



CAPE PENINSULA

MARATHON / HALF

THE FASTEST POINT TO POINT MARATHON IN AFRICA

SUN
16 FEB **2020**

DISTANCES / START TIMES

42.2 KM: Starts 05h15 Greenpoint Main Road
21.1 KM: Starts 07h00 Bergvliet Sports Club
FINISH: Simon's Town Naval Sports Ground

CLOSING DATE FOR ONLINE ENTRIES

9 FEBRUARY 2020

CLOSING DATE FOR MANUAL ENTRIES

2 FEBRUARY 2020

ORGANISED BY CELTIC HARRIERS IN PARTNERSHIP WITH TOP EVENTS • www.topevents.co.za



This event is held under the rules and regulations of ASA and Western Province Athletics. Visit the website to enter online.

ENTRY FORM



INDICATE EVENT {please tick} AGE CATEGORY {please tick}

42.2 km
 21.1 km
 16 - 19
(*Half Marathon Only)
 SENIOR
 40 - 49
 50 - 59
 60 - 69
 70+

R.S.A. ID NUMBER
 D.O.B
 AGE M F

FIRST NAME

SURNAME

In order to receive confirmation of your entry being accepted please supply your email address and cellphone number below.

TEL (W) CELL

EMAIL

DO YOU BELONG TO A RUNNING CLUB? { please tick } Y N 2020 LIC #

CLUB

PROVINCE

NATIONALITY

NUMBER OF PENINSULA MARATHONS COMPLETED PERM #

RUNNING SHOE BRAND

TSHIRT Y N SIZE { please tick } S-51cm M-53cm L-56cm XL-60cm XXL-64cm

NUMBER COLLECTION { please tick } SPORTSMANS WAREHOUSE TYGERVALLEY SPORTSMANS WAREHOUSE RONDEBOSCH SPORTSMANS WAREHOUSE WEST COAST

MEDICAL AID MEDICAL AID NO

EMERGENCY CONTACT PERSON

RELATION CONTACT NO

FAX ENTRIES

Deposit in favor of:
Peninsula Marathon Bank
 Account Name:
 Peninsula Marathon
 Account number: 4056790423
 Bank: ABSA Branch code: 632005
 Reference: Name & Surname
 Fax your entry form and deposit slip
 to: 021 510 7230



PAYMENTS	42.2KM	21.1KM	TOTAL
ENTRY FEE (LICENSED) <small>(Includes a compulsory disposable chip at R24.00)</small>	R 194.00	R 134.00	
ENTRY FEE (UNLICENSED) <small>(Includes a compulsory disposable chip at R24.00)</small>	R 264.00	R 194.00	
SHORT SLEEVE MOISTURE MANAGEMENT T-SHIRT	R 235.00	R 235.00	
ACTION PHOTO <small>(Includes all images)</small>	R 169.00	R 169.00	
BUS TICKET <small>(Return from Finish to Start)</small>	R 120.00	R 120.00	
CHARITY DONATION			

*A 14% service fee is charged when entering online.

SIGNED _____ DATE _____
 SIGNED BY A PARENT / LEGAL GUARDIAN IF THE PARTICIPANT IS UNDER THE AGE OF 18.

COMPLETE THE MARATHON IN 5 HOURS TO QUALIFY FOR THE TWO OCEANS MARATHON AND 4HRS 50 TO QUALIFY FOR THE COMRADES MARATHON.



By entering the Cape Peninsula Marathon/Half I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and physical nature of this sporting event. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the Cape Peninsula Marathon Committee, Celtic Harriers Club, Top Events, Western Province Athletics, Athletics South Africa, all sponsors, persons and organisations assisting in the staging of the event, and all local authorities from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities.

HOW TO ENTER



1. ONLINE:

Enter online at www.topevents.co.za. Should you have any enquiries about entering online, please contact Top Events on (021) 511 7130 or email entries@topevents.co.za. Closing date for online entries is midnight on 9th February 2020. Please note if payment is not received within 72 hours of entry, your entry will be deleted.

2. FAX:

Complete your entry form and fax it along with your deposit slip to (021) 510 7230. Closing date for fax entries is Sunday 2nd February 2020.

3. INSTORE ENTRIES:

Hand deliver your entry form and cash to a cashier in any of the Sportsmans Warehouse stores marked below. You will receive two till slips, one to be stapled onto your entry form and the other serves as proof of your entry, please bring this with you to registration. Closing date for in store entries is Sunday 2nd February 2020.

You can enter at the following Sportsmans Warehouse stores in the Western Cape:

- Sportsmans Warehouse Canal Walk
- Sportsmans Warehouse Sea Point
- Sportsmans Warehouse Tygervalley
- Sportsmans Warehouse Somerset Mall
- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Tokai
- Sportsmans Warehouse West Coast
- Sportsmans Warehouse Stellenbosch

4. ENTRY FEES ARE NON-REFUNDABLE AND WILL BE DONATED TO CHARITY IF AN ENTRY IS CANCELLED BEFORE RACE DAY.

5. Due to the fact that chip timing is being used, there will be NO LATE ENTRIES TAKEN AT NUMBER COLLECTION

6. CONFIRMATION OF ENTRY

1. Fax and online entries will receive a confirmation email (if an email address is provided by you).
2. Prior to number collection you will receive an sms indicating your race number and registration venue you selected on your entry form.
3. Please bring proof of your entry, email confirmation or sms confirmation with you to number collection on Saturday 15th February 2020.

