF	1.22.22	1	0
1040	2313	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.22.24	1	0
1041	2448	2482	SESETHU	MTOTYWA	JBAY	F	31	SF	1.22.25	1	0
1042	2330	597	ALICIA	ELS	RUN4C	F	47	45-49F	1.22.27	1	0
1043	2331	568	Dominique	Jackson	RUN4C	M	23	SM	1.22.27	1	0
1044	1612	2658	KAMOGELO	CHILOANE	Bestmed	F	21	SF	1.22.29	1	0
1045	2824	2824	SIPHOKAZI	TOTO	TEMP	F	33	SF	1.22.32	0	0
1046	2235	2907	PHUMELELA	TSHONA	CSEP	F	43	40-44F	1.22.36	1	0
1047	1477	2477	AYABULELA	MGIJIMA	TEMP	M	29	SM	1.22.38	0	0
1048	2709	2709	LUTHUKAZI	GWAYISO	TEMP	F	32	SF	1.22.40	0	0
1049	2899	2899	NOMFUNDO	MAKULUMA	TEMP	F	41	40-44F	1.22.44	0	0
1050	2898	2898	FUNDILE	JAKUJA	TEMP	M	37	35-39M	1.22.44	0	0
1051	2867	2867	MADZANANDILE	MLONDELELI	TEMP	M	28	SM	1.22.51	0	0
1052	1488	2488	CHARNE	VAN RENSBURG	TEMP	F	31	SF	1.22.55	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1053	2648	2281	PHINDILE	NAMA	VUKANI	F	54	50-54F	1.23.09	1	0
1054	2231	52583	CHARLOTTE	YOYO	SAPSTR	F	41	40-44F	1.23.09	0	0
1055	2471	1241	MARLENE	TERBLANCE	ELITEAC	F	76	70+F	1.23.13	1	0
1056	1416	204	ABEGAIL	TEYISE	SAPPE	F	53	50-54F	1.23.16	1	0
1057	2845	2845	ZIZIPHO	MAMBA	TEMP	F	29	SF	1.23.16	0	0
1058	1674	2675	Dikeledi	Tsokodibane	Bestmed	F	20	SF	1.23.22	1	0
1059	2550	1221	CLEO	JORDAAN	ELITEAC	F	40	40-44F	1.23.23	1	0
1060	2027	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.23.26	1	0
1061	1607	1727	ACHMAT	ELLIE	GELVAN	M	66	65-69M	1.23.27	1	0
1062	2702	2702	SINOTHANDO	JAKAVULA	TEMP	F	26	SF	1.23.34	0	0
1063	2757	2757	AYANDA	NKUNZI	TEMP	F	34	SF	1.23.36	0	0
1064	2759	2759	PHAKAMA	NKUNZI	TEMP	F	30	SF	1.23.36	0	0
1065	2721	2721	SIBULELE	NCAPAI	TEMP	F	35	35-39F	1.23.45	0	0
1066	2140	348	CHARNE	PIETERSEN	MUIRITE	F	33	SF	1.23.59	1	0
1067	2058	1746	ARDEN	GROOTBOOM	GELVAN	F	45	45-49F	1.23.59	1	0
1068	2883	2883	MADHELIE	VAN JAARVELD	TEMP	F	24	SF	1.24.00	0	0
1069	2459	1550	Elrika	Botha	DESPATCH	F	28	SF	1.24.01	1	0
1070	2768	2768	SINAZO	MADLODLO	TEMP	F	37	35-39F	1.24.01	0	0
1071	1378	1378	ANELISA	BOLO	TEMP	F	28	SF	1.24.05	0	0
1072	2545	531	Jeniffer	Buchler	RUN4C	F	64	60-64F	1.24.15	1	0
1073	2941	2941	ROLANDA	BAREIRA	TEMP	F	53	50-54F	1.24.15	0	0
1074	2823	2823	SIVIWE	NDAMASE	TEMP	F	34	SF	1.24.20	0	0
1075	2713	2713	ZANELE	NABE	TEMP	F	29	SF	1.24.21	0	0
1076	2481	1100	JODI	MALAN	ACH	F	41	40-44F	1.24.24	1	0
1077	2866	2866	AYAZINGCA	VUBA	TEMP	F	37	35-39F	1.24.34	0	0
