

V-SLOTS 10KM - GQEBERHA - 2026/02/07											
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	2	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.30.22	5	25
2	459	2559	APHELELE	NKONYENI	MADIBAZ	M	28	SM	0.30.25	5	24
3	1	357	SINAWO	POTI	IKHAMVA	M	24	SM	0.30.33	5	23
4	3	396	LITHEBE	MENZELELELI	IKHAMVA	M	26	SM	0.30.40	5	22
5	757	80828	SINETHEMBA	JILINGISI	REALGIJ	M	23	SM	0.31.47	0	0
6	487	1154	GIFT	CHIGOMARAWA	ACH	M	38	35-39M	0.31.56	5	21
7	8	40125	THANDOLWETHU	MATSALO	IKHAMVA	M	18	JM	0.31.58	5	20
8	10	40477	OKUHLE	DLOTO	IKHAMVA	M	18	JM	0.32.44	5	19
9	11	40414	LUKHANYISO	APRIL	IKHAMVA	M	17	JM	0.32.47	5	18
10	765	40031	SIMTHANDILE	GOLIATH	ACT AC	M	17	JM	0.33.07	5	17
11	24	1338	SIBAHLE	MAQWARA	NEDBANK	M	24	SM	0.33.09	5	16
12	600	1392	ZOLANI	MABONGO	NEDBANK	M	39	35-39M	0.33.16	5	15
13	7	360	NTSIKA	NTAMO	IKHAMVA	M	23	SM	0.33.19	5	14
14	190	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.33.48	5	13
15	489	1138	MXOLELENI	TABATA	ACH	M	22	SM	0.34.32	5	12
16	733	2149	XOLISA	NDLUMBINI	TRANSNET	M	43	40-44M	0.34.40	5	11
17	545	611	JENIEL	ZANA	RUN4C	M	30	SM	0.34.49	5	10
18	582	280	ANELE	KHALIPA	MUIRITE	M	36	35-39M	0.35.15	5	9
19	13	374	HOPEWELL	JABAVU	IKHAMVA	M	42	40-44M	0.35.20	5	8
20	9	40413	SEMIHLE	BEDA	IKHAMVA	M	19	SM	0.35.28	5	7
21	899	663	SIYAVUYA	JEYI	MOTHER	M	20	SM	0.35.44	5	6
22	761	2210	THEMBELANI	MBENENGE	SIBALEKA	M	30	SM	0.35.48	5	5
23	814	437	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	21	SM	0.36.00	5	4
24	492	1106	SIPHESIHLE	SOFUTE	ACH	M	29	SM	0.36.15	4	3
25	101	2490	SAZISO	PANGINDAWO	ABSAEP	M	43	40-44M	0.36.19	5	2
26	479	1211	NOEL	ADAMS	ELITEAC	M	53	50-54M	0.36.45	5	1
27	17	376	REUBEN	STANDER	IKHAMVA	M	22	SM	0.37.18	4	0
28	813	460	TAKUNDA	MUBARE	CHILLIEP	M	22	SM	0.37.27	4	0
29	6	370	DESMOND	ZIBI	IKHAMVA	M	62	60-64M	0.37.32	5	0
30	824	3019	SICELO	MASHABA	CHILLIEP	M	25	SM	0.37.39	4	0
31	665	950	CHARLES	SEGALO	CHARLO	M	38	35-39M	0.37.43	4	0
32	698	2625	LUXOLO	CANDLOVU	MADIBAZ	M	23	SM	0.37.48	4	0
33	602	1488	MELIKHAYA	KEPE	NEDBANK	M	49	45-49M	0.37.58	5	0
34	789	1847	MHLENGI	MAHLABA	HOLLYWOO	M	34	SM	0.38.08	3	0
35	94	2690	JEMAIN	WILSON	VITALITY	M	38	35-39M	0.38.16	4	0
36	39	40487	LIQHAWE	MKAYO	ATLANTIC	M	16	JM	0.38.31	3	0
37	596	1482	JEANDRY	DEERLING	NEDBANK	M	33	SM	0.38.42	3	0
38	446	2552	AMANDA	DETSHE	MADIBAZ	F	21	SF	0.38.42	5	25
39	793	694	LUBABALO	JUSAYI	ASPEN	M	34	SM	0.38.43	3	0
40	25	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.38.55	5	24
41	715	817	ALISTAIR	KINGWILL	32GI	M	48	45-49M	0.39.00	5	0
42	19	1400	KELLY	VAN VLIET	NEDBANK	F	38	35-39F	0.39.05	5	23
43	23	91321	XOLILE	NDINGANE	NEDBANK	M	54	50-54M	0.39.10	5	0
44	126	40649	DESNAY	OGRADY	IKHAMVA	F	15	JF	0.39.25	5	22
45	356	2908	ALEXIA	LOIZOU	ASPEN	F	42	40-44F	0.39.50	5	21
46	595	1511	APHLYN	TAAI	NEDBANK	M	43	40-44M	0.39.52	4	0
47	790	156	STANTON	FREEMAN	ACT AC	M	48	45-49M	0.39.53	5	0
48	809	60	THANDO	NCIPHA	SAPPE	M	33	SM	0.39.55	3	0
49	490	1137	MUTEKILE	RASMENI	ACH	M	61	60-64M	0.39.56	5	0
50	237	1255	ERROL	WHITTAL	ELITEAC	M	50	50-54M	0.40.00	5	0
51	546	613	JORAN	FORTUIN	RUN4C	M	20	SM	0.40.06	3	0
52	28	1335	ANELE	MALIZA	NEDBANK	M	48	45-49M	0.40.09	5	0
53	648	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	0.40.14	5	0
54	239	2516	GIFT	NKOSI	MADIBAZ	F	19	SF	0.40.21	5	20
55	764	165	SANUSE	MBONENI	HOLLYWOO	M	41	40-44M	0.40.22	3	0
56	535	282	ABDUL	WICOMB	MUIRITE	M	47	45-49M	0.40.33	4	0
57	652	931	ANDILE	NYOKA	CHARLO	M	53	50-54M	0.40.51	5	0
58	895	2691	SIPHESIHLE	BULOSE	VITALITY	M	37	35-39M	0.41.05	3	0
59	148	1168	SLULAMI8	JALIM-YAL-SALIM JACK	TRANSNET	M	50	50-54M	0.41.13	5	0
60	754	1105	MARK	FRASER	ACH	M	32	SM	0.41.13	3	0
61	671	908	KAYLA	VAN RENSBURG	CHARLO	F	31	SF	0.41.26	4	19
62	732	1807	THAMSANQA	MANGI	BATHURST	M	41	40-44M	0.41.37	3	0
63	889		NKOSIKHONA	MAMBULU	CHILLIEP	M	25	SM	0.41.44	3	0

64	4	356	LUYANDA	TSHANGANA	IKHAMVA	M	42	40-44M	0.41.55	3	0
65	853	853	CYRIL	NIIT	TEMP	M	66	65-69M	0.41.56	0	0
66	18	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	44	40-44F	0.42.01	5	18
67	22	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	59	55-59M	0.42.17	5	0
68	71	1876	SBONISIPHO	MANQELE	HOLLYWOO	M	28	SM	0.42.17	2	0
69	15	367	VUSI	MSUTHWANA	IKHAMVA	M	54	50-54M	0.42.19	4	0
70	635	919	KELVIN	JOOSTE	CHARLO	M	38	35-39M	0.42.32	3	0
71	137	1293	THEMBINKOSI	STOKWE	VWAC	M	47	45-49M	0.42.33	3	0
72	812	411	SIYABONGA	ZULU	CHILLIEP	M	44	40-44M	0.42.45	3	0
73	798	2322	XOLANI	NTEYI	VUKANI	M	47	45-49M	0.42.50	3	0
74	564	545	RUHAN	VAN RENSBURG	RUN4C	M	33	SM	0.42.53	2	0
75	601	1316	MORNE	BUIS	NEDBANK	M	33	SM	0.42.58	2	0
76	165	2251	BABONKE	DINGA	VUKANI	M	37	35-39M	0.43.19	2	0
77	369	2900	SABELO	MELITAFA	CSEP	M	46	45-49M	0.43.19	3	0
78	567	1087	SONWABO	NYANGIWE	ACH	M	58	55-59M	0.43.19	5	0
79	892	892	MBUYISELI	SITENGE	TEMP	M	47	45-49M	0.43.22	0	0
80	696	446	LONWABO	NDLALANI	IKHAMVA	M	48	45-49M	0.43.32	3	0
81	217	1776	ELDRIDGE	JONKERS	GELVAN	M	46	45-49M	0.43.42	3	0
82	852	852	EDGAR	NIIT	TEMP	M	32	SM	0.43.43	0	0
83	486	1925	AFRICA	MANDLA	BLUEBAY	M	23	SM	0.43.58	2	0
84	693	1436	NTSIKELELO	SEBE	NEDBANK	M	43	40-44M	0.43.58	2	0
85	420	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	0.44.00	3	0
86	488	1079	HANSON	SINGAPHI	ACH	M	48	45-49M	0.44.04	3	0
87	388	829	WYNAND	DUPREEZ	32GI	M	52	50-54M	0.44.12	3	0
88	405	40008	JUDE	JACOBS	RUN4C	M	14	JM	0.44.19	2	0
89	642	898	PATRIC	MAKWANKWE	CHARLO	M	59	55-59M	0.44.20	4	0
90	755	2269	KHANYISO	MASWANA	VUKANI	M	36	35-39M	0.44.27	2	0
91	49	2501	GRAHAM	TERBLANCHE	MADIBAZ	M	61	60-64M	0.44.28	5	0
92	471	1852	MVULELI	MAGAWULANA	HOLLYWOO	M	49	45-49M	0.44.31	3	0
93	180	560	FENANDO	KIEWIETS	RUN4C	M	40	40-44M	0.44.31	2	0
94	699	380	MOLEKWA	MAYILA	IKHAMVA	M	46	45-49M	0.44.33	3	0
95	287	3027	NDIMPHIWE	MATYUMZA	TEMP	M	42	40-44M	0.44.35	0	0
96	329	3069	SIMBONGILE	MCATSHELWA	TEMP	M	24	SM	0.44.42	0	0
97	888	888	STEPHAN	HANCKE	TEMP	M	20	SM	0.44.54	0	0