7. NUMBER COLLECTION

1. Number collection for fax, in-store and online entries will take place on Saturday 15th February 2020 from 10h00-17h00 at the following venues: Sportsmans Warehouse Rondebosch, Sportsmans Warehouse Tygervalley, Sportsmans Warehouse West Coast
2. No upgrades, downgrades and/or substitutions will be allowed at number collection or after Sunday 2nd February 2020.

8. START TIMES AND START VENUES

1. 42.2KM 05H15 Main Road, Green Point (Opp Cape Town Stadium)
2. 21.1KM 07H00 Bergvliet Sports Club, Children's Way, Bergvliet (Off Ladies Mile Road)

9. COMPULSORY DISPOSABLE TIMING CHIP

Your timing chip will be placed on your race number. The race number must be worn on the front of your vest and visible at the finish line. There is a foam strip on the back of the race number. Please do not remove the timing chip and foam strip from the race number – doing so will result in NO finish time. For safety and timing purposes, ONLY the person assigned to this race number may use it.

10. CUT OFF TIMES

1. 42.2km Cut Off Times
21.1km - 08:15
33km - 10:00
Finish - 11:15
2. 21.1km Cut off Times
12km - 10:00
Finish - 11:00

11. PHOTOGRAPHS

Jetline Action Photo is proud to be part of the Cape Peninsula Marathon. This year instead of pre-paid printed images, we are introducing a very cost effective pre-paid digital download. If you take this option you will be entitled to two of the images of your choice at a cost of R169 entitles you to all the images taken of you on race day at the Cape Peninsula Marathon. Visit www.jetlineactionphoto.com to view your images.

12. BUS INFO

Bus information will be provided to the entrants that have purchased a bus ticket closer to race day.

13. PRIZE MONEY

1. Prize giving will take place at 10H30 where category winners will receive their prizes followed by the lucky draws.
2. Participants must be present with their race number to claim prizes in the lucky draw.

PRIZE MONEY

42.2KM - MALE & FEMALE

	1	2	3
Open	R 12 000,00	R 8 000,00	R 5 000,00
40 - 49	R 3 500,00	R 2 000,00	R 1 300,00
50 - 59	R 1 500,00	R 1 100,00	R 800,00
60 - 69	R 1 000,00	R 800,00	R 600,00
70+	R 750,00	R 550,00	R 350,00
TEAM	R 1 200,00	(4 X R 300,00)	

21.1KM - MALE & FEMALE

	1	2	3
Open	R 6 000,00	R 4 000,00	R 2 500,00
40 - 49	R 3 000,00	R 2 000,00	R 1 500,00
50 - 59	R 1 200,00	R 900,00	R 700,00
60 - 69	R 850,00	R 650,00	R 450,00
70+	R 600,00	R 500,00	R 300,00
TEAM	R 800,00	(4 X R 200,00)	

RACE RULES



1. The Cape Peninsula Marathon is run in accordance with the rules of ASA and WPA.
2. The Cape Peninsula Marathon and Half Marathon are open to all licenced and non-licenced runners of 16 years and older for the Half Marathon and 20 years and older for the Marathon.
3. Licenced runners should wear club colours. Official event race number to be worn on the front. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible. Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back.
4. Temporary licences are available at R60 for the 21.1km and R70 for the 42.2km events.
5. Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
6. Unlicenced runners must wear plain clothes (no advertising permitted). Official event race number to be worn on the front and the temporary licence number on the back.
7. Personal seconding is not permitted except at official refreshment stations. Private vehicles are requested not to follow the athletes on the route.
8. In addition to overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category up to senior.
9. Proof of age is required for category prizes.
10. Club colours must be worn to qualify for team prizes.
11. No swapping of race numbers as the race number is linked to your name and finishing time and may result in your disqualification.
12. Each race distance has a different race number range and colour with your data captured electronically. Do not transfer between races without notifying the race organisers.
13. All traffic officers and marshals must be obeyed.
14. The race organisers reserve the right to accept or reject any entry.
15. Foreign athletes must comply with IAAF rule 4.2 and all relevant race and domestic rules.
16. The entry fee is non-refundable.
17. Kilometre markers will be placed at each kilometre mark.
18. Refreshment stations will be situated approximately every 3km along the route.
19. Medals will be handed to all finishers.
20. There will be a tog bag truck at the start of the 42.2km & 21.1km. These vehicles will deliver the bags to the finish in Simon's Town. Bags dropped off at runners' own risk. The organiser will not be held responsible for any loss or damages.
21. Toilets will be available at the start and finish.
22. Prize giving will take place at 10h30.
23. Results will be available at www.topevents.co.za and www.wpa.org.za
24. The use of music players with headphones is not allowed and may result in disqualification.
25. Temporary licence holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete.
26. Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize including Juniors.
27. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
28. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
29. Your race chip is attached to your race bib. Take care not to damage the chip or you may not get a time recorded. No time, no result, no qualification for Two Oceans or Comrades.
30. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees. #RunClean.



DURBANVILLE CHILDREN'S HOME

Durbanville Children's Home is a Child and Youth care centre (NPO 011-891) based in Durbanville, Cape Town. Children in need of care are placed in the care of Durbanville Children's Home by the South African courts. We are registered to care for 144 children between the ages of 2 – 18 years. We have an excellent track record in child and youth care. We received a Ministerial Youth Excellence Award in 2017, for building educational, training and skills development capacity. Our program is aimed at avoiding the 'warehousing of children' by; strengthening their emotional resilience and increasing their capacity for learning, supporting them through their transition to adulthood and enabling them to become productive corporate citizens. For more information, please contact Johanna Strauss at jstrauss@durbanvillekinderhuis.org.za or 021 975 6822.

