



Hilton Harriers



Half Marathon & 10Km Road Race Plus 5Km Fun Run/Walk

Sunday, 12 January 2025
Grace College, Hilton

The Route: All races will start and finish at Grace College on their extensive sport fields.

- o **The 21.1km** from Grace College runners will follow a route through the leafy area of Hilton Gardens and back to Hilton College Road. The run will then follow Hilton College Road North through forested and farming areas to Hilton College. Runners will then do a 3km circuit through the spectacular Hilton College before returning along Hilton College Road and back to Grace College. The route is all on tar with 6 refreshment stations.
- o **The 10km** will follow the first 5km of the Half Marathon before runners are turned and will proceed back to the finish.
- o **The 5km** fun run will be completely on trail and will follow a route through the forests that adjoin the school.

Enter online [here](#)

Prize-Giving:

- o Prize giving will be 9:00 for all races.
- o 21.1km and 10Km there are cash prizes for top 3 positions and a number of non-cash age category prizes and various lucky draw prizes.
- o A special trophy will be awarded to the club with the most entrants in the 21.1Km.
- o Fun Run: Lucky draws for all entrants.



Distance	Cost	Start Time	Prize Money
21.1Km	R180	5h30	1st Male & Female: R800 2nd: Male & Female: R500 3rd male & Female: R200
10Km	R160	6h00	1st Male & Female: R400 2nd: Male & Female: R250 3rd male & Female: R100
5Km	R90	6h30	Lucky Prizes
Temp Licence	10Km: R60 21.1Km: R90		
70+ Years	Free		

- o **Cut off Time:** All races will be cut off at 9:00



• Entries & Registration

- Registration will open online 15 November with pre-entries open up until 10 January 2025
- Enter online **My Active** or enter and collect your number at Grace College Saturday 11 January from 11:00-12:00.
- Race numbers and late entries can be collected on race day (R50 late entry fee):
 - 21.Km 4:30-5:15
 - 10Km: 4:30- 5:45
 - 5Km: 4:30- 6:15.
- An official ASA/KZN 2024 or 2025 Licence is required for the 21.1Km and 10Km. No official License is required for the 5Km fun run.
- All unlicensed entrants require a temporary licence which must be worn on the back of the vest/ crop top with the race number on the front.

• Race Rules & Information:

- Athletes must note this race will be run in accordance with the rules of WA, ASA, and KZNA and all participants to abide by these rules.
- All foreign athletes must comply with WA CR 1.7, TR4.1 and 4.2 together with and ASA Rule 9.
- Current licence number to be worn on front and back of vest / crop top.
- Age restriction: 21.1km participant must be 16 years and older on race day.
- Age restriction for 10km participant must be 14 years and older on race day.
- Age restriction for 5km participants must be 9 years and older on race day.
- Proof of age will be required for age category winners.
- Junior athletes must be 19 years or younger on 31 December 2025, must wear a “J” on the upper front and back of the vest/crop top in order to be eligible for prizes and must provide proof of age on race day.
- ASA/KZNA approved age category tags must be worn on top front and back of vest/croptop and be clearly visible in order to be eligible for age category prizes.
- ASA/KZNA approved “W” walker tags must be worn on top front and back of vest/crop tops and be clearly visible in order to be eligible for walker prizes.
- **ASA Licence numbers:** Organisers/ Athletes may NOT replace ASA licence numbers with competition/race numbers/stickers under any circumstances. Where a competition/ race number is used, it must be placed so the ASA licence sponsor and the ASA Province /Year remains visible above the Competition/Race number. The licence numerals maybe covered. Athletes who fail to adhere to this rule maybe disqualified. (Refer to ASA Rule 26.1.7).
- **Temporary Licences:** Temporary licensed athletes are **not covered** by a national insurance policy. Refer to ASA Rule 25.6.15.
- Unregistered athletes running with Temporary licences must run in neutral colours and adhere to WA and ASA advertising rules.
- Holders of temporary licences will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rules.
- For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person using such a device shall not be eligible for individual or team prizes and may be disqualified without a warning. ASA Rule 34.10.6
- Refreshment stations will be provided along the route and no personal seconding will be permitted.
- Litter zones will be enforced at all tables in accordance with ASA Rule 28.
- Marshalls, traffic officials and technical officers must be obeyed.
- Tog bag facility will be provided but at own risk.
- **Indemnity:** All entrants participate at their own risk. Organisers and sponsor will not be held responsible for any loss or injury during or as a result of the race, property loss or damage on the course or in the changing area.
- **Please note:** There are no refunds