

A person is running on a path, with their legs and feet visible. They are wearing black leggings and black running shoes with white soles. The background shows a blurred landscape with mountains and a clear sky.

# ***SAZI LANGA ATHLETIC CLUB - 10KM & 21KM RUN***

**START: MTSHAWAZO PRIMARY SCHOOL**

**FINISH: CREIGHTON SPORT FIELD**

**DATE: 15 MARCH 2026  
SUNDAY**

**STARTING TIME  
10KM - 07:30AM  
21KM - 07:30AM**

**T-SHIRTS AND MEDALS AVAILABLE**



# **Registration**

## ***Registration - Day Before the Race***

Venue: Creighton Library

Time: From 11:00am Until 18:00pm

Date: 14 March 2026

## ***Registration - On the Race Day***

Venue: Mtshawazo Primary School

Time: 04:00am to 06:00am

Online Registration available via [eventtiming.info](http://eventtiming.info)

**ENTRY FEE: R200.00**

## ***Temporary licenses:***

10km - R200 Entry Fee + R50.00Temporary license

21km - R200 Entry Fee + R50.00Temporary license

## ***Payments***

All payments will be done at Creighton Library during registration

## ***Transportation***

Transport from the finish to the start point will be available.

## ***Contact Person***

Sazi Langa - 076 064 7142

Adrian William - 061 458 9949

Sezar Matlava - 082 220 6776



# **PRIZE MONEY**

## **10km & 21km (Male & Female)**

POSITION 1 - R3000

POSITION 2 - R1500

POSITION 3 - R1000

## **AGE CATEGORIES PRIZE MONEY (MALE & FEMALE)**

JUNIOR 1 - R500

JUNIOR 2 - R300

JUNIOR 3 - R200

### **AGE 35 - 39**

1. R500

2. R300

3. R200

### **AGE 40 - 49**

1. R500

2. R300

3. R200

### **AGE 50 - 59**

1. R500

2. R300

3. R200

### **AGE 60 - 69**

1. R500

2. R300

3. R200

### **AGE 70+**

1. R500

2. R300

3. R200

**NB. The 1st Sazi Langa AC athlete to complete the event will  
receive R500 (MALE & Female)**



# **Race Rules and General information**

1. The race is run strictly in accordance to the rules of WA, ASA and KZN Athletics. Athletes MUST familiarize themselves with these rules.
2. Foreign athletes must comply with WA competition rule 1.7 and ASA Rule 9.
3. All participants must be 14years and older for 10km race.
4. All participants must wear the following:
  - a. Their correct club colours
  - b. Race number on front of the vest or crop top
  - c. 2026 Provincial license number on front and back of the vest or crop top
5. ASA Approved the age category Tags(i.e. J, 35, 40, 50 & 60) must be worn on the front and back of your vest or crop top and must be clearly visible in order to qualify for the age category prize
6. Walkers to display walkers tags
7. Refreshments tables will be provided, and NO personal seconding will be allowed
8. Tog bag facility will be provided. Tog backs will be kept at owner's risk.
9. Prize giving will commence at 09:30am for 10km and 11:30am for 21km.
10. Cut-off time for 10km run is 09:00am & Cut-off time for 21km is 10:30am
11. Proof of age will be required for age category prize winners
12. A junior athlete must be 19 years and younger on 31st December in the year of the competition
13. Athletes MUST obey race officials, marshals and Traffic officials.
14. Pacing will not be allowed
15. Athletes MUST make their own arrangements to Start and Finish
16. Temporary licensed athletes are not covered by a national insurance policy, ASA rule 25.6.15. Unregistered athletes running with temporary licenses must run in a neutral colours and adhere to WA and ASA advertising rules. Holders of temporary license will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.
17. All prizes will be held by the organizer pending receipt of Anti-Doping results from ASA. Prize winners must supply their banking details on race day.

The organizing Club and Sponsors will not be held responsible for any injury/illness occurring during , or as a result of the race or for any loss of property or damage on course or in the changing area. All athletes must be medically fit and take part entirely at their own risk.