98	820	180	DANNY	HARTZENBERG	TRANSNET	M	49	45-49M	0.45.00	3	0
99	557	561	CHANTELL	CLOETE	RUN4C	F	40	40-44F	0.45.03	3	17
100	183	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	36	35-39M	0.45.04	2	0
101	527	3159	QHAWE	TSHAYINGWE	TEMP	M	25	SM	0.45.04	0	0
102	597	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	0.45.11	2	0
103	45	363	MNQWENO	TYOKOLO	IKHAMVA	M	43	40-44M	0.45.17	2	0
104	203	2279	SIPHESIHLE	DLWATI	VUKANI	M	35	35-39M	0.45.21	2	0
105	339	3079	MORNE	NEL	TEMP	M	47	45-49M	0.45.25	0	0
106	593	1561	GRANT	RUDMAN	RUN4C	M	48	45-49M	0.45.35	2	0
107	482	2524	ABBIE	MITCHELL	MADIBAZ	F	19	SF	0.45.39	2	16
108	644	952	CINDY	MARAIS	CHARLO	F	48	45-49F	0.45.40	4	15
109	746	1283	URAN	LE ROUX	VWAC	M	59	55-59M	0.45.41	3	0
110	376	1944	MUSA	SENTI	BLUEBAY	M	33	SM	0.46.03	2	0
111	5	358	MZWANELE	MAPHEKULA	IKHAMVA	M	49	45-49M	0.46.03	2	0
112	829	1813	PRINCE	PHILLIPS	BATHURST	M	62	60-64M	0.46.06	4	0
113	827	148	ABDUL	LILLAH	MALABAR	M	36	35-39M	0.46.14	2	0
114	710	1652	HEIN	LODEWYKS	MADIBA	M	43	40-44M	0.46.16	2	0
115	646	938	THOBELA	MFIKILI	CHARLO	M	39	35-39M	0.46.17	2	0
116	263	768	WILLIE	ELS	CRUSADE	M	50	50-54M	0.46.25	3	0
117	72	1518	INGE	WILLIAMS	NEDBANK	F	36	35-39F	0.46.25	3	14
118	379	1687	RUDI	KRIEL	MADIBA	M	36	35-39M	0.46.31	2	0
119	80	2995	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	0.46.37	3	0
120	353	2233	FREDAH	NCUBE	MADIBAZ	F	43	40-44F	0.46.37	3	13
121	751	138	NAASIR	LOUIS	MALABAR	M	29	SM	0.46.39	2	0
122	539	122	BAVERSHAN	NAIDOO	MALABAR	M	35	35-39M	0.46.42	2	0
123	728	1315	WERNER	MEYER	SAPPE	M	52	50-54M	0.46.42	2	0
124	90	1729	BRIAN	JONAS	GELVAN	M	64	60-64M	0.47.02	3	0
125	330	3070	AYABONGA	TSHUNGWANA	TEMP	M	32	SM	0.47.07	0	0
126	20	1404	DARREN	VAN VLIET	NEDBANK	M	42	40-44M	0.47.09	2	0
127	815	40166	ZINTLE	XHONTI	MOTHER	F	17	JF	0.47.19	2	12
128	305	3045	SANDILE	DYAKOPU	TEMP	M	30	SM	0.47.20	0	0

129	461	2511	KADER	ABDULLA	MADIBAZ	M	49	45-49M	0.47.34	2	0
130	222	40076	KYLIE	VERMAAK	ELITEAC	F	18	JF	0.47.39	2	11
131	433	290	JG	LE ROUX	MUIRITE	M	53	50-54M	0.47.44	2	0
132	221	40075	CHLOE	VERMAAK	ELITEAC	F	18	JF	0.47.47	2	10
133	547	1113	ROGER	TRADER	ACH	M	72	70+M	0.47.51	5	0
134	605	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	0.48.01	5	9
135	416	495	DEWALD	VERMEULEN	RUN4C	M	54	50-54M	0.48.03	2	0
136	95	40560	RUBEN	BOUWER	SCHOOL	M	17	JM	0.48.14	2	0
137	619	982	CHARLES	CORBY	CHARLO	M	55	55-59M	0.48.16	2	0
138	55	3032	NICHOLAS	BANGO	VITALITY	M	38	35-39M	0.48.17	2	0
139	430	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	41	40-44M	0.48.18	2	0
140	282	3022	LINDIKHAYA	NTEYI	TEMP	M	46	45-49M	0.48.25	0	0
141	624	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	0.48.27	2	0
142	116	40459	ETHAN	DANIELS	GELVAN	M	19	SM	0.48.30	2	0
143	678	1027	NELSON	VLAKBOK	CHARLO	M	61	60-64M	0.48.30	3	0
144	707	1457	RICHARD	MAZUNGULA	NEDBANK	M	49	45-49M	0.48.33	2	0
145	240	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	0.48.33	2	8
146	538	144	AHMAD	KADER	MALABAR	M	37	35-39M	0.48.39	2	0
147	658	957	PIERRE	RENSHAW	CHARLO	M	53	50-54M	0.48.40	2	0
148	661	900	JASON	SAUNDERS	CHARLO	M	46	45-49M	0.48.42	2	0
149	31	2220	XOLELANI	JAM-JAM	SIBALEKA	M	36	35-39M	0.48.44	2	0
150	158	2304	QAQAMBA	MATUNDU	VUKANI	F	27	SF	0.48.44	2	7
151	441	347	BRUCE	LE GRANGE	MUIRITE	M	33	SM	0.48.49	2	0
152	437	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	0.48.53	5	6
153	314	3054	ABONGILE	NGCAMBU	TEMP	M	26	SM	0.48.56	0	0
154	238	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	0.48.56	2	5
155	378	664	LUYANDA	SINEKE	ASPEN	M	40	40-44M	0.49.02	2	0
156	104	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	0.49.08	2	0
157	454	1597	EDVINL	DONLEY	DESPATCH	M	48	45-49M	0.49.11	2	0
158	144	2228	NGWANE	SHORTY	SIBALEKA	M	29	SM	0.49.18	2	0
159	474	706	STEPHEN	MCCARTHY	CRUSADE	M	64	60-64M	0.49.21	3	0
160	586	1751	SAMIER	ABRAHAMS	GELVAN	M	55	55-59M	0.49.24	2	0
161	670	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-44M	0.49.29	2	0
162	657	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	0.49.37	2	0
163	350	2108	BERNICE	NEL	HEATAC	F	38	35-39F	0.49.37	2	4
164	720	1848	PHAPHAMA	GLADILE	HOLLYWOO	M	36	35-39M	0.49.41	2	0
165	236	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	0.49.43	4	0
166	643	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	0.49.47	2	0
167	216	270	ANDREW	JONAS	MUIRITE	M	61	60-64M	0.49.59	2	0
168	704	2139	BHEKA	MSELEKU	TNETFS	M	57	55-59M	0.50.03	0	0
169	780	417	PETER	MSIZA	CHILLIEP	M	52	50-54M	0.50.04	2	0
170	152	792	JACO	ROOS	32GI	M	37	35-39M	0.50.05	1	0
171	191	532	JUDY	GERBER	RUN4C	F	59	55-59F	0.50.07	4	3
172	766	1114	MILES	HOLLINS	ACH	M	53	50-54M	0.50.12	2	0
173	828	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	45	45-49M	0.50.13	2	0
174	406	1838	PHATHULUVO	MGULI	HOLLYWOO	M	41	40-44M	0.50.14	2	0
175	403	1464	CHESTER	BROOKS	XCEL	M	67	65-69M	0.50.19	3	0
176	660	991	GREGORY	ROSS	CHARLO	M	52	50-54M	0.50.21	2	0
177	494	261	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	0.50.25	2	0
178	794	1731	LEONARD	ERASMUS	GELVAN	M	67	65-69M	0.50.30	3	0
179	391	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.50.30	2	0
180	530		KUHLE	JOBELA	TEMP	M	31	SM	0.50.33	0	0
181	800	2444	MBULELO	KITAS	YOUTH	M	56	55-59M	0.50.37	2	0
182	632	915	JOEL	HUMAN	CHARLO	M	52	50-54M	0.50.40	2	0
183	355	1043	DAVID	BAINS	XCEL	M	59	55-59M	0.50.40	2	0
184	422	2880	CECIL	CLAASSEN	CSEP	M	33	SM	0.50.45	1	0
185	588	1444	MFUNDISI	LUVALO	NEDBANK	M	56	55-59M	0.50.52	2	0
186	583	1075	GAVIN	SCHONKNECHT	ACH	M	58	55-59M	0.50.55	2	0
187	513	3093	ANDRE	VAN HUYSSTEEN	TEMP	M	25	SM	0.50.57	0	0
188	484	2566	LUTHANDO	NDZAMBO	MADIBAZ	M	42	40-44M	0.51.02	1	0
189	412	55	SIMCELILE	SITHEMBU	SAPPE	M	34	SM	0.51.03	1	0
190	729	3307	ANDILE	POSWA	VWAC	M	47	45-49M	0.51.05	2	0
191	421	732	MONGEZI	VOCO	MTHATHA	M	35	35-39M	0.51.11	0	0
192	385	1533	THOBELA	NTAMO	DESPATCH	M	40	40-44M	0.51.12	1	0
