

RULES: 1] Age - Minimum age on race day is 15 years for the 12km. **2] Age Tags** - Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICIAL ASWD age category tag or junior tags is displayed, visible and above license number, front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. Red age tags/white background (ASA Rule 22.9). **3] Club Colours** - Licensed runners should wear club colours. Official event race number to be worn on the front. Registered athletes must wear their 2025 ASA licenses on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA license, so that the ASA license sponsor remains visible. Temporary licensed runners must wear the race number on the front of their vest and the temporary license on the back. **4] Seconding** - No seconding from cyclists or private vehicles will be allowed on the route. Personal seconding, stand and hand rule will only be permitted within the delineated area at water point. (ASA Rule 34.8.2). **5] Proof of Age** - Athletes must give proof of their age at the request of the Race Referee. (SA ID/Passport/Drivers License/Refugee Permit/Birth Certificate since 1994). **6] Foreigners** - No foreigners allowed to participate in this race. **7] Safety Rule** (ALL DISTANCES) - No Earphones (ASA Rule 34.10.6), Animals (ASA Rule 34.10.1), Racers (ASA Rule 34.10.3), or Wheelchairs (ASA Rule 34.10.4) allowed. **8] General** - The results will be electronically produced on race day by the official chip timing system. Your timing chip will be placed on your race number. The race number must be worn on front of your vest and visible at the finish line. There is a foam strip of your race number. Please do not remove the timing chip and foam strip from the race number – doing so will result in a NO finish. For safety and timing purposes, ONLY the person assigned to this race number may use it. **9] Race Cancellation:** There will be no refunds should the race be cancelled for reasons beyond our control. Substitutions: NO substitution will be allowed. Refund: In case that you are injured and cannot take part, we are unable to refund you.

GENERAL: [1] Start: 12km start at Elvis Brew on York and finish at Elvis Brew Padstal. **[2] Refreshment Tables:** Drinking stations will be provided at 3.5km intervals (2 water points) or more frequently if weather conditions warrant such provision. **[3] Distance markers** will be placed at every kilometre. **[4] The cut off time** for the race is 3 hours. **[5] First aid** is available at the start and the finish. **[6] Ablution facilities** will be available in the Elvis Brew on York and Elvis Brew Padstal. **[7] No transport:** There will be no official transport from Elvis Brew on York to Elvis Brew Padstal, or visa versa. Please make use of your own transport or public transport.

"Run for the Brew, Dress for the Win!"

DRESS TO IMPRESS IN YELLOW!

LET'S TURN THE STREETS YELLOW – WEAR YOUR BOLDEST, CRAZIEST, MOST CREATIVE YELLOW GEAR.

PRIZES FOR THE BEST-DRESSED RUNNERS (INDIVIDUAL + GROUP)!

FINISH LINE FESTIVITIES INCLUDE MUSIC, PRIZES, AND GOOD VIBES ALL ROUND.

IT'S NOT JUST A RUN, IT'S A CELEBRATION OF COFFEE, COMMUNITY & COLOUR!

LEKKE MAN.

dear Brew

ENTRIES: [1] Online Entries: www.entryninja.com **[2] By Hand:** You can enter and pay at Elvis Brew on York and Kleine Elvis Brew. Please keep the receipt as proof of payment.

REGISTRATION AND LATE ENTRY: This is a pre-entry event and **NO RACE DAY** entries are accepted. Pre-entries close on 4 August 2025 at 23:59. Late entrants will pay R20 premium on advertised entry fees on 7 and 8 August 2025.

PRIZE GIVING: All prize winners must be in their club colours when collecting their prize. Winners must be present at prize giving otherwise the prize will be forfeited. No exceptions!

RACE RESULTS: www.aswd.co.za | www.bouttime.co.za

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Saturday
at 08:00am

AUGUST 2025

BREW TO BREW

EB

Celebrating Women!

