

ENTRY FORM



HARRY GWALA DISTRICT

MARATHON

2026

hosted by



Sunday, 22 March 2026

START: R612 HIGHFLATS

FINISH: UMZIMKHULU TVET COLLEGE

SCAN TO JOIN



42, 2 km	06:00 am
21,1 km	06:30 am
10 km	06:45 am
5 km	10:00 am



KWAZULU-NATAL PROVINCE
SPORT, ARTS AND CULTURE
REPUBLIC OF SOUTH AFRICA



A Better Place for All



GREATER
KOKSTAD
MUNICIPALITY
PROVINCE OF KWAZULU-NATAL



PERSONAL INFORMATION

ID Number		Date of Birth	
Surname		Year	Month
First Name		Gender	Male
E-Mail Address			Female
Cellphone no.		Passport Number	
Club name in full		License Number	

RESIDENCY

South African		International	
If not South African- Indicate Country			
Province			

FINAL REGISTRATION VENUE & RACE NUMBERS COLLECTION

STATISTICS SA, next to Peace Initiative Town Hall Margaret Street

T-Shirt *The t-shirts will be provided to first 2000 entrants of 42.2, 21.1, 10km & 5km races*

HISTORY

Have you entered before?	Yes	No	Number of races
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MEDICAL INFORMATION

Do you have any allergies?	Yes	No	Please Specify
Special medical condition	Yes	No	Please Specify
Medical Aid	Yes	No	Number
Emergency contact person	Cell Number	Full Name	

ENTRY FEE

5 km Fun	R120.00	70 years + (FREE ENTRY)	DISABILITY (FREE ENTRY) Proof required
10km	R270.00		
21.1km	R320.00		
42.2km	R370.00	Government Employees (Department)	Harry Gwala District Club Athletes

Temporary licenses:

10km – R80
21.1km – R100

Late entries from 1 March 2026 will pay R50 more for each race category

Total

**RELEASE AND WAIVER**

Online Entries will be charged a minimum admin fee of R30, then the club is not responsible for online fees at the end.

Manual admin fee will pay additional amount of R30 per entry

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer of the Harry Gwala District Marathon, all staff, consultants, sponsors, volunteer groups, medical personnel, any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities.

This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge.

SIGNATURE:

Race Rules and General Information

1. The race is run strictly in accordance the rules of WA, ASA and KZN Athletics. Athletes **MUST** familiarize themselves with these rules.
2. Foreign athletes must comply with WA Rules CR 1.7, TR 4.1, and TR 4.2 together with ASA Rule 9.
3. All participants must be 20 years and older for 42.2km, 16 years and older for the 21.1km, 14 years and older for the 10km and 9 years and older for 5km.
4. All participants must wear the following:
 - a. Their correct club Colours
 - b. Race number on front of vest or crop top
 - c. 2026 Provincial license number on front and back of vest or crop top
5. ASA Approved Age category identification tags (i.e., J, 35, 40, 50 & 60) must be worn on the front and back of your vest or crop top and must be clearly visible in order to qualify for the age category prize.
6. Walkers to display Walker tags.
7. Refreshments tables will be provided, and NO personal seconding will be allowed.
8. Tog bag facility will be provided. Tog bags will be kept at owner's risk.
9. Prize giving will commence at 11h00am
10. Cut-off time for 42.2km run is 12h00.
11. Proof of age will be required.
12. A junior athlete must be 19 years

and younger on 31st December in the year of the competition.

13. Athletes **MUST** obey race officials, Marshals, and Traffic officials.
14. Pacing will not be allowed.
15. Athletes **MUST** make their own arrangements to Start and Finish.
16. Temporary License holders **MUST** wear plain color with NO advertising.
17. Temporary licensed athletes are not covered by a National Insurance Policy, ASA Rule 25.6.15.
18. Holder of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.
19. All Prizes will be held by the Organizer pending receipt of Anti-Doping results from ASA.
20. If you're not in the prize giving on the day of the event, you forfeit your prize.
21. Sleeping Accommodation will be provided to those athletes who will require them, and they must bring their own blankets.
22. Meals will be provided to all athletes who have completed the race.
23. Goodie Bags and Race Packs must be collected on the 21st of March 2026 at Statistics South Africa in Ixopo Town starting from 10am – 21:00pm

The Organizing Club and Sponsors will not be held responsible for any injury/illness occurring during, or as a result of the race or for any loss of property or damage on the course or in the changing area. All athletes must be medically fit and take part entirely at their own risk.

Previous Marathon Winners

MEN		
Year	Name	Time
2015	Lungile Gongqa	2:19:33
2016	Realeboha Lenanya	2:29:32
2017	Charles Soza	2:22:41
2018	Ntsindiso Mphakathi	2:29:07
2019	Thobani Chagwe	2:19:38
2020	Ndumiso Sokhela	2:19:52
2021	-	-
2022	Ayanda Ngcobo	2:18:08
2023	Jobo Khatoane	2:16:47
2024	Mholi Jali	2:33:45
2025	Charles Soza	2:22:41

WOMEN		
Year	Name	Time
2015	Lineo Chaka	2:49:26
2016	Lizih Chokore	3:16:11
2017	Lizih Chokore	2:59:56
2018	Loveness Madziva	3:10:01
2019	Mamorallo Tjoka	2:45:04
2020	Loveness Madziva	2:43:24
2021	-	-
2022	Chepkosgei Koech	2:58:25
2023	Zinhle Shabalala	2:46:13
2024	Irine Lotitateucy	2:58:49
2025	Beryl Makokha	3:10:16

Route Profile: Harry Gwala Marathon



AWARDS & INFORMATION

General Awards

Medals will be awarded to all official finishers who complete the full distance within 6-hour cut-off.

