

- Online entries at www.kelrnmtb.net with complete T's & C's. Entries now open.
- Online entries close 24 October 2019. Late entries on race day 05h30-06h00 @ R50 extra. No time keeping on late entries. No prize money on late entries.
- Race starts 06h30. Cut-off after 3 hours.
- 18 km Trail run: R120 pp (only 15 years and older) / 5 km Fun run: R60 pp
- ASA licenses required for 18 km trail run. Temporary licenses: R50.
- ♦ Goody bags for the first 100 overall entries regardless distance.
- Race is run under IAAF, ASA and AGW rules.
- Cell phones compulsory. No littering. No pets.
- Prize giving at 12h00.
- Venue: Kelrn Holsdam Farm 28°30'20"S 24°32'57"E

Distance	Category	Prize money	Category	Prize money
18 km open	Men	1 st R1000	Ladies	1 st R1000
		2 nd R500		2 nd R500
		3 rd R250		3 rd R250

FULL PROGRAM AVAILABLE ONLINE INCLUDING CHILDREN'S ENTERTAINMENT, ART AND CRAFT MARKET, FOOD STALLS AND A *POTJIEKOS* COMPETITION WITH **JAN BRAAI** AND

KRÜGER BAND!

ENQUIRIES: JENNY 082 834 8499 / KOOS 083 451 1003