12 KM



BREW TO BREW



ENTRY FORM COLLECTION VENUE

@ Elvis Brew on York
Caledon Square, 131 York Street, George Central, George

@ Kleine Elvis Brew
Atkv strandverhoog, Hartenbos, Mossel Bay



LIMITED: 1000 Entries \ NO RACE DAY ENTRIES



www.nedbankrunningclub.co.za

Held under the rules of
ASA | ASWD | WA



This event is timed by an
electronic bib chip.
NO BIB CHIP - NO RESULT

BOUTIME

Entries: www.entryninja.com | Enquiries: 083 376 7414 | 084 772 2451 | Elvis Brew: 061 518 5119

ENTRY FORM - 12KM

☐ R85

Licensed Athletes

☐ R130

Unlicensed Athletes

☐ R50

Nedbank Runners

Enter before 25 July 2025 (R80 from 26 July)

☐ R210

Elvis Blue Show (at Padstal)

Onlines fees: Add R10 when entering online: www.entryninja.com
Late entry fee: Add R20 to the entry fee on 7 & 8 August 2025 at Elvis Brew on York.

First Name _____ Contact Number _____

Surname _____ Email _____

ID Number _____ Club Name _____

Date of Birth _____ 2025 License Number _____

Female	<input type="checkbox"/>	40-49	<input type="checkbox"/>	50-59	<input type="checkbox"/>	60-69	<input type="checkbox"/>	70-79	<input type="checkbox"/>	80+	<input type="checkbox"/>
Male	<input type="checkbox"/>	Junior	<input type="checkbox"/>	Open	<input type="checkbox"/>	Walk	<input type="checkbox"/>	Run	<input type="checkbox"/>	NBRCSWD	<input type="checkbox"/>

INDEMNITY / DISCLAIMER:

By entering this event I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

SIGNED _____ DATE _____

MINOR RELEASE:

And I the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/waiver on behalf of the minor. Printed name of participant (parent/guardian in the case of a minor).

SIGNED _____ Signed by a parent/legal guardian if the participant is under the age of 18

DATE _____

Please indicate where you will collect your Race Number

☐ Elvis Brew on York Caledon Square, 131 York Street, George

☐ Kleine Elvis Brew Atkv strandverhoog, Hartenbos, Mossel Bay

*for more information please see **RACE NUMBER COLLECTION**

PRIZE MONEY | 12KM Run and Walk

	MEN/WOMEN JUNIOR	MEN/WOMEN OPEN	MEN/WOMEN 40-49	MEN/WOMEN 50-59	MEN/WOMEN 60-69	MEN/WOMEN 70-79	MEN/WOMEN 80+	MEN/WOMEN WALK	MEN/WOMEN NBRCSWD
1	R300	R1000	R300	R300	R300	R300	R300	R300	R500
2	R250	R700	R250	R250	R250	R250	R250	R250	R300
3	R200	R500	R200	R200	R200	R200	R200	R200	R200

12KM MEDALS

Gold - First 5 Women & 5 Men
Silver - Next 200 Runners
Bronze - Next 790 Runners

Elvis Brew Versus Socks & Race Packs Available

Elvis Blue Show
R210 per ticket
After race @ the Elvis Brew Padstal



PRIZES

First 3 men and 3 women in the Open Category get an Elvis Brew HAMPER sponsored by: Elvis Brew Co.

Prizes for best dressed in YELLOW!

RACE NUMBER COLLECTION (ALL RUNNERS):

@ Elvis Brew on York
7 & 8 August 2025: 12:00PM - 15:00PM
@ Kleine Elvis Brew
8 August 2025: 12:00PM - 15:00PM

LATE ENTRIES:

- 7 August 2025 12:00Pm to 15:00pm
- 8 August 2025 12:00Pm to 15:00pm

@ Elvis Brew on York
Caledon Square, 131 York Street, George
Central, George

WHAT TO BRING TO REGISTRATION?

To ensure that your registration is processed quickly and efficiently, you are requested to bring the following to registration: 1] Your ID document, driver's license or passport. 2] Your race number confirmation SMS.

COLLECTING ON BEHALF OF SOMEONE:

If you want another person to collect on your behalf, they will be required to present a copy of your race number confirmation SMS as well as proof of identity.

NO BIB TIMING CHIP - NO RESULT!

www.elvisbrew.co.za **EB**