193	650	911	TANYA	NORRIS	CHARLO	F	41	40-44F	0.51.15	2	2

194	382	2137	SIFISO	KHUMALO	TRANSNET	M	33	SM	0.51.23	1	0
195	533	576	VERNON	LANDMAN	RUN4C	M	51	50-54M	0.51.25	2	0
196	737	1083	ALAN	TAYLOR	ACH	M	68	65-69M	0.51.31	2	0
197	123	91	DENZIL	KOOPMAN	INFINITY	M	55	55-59M	0.51.31	2	0
198	168	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	65	65-69F	0.51.33	5	1
199	445	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	0.51.34	2	0
200	787	1494	TAWFEEQ	VYVER	NEDBANK	M	27	SM	0.51.39	1	0
304	873	873	LUKHANYISO	NQANA	TEMP	M	27	SM	0.57.34	0	0
305	415	1312	SOLOMON	TEMBE	VWAC	M	32	SM	0.57.36	1	0
306	672	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	0.57.38	1	0
307	697	1124	ELIZABETH	PRINS	ACH	F	56	55-59F	0.57.44	1	0
308	117	1684	MARLON	KOEN	MADIBA	M	38	35-39M	0.57.49	1	0
309	224	40066	KAYLEIGH	COUFMANN	DESPATCH	F	16	JF	0.57.50	1	0
310	864	864	CHARLENE	MAZERY	TEMP	F	45	45-49F	0.57.53	0	0
311	609	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.57.58	2	0
312	142	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	0.58.04	2	0
313	691	615	JANDRE	WENTSEL	RUN4C	M	41	40-44M	0.58.05	1	0
314	717	1788	RAYMOND	JACOBS	GELVAN	M	68	65-69M	0.58.12	1	0
315	138	1588	JACQUES	BOTHA	DESPATCH	M	51	50-54M	0.58.13	1	0
316	149	1547	MADELEINE	GREYLING	DESPATCH	F	54	50-54F	0.58.14	1	0
317	93	1291	ASHENDA	MAKONIE	VWAC	F	50	50-54F	0.58.17	1	0
318	51	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55	55-59F	0.58.18	1	0
319	315	3055	MBUYISELO	NZAKAYI	TEMP	M	38	35-39M	0.58.21	0	0
320	59	1177	OMPHILE	TSOMOKO	ALI WAL	M	35	35-39M	0.58.23	0	0
321	656	994	TYRELL	POLGLASE	CHARLO	M	42	40-44M	0.58.24	1	0
322	212	678	WANDILE	TSHINGI	ASPEN	M	39	35-39M	0.58.30	1	0
323	676	932	KIM	VENTER	CHARLO	F	41	40-44F	0.58.33	1	0
324	246	3230	JOHAN	REDELINGHUYS	CITYC	M	80	70+M	0.58.37	0	0
325	121	350	MARIUS	ROACH	MUIRITE	M	32	SM	0.58.43	1	0
326	151	1162	VICTOR	TREU	MUIRITE	M	52	50-54M	0.58.43	1	0
327	274	3014	TIAAN	BOUWER	TEMP	M	22	SM	0.58.49	0	0
328	81	3145	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	0.58.51	1	0
329	372	1567	JACOBUS	WYATT	DESPATCH	M	62	60-64M	0.58.54	1	0
330	520	7287	MANDLENKOSI	NGXAMELENI	TEMP	M	33	SM	0.58.55	0	0
331	517	3097	MAWETHU	SIDLAYI	TEMP	M	32	SM	0.58.55	0	0
332	16	375	MARIUS	STANDER	IKHAMVA	M	57	55-59M	0.59.01	1	0
333	249	1214	BENITA	GERBER	ELITEAC	F	61	60-64F	0.59.07	1	0
334	250	1201	CATHY	ALLERS	ELITEAC	F	64	60-64F	0.59.09	1	0
335	478	2537	IVAN	MOSES	MADIBAZ	M	63	60-64M	0.59.11	1	0
336	663	1017	JOE	SCHOEMAN	CHARLO	M	45	45-49M	0.59.13	1	0
337	634	929	MATTHEW	JACOBY	CHARLO	M	47	45-49M	0.59.15	1	0
338	572	258	RONALD	NDIZA	TINARHA	M	66	65-69M	0.59.23	1	0
339	462	1516	KHAYALETHU	MTEYISI	CHILLIEP	M	41	40-44M	0.59.23	1	0
340	425	1926	JOSE	DAVIS	BLUEBAY	M	33	SM	0.59.25	1	0
341	364	1246	TANIA	BELLEW	ELITEAC	F	40	40-44F	0.59.30	1	0
342	493	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	0.59.31	1	0
343	399	535	GERT	HARMSE	RUN4C	M	59	55-59M	0.59.32	1	0
344	703	3051	SIYABONGA	TUNZI	SAPSTR	M	42	40-44M	0.59.33	0	0
345	157	16331	LIZEKA	MENZIWA	HOLLYWOO	F	38	35-39F	0.59.34	1	0
346	155	2127	MECAYLA	KOCK	ATLANTIC	F	22	SF	0.59.35	1	0
347	573	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	0.59.35	1	0
348	861	861	QUINTON	KRUGER	TEMP	M	32	SM	0.59.37	0	0
349	266	75	HESTER	DEKKER	SAPPE	F	54	50-54F	0.59.38	1	0
350	565	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	0.59.40	1	0
351	161	851	THANDO	FRANS	IKHAMVA	M	47	45-49M	0.59.41	1	0
352	243	1525	KANYISA	MAYAYA	SAPPE	F	39	35-39F	0.59.41	1	0
353	758	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	39	35-39M	0.59.44	1	0
354	870	964	SHAHEED	ABRAHAMS	TEMP	M	44	40-44M	0.59.50	0	0
355	695	1284	DEAN	BOSMAN	VWAC	M	43	40-44M	0.59.50	1	0
356	569	40019	JODY	FLEURS	GELVAN	M	17	JM	0.59.50	1	0
357	702	50345	ROBERT	BUTTON	OLDSELB	M	66	65-69M	0.59.51	0	0
358	556	1695	CARLA	GILLWALD	MADIBA	F	37	35-39F	0.59.54	1	0
359	823	1683	JERHARD	BURRELL	MADIBA	M	36	35-39M	0.59.54	1	0
360	791	1698	MEGAN	BOSMAN	MADIBA	F	39	35-39F	0.59.54	1	0
361	613	956	NEELES	BHANA	CHARLO	M	54	50-54M	0.59.56	1	0

362	141	247	STEPHNO	PIETERSE	MUIRITE	M	37	35-39M	0.59.59	1	0
363	694	1116	HEIDI	JANSEN	ACH	F	59	55-59F	1.00.00	1	0
364	792	1868	TUMELO	LEHASA	HOLLYWOO	M	38	35-39M	1.00.10	1	0
365	560	1950	NICOLE	GRAY	BLUEBAY	F	24	SF	1.00.10	1	0
366	279	3019	RODNEY	BUTTERS	TEMP	M	63	60-64M	1.00.11	0	0
367	362	635	NATALIE	MARAIS	ASPEN	F	37	35-39F	1.00.33	1	0
368	890	890	SILNIWE	JAKO	TEMP	M	28	SM	1.00.37	0	0
369	811	412	NOSITA	NQWATA	CHILLIEP	F	43	40-44F	1.00.37	1	0
370	855	855	LIZE	LOMBARD	TEMP	F	29	SF	1.00.37	0	0
371	432	827	TAMMY	SOUTHBYS	32GI	F	51	50-54F	1.00.37	1	0
372	748	3142	NOMKE	MABIZELA	VITALITY	M	42	40-44M	1.00.42	1	0
373	708	850	PAIGE	LEE	32GI	F	59	55-59F	1.00.43	1	0
374	653	996	PAULA	PEARCE	CHARLO	F	57	55-59F	1.00.46	1	0
375	211	687	SIVUYILE	TSHINGI	ASPEN	M	41	40-44M	1.00.53	1	0
376	537	1693	WENDY	VENTER	MADIBA	F	54	50-54F	1.00.57	1	0
377	397	616	RUAN	LUNDT	RUN4C	M	38	35-39M	1.01.05	1	0
378	82	1269	ZAKHELE	LELAKA	VWAC	M	53	50-54M	1.01.10	1	0
379	594	2912	HEIN	BADENHORST	SAPPE	M	56	55-59M	1.01.13	1	0
380	267	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	1.01.13	1	0
381	496	3035	SIYABONGA	COKILE	VITALITY	M	49	45-49M	1.01.16	1	0
382	452	684	AXOLA	PAKADE	ASPEN	M	29	SM	1.01.17	1	0
383	47	2964	CHESLIN	PLAATJIES	VITALITY	M	40	40-44M	1.01.21	1	0
384	863	863	JOHN-WAYNE	WILLIAMS	TEMP	M	24	SM	1.01.23	0	0
385	745	1031	IVO	MEYER	BODYCON	M	51	50-54M	1.01.24	1	0
386	574	1955	DANIEL	PIETERSE	BLUEBAY	M	63	60-64M	1.01.33	1	0
387	373	1568	TALANA	WYATT-LOMBARD	DESPATCH	F	34	SF	1.01.36	1	0
388	163	40443	NIEZAAM	GOOLAM	GELVAN	M	14	JM	1.01.39	1	0
389	507	3087	PHUMLANI	NYAKAMA	TEMP	M	34	SM	1.01.51	0	0
390	718	3216	GERHARD	MEIRING	CITYC	M	45	45-49M	1.02.11	0	0
391	506	3235	MARITZA	HANEKOM	CITYC	F	44	40-44F	1.02.11	0	0
