

SPAR



**DE DEKKE SPAR
GROOTBRAK**

**De Dekke Centre, R102, (Next to Great Brak River
Offramp on the N2), Great Brak River**

Tel: 044 620-2300

dedekke1@retail.spar.co.za

Mon-Fri: 07h30 - 19h30

Saturday: 07h30 - 19h30

Sunday: 08h00 - 16h00

Public Holidays: 07h30 - 19h30

DE DEKKE SPAR

21.1km, 10km, 4km Funrun

Saturday, 07 February 2026

INSKRYWINGS : AANLYN

	21km	10km	PretDraf
Atlete met ASA Lisensie	R130	R110	Geen Lisensie nodig
Atlete sonder ASA Lisensie	R180	R160	R55
Waar :	www.aswd.co.za		
Sluitingsdatum:	02 Febr. 2026 om 12h00		

INSKRYWINGS : PER HAND

	21km	10km	Pretdraf
Atlete met ASA Lisensie :	R120	R100	Geen Lisensie nodig
Atlete sonder ASA Lisensie :	R170	R150	R45
Waar :	ASWD Kantoor OF Hartenbos Drawwers Klubhuis		
Sluitingsdatum :	02 Febr. 2026 om 12h00		
Waar :	hartenbosdrawwers1@gmail.com OF WhatsApp - Petro: 079 188 9579		
Sluitingsdatum :	02 Febr. 2026 om 12h00		

INSKRYWINGS : 6 Feb. 2026

	21km	10km	Pretdraf
Atlete met ASA Lisensie :	R140	R120	Geen Lisensie nodig
Atlete sonder ASA Lisensie :	R190	R170	R45
Waar :	R102, De Dekke Spar, Grootbrak		
Tyd :	16H00 tot 18H00		

GEEN INSKRYWINGS OP DAG VAN WEDLOOP

ALGEMENE INLIGTING

	21km	10km	Pretdraf
BEGINTYD :	06h30	06h45	07h00
AFSNITYD:	3 Ure	2 Ure	1 Uur
BEGIN & EINDE :	R102, De Dekke Spar, Grootbrak		
WATERPUNTE :	Tussen 2.5km & 3km uitmekaar		
INLIGTING:	Ferdie: 083 294 2640 OF Petro: 079 188 9579		



ASWD



**The Race is held under the rules
of ASA and ASWD**



**Die wedloop word gehou onder
die reëls van ASA en ASWD**

RULES AND REGULATIONS

1	Age	<i>Minimum age on race day is 14 years for the 10 km.</i> <i>Minimum age on race day is 16 years for the 21.1 km.</i>	<i>The minimum age for the Funrun is 7 years, however entrants younger than 7 years can participate if accompanied by a guardian who is 16 years or older.</i>
2	Second	No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).	
3	Safety	All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.	
4	Age tags	Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICAL ASWD age category tag is displayed, visible and above license number, front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR.(Red age tags/White background)(ASA rule 22.9)	
5	Prize Giving	Prize giving will start at 11h00 and all prize winners must attend the prize giving in club colours. If an athlete is not at the prize giving or not in club colours he will forfeit his prize.	
6	Proof of age	Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)	
7	Rules used	All road races held subject to the rules of ASA and Athletics SWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non compliance may lead to disqualification. The Race Referee's decision is final. The race organiser reserves the right to accept/reject any entry received.	
8	Entries	Online can be done at www.aswd.co.za & entry forms will be at ASWD office and at Hartenbos Drawwers Club. Late entries on 6 Febr 2026 at De Dekke Spar in Great Brak from 16h00 till 18h00 NO ENTRIES ON RACE DAY	

INFORMATION

ENTRY FORM

Entry forms will be available at :

ASWD Office & Hartenbos Drawwers Clubhouse in Diaz

WHERE TO ENTER

Online Entries

Enter at www.aswd.co.za - Closing on 2 Feb 2026 @ 12h00

Manual Entries

ASWD Office in George & Hartenbos Drawwers Clubhouse in Diaz,

Closing on 2 Feb 2026 at 12h00

Late entries

6 Feb 2026 at the De Dekke Spar in Great Brak from 16h00 till 18h00

Manual entries payment

Hartenbos Drawwers

Standard bank (Savings Account)

Account number 385414803

Branch code: 051001

Reference: Name and Surname

Entry form plus proof of payment must be send by email to

hartenbosdrawwers1@gmail.com

Collection of temp licence and timing chip

6 Feb 2026 between 16h00-18h00 & on 7 Feb 2026 05h30 tot 06h15 @ De Dekke Spar, Great Brak River

10km : Time Limit : 02H00 Starting Time : 06h45 at De Dekke Spar

21.1km : Time Limit : 03H00 Starting time : 06h30 at De Dekke Spar

Waterpoints are between 2.5km and 3,5km apart

TAKE NOTE: THERE WILL ONLY BE PRIZE MONEY IF THERE ARE 3 OR MORE ATHLETES IN AN AGE CATEGORY

Prize money for 10km

PLACE	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
	OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	HARTENBOS	Walkers	
1	R500	R150	R150	R150	R150	R150	R150	R150	R150	No
2	R300									
3	R200									

Prize money for 21km

PLACE	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
	OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	HARTENBOS	Walkers	
1	R700	R250	R250	R250	R250	R250	R250	R250	R250	No
2	R500									
3	R400									

Contact persons

Ferdie

0832942640

ferdie@mweb.co.za

Petro

079 188 9579

hartenbosdrawwers1@gmail.com



**NO ENTRIES ON RACE DAY
ONLY COLLECTION OF TEMP
LICENCE NUMBERS AND TAGS**

21,1	Licence No	
	Temp Licence No	
	Tag/Chip No	

Funrun

No Licence required	R55	
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No Licence required	R45	
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No Licence required	R45	
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Date _____