

Richmond Corner 10km / 5km

new!

Road running event

Easter Saturday 19 April 2025

Entry Fee:
Senior R110
Junior R65
Senior Unlicensed
R170
Junior Unlicensed
R115
5km R60 per
Person

The club with the most paid online entries will win a 3x3m value steel branded (with your club branding) gazebo + 1 horse shoe banner. All valued at R4000. Online entries close on 18 April 2025 at 00h00

**AT RICHMOND CORNER SHOPPING MALL,
TYGERBERG VALLEY ROAD, RICHWOOD**

**LOADS OF SPOT PRIZES
UP FOR GRABS**

START AT 7:30 AM

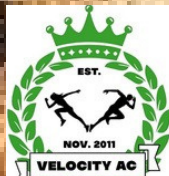
**FOR ENQUIRIES, CONTACT
MARIO PHILANDER on 0812564203
/ 0722541880
or LEE-SHAY WILLEMSE
0812566725 / 0781645118**

GPS Co – Ordinates:-33.8482166162076

ONLINE ENTRY: <https://bit.ly/4kh4FL8>

ON THE DAY ENTRY FROM 5H30 IN THE MORNING

VELOCITYATHLETIC CLUB



RACE INFORMATION

1. Enquiries – Mario Philander @ 0812564203 and Lee Shay Willemse @ 0812566725. Entries will be taken on the day from 5h30 in the morning of the event.
2. Enter via the link: <https://forms.gle/FSWhk89mM5jrcJDH9> until Friday 18 April 2025 at 24h00/midnight.
3. There is no service fee or charge for online entries. The race starts at 07h30 behind Richmond corner Mall and ends in parking area of the Mall.
4. Tog bag storage will be provided at runners' own risk. Social walkers welcome. Walkers to start at the back and to keep to the side of the road.
5. Race cancellation: Should the race need to be cancelled, 70% of your entry will be refunded upon request, or we will donate this money to our club development program on your behalf. Refreshments will be on sale at the Mall.

ENTRY RULES

1. The race is run according to the rules of ASA & WPA.
DISCLAIMER: Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.
2. Runners must obey traffic officers, race marshals and race officials at all times. Participants must be 14 years of age or older on race day. 5km runners under the age of 10 must be accompanied by an adult.
3. No personal seconding permitted except at official refreshment stations. The time limit is 2 hours for the 10km and 1 hour for the 5km.
4. Cut off 09h30 for the 10km and 8h45 for the 5km. Licensed runners should run in club colours and display a valid licence. this must be worn on the front and back of the vest.
5. Temporary licenses will be available at registration. At registration, temporary license holders MUST complete and hand in the tear off strip to be eligible to run, to be eligible to win prizes.
6. Temporary license athletes to wear plain clothing, NO advertising.
Age category tags must be worn (front & back) and be visible for the entire race to be eligible for any age category prizes
7. including Juniors.
No race numbers will be issued. The use of music players with headphones or "buds" is not allowed and may result in disqualification.
8. Entry cards must be carried throughout the race and handed in at the finish.
9. Do not litter. Dispose of cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. # Run Clean
10. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
11. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.

PRIZES

1. Prize giving will be soon after 9h30 in addition to Overall (Open) prizes, participants will only be eligible for an age category in age category they enter. Corresponding numerical age category tags must be worn on the front and back of their Club vest.
2. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
3. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
4. Juniors born 2006 or later, must display age tags "J" to qualify for age group prizes. Juniors will count towards Open prizes. A valid licence must be worn front and back of vest and Club colours must be worn to qualify for prize money.

Age categories	MEN			Age categories	WOMEN		
	1st	2nd	3rd		1st	2nd	3rd
Juniors(14-19)	R500	R300	R250	Juniors(14-19)	R500	R300	R250
Open	R1000	R750	R500	Open	R1000	R750	R500
40-49	R500	R300	R250	40-49	R500	R300	R250
50-59	R500	R300	R250	50-59	R500	R300	R250
60-69	R500	R300	R250	60-69	R500	R300	R250
70+	R500	R300	R250	70+	R500	R300	R250

For more information Mario Philander 0812564203 and Lee Shay Willemse 0812566725