392	822	1928	THABO	HEADBUSH	BLUEBAY	M	55	55-59M	1.02.15	1	0
393	317	3057	MVELISO	MATHONTSI	TEMP	M	36	35-39M	1.02.18	0	0
394	375	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	1.02.20	1	0
395	265	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	1.02.23	1	0
396	64	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	1.02.28	1	0
397	453	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	44	40-44F	1.02.38	1	0
398	384	555	BURNITA	STRYDOM	RUN4C	F	57	55-59F	1.02.48	1	0
399	621	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	1.02.49	1	0
400	770	2226	THUSO	MKONTWANA	SIBALEKA	M	39	35-39M	1.02.50	1	0
401	473	2166	CHUMA	POBANA	TRANSNET	M	35	35-39M	1.02.56	1	0
402	253	632	MOMELEZI	CONJWA	ASPEN	M	30	SM	1.02.57	1	0
403	688	1520	MZIWOXOLO	NDZIWENI	ADVEN	M	42	40-44M	1.03.04	1	0
201	686	114	TAURIQ	HENDRICKS	MALABAR	M	35	35-39M	0.51.39	1	0
202	869	869	SIVUYILE	MANKULE	TEMP	M	36	35-39M	0.51.40	0	0
203	738	1485	KOOS	OLIVIER	NEDBANK	M	68	65-69M	0.51.41	2	0
204	608	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	0.51.43	2	0
205	409	1118	BRUCE	KING	ACH	M	59	55-59M	0.51.45	2	0
206	711	1676	ANTHONY	BUTTON	MADIBA	M	64	60-64M	0.51.50	2	0
207	689	1323	VUSUMZI	SIMAKUHLE	NEDBANK	M	60	60-64M	0.51.54	2	0
208	799	799	LOYSI	MAKWINJA	TEMP	M	25	SM	0.51.54	0	0
209	337	3077	DOZ	PHILLIPS	TEMP	F	53	50-54F	0.51.56	0	0
210	189	1843	BOMKAZI	NTONI	ACH	F	38	35-39F	0.52.25	2	0
211	226	1332	THANDIWE	NKWANDLA	NEDBANK	F	60	60-64F	0.52.27	4	0
212	611	1019	EMILE	BESSINGER	CHARLO	M	53	50-54M	0.52.32	2	0
213	682	876	GEORGE	WINSHIP	CHARLO	M	60	60-64M	0.52.37	2	0
214	887	10715	DON	CHARLES	NEDBANK	M	76	70+M	0.52.42	2	0
215	630	992	CYNTHIA	HEYNS	CHARLO	F	42	40-44F	0.52.43	2	0
216	610	1018	TANIS	BESSINGER	CHARLO	F	48	45-49F	0.52.45	2	0
217	455	2551	AIDEN	ENGELBRECHT	MADIBAZ	M	20	SM	0.52.56	1	0
218	29	42	SAM	ERASMUS	SAPPE	M	68	65-69M	0.52.57	2	0
219	639	1009	MEGAN	LONG	CHARLO	F	40	40-44F	0.52.58	2	0
220	258	968	ANELISA	MAGAMA	REALGIJ	F	39	35-39F	0.52.58	0	0
221	614	888	RAHUL	BHANA	CHARLO	M	22	SM	0.53.01	1	0
222	726	1412	RAYMOND	WEITZ	NEDBANK	M	71	70+M	0.53.04	2	0
223	700	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	43	40-44M	0.53.05	1	0

224	553	2288	BONKE	PHILLIP GOYI	VUKANI	M	37	35-39M	0.53.09	1	0
225	818	2773	SHANE	WEIDEMAN	GELVAN	M	53	50-54M	0.53.10	1	0
226	260	84	PRASHAAN	RAGA	INFINITY	M	27	SM	0.53.13	1	0
227	851	3003	ZOLISILE	NGWEKAZI	TEMP	M	52	50-54M	0.53.18	0	0
228	877	986	CHARL	BEZUIDENHOUT	TEMP	M	47	45-49M	0.53.25	0	0
229	345	3085	RYNO	LAUBSCHER	TEMP	M	37	35-39M	0.53.28	0	0
230	749	3043	MARC	MAHAMBEHLALA	VITALITY	M	34	SM	0.53.33	1	0
231	256	594	ANTONIE	KOEN	RUN4C	M	49	45-49M	0.53.34	1	0
232	808	2451	MIRACLE	CHAUKE	YOUTH	M	42	40-44M	0.53.35	1	0
233	801	2448	MANELISI	MFECANE	YOUTH	M	39	35-39M	0.53.36	1	0
234	316	3056	VUSUMZI	DLEPHU	TEMP	M	25	SM	0.53.36	0	0
235	427	741	MAGGIE	LLOYD	CRUSADE	F	62	60-64F	0.53.36	3	0
236	342	3082	XOLANI	MOSAMO	TEMP	M	29	SM	0.53.38	0	0
237	497	365	TISTA	NTSANGANI	IKHAMVA	M	33	SM	0.53.38	1	0
238	638	1008	DARRYL	LONG	CHARLO	M	47	45-49M	0.53.39	1	0
239	709	800	JONATHAN	MANDELL	32GI	M	61	60-64M	0.53.46	2	0
240	297	3037	ROWAN	PHURAVHATHU	TEMP	M	26	SM	0.53.57	0	0
241	599	1403	BABALWA	NGCOKO	NEDBANK	F	38	35-39F	0.54.04	1	0
242	721	1360	SITHEMBILE	MPAKO	NEDBANK	M	65	65-69M	0.54.09	2	0
243	213	2414	GERHARD	VERMAAK	JBAY	M	31	SM	0.54.11	1	0
244	214	2422	RIEKIE	VERMAAK	JBAY	F	26	SF	0.54.11	1	0
245	206	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	42	40-44F	0.54.13	1	0
246	26	1450	NKHATHALLENG	KHIBA	NEDBANK	F	44	40-44F	0.54.17	1	0
247	389	2502	LINCOLN	JANSEN	MADIBAZ	M	36	35-39M	0.54.23	1	0
248	231	322	CARLIE	NEL	MUIRITE	F	32	SF	0.54.24	1	0
249	411	738	MIHLALI	SONDLO	MTHATHA	M	25	SM	0.54.32	0	0
250	885	885	XOLANI	MANTUNGO	TEMP	M	34	SM	0.54.35	0	0
251	208	2883	TSHOLANANG	LEKALAKE	CSEP	M	36	35-39M	0.54.35	1	0
252	108	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	0.54.46	1	0
253	677	983	PETER	VENTER	CHARLO	M	45	45-49M	0.55.02	1	0
254	673	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	0.55.03	1	0
255	568	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	0.55.07	2	0
256	731	1236	STEPHEN	KLUE	ELITEAC	M	67	65-69M	0.55.12	2	0
257	866	866	MMELI	NQWENANI	TEMP	M	48	45-49M	0.55.25	0	0
258	898	898	MANDILAKHE	MABIZA	TEMP	M	42	40-44M	0.55.27	0	0
259	576	1088	PERCY	DALTON	ACH	M	77	70+M	0.55.28	2	0
260	541	3037	SANDISO	NGWENYA	VITALITY	F	32	SF	0.55.30	1	0
261	631	1001	KEANO	HITZEROTH	CHARLO	M	25	SM	0.55.32	1	0
262	577	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	0.55.36	1	0
263	659	1035	GLEN	RICHTER	CHARLO	M	40	40-44M	0.55.39	1	0
264	470	1203	ANNEMIE	DU TOIT	ELITEAC	F	41	40-44F	0.55.41	1	0
265	654	960	ADELE	PHIPPS	CHARLO	F	56	55-59F	0.55.49	2	0
266	858	913	SIYABONGA	MAJEKE	TEMP	M	45	45-49M	0.55.57	0	0
267	716	839	HESTER	KINGWILL	32GI	F	44	40-44F	0.56.07	1	0
268	831	831	HLUMELO	SHONGWE	TEMP	M	17	JM	0.56.10	0	0
269	73	1346	KALLIE	KLINKENBURG	NEDBANK	M	41	40-44M	0.56.12	1	0
270	327	3067	MZIMHLE	TSHOTH	TEMP	M	40	40-44M	0.56.13	0	0
271	38	40305	KEISHA	HARKER	ATLANTIC	F	14	JF	0.56.13	1	0
272	862	862	RYAN	KRUGER	TEMP	M	15	JM	0.56.16	0	0
273	387	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	0.56.17	1	0
274	893	893	SIVUYILE	MHLIFILI	TEMP	M	46	45-49M	0.56.18	0	0
275	566	1232	SONIKA	NEL	ELITEAC	F	25	SF	0.56.20	1	0
276	153	2331	XOLISA	MENEMENE	VUKANI	M	42	40-44M	0.56.25	1	0
277	825	825	SISANDA	MANXOYI	TEMP	M	14	JM	0.56.26	0	0
278	313	3053	MARYNA	MEYER	TEMP	F	54	50-54F	0.56.27	0	0
279	69	1621	WILHELM	KILIAN	MADIBA	M	49	45-49M	0.56.27	1	0
280	312	3052	ANDREW	MEYER	TEMP	M	52	50-54M	0.56.27	0	0
281	675	972	CONRAD	VENTER	CHARLO	M	34	SM	0.56.31	1	0
282	536	1681	DEAN	FINLAY	MADIBA	M	59	55-59M	0.56.36	1	0
283	89	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	0.56.37	1	0
284	701	2966	ALBERT	NGCANGA	XCEL	M	75	70+M	0.56.38	2	0