1078	2258	207	SARAH	AVIS	KOWIE	F	38	35-39F	1.24.41	1	0
1079	2861	2861	SHANTE	MALGAS	TEMP	F	31	SF	1.24.45	0	0
1080	2109	3308	NKULE	MNQWAZI	VWAC	F	35	35-39F	1.24.46	1	0
1081	2450	1697	CHANTAL	BUCKLEY	MADIBA	F	33	SF	1.24.46	1	0
1082	2970	2970	LUSANDA	MATIWANE	TEMP	F	42	40-44F	1.24.47	0	0
1083	2972	2972	NONELE	TSHAKA	TEMP	F	38	35-39F	1.24.48	0	0
1084	2969	2969	DEBBIE	ROBERSON	TEMP	F	43	40-44F	1.24.54	0	0
1085	2936	2936	LISCHKA	CARVER	TEMP	F	31	SF	1.24.55	0	0
1086	2916	2916	PAULA	ZWANE	TEMP	M	42	40-44M	1.25.02	0	0
1087	1498	608	PENNY	OLWAGE	RUN4C	F	53	50-54F	1.25.11	1	0
1088	2567	604	SIMONE	DEYSEL	RUN4C	F	34	SF	1.25.11	1	0
1089	2531	2882	NOMVUYO	QEMA	CSEP	F	56	55-59F	1.25.23	1	0
1090	2441	712	NDILEKA	THOMPSON	CRUSADE	F	48	45-49F	1.25.28	1	0
1091	2419	747	GLYNNE	LLOYD	CRUSADE	M	67	65-69M	1.25.29	1	0
1092	2306	2810	FEZIWE	SALAZE	ABSAEP	F	37	35-39F	1.25.36	1	0
1093	2718	2718	MAGNUS	TUNGATA	TEMP	M	42	40-44M	1.25.51	0	0
1094	2717	2717	AZOLA	GALELA	TEMP	F	30	SF	1.25.51	0	0
1095	2383	1819	SHUMILE	NDONI	TINARHA	M	21	SM	1.26.11	1	0
1096	2809	2809	SINAZO	NGQONO	TEMP	F	31	SF	1.26.14	0	0
1097	2404	52351	LUNGISWA	DONDI	JUSTICE	F	42	40-44F	1.26.27	0	0
1098	2417	2688	BRIDGETTE	MANTSHIYO	MOTHER	F	55	55-59F	1.26.38	1	0
1099	1544	910	RAE	LUCKMAN	CHARLO	F	56	55-59F	1.26.41	1	0
1100	2197	3197	NTOKOZO	DAMBUZA	TEMP	F	47	45-49F	1.26.46	0	0
1101	2080	2531	FUNDISWA	KULA	Bestmed	F	47	45-49F	1.27.00	1	0
1102	1570	1016	JOSHUA	SCHNETLER	CHARLO	M	22	SM	1.27.01	1	0
1103	2271	1804	Clerease	Daniels	GELVAN	F	21	SF	1.27.14	1	0
1104	2148	1840	NQOBILE-NOBS	QUPE	HOLLYWOO	F	56	55-59F	1.27.18	1	0
1105	1411	1720	NOLEEN	NORRIS	GELVAN	F	69	65-69F	1.27.20	1	0
1106	1466	1466	ASHLEY	NDHLOVU	TEMP	F	30	SF	1.27.31	0	0
1107	2123	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	1.27.31	1	0
1108	2988	2988	SIYAMTANDA	SWAARTBOOI	TEMP	F	28	SF	1.27.32	0	0
1109	2770	2770	FRANCOIS	TIMOTHEUS	TEMP	M	48	45-49M	1.27.50	0	0
1110	2237	2861	Phumeza	Sidloyi	CSEP	F	40	40-44F	1.28.00	1	0
1111	1449	1471	SHIRLEEN	CLARKE	NEDBANK	F	63	60-64F	1.28.02	1	0
1112	2458	2240	Nosiphiwo	Pepani	SIBALEKA	F	39	35-39F	1.28.03	1	0
1113	2229	1189	MYRNA	VAN EYK	ELITEAC	F	48	45-49F	1.28.12	1	0
1114	2230	40068	RUBEN	FERREIRA	ELITEAC	M	18	JM	1.28.13	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1115	2806	2806	LILONKE	QUNTA	TEMP	F	28	SF	1.28.16	0	0
