



INCONJUNCTION WITH
Presents



1st Annual

KWELAMAMPONDO HALF MARATHON CHALLENGE

28

**SEPTEMBER
2025**

"EXPERIENCE RURAL RUN"

RUN

21.1KM / 10.0KM

**21.1KM
T-SHIRTS FOR
FIRST 150
FINISHERS
WITH MEDALS
FOR ALL
FINISHERS.**

**10.0KM
T-SHIRTS FOR
FIRST 150
FINISHERS
WITH MEDALS
FOR ALL
FINISHERS.**

**7.0KM
MEDALS ONLY
FOR FIRST 50
FINISHERS.**

START TIME

21.1KM	06:00AM
10.0KM	06:00AM
7.0KM	07:00AM

Starting point is at Mgungu Clinic gate (31°03'24"S 30°02'01"E) in DR08119 (Mtentu Beach Road) leading to kwa-Bulala with 10.0km starting at R61 main road; a kilometer after kwa-Bulala junction, both finishing point at Seaview Sports Field along R61 main road (31°02'57"S 30°07'57"E).

ENTRY FEE:

RACE	PRE-ENTRY	LATE-ENTRY	TEMP LICENCE
21.1KM	R200.00	R220.00	R70.00
10.0KM	R160.00	R180.00	R70.00
7.0KM	R50.00		

OVER 70'S WITH PROOF OF ID (FREE ENTRY)

For more information Call / WhatsApp: 061 456 3864 - Mr M Mkhonza



REGISTRATION:

Pre entries are taken online from 01st of June until the 24th of September 2025 and late entries will also be taken on Saturday the 27th of September 2025 from 12:00pm to 17:00pm. No late entries will be taken on Sunday

HOW TO GET THERE:

Driving from KZN along R61 Main Road; cross Mtavuna Bridge and drive 7km to the Seaview Sports Field (31°02'57"S 30°07'57"E) opposite BP Garage where the parking will be reserved for athletics. For starting point you will drive from Seaview Sports Field through R61 main road and turn left at kwa-Bulala junction to DR08119 (Mtentu Beach Road), cross Ntlakwe Bridge, cross Mzamba Bridge and find the Starting Point at Mngungu Clinic gate (31°03'24"S 30°02'01"E) for 21.1km run.

Driving from Bizana through R61 main road, turn right at kwa-Bulala junction to DR08119 (Mtentu Beach Road), cross Ntlakwe Bridge, cross Mzamba Bridge and find the Starting Point at Mngungu Clinic gate (31°03'24"S 30°02'01"E) for 21.1km run.

Starting point for 10.0km run will be the same route, but; starting a kilometer away after passing kwa-Bulala junction (DR08119 and R61 Main Road) running along R61 main road to our finishing point

ENTRY FORM:

Distance	21.1km Run <input type="text"/>	10km <input type="text"/>	7KM <input type="text"/>	Race No: FOR OFFICIAL USE
Surname: <input type="text"/>				
First Name: <input type="text"/>				
2025 Licence Number: <input type="text"/>		Email: <input type="text"/>		
S.A Citizen: <input type="text"/> Y <input type="text"/> N <input type="text"/>				
Club: <input type="text"/>		Province: <input type="text"/>		
Gender: <input type="text"/> M <input type="text"/> F <input type="text"/>	Age: <input type="text"/>	Cell: <input type="text"/>		
Identity Number: <input type="text"/>		or Permanent Residence Number: <input type="text"/>		

I the undersigned state that I am medically fit to run / walk and fully understand that I enter at my own risk and the organiser will not be held responsible for any injury or illness incurred during or as a result of the race or of any property lost or damaged on the course or in the changing area.

ENTER ONLINE:
www.eventtiming.co.za
Timing & Results by
EVENT TIMING

BANK TRANSFER:

ATM Cash Deposits @ Capitec can be made
Bank: Capitec, Account Holder: Eventtiming (K H Bradfield).
Account Number: 1543764345.
Clearing Code: 470010
Account Type: Savings, Branch: Pavillon.
Use your identity number as reference and whatsapp slip with your reference endorsed on it to 061 505 1416

Course is marked at 1KM intervals | Refreshment tables at 3KM intervals (3, 6, 9, 12, 18, for 21Km and at 3, 6, 9Km for 10KM run | No Personnel Seconding permitted | Minimum age for the 21.1KM is 16 years old, 10KM is 14 years old and 7KM fun walk / run is 8 years old | Race will be run subject to the rules of WA (IAAF), ASA & ATRA | All foreign athletes must comply with WA (IAAF) rules CR 1.7, TR 4.1 TR 4.2, TR 22.1 and 142 together with ASA rule 9 | Race organisers and sponsors indemnify themselves against any claim which may arise by a participant | 2025 license, age category (proof of age may be requested) tags should be displayed on the back and front of the vest only and club colours must be worn to qualify for category prizes mentioned alongside | Temporary race numbers to be worn on the front of the T-Shirt or Vest | Temporary license runners required to wear plain colours with no advertising | All runners must fill in and sign the indemnity to state they are medically fit to run / walk and fully understand that they enter at their own risk and the organisers will not be held responsible for any injury or illness incurred during or as a result of the race or any property lost or damaged on the course or in the changing area | Marshals, Technical Officials and Traffic Officials must be obeyed | The cut off time for 10Km is 2 hours and 4 hours for 21.1Km | Prize Giving will be at 10:30am

21.1KM PRIZES:

RUN-OPEN	MAN	WOMAN	WALK
1st PRIZE OPEN	R5 000.00	R5 000.00	N / A
2nd PRIZE OPEN	R3 000.00	R3 000.00	N / A
3rd PRIZE OPEN	R1 500.00	R1 500.00	N / A

RUN-CATEGORY	MAN	WOMAN	WALK
1st PRIZE 19 YRS AND UNDER	R300.00	R300.00	N / A
1st PRIZE 50 YRS AND OVER	R300.00	R300.00	N / A

10KM PRIZES:

RUN-OPEN	MAN	WOMAN	WALK
1st PRIZE OPEN	R3 000.00	R3 000.00	N / A
2nd PRIZE OPEN	R2 000.00	R2 000.00	N / A
3rd PRIZE OPEN	R1 000.00	R1 000.00	N / A

RUN-CATEGORY	MAN	WOMAN	WALK
1st PRIZE 19 YRS AND UNDER	R150.00	R150.00	N / A
1st PRIZE 50 YRS AND OVER	R150.00	R150.00	N / A