285	306	3046	MAWETHU	MAZOMBA	TEMP	M	33	SM	0.56.43	0	0
286	529		ERWIN	WOOLWARD	TEMP	M	43	40-44M	0.56.46	0	0
287	257	519	CHARLOTTE	VAN WYK	RUN4C	F	43	40-44F	0.56.47	1	0
288	264	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	0.56.49	2	0

289	531		MEGAN	WOOLWARD	TEMP	F	14	JF	0.56.54	0	0
290	469	1070	ANCHE	HOLLINS	ACH	F	44	40-44F	0.56.54	1	0
291	179	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	0.56.55	1	0
292	502	170	THANDEKA	MHLANGA	ACT AC	F	35	35-39F	0.56.57	1	0
293	763	1192	HEINZ	CONRAD	ELITEAC	M	47	45-49M	0.57.01	1	0
294	788	1492	DEON	VYVER	NEDBANK	M	59	55-59M	0.57.02	1	0
295	571		MELIKHAYA	ADAM	TEMP	M	42	40-44M	0.57.06	0	0
296	251	750	PIETER	ROUX	CRUSADE	M	70	70+M	0.57.11	1	0
297	518	3098	ROBERT	CLARKE	TEMP	M	48	45-49M	0.57.12	0	0
298	244	570	JENNIFER	AH CHONG	RUN4C	F	58	55-59F	0.57.17	1	0
299	706	1777	ROLAND	DACE	GELVAN	M	71	70+M	0.57.18	1	0
300	201	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	0.57.23	1	0
301	386	1592	CEDRIC	THYSSE	DESPATCH	M	68	65-69M	0.57.26	1	0
302	204	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.57.29	1	0
303	587	2971	MCEBISI	MZINZI	DPWEC	M	45	45-49M	0.57.32	1	0
404	647	905	MICHELE	MOOLMAN	CHARLO	F	41	40-44F	1.03.04	1	0
405	645	934	JEAN	MEYER	CHARLO	M	46	45-49M	1.03.05	1	0
406	83	413	MBALI	QUBEKA	CHILLIEP	F	28	SF	1.03.06	1	0
407	193	563	LINDA	SILLS	RUN4C	F	44	40-44F	1.03.08	1	0
408	192	564	GAVIN	SILLS	RUN4C	M	52	50-54M	1.03.08	1	0
409	245	1272	JEREMY	SCOTT	VWAC	M	54	50-54M	1.03.09	1	0
410	563	2345	NOMFUSI	CESHEMBA	VUKANI	F	43	40-44F	1.03.09	1	0
411	311	3051	APHIWE	TSHAMBULUKA	TEMP	M	37	35-39M	1.03.12	0	0
412	295	3035	MARLENE	MULVEY	TEMP	F	47	45-49F	1.03.14	0	0
413	472	2121	ABRAHAM	PATRICK	ATLANTIC	M	62	60-64M	1.03.17	1	0
414	777	2332	ANDILE	BOVUNGANA	VUKANI	M	59	55-59M	1.03.18	1	0
415	559	1317	MARIUS	BESTER	VWAC	M	54	50-54M	1.03.19	1	0
416	381	1776	SHAHIED	MAMOOJEE	GELVAN	M	60	60-64M	1.03.21	1	0
417	679	1011	CORNÉ	VOSLOO	CHARLO	M	46	45-49M	1.03.21	1	0
418	178	1296	NOEL	MCMMASTER	VWAC	M	60	60-64M	1.03.36	1	0
419	719	418	VUYOKAZI	DUBE	CHILLIEP	F	49	45-49F	1.03.38	1	0
420	467	3003	ADEL	VAN RENSBURG	VITALITY	F	47	45-49F	1.03.39	1	0
421	70	88	MAHENDRA	PRAHALADH	INFINITY	M	58	55-59M	1.03.41	1	0
422	103	1553	MINIQUE	VAN TONDER	DESPATCH	F	19	SF	1.03.48	1	0
423	259	643	XOLISWA	SIYOKO	ASPEN	F	31	SF	1.03.52	1	0
424	476	726	KEITH	VOSLOO	CRUSADE	M	62	60-64M	1.03.57	1	0
425	772		UNKOWN		SIBALEKA	M	36	35-39M	1.04.02	1	0
426	130	2504	WAYNE	MAC GEAR	MADIBAZ	M	62	60-64M	1.04.04	1	0
427	102	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	1.04.09	1	0
428	534	1555	LYDIA	POTGIETER	DESPATCH	F	51	50-54F	1.04.09	1	0
429	160	853	NANDIPHA	MYELEYELE	VITALITY	F	38	35-39F	1.04.10	1	0
430	146	1286	SHANDRY	NAZER	VWAC	F	37	35-39F	1.04.16	1	0
431	164	40441	RIEDAAH	VAN AARDE	GELVAN	M	17	JM	1.04.19	1	0
432	612	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.04.26	1	0
433	752	128	DAWOOD	BABOO	MALABAR	M	38	35-39M	1.04.26	1	0
434	119	2662	ADELE	LE ROUX	VITALITY	F	49	45-49F	1.04.27	1	0
435	511	3091	AIDEN	DYER	TEMP	M	14	JM	1.04.30	0	0
436	285	3025	XOLISILE	NOMDATYA	TEMP	M	44	40-44M	1.04.33	0	0
437	66	529	ANDRE	FOURIE	RUN4C	M	78	70+M	1.04.37	1	0
438	407	2636	PATRICK	SEKHABI	MADIBAZ	M	47	45-49M	1.04.37	1	0
439	423	3042	LONA	TUKELA	GELVAN	M	26	SM	1.04.39	1	0
440	174	705	OCTAVIA	BOSHOFF	CRUSADE	F	56	55-59F	1.04.41	1	0
441	380	1603	RONNIE	JONKER	DESPATCH	M	56	55-59M	1.04.44	1	0
442	114	40440	MATTHEW	HECHTER	ELITEAC	M	15	JM	1.04.51	1	0
443	219	707	MPUMELELO	NGWENYA	CRUSADE	M	36	35-39M	1.04.52	1	0
444	896	26929	NGENISWA	SIDLOYI	WATER	F	32	SF	1.04.53	0	0
445	618	903	KESVAL	CHETTY	CHARLO	M	61	60-64M	1.04.53	1	0
446	112	507	JOHAN	FERREIRA	RUN4C	M	64	60-64M	1.05.03	1	0
447	447	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	1.05.05	1	0
448	188	145	FADIELA	JOHNSON	MALABAR	F	61	60-64F	1.05.08	1	0
449	510	3090	SHANE	DYER	TEMP	M	40	40-44M	1.05.11	0	0
450	503	1074	FRANCOIS	SMIT	ACH	M	66	65-69M	1.05.18	1	0
451	276	3016	LIKHONA	MASIKA	TEMP	M	43	40-44M	1.05.22	0	0
452	98	298	SANET	BOUCHER	MUIRITE	F	46	45-49F	1.05.24	1	0
453	200	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	1.05.24	1	0

454	747	1102	KEN	BARWOOD	ACH	M	70	70+M	1.05.26	1	0
455	401	1119	TREMAINE	WESSON	ACH	M	65	65-69M	1.05.26	1	0
456	424	492	NTOKOZO	NGUBANE	RUN4C	F	31	SF	1.05.29	1	0
457	354	1629	MARTIE	VAN SCHALKWYK	MADIBA	F	36	35-39F	1.05.33	1	0
458	504	1094	MARIETJIE	PIETERSEN	ACH	F	69	65-69F	1.05.37	1	0
459	154	689	NOSIPHIWO	MZANYWA	ASPEN	F	37	35-39F	1.05.41	1	0
460	882	746	THEMBINKOSI	NTLABATI	TEMP	M	39	35-39M	1.05.52	0	0
461	705	1407	BUKEKA	HELA	NEDBANK	F	53	50-54F	1.06.07	1	0
462	335	3075	DEBORAH	BUHAGIAR	TEMP	F	46	45-49F	1.06.08	0	0
463	194	1610	BRENDON	DONOGHUE	DESPATCH	M	37	35-39M	1.06.16	1	0
464	886	886	SIFISO	MASALEGUBA	TEMP	M	32	SM	1.06.18	0	0
465	209	783	JARED	CHARLTON	32GI	M	35	35-39M	1.06.31	1	0
466	498	2709	ANNALIE	STRYDOM	MUIRITE	F	62	60-64F	1.06.34	1	0
467	607	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	63	60-64M	1.06.35	1	0
468	514	3094	GODFREY	KATHAN	TEMP	M	51	50-54M	1.06.41	0	0
469	187	2489	NOLUBABALO	MTSHAKAZI	KOMANI	F	46	45-49F	1.06.52	0	0
470	308	3048	SARAH	MARX	TEMP	F	32	SF	1.06.54	0	0
471	592	1542	CELESTE	OOSTHUIZEN	RUN4C	F	34	SF	1.06.54	1	0
472	690	1495	SIMPHIWE	NTIANTI	NEDBANK	M	44	40-44M	1.07.04	1	0
473	197	2698	NTOMBIZINE	MTANDA	VITALITY	F	49	45-49F	1.07.04	1	0
474	331	3071	BUKEKA	MBANGATA	TEMP	F	30	SF	1.07.05	0	0
475	50	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.07.06	1	0
476	584	1393	NIKIWE	YOYO	NEDBANK	F	53	50-54F	1.07.08	1	0
477	626	1006	DION	GRIESEL	CHARLO	M	58	55-59M	1.07.08	1	0
478	625	1007	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.07.08	1	0
479	783	2111	GEROME	MINTOOR	ATLANTIC	M	58	55-59M	1.07.10	1	0
480	881	881	THEMBI	CAMAGU	TEMP	F	42	40-44F	1.07.19	0	0
481	666	913	SHARON	SMUTS	CHARLO	F	58	55-59F	1.07.25	1	0