1116	2490	2264	NOLOYISO	BONGA	VUKANI	F	39	35-39F	1.28.29	1	0
1117	2500	2899	Nomakula	Manoti	CSEP	F	55	55-59F	1.28.39	1	0
1118	1464	1464	ZINZI	SOMANA	TEMP	F	34	SF	1.28.45	0	0
1119	2761	2761	SISANDA	MAPUKATA	TEMP	F	28	SF	1.28.52	0	0
1120	2508	2994	Mbasa	Pinda	HOLLYWOO	M	29	SM	1.29.23	1	0
1121	2897	2897	ANDISWA	DANO	TEMP	F	41	40-44F	1.29.26	0	0
1122	2914	2914	CORDELIA	SWARTBOOI	TEMP	F	42	40-44F	1.29.31	0	0
1123	2931	2931	NOLUVO	MADIKIZELA	TEMP	F	30	SF	1.29.36	0	0
1124	2762	2762	ZUKISWA	KILANI	TEMP	F	38	35-39F	1.29.36	0	0
1125	2720	2720	ZUKILE	JAM-JAM	TEMP	M	32	SM	1.29.43	0	0
1126	2930	2930	ANELISA	NDYOTHA	TEMP	F	38	35-39F	1.29.52	0	0
1127	2517	2242	LUNGISWA	PUWE	SIBALEKA	F	45	45-49F	1.29.52	1	0
1128	2254	2221	TUMEKA	XENTSA	SIBALEKA	F	43	40-44F	1.30.09	1	0
1129	2798	2798	NTOMBIKAYISE	NKUNZI-RAPODILE	TEMP	F	36	35-39F	1.30.24	0	0
1130	2241	50943	SISIPHO	FAYE	REALGIJ	F	31	SF	1.30.31	0	0
1131	1569	936	MARGOT	SCHNETLER	CHARLO	F	48	45-49F	1.30.59	1	0
1132	1546	942	EDITH	MAC GEAR	CHARLO	F	58	55-59F	1.31.12	1	0
1133	1609	2591	Ukanyo	Bodlela	Bestmed	F	22	SF	1.31.14	1	0
1134	2200	3200	RICHARD	JONES	TEMP	M	45	45-49M	1.31.21	0	0
1135	2225	2191	RONALD	JANTJIES	TRANSNET	M	54	50-54M	1.31.30	1	0
1136	2250	336	ARNOLD	RAS	MUIRITE	M	64	60-64M	1.31.30	1	0
1137	2587	9554	ASITHANDILE	BEN-MAZWI	SANRAL	F	43	40-44F	1.31.47	0	0
1138	2497	719	Yonela	Jubase	CRUSADE	F	33	SF	1.32.10	1	0
1139	1493	2493	AMANDA	GURA	TEMP	F	39	35-39F	1.32.10	0	0
1140	2850	2850	SINETHEMBA	BOYANA	TEMP	F	36	35-39F	1.32.14	0	0
1141	2195	3195	JULIA	AJAH-MVUNELWA	TEMP	F	53	50-54F	1.32.15	0	0
1142	2804	2804	ASANDA	MAQUBELA	TEMP	F	37	35-39F	1.32.20	0	0
1143	2725	2725	SIYAMTHANDA	NDLOVU	TEMP	F	32	SF	1.32.25	0	0
1144	1654	2617	Asibonile	Ntamo	Bestmed	F	22	SF	1.32.45	1	0
1145	1672	2618	Keitumetse	Tsebe	Bestmed	F	22	SF	1.32.45	1	0
1146	2560	3046	VUYISEKA	KULA	VITALITY	F	44	40-44F	1.32.53	1	0
1147	2678	1766	GODFREY	KARIEM	GELVAN	M	85	70+M	1.33.05	1	0
1148	1643	2592	MOIPONE	MOSOEUNYANE	Bestmed	F	20	SF	1.33.11	1	0
1149	2108	2879	TANDAZWA	MNIKA	CSEP	F	39	35-39F	1.33.13	1	0
1150	1645	2510	LERATO	MUZAH	Bestmed	F	40	40-44F	1.33.14	1	0
1151	2932	2932	MVUYISI	MPOMPOSHE	TEMP	M	36	35-39M	1.33.27	0	0
1152	2204	3204	BABALWA	JOZELA	TEMP	F	43	40-44F	1.33.32	0	0
1153	2753	2753	NADIA	VAN WYK	TEMP	F	49	45-49F	1.33.43	0	0
1154	2301	3309	ZUKISWA	LAMANI	VWAC	F	51	50-54F	1.34.16	1	0