42.2km

Medals

Gold First 10 Men and Women
Prize Money (42.2km Only)

Position	Open
Position 1	R60 000
Position 2	R30 000
Position 3	R15 000
Position 4	R10 000
Position 5	R8 000
Position 6	R7 500
Position 7	R7 000
Position 8	R 6 000
Position 9	R 5 000
Position 10	R 4 000

Age Category Prizes (42.2km) Men and Women

35 -39 years	Position 1 R800
	Position 2 R500
	Position 3 R300

40 -49 years	Position 1 R800
	Position 2 R500
	Position 3 R300

50 - 59 years	Position 1 R800
	Position 2 R500
	Position 3 R300

60 - 69years	Position 1 R800
	Position 2 R500
	Position 3 R300

70 years +	Position 1 R800
	Position 2 R500
	Position 3 R300

Special Category (Disability Men & Women)

Pos.1= R1000, Pos.2= R 800, Pos.3= R 500

Harry Gwala District Athletes

The top 10 for 42.2, 21.1, 10 & top 5 for 5km Harry Gwala District athletes (Males and Females) affiliated with Harry Gwala District Clubs to complete one of the events will each receive the below incentives if they manage to register forty or more runners per club to qualify to get a prize money. If none of clubs fail to reach the number of forty runners, their prizes will be transferred to the organizing club

Pos	42.2km	21.1km	10km	5km
1.	R 5000	R 3000	R 2000	R 500
2.	R 3000	R 2000	R 1500	R 450
3.	R 2500	R 1500	R 1000	R 400
4.	R 2000	R 1300	R 900	R 350
5.	R 1500	R 1200	R 850	R 300
6.	R 1400	R 1000	R 800	
7.	R 1300	R 900	R 750	
8.	R 1200	R 800	R 700	
9.	R 1100	R 700	R 600	
10.	R 1000	R 600	R 500	

21.1km

Medals

Gold First 10 Men and Women

Prize Money (21.1km only)

Position 1	R10 000
Position 2	R 7000
Position 3	R6000
Position 4	R5000
Position 5	R4500
Position 6	R4000
Position 7	R3500
Position 8	R3000
Position 9	R2500
Position 10	R2000

Age Category Prizes (21.1km) Men and Women

Juniors	Position 1 R500
	Position 2 R300
	Position 3 R200

35 -39 years	Position 1 R500
	Position 2 R300

40 -49 years	Position 1 R500
	Position 2 R300

50 - 59 years	Position 1 R500
	Position 2 R300

60 – 69 years	Position 1 R500
	Position 2 R300

70 years +	Position 1 R500
	Position 2 R300

RACE WALK – 10km Only

Men and Women

Position Open

Position 1	R 1000
Position 2	R 800
Position 3	R 700
Position 4	R 600
Position 5	R 500

Government Employees # 10km Only

Men and Women

Position Open

Position 1	R 2000
Position 2	R 1500
Position 3	R 1100
Position 4	R 900
Position 5	R 850
Position 6	R 800
Position 7	R 750
Position 8	R 700
Position 9	R 600
Position 10	R 500

10km

Prize Money (10 Km Only)

Position Open

Position 1	R5 000
Position 2	R3 000
Position 3	R2 000
Position 4	R 1800
Position 5	R 1600
Position 6	R 1500
Position 7	R 1400
Position 8	R 1300
Position 9	R 1200
Position 10	R 1000

Age Category Prizes (10km) Men and Women

Juniors	Position 1 R500
	Position 2 R300
	Position 3 R200

35 -39 years	Position 1 R500
	Position 2 R300

40 -49 years	Position 1 R500
	Position 2 R300

50 - 59 years	Position 1 R500
	Position 2 R300

60 – 69 years	Position 1 R500
	Position 2 R300

70 years +	Position 1 R500
	Position 2 R300

5KM Run

First 5 Men & Women

Position	Open
Position 1	R500
Position 2	R450
Position 3	R400
Position 4	R350
Position 5	R300

AGE CATEGORIES

An athlete is not eligible for a prize in more than one age category, i.e. an athlete is only eligible for a prize in the age category applicable to him/her or the younger category chosen by him/her down to senior level provided he/she is wearing the relevant age category tag. An athlete, male or female, who finishes the race in first to tenth position, may, however, win his/her position prize as well as any applicable age category prize. Unless you specifically request in writing to HARRY GWALA DISTRICT MARATHON organizers to change your age category to a lower age category, you will be entered in the age category of your chronological age. Appropriate numerical age category tags must be worn on the front and back of the upper body garment. An athlete must provide positive identification to verify proof of age

Note: All prizes including prize money, trophies, and/or special medals will only be issued once drug test results have been received and subject to clearance. All prize money is subject to South African tax laws; this may take up to three (3) months to process.

FURTHER ENQUIRIES:

HARRY GWALA DISTRICT
MARATHON
P.O. Box 132
IXOPO
3276
Telephone: 039 834 8700
Cell: 072 9488779 Themba Gumede
: 0671550421 Race Secretariat
: 060 503 4181 – Musa Dlamini
: 078 3827528 – Khayakazi Mhatu
[Email: thembaaisaacg@gmail.com](mailto:thembaaisaacg@gmail.com)