482	526	528	AVIWE	MAPUMA	TEMP	F	24	SF	1.07.29	0	0
483	273	3013	WILBUR	WRIGHT	TEMP	M	50	50-54M	1.07.36	0	0
484	383	2135	SINDY	MOYAKHE	TRANSNET	F	39	35-39F	1.07.44	1	0
485	581	2069	LULAMILE	PHONGOLA	NMBAC	M	68	65-69M	1.07.57	1	0
486	166	40010	ISABELLA	JONSON	RUN4C	F	17	JF	1.08.01	1	0
487	247	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.08.05	1	0
488	449	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	1.08.05	1	0
489	499	289	RENAY	DU PLESSIS	MUIRITE	F	57	55-59F	1.08.05	1	0
490	830	3031	FAIQ	JAPPIE	MALABAR	M	53	50-54M	1.08.08	1	0
491	349	1587	MARISKA	OLIVIER	DESPATCH	F	38	35-39F	1.08.15	1	0
492	775	1601	ANIZE	GERBER	DESPATCH	F	53	50-54F	1.08.15	1	0
493	580	1725	PEARL	DAMONS	GELVAN	F	62	60-64F	1.08.17	1	0
494	218	491	YOLANDE	ARCHER	RUN4C	F	47	45-49F	1.08.21	1	0
495	779	2333	ALIZWA	BOVUNGANA	VUKANI	M	25	SM	1.08.22	1	0
496	74	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	1.08.22	1	0
497	394	40081	MERISKA	BOUWER	ELITEAC	F	18	JF	1.08.23	1	0
498	106	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.08.23	1	0
499	390	40072	JADEN	DE RIDDER	ELITEAC	M	19	SM	1.08.24	1	0
500	175	2921	KENNY	BROWN	JBAY	M	75	70+M	1.08.32	1	0
501	366	773	ANTOINETTE	GREEFF	CRUSADE	F	41	40-44F	1.08.34	1	0
502	156	40285	NATHAN	LOTTERING	ATLANTIC	M	20	SM	1.08.37	1	0
503	363	463	KYM	MANDIZVIDZA	CHILLIEP	F	34	SF	1.08.46	1	0
504	874	729	MAGSON	VAN DER MERWE	TEMP	M	28	SM	1.09.00	0	0
505	769	573	BRITTANY	CILLIERS	RUN4C	F	33	SF	1.09.04	1	0
506	290	3030	JODY	PASQUALLIE	TEMP	M	42	40-44M	1.09.07	0	0
507	271	629	VICKI	VAN SCHALKWYK	ASPEN	F	44	40-44F	1.09.08	1	0
508	460	1833	ZIYANDA	MDWAYI	HOLLYWOO	F	46	45-49F	1.09.10	1	0
509	771	944	ANZA	GELEBE	SIBALEKA	F	32	SF	1.09.11	1	0
510	351	677	ANAM	WITBOOI	ASPEN	F	30	SF	1.09.17	1	0
511	508	3088	NOLWAZI	BILA	TEMP	F	26	SF	1.09.19	0	0
512	113	1252	AMANDA	HECHTER	ELITEAC	F	45	45-49F	1.09.22	1	0
513	361	2812	NTHABISENG	MASHEGO	ASPEN	F	32	SF	1.09.23	1	0
514	477	1108	COMINE	GIERZ	ACH	F	60	60-64F	1.09.27	1	0
515	292	3032	SONWABILE	NJIKELANA	TEMP	M	29	SM	1.09.30	0	0
516	60	279	VERONICA	BOSHOF	MUIRITE	F	64	60-64F	1.09.33	1	0
517	334	3074	EVAN	RANDALL	TEMP	M	17	JM	1.09.35	0	0
518	336	3076	AMY	BUH	TEMP	F	17	JF	1.09.35	0	0

519	235	2351	LILLY	BROWN	JBAY	F	66	65-69F	1.09.43	1	0
520	127	2746	NOSIZWE	CEKISO	NMBAC	F	38	35-39F	1.09.44	1	0
521	575	1742	DESIREE	TITUS	GELVAN	F	60	60-64F	1.09.48	1	0
522	296	3036	ROSE	MBUNGU LOLO	TEMP	F	31	SF	1.09.50	0	0
523	773	1670	BUSISIWE	LESORO	MADIBA	F	54	50-54F	1.09.57	1	0
524	443	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.09.57	1	0
525	377	1631	AMANDA	BLIGNAULT	MADIBA	F	66	65-69F	1.09.57	1	0
526	579	562	JUDITH	NIENABER	RUN4C	F	66	65-69F	1.10.00	1	0
527	552	676	BONGANI	NGCALA	ASPEN	M	34	SM	1.10.01	1	0
528	724	769	MEGAN	ELS	CRUSADE	F	41	40-44F	1.10.01	1	0
529	865	5267	TARIKA	ELS	TEMP	F	19	SF	1.10.01	0	0
530	87	1761	JASON	LE ROUX	GELVAN	M	30	SM	1.10.06	1	0
531	57	2461	FUNDISWA	ANTONY-NOGAGA	ABSAEP	F	53	50-54F	1.10.17	1	0
532	27	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.10.19	1	0
533	774	2208	GARFIELD	TSATSANE	SIBALEKA	M	60	60-64M	1.10.21	1	0
534	319	3059	SIPHAMANDLA	NGQENGQA	TEMP	F	33	SF	1.10.27	0	0
535	268	40001	ZANTE	DEKKER	SAPPE	F	18	JF	1.10.31	1	0
536	821	1920	NOZIBELE	MBETHA	BLUEBAY	F	51	50-54F	1.10.37	1	0
537	558	1945	JANINE	GRAY	BLUEBAY	F	48	45-49F	1.10.40	1	0
538	750	1483	ZAFIKA	NYONGO	SANDFEP	F	45	45-49F	1.10.46	1	0
539	542	544	JACQULENE	DU TOIT	RUN4C	F	53	50-54F	1.10.51	1	0
540	734	1103	LIZ	AUSTIN	ACH	F	67	65-69F	1.11.01	1	0
541	398	536	ELIZMA	HARMSE	RUN4C	F	65	65-69F	1.11.02	1	0
542	176	1258	LIZAAAN	BURKETT	VWAC	F	42	40-44F	1.11.03	1	0
543	177	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	1.11.03	1	0
544	723	40444	CALEB	WINTERMEYER	32GI	M	15	JM	1.11.04	1	0
545	722	2187	DEBBIE	WINTERMEYER	32GI	F	47	45-49F	1.11.05	1	0
546	323	3063	LUZUKO	SOLILO	TEMP	M	43	40-44M	1.11.18	0	0
547	419	1382	CHARMELL	KOOPMAN	NEDBANK	F	46	45-49F	1.11.21	1	0
548	857	857	HENRY	LEMLEY	TEMP	M	20	SM	1.11.23	0	0
549	617	923	EVA	CHETTY	CHARLO	F	57	55-59F	1.11.27	1	0
550	404	1464	DAVID	OREILLY	NEDBANK	M	78	70+M	1.11.31	1	0
551	115	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	1.11.39	1	0
552	578	1104	CATHY	IVES	ACH	F	72	70+F	1.11.42	1	0
553	410	2275	THABISA	HLAM	VUKANI	F	39	35-39F	1.11.48	1	0
554	525	515	PHATHEKA	MOKGWETSI	TEMP	F	34	SF	1.11.52	0	0
555	796	2209	VELILE	LUSITI	SIBALEKA	M	37	35-39M	1.12.00	1	0
556	278	3018	SIHLE	QWEMESHA	TEMP	F	31	SF	1.12.04	0	0
557	303	3043	SIVUYILE	KLAAS	TEMP	M	34	SM	1.12.08	0	0
558	85	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	1.12.09	1	0
559	778	1213	MELANIE	DEYSEL	ELITEAC	F	42	40-44F	1.12.09	1	0
560	667	922	REFILWE	TSATSIMPE	CHARLO	F	29	SF	1.12.16	1	0
561	400	1315	NICKY	ELLIE	VWAC	F	41	40-44F	1.12.24	1	0
562	431	1277	DENVER	ELLIE	VWAC	M	45	45-49M	1.12.25	1	0
563	328	3068	SIPHOKAZI	SEYISI	TEMP	F	32	SF	1.12.35	0	0
564	532	1143	THERESA	LILLIS	ACH	F	69	65-69F	1.12.38	1	0
565	468	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	44	40-44F	1.12.39	1	0
566	819	1262	MZOVELE	DLAMINI	VWAC	M	40	40-44M	1.12.49	1	0
567	668	917	VICKY	TSOUKNIDAS	CHARLO	F	48	45-49F	1.12.52	1	0
568	332	3072	NONDLELA	RADEBE	TEMP	F	41	40-44F	1.13.04	0	0
569	505	2018	LINDA	HEWANA	VITALITY	M	35	35-39M	1.13.09	1	0
570	186	1935	XENOPHON	FEIRRERA	BLUEBAY	M	64	60-64M	1.13.19	1	0
571	439	1864	SESIBULELENKOSI	GIGI	HOLLYWOO	F	29	SF	1.13.20	1	0
572	481	720	PIA	VAN DER HOEK	CRUSADE	F	41	40-44F	1.13.28	1	0
573	651	953	PHUMELELA	NTUNGWA	CHARLO	F	39	35-39F	1.13.29	1	0
574	185	1956	SONJA	OLIVIER	BLUEBAY	F	58	55-59F	1.13.36	1	0
575	767	2287	MSUTUKAZI	NDIMBA	VUKANI	F	46	45-49F	1.13.37	1	0
576	781	3122	DAVID	CHENGWE	VWAC	M	48	45-49M	1.13.38	1	0
577	480	303	SANET	VAN NIEKERK	MUIRITE	F	56	55-59F	1.13.38	1	0
578	570		APE	MADLWABINGA	TEMP	F	29	SF	1.13.40	0	0