1155	2211	3211	UNATHI	NGQUNGE	TEMP	F	38	35-39F	1.34.17	0	0
1156	2950	2950	LINDIWE	MAKUBALO	TEMP	F	51	50-54F	1.34.22	0	0
1157	2430	285	VANESSA	COETZEE	MUIRITE	F	49	45-49F	1.34.29	1	0
1158	2093	329	ORGIA	NELL	MUIRITE	F	82	70+F	1.34.29	1	0
1159	2180	3274	ALUNGILE	TYWAKU	CHEETAHS	F	33	SF	1.34.47	0	0
1160	2581	2904	Nthabeleng	Ntsili	CSEP	F	39	35-39F	1.35.16	1	0
1161	2436	1941	MALERATO	MAHOBO	BLUEBAY	F	29	SF	1.35.31	1	0
1162	3000	3000	AMANDA	TONGO	TEMP	F	46	45-49F	1.35.46	0	0
1163	1421	1421	BABALWA	KLAAS	TEMP	F	40	40-44F	1.35.46	0	0
1164	2201	3201	LULAMA	JORDAAN	TEMP	F	53	50-54F	1.35.53	0	0
1165	2119	248	URITIAH	MYBURGH	MUIRITE	F	49	45-49F	1.36.34	1	0
1166	2745	2745	SONIA	SHARE	TEMP	F	59	55-59F	1.36.35	0	0
1167	2781	2781	ABONGILE	TODOLO	TEMP	F	20	SF	1.36.45	0	0
1168	2711	2711	NANCY	MAVOVANA	TEMP	F	30	SF	1.37.04	0	0
1169	2787	2787	NOMBULELO	MTYUPU	TEMP	F	51	50-54F	1.37.11	0	0
1170	2422	2707	GUGU	ROJIE	MUIRITE	F	30	SF	1.37.31	1	0
1171	2186	275	JONEL	VORSTER	MUIRITE	F	36	35-39F	1.37.32	1	0
1172	2710	2710	NOMBIZANDILE	NZEKUZA	TEMP	F	36	35-39F	1.37.50	0	0
1173	2805	2805	SESETHU	NTLEBI	TEMP	F	25	SF	1.38.42	0	0
1174	2209	3209	MSIMELELO	MDASHE	TEMP	M	44	40-44M	1.39.21	0	0
1175	2521	3093	XABISO	KONA	VITALITY	F	30	SF	1.39.37	1	0
1176	2771	2771	AMANDA	NGWENYA	TEMP	F	29	SF	1.39.49	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1177	2701	2701	NONTSIKELELO	MENZE	TEMP	F	30	SF	1.40.03	0	0
1178	2215	3215	NOMAKHAYA	SIWA	TEMP	F	45	45-49F	1.40.08	0	0
1179	2918	2918	MIHLE	SOKUPA	TEMP	F	30	SF	1.40.35	0	0
1180	2751	2751	XOLELWA	HINA	TEMP	F	29	SF	1.40.39	0	0
1181	2819	2819	ZUKISWA	SONGCA	TEMP	F	56	55-59F	1.40.42	0	0
1182	2706	2706	KAMVELIHLE	BANGANI	TEMP	F	30	SF	1.40.57	0	0
1183	2814	2814	ZIMKHITHA	KILANI	TEMP	F	35	35-39F	1.40.57	0	0
1184	2426	2187	ZILUNGILE	NGALWA	TRANSNET	F	29	SF	1.41.11	1	0
1185	2811	2811	LINOMTHA	MANONA	TEMP	F	25	SF	1.42.58	0	0
1186	2730	2919	Sizeka	Heleni	CSEP	F	51	50-54F	1.43.19	1	0
1187	2760	2760	LUYANDA	NKOLISA	TEMP	M	30	SM	1.43.39	0	0
1188	2708	2708	CHUMA	BONGA	TEMP	F	30	SF	1.43.56	0	0
1189	2707	2707	SIPHESIHLE	GOGODLA	TEMP	F	32	SF	1.47.17	0	0
1190	2766	2766	STEPHEN	GOUWS	TEMP	M	78	70+M	1.51.34	0	0
1191	2765	2765	CORNELIA	GOUWS	TEMP	F	73	70+F	1.51.34	0	0
1192	2206	3206	ASIPHE	MAGEBULA	TEMP	F	32	SF	1.52.49	0	0
1193	2134	1430	BONAKELE	NTSHANGASE	NEDBANK	M	43	40-44M	1.53.04	1	0