

About Kasi 10 Race - 2025.

Kasi 10 is part of the Seshego Marathon Extravaganza, the flagship project by Sisonke Foundation NPC and Sisonke Running Club. It is a build-up event for the September Event and is meant to maintain the momentum on the Kasi Race Series at Seshego Township situated in Polokwane Municipality, Limpopo Province.

The inaugural 10km race will take place on the **19th April 2025** right at the heart of **Seshego Township** with colourful jubilant displays.

Your Kasi Race Mania...

Kasi 10 - Entry Fees.

Entries open online on www.peaktiming.co.za (Peak Timing) from **24 Jan to 16 Apr 2025**.
Manual Entries (Plus R10 Handling Fee) will open from **14th to 18th Apr 2025** from **09H00 to 17H00** at Seshego Stadium Ground B – Club House.

RACE	Entry Fees.		T – Shirt. 500 Limited.	Medals. Upon Completion.
	With License.	Plus License.		
10 Km	R150.	R200	R150	Yes
05Km.	R80.	n/a	R150	Yes

Kasi 10 - Price Money.

10km Distance.

Race.	Group.	Target.	First.	Second	Third
Run 10 Km	Open	M & F	R2 000	R1 500	R1 000
	Junior	M & F	R300	R250	R200
	40+	M & F	R300	R250	R200
	50+	M & F	R300	R250	R200
	60+	M & F	R300	R250	R200
	70+	M & F	R300	R250	R200

05km Distance.

Race.	Group.	Target.	Reward.
05 km.	Family.	All.	Medals.

Race Details.

Format: Gun to Mat.	Starting Time: 09h00.
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Contact Details.

Name.	Phone.	WhatsApp Line.	Email.
Phateng Kgomo	082 958 4025	073 352 0794	sisonkerunningclub@gmail.com

Race Rules.

1. General Rules.

- **The Race:** Will be run according to the rules of **LIMA, ASA & WA** and Referee's decision is final.
- **License Numbers:** Place 2025 License Numbers at the front and back of the Vest and Do not cover them.
- **Temporary License:** All athletes without permanent licenses will have to use a temporary license in order to compete. Such license is to be placed at the front of the Vest.
- **Foreign Athletes:** Any Foreign Athlete must use Temporary Licence and have a Confirmation Letter or Permit from their Sport federation required under **WA Rule 4** from taking part in the event.
- **Age Limit:** Athletes for 10km must be 14 years or older.
- **Age Category:** Age Tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- **ID:** Proof of Age (ID) to be produced upon request on day of race.
- **Club Colours:** Registered Athletes must wear Full Club Colours. No Club Colours on Temporary License.
- **Race Pictures:** All participants must take note that photographs might be taken at the event and placed on Social Media.
- **Anti-doping:** Agents will be on site and will conduct their duties in line with their mandate.
- **Marshalling:** Observe and obey all **Traffic Officials** and **Race Marshals**.
- **Littering:** Please make use of waste boxes on the route, Runners are expected to observe a **Clean Race**.

2. Collection of Race Numbers.

- Race Numbers will be collected at **Seshego Stadium; Ground B - Club House** on **14th to 18th April 2025** from **09H00** to **17H00**.
- **No Race Numbers** will be issued on the day of the **Race**.

3. Safety Protocols.

- All participants must adhere to all Health and Safety Protocols.

4. Indemnity.

Each participant agrees to indemnify and hold harmless the Marathon, its Organisers, Sponsors and other Bodies from and against any loss, cost, or damage of any kind which may result from participation in the event.