579	674	927	ANTON	VAN WYK	CHARLO	M	58	55-59M	1.13.51	1	0
580	270	618	PETRA	PIENAAR	RUN4C	F	61	60-64F	1.13.53	1	0
581	299	3039	SISA	ZAZA	TEMP	M	32	SM	1.13.53	0	0
582	883	956	BABALO	BALENI	TEMP	M	29	SM	1.13.59	0	0
583	340	3080	AYANDA	BOTILE	TEMP	M	39	35-39M	1.14.00	0	0

584	867	3011	BRIAN	MAGWACA	TEMP	M	42	40-44M	1.14.02	0	0
585	524	507	SHAKUR	GROOTBOOM	TEMP	M	25	SM	1.14.03	0	0
586	797	2321	LUVUYO	SIWUNDLA	VUKANI	M	46	45-49M	1.14.03	1	0
587	776		CHUMISA	SKOSANA	SIBALEKA	F	33	SF	1.14.10	1	0
588	172	2039	AZOLA	TYBOSCH	MUIRITE	F	47	45-49F	1.14.18	1	0
589	207	40067	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.14.22	1	0
590	620	968	DENISE	DARLOW	CHARLO	F	57	55-59F	1.14.28	1	0
591	636	969	GARY	KELLEHER	CHARLO	M	68	65-69M	1.14.28	1	0
592	413	1548	TYLO	GERBER	DESPATCH	F	20	SF	1.14.30	1	0
593	762	2224	ANDISWA	SALAYI	SIBALEKA	F	27	SF	1.14.34	1	0
594	501	468	SIYABONGA	TSHAKA	CHILLIEP	M	42	40-44M	1.14.40	1	0
595	139	185	EZILE	MDIKWA	TRANSNET	F	28	SF	1.14.47	1	0
596	359	1606	FANIE	CLAASSEN	DESPATCH	M	68	65-69M	1.15.03	1	0
597	202	1307	FIKISWA	NGONYAMA	VWAC	F	42	40-44F	1.15.11	1	0
598	143	2147	ABO	NQEZO	TRANSNET	F	36	35-39F	1.15.17	1	0
599	53	2037	BELINDA	DER	MUIRITE	F	57	55-59F	1.15.32	1	0
600	856	750	LUNGA	MINYAYO	TEMP	M	41	40-44M	1.15.48	0	0
601	131	1368	JOHLI	VAN EEDEN	NEDBANK	F	56	55-59F	1.15.48	1	0
602	414	2218	BABALWA	HENA	SIBALEKA	F	49	45-49F	1.15.49	1	0
603	512	3092	MEGAN	MINNE	TEMP	F	33	SF	1.16.10	0	0
604	713	572	SHANTE	DU PLESSIS	RUN4C	F	33	SF	1.16.12	1	0
605	252	3087	SISIPHO	MAYO	TEMP	F	28	SF	1.16.13	0	0
606	741	1306	GAVIN	KLINK	VWAC	M	53	50-54M	1.16.15	1	0
607	196	1210	MICHELLE	BOSHOF	ELITEAC	F	43	40-44F	1.16.23	1	0
608	687	1517	BUSI	NDZIWENI	ADVEN	F	36	35-39F	1.16.23	1	0
609	622	1003	ERIKA	FOREMAN	CHARLO	F	55	55-59F	1.16.26	1	0
610	418	596	NICOLETTE	POTGIETER	RUN4C	F	51	50-54F	1.16.29	1	0
611	184	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.16.35	1	0
612	523	501	NOMATHAMSANQA	SOPHAZI	TEMP	F	50	50-54F	1.16.37	0	0
613	744	50874	SANELISIWE	FUNANI	MTHATHA	M	42	40-44M	1.16.38	0	0
614	169	666	RIANA	BOSHOF	ASPEN	F	42	40-44F	1.16.42	1	0
615	310	3050	STHEMBELE	KAHLU	TEMP	M	22	SM	1.16.44	0	0
616	669	974	CLAIRE	TUSTIN-PARKER	CHARLO	F	48	45-49F	1.17.02	1	0
617	347	3217	YVETTE	TERBLANCHE	CITYC	F	43	40-44F	1.17.18	0	0
618	528	539	THABILE	DANSTER	TEMP	F	33	SF	1.17.36	0	0
619	128	2270	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	1.17.38	1	0
620	54	980	PETRUS	KOOPMAN	CHARLO	M	65	65-69M	1.17.38	1	0
621	627	1004	SUNET	HARRIS	CHARLO	F	52	50-54F	1.17.38	1	0
622	606	1031	KAYLA	ABBOTT	CHARLO	F	25	SF	1.17.39	1	0
623	300	3040	NOMHLE	BHALA	TEMP	F	27	SF	1.17.39	0	0
624	280	3020	SANDY	BUTTERS	TEMP	F	60	60-64F	1.17.41	0	0
625	48	64	DAVID	FORTEIN	SAPPE	M	60	60-64M	1.17.45	1	0
626	434	3023	MOSALE	TLAKA	VITALITY	F	28	SF	1.17.47	1	0
627	548	1421	ANNELINE	RAUTENBACH	NEDBANK	F	58	55-59F	1.17.54	1	0
628	269	600	ANDRE	PIENAAR	RUN4C	M	63	60-64M	1.18.04	1	0
629	92	2556	SANDISWA	MASWANA	MADIBAZ	F	45	45-49F	1.18.23	1	0
630	495	1690	ZELDA	STRYDOM	MADIBA	F	44	40-44F	1.18.24	1	0
631	321	3061	CHWAYITA	NCEDANA	TEMP	F	42	40-44F	1.18.28	0	0
632	448	276	CHRISTIAAN	GERBER	MUIRITE	M	50	50-54M	1.18.32	1	0
633	14	368	NWABISA	MSUTHWANA	IKHAMVA	F	45	45-49F	1.18.51	1	0
634	465	1466	AT	SCHOEMAN	NEDBANK	M	69	65-69M	1.18.58	1	0
635	262	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.19.09	1	0
636	662	1015	RUTH	SCHNETLER	CHARLO	F	6	JF	1.19.26	1	0
637	58	935	BRENTON	SCHNETLER	CHARLO	M	51	50-54M	1.19.27	1	0
638	894	8429	KOENA	HEADBUSH	TEMP	M	47	45-49M	1.19.29	0	0
639	735	474	HELMUT	TERBLANS	WALMER	M	60	60-64M	1.19.31	1	0
640	205	683	ABONGILE	HINTSA	ASPEN	F	28	SF	1.19.34	1	0
641	346	3086	ZIMBINI	MNONO	TEMP	F	30	SF	1.19.40	0	0
642	225	1221	CLEO	JORDAAN	ELITEAC	F	40	40-44F	1.19.45	1	0
643	195	3165	NOMAZIBUKO	STOUT	RUN4C	F	43	40-44F	1.19.58	1	0
644	79	598	PHAKAMA	MATATA	RUN4C	F	34	SF	1.20.02	1	0
645	77	2364	VICTOR	HUGO	JBAY	M	66	65-69M	1.20.09	1	0
646	67	2676	BANDILE	GWAMANDA	VITALITY	M	56	55-59M	1.20.09	1	0
647	248	2151	NOLITHA	DLUNGANA	TRANSNET	F	36	35-39F	1.20.18	1	0
648	367	2222	NOMBULELO	RUTH NDZUZO	SIBALEKA	F	45	45-49F	1.20.21	1	0

649	140	263	SHERILEE]	PIETERSE	MUIRITE	F	36	35-39F	1.20.26	1	0
650	136	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	1.20.28	1	0
651	426	747	GLYNNE	LLOYD	CRUSADE	M	67	65-69M	1.20.43	1	0
652	33	2927	SIMON	STRIMLING	ATLANTIC	M	64	60-64M	1.20.44	1	0
653	759	2199	PHILISA	MANIMANI	SIBALEKA	F	32	SF	1.20.47	1	0
654	429	2539	PRISCAH	LAKANE	HV	F	29	SF	1.20.51	0	0
655	368	2537	ASIPHE	NDOTO	HV	F	29	SF	1.20.52	0	0
656	637	1013	ANTOINETTE	LEVER	CHARLO	F	31	SF	1.20.53	1	0
657	307	3047	ZEPPLIN	ADAMS	TEMP	M	29	SM	1.20.53	0	0
658	756	3130	BUSISIWE	MAPASA-DUBE	TV	F	43	40-44F	1.21.04	0	0
659	884	884	NTOMBOXOLO	MADLWABINGA	TEMP	F	37	35-39F	1.21.08	0	0
660	483	2260	NODUMO	MALINGE	SIBALEKA	F	31	SF	1.21.23	1	0
661	105	241	DIANNE	HARTZENBERG	MUIRITE	F	67	65-69F	1.21.32	1	0
662	868	5258	LIZO	MAHAMBEHLALA	TEMP	M	18	JM	1.21.33	0	0
663	456	2308	THOBEKA	MABUSELA	VUKANI	F	64	60-64F	1.21.37	1	0
664	125	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.21.39	1	0
665	333	3073	NENEKAZI	SONGXABA	TEMP	F	44	40-44F	1.21.55	0	0
666	466	97	INA	MEAKER	INFINITY	F	64	60-64F	1.21.58	1	0
667	275	3015	YONELA	BUKULA	TEMP	F	25	SF	1.22.09	0	0
668	109	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.22.10	1	0
669	562	2892	NIKILITHA	MSHUMPELA	TRANSNET	M	29	SM	1.22.13	1	0
670	65	528	HELEN	FOURIE	RUN4C	F	56	55-59F	1.22.23	1	0
671	742	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.22.24	1	0
672	615	967	MIKE	BURGER	CHARLO	M	66	65-69M	1.22.28	1	0
673	402	1212	SIYAMTANDA	MBAYEKA	ELITEAC	F	27	SF	1.22.32	1	0
674	878	878	JOEL	SWARTZ	TEMP	M	43	40-44M	1.22.38	0	0
675	450	3311	LANCE	LABERCENSIE	VWAC	M	52	50-54M	1.22.47	1	0
676	555	1712	BRAMWELL	FLEURS	GELVAN	M	47	45-49M	1.22.53	1	0
677	549	1746	ARDEN	GROOTBOOM	GELVAN	F	44	40-44F	1.22.53	1	0
678	876	793	ZIMASA	MALETSHEZA	TEMP	F	32	SF	1.22.55	0	0
679	293	3033	VUYISILE	SAMBOKWE	TEMP	M	55	55-59M	1.22.59	0	0
680	714	570	PIETER	GERBER	RUN4C	M	67	65-69M	1.22.59	1	0
681	374	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	1.23.00	1	0
682	135	300	ANDRE	STRUMPHER	MUIRITE	M	43	40-44M	1.23.07	1	0
683	590	1783	JASMINE	JACK	GELVAN	F	54	50-54F	1.23.20	1	0
684	99	2891	OTHEMBELA	MBOMBO	TRANSNET	F	27	SF	1.23.42	1	0
685	551	2181	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.24.00	1	0
686	318	3058	SCHRICKA	TERBLANCHE	TEMP	F	42	40-44F	1.24.02	0	0
687	475	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	1.24.14	1	0
688	124	2779	CHARNE	PIETERSEN	MUIRITE	F	33	SF	1.24.14	1	0
689	880	880	AYANDA	MALULEKE	TEMP	F	14	JF	1.24.20	0	0
690	255	3088	NANGAMSO	NABE	TEMP	F	37	35-39F	1.24.41	0	0
691	859	859	DRIES	VERHOEF	TEMP	M	78	70+M	1.24.55	0	0
692	408	1233	KATLEGO	KGAJE	ELITEAC	F	31	SF	1.25.03	1	0
693	229	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	51	50-54F	1.25.03	1	0
694	291	3031	ROMEO	WHITEBOOI	TEMP	M	53	50-54M	1.25.15	0	0
695	491	1098	SIZINZO	KAMA	ACH	M	2	JM	1.25.23	1	0
696	485	1785	APHIWE	MADLAVU	POWER	F	40	40-44F	1.25.25	0	0
697	322	3062	KAYCE	MOORE	TEMP	F	29	SF	1.25.28	0	0
698	712	1375	BARRY	NELSON	NEDBANK	M	74	70+M	1.25.35	1	0
699	325	3065	NOXOLO	NKONE	TEMP	F	32	SF	1.25.38	0	0
700	326	3066	SIYAPHLUMA	NKONE	TEMP	F	17	JF	1.25.39	0	0
701	786	2518	ALGENE	KOEBERG	MADIBAZ	F	43	40-44F	1.25.40	1	0
702	348	1550	ELRIKA	BOTHA	DESPATCH	F	27	SF	1.26.02	1	0
703	56	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.26.13	1	0
704	795	2196	SICELO SELBY	THABETHE	SIBALEKA	M	52	50-54M	1.26.46	1	0
705	110	464	SHARON	POTGIETER	WALMER	F	61	60-64F	1.26.48	1	0
706	681	987	SHANTé	WRIGHT	CHARLO	F	26	SF	1.26.57	1	0
707	641	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	1.26.58	1	0
708	78	3110	ISABEL	DEATS	JBAY	F	64	60-64F	1.26.58	1	0
709	167	3848	THERESA	CAIRNCROSS	ATLANTIC	F	60	60-64F	1.27.05	1	0
710	444	2264	NLOYISO	BONGA	VUKANI	F	39	35-39F	1.27.12	1	0
711	86	767	GILLIAN	GILLIAN MCAINSH	CRUSADE	F	66	65-69F	1.27.17	1	0
712	760	2240	AVUYONKE	KLAAS	SIBALEKA	F	37	35-39F	1.27.21	1	0
713	736	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	1.27.49	1	0

714	655	889	PETER	POHLMANN	CHARLO	M	62	60-64M	1.27.53	1	0
715	199	93	STEPHANIE	HAY	INFINITY	F	70	70+F	1.28.06	1	0
716	241		BERNADETTE	STEMMET	CRUSADE	F	41	40-44F	1.28.13	1	0
717	233	1117	GRAHAM	NELL	ACH	M	74	70+M	1.28.31	1	0
718	680	1012	CINDY	VOSLOO	CHARLO	F	43	40-44F	1.29.15	1	0
719	365	1189	MYRNA	VAN EYK	ELITEAC	F	47	45-49F	1.29.17	1	0
720	440	12153	ZUKISWA	TSHUME	SABC	F	52	50-54F	1.29.18	0	0
721	272	3012	LILONKE	QUNTA	TEMP	F	28	SF	1.29.18	0	0
722	891	891	NOLUVO	MADIKIZELA	TEMP	F	30	SF	1.29.26	0	0
723	281	3021	HLONIPHILE	LUTHULI	TEMP	F	36	35-39F	1.29.27	0	0
724	768	2156	SINDILE	NOGQALA	TRANSNET	M	50	50-54M	1.29.32	1	0
725	96	761	NTOKOZO	DAMBUZA	CRUSADE	F	47	45-49F	1.29.33	1	0
726	623	998	ROBERT	GALLOWAY	CHARLO	M	44	40-44M	1.29.39	1	0
727	725	61	ABEGAIL	TEYISE	SAPPE	F	53	50-54F	1.29.57	1	0
728	371	680	SOTHINI	MKOSANA	ASPEN	F	31	SF	1.30.09	1	0
729	451	1720	NOEEN	NORRIS	GELVAN	F	68	65-69F	1.30.29	1	0
730	872	872	THABO	MAPENA	TEMP	M	36	35-39M	1.30.31	0	0
731	210	336	ARNOLD	RAS	MUIRITE	M	64	60-64M	1.30.34	1	0
732	97	441	NOZUKO	YEYE	CHILLIEP	F	54	50-54F	1.30.37	1	0
733	753	2140	PUMEZA	HASHE	TRANSNET	F	44	40-44F	1.30.41	1	0
734	302	3042	ERIC	DOLO	TEMP	M	51	50-54M	1.30.49	0	0
735	304	3044	ANDISWA	MBOLEKWA	TEMP	F	41	40-44F	1.30.50	0	0
736	521	10571	PAULIEN	LOUW	TEMP	F	53	50-54F	1.30.56	0	0
737	88	1493	ALUNGILE	TYWAKU	CHEETHAS	F	33	SF	1.32.07	0	0
738	515	3095	SONIA	SHARE	TEMP	F	59	55-59F	1.32.09	0	0
739	277	3017	FRANCOIS	TIMOTHEUS	TEMP	M	48	45-49M	1.32.37	0	0
740	591	1166	RONALD	JANTJIES	TRANSNET	M	53	50-54M	1.32.59	1	0
741	284	3024	NADIA	VAN WYK	TEMP	F	49	45-49F	1.33.03	0	0
742	288	3028	UNATHI	NGQUNGE	TEMP	F	38	35-39F	1.33.06	0	0
743	129	942	EDITH	MAC GEAR	CHARLO	F	58	55-59F	1.33.09	1	0
744	833	2786	LANDEKA	DLAMINI	TRANSNET	F	33	SF	1.33.38	1	0
745	458	2509	MARCOLENE	SAUNDERS	MADIBAZ	F	41	40-44F	1.33.53	1	0
746	464	1090	MARK	ERLANK	ACH	M	52	50-54M	1.33.55	1	0
747	463	1089	HELEN	ERLANK	ACH	F	43	40-44F	1.33.55	1	0
748	32	2115	DERRICK	HOSHE	ATLANTIC	M	67	65-69M	1.33.57	1	0
749	343	3083	PHIWE	MSIZI	TEMP	F	31	SF	1.33.57	0	0
750	875	920	ZIMKITA	MATIWANA	TEMP	F	36	35-39F	1.34.01	0	0
751	585	1723	REHANA	DE MAINE	GELVAN	F	58	55-59F	1.34.19	1	0
752	604	1471	SHIRLEEN	CLARKE	NEDBANK	F	63	60-64F	1.34.19	1	0
753	393	22411	THANDOKAZI	VUSANI	SABC	F	41	40-44F	1.34.30	0	0
754	860	860	NTSIKELELO	JOJWANA	TEMP	M	50	50-54M	1.35.02	0	0
755	324	3064	NOKUKHANYA	SOZWE	TEMP	F	40	40-44F	1.35.06	0	0
756	396	1931	NOSIPO	DONDASHE	BLUEBAY	F	52	50-54F	1.35.42	1	0
757	628	1021	VUYOKAZI	HARRISON	CHARLO	F	36	35-39F	1.36.34	1	0
758	629	1020	DAVID	HARRISON	CHARLO	M	51	50-54M	1.36.34	1	0
759	784	2509	LERATO	MUZH	MADIBAZ	F	40	40-44F	1.36.43	1	0
760	826	1766	GODFREY	KARIEM	GELVAN	M	85	70+M	1.36.44	1	0
761	730	395	ZOLILE	POTI	IKHAMVA	M	65	65-69M	1.37.12	1	0
762	664	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.37.23	1	0
763	640	995	BERNADETTE	LOOCK	CHARLO	F	46	45-49F	1.37.59	1	0
764	358	248	URITIAH	MYBURGH	MUIRITE	F	49	45-49F	1.38.04	1	0
765	457	3018	PHILISA	NDZAMELA	VITALITY	F	46	45-49F	1.38.05	1	0
766	320	3060	BABALWA	JOZELA	TEMP	F	43	40-44F	1.38.27	0	0
767	289	3029	LULAMA	JORDAAN	TEMP	F	53	50-54F	1.38.57	0	0
768	344	3084	NAMAWABO	MSIZI	TEMP	F	64	60-64F	1.39.09	0	0
769	162	2520	FUNDISWA	KULA	MADIBAZ	F	46	45-49F	1.39.47	1	0
770	649	929	ANUSHA	NAIDU	CHARLO	F	58	55-59F	1.41.16	0	0
771	519	3099	LINDOKUHLE	MADO	TEMP	F	32	SF	1.41.28	0	0
772	120	304	FOZA	MARTIN	MUIRITE	F	65	65-69F	1.41.30	0	0
773	220	275	JONEL	VORSTER	MUIRITE	F	36	35-39F	1.44.24	0	0
774	283	3023	LUSANDA	LIBALA	TEMP	F	43	40-44F	1.48.